

The Winooski Newsletter

A newsletter created in partnership by the City of Winooski and the Winooski School District.

MARCH 2022



WINOOSKI SCHOOLS
We are the future.

Renewable Energy for the Win!

By Tom Barden, WSD Capital Project Owners' Project Manager



It's very exciting that a school district in Vermont is planning to generate most of its anticipated electrical needs through renewable energy.

The system going up on the roof of the WSD campus is going to save the

taxpayers money, and it will show Winooski students, some of whom are part of the next generation of engineers and designers, what's possible.

The system will show students how they can help fight climate



change by using alternative energy sources other than hydrocarbon resources.

Another feature I think will benefit all the students is the digital monitor that will show students, in real-time, the daily amount of power being generated by the district's solar system.

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2022 Town Meeting Day Information

The Town Meeting Day Election is on Tuesday, March 1, 2022! Voting takes place at the Winooski Senior Center (123 Barlow St) from 7am-7pm.

To help you get to know them a little better, information on candidates for School Board and City Council has been provided on pages 9 and 21.

*** DO YOUR PART ***

VOTE!

MARCH 1, 2022

For full ballot, budget, and election info, check out our two websites:

- **City:** winooski.vt.gov/townmeetingday
- **School:** bit.ly/WSDBudgetFY23

Also, you are welcome to attend the pre-Town Meeting Day informational meetings on Monday, March 1, 2022:

City of Winooski Budget Presentation

- Virtual only @ 6pm
- Attend online: us06web.zoom.us/j/85690246387
- Attend by phone: 1-646-558-8656
- Webinar ID: 856 9024 6387

Winooski School District Budget Presentation

- In-person only @ 7:30pm
- 60 Normand Street, Winooski



School Board Update

By Tori Cleiland, Board of School Trustees

March has arrived! And, with it Town Meeting Day and Voting, the promise of our Democratic society Spring is closer to its promise of more light, flowers, and warmth. Yay!

On the ballot for March 1st is the Winooski School District budget for Fiscal Year (FY) 2023. As Kamal and Alex reminded you in February, building a budget is an intentional and transparent process for the board and WSD administration. I feel it's important to recap the budget process Kamal and Alex laid out:

- Setting priorities based on feedback from parents, students, and community
- Vetting each priority to ensure it is aligned with our ENDS statement, the

focal point for why and what

- our organization exists and produces
- Ensuring that the budget for the vetted priorities is affordable to the Winooski taxpayers
- Conduct a series of budget meetings with the board, Superintendent, and Finance Manager that are open to the public and recorded for the public to view on WSDs website
- Adopt a budget with key priorities with the least amount of tax burden on Winooski citizens

As we approach the end of the fiscal year, the auditor's report shows Winooski Schools in a strong financial position. This is evidence of the board's continued

*** DO YOUR PART ***

VOTE!

MARCH 1, 2022

commitment to being good stewards to Winooski taxpayers. All of the wonderful opportunities for our students and their current and future success would not be possible without the very positive support from this great community. Thank you for allowing us the opportunity to make this system work for all of our students.

PLEASE exercise your democratic right to VOTE!

The Plan for Equitable School Funding

By the Coalition for Vermont Student Equity (CVTSE)

A 2019 study conducted by the University of Vermont and Rutgers University found that Vermont does not accurately account for how much it costs to educate children in low-income and/or rural districts, children who attend small schools as well as English language learners (ELL.)

This undercounting results in underfunding for districts such as Winooski, Burlington and many rural, low-income school districts across the state. The UVM and Rutgers study provided empirically derived corrected weights that solve this quarter-century-old distribution error.

The Vermont Senate has been considering a plan presented by a summer task force that would pull ELL funding out of the weighting formula, and instead, fund their education with grants. Winooski is a member of the Coalition for Vermont Student Equity (CVTSE,) a coalition of school boards and school board members who are

advocating for the pupil weights to be corrected, and who strongly oppose the use of grants in lieu of correcting the weights.

Regardless of the intention, funding ELL students separately from other students is discriminatory and will place an undue administrative burden on districts like Winooski. Other districts would have the ability to use their resources where they are needed, but with grants, the uses are incredibly narrow and could result in a siloed learning environment.

The Senate Education Committee appears poised to support a hybrid plan, which CVTSE is likely to support, pending the details. For CVTSE to support a hybrid plan, it would need to correct the ELL weight for every school district, and then the state could offer grants to districts with a low population of ELL students to help them with their economy of scale issue. This plan would ensure that districts like Winooski are

finally able to access the resources that they should have been receiving, but haven't been, for the last 25 years.

The Senate Finance Committee will have final say over the pupil weighting proposal before this plan heads to the House for their consideration, likely in the second week of March. There seems to be a consensus in the legislature that something must be done this year. There is no such thing as a perfect education funding system. But with the Brigham Decision and Acts 60 and 68, Vermont took a giant step toward equity, and we now have one of the most equitable systems in the country, save for the incorrect pupil weights.

The next critical step is for the legislature to update the pupil weights so that all of our school districts are equitably resourced.

For more information please visit cvtse.org

The Onion River Schoolhouse: Creating a small scale educational program to meets the needs of all Winooski High School students

By Brenton Litterer and Rachel Howes

This January, Winooski Middle High School teachers Rachel Howes and Brenton Litterer began working on their Rowland Fellowship project. Each year, The Rowland Foundation awards grants of up to \$100,000 to Vermont high school teachers who are visionary, willing to lead, motivated and committed to affecting change in an area of concern within their respective schools.

WMHS continues to benefit from the transformational work of several Rowland Fellows including teachers Luke Dorfman and Lindsey Cox, and WMHS Co-Principal Jean Berthiaume. Now, our learning community will benefit from the “schoolhouse” vision of Ms. Howes and Mr. Litterer. During their year-long exploration, they will provide progress updates about their project, The Onion River Schoolhouse project.

A few years ago, Todd Rose, author and Harvard School of Education graduate, began a widely viewed Ted Talk with a simple analogy comparing education to fighter jets. It seems that for years, fighter jets were designed to fit a statistical average body of a pilot. This design led to a significant problem: most pilots did not fit the statistical average and, as such, did not fit in the jets in which they were trained to fly. Eventually,

jet designers stopped designing for “average” and started building in adjustability so that the jet would fit the pilot, rather than the pilot fitting the jet. Rose connected this to education by noting that most schools are designed to fit the average students, which means that many students can’t fit in the educational fighter jet. Instead, he suggested, schools should adjust to the student.

The Winooski School District has worked hard to make an adjustable jet. The High School has a proficiency system that respects that learners come in with varied skill sets, but that all learners need certain skills for success. We believe that learning is the constant, and time is the variable. The school offers whole group instruction, small group instruction, teacher-paced classes, self-paced classes, a robust advisory, flexible pathways, student-created learning opportunities, and free college classes. And yet, some students still struggle to fit in and end up feeling forced to find opportunities elsewhere or give up on their dreams of graduating from Winooski High School.

Interestingly, some of the same students who struggled to fit in and have recently left our district had success last school year in the COVID-necessitated pod model. In this elementary school

style model, students stayed in one classroom and were taught by one or two teachers. We know, however, that for most students, in a non-pandemic year, this model will not work for the long term. For some, though, the approach could have saved them. Making their school world smaller has allowed some traditionally unsuccessful students to make progress and, for some, to flourish.

In this small pod model, students had one or two teachers all day long, which allowed relationships to develop and environments to remain consistent and predictable. Every teacher in our school can name at least one student who directly benefited from this model. This experience inspired us to explore the concept of creating a smaller High School Pod Model that would be embedded into the fabric of Winooski High School.

We began this work in January with the support of the Rowland Foundation and the Winooski Community. We hope to build on some of the successes of the Pod Model, which we’re calling the Onion River Schoolhouse, so that we can keep our promise to the community, and ensure that all students can “lead healthy, productive, and successful lives” through our small-scale, customized, adaptable high school program.

Sweet Competition

By Emily Hecker,

WSD Director of Communications

Before February break, Winooski High School advisories held their annual gingerbread house building competition. Elementary students cast their votes for their favorite sweetest candy-covered creation. The students love the creativity and community building that’s good enough to eat!



RESTORATIVE JUSTICE IN THE WINOOSKI SCHOOL DISTRICT



The Winooski Restorative Justice for Multicultural Youth Project, launched in 2020, is a collaboration between the Winooski School District, Spectrum Youth and Family Services, UP for Learning, and the City of Winooski with funding from the Vermont Department of Children and Families and an anonymous donor. This monthly column will highlight the Restorative Justice work happening across the district among different groups. For more information please scan the QR code to visit our website.

Restorative Justice in Health Class

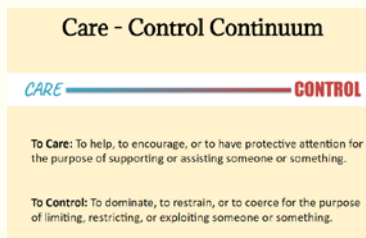
By Kayla Loving

Vicki Wolinsky, Amanda Spencer, and Jaycie Puttlitz co-teach the middle school health class. This class covers sexual health, mental wellbeing, and physical health – all of which can be uncomfortable subjects to discuss with peers. They are always looking for ways to help students open up and feel comfortable with sharing and asking questions.

Throughout this school year, Vicki, Amanda, and Jaycie have been finding ways to incorporate restorative justice into their class. They organize their class similar to the circle process. They

begin by checking in with each other and asking how they are doing. Then, they move to mindfulness. They review their class norms. One of the important agreements they have for their class is that students are welcome to take a break if they need it. Then, they move into the lesson. They finish off with a reflection.

One of the lessons in health class is distinguishing between caring and controlling relationships. At the end of the subject, they used a restorative justice circle to talk about consent.



They've also used restorative justice circles to talk about bullying. With such a short amount of time allotted for health class, it

can be difficult to incorporate circles with a large group.

One of the main values in restorative justice is relationships. Building in opportunities for connection is important for fostering safety and belonging. Amanda, Vicki, and Jaycie are equal participants in circles. Everyone is given an opportunity to respond to the same question. Jaycie said, "It can be uncomfortable for them to get into a circle. The more often we do it, the more comfortable they get. They know how it works."

A helpful strategy they've used to increase participation during circles is to give students a worksheet with similar questions as the circle, so they spend some time thinking about their responses before they share with their classmates. Students have the worksheet with them when during the circle. They'd also like to try changing who's the first student to answer the question.

RESTORATIVE JUSTICE CIRCLE



Antiracism Steering Committee Update

By Kayla Loving

The Antiracism Steering Committee (ARSC) met virtually on February 7th. They reviewed the updates and questions from each of the Action Demand groups and discussed how to support them. Then, they split into three work groups. One group developed a process and protocols for the action demand groups. Many of the action demand groups don't have youth involved. They decided that the groups without youth should continue working, but actively recruit and connect with youth. Another work group focused on getting more youth involved in the antiracism work with the steering committee as well as training for the school board. They are hoping to find a regular time for youth to meet during school hours. The last work group looked at the revised language for Demand #2 which has yet to be approved by the school board. The ARSC will attend Action Demand Group meetings in March instead of having a regular committee meeting.

Here are updates from the Action Demand Groups:

Truth and Reconciliation Commission: This group is working on finding a content expert. They have meetings set up with two people who have experience with Truth and

Reconciliation Commissions.

Hiring and Retaining Teachers of Color: The group has been working with the Barr Foundation to gather data and develop an action plan.

Ethnic Studies: They decided not to meet in January due to a high rate of Covid transmission. The group is committed to meeting in person to accommodate for equal participation with interpretation.

Equity Review: This group has continued meeting with Opportunity Consulting - the group that is conducting the equity audit. The focus groups for the audit were changed from January to February 17-18 due to Covid.

Civil Rights Workshops: They met with a representative from the Department of Justice in December. They have a meeting set up to speak with someone from the Department of Education Office of Civil Rights Boston Office.

Multilingual Learner Mentorship: They are continuing to recruit mentors and mentees. They are continuing to create a program handbook. They would also like to organize anti-bias, anti-racist, and student's rights trainings for mentors.

SCHOOL ANNOUNCEMENTS

Penguin Plunge

By Jeff Duggan and Luke Lampugnale, Winooski Penguin Plunge Co-Coordinators

Hello Winooski community! We are excited to let you know that the Special Olympics Vermont (SOVT) Penguin Plunge is back in person in 2022! The Penguin Plunge is an event where participants raise funds for SOVT and take a dip in icy Lake Champlain the second weekend of March, the exact date to be announced soon.

In the past eight years, the Winooski Spartans have raised over \$70,000! The funds support programs that foster inclusion and acceptance of people with disabilities through athletics. The funds

directly support the Winooski Unified Sports program where athletes practice and compete in bowling and bocce.

We are hoping to have a record turnout after last year's virtual event! Our team is open to Winooski students, staff, town residents, city employees, and local businesses. Please consider donating to or joining the Winooski Spartans Plunge Team by visiting <https://give.specialolympicsvermont.org/team/397604>. Thank you for your consideration!



Pictured above is Superintendent Sean McMannon participating in the Penguin Plunge with community members circa 2017.

Preschool Skills Screening Survey and Pre-registration

By Maybeline Lopez, Preschool Director & Early Learning/Act 166 Coordinator

If your child is or will be 3 by September 1st, 2022 please complete a Preschool Skills Screening & Pre-registration Form for ACT 166 Publicly Funded Pre-K or to inquire about a Winooski Preschool Program. For more information about preschool opportunities visit our WSD website

under Pre-Kindergarten.

If you have concerns about your child's development, our Winooski Early Childhood team can screen your child's development in the areas of Speech & Language Skills, Motor Skills, Adaptive Skills, Personal/Social Skills, and Academic/Cognitive Skills. Please contact

Our Early Childhood Development Specialist, Holly Haggerty at: hhaggerty@wsdvt.org or 802-383-6061; or the Early Learning Coordinator, Maybeline Lopez at mlopez@wsdvt.org or 802-383-6063, for more information on developmental screenings.

Junior Iron Chef Competition Returns March 12th!

By Nancy Keller

According to VermontAfterschool, Inc., nearly 5,000 Vermont middle and high school students have participated in Vermont's Junior Iron Chef competitions since 2008, and Winooski Middle School Students have been part of most of them! For this year's competition on March 12, 2022, WMS students Kamiya, Kianalee and Shrijan have been meeting for the past six weeks to learn about local ingredients and nutrition to create and then test their recipes, all while developing their confidence, teamwork and communication skills.

This exploration into the culinary world would not have been possible without the help and guidance of Winooski School District's 21st CCLC Afterschool Program, WMS Teacher Laura Graves, and Waterworks Chef Adam Raftery. This is Adam's third year

with WMS's Junior Iron Chef team, and during the day (and evenings), he is the lead Chef at Waterworks Food and Drink in Winooski, Vermont. For the 2018-2019 school year, Adam met weekly with WMS's team, was the on-site coach for the day of the competition, and then asked Winooski's Junior Iron Chefs to serve their dish at Waterworks. Our middle school students were excited to work at restaurant, and see the results of their planning and practice on the menu. In addition, a portion of the proceeds from the orders of the students' dish that evening went to help support 21CCLC summer programs for Winooski students. For the 2019-2020 school year, Adam worked with two WMS teams and tested three different recipes and narrowed it down to two, but due to the pandemic, the competition for 2020 was canceled, along



with the competition in 2021. However, Vermont's Junior Iron Chef competition is back and thanks to Adam Raftery's generous support, our middle school chefs are ready to impress the judges.

Thank you, Adam Raftery, and thank you Waterworks!

Big Change Roundup

By Sara Raabe

Since 2016, JFK Elementary has participated in WOKO's Big Change Roundup. The Big Change Roundup is the largest fundraiser for the UVM Children's Hospital. The money goes directly to the Children's Hospital and helps to provide thousands of children and families with the highest quality, child-friendly, family-centered care available in Vermont and northern New York.

Each year we have a contest, and the adult that raises the most money wins! Our first two years were hair dyeing contests, and Courtney Bryan won both years. In 2018, Andy Schlatter won and got to be a T-Rex for the day. In 2019, Coach B won and spent the day as a unicorn. In 2020, Nurse Liz worked really hard to win and dress up as a tutu wearing hippo for the day. Last year we were not able to participate in the Big Change Roundup because of the pandemic.

This year, the adults that are participating have banded together to create teams! Starting March 7th, each team will have a bucket in the JFK office. Students vote by putting their change into the bucket of the team that they want to win. The team that raises the most money by April 4th wins and gets to wear their costume to school on April 8th!

During the first week of March, classes will be learning about the Big Change Roundup during their daily class morning meeting. They will be reviewing these expectations with students:

- Students need to ask an adult from home before they bring any money in
- The buckets will be in the JFK office. Students need to come into the office with respectful voice levels in case Mrs. Casier is on the phone
- Students vote by adding money to the jar of the team that they want to win!
- Online fundraising is allowed by students and adults
- It is perfectly acceptable to hoard money and add it all to a jar(s) last minute
- Students from any grade level in WSD can add money into the jars. Adults too!

Each year the Big Change Roundup is incredibly fun, and we support a fantastic community resource!



The Three Little Pigs: Mrs. Fountain, Nurse Katharine, and Nurse Liz



The Pink Ladies: Mrs. Demore, Mrs. Bohlen, and Mrs. Poland



Piggy and Gerald: Mrs. Moulton and Mrs. Beland



Space Invaders: Mrs. Garcia, Mrs. Walsh, Ms. Van Fossen, Mrs. Niedecker, and Mrs. Bissonnette



The Fantastic 6: Ms. D, Mr. Cafferky, Ms. R, Ms. Batche, Ms. Lane, Ms. Keirsten

STUDENT WRITING

All you need to know about the Abenaki

By Ayush Acharya, Grade 4

Do you know who the Abenaki are? The Abenaki are a tribe from Vermont. They used the land to gather food and materials for tools and weapons.

The Abenaki used the land for food in many different ways. Women gardened crops and berries. Men hunted moose, deer, bears, and other animals. The Abenaki hunted and gathered different things depending on the season.

The Abenaki gathered materials for tools and weapons. They used sharpened stems for darts and knives. They used animal bones and claws for weapons.

The Abenaki weren't rich in resources like us. They had to do things differently and use the land to survive. The Abenaki showed us today how different life was back then.

Northern Landscapes & Middle School Art Exhibit at Scout & Co.

By Emily Jacobs

In their final project of the semester, 7th and 8th grade artists explored and analyzed visual qualities in the landscape artwork of Canadian artist Lawren Harris. Then, in their own northern landscapes, students practiced creating the illusion of depth and form by using different values — shades ranging from dark to light — to depict shadows, highlights, and the ways that light hits landforms differently as they recede into the distance.

Several of these landscapes are now on display at Scout & Co Coffee Shop in downtown Winooski as part of a new exhibit of Winooski Middle School student artwork! The exhibit also features 20 new Surrealist student portraits from the fall semester.

Scout & Co is located at 1 East Allen Street. We hope you will stop by to enjoy the new collection of artwork in person!



Exhibit at Scout



Alice B



Hue V



Asheera T



Iris P



Djoyce T



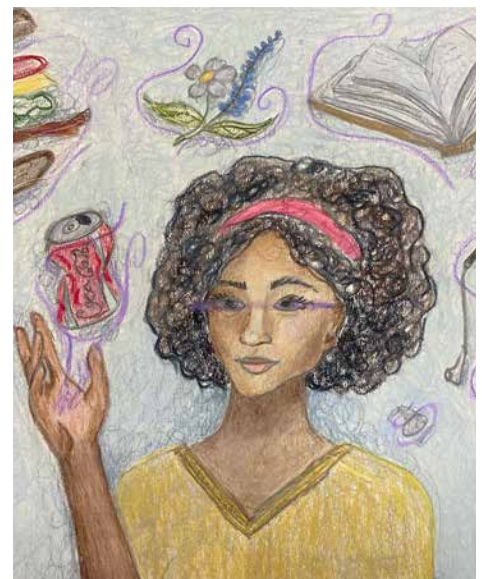
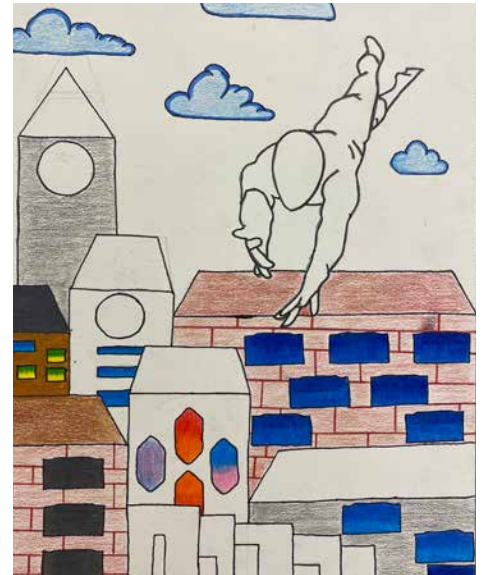
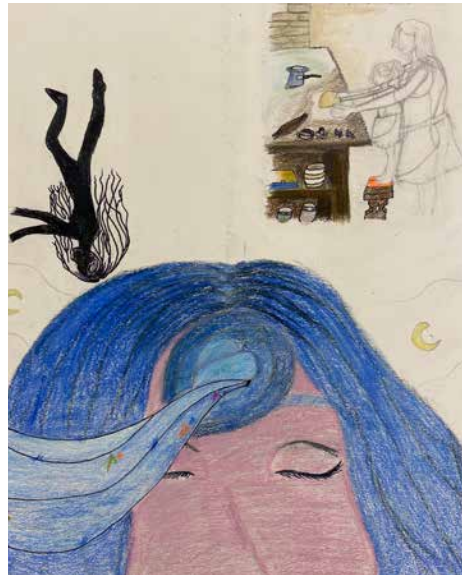
Samantha S

What's your superpower?

By Jessica Bruce, WMHS Art Teacher

High school students were given an assignment to illustrate a desired superpower and showcase color blending and use of composition in visual arts. Well done, everyone!

Top row: Badal Gurung, Bhumika Magar;
Middle row: Mariam Mayange, Eve Gurung, Daniel Surma;
Bottom row: Ateet Gurung, Sanii StewartMcIver, Thera Neilson.



Meet the Candidates for School Board

Here is information submitted by the candidates to help you get to know them better.

The Town Meeting Day Election is on **Tuesday, March 1, 2022!** Voting takes place at the Winooski Senior Center (123 Barlow St) from 7am-7pm.

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City of Winooski Budget

Presentation

- Virtual only @ 6pm
- Attend online: us06web.zoom.us/j/85690246387
- Attend by phone: 1 646 558 8656
- Webinar ID: 856 9024 6387

Winooski School District Budget

Presentation

- In-person only @ 7:30pm
- 60 Normand Street, Winooski

ALLISON BURLOCK

Running for: School Board — to serve remainder of a 3-yr term (1 Year)

Contact: Pine Grove Terrace, aburlock@gmail.com, 802-349-7018

Work: UVMHN Home Health & Hospice, Manager of Quality and Data Analytics

Education: University of Chicago BA 2008 in Public Policy with a specialization in health policy,

University of Michigan MS 2010 in Biostatistics, Champlain College MBA (expected August 2022)

Hobbies/activities: being active, DIY projects/improving my house

Community service: Current school board member.

Reason for running: I was appointed to a school board seat in July 2021 and am running to continue with that role for the rest of the term. I myself am a product of

a public education in Vermont, and it was a vitally important launching point for my life. I want to pay it forward by ensuring our schools are the best they can be for the next generation.

TORI CLEILAND

Running for: School Board - 2-yr term

Contact: Audette Street, tcleiland@wsdvt.org, 655-7678

Work: Vergennes Union High School Special Educator

Education: Biology, BA, Skidmore College; Special Education, M.Ed, St. Michael's College

Hobbies/activities: Being a Mom, yoga, cooking, keeping a house from falling apart, and staying sane in the modern world.

Community Service: Serving on Winooski's School Board (2011-2022), serving as a school liaison to the Charter Commission for the City of Winooski, serving as current Board Chair (Aug 2020-March 2022)

Reason for running: After eleven years of serving as your representative, I can enthusiastically say we have made great progress on building greatness in our schools! Yet, there is still hard work ahead. YOU are the owners and board members represent your voice by seeking input, educating on issues, and reporting out. WSD is in the midst of extraordinary work and change. I'm ready to continue to work hard for the betterment of the whole community.

KAMAL DAHAL

Running for: School Board - 3-yr term

Contact: Solar View Drive, kdahal@wsdvt.org, 802-310-2821

Work: Business Analyst

Education: Bachelor's degree in Management Info Systems from Rochester Institute of Technology

Hobbies/activities: Traveling, learning about new culture, reading, singing, cooking, coding, & streaming netflix.

Community service: Current school board member, city council search committee

Reason for running: I was born and raised in a refugee camp without any identity. I struggled to find my identity until I moved to Winooski a couple of years ago. Winooski accepted me and my family with open arms, so I think it's my moral duty to give back my service to the community. I look forward to bringing the voices and perspectives of many diverse communities to the policy-making process. Looking for your support!

DAVID XAVIER WALLACE

Running for: School Board - 3-yr term

Contact: N/A

Work: US Postal Service

Education: Bachelors Degree Business Administration

Reason for running: I want to make sure the programs in the Winooski school system are geared towards learning the basics and not critical race theory. I would like to implement an apprentice program by partnering with local business so that students who are interested in the trades can apprentice while also attending training at Essex Center for Technology. I would like to have cameras in the classrooms so that students can participate in class when out sick.

*** DO YOUR PART ***
VOTE!
MARCH 1, 2022

Health Information

By Katherine Monje, RN BSN

Happy Spring from the Health Office! Spring sports starts soon! If your child plans to or is interested in playing sports, now is the time to make sure they have their updated sports physical and any medications if they have a known medical diagnosis. Feel free to give us a call in the health office if you'd like some help or have questions.

Our response to COVID-19 at WSD

has shifted from contact tracing and quarantining to a focus on testing. If your student has presumptive contact at school or close contact at home you are eligible for take-home COVID tests. Please call the health office during school hours or the COVID hotline after 3pm M-F or on the weekends with questions.

It's not too late to get your flu shot or your COVID vaccine! If you haven't

already, call your primary care provider to see if it is right for you.

The health office numbers are:

- 802 383 6094 Nurse Katharine
- 802 383 6040 Nurse Liz
- 802 383 6159 Health Office Assistant Shannon

The COVID Hotline is 802-556-2243.



How are you really doing?

COVID SUPPORT VT
Promoting mental health and wellness for all

COVID Support Vermont is here to help you cope. Call 2-1-1, option #2.

Confidential and FREE Emotional Support

- Connections to community resources
- Help with applications to services

WITH SUPPORT FROM

 VERMONT CARE PARTNERS


 VERMONT AGENCY OF HUMAN SERVICES Department of Mental Health

+ FREE Wellness Workshops!
covidsupportvt.org/workshops



   @COVIDSupportVT | Find more resources at COVIDSupportVT.org

WINOOSKI SCHOOL MENUS





Winooski Elementary School Breakfast

March 2022

=Vegetarian Menus are subject to change

National Nutrition Month



Monday	Tuesday	Wednesday	Thursday	Friday
<p>National School Breakfast Week March 7-11, 2022</p> 	<p>1 Danimals Yogurt w/Graham Cracker Fluffy Croissant Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>2 Danimals Yogurt w/Graham Cracker Bagel w/ Cream Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>3 Danimals Yogurt w/Graham Cracker Breakfast Pretzel w/Cinnamon & Sugar Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>4 Danimals Yogurt w/Graham Cracker Hearty Muffin w/Cheese Stick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>7 Danimals Yogurt w/Graham Cracker WG Donut Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>8 Danimals Yogurt w/Graham Cracker Fluffy Croissant Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>9 Danimals Yogurt w/Graham Cracker Bagel w/ Cream Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>10 Danimals Yogurt w/Graham Cracker Breakfast Pretzel w/Cinnamon & Sugar Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>11 Danimals Yogurt w/Graham Cracker Hearty Muffin w/Cheese Stick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>14 Danimals Yogurt w/Graham Cracker WG Donut Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>15 Danimals Yogurt w/Graham Cracker Fluffy Croissant Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>16 Danimals Yogurt w/Graham Cracker Bagel w/ Cream Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>17 Danimals Yogurt w/Graham Cracker Breakfast Pretzel w/Cinnamon & Sugar Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>18 Danimals Yogurt w/Graham Cracker Hearty Muffin w/Cheese Stick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>21 Danimals Yogurt w/Graham Cracker WG Donut Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>22 Danimals Yogurt w/Graham Cracker Fluffy Croissant Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>23 Danimals Yogurt w/Graham Cracker Bagel w/ Cream Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>24 Danimals Yogurt w/Graham Cracker Breakfast Pretzel w/Cinnamon & Sugar Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>25 Danimals Yogurt w/Graham Cracker Hearty Muffin w/Cheese Stick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>28 Danimals Yogurt w/Graham Cracker WG Donut Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>29 Danimals Yogurt w/Graham Cracker Fluffy Croissant Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>30 Danimals Yogurt w/Graham Cracker Bagel w/ Cream Cheese Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>31 Danimals Yogurt w/Graham Cracker Breakfast Pretzel w/Cinnamon & Sugar Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>Please advise us if special meal accommodations are required for allergens or other special dietary needs.</p>

This institution is an equal opportunity provider.

Meals Are Free To All Students


Adult Breakfast \$1.85
Adult Lunch \$3.85
Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.


Milk Condiments


Fresh, Dried Or Canned Fruit

Pay for meals on-line. Click on Link Below:



Click Image Below for employment opportunities






Winooski Elementary School Lunch

March 2022

=Vegetarian Menus are subject to change

National Nutrition Month



Monday	Tuesday	Wednesday	Thursday	Friday
<p>March is National Nutrition Month Eat Right!</p>	<p>1 Taco Bar w/ The Works Mexicali Corn Seasoned Black Beans Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>2 Cheese Pizza Roasted Chickpeas Fresh Carrot Sticks Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>3 Homemade Goulash Steamed Corn Fresh Green Pepper Strips Garlic Breadstick Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>4 Scrambled Eggs Sweet & White Homefries Fresh Carrot Sticks French Toast Sticks Real Maple Syrup Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>7 Dress Your Own Burger on a Bun Hand Cut French Fries Maple Baked Beans Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>8 Beef Nachos Supreme Mexicali Corn Garden Salsa Cablot Sour Cream Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>9 Cheese Pizza Roasted Broccoli Steamed Carrots Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>10 Cheesy Ravioli Bake Steamed Green Peas Fresh Carrot Sticks Garlic Breadstick Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>11 BBQ Chicken Sandwich Oven Baked Potato Puffs Seasoned Green Beans Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>14 Oven Baked Corn Dog Steamed Broccoli Maple Baked Beans Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>15 Golden Crispy Chicken Tenders Mashed Sweet Potato Steamed Green Peas Garden Salsa Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>16 Cheesy Breadsticks Honey Glazed Carrots Marinara Sauce TOMATO CHERRY BULK FRESH Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>17 Creamy Macaroni & Cheese Fresh Celery Sticks Seasoned Green Beans Homemade Cornbread Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>18 Layered Chicken Bowl Chef's Mashed Potato Steamed Corn Homemade Dinner Roll Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>21 Chicken Patty Sandwich Hand Cut French Fries Lettuce & Tomato Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>22 Beef Nacho Supreme w/ Cheese Sauce Garden Salsa Seasoned Black Beans Steamed Corn Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>23 Cheese Pizza Fresh Broccoli Salad Roasted Fresh Zucchini Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>24 Spaghetti w/ Meat Sauce k-8 Steamed Corn Seasoned Green Beans Garlic Breadstick Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>25 Fluffy Pancakes Scrambled Eggs Sweet & White Homefries TOMATO CHERRY BULK FRESH Real Maple Syrup Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>
<p>28 Dress Your Own Hot Dog Vegetarian Baked Beans Roasted Sweet Potato Wedges Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>29 Tater Tot Nachos Steamed Corn Garden Salsa Spanish Rice Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>30 Cheese Pizza Seasoned Green Beans Fresh Celery Sticks Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>31 Chicken Alfredo w/Pasta Fresh Cucumber Sticks Steamed Broccoli Garlic Breadstick Sunbutter & Jelly Sandwich w/ Cheesestick Assorted Fresh, Dried or Canned Fruit Milk Variety</p>	<p>Please advise us if special meal accommodations are required for allergens or other special dietary needs.</p>

This institution is an equal opportunity provider.

Meals Are Free To All Students

Adult Breakfast \$1.65
Adult Lunch \$3.85
Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:
Fruit & Yogurt Parfait w/Granola, Deli Turkey & Cheese Sandwich, Sunbutter & Jelly Sandwich w/Cheese Stick
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.


Deli Options K-8

Fruit & Yogurt Parfait w/Granola


Milk Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line. Click Image Below:



Harvest of the Month: Maple



Click on the image above for more info on the Harvest of the Month!

Letter from the Mayor

By Kristine Lott

Happy birthday, Winooski!

The City of Winooski and the Centennial Celebration Committee invite you to celebrate Winooski's 100th municipal birthday! In addition to the many features that will continue through 2022, community members can enjoy a series of events and offerings to commemorate our long history of welcoming and opportunity - to learn more, visit legacy.winooski.vt.gov/centennial.

Speaking of welcoming and opportunity, we've hosted our first local election where all residents of Winooski, regardless of citizenship status, were able to make their voices heard on municipal and school ballot items. Many thanks to the staff and community partners who helped get the word out and make it possible to get more residents into the local decision-making process. We're also welcoming two new City Councilors!

Looking ahead, I'm excited about a few notable things - hiring a new City Manager, continuing the American Rescue Plan Act (ARPA) community outreach process, and the 2022 Myers Memorial Pool summer season! The new staffing structure and series of programs are sure to make for another great year at the pool.

In other news, Winooski City Council (with the support of the Winooski Planning Commission) will continue discussions about changes to our land use and development regulations. The commission has suggested changes that will help ensure development along our gateways is producing new housing and commercial space that fits with the community's vision. Stay tuned for opportunities to share your thoughts at upcoming public hearings - if you haven't yet, please subscribe to our email news updates and meeting notices available at winooski.vt.gov. Speaking of development, we are still working with Nedde Real Estate to bring a new hotel



and the voter-approved parking garage to our downtown. While the impacts of the pandemic have slowed the total progress, work continues to provide these new assets.

Lastly, the Main Street Revitalization project is underway and we expect to break ground later this year. City staff is coordinating closely with the school's capital project construction schedule and with the State's Exit 16 Diverging Diamond Interchange project. For information and updates, visit winooski.vt.gov/mainstreet.

As always, feel free to reach out at any time.



From Your Local Representatives

By Rep. Taylor Small

Last month, we saw the passage of Proposition 5, the Reproductive Liberty Amendment, through the Vermont House. At a time when we are likely to see *Roe v. Wade* overturned, and more and more restrictions are being placed on people's reproductive rights across the country. It is hopeful and encouraging to see Vermont leading the way and providing a model for enshrining and protecting those rights in our state constitution.

I want to be clear, the Reproductive Liberty Amendment protects every Vermonter's right to family planning, the right to become pregnant and to carry a pregnancy to term, the right to safe abortion care, the right to choose or refuse contraception, and the right to choose or refuse sterilization.

The Reproductive Liberty Amendment is about choice, autonomy, and consent. It doesn't change existing laws, but it protects our rights going forward. While

these rights are already protected by Vermont State Statute, a constitutional amendment is an important companion. State statutes can be more easily amended from session to session; a process we engage in everyday at the legislature. Yet, the process of amending the constitution takes four years and must not only pass through two legislative bodies (both the House and Senate), but must also be approved in a statewide vote by the people of Vermont. And as the foundation of our laws and our government, our constitution should reflect our values and protect our rights.

Even in Vermont, access to reproductive healthcare is a challenge for many people. What we need is patient centered care that accommodates the variety of needs and circumstances of human experience. Proposition 5 impacts more than just women; it impacts us all.

This November, the voters of our state will have the opportunity to decide on two constitutional amendments, so please make sure to register to vote and to make your voice heard on election day. We expect a flood of out of state money and misinformation campaigns regarding the Reproductive Liberty Amendment. So, it is important to remember that voters talking to voters is more powerful and effective than all the attack ads and misinformation that money can buy. Please reach out to your representatives if you have any questions on these amendments or other legislation being considered under the Golden Dome.

Centennial Celebration



Community Vision

This section of the Winooski Newsletter is designed to keep our residents and visitors informed of the progress being made in the City's

WINOOSKI MUNICIPAL UPDATES

Strategic Vision areas – or “community vision”. To learn more, visit winooski.vt.gov/about.

Economic Vitality

Thank you for attending our first American Rescue Plan Act Community Listening Session! The City of Winooski is looking for additional community input on how to spend about \$2 million in federal COVID-19 relief funds over the next couple of years. To learn more about this initiative and how to get involved, please visit winooski.vt.gov/arpa.

Municipal Infrastructure

Please join the Municipal Infrastructure Commission in welcoming two new members - Brian Borah and Emily Corley were recently appointed during the Feb 7th Winooski City Council meeting! With projects such as Main Street Revitalization, Exit 16 DDI, and the Winooski School District Capital Project on the way, we welcome community members to attend our meetings. Learn more about the Municipal Infrastructure Commission and ongoing projects at winooski.vt.gov.

Housing

The Housing Commission met in January 20 to continue discussions about how to address issues around housing quality in the City and to check in on progress towards launching the Housing Trust Fund. The commissioners discussed the difficulties faced by renters, landlords, and property managers related to housing quality, and what principles to use to guide their future work. After much discussion, the Commission identified several values that would inform their future work on policy about housing quality: increasing educational support for tenants, landlords, and partners; promoting accountability for landlords and tenants in maintaining properties; and, supporting vulnerable populations in the community who are struggling to access supports and services needed. Visit winooski.vt.gov to view Councilor Jim Duncan's full Housing Liaison update.

Safe, Healthy, Connected People

The Safe, Healthy, Connected People Commission met recently to review the updated Winooski Police Department 'SWOT' (Strengths, Weaknesses, Opportunities, Threats) Analysis, which is part of their updated Community Policing Strategic Plan. The Commission also discussed the American Rescue Plan Act (ARPA) and how these funds might be used in the community.



CITY OF WINOOSKI
INDOOR MASK MANDATE

MASKS ARE REQUIRED
ALL INDOOR LOCATIONS



Please visit winooski.vt.gov/covid-19
for information and updates.

COVID-19 Information

City of Winooski Indoor Mask Mandate

During the 2.7.22 Winooski City Council meeting, the COVID-19 indoor mask mandate resolution was extended. All individuals in the City of Winooski shall wear face coverings while indoors at locations that are open to the public. View the full details and find resources on our COVID-19 page: winooski.vt.gov/covid-19.

COVID-19 Testing

COVID-19 testing is available at the O'Brien Community Center (32 Malletts Bay Ave). Please visit winooski.vt.gov/covid-19 for up-to-date hours. Register at <https://vermont.force.com/events/selfregistration> (walk-ups are also welcome).

COVID-19 Vaccines

COVID-19 vaccination clinics remain open for people ages 5 and up. Please visit healthvermont.gov/myvaccine to schedule

your appointment or find the next available pop-up opportunity. For current updates, resources, and municipal service information please visit winooski.vt.gov/covid-19.



Reminders from the City Clerk's Office

2022 Town Meeting Day and All-Resident Voting

Town Meeting Day is on Tuesday, March 1, 2022. This newsletter may hit your mailbox before or after the election! Starting this year, all residents, regardless of citizenship status, can vote in Winooski's (local only/municipal/school) elections. Visit winooski.vt.gov/townmeetingday for ballot items, budget info, voting resources, and election results.

Dog Registrations Due on or Before April 1

It is required to register your dog (6 months & older) on or before April 1, 2022 in the City of Winooski! The cost are as follows: neutered (\$14), un-altered (\$18). On April 2nd, there will be an additional late fee.

Quarterly Tax & Utility Installment

The next installment for our quarterly taxes & utilities is due on May 15, 2022. Payments can be made online at winooski.vt.gov/pay or in-person at Winooski City Hall (27 West Allen Street, M - F, 7:30am - 4:30pm). If we can be of any assistance, please contact the City Clerk's Office: clerk@winooski.vt.gov / 802 655 6410.

Winter Parking Bans

Overnight street parking is prohibited in Downtown Winooski from 2:30am to

WINOOSKI MUNICIPAL UPDATES

6am (December 1st to March 31st). For the rest of Winooski, winter parking bans are made on a case-by-case, weather-dependent basis or for area-specific snow removal where overnight street parking is prohibited from 11pm to 7am.

To receive up-to-date winter parking ban alerts, text 'Winooski' to 888-777 or register at nixle.com.

- When issued, bans may last more than one evening and are in effect until further notice.
- The City of Winooski reserves the right to tow vehicles at the owner's expense
- Landline users must retrieve their updates by calling the dedicated parking ban line at 802-655-3908
- Winter parking ban signs (located on East Allen Street near the Exit 15 off-ramp and at the entrance to Winooski over the Burlington/Winooski Bridge) will flash when a winter parking ban is in effect
- Overnight parking in the Winooski Parking Garage on Cascade Way is available for \$2 (pay at kiosk or by ParkMobile app) 6pm to 7am

If you have questions regarding winter parking bans, please visit winooski.vt.gov/parking or call 802-655-6410. If your vehicle has been towed, please contact Elite Auto and Truck Service and Sales: 802-497-0176

Community Services Updates



Recreation and Parks

winooski.vt.gov/rec

[f](https://www.facebook.com/winooskirec) [i](https://www.instagram.com/winooskirec) @winooskirec

Winooski Recreation and Parks are currently following guidance from the Vermont Department of Health regarding our winter programming. Program details are subject to change – for the most

up-to-date information, please visit winooski.vt.gov/recprograms to view our catalog.



Thrive After School

winooski.vt.gov/thrive

[f](https://www.facebook.com/thrivewinooski) @thrivewinooski

Thrive After School is a state-licensed, 3 STAR childcare/enrichment program that runs from 3–5:30pm Monday - Friday. We partner with WSD to provide a community where children in grades K-5 explore, learn, and grow during their after school hours. During Thrive, students engage with creative arts, STEM and Makerspace activities, literacy skills, cooperative and socio-emotional learning, outdoor play, and more. Thrive costs \$19 per day enrollment or \$90 for full week. We accept state childcare subsidy as well as offer scholarships to families in need.

For full details and to sign up, visit winooski.vt.gov/thrive.



Winooski Memorial Library

winooski.vt.gov/library

[f](https://www.facebook.com/winooskilibrary) [i](https://www.instagram.com/winooskilibrary) @winooskilibrary

Please note: While many of our programs throughout the month are currently planned for in-person activities, ensuring the health and well-being of staff and community may find us postponing, rescheduling, or shifting to virtual events. Please give us a call or keep an eye on our website for all the latest details.

Audiobooks, Ebooks, & More

Did you know that all Winooski Memorial Library cardholders have access to FREE online resources including audiobooks, ebooks, film streaming, language learning, educational and professional development courses, and more? Visit winooski.vt.gov/library or stop by the library for questions about access and/or additional information.

1:1 Tech Assistance

Through a partnership with USCRI Vermont and Saint Michael's College MOVE program, you can now find to 1:1 tech assistance at the library! Do you have a new computer or device that you don't know how to use? Do you need help downloading ebooks or audiobooks to your smartphone, e-reader, tablet, or computer? Do you want to learn more about technology and have questions? Interested in checking out a library Chromebook? Join us on Saturdays at the Winooski Library for 1:1 assistance and to learn new skills! Drop-in, no registration required.

- Saturdays, 11:30am - 1:30pm at the Winooski Memorial Library
- Free to join, open to adults 18+

Arabic-English Bilingual Storytime

Join us on the last Saturday of each month at 10am for our Arabic-English storytime with Ms. Tolba! Children along with their parents and caregivers are invited to hear bilingual read-alouds and learn more about Arabic language, culture, and traditions. Free, no registration required.

- Saturday, March 26 at 10am

إنضم إلينا في يوم السبت الأخير من كل شهر في تمام الساعة العاشرة صباحًا لقراءة القصص بالعربية (10:00 am) والإنجليزية مع السيدة ميني طلبة! ندعو كل الأطفال مع والديهم ومقدمي الرعاية لسماع قراءة القصة باللغتين ومعرفة المزيد عن اللغة العربية والثقافة والتقاليد العربية. هذا البرنامج مجاني ولا يلزم التسجيل.

Support for this project was provided by the Teachers of Critical Languages Program's Critical Language Projects. The

program is sponsored by the Bureau of Educational and Cultural Affairs of the U.S. Department of State (ECA) and is administered by American Councils for International Education: ACTR/ACCELS. ECA and American Councils are not responsible for the views expressed herein.

Citizenship Prep Class

We're excited to announce our partnership with USCRI Vermont to offer their Citizenship Preparation Class. This weekly program is open to any green card holder interested in practicing English literacy and civics education.

- Wednesdays from 1-2:30pm at the Winooski Memorial Library
- Free to join, open to adult green card holders 18+
- To register, contact Nancy Lindberg at nlindberg@uscmail.org / 802-654-1704

Community Restorative Justice Circle

Join us on the third Thursday of every month for our Community Restorative Justice Circle. Facilitated by Kayla Loving, Restorative Justice Coordinator at Spectrum Youth & Family Services, the circle practice is one of the most well-known restorative justice practices. Eat together, share stories, and talk about what changes you'd like to see in the community.

If you have an interest in getting to know your neighbors on a deeper level, learning about restorative justice, and organizing for change in your community, consider joining us. Everyone is welcome. Interpretation can be provided if we are notified ahead of time.

- Wednesday, March 16 from 6-7pm.
- Free to join, open to all.

"Restorative justice is a philosophy and set of practices, rooted in indigenous teachings, that emphasize our interconnection by repairing relationships when harm occurs while proactively building and maintaining relationships to prevent future harm" (Amplify RJ).

Virtual Community Equity Circle

On the fourth Thursday of each month, community members are invited to join us for virtual restorative justice

circles to talk about issues of equity. Circles will be facilitated by Spectrum Youth & Family Services' Restorative Justice Coordinator, Kayla Loving. There will be a different focus each month and topics may include, but are not limited to, race, intersectionality, gender, socioeconomic status, disability, gender identity, sexual orientation, language access, mental health, etc. There will be short exercises to ground your thinking and then time to discuss these topics through a restorative justice circle.

If you are looking for a place to connect with your community, challenge your thinking, and deepen your understanding of equity issues, consider joining us. Interpretation can be provided if we are notified ahead of time.

- Thursday, March 24, 6-7pm.
- Free to join, open to all.
- Register in advance for this meeting: tinyurl.com/uju4c9hf. After registering, you will receive a confirmation email containing information about joining the meeting.

Dad Guild Playgroup

Join the Dad Guild for an afternoon of play and connect with other parents, guardians, and caregivers - all are welcome regardless of gender identity! This event is free and open to all.

- Saturday, March 19 from 12:30-2pm
- Children 0-5; parents, guardians, and caregivers.

About Dad Guild: Founded in 2019, Dad Guild is a 501(c)(3) nonprofit organization formed to create a supportive network for new fathers in the greater Burlington, VT region. They offer opportunities for dads to connect with one another, share their experiences, model positive father engagement, and advocate for parental equality.

English Conversation Group

We're excited to announce our partnership with USCRI Vermont to offer their English Conversation Group program! Join a weekly conversation group to practice English skills. Each week will have a different theme and new vocabulary to practice. Do you have a

topic you would like to talk about? Join the conversation!

- Tuesdays 11am-12pm at the Winooski Memorial Library
- Free to join, open to adults 18+

Library of Things

Did you know the library has a collection of nontraditional items available for loan to Winooski cardholders?

We call this our "Library of Things" and it includes such items as snow shovels, birding backpacks, home and yard tools, board games, blood pressure kits, a telescope, and more! Stop by today and check-out something new!

Library Playgroup and Family Support

Join the Winooski Memorial Library for a fun playgroup for parents, caregivers, and young children ages 0-5. Now at a new time, Tuesdays from 10 - 11am! Meet at the Library for activities such as reading stories, movement exercises, and sing-alongs. Adults will also have the opportunity to talk about child development or just chat. Come connect with your child and meet other families within your community!

For more information, please reach out to Kirsten Wilson at kwilson@winooski.vt.gov; 802-655-6424

STEAM Ahead Saturdays

Find us on Saturdays from 10-11am for our STEAM Activity hour. Each week will feature a new project for young learners that will engage the mind and introduce participants to science, technology, engineering, art and math-based concepts!

This program is intended for youth ages 5 and up, however parents are encouraged to partake! Youth should attend in clothing appropriate for art projects.

Weekly Storytime

Join us on Thursdays at 10:00am for our weekly storytime! We'll be reading our favorite books, singing songs, doing a little dancing, and sharing in fun! No registration required.

The Winooski Dome: Uncovering the Real Story - A virtual Q&A

During the energy crisis of the late 1970s, Winooski attracted international interest for its controversial proposal to build a dome over the city to protect residents from soaring heating costs. Some called the idea innovative, some farfetched. Over the years, the Winooski Dome has become a sensationalized part of local history.

As part of Winooski's Centennial Celebration, join the Library and the Heritage Winooski Mill Museum for a virtual panel discussion to uncover the real story with three of the individuals involved in the dome proposal: Mark Tigan and Brendan Keleher, formerly of the Winooski Community Development Corporation, and Vermont architect John Anderson who was commissioned to create a series of imaginative illustrations depicting this city of the future.

- Monday, March 7 from 6:30-7:30pm
- Virtual: <https://us06web.zoom.us/j/81677649738>

Winooski Reads Book Group

The Winooski Library is excited to offer a chance to participate in our Winooski Reads Book Club for adult readers (18+)! Join your friends and neighbors for a lively discussion of each month's selected title and share your thoughts, insights, and reactions to the book. Free to take part, email or call Nate Eddy, Library Director, at neddy@winooski.vt.gov / 802-655-6424



Winooski Senior Center

winooski.vt.gov/seniorcenter

 @winooskiseniorcenter

The Winooski Senior Center is open on Tuesdays, Wednesdays, & Thursdays from 9:30am – 1pm. Join us for events and programs! Stay connected with us: 802 655 6425 - voice mail 24/7. Email us at: seniorcenter@winooski.vt.gov

TUESDAYS

Coffee Chat & Breakfast Cafe

Everyone is welcome to join us on Tuesdays and Thursdays from 10 - 11am as we gather and converse with community members. Our eat-in Breakfast Cafe now features hot breakfast sandwiches, fruit, treats and plenty of coffee and tea - priced by donation. Note: No Cafe on Tuesday, March 22nd

Fun & Games

Do you like to play Cribbage, Scrabble, Card Games, Wii Bowling, or Ping Pong? We've got it all and more! Join us from 11am-1pm for tons of fun, conversation and snacks. FREE! Note: No Cafe on Tuesday, March 22nd

WEDNESDAYS

Vintage Cafe

Join us every Wednesday from 10am to Noon. Join us for coffee, tea, treats and great music. FREE!

More than a Meal - Free Meals for Seniors

In partnership with Age Well, we are offering Older Vermonters (60+) a free nutritious meal every Wednesday. We want to continue to support you being well at home and provide you with an opportunity to stay connected to your community while enjoying a healthy

and deliciously prepared meal, and some goodies from us! Pick up between 10am and Noon at the Center. Reservations must be made by Noon the Friday before the scheduled Wednesday meal. Please call us at 802 655 6425 or email us at seniorcenter@winooski.vt.gov for the weekly menu and to register for this program.

THURSDAYS

Coffee Chat & Breakfast Café

Everyone is welcome to join us on Thursdays and Tuesdays from 10 – 11am as we gather and converse with community members. Our eat-in Breakfast Cafe now features hot breakfast sandwiches, fruit, treats and plenty of coffee and tea - priced by donation.

Arts & Crafts

Everyone is welcome to join us on Thursdays from 11am – 1pm as we gather and create beautiful works of art to take home. Join us for card making, woodworking, coloring and more! New programs every week. Call us for the schedule. Coffee, tea, and treats will be served. FREE!

SPECIAL PROGRAMS

St. Patrick's Day Party - Wednesday, March 16th

Join us for an Open House St. Patrick's Day Party celebrating the luck of the Irish. Hear great Celtic tunes, enjoy hot appetizers and sweet treats. 10am -Noon. FREE!

Bone Builders - Mondays and Wednesdays at 2 – 3pm

RSVP Bone Builders is designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging. FREE!

WINOOSKI MUNICIPAL UPDATES

AARP Tax Aide

The folks from AARP Tax Aide will be returning this year for free tax services from February - April. Appointments will be in the mornings on Mondays and Fridays. Call the Senior Center at 802 655 6425 and leave a message.

Meals on Wheels



MEALS on WHEELS AMERICA

If you know of an older Vermonter who has special nutrition requirements or is having difficulty with meal preparation, please call Age Well at 802 863 0360 to find out the eligibility requirements. No one is denied meals due to an inability to donate. Volunteer drivers are always needed.

Artist-in-Residence: Tom Locatell



Local carpenter and artist, Tom Locatell will be in his workshop at the Senior Center for the winter months. Stop by during our open hours (Tuesdays and Thursdays from 9:30am-1pm, and on Wednesdays from 9:30am-12pm) and meet Tom and see what he's building using downed trees from our city's parks.



**City of Winooski
Centennial Celebration
March 7 - 11 & June 4 2022**

The City of Winooski and the Centennial Celebration Committee invite you to enjoy Winooski's 100th municipal birthday! In addition to the many features that will continue through 2022, community members can enjoy a series of events and offerings to commemorate our long history of welcoming and opportunity.

Visit legacy.winooski.vt.gov/centennial or scan the QR code to view!

Winooski Farmers Market - Vendor App Open Now!

By Meredith Bay-Tyack

The Winooski Farmers Market opens May 29 and runs every Sunday through October 16, 2022. Come on down to Winooski Falls Way (in front of the Champlain Mill) for fresh local produce, unique goods and free entertainment from local musicians. We are still accepting applications for seasonal and day vendors, visit downtownwinooski.org/Winooski-Farmers-Market for the application details!



Now hiring: Winooski Farmers Market Manager

The Winooski Farmers Market manager is a part-time position starting in April and running through the end of the market season. If you are interested in local food systems, supporting community events and are detail oriented, please apply! The full job description and application information can be found on downtownwinooski.org/Winooski-Farmers-Market. Email meredith@downtownwinooski.org if you have any questions about the position.

Mule Bar Tropical Tuesdays supports Camp Ta-Kum-Ta

Mule Bar hopes to raise \$1,000 or more to support Camp Ta-Kum-Ta's programming for families navigating the challenges of living with cancer.

Bar Manager Matt Farkas shared more about the concept, "We decided to throw a mid winter, get out of the cabin fever, virtual island vacation, teasing what our cocktail vibe will be this coming summer. We bounced around the idea of a couple different non profits and our island loving minds couldn't help but see Camp Ta-Kum-Ta as the perfect fit. Who deserves an island adventure and a break from reality more than kids and their families struggling with cancer?"



Sneakers Bistro Fundraiser Raises Funds Leslie Knope-style, with waffles and "Galentine's Day"

Sneakers Bistro waffles are beloved by many and in February there was another reason to order the brunch favorite. Manager Amy Place shared "We are excited to be getting back to our roots [...] and trying to find ways to give back to the



community who supported us through all of the upheaval and uncertainty of the last two years."

Inspired by the TV show "Parks and Recreation," Sneakers Bistro chose to raise money for local organizations for "Galentine's Day," a holiday invented by main character Leslie Knope. She famously loved waffles, so it was fitting that money was raised based on each waffle sold during the Galentine's fundraiser.

"While the organizations we chose for the fundraiser do have more of a focus on women, the work that they do impacts folks of all genders. Supporting survivors of domestic violence (Steps and HOPE Works) and advocating for gender equity in the workplace (VT Works for Women) are causes that we are passionate about," said Amy.



Juneteenth - Call for performances and volunteers

The Juneteenth Winooski committee is looking for volunteers as well as ideas from the community on how to celebrate this important event. Please visit downtownwinooski.org/juneteenth/ to sign up to be a part of Juneteenth Winooski 2022!

Winooski Students Create Animation Addressing Substance Use

By: Jane Henderson, Grants Manager

Hello Winooski, we're looking forward to connecting with you this month. Read on for a new animation (made by WSD students!), information on impaired driving, upcoming Winooski Clean-Up Days, and resources for parents and youth.

New WSD Student Directed Animation!

Back in 2021, we teamed up Scout Digital, to offer WSD students free classes on how to create animations. By the end of these three informative classes – which covered the history of animation and the technical elements of creating them – students were given the opportunity to direct an animation of their own. Scan the QR code provided to take a look at what the students came up with!

The animation follows two students (voiced by ATI students,



Netalya and Hawa) as they navigate what it is like to see a friend or loved one use a substance, and ultimately, what they can do. Looking for youth resources? Visit our website or if you know a young person who wants to quit vaping, MyLifeMyQuit is a great (and free!) resource that can be found at vt.mylifemyquit.org.

Parent Corner: What is Drug-Impaired Driving?

Impaired driving occurs when the operator is impaired by a substance like alcohol, cannabis, drugs, and some prescribed or over-the-counter medicines. Remember that if you feel different, you drive different. Responsible behavior around driving can save lives. Consider talking to your youth about making these choices and commit to making them yourself:

- Plan ahead for a sober driver.
- Don't let friends get behind the wheel if they're under the influence of drugs.
- If you're hosting a party where alcohol or other substances will be used, it is

your job to make sure all guests leave with a sober driver.

- Always wear your seat belt – it is your best defense against impaired drivers.

Visit ParentUpVt.org for great tools to help provide guidance and support to talk to your child as effectively as possible.

Winooski Clean-Up Days

We're partnering with the WSD's Above the Influence after-school group to host four Winooski Clean-Up Days before the school year ends. Clean-up days invite all members of the community to join students in creating a safer and cleaner walkway to school by removing any and all substance debris from commonly used walkways. In 2021, we were able to remove hundreds of cigarette butts and alcohol containers from Main Street – we're hoping to do the same in 2022. Clean-up days will begin at the end of March and continue until May. Keep an eye on our newsletter and/or social media for specific dates and RSVPs (or email jhenderson@winooskiprevention.org

Howard Center Update

By Adam C. Brooks, Assistant Director of Communications

Over the past two years, we have all learned to adapt during a pandemic which has impacted our community in a variety of ways. If you or a loved one need support with mental health and/or substance use, you are not alone and we

urge you to reach out and seek assistance.

Our Access and Intake Main Number 802-488-6000 is available Monday-Thursday, 8am-6pm, and Friday 8am-5pm. Our staff will help connect you to resources and services. Our First Call for Chittenden County crisis hotline 802-488-7777 is available 24/7/365.

Each spring, Howard Center's free and open to the public Marna and Stephen Wise Tulin Community Education Series presents expertise and dialogue on important and timely issues often bringing together community members with diverse perspectives. This year, our programming will include:

- Problem gambling panel discussion.
- Indieflix documentary *Upstanders* which explores strategies to overcome cyberbullying.
- A conversation about supporting our



BIPOC community.

Registration is free but required. More information is available at howardcenter.org.

Also, our fifth annual conference, *Visions, Visionaries, and Voices* will be held virtually on April 7, 2022 from 9am-4pm. The conference, designed for a broad audience, will be a day of inspiration and learning and feature national speakers Dr. Mary Bassett, Anita Hill, Byron Katie, Ethan Nadelmann, and Tara Westover. For more information and to register, visit howardcenter.org

Please note: Last month's article about Black History Month was written by Cael Barkman. The author was noted incorrectly.

Problem Gambling?

Call us at 802-488-6000 for free and confidential treatment.

howardcenter.org

United Way United Way of Northwest Vermont



HOWARD CENTER
Help is here.

Winooski Food Shelf Schedule for March

By Linda Howe, Winooski Food Shelf Coordinator

Wednesday, March 9th	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers
Saturday, March 12th	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers
Wednesday, March 23rd	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers
Saturday, March 26th	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers

Happy Spring! It is hard to believe that Daylight Savings Time begins March 13th! It has been a harsh winter and we volunteers are looking forward to brighter, warmer days ahead. Even during the worst of the Winter, we have faithfully cleaned, restocked and staffed the food shelf. We are grateful to all our dedicated volunteers and could not do this important work without them. We are here to serve all Winooski residents.

Food Shelf Policy: Winooski residents coming for the first time should bring proof that you live in Winooski such as a utility bill or rental lease. Winooski residents may access the pantry staples one Wednesday each month. They may also come both Saturdays to stock up on bread, pastry and some fresh fruits and veggies. Shaw's in Colchester and

Winooski's own Commodities Natural Market help supply Saturday's food.

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at 24 West Allen Street. We do not provide rides so please bring a wheeled cart or suitcase and some bags to lug your food home. The church phone number is 802-655-7371

Cash donations needed: The Food Shelf is growing rapidly. More and more of the food must be purchased since donations of food items cannot meet demand. Checks can be mailed to: The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. You may also donate at winooskifoodshelf.org.

Donation Drop Off Locations: **Please do not leave food on our doorstep when we are closed.** Instead,

please bring **unexpired and unopened** food donations to: Commodities Natural Market, 65 Winooski Falls Way, phone: 448-3340 or to J & J's Corner Market, 12 Malletts Bay Avenue, phone: 802-654-8003. **We especially need toiletries: toothpaste, tooth brushes, deodorant, shampoo, disposable razors and toilet paper.** Thank you for caring about our neighbors!

Food Shelf Volunteers Needed

If you have some free time and would like to do some pickups and deliveries, pack food boxes, set up for food shelves or serve our clients, please reach out to us at our e-mail address: winooskifoodshelf@gmail.com. We especially need help serving clients on Wednesdays. Volunteers should be able to lift 25 pounds.

Free Throw Competition

By Jeffrey Brosseau

Winooski Knights of Columbus Council # 2284 and Saint Francis Xavier CYO jointly sponsored a free throw contest on Saturday, February 12th at Rice Memorial School. Congratulations to all (thirty-five) local youth who participated in the event! The winners were:

- Age 9 Boys: Cade Barcomb
- Age 10 Boys: Griffin Luck; Girls: Cecelia Zierak
- Age 11 Boys: Anthony Jones; Girls: Abby English
- Age 12 Boys: Aidan Provost; Girls: Paige Barcomb
- Age 13 Boys: Cade Mulcahey;
- Age 14 Boys: Jacoby Hammitt; Girls: Isabella Messineo

Each winner received a K of C winner's certificate and prize (AL's French Fry gift card). Each winner to State free throw competition Sunday March 13th at Rice memorial High School.



WATCH CANDIDATE FORUMS

GET THE FACTS YOU NEED
BEFORE YOU VOTE
ON TOWN MEETING DAY

TUNE IN

On Comcast 1087, BT 17 & 217
or LIVE on youtube.com/townmeetingtv



Meet the Candidates for City Council (2 available seats, 2-year term)

Here is information submitted by the candidates to help you get to know them better. See cover for Town Meeting Day details.

CHAD BUSHWAY

Running for: City Council – 2 year term

Contact: Chadbushwayvoice4winooski@gmail.com

Work: Automotive Service Manager

Education: AA in Liberal Studies from CCV, BA Political Science from UVM, MFA Creative Writing from Goddard College

Hobbies/activities: I like working on vintage cars, water sports and camping.

Community service: I've been a boy scout den leader and also volunteered as a Handy man for the local church. Was a home provider of an individual from Sudan for 3 years and do work with DCF.

Reason for running: I've lived in Winooski since 2004 and raised six children here. I'm a strong supporter of the F35 and feel nothing makes our city safer than the military in our back yard and the police down the street. I also feel you can't have affordable housing and high taxes, the two don't go together. I've got several ideas on how to keep the tax rate from going up any further.

MATT CRAWFORD

Running for: City Council – 2 year term

Contact: Union St., matt.crawford.vt@gmail.com

Work: Self-employed marketing & content consultant

Education: University of Colorado

Hobbies/activities: Fishing/hunting, pickleball, boating.

Community service: Served 6 years on Georgia (VT) Select Board, former board member Far Post Soccer, former Vermont Travel & Tourism committee member

Reason for running: I entered knowing Winooski needed leaders to plan for the future of this vibrant city, but also knowing it's difficult to get people to run. I was pleasantly surprised to see many new, energized faces enter the race. At this point, I'd rather people vote for others. Aurora Hurd, Irene Webster and Thomas Renner are all excellent choices for the Winooski of tomorrow, and I hope I can serve this city in other ways.

AURORA HURD

Running for: City Council – 2 year term

Contact: Main St., aurarahurdvt@gmail.com | 802-734-7082

Work: Administrative Assistant to the Chair of the Department of Education at UVM

Education: AA in Liberal Studies from CCV, BA Political Science from UVM, MFA Creative Writing from Goddard College

Hobbies/activities: Writing, reading, teaching creative writing

Community service: Winooski Library Committee (2017-present)

Reason for running: I am excited to run for Winooski City Council because I want to ensure the voices of all our city's residents are being heard. In the 5+ years I've called Winooski my home I've seen a lot of growth and success, but I've also seen where much more can be done. Key issues I want to work on include advancing renters' rights, protecting voting rights, appropriate oversight of police practices, and accessible municipal infrastructure.

THOMAS RENNER

Running for: City Council – 2 year term

Contact: PO Box 495, Winooski, thomasforwinooski@gmail.com 802-922-3265

Work: University of Vermont Medical Center

Education: Bachelors from UVM in Communications and Masters from Norwich in Leadership.

Hobbies/activities: I enjoy hosting friends for dinner, spending as much time as possible with my dogs and traveling to new and interesting places.

Community service: I currently am a Commissioner on the City's Safe, Healthy Connected People Commission. I also serve on a Vermont Community Foundation scholarship committee that provides college scholarship dollars to high school seniors.

Reason for running: The Winooski I envision is one that advances in line with the values and wishes of its residents. On City Council, I will be your voice and help

make that happen by always listening to the wants and needs of the city, for the city. I'm honored to be on your ballot March 1 to ensure Winooski is the best place to live, run a business, and enjoy life.

DAVID XAVIER WALLACE

Running for: City Council – 2 year term

Contact: N/A

Work: US Postal Service

Education: Bachelors Degree Business Administration

Reason for running: The property taxes are excessive and I would like to reduce them. I would like to provide tax credits to homeowners who either home school or send their children to private school. Burlington has become dangerous due to its anti-police policies. If elected the Winooski Police will remain fully funded. We need a moratorium on accepting new refugees in Winooski. The resources that are being used for refugees should go to locals.

IRENE KERUBO WEBSTER

Running for: City Council – 2 year term

Contact: Mansion Street, keruwebs@gmail.com, 802-777-6875

Work: Outreach Case Worker - AALV (Association of Africans Living in Vermont)

Education: Student for: BA integrated Business Studies (Champlain College)

Hobbies/activities: Accomplished Musician - Owns LLC Kerubo Music Production, Teaching Artist

Community service: Cultural Advocate for new Americans in Winooski

Reason for running: Winooski reminds me of my hometown in Kenya where I migrated from 15 years ago. It's one of the State's most diverse communities, but my sense is that our city council representation hasn't reflected that diversity. I've seen firsthand what beauty and strength diversity can bring to leadership. I'm running to bring the diverse voices of our community to the council. That's really what would be different if I am selected.



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IMPORTANT NUMBERS IN WINOOSKI

WINOOSKI SCHOOL DISTRICT
www.wsdvt.org

Superintendent of Schools
 Sean McMannon: 655-0485
smcmannon@wsdvt.org

John F. Kennedy Elementary School
 Principal: Sara Raabe
 802-655-0411
sraabe@wsdvt.org

Winooski Middle and High School
 Co-Principals:
 Kate Grodin and Jean Berthiaume
 802-655-3530
kgrodin@wsdvt.org
jberthiaume@wsdvt.org

Board of School Trustees
 Allison Burlock, 802-349-7018, aburlock@wsdvt.org
 Tori Cleiland, *President*, 802-655-7678, tcleiland@wsdvt.org
 Steven Berbeco, 858-376-7269, sberbeco@wsdvt.org
 Kamal Dahal, 802-503-7195, kdahal@wsdvt.org
 Dr. Alex Yin, 516-423-9601, ayin@wsdvt.org

CITY OF WINOOSKI
www.winooskivt.gov, 802-655-6410

Mayor
 Kristine Lott, 802-766-1988, klott@winooskivt.gov

Interim City Manager
 Wendy Harrison, 802-655-6410, wharrison@winooskivt.gov

City Councilors
 Hal Colston, 802-922-2908, hcolston@winooskivt.gov
 James Duncan, 802-310-7103, jduncan@winooskivt.gov
 Mike Myers, 802-355-5348, mmyers@winooskivt.gov
 Bryn Oakleaf, 802-448-2966, boakleaf@winooskivt.gov

City Clerk
 Jenny Willingham, 802-655-6410, jwillingham@winooskivt.gov

Winooski Police
 Emergency: Call 9-1-1
 Non-emergency: 802-655-0221

Winooski Fire Department
 Emergency: Call 9-1-1
 Non-emergency: 802-655-6420

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