

Course Title	Food & Culture: Investigating sociocultural influences on food and health Semester-long class 16 student max (hard cap due to kitchen space) Prerequisite: Must have proficiency in Health or Essential Health.			
Authors	Jaycie Puttlitz & Annie Schnieder			
Statement of Outcome	Sociocultural Health refers to the influences that society and culture have on one’s health outcomes. In this course, students will examine these influences on food choices and eating behaviors, analyze the impact of food availability and access on their family/community’s health, and develop an appreciation of diverse cultures through cooking and eating. Students will also develop and demonstrate health-promoting cooking skills and safe kitchen practices. Students will employ and expand on health literacy and health-enhancing skills gained in Health/Essential Health and have an opportunity to gain knowledge and practice skills for Culture & Community GX.			
Unit Name & Timeframe	Kitchen Safety 4 weeks	My Food & Me 4 weeks	Community Interactions 4 weeks	Promoting Sociocultural Health 6 weeks
Topic(s) and driving question.	How do I build safe and healthy kitchen and cooking skills?	How does family and culture influence my food & health choices?	How do my community and local resources influence my health through food access?	How can I improve my and others social and cultural health through food?
GX Focus	Culture & Community: Interaction & Engagement Wellbeing: Self-awareness, Evidence of Growth	Culture & Community: Interaction & Engagement, Reflection Wellbeing: Self-Awareness	Culture & Community: Interaction & Engagement, Reflection Wellbeing: Self-Awareness	Culture & Community: Interaction & Engagement, Reflection Wellbeing: Evidence of Growth, Reflection
GP- Content Indicators 📄 Health Rubrics f...	HL.11-12.2 Apply ways to build upon strengths and assets to support individual and collective health and well-being. HES.11-12.2 Demonstrate a variety of practices and behaviors supporting collective health and well-being. HES.9-10.5 <i>Evaluate and use valid, reliable and accessible sources of health information, products, services and other resources.</i> C&C Community Interaction and Engagement 2 I take a leadership role in interacting with others in a group setting	HL.11-12.1 Analyze how individual, interpersonal, community, societal, and environmental factors are interrelated and impact health outcomes. HES.11-12.1 Evaluate how social determinants of health influence health behaviors, health outcomes, and health equity. HES.9-10.5 <i>Evaluate and use valid, reliable and accessible sources of health information, products, services and other resources.</i> C&C Community Interaction and Engagement 2 - I take a leadership role in interacting with others in a group setting - I can identify what cultures and communities I am part of and what issues I care about - I reflect on other people and the impact they have on their community - I reflect on the identity of others and how their culture plays a role in their identity.	HL.11-12.1 Analyze how individual, interpersonal, community, societal, and environmental factors are interrelated and impact health outcomes. HES.11-12.1 Evaluate how social determinants of health influence health behaviors, health outcomes, and health equity. C&C Community Interaction and Engagement 1, 2 - I take a leadership role in a group project to create change in my community through storytelling, participation or advocacy. - I take a leadership role in interacting with community partners in a group setting Reflection 1,2,3 - I can identify what cultures and communities I am part of and what issues I care about - I reflect on other people and the impact they have on their community - I reflect on the identity of others and how their culture plays a role in their identity.	HL.11-12.2 Apply ways to build upon strengths and assets to support individual and collective health and well-being. SEH.HES.11-12.3 Demonstrate advocacy skills and strategies to promote health and well-being at interpersonal, community, societal, and environmental levels. C&C Community Interaction and Engagement 1, 2 - I take a leadership role in a group project to create change in my community through storytelling, participation or advocacy. - I take a leadership role in interacting with community partners in a group setting Reflection 1,2,3 - I can identify what cultures and communities I am part of and what issues I care about - I reflect on other people and the impact they have on their community - I reflect on the identity of others and how their culture plays a role in their identity.
Summative Assessment Clarification:	Food Lab Assessments	Diet Research paper	1) Community food resource profile & analysis (ie. restaurant or ethnic market or provider): how does my community impact my health? 2) Community interaction projects	Community Cookbook - part 1: recipe format and nutrition facts - part 2: recipe interview & narrative
Link to Unit	📄 F&C Unit 1 planning ...	📄 F&C Unit 2 planning d...	📄 F&C Unit 3 planning d...	📄 F&C Unit 4 planning d...