

# The Winooski Newsletter

A newsletter created in partnership by the City of Winooski and the Winooski School District.

JANUARY 2022



**WINOOSKI SCHOOLS**  
*We are the future.*

## In-School Vaccine Clinics A Success!

By Sean McMannon, Superintendent

In November and December our district hosted two in-school COVID-19 vaccine clinics for children ages 5 through 11 as well as older students. Through both clinics we administered the required two doses of the vaccine to approximately 180 Winooski students. That's a little over half of our entire elementary student population. Getting our students vaccinated will keep them safe and healthy and will grant them the freedom to live their young lives with less worry. The relief we're all feeling cannot be overstated.

Tremendous work went into preparing for an on-campus clinic during a busy school day, so I have a long list of people to thank. Thank you to the staff at the

Agency of Education (AOE) and the Vermont Department of Health (VDH) for all their work preparing for the clinic in Winooski and across the state. I want to share my gratitude for all of our young students who bravely stepped up to get their vaccine even though the needle made many of them very nervous.

Our amazing Multilingual Liaisons Tul Niroula, Padam Thapa, Mukhtar Abdullahi, Dalib Bulle, and Faridar Ko put in hours of work to register students for the clinic. Without our liaisons, an inclusive and accessible clinic wouldn't have been possible.

I also want to recognize the tremendous work of Parent Teacher Organization (PTO) volunteers, Principal Sara Raabe and guidance counselors Sarah Murphy and Grace Holcomb for getting students calmly to and through the clinic; Nurse Liz Parris for her health expertise and compassion for students and families (and for wearing the Hippo costume!); Shannon Fountain and Nurse Katharine Monje who tended to the health needs of our students throughout the day while also managing parts of the clinic; and Emily Hecker for working



with the VDH and the AOE to make the clinic run smoothly and for making the experience as pleasant as possible for students.

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## School Board Update

By *Tori Cleiland, Board of School Trustees President*

Education Funding! Oh yes, it's budget season! Your dedicated school board has been learning the current tax rate landscape that will influence property taxes. Heady and complicated is my interpretation of education funding and not my area of expertise. My area of expertise is understanding how tax increases tightens my own personal budget, what that means for me and my girls, and how we live our lives. I know I'm not the only one in Winooski who notices that when my taxes go up a direct proportion of worry and stress goes up too.

The great news is the board takes seriously the fiscal responsibility and moral obligation to the community. The other fabulous news for Winooski is we have a rock star expert in education funding, Nicole Mace, Winooski School's Finance Director.

From my perspective the budget process can be put in two buckets: what's within the board's control and what's not.

What's not in the district's control: The State's formula for distribution for education funds. The current formula disadvantages districts, like Winooski and

*Education is an investment  
in the hearts and minds  
of our youth and with  
this tool, youth will  
shape our future.*

— TORI CLEILAND

a number of others, who have a higher percentage of historically disadvantaged residents. The Pupil Weighted Factors Study presents to Vermont's legislators a proposal for an equitable system for distributing funds to schools, considering factors such as poverty, disability, and English language acquisition, etc. The distribution of funds is only equitable (each student getting what they need) if the dollars are distributed by true costs, not equal costs. Winooski's tax rate is negatively impacted by the current funding system, so we anxiously await the legislator's decision. Alex Yin has consistently been an MVP for advocating

for Winooski and our youth! Please look for his testimony to the state house.

The Common Level of Appraisal (CLA) is another factor that will negatively impact Winooski's tax rate. Currently, Winooski property values are increasing above assessed values which means this will increase our tax rate until Winooski's

What's within the board's control: Adding new investments within the school. The board is carefully balancing any investments for our youth with the landscape of the taxes and the financial wellbeing of Winooski residents.

I hope you've noticed the information about times to join board meetings to hear and see the discussions and presentations and all the resources to keep you up to date in a way that makes sense for you. Please email me with feedback if you're unaware of how to access the board's deliberations about the budget process. All board members' contact information is on the back of the newsletter.

It'd be great to hear from you.

## CFP Stakeholder Engagement

By *Michael Eppolito, Winooski School District Director of Curriculum*

Every year the Winooski School District receives federal money through several grants. One of those grants, the Consolidated Federal Programs (CFP), is designed to provide all children with significant opportunities to receive a fair, equitable, and high-quality education, and to close educational achievement gaps.

The US Department of Education divides the CFP into four parts, or Titles, each of which has specific purposes.

The amount of funding we received this year is unusually large due to Covid 19. Hopefully, by next year the pandemic will be under control. Therefore we would not receive the same level of funding.

### How much federal funding does Winooski receive?

<b>Title I</b>	<b>\$1,703,285</b>
<b>Title II</b>	<b>\$ 302,115</b>
<b>Title III</b>	<b>\$ 100,349</b>
<b>Title IV</b>	<b>\$ 247,725</b>
<b>Total</b>	<b>\$2,353,474</b>

### Title I

The purpose of the Title I program is to provide all children significant opportunities to receive a fair, equitable, and high-quality education and close educational achievement gaps.

*We can spend Title I funds on:*

- Additional academic support for students
- Extended day and extended year programming for students
- Professional development for teachers
- Work that connects to our Continuous Improvement Plan
- Homeless services
- Parent and family engagement

### Title II

Title II has several purposes, including increasing student achievement to meet Vermont's challenging academic standards, improving the quality and effectiveness of teachers, principals, and

## NOTES FROM THE CENTRAL OFFICE

other school leaders, and providing low-income and minority students greater access to effective educators.

*We can spend Title II funds on:*

- Development and implementation of strong evaluation and support systems
- School leadership and community initiatives
- Induction and mentoring
- Needs- and evidence-based professional development initiatives
- Attracting and retaining excellent educators in high needs schools
- Supporting early learning educators

### Title III

The purposes of this program are to help ensure that children who are multilingual learners attain English proficiency, develop high levels of academic attainment in English, and meet challenging State academic standards.

*We can spend Title III funds on:*

- Effective language instruction educational programs that support:
  - English language proficiency;
  - Student academic achievement in core academic subjects.

### Title IV

The purpose of this program is to improve student's academic achievement by increasing our capacity to:

- Provide all students with access to a well-rounded education
- Improve school conditions for student learning
- Improve the use of technology to enhance student academic achievement and digital literacy
- Enhance Science Technology Engineering and Math programs
- Enhance Accelerated Learning Programs
- Enhance College and Career Counseling
- Enhance Social-emotional Learning (SEL)
- Enhance Drug and violence prevention
- Enhance School-based mental health services
- Support the effective use of technology

**We currently use our Consolidated Federal Programs to fund the following investments:**

#### Title I

- Purchase of classroom libraries
- Academic Interventionists
- Academic coaches
- iLab teachers
- Spring Literacy camps
- Literacy training for teachers
- Homeless services: Transportation
- Parent involvement

#### Title II

- Professional development in place-based learning
- Books for teachers

#### Title III

- Liaison support
- Summer camp for ELL students
- Spring camp for ELL students

#### Title IV

- After School support for athletes
- Stipends for teachers to plan restorative justice professional development

If you have any ideas about additional investments, or have any questions about how we spend this money, please contact Michael Eppolito:

- By email: [meppolito@wsdvt.org](mailto:meppolito@wsdvt.org)
- By phone: 802-383-6148
- Or reach out to your liaison.



## Miss a School Board Meeting?

### Watch it Online!

Did you know you can watch Winooski School Board meetings on the internet on your own schedule? Visit [www.retn.org](http://www.retn.org) and click on "Meetings" under the "Watch" heading. You will find Winooski School Board listed alphabetically at the bottom of the list of area schools.

## School Safety and the School Resource Officer

*By Emily Hecker, WSD Communications Director*

The Multi-Stakeholder Group has completed their final report to the community about their recommendations to the board about school safety models and the role of the School Resource Officer (SRO). Read the full report here: [bit.ly/MSGFullReport](http://bit.ly/MSGFullReport)

As stated in the MSG's report, "After extensive and careful review of concerns and perspectives from various public participation fora, school and SRO practices and policies, interviews with students, teachers and community members, as well as a literature review on school safety models and data nationally, in Vermont and in Winooski, the group recommends shifting the SRO model to a combination of a District Liaison Officer (DLO) with a school safety coach (SSC)."

Superintendent McMannon formally notified the City of Winooski that the WSD would like to retain the services of the SRO for the upcoming 2022-23 school year. Between now and June 30, 2023, our district will continue to work with everyone involved to make the following improvements:

- Develop better governance and accountability mechanisms to review and understand the SRO's interventions at school and referrals to law enforcement.
- Improve data collection about disciplinary incidents of all kinds regardless of SRO's involvement and that such data includes demographic data such as race and gender.

In his memo, Superintendent McMannon affirms the district's commitment to continuing a community consultation process and implementing an updated school safety and security model for the 2023-24 school year that continues to provide a high level of school safety and security and reduces the unscheduled amount of time an armed officer spends on the school campus during regular school hours.

Read the MSG full report and Superintendent McMannon's memo here: [bit.ly/Demand3SRO](http://bit.ly/Demand3SRO)

## **Building a Better School**

*By Danylo O'Hara Whalen, ReArch and  
Emily Hecker, WSD Communications Director*

We have been generating solar power since early December. So far about 1/3 of the total number of panels are installed and generating!

The Main Entry addition is underway. Concrete, steel, roofing, and fireproofing are complete. Exterior framing and sheathing are nearing completion. This month we'll have this space "dried-in" which will make the space warmer as the construction team completes the interior work.

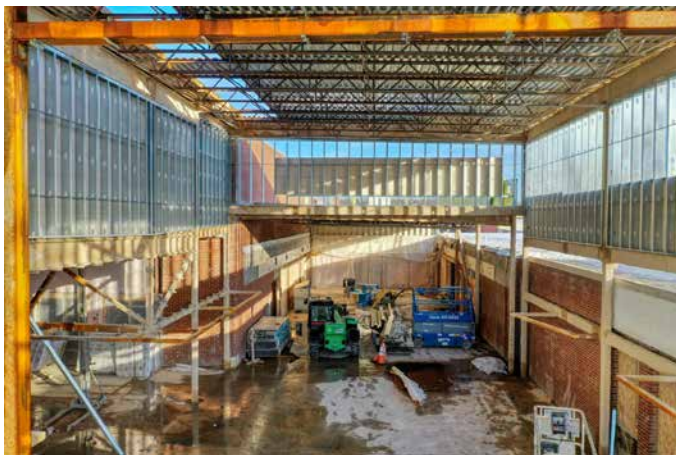
The Performing Arts Center rough-in is ongoing, focusing on the audio visual system. The construction team has cast the concrete that will form the lower seating tiers and front of the stage, allowing them to continue working in the space.



*Photo of solar panels under the snow*



*Images of Main Entry and PAC from architects renderings*





## \$25,000 Grant Awarded for Heritage Language Program

By Emily Hecker,

WSD Communications Director

We are pleased to announce that the Nellie Mae Education Foundation awarded our district \$25,000 to support a Deeper Connections Through Heritage Language and Culture program, which will launch in a few months.

Language acquisition research shows that multilingual students with strong first language skills are more successful in acquiring second language literacy skills.

So, this program will both benefit students academically and, importantly, help develop strong connections to the culture of their family, which will build resiliency and has mental health benefits.

Keeping the connection between generations and closing the divide between children and their parents has been identified by WSD multilingual liaisons and families as an important goal. Our hope is that through growing skills and appreciation of heritage language and culture, students will build stronger connections with their elders.

We plan to launch three Heritage Language Culture Programs in Swahili, Somali and Nepali. Each program would run two hours a week and employ a number of teachers and high school students who come from those language and culture backgrounds.

This model will support between 20 and 60 students, depending on the program, and will focus on developing the heritage language along with appreciation for arts central to each culture.

The program will not be open to other language speakers interested in learning a new language at this time.

## Parent Resources Workshop Offered

By Larkin Brown

This past month, parents in Winooski safely gathered to learn more about parent resources provided by VSAC for driving programs and continuing education for adults, CVOEO's Head Start program, CVOEO's Financial Futures program (including Financial Empowerment for New

Americans) and CVOEO's weatherization program. Community College of Vermont and Heidi McLaughlin, our very own high school guidance counselor, also engaged in great dialogue with our Swahili, Kirundi, and French speaking communities. We had 50 parents attend 4 different workshop events. The events would not have been possible without the support of the multilingual liaisons, who made important information accessible and also communicated questions, concerns, and gratitude from our families. We give thanks to VSAC for ensuring the success of these events. Finally, and most importantly, we are immensely grateful to work with the families of Winooski and look forward to seeing parents at the January workshops where we will feature Essex Tech and local colleges, among other organizations!



### LEGAL NOTIFICATION

## Winooski School District Destruction of Records

Per the Vermont State Board of Education the Special Education Office of the Winooski School District hereby gives notification of the destruction of Special Education records of many students who graduated or attended the Winooski Schools during the following school years: 2013-2017.

Be advised that select information from these Special Education records may be useful later for non-educational purposes such as qualifying for social security benefits.

If you wish to collect these records before they are destroyed, please contact Sandy Castle at 802-383-6009 or at scastle@wsdvt.org. The deadline is 30 days from this ad.

# RESTORATIVE JUSTICE IN THE WINOOSKI SCHOOL DISTRICT



The Winooski Restorative Justice for Multicultural Youth Project, launched in 2020, is a collaboration between the Winooski School District, Spectrum Youth and Family Services, UP for Learning, and the City of Winooski with funding from the Vermont Department of Children and Families and an anonymous donor. This monthly column will highlight the Restorative Justice work happening across the district among different groups. For more information please scan the QR code to visit our website.

## Community Circles

By Kayla Loving

Community Circles are taking place at the Winooski Memorial Library the third Wednesday of each month 6-7pm. They are facilitated by Spectrum Youth & Family Services Restorative Justice Coordinator, Kayla Loving. It is open to all Winooski community members. It's an opportunity to connect with your neighbors, share stories, learn about restorative justice, and discuss how Winooski can grow. Food is served from local restaurants and caterers.

The first Community Circle took place in November. In circles, each person has equal opportunity to answer the same question without interruption or response from others in the circle. The questions for the first circle were: 1) What is



the story of your name? 2) What is something joyful and something challenging in your life right now? 3) Who are you in this community? And 4) What would you like to talk about in future circles? Future Community

Circles will cover topics of identity, income inequality, building relationships, and improving the community.

If you have an interest in getting to know your neighbors on a deeper level, learning about restorative justice, and organizing for change in your community, consider joining us. Everyone is welcome.

If you have any questions or need any accommodations, contact Kayla Loving ([kloving@spectrumvt.org](mailto:kloving@spectrumvt.org)) or Nate Eddy ([neddy@winooski.vt.gov](mailto:neddy@winooski.vt.gov))

## Sharing Our Work

By Kayla Loving

Evelyn Monje, Mohamed Diop, and Kayla Loving presented to the State Board of Education about the work of the Antiracism Steering Committee. They shared the structure of the committee and the successes and challenges that it has faced. They were then invited to present to members of Howard Center leadership who were curious about how to support our work.

The Antiracism Steering Committee met on Dec. 6th. They spent time thinking about how to support the requests of the Action Demand Groups. We split up into three work groups. The first group focused on recruiting youth and alleviating barriers that make it difficult for youth to engage in the work. The second group focused on making the language of the demands more accessible. The third group focused on improving the communication structure for the Action Demand Groups. Members of the Steering Committee agreed to attend an Action Demand Group meeting in place of our regular steering committee meeting in January.

Here are updates from the Action Demand Groups:

**1. Truth and Reconciliation Commission:** This group added a community member and two youth to its group. They worked on adapting the language of their demand to make it more accessible. Once the whole



group meets again, they'd like to do a protocol to help them define their vision.

**2. Hiring and Retaining Teachers of Color:** Mohamed Diop took on the role of the Hiring and Retaining Teachers of Color Liaison supported by a grant from the Barr Foundation. In the last meeting, the group discussed certification barriers and how having teachers that reflect the student body can

positively impact students.

- 3. Ethnic Studies:** This group has been thinking about how an Ethnic Studies program will best serve the needs and concerns of the Winooski community. A concern held by many multilingual parents is that students should be able to learn their home language in school.
- 4. Equity Review:** This group has been meeting with Opportunity Consulting - the group that is conducting the equity audit - to review the first stage of the audit which mostly involves data collection and analysis.
- 5. Student Civil Rights:** They are working on recruiting youth. They are also setting up a meeting with a DOJ representative to hopefully offer guidance on how to proceed.
- 6. Multilingual Learner Mentorship:** They are identifying students who don't have mentors and doing long-term planning for recruiting mentors.

## January Update from JFK Elementary

By Sara Raabe, JFK Principal

Happy New Year! According to the Gregorian Calendar, January 1st is the beginning of the New Year. The Gregorian Calendar was introduced in October of 1582, and is the calendar that is commonly used around the world. At JFK, our students are learning about different religious and cultural holidays throughout the year. Grades 2 and 5 are learning about the Gregorian New Year, its origins, and how it is celebrated. They are also learning about the Vietnamese New Year called Tet. Tet begins with the first new moon of the lunar calendar and ends on the first full moon of the lunar calendar, 15 days later. The Lunar calendar is based on the cycles of the moon, so the dates of the holiday vary slightly from year to year.

Grades 1 and 4 are learning about the Islamic New Year. Al-Hijra is the first day of Muharram, the first month in the Islamic calendar. The first year of this calendar began in Gregorian AD 622 when the Prophet Muhammad emigrated from Mecca to Medina with his companions. 1st and 4th grades are

also learning about Diwali. Diwali is the Hindu New Year, also called the Festival of Lights. Diwali takes place on the 15th day of the Hindu month of Kartika. Both the Islamic and Hindu calendars are lunar calendars made up of 12 lunar months in a year and 354 or 355 days.

Kindergarten and 3rd graders are learning about Rosh Hashanah and Tamu Loshar. Rosh Hashanah is the Jewish New Year, and is the first of the Jewish High Holy Days. It is a two day celebration and the dates are determined by the Hebrew Calendar which is a lunisolar calendar. Tamu Lhosar is a new year festival of the Gurung people of Nepal and regions of India. This festival marks the beginning of the Tamu Sambat or Gurung Calendar.

As we continue to grow and learn as a community, our students have the amazing opportunities to learn about many cultures and religions in an informative and balanced way. These learning experiences highlight one of the ways our students are working on the Community and Culture Graduation Expectation.

## Winooski Student Raises Money for Humane Society

Hi my name is Hattie and I make jewelry. All the money I make goes to the Humane Society.

I thought of the idea because I found my mom's old jewelry stuff in the closet and I thought I should make some!

First I just made some for my friends and family. Then, I thought, "what if I made some over the summer and got money for the Humane Society because I LOVE dogs?!" Me, my sister, and my mom started making jewelry in my basement and before we knew it we had \$87 raised!

My dad had the idea to make a website so on the website we have pictures and prices of the jewelry. We have bracelets, earrings and necklaces, and- SURPRISE! I am going to start making things out of wood to add to our website to sell!

Here are some of my reviews from real customers!

*"Hattie's bracelet has gotten so many compliments from my friends! I love that I got to buy something handmade to support a great cause!" - Miss Lane*

*"It was really cool to see my friend making jewelry to help out animals!" -Ac*

*"It was so pretty! I loved the designs and how the money is going to a place that needs it!" -Saranya*

Here is our website: <https://sites.google.com/wsdvt.org/handpfundraiser/work>  
Email: 2030hcoffey@wsdvt.org if you are interested!



## Intro to Coding

By Mag Thomas

One of the favorite afterschool programs is Intro to Coding. Students from Kindergarten to 3rd grade meet once a week with Mr. Carl and the iPads! They are introduced to the concept of coding using fun apps on the iPad. The programs include challenges and puzzles to help the students practice problem solving strategies.

Students can even make their own levels, which allows them to go at their own pace. They are encouraged to share their work with others in the class. Who knows, we may have some future computer programmers in our midst!!



### WMHS Afterschool Programs for Winter/Spring Sessions

By Nancy Keller, WMS teacher and 21st CCLC Afterschool Coordinator

Registration is now open for the Winter/Spring sessions of Winooski Middle and High School's 21st CCLC Afterschool programs!

We have a host of NEW programs for the Winter/Spring sessions:

- **WMS Young Writers Project**, a club for writers to create, brainstorm, and share their writing with each other
- **WHS Journalism**, a chance to join UVM college students to tell stories that matter about Winooski in video and print
- **WMHS Volleyball**, check it out and see how much fun it can be!
- **WMS Junior Iron Chef**, a team of five middle school chefs devoted to honing their cooking skills for a statewide culinary competition on March 12, 2021. Priority given to MS students who participated in the last competition that did not get to compete due to the pWMS Gaming Club, a club designed for playing and creating video games, board games, and computer games
- **Linking Engineering to Life**, Biomedical, a STEM program with UVM's College of Engineering for MS girls and non conforming youth
- **WMS (and Grade 9) Knitting Club**, a group for beginning to advanced knitters
- **WHS Technology Core Support**, an opportunity for extra help with Personal Finance or Entrepreneurship projects

Middle and high school students can also choose to sign up or continue with a program from Session 1:

- **Middle School FUN**, a high-interest and active drop-in program for middle school students
- **Intermediate Violin Class**, group lessons for violin students in grades 6 through 8
- **Above the Influence**, a student club for middle school students who are interested in learning about the health impacts of substances and working for community change
- **STARBASE 2.0**, a "hands-on, mind-on" robotics program for middle school students
- **WMS and WHS PeaceJam**, a student club engaged in community-based activities to address local and global issues
- **WMS and WHS Anti-Racism Club**, a student action group dedicated to becoming an anti-racist school district
- **WMS and WHS Instrumental Support**, a musical ensemble opportunity for band and orchestra students
- **WMS and WHS Anything Goes**, academic support for any class in middle and high school
- **WHS HERO Program**, a "hands-on" opportunity for students to learn about careers in medicine and health care
- **WMS Rosie's Girls**, learn how to use tools, design and decorate hand-made projects, and build lasting friendships (for current students enrolled)

Interested in enrolling? Most programs begin the first week of January 2022, so please visit WSD's website ([wsdvt.org](http://wsdvt.org)), select "Parents and Families" from the main menu to learn more, and then email or call Suzanne Skaflestad at [skaflestad@wsdvt.org](mailto:skaflestad@wsdvt.org) or 802-655-6041.

We hope to see new and returning students for our afterschool programs for Session 2!



*Building bird houses with Rosie's Girls*



*Building and programming Lego robots*



## Exploring Surrealism through Still Life Art

By Emily Jacobs, WMS Visual Arts Teacher

Our Winooski Middle School Artists recently completed surrealist Still Life artworks, showing off their creativity, their knowledge of Surrealism, and advanced shading techniques. Students were tasked with rendering the objects in their Still Life so that they appeared three-dimensional, creating the illusion of form in their 2D works. We began this project in late October, and so many students chose to give their surrealist Still Life art a particularly spooky vibe, as is common in Surrealism.



Eliza, 8th-grade



Moo-July, 7th-grade



Hue, 7th-grade



Legacy, 8th-grade



Nabina, 8th-grade



Asheera, 8th-grade



Mapenzi, 8th-grade



Phoebe, 7th-grade



## Opportunities Fair, Cultural Celebration and Expos are Back!

By Co-Principals Jean Berthiaume & Kate Grodin

On December 15th, Winooski High School students participated in an opportunities fair and cultural celebration. At the opportunities fair students participated in both workshops and were provided the chance to walk around to meet employers and organizations from around the state.

The workshops were with our two tech centers, local colleges and universities, and organizations such as 4-H (UVM Extension), Army National Guard, Girl Scouts, The Governor's Institutes of VT, Opportunities Credit Union, Spartans Advance, Vermont Youth Conservation Corps and Winooski Community Services. The fair provided students

with the chance to speak with and connect with the following employers and community organizations: Northern Vermont Area Health Education Center, YMCA, Winooski Police, VTrans - Vermont Agency of Transportation, VSAC Gear Up - Vermont Student Assistance Corporation, Twincraft Skincare, ECHO Lake Aquarium and Science Center, City of Winooski, Catamount Trail Association, and more.

During the same day students participated in a cultural celebration. Students lead workshops about aspects of their culture such as the opportunity to learn about language, arts, dance, music, games, traditions, and more. This

celebration included a cultural fashion show and dance performance that was held in our school's main gym. This marked one of the first times we've been able to celebrate our community during the pandemic and capital project.

Lastly, teachers and students have been working hard to plan and prepare for the return of Expo week in January. This is an opportunity for our students to demonstrate our graduation expectations known as GXs. GXs are our communities identified transferable skills that all students need to practice and have to be successful after high school. Expo week will be January 12th to January 19th, 2022.

## WSD HEALTH CORNER

### Health Information

By Katharine Monje RN BSN, School Nurse

Happy New Year from the Health Office! We hope that all had a peaceful holiday season.

If you haven't already done so, please consider getting your flu and COVID vaccines!

COVID-19 is still here. One thing we

can do to beat it and to get vaccinated.


In the health office we are wrapping up hearing and vision screenings. If your child needs further evaluation, a referral letter to your PCP will be sent to your home.

Liz and I are still doing everything we

can to keep COVID-19 out of the school buildings. If your child has ANY COVID symptoms, even if you think it is "just a cold" please do not send them to school.

As always please feel free call or text the COVID Hotline with any questions at 802-556-2243.



# WINOOSKI SCHOOL MENUS



## Winooski Elementary School Breakfast

### January 2022

V =Vegetarian    Menus are subject to change


Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Iced Breakfast Bun</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	4 <b>Blueberry Bread</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	5 <b>Cinnamon Toast Crunch Bar</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	6 <b>Bagel w/ Cream Cheese</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	7 <b>Fruit Filled Muffin</b> Honey Roasted Sunflower seeds Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety
  <b>No School</b>	11 <b>Blueberry Bread</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	12 <b>Cinnamon Toast Crunch Bar</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	13 <b>Bagel w/ Cream Cheese</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety	14 <b>Fruit Filled Muffin</b> Honey Roasted Sunflower seeds Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety
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31 <b>Iced Breakfast Bun</b> Asst. WG Cereal Honey Roasted Sunflower seeds Assorted Fresh, Dried or Canned Fruit Milk Variety				Please advise us if special meal accommodations are required for allergens or other special dietary needs.


### Meals Are Free To All Students

Adult Breakfast \$1.85  
Adult Lunch \$3.85  
Milk \$0.50


Please Click Links Below for Nutrition Information on Daily Options:  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

[Milk](#)   [Condiments](#)  
[Fresh, Dried Or Canned Fruit](#)

Pay for meals on-line. Click on Link Below:  


Click Image Below for employment opportunities  





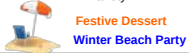

This institution is an equal opportunity provider.



## Winooski Elementary School Lunch

### January 2022

V =Vegetarian    Menus are subject to change


Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Meatball Sub</b> Garden Pasta Salad Y Baked Beans Assorted Fresh, Dried or Canned Fruit Milk Variety	4 <b>Spaghetti w/Meat Sauce (Ground Beef)</b> Y Spinach Salad Y Garlic Green Beans Y Garlic Breadstick Assorted Fresh, Dried or Canned Fruit Milk Variety   National Spaghetti Day	5 <b>Cheesy Breadsticks</b> Y Marinara Dipping Sauce Cheddar Broccoli Soup Assorted Fresh, Dried or Canned Fruit Milk Variety	6 <b>Corn Dog</b> Y Tossed Garden Salad Y Magenta Slaw Assorted Fresh, Dried or Canned Fruit Milk Variety	7 <b>Chicken Fried Rice (w/Peas &amp; Carrots)</b> Y Roasted Broccoli Y Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety
  <b>No School</b>	11 <b>Tater Tot Nachos</b> Y Garden Salsa Y Rice Pilaf Y Baked Beans Assorted Fresh, Dried or Canned Fruit Milk Variety	12 <b>Cheese Pizza</b> Y Pepperoni Pizza Y Veggie Pizza Caesar Salad Y Fresh Cucumber Sticks Assorted Fresh, Dried or Canned Fruit Milk Variety	13 <b>Homemade Beef Goulash</b> Y Steamed Corn Y Garlic Breadstick Assorted Fresh, Dried or Canned Fruit Milk Variety   BIRTHDAY CELEBRATION	14 <b>French Toast Sticks</b> Real Maple Syrup Y Sweet & White Hometies Sausage Links Y Fresh Green Pepper Strips Assorted Fresh, Dried or Canned Fruit Milk Variety
17 <b>Meatball Sub</b> Garden Pasta Salad Y Baked Beans Assorted Fresh, Dried or Canned Fruit Milk Variety	18 <b>Beef Nachos Supreme</b> Y Garden Salsa Y Rice Pilaf Y Mexican Corn Assorted Fresh, Dried or Canned Fruit Milk Variety	19 <b>Cheese Pizza</b> Y Roasted Broccoli Y Fresh Carrot Sticks Assorted Fresh, Dried or Canned Fruit Milk Variety	20 <b>Dress Your Own Burger on a Bun</b> Dress Your Own Hot Dog Three Herb Potato Salad Y Baked Beans Fresh Watermelon Milk Variety   Festive Dessert Winter Beach Party	21 <b>General Tso Chicken</b> Y Rice Pilaf Y Oven Crisp Tater Tots Seasoned Green Beans Y Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety
24 <b>Hearty Beef Meatloaf</b> Y Roasted Sweet Potato Wedges Roasted Beet Wedges Y Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety	25 <b>Chicken &amp; Cheese Quesadilla</b> Y Garden Salsa Y Rice Pilaf Y Steamed Corn Assorted Fresh, Dried or Canned Fruit Milk Variety	26 <b>Cheesy Breadsticks</b> Y Marinara Dipping Sauce Cheddar Broccoli Soup Assorted Fresh, Dried or Canned Fruit Milk Variety	27 <b>Creamy Macaroni &amp; Cheese</b> Steamed Green Beans Y Fresh Carrot Sticks Y Homemade Cornbread Assorted Fresh, Dried or Canned Fruit Milk Variety	28 <b>Layered Chicken Bowl</b> Y Baked Beans Y Dinner Roll Assorted Fresh, Dried or Canned Fruit Milk Variety
31 <b>Chicken Patty Sandwich</b> Y Lettuce & Tomato Y Hand Cut French Fries Y Fresh Carrot Sticks Assorted Fresh, Dried or Canned Fruit Milk Variety				Please advise us if special meal accommodations are required for allergens or other special dietary needs.


### Meals Are Free To All Students

Adult Breakfast \$1.85  
Adult Lunch \$3.85  
Milk \$0.50

Please Click Links Below for Nutrition Information on Daily Options:  
Fruit & Yogurt Parfait w/Granola, Deli Turkey & Cheese Sandwich, Sunbutter & Jelly Sandwich w/Cheese Stick  
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

[Deli Options K-8](#)  
[Fruit & Yogurt Parfait w/Granola](#)  
[Milk](#)   [Condiments](#)  
[Fresh, Dried Or Canned Fruit](#)

Pay for meals on-line. Click Image Below  


Harvest of the Month: Beets  
  
Click on the image above for more info on the Harvest of the Month!

This institution is an equal opportunity provider.

## Letter from the Mayor

By Kristine Lott

Hi Neighbors,

City Council and Staff are currently in the Fiscal Year 2023 budget process! We hope that you've found these meetings informative and helpful in preparation for Town Meeting



Day (March 1, 2022). Our proposed city budget maintains current services without any big new asks. While we aren't asking to add new staff, services, or initiatives, the consumer price index and cost of living have increased a lot this past year - to keep up with inflation, we are looking at a modest tax rate increase of just under 3% (about \$75 more per year for the average homeowner). There is still time to have your voices heard during this important decision-making process - to view the budget info, presentations, schedule and meeting attendance info, please visit [winooski.vt.gov/fy23](http://winooski.vt.gov/fy23). You can join us in person at City Hall (masks required) or by computer and phone.

Speaking of Town Meeting Day, I'd like to remind residents that we will be implementing all-resident voting for municipal/school elections. This means all legal residents of Winooski can vote on the local ballot even if they are not yet US citizens. We're updating our voter registration process, training election workers, and planning outreach throughout the winter to educate residents. For full details on how to vote in Winooski, please visit [winooski.vt.gov/vote](http://winooski.vt.gov/vote). Also, two City Council seats are up for election - if you are interested in running, you can pick up a petition to collect 30 signatures and get your name on the ballot. Petitions are due back to City Hall Monday, January 24, 2022. If you're interested in serving the community, have an interest in local government, or feel your perspective is not represented right now, please consider running. I am happy to speak with you and share about the role and

time commitment.

Following Town Meeting Day, we have another exciting event that begins on March 7th, our Centennial Celebration! Join us in celebration of the City's 100th birthday - learn more at [legacy.winooski.vt.gov](http://legacy.winooski.vt.gov).

Finally, you have likely heard that we passed a city-wide indoor mask mandate for public spaces last month. Signage for businesses and masks for community members are available - for full details regarding the mandate and for additional COVID-19 resources, please visit [winooski.vt.gov/covid-19](http://winooski.vt.gov/covid-19). I encourage everyone to mask up again as cases continue to rise. I hope everyone was able to enjoy the holiday season with a little more family and friend time than last year, even if we have not yet returned to our previous normal. Thank you for continuing to wear masks, test when needed, and follow the Health Department's guidance. We are a strong and resilient community, dedicated to supporting each other, and I am very thankful to live in Winooski.

As always, feel free to reach out at any time.



## From Your Local Representatives

### **All Resident Voting in Winooski – Constitutional or Not?**

By Representative Hal Colston

The Republican National Committee and the Vermont Republican Party is challenging through a lawsuit the constitutionality of Act M-6 the law allowing legal residents to vote only in local elections. So, forgive me for getting technical, but this string of legislative and court actions is important. With

regards to constitutionality, the question is whether Vermont Constitution Ch. II, § 42 (voter's qualification and oath) and Vermont Constitution Ch. I, Art. 8 (right of voters in elections) provide the qualifications to vote and hold office in all elections in the State, or whether the General Assembly's authority set forth in Vermont Constitution Ch. II, §§ 6 and 69 to constitute towns and control municipal charters, respectively, allows the General Assembly to provide different qualifications to vote and hold office in local elections.

While the Office of Legislative Council cannot provide this opinion with absolute certainty, it does appear constitutionally permissible for the General Assembly to provide qualifications to vote and hold office in local elections that are different from those constitutionally required for our general elections. The Office cannot provide this opinion with absolute certainty because there does not appear to be caselaw adjudicating this question under existing constitutional voting qualification standards, since voting rights have changed and currently, voting qualifications in Vermont are the same in general and local elections. However, this was not always the case.

It was statutory changes by the General Assembly that brought local election voting qualifications in line with the constitutional voting qualifications for our general elections, and there is no known caselaw to suggest that the requirement that these voting qualifications be the same has now become constitutionally solidified. Instead, the Supreme Court of Vermont (SCOV) has stated on at least several occasions— when voting qualifications differed in general and local elections—that the qualifications to vote and hold office in local elections are an issue within legislative, not constitutional, control. For example, the SCOV has upheld the ability of non-U.S. citizens and women to vote and hold office in local elections when those persons were constitutionally prohibited from doing so in general elections. These cases still appear to be good law. Federal law does not control this question since the Supreme Court

of the United States has held that non-discriminatory voting qualifications in state and local elections are within the discretion of the states. The Vermont General Assembly has coped with these changes over the years.

Leadership is about coping with change. The City of Winooski voted overwhelmingly at the polls to allow legal residents to vote only in local elections. 70% of the electorate voted 2 1/2 to 1 in favor of non-citizen voting. This is the local control that Vermont champions. This is the local democracy that other states covet. I feel that the lawsuit brought against Winooski is a frivolous attempt of voter suppression aimed at residents and neighbors whose voice we need to shape our community.



## Community Vision

This section of the Winooski Newsletter is designed to keep our residents and visitors informed of the progress being made in the City's Strategic Vision areas – or “community vision”. To learn more, visit [winooskivt.gov/about](http://winooskivt.gov/about).

## Economic Vitality

The City of Winooski will receive about \$2 million in federal COVID-19 relief funds over the next couple of years. These funds will be used to respond to the ongoing negative impacts of the pandemic as they relate to economic and infrastructure support. Recently, Winooski City Council outlined a process to get as much public input as possible. Over the coming months, the Council will be working with our Commissions and doing outreach at public events to get ideas from community members on what we should prioritize. Your input is strongly encouraged! Stay up to date with our news updates via [winooskivt.gov](http://winooskivt.gov).

## Municipal Infrastructure

The Main Street Revitalization Project is targeting a construction start in the spring of 2022. Maintaining clear communication with residents and property owners during the project is a priority for the City. The Department of Public Works will be leaving door hangers with a request for contact information - you can receive future updates about the project by doing one of the following:

- If you have internet access, please complete the online info intake form at [winooskivt.gov/mainstreet](http://winooskivt.gov/mainstreet).
- If you do not have internet access, please call 802 734 0022 leave a voicemail with your name, street address, and daytime phone number.

## Housing

Winooski City Council received the first housing goal update on the FY22 strategic housing priorities back in November. In December, the Council also continued a housing discussion focused on the emerging need for 3+ bedroom housing to accommodate family needs in the community. The Planning Commission will be looking into updating zoning regulations to incentivize larger housing units and additional opportunities for affordable housing.

## Safe, Healthy, Connected People

The Winooski Fire Department is excited to announce that they have promoted Bruce Palmer to the position of Fire Marshal! In this new role, Bruce will be focused on Community Risk Reduction efforts via community outreach, life safety/health inspections, construction, and commercial inspections, as well as addressing property issues throughout Winooski. The Winooski Fire Department is proud to continue to provide employment opportunities that best equip our staff to serve the community. Please join us in welcoming Bruce to this new role.



**CITY OF WINOOSKI  
INDOOR MASK MANDATE**

**MASKS ARE REQUIRED  
ALL INDOOR LOCATIONS**



Please visit [winooskivt.gov/covid-19](http://winooskivt.gov/covid-19)  
for information and updates.

## COVID-19 Information

### City of Winooski Indoor Mask Mandate

During the 12.6.21 Winooski City Council meeting, a COVID-19 indoor mask mandate resolution was unanimously passed. All individuals in the City of Winooski shall wear face coverings while indoors at locations that are open to the public. This rule was in effect as of the resolution approval and shall remain in effect for a period not to exceed 45 days following its initial adoption. The Council shall meet during the 45-day period in which this initial rule is in effect and vote either to rescind or extend for an additional 30 days.

View the full details and find resources on our COVID-19 page: [winooskivt.gov/covid-19](http://winooskivt.gov/covid-19).

### COVID-19 Testing

COVID-19 testing is available at the O'Brien Community Center (32 Malletts Bay Ave). Please visit [winooskivt.gov/covid-19](http://winooskivt.gov/covid-19) for up-to-date hours. Register at <https://vermont.force.com/events/s/selfregistration> (walk-ups are also welcome).

### COVID-19 Vaccines

COVID-19 vaccination clinics remain open for people ages 5 and up. Please visit [healthvermont.gov/myvaccine](http://healthvermont.gov/myvaccine) to schedule your appointment or find the next

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available pop-up opportunity. For current updates, resources, and municipal service information please visit [winooski.vt.gov/covid-19](http://winooski.vt.gov/covid-19).



### Reminders from the City Clerk's Office

Please note, Winooski City Hall will be closed on the following days:

- Half day December 30 (observed New Year's Eve)
- Full day December 31 (observed New Year's Day)
- Full day January 17 (MLK Day)



*From all of us at Winooski City Hall, we would like to thank Carol Barrett for her 41 years of dedicated service as City Clerk!*

Carol has retired, and we wish her all the best. To commemorate Carol's amazing career, we've dedicated the vault in the City Clerk's Office in her honor - next time you visit, be sure to check out the 'Carol J Barrett Historical Records Vault'! We've also included a special feature highlighting Carol during the Legacy Campaign - learn more about Carol's 41 years in Winooski at: [legacy.winooski.vt.gov](http://legacy.winooski.vt.gov).



While Carol will be missed, we are excited to announce that Jenny Willingham (center above) has accepted the City Clerk position! Jenny brings 20 years of experience in municipalities, most recently as the Assistant Clerk for the Town of Essex, Vermont. Previously, Jenny held Assistant Town Clerk positions in the towns of Milton and Stowe. In addition to her municipal experience, Jenny brings a passion for inclusive customer service and is excited to support Winooski's All Resident Voting charter change. Please join us in welcoming Jenny to the Winooski team and to our community!

### Community Services Updates



### Recreation and Parks

[winooski.vt.gov/rec](http://winooski.vt.gov/rec)

[f](https://www.facebook.com/winooskirec) [@winooskirec](https://www.instagram.com/winooskirec)

Winooski Recreation and Parks are excited to announce our 2022 winter programs - visit [winooski.vt.gov/recprograms](http://winooski.vt.gov/recprograms) to learn more and sign up!

#### Adult Snowshoeing

Are you looking to get outside during the snowy winter months? Do you enjoy low-impact physical activity? Join us for the Adult Snowshoeing program this

winter. This is an instructor-led recreation opportunity for adults who enjoy nature walks through snowy conditions or simply those wishing to escape their cabin fever!

- Free, Ages 18+
- Saturdays, January 15 - February 19 2022
- 9 - 10am @ Winooski Parks, meetup location communicated beforehand

This is a weather dependent program based on snowfall - cancellations will be communicated. Pre-registered participants will be prioritized, but there may be capacity for walk-up participants.

#### Catamount Ski Cubs (Youth)

Interested in learning how to cross-country ski? Join Ski Cubs! This weekly program runs on Saturdays from Jan 8th to Feb 12th from 9am to 12pm at the Bolton Valley Nordic Center. This program is FREE: equipment, instruction, and ski passes are all provided and transportation is provided from the Sustainability Academy in Burlington and the O'Brien Community Center in Winooski to and from Bolton Valley. This learn to ski program is open to all youth; come ski, play games, and have fun in the snow.

#### Cooking with Rabin

Join Recreation Assistant Rabin Dahal and his guest chefs for a fun, creative, and explorative cooking program. Youth will be exposed to multiple different cuisines to expand the horizon of their taste buds.

- Free! Ages 9 - 14
- Sundays, January 16 - March 20, 2022
- 12pm - 2pm @ O'Brien Community Center

#### Crazy Science

Are you curious about the way the world works? Do you want to work on crazy, fun projects? Join us for weekly hands-on learning opportunities at Crazy Science where we will learn about introductory concepts, make predictions, and conduct science experiments. Some activities you will get to participate in include: volcano explosions, dinosaur "hunting," lego physics, homemade tornados, and so much more!

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- Free, Ages 5 – 8
- Fridays, January 14 - March 18 2022
- 3:30pm - 4:30pm @ O'Brien Community Center

### Dance! Ballet and Jazz

Learn the fundamentals of ballet and jazz with Spotlight Vermont instructor Emma Blatt in a positive and encouraging environment. Each week, Emma will lead dancers in a fun warm up and movement across the floor, learning dance combinations by putting together new steps. Once you start learning to dance, you won't want to stop!

- Free: Ages 4-6 / 4 – 5pm
- Ages 7-10 / 5 – 6pm
- Tuesdays, January 11 - February 15 2022 @ O'Brien Community

### Dance! Funky Jazz

Learn new moves on the dance floor this winter with Spotlight Vermont instructor Cara Beyor. This six-week program will explore different styles of dance including hip hop and funky jazz fusion, and will focus on creating community and having fun. No experience necessary!

- Free: Ages 7-10 (3:45pm - 4:45pm)
- Ages 11-14 (4:45pm - 5:45pm)
- Mondays, January 10 - February 14 2022 @ O'Brien Community Center

### Drop-in Teen Center

Looking for a place to hang out with your friends on Friday nights? Stop by our Drop-In Teen Center for games, movies on the projector, snacks, videogames, pickleball, indoor bowling, and more! Bring your friends, bring your games from home, and bring your excitement!

- Free, Ages 12 – 18
- Fridays: January 14 2022, February 11 2022, March 11 2022
- 6:30pm - 9pm @ O'Brien Community Center

### Friday Family Films

Join Winooski Recreation and Parks for Friday Family Films at the O'Brien Community Center! One Friday per month we will screen a family-friendly movie in the O'Brien Community Center

Gymnasium. We'll put out mats and chairs, and play a movie on the big screen. Bring your own blankets and popcorn and join us for a great time.

- Free, Ages 12+/Youth with adult supervision
- **January 15 2022** – Tom & Jerry The Movie
- **February 19 2022** – The Lion King (2019)
- **March 18 2022** – Coco
- 6:30pm - 8:30pm @ O'Brien Community Center

### Get Air Trampoline Park

Are you interested in releasing some energy, playing games with friends, and jumping? Join this program to go to Get Air trampoline park for fun with friends! Get Air offers different activities and games including basketball, dodgeball, slamball, ninja activities, an obstacle course, and an open trampoline area for jumping!

- Free, Ages 10 – 14
- Fridays, January 14 - March 18, 2022 3pm - 5pm @ Get Air Trampoline Park (Williston)

Youth will meet Recreation & Parks staff at JFK playground (Winooski School) for transport to and from Get Air.

### Snowboarding with Burton CHILL

Are you itching to get outside during the snowy winter months? Do you enjoy winter sports and spending time on the mountain? Join the Snowboarding with Burton CHILL program if you wish to spend your Wednesday evenings shredding down the slopes at Bolton Valley Resort! No experience necessary - there will be a Burton CHILL volunteer to help with tips/lessons. Show us what you've got!

- Free, Ages 10 – 18
- Wednesdays, January 12 - February 16, 2022 3pm - 9:15pm @ Bolton Valley

Youth will meet Recreation & Parks staff at JFK playground (Winooski School District) - transportation will be provided to bring kids back to JFK. Bring a meal! There will be designated mealtime, but food is not provided.

### Teen Job Training

Winooski Recreation & Parks is excited to present our Teen Job Training Series! Teens can sign up for any of the free professional trainings below. After successful completion of the program, teens are guaranteed an interview with the City of Winooski for the job related to the training they completed.

#### 1. Lifeguard Certification -

Interested in getting certified as a lifeguard and working at the Myers Memorial Pool this summer? Sign up for this free American Red Cross Lifeguard Course run by a GBYMCA certified instructor and qualify to be eligible to interview for a job at the Myers Memorial Pool for the 2022 season. Teens will participate in 4 weeks of mandatory swim lessons to develop their fitness in order to pass the lifeguard swim test.

**2. Safe Sitter Certification** - sign up to take part in our Safe Sitter babysitting certification course as well as get certified in CPR/First Aid. Completion of the course guarantees an interview for a position working with Winooski Recreation for our Parents Night Out Series.

### Winter Arts and Crafts

Join Recreation & Parks for a weekly arts and crafts hour at the O'Brien Community Center. Toddlers will engage in seasonal activities and art projects that connect them to the outdoors. Drop by on Thursday afternoons and wear clothes that can get messy!

- Free, Ages 3 – 5
- Thursdays, January 13 - March 17, 2022
- 10am - 11am @ O'Brien Community Center

### Winter Break Camps

Winooski Recreation & Parks proudly present our 2021/2022 Winter Break Camps! These camps engage kids in grades K-5 in STEM activities, artistic expression, free play, and fun and games. Camps will be following all health and safety guidance from VT state agencies as well as Winooski School District rules.

- **STEAM Superheroes** (Week of December 29 / W - F / 9am - 3pm) - explore and learn about the science

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of superheroes.

- **Winter Olympics** (Week of February 21/ M - F / 9am - 3pm) - engage in and investigate the science behind your favorite Winter Olympic sports, while trying your own luck at some of these athletic events.
- **Top Chef** (Week of April 18/ M - F / 9am - 3pm) - get ready to experiment and create as we learn about the science of cooking and create our own crazy dishes.

### Yoga for Kids

Yoga for Kids will introduce K-5 students to the practice of yoga through weekly sessions that are geared towards kids. Over a series of sessions, local yoga instructor Emily Fixx will engage students in beginner yoga that is welcoming of all abilities.

- Free, Ages 5 – 11
- Limited mats are available to borrow.
- Saturdays, January 15th - March 19, 2022 12pm to 1pm @ O'Brien Community Center

### Youth Basketball

Students will practice one time per week in the Winooski School District Gymnasium. Youth will work on dribbling, shooting, footwork, and team play in this skills-based clinic series.

- Free, Ages 5 - 11
- Saturdays, January 15 - February 26, 2022
- 10:30am - 12pm @ Winooski School District Gymnasium

### Youth Board Game Club

Join Winooski Recreation and Parks for dinner and games at the Boardgame Cafe on Thursday evenings! Explore the diverse board game world - participants will have the opportunity to play classic games such as Monopoly and Battleship or explore complex games such as Root and Wingspan.

- Free, Ages 10 - 14
- Thursdays, January 13 - March 17, 2022 5:30PM - 7:30PM @ Boardroom Café (Burlington)
- Dinner provided

### Youth Climbing Team

Winooski Recreation and Parks have partnered with Petra Cliffs to offer a youth climbing team! Youth will work with a team of coaches to learn the basics of climbing techniques, get comfortable with safe belaying, and build their confidence. Youth will practice one time per week but will have access to the gym outside of their meeting time. All rental gear is provided.

- Free, Ages 5 – 11
- Mondays & Tuesdays, January 10 - March 15, 2022 3 - 5pm @ Petra Cliffs Climbing Center (Burlington)
- Transportation to Petra Cliffs available; pick up & drop off at the Winooski School District

### Vermont Patriots Youth Soccer – 2022 Winter/Indoor Season

Our partnership with Vermont Patriots Youth Soccer continues – sign up for our 2022 indoor season! Coaching sessions are first and foremost child-centered, age-appropriate, and fun.

- U8 – U12
- January – March



### Thrive After School

[winooski.vt.gov/thrive](http://winooski.vt.gov/thrive)

 [@thrivewinooski](https://www.facebook.com/thrivewinooski)

Thrive After School is a state-licensed, 3 STAR childcare/enrichment program that runs from 3–5:30pm Monday - Friday. We partner with WSD to provide a community where children in grades K-5 explore, learn, and grow during their after school hours. During Thrive, students engage with creative arts, STEM and Makerspace activities, literacy skills, cooperative and socio-emotional learning, outdoor play, and more.

Thrive costs \$19 per day enrollment or \$90 for full week. We accept state

childcare subsidy as well as offer scholarships to families in need.

For full details and to sign up, visit [winooski.vt.gov/thrive](http://winooski.vt.gov/thrive).



### Winooski Memorial Library

[winooski.vt.gov/library](http://winooski.vt.gov/library)

  [@winooskilibrary](https://www.instagram.com/winooskilibrary)

### Audiobooks, Ebooks, & More

Did you know that all Winooski Memorial Library cardholders have access to FREE online resources including audiobooks, ebooks, film streaming, language learning, educational and professional development courses, and more? Visit [winooski.vt.gov/library](http://winooski.vt.gov/library) or stop by the library for questions about access and/or additional information.

### Citizenship Prep Class

We're excited to announce our partnership with USCRI Vermont to offer their Citizenship Preparation Class. This weekly program is open to any green card holder interested in practicing English literacy and civics education.

- Wednesdays from 10 - 11:30am @ the Winooski Memorial Library
- Free to join, open to adult green card holders 18+
- To register, contact Nancy Lindberg at [nlindberg@uscmail.org](mailto:nlindberg@uscmail.org) / 802 654 1704

### Community Restorative Justice Circle

Join us on the third Thursday of every month for our Community Restorative Justice Circle. Facilitated by Kayla Loving, Restorative Justice Coordinator at Spectrum Youth & Family Services, the circle practice is one of the most well-known restorative justice practices. Eat together, share stories, and talk about what changes you'd like to see in the community.

If you have an interest in getting to



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know your neighbors on a deeper level, learning about restorative justice, and organizing for change in your community, consider joining us. Everyone is welcome. Interpretation can be provided if we are notified ahead of time.

- Wednesday, January 19 from 6 – 7pm.
- Free to join, open to all.

“Restorative justice is a philosophy and set of practices, rooted in indigenous teachings, that emphasize our interconnection by repairing relationships when harm occurs while proactively building and maintaining relationships to prevent future harm” (Amplify RJ).

### Dad Guild Playgroup

Join the Dad Guild for an afternoon of play and connect with other parents, guardians, and caregivers - all are welcome regardless of gender identity! This event is free and open to all.

- Saturday, January 15 from 12:30 – 2pm
- Children 0-5; parents, guardians, and caregivers.

About Dad Guild: Founded in 2019, Dad Guild is a 501(c)(3) nonprofit organization formed to create a supportive network for new fathers in the greater Burlington, VT region. They offer opportunities for dads to connect with one another, share their experiences, model positive father engagement, and advocate for parental equality.

### English Conversation Group

We're excited to announce our partnership with USCRI Vermont to offer their English Conversation Group program! Join a weekly conversation group to practice English skills. Each week will have a different theme and new vocabulary to practice. Do you have a topic you would like to talk about? Join the conversation!

- Tuesdays 11am-12pm @ the Winooski Memorial Library
- Free to join, open to adults 18+

### Library of Things

Did you know the library has a collection of nontraditional items available for loan to Winooski cardholders? We call this our “Library of Things” and it includes such items as birding backpacks, local museum and VT State Park passes, home and yard tools, board games, blood pressure kits, a telescope, and more! Stop by today and check-out something new.

### Playgroup and Family Support

Join the Winooski Memorial Library and Howard Center for a fun playgroup for parents, caregivers, and young children ages 0-5. Every Tuesday we will meet at the Library from 12 - 1PM for activities such as reading stories, movement exercises, and sing-alongs. Adults will also have the opportunity to talk about child development or just chat. Come connect with your child and meet other families within your community!

For more information, please reach out to Kirsten Wilson, Children's Engagement Specialist: [kwilson@winooski.vt.gov](mailto:kwilson@winooski.vt.gov) / 802 655 6424

### STEAM Ahead Saturdays

Find us on Saturdays from 10 – 11AM for our STEAM Activity hour. Each week will feature a new project for young learners that will engage the mind and introduce participants to science, technology, engineering, art and math-based concepts!

This program is intended for youth ages 5 and up, however parents are encouraged to partake! Youth should attend in clothing appropriate for art projects.

### Winooski Reads Book Club

The Winooski Library is excited to offer a chance to participate in our new Winooski Reads Book Club for adult readers (18+)!

Join your friends and neighbors for a lively discussion of each month's selected title and share your thoughts, insights, and reactions to the book. Free to take part, email or call Nate Eddy, Library Director, at [neddy@winooski.vt.gov](mailto:neddy@winooski.vt.gov) / 802 655 6424

### Weekly Storytime

Join us on Tuesdays and Thursdays at 10AM for our weekly storytime! We'll be reading our favorite books, singing songs, doing a little dancing, and sharing in fun! No registration required.



### Winooski Senior Center

[winooski.vt.gov/seniorcenter](http://winooski.vt.gov/seniorcenter)

 @winooskiseniorcenter

The Winooski Senior Center is open on Tuesdays, Wednesdays, & Thursdays from 9:30AM – 1PM. Join us for events and programs! Stay connected with us: 802 655 6425 - voice mail 24/7. Email us at: [seniorcenter@winooski.vt.gov](mailto:seniorcenter@winooski.vt.gov)

#### TUESDAYS

##### Coffee Chat & Breakfast Cafe

Everyone is welcome to join us on Tuesdays and Thursdays from 10 - 11am as we gather and converse with community members. Our eat-in Breakfast Cafe now features hot breakfast sandwiches, fruit, treats and plenty of coffee and tea - priced by donation.

##### Fun & Games

Do you like to play Cribbage, Scrabble, Card Games, Wii Bowling, or Ping Pong? We've got it all and more! Join us from 11am – 1pm for tons of fun, conversation and snacks. FREE!

#### WEDNESDAYS

##### Vintage Cafe

Join us every Wednesday from 10am to Noon. Join us for coffee, tea, treats and great music. FREE!

## WINOOSKI MUNICIPAL UPDATES

### More than a Meal - Free Meals for Seniors

In partnership with Age Well, we are offering Older Vermonters (60+) a free nutritious meal every Wednesday. We want to continue to support you being well at home and provide you with an opportunity to stay connected to your community while enjoying a healthy and deliciously prepared meal, and some goodies from us! Pick up between 10am and Noon at the Center. Reservations must be made by Noon the Friday before the scheduled Wednesday meal. Please call us at 802 655 6425 or email us at [seniorcenter@winooskivt.gov](mailto:seniorcenter@winooskivt.gov) for the weekly menu and to register for this program.

### THURSDAYS

#### Coffee Chat & Breakfast Café

Everyone is welcome to join us on Thursdays and Tuesdays from 10 – 11am as we gather and converse with community members. Our eat-in Breakfast Café now features hot breakfast sandwiches, fruit, treats and plenty of coffee and tea - priced by donation.

#### Arts & Crafts

Everyone is welcome to join us on Thursdays from 11am – 1pm as we gather and create beautiful works of art to take home. Join us for card making, woodworking, coloring and more! New programs every week. Call us for the schedule. Coffee, tea, and treats will be served. FREE!

### SPECIAL EVENTS

#### Bone Builders - Mondays and Wednesdays at 2 – 3pm - NEW TIME!

RSVP Bone Builders is designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging.



**MEALS on WHEELS  
AMERICA**

#### Meals on Wheels

If you know of an older Vermonter who has special nutrition requirements or is having difficulty with meal preparation, please call Age Well at 802 863 0360 to find out the eligibility requirements. No one is denied meals due to an inability to donate. Volunteer drivers are always needed.

#### AARP Tax Aide

The folks from AARP Tax Aide will be returning this year for free tax services from February - April. We'll start taking appointments at the end of January. Appointments will be on Mondays and Fridays.



Come visit our 'Artist-in-Residence', Tom Locatell. Tom is a Winooski artist, woodworker and carpenter. He has a workshop set up at the Winooski Senior Center for the winter months and will be providing demos, workshops and programs for all age groups. Stop by and meet him during regular Senior programming hours. See Tom in action – search 'Hewing Fallen Trees - Stuck in Vermont' on youtube.com!

## YOUR LOCAL MEDIA

Watch local programs, regional events, and municipal meetings on cable TV and online. Learn how to make your own community media.



- MEDIAFACTORY.ORG + CREATE Channel 15 (BT), HD 215 (BT), 1074 (Comcast), LEARN Channel 16 (BT), HD 216 (BT), 1094 (Comcast)
- CH17.TV + Channels 17 (BT), HD 217 (BT), HD 317 (BT), 1087 (Comcast)



# Thank you for supporting Winooski businesses in 2021

*By Meredith Bay-Tyack, Executive Director, Downtown Winooski*

Thank you for showing up for Winooski businesses in 2021! We saw our business community pivot to best serve their customers and employees safely. Kudos to everyone! Please continue to make a plan to commit to spending time and dollars locally all while showing your neighbors kindness. If you have a story about an experience at a Winooski business to share, we want to hear from you! Email Downtown Winooski's director at [meredith@downtownwinooski.org](mailto:meredith@downtownwinooski.org).

## Winooski Centennial Celebration

The week of March 7, 2022, we will be celebrating the City of Winooski's 100th birthday with a series of events and opportunities to learn about Winooski's last 100 years. Want to get involved, volunteer, perform or just find out what's happening? Visit <https://www.legacy.winooskivt.gov/> for more information on the Legacy Campaign and the Centennial Celebration. We will not only be looking back at the last 100 years but looking forward to the next decades in Winooski and how to best create a safe, welcoming community for all.



Land acknowledgement: We would also like to acknowledge that the name Winooski comes from the Western Abenaki [A-ben-A-kee]. They are the traditional stewards of these forests, lands, and waters, which they call Ndaकिनna [in-DAH-kee-NAH], or "homeland." We respect their spiritual and lived connections to this region and remember the hardships they've endured and forced displacement at the hands of colonizing peoples.

## Winooski Farmers Market - 2022 Vendor Application launches soon!

Get on the list to be the first to hear about the Winooski Farmers Market. If you have feedback or input, we also want to hear from you! Visit [www.downtownwinooski.org/winooski-farmers-market](http://www.downtownwinooski.org/winooski-farmers-market) to sign up for the latest 2022 news and to share your thoughts and ideas.



## 2022 Events in Winooski: We need \*your\* input!

We can't wait to keep making magic in Winooski in the new year. If you are interested in volunteering or you want to find out about any of the annual events coming up in Winooski in 2022 including Art Walks, Winooski Farmers Market, French Heritage Day, Juneteenth, Winooski Wednesdays, Halloween in Winooski and more, we would love to hear from you! Email [info@downtownwinooski.org](mailto:info@downtownwinooski.org) or drop us a note on social media @DowntownWinooski.



## Did you know?

Downtown Winooski is a non-profit here to help businesses and the community build a thriving city. If you want to learn more about what we do, please visit <https://downtownwinooski.org/support-our-work/> or set up a time to speak with our Executive Director, [meredith@downtownwinooski.org](mailto:meredith@downtownwinooski.org).



**WE LOVE WINOOSKI**  
NOW MORE THAN EVER

**Where you shop, dine, & spend your time matters!**

**RETAIL**  
Purchase gift cards from local shops, spas, salons, & services to show your support.

**HOSPITALITY**  
Order online for delivery or curbside pickup from local restaurants, bars, & cafés.



[downtownwinooski.org](http://downtownwinooski.org)

## Happy 2022 (and join us for a meal!)

By Jane Henderson, Winooski Partnership for Prevention Grants Manager

Hello Winooski, we hope that you each had a peaceful transition into the new year. We are grateful to be part of this community and looking forward to another year of providing tips on how we can help Winooski's youngest members stay safe and healthy.

### New Year, New Expectations

The changing of the year can serve as a great opportunity to connect with your youth. Parents and caretakers have significant influence in their children's decisions to experiment with alcohol, commercial tobacco, and drug such as cannabis/THC. One of the best things parents can do is to maintain a strong and open relationship with their youth. It is best to talk to young people about substance use before they are exposed. If you talk to your child directly and honestly about substance use, they are more likely to respect your rules. Start the new year off by talking to your child about the expectations that



you have about substance use. Support your suggestions to your child by letting them know how substances effect their



developing brains. Scan the QR code included to find helpful tips and data!

### Monthly Take-Out Community Dinners

One of our favorite ways to connect with Winooski is through a shared meal! We are happy to announce that we will be hosting a take-out community dinner at least once a month throughout 2022. This month we will be featuring Somali cuisine from local chef, Said Bulle (of Jilib Jiblets), who will be cooking up meat and vegetarian meals on Monday,

January 12th. We have 65 meals available for each community dinner and they are first come, first serve by way of RSVP'ing through a form that can be found first in our newsletter. Sign-up for our newsletter ([winooskiprevention.org](http://winooskiprevention.org)) to get the RSVP link first! On Tuesday, February 15th, we'll have Sherpa Foods back for another round of their wonderful momos! Hope to see you at a meal.

### Looking for Quit Resources?

Some of us use the new year to consider new and healthier habits – and that can add a lot of pressure. If you're thinking about making a change, there are a number of free resources in Vermont that can help. Many of these resources offer a quit plan tool which can help you in taking things slowly and making sure you are set-up for success. If you're looking to quit using commercial tobacco products, visit [802quits.org](http://802quits.org). If you'd like help with alcohol or drug use, visit [vthelplink.org](http://vthelplink.org). You can also reach out to us at [info@winooskiprevention.org](mailto:info@winooskiprevention.org) if you are looking for any specific resources.

## Change The World

By Sister Pat McKittrick

Every month I ask myself, "What would be meaningful in our Winooski Community Newsletter?"

Usually, I find something about resolutions or peace to write about in January. Let us make 2022 special. While searching the internet for ideas, I came across this: **What can I do to make a difference in the world?** *Together we can make a difference.* I thought it might be interesting as a community, if we looked at the 8 suggested ways below.

According to Mark Foo (<https://possibilitychange.com/how-to-make-a-difference/> for the full article):

"Many people believe that they don't have what it takes to make a difference to the world. They believe only people like Mahatma Gandhi, Mother Theresa, Thomas Edison, Albert Einstein, Bill Gates, and the like, are capable of making a difference.

The truth is, every one of us is put in this world to contribute and make a difference to the world in our own unique way. It need not be anything out of the world. It just needs to be something you do with the intention of 'doing good'.

The following are some ideas as to how small people like us can make a difference to the world.

1. **It Need Not Be an Enormous Task** -If you can't feed a hundred people, then feed just one. – Mother Teresa
2. **Start Now** -How wonderful it is that nobody need wait a single moment before starting to improve the world. –Anne Frank
3. **Your Contribution is Never Too Small** – Nobody can do everything, but everyone can do something. – Author unknown
4. **The Greatest Gifts of All** – Thousands of candles can be lighted

from a single candle, and the life of the candle will not be shortened. - Buddha

5. **Empower Other People** — Abilities wither under criticism; they blossom under encouragement. – Dale Carnegie You can change the world by helping one person at a time. –Dale Carnegie
6. **Seek to Make a Long-Lasting Effect** The greatest good you can do for another is not just to share your riches but to reveal to him his own. - Benjamin Disraeli
7. **Stop Whining and Do Something** If you have time to whine and complain about something then you have the time to do something about it. – Anthony J. D'Angelo
8. **Lead the way** – A good example has twice the value of good advice. – Albert Schweitzer"

## Winooski Food Shelf Schedule for January

By Linda Howe, Winooski Food Shelf Coordinator

<b>Saturday, January 8th</b>	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers
<b>Wednesday, January 12th</b>	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers
<b>Saturday, January 22nd</b>	9:30am to 11:00am	Veggies, deli, bakery, meat, eggs, diapers
<b>Wednesday, January 26th</b>	1:00pm to 3:00pm	Pantry staples, veggies, eggs, meat, diapers

Happy New Year!! The Holiday Season is behind us. We are grateful that our volunteers and donors were able to meet the needs of so many Winooski residents over this past year. We provide a 2 to 3 day supply of food each month to about 800 Winooski residents. We look forward to serving the community again in 2022. Our big “wish” for 2022 is that the walk-in cooler/freezer we ordered the summer of 2021 will actually “show up” amidst serious supply chain disruptions.

**Food Shelf Policy:** Winooski residents coming for the first time should bring proof that you live in Winooski such as a utility bill or rental lease. Winooski residents may access the pantry staples one Wednesday each month. They may also come both Saturdays to stock up on bread, pastry and some fresh fruits and veggies. Shaw’s in Colchester and

Winooski’s own Commodities Natural Market help supply Saturday’s food.

**Where to find us:** The Winooski Food Shelf is located in the United Methodist Church at 24 West Allen Street. We do not provide rides so please bring a wheeled cart or suitcase and some bags to lug your food home. The church phone number is 802-655-7371

**Cash donations needed:** The Food Shelf is growing rapidly. More and more of the food must be purchased since donations of food items cannot meet demand. Checks can be mailed to: The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. You may also donate at [winooskifoodshelf.org](http://winooskifoodshelf.org).

**Donation Drop Off Locations:** **Please do not leave food on our doorstep when we are closed.** Instead, please bring **unexpired and unopened**

food donations to: Commodities Natural Market, 65 Winooski Falls Way, phone: 448-3340 or to J & J’s Corner Market, 12 Malletts Bay Avenue, phone: 802-654-8003. **We especially need toiletries: toothpaste, tooth brushes, deodorant, shampoo, disposable razors and toilet paper.** Thank you for caring about our neighbors!

### Food Shelf Volunteers Needed

If you have some free time and would like to do some pickups and deliveries, pack food boxes, set up for food shelves or serve our clients, please reach out to us at our e-mail address: [winooskifoodshelf@gmail.com](mailto:winooskifoodshelf@gmail.com). We especially need help serving clients on Wednesdays. Volunteers should be able to lift 25 pounds.

## Help is Here for Problem Gambling

By Denise Vignoe, Director of Development and Communications

Problem gambling is a mental health condition that can result in serious financial consequences. According to the National Council on Problem Gambling (NCPG), it is estimated that two million Americans meet the criteria for problem gambling, while an additional four to six million have a mild or moderate gambling problem. In extreme cases, problem gambling can result in financial ruin, legal problems, loss of career and family, and significant mental health challenges.

Problem gambling includes all gambling behavior patterns that compromise, disrupt or damage personal, family or vocational pursuits. The symptoms include increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, “chasing” losses,

and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences.

We recognize that many people who struggle with addiction may be the last to acknowledge they may have a problem and need assistance. Because of this it is common to have family members or friends of the person make contact to learn about services that they can recommend.

Howard Center works with the Vermont Lottery to provide free and confidential services to individuals or their families who may be seeking education or treatment for gambling addiction.

Howard Center’s Problem Gambling Services provides free and confidential screening, assessment, individual and



group counseling for anyone who is struggling with gambling addiction. Education, support, and referral services are also provided to family members of those experiencing a gambling problem. Services are offered in Chittenden County or online throughout the state.

Our Access and Intake team and main number 802-488-6000 is available M-TH from 8:00 a.m. – 6:00 p.m. and Friday from 8 a.m. – 5 p.m. Our crisis line, First Call for Chittenden County is available 24/7/365 at 802-488-7777.

\*Source: <https://www.ncpgambling.org/help-treatment/faq/>



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*We are the future.*

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**IMPORTANT NUMBERS IN WINOOSKI**

**WINOOSKI SCHOOL DISTRICT**  
**[www.wsdvt.org](http://www.wsdvt.org)**

**Superintendent of Schools**  
 Sean McMannon: 655-0485  
[smcmannon@wsdvt.org](mailto:smcmannon@wsdvt.org)

**John F. Kennedy Elementary School**  
 Principal: Sara Raabe  
 802-655-0411  
[sraabe@wsdvt.org](mailto:sraabe@wsdvt.org)

**Winooski Middle and High School**  
 Co-Principals:  
 Kate Grodin and Jean Berthiaume  
 802-655-3530  
[kgrodin@wsdvt.org](mailto:kgrodin@wsdvt.org)  
[jberthiaume@wsdvt.org](mailto:jberthiaume@wsdvt.org)

**Board of School Trustees**  
 Allison Burlock, 802-349-7018, [aburlock@wsdvt.org](mailto:aburlock@wsdvt.org)  
 Tori Cleiland, *President*, 802-655-7678, [tcleiland@wsdvt.org](mailto:tcleiland@wsdvt.org)  
 Steven Berbeco, 858-376-7269, [sberbeco@wsdvt.org](mailto:sberbeco@wsdvt.org)  
 Kamal Dahal, 802-503-7195, [kdahal@wsdvt.org](mailto:kdahal@wsdvt.org)  
 Dr. Alex Yin, 516-423-9601, [ayin@wsdvt.org](mailto:ayin@wsdvt.org)

**CITY OF WINOOSKI**  
**[www.winooski.vt.gov](http://www.winooski.vt.gov), 802-655-6410**

**Mayor**  
 Kristine Lott: 802-766-1988  
[klott@winooski.vt.gov](mailto:klott@winooski.vt.gov)

**Co-Interim City Managers**  
 Phoebe Townsend, [ptownsend@winooski.vt.gov](mailto:ptownsend@winooski.vt.gov)  
 Jon Rauscher, [jrauscher@winooski.vt.gov](mailto:jrauscher@winooski.vt.gov)  
 802-655-6410

**City Councilors**  
 Hal Colston, 802-922-2908, [hcolston@winooski.vt.gov](mailto:hcolston@winooski.vt.gov),  
 James Duncan, 802-310-7103, [jduncan@winooski.vt.gov](mailto:jduncan@winooski.vt.gov)  
 Mike Myers, 802-355-5348, [mmyers@winooski.vt.gov](mailto:mmyers@winooski.vt.gov)  
 Bryn Oakleaf, 802-448-2966, [boakleaf@winooski.vt.gov](mailto:boakleaf@winooski.vt.gov)

**City Clerk**  
 Carol Barrett, 802-655-6410, [cbarrett@winooski.vt.gov](mailto:cbarrett@winooski.vt.gov)

**Winooski Police**  
 Emergency: Call 9-1-1, Non-emergency: 802-655-0221

**Winooski Fire Department**  
 Emergency: Call 9-1-1, Non-emergency: 802-655-6420

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