# JFK Weekly Newsletter

Friday, April 5, 2024 Sara Raabe, JFK Principal

# **Mental Health Support for Students**

As a school, we have systems in place to support student's mental health. Every class has guidance once a week, where our school counselors use the research based program, Everyday Speech, to teach social emotional learning. We have Howard Center School Based Clinicians in the district that work with identified students and families. These providers have long waitlists. We have some community based therapists that come into the building to work with identified students. They also have long waitlists, and are not direct school employees. Connecting Culture clinicians work with students 1:1 and in small groups at school.

We have seen an increase in families requesting therapy at school for their students. At this time, we are happy to put students' names on the waitlists, and we have limited capacity. The average wait time for in school therapy is 2-3 years. We continue to seek additional therapists that are willing to come to school to work with students.

If you are seeing a need for therapy for your student(s) and/or your pediatrician is recommending therapy, we are happy to put your student(s) on a waitlist at school. If you would like your student to access therapy sooner than we can provide, there are a few things you can do to try to find a therapist:

- 1. Ask your pediatrician if they have any recommendations or a therapist in their office that works with students.
- 2. Use Psychology Today to find a therapist.

https://www.psychologytoday.com/us/therapists/05404

3. Call the Howard Center. They have clinicians that see students for therapy. (802) - 488 - 6000

If you find a therapist with an opening during the school day, partial day absences will always be excused for therapy appointments. If you find a therapist that is willing to come to see your student at school, or do online therapy during the school day, we will do our best to find space in the building for your student to participate in therapy sessions.

### **Scholastic Book Fair**

Get ready! The Scholastic Book Fair is coming our way. Choosing their own books empowers kids and inspires them on their journey to becoming lifelong readers. AND—as always—every purchase at the Scholastic Book Fair benefits our school. The big event will take place April 15th - 19th. Classes will sign up for a time to visit the Scholastic Book Fair. Please check with your student(s) teacher for the day and time if you want to send money in with your student. The Scholastic Book Fair will also be open during parent teacher conferences if you want to stop by before or after your conference(s).

Say goodbye to cash and hello to eWallet—your stuent's digital payment account. Before the Scholastic Book Fair, set up eWallet for worry-free, cash-free purchases. Anyone can contribute! Share each student's eWallet so friends and family can add funds and give your kids more books to enjoy.

If you can't make it to the Scholastic Book Fair, you can shop at our school's Scholastic Book Fair online. All orders ship directly to your home, and shipping is free for book orders over \$25. Every online purchase will also benefit our school. Visit our Scholastic Book Fair homepage to learn more and get started with eWallet and online shopping: The countdown to more Bookjoy is on! Catch you at the Fair! Happy reading

https://bookfairs.scholastic.com/bf/kennedyelementaryschool10

## **Climate Survey for JFK Families**

We want to hear about your experience with your student's education at JFK. Beginning today we invite all families to complete the School Climate Survey for JFK. This survey includes questions about your student's learning, school safety, and interpersonal relationships, as well as your views about the school environment and your relationship with the school. Your responses will help improve relationships, the learning environment, and the overall school experience for our students.

The survey is completely anonymous and brief; it contains 21 questions and takes about 10-15 minutes to complete. You can take the survey online by using the following unique school link: <a href="https://www.pbisassessment.org/Anon/vD0203Jo4G0">https://www.pbisassessment.org/Anon/vD0203Jo4G0</a> (If you cannot access this online survey, please pick up a paper copy in our school office, complete it, and leave it in the box designated for that purpose.) Please submit your responses by <a href="https://www.pbisassessment.org/Anon/vD0203Jo4G0">April 30, 2024</a>.

As you respond to each item, think about your own personal experiences as a family member. Please answer all of the questions, or your answers won't be recorded. You can mark "I prefer not to answer" if you don't want to answer a question. All your responses are completely anonymous and results will only be reported as group responses.

We hope you will take the time to provide us with this valuable information. Feel free to call our office at (802) 655-0411 if you have any questions. Each school's total survey results will be used to inform and develop appropriate strategies, procedures, and/or programs to enhance our school climate.

The link to complete the survey is here: <a href="https://www.pbisassessment.org/Anon/vD0203Jo4G0">https://www.pbisassessment.org/Anon/vD0203Jo4G0</a>
Thank you!

### Calendar

April 8, 2024

No School Pre-K-12 (Solar Eclipse)

April 9, 2024

No School Pre-K-12 (Eid-al-Fitr)

April 10, 2024

VTCAP Testing 5th Grade Science

April 11, 2024

All School Morning Meeting

April 12, 2024

VSYO Performance in PAC

April 15 - 19, 2024

Scholastic Book Fair

April 18, 2024

11:00 am Dismissal for All Students

JFK Parent Teacher Conferences

April 19, 2024

Veggie Van Go

11:00 am Dismissal for All Students

JFK Parent Teacher Conferences



# **JFK Elementary**

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