



WINOOSKI SCHOOL DISTRICT NEWS!

ALSO INCLUDES 8 PAGES OF
Community News!
STARTING ON PAGE 11

JULY 2021

Celebrating Our Achievements!



Graduation photos by Becky Savage

Presenting... The Class of 2021!

Congratulations to all graduates! We are so proud of you.

- | | |
|-------------------------------|--------------------------------|
| Rewati Acharya | Penny Ly |
| Habiba Aden | Ashbin Mangar |
| Rahmah Omar Alchaderchi | Saladi Mayange |
| Hanan Al Samrai | Zeinah Mayange |
| Hussein Amuri | Lumière Mbilizi |
| Dustin Joseph Ayotte | Salama Mbilizi |
| Alasha Bell | Cody Allan McDonald |
| Alaynah M. Charbonneau | Evelyn Monje |
| Jaydyne Corey Anthony Crowder | Dah Ler Moo |
| Eric Davis Jr. | Amina Hilowle Osman |
| Yatrika Dhamala | Andy Phuong |
| Kelbie Ferguson | Anita Pradhan |
| Shylee Fields | Premika Pradhan |
| Maxwell P. Gordon | Rechal Pradhan |
| Chantel Marie Green | Tulasha Pradhan |
| Assia Hamana | Charlotte Klara Pusztai-Renold |
| Matthew L. Hayden | Susmita Rai |
| Dylan Hutchinson | Jordan A. Reil |
| Madeline R. Irish | Stephie Mbuka Siki |
| Mohamed Jelle | Lucy Surma |
| Feryal Kaleel Kamil | Sebastian Syharaj |
| Hiba Laaroussi | Stephanie Truong |
| Eric James Layton | Tsimba Tsasa |
| Ekyoci Lubambo | Aisha Umutesi |
| Eh Ka Luu | Eh Ywa |

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Congratulations to all 2021 Scholarship Recipients!

Here is a list of the members of the Class of 2021 who were honored with financial awards at the graduation ceremony:

GREEN AND GOLD SCHOLARSHIP -

The University of Vermont awards this full-tuition scholarship for eight semesters provided that full-time enrollment and at least a 3.0 GPA are maintained. The student who has attained the highest academic distinction at the end of their junior year shall be the recipient. The Green and Gold Scholar for Winooski High School is **Penny Ly**.



WINONA SMITH SCHOLARSHIP

presented before the graduation ceremonies by the League of Women Voters Education Fund to **Hussein Amuri**.



CLASS OF 2003 SCHOLARSHIP – The class of 2003 scholarship, co-sponsored by Dollars for Scholars, is presented to a senior who has demonstrated dedication to his/her class, and exhibited genuine care and respect for Winooski High School. The 2021 recipient is **Andy Phuong**.

MAIDA F. TOWNSEND SCHOLARSHIP –

The Maida F. Townsend Scholarship, is given to a student who has demonstrated a love of learning, an openness to the richness of differences among people, and a willingness to use his/her time and talent in service to others. The 2021 recipient is **Stephie Siki**.



VFW COMMUNITY SERVICE AWARD –

The VFW Community Service Award is presented to two graduates in recognition of outstanding community service. The 2021 recipients are **Stephie Siki** and **Evelyn Monje**.

ACADEMIC SCHOLARSHIP–

The Academic Scholarships, is presented to two students who excel academically. This year's recipients are **Hiba Laaroussi** and **Penny Ly**.

VERMONT HONOR SCHOLARSHIP –

The Vermont Honor Scholarship, initiated by the Vermont Legislature, is presented to a student with outstanding academic achievement going on to college. The 2021 recipient is **Evelyn Monje**.

BOARD OF SCHOOL DIRECTORS

AWARDS – These awards are presented to two graduates who have shown the most improvement during their four years of high school. The 2021 recipients are **Salama Mbilizi** and **Aisha Umutesi**.

BILL EVERTS MEMORIAL

SCHOLARSHIP – The Bill Everts Memorial Scholarship, given in memory of Bill Everts, is given to a senior who is the first in their family to go to college. The 2021 recipient is **Tulasha Pradhan**.

WINOOSKI EDUCATION ASSOCIATION SCHOLARSHIP –

The Winooski Education Association Scholarship is presented to two individuals entering the field of education in recognition of exceptional contributions to school activities and all around excellence in academics. The 2021 recipients are **Yatrika Dhamala** and **Stephanie Truong**.



WINOOSKI BUSINESS DEPARTMENT

SCHOLARSHIP – The Winooski Business Department Scholarship is awarded to a student who has excelled in Business classes and is pursuing a degree in business or a related field. This scholarship is paid for by fundraisers done in the Winooski High School Business Department. This year's recipient is **Dylan Hutchinson**

CHALLENGE SCHOLARSHIP –

The Challenge Scholarship, is presented to a well-rounded, highly motivated student (in the top 25% of the graduating class) who has overcome obstacles in achieving his/her success. This year's recipient is **Eh Ka Luu**

PTO EDUCATION SCHOLARSHIP –

The PTO Education Scholarship is presented to a student who is pursuing a career in education and who has displayed community involvement through school or work experience. This year's recipient is **Anima Osman**

THE PTO SCHOLARSHIP –

The PTO Scholarship is given to two students who have shown an over-all commitment to and involvement with the high school in multiple and varying ways. This year's recipients are **Rahman Alchaderchi** and **Dah Ler Moo**

THE BOB WEIS SCHOLARSHIP –

A scholarship awarded to a student who demonstrates his/her curiosity about the world through asking questions and demonstrating determination in the pursuit of understanding. This year's recipient is **Assia Hamana**.

VFW SCHOLARSHIP – A scholarship presented to a student pursuing a degree and has been involved in other extra-curricular activities. This year's recipient of The VFW Scholarship is **Penny Ly**.

CAROL L. KESSLER, R.N. MEMORIAL

AWARD – The Carol L. Kessler, R.N. Memorial Award is presented to a student or students who are in the upper 25% of the senior class and who are intending to continue their education in healthcare or a related field. This year's recipients are **Maddie Irish** and **Lucy Surma**.



LEADERSHIP SCHOLARSHIP – The Leadership Scholarship is given to a student who has demonstrated outstanding leadership qualities and exemplified positive attitudes. This year’s recipient is **Hussein Amuri**.

PART-TIME SCHOLARSHIP – The part-time scholarship is given to 2 students pursuing a post-secondary degree on a part time basis. This year’s recipients are **Zeinah Mayange** and **Jaydyne Crowder**.

CLASS OF 2013 SCHOLARSHIP – A Scholarship for a senior who has demonstrated dedication to his/her class and exhibited a genuine care and respect for Winooski High School. This year’s recipient is **Lumiere Mbilizi**.

JOHN J. MALCOVSKY COMMUNITY SERVICE SCHOLARSHIP – The John J. Malcovsky Community Service Scholarship is given to a deserving student who has participated actively in community service. This year’s recipient is **Hussein Amuri**.

NICHOLAS CUSSON-DUCHARME ATHLETIC SCHOLARSHIP - The Nicholas-Cusson Ducharme Athletic Scholarship is given in memory of Nicholas Cusson-Ducharme to a hard-working, dedicated, student athlete who has participated in athletics throughout high school, especially their senior year, while demonstrating outstanding leadership qualities. This year’s recipient is **Dylan Hutchinson**.



Capital Project Updates for July

Building a Better School

By Danylo O'Hara Whalen, ReArch Assistant Project Manager, and Emily Hecker, WSD Director of Communications

School construction will continue at a rapid pace throughout the summer. We are very excited that many of the new spaces will be ready for back-to-school! We plan to share videos of the new spaces to help orient students to their new spaces in early August. New procedures for drop off and pick up will also be shared before school begins.

Middle School Addition

The new middle school addition will be ready for students and staff to use by early August! The WSD is thrilled to have a few weeks to settle into the new space before welcoming middle school students for the first day of school.

Existing Gym and Locker Room Complex

Renovation of existing locker rooms/bathrooms, Physical Education offices, Yoga/Dance classroom and storage rooms has begun. The existing gym wood floor and gym equipment will remain. The bleachers on the north wall will be removed. The gym will get a new HVAC system, intumescent fireproofing at the exposed steel columns, and a fresh coat of paint.

Elementary School Addition

The new elementary school addition will be ready for students and staff by early-August. We can't wait to have students and staff gather together in these bright and beautiful new spaces!

New Cafeteria

The new cafeteria and renovated kitchen will be in full operation for the 2021/2022 school year. Students will be able to enjoy healthy meals together in the cafeteria starting this August!

Back-to-School Preparations

The new main entrance will be under construction in June, and well into the school year. As a result there will be some changes to the drop off routines.

There will only be two entrances at the start of the school year for all students, staff and visitors:

- The main entrance will now be the current JFK entrance.
- The second entrance will be part of the new JFK Elementary School wing off George Street

Because the current bus loop and short-term parking area will be under construction, buses and personal vehicles will have new student drop-off procedures. More information will be shared in August.

Performing Arts Center Transformed

This summer, the existing Performing Arts Center (PAC) demolition and renovation will transform into a black box theater/choir room, offices, and the Necessities Store. This work will continue into the school year.

The New PAC, which will be where the existing cafeteria is currently located, will be under construction when the next school year starts. It is scheduled to be completed early-November.

What's Next?

Once the major pieces of new construction and renovation are completed, there are just a few major parts of the school to renovate:

- Existing MS/HS – construction scheduled to start 9/1/21
- Existing Library/Student Support Suites (K/Pre-K hallway) – construction scheduled to start 9/1/21
- Existing Maintenance Shop and adjacent classrooms – construction scheduled to start February 2022
- JFK Elementary School renovation – construction scheduled to start 6/13/22
- Final landscaping/paving/sitework



Vermont is Open!

By Sean McMannon, Superintendent of Schools

Dear Winooski families, I wish all of you a healthy, fun and safe summer! These past fifteen months have challenged our community in ways we never imagined and we have all responded with incredible compassion and perseverance. With over 80% of Vermonters vaccinated and the State of Emergency lifted we are all excited about a mask-less, in-person future. Thanks to everyone for your countless contributions to keeping us healthy and safe throughout the pandemic.

WSD had a great run of in-person instruction from September 8th through December 9th without a single positive case. This was in large part due to the diligent work of our staff in constructing and teaching mitigation strategies and learning models, the tireless support of parents/guardians who have supported all the health precautions and the in-person and virtual learning models, and our awesome students who have shown tremendous adaptability. We weathered an outbreak in December and January and were able to get our middle schoolers back in April for the last seven weeks of school to finish “Winooski Strong”, celebrate the Class of 2021 in-person and set the stage for an engaging return to learning this coming August.

I would like to highlight the tireless work and caring leadership of our School Nurses/COVID-19 Coordinators Liz Parris and Katharine Monje during this unique school year. Liz and Katharine were the consummate health professionals throughout the pandemic and kept our staff and families informed with timely information while tending to the day-to-day needs of our school community. THANKS!!

During all of this WSD has managed to keep our focus on three significant priorities in addition to the daily operations of the school district:

Learning Recovery Plan: WSD has been granted over \$10 million dollars from the federal government in ESSER II and III funds through September of 2024 to support this effort. All school districts are required to develop a plan addressing the following areas: Academics, Social-Emotional Health and Mental Wellbeing, and Engagement. We are very excited about the first phase of summer programming we have created through partnerships with the City of Winooski, Burlington

School District (BSD), Shelburne Farms, Shader Croft School and The Education Annex to serve our student’s needs and interests. More info about our multi-year planning will be coming in the fall for family and community input.

Capital Project: After twelve months the new middle school and additional elementary pods are almost 100% ready for occupancy. The new middle school and additional elementary pods are scheduled to be ready in early July when we will put the finishing touches including new furniture so they will be ready for the upcoming school year. The new gym is being transformed into our high school for the 2021-22 school year and the maintenance building will continue to serve as swing space for our Support Services staff. The road around the building is fully cut, all underground utilities are safely buried and it will be blacktopped by late August. The new cafeteria is scheduled to be completed for the beginning of school and the bulk of the indoor work in the upcoming year will be in the current main/middle lobby and current middle/high school.

Equity and Antiracism: Deep, sustainable learning and change is always complicated and WSD is committed to continuing to pursue equitable change and develop plans to operationalize the WSA demands! WSD is forging ahead as thoughtfully and inclusively as possible so we can create equitable and antiracist systems, policies and experiences. The school board has supported the building of an inclusive Antiracism Steering Committee and Demand-Based Teams are on the way so we can dig into this important work. Also, the board approved a budget from Winooski Students Against Antiracism (WSA) to support the work. For a description of WSD’s Equity and Antiracism work please view here: <https://sites.google.com/wsdvt.org/wsd-antiracism-equity/home>.

Lastly, please take time to reflect on the shared experience we have endured, and think about what has made us stronger and what we have learned that we want to hold onto and incorporate into our Winooski future! We will get through this together and be stronger and smarter because of it!

Thank you for working with WSD to benefit our students!

ESSER & Learning Recovery



ESSER Funds: Overview

- The Elementary and Secondary Schools Emergency Relief Funds are:
 - Federal funds allocated to states and school districts based on their Title I allocation, which is based on poverty levels.
 - All funds must be tracked separately from local funds and all federal rules governing procurement, time documentation, etc must be followed.
 - Designed to provide additional resources to school districts to respond to the COVID-19 pandemic.
 - Divided into three separate allocations, each with a different deadline to spend the funds.
 - Available for a wide range of activities to support health and safety, student learning, and socio-emotional and mental health.



Current Summer Investments



Welcome to the WSD School Board, Allison Burlock!

By Emily Hecker, WSD Communications Director

Allison Burlock was appointed as a School Board Trustee at the June 9 Regular Board Meeting. She will be replacing Michael Decarreau who resigned in May. Allison will hold the seat until the end of the March 2022 term.

Allison is a native Vermonter from Vergennes, and a resident of Winooski since August 2017. She works as a data analytics and healthcare quality professional in healthcare. She has 10+ years experience, a bachelor's degree in health policy, a master's degree in biostatistics and an MBA in progress. She is also a 2019 alumni of the Snelling Center for Government's Vermont Leadership Institute.

Allison said, "I know the root of my success is the experience I had as a student in a public school district in Vermont. I want other students to have the same opportunities to be successful that I did."



Free Meal Kits Available All Summer

By Nicole Mace, Finance Manager

The Winooski School District is participating in the Summer Food Service Program. Our food service providers will continue to offer "make your own meal" kits so that students can make their own meals at home with the groceries provided through the district.

Every child in Winooski, aged 0-18, is eligible for one meal kit which has enough food for seven days for that child.

The kits include breakfast and lunch. Meal kits typically include two pre-made meals, as well as bread, milk, meat, cheese, vegetables, fruit, and other staples.

Meal kits will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. The WSD will continue to offer three meal pick up sites throughout the community.

Meals will be provided, at a first come, first serve basis, at the sites and times listed below on **Wednesdays**:

- **9:30am – 10:00am at:**
Winooski School District, 60 Normand St.
- **10:15 am – 10:45 am at:**
O'Brien Community Center, 32 Malletts Bay Ave.
- **11:00 am – 11:30 am at:**
Winooski Family Center, 87 Elm St.



Watch School Board Meetings Online!

Did you know you can watch Winooski School Board meetings on the internet on your own schedule? Visit www.retn.org and click on "Meetings" under the "Watch" heading. You will find Winooski School Board listed alphabetically at the bottom of the list of area schools.

WINOOSKI PUBLIC SCHOOLS

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WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 490 students attending JFK Elementary (grades PreK-5) and 396 attending Winooski Middle/High School (grades 6-12).

As one of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

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RESTORATIVE JUSTICE IN THE WINOOSKI SCHOOL DISTRICT

The Winooski Restorative Justice for Multicultural Youth Project, launched in 2020, is a collaboration between the Winooski School District, Spectrum Youth and Family Services, UP for Learning, and the City of Winooski with funding from the Vermont Department of Children and Families and an anonymous donor. This monthly column will highlight the Restorative Justice work happening across the district among different groups. For more information please scan the QR code to visit our website.



Equity and Antiracism in the Winooski School District

By Emily Hecker, WSD Director of Communications

The Antiracism Steering Committee (ARSC) met in June. During their meeting, they reviewed and added to their agreements:

- Share your wisdom
- Extend care – be willing to stay open and curious. Be open to new perspectives
- Lean into discomfort > promotes growth and learning
- Own your learning, take a least one thing away from each meeting
- Expect and accept non-closure
- Welcome collaboration and synergy
- Sharing power
- More youth voices

The ARSC created two subgroups to further their goals.

- **A Communication/ Public Relations Group** to help get the message out into the community and elicit participation in the action groups.
- **An Action Group/Scaffolding Group** to create a timeline for the action groups and allocate the necessary resources to each action team. The action teams will work together to address the six Winooski Students for Antiracism demands adopted by the WSD School Board. Each of these action teams will have two co-facilitators, a youth and an adult, who will focus on one of the following goals, in this order:
 1. Offer students' civil rights workshops
 2. Form a racial truth and reconciliation commission
 3. Create a WSD curriculum and policy review committee
 4. Hire more Faculty of Color
 5. Implement ethnic studies curriculum
 6. Create an ELL mentorship program

To follow along on the work of the ARSC and each of the demand-based action teams, visit the WSD Equity and Antiracism website: bit.ly/EquityWSD

The Antiracism Steering Committee will be looking for community members to join their demand groups in the coming months. Stay tuned!

Contact Lindsey Halman at lindsey@upforlearning.org for more information or with questions.



WINOOSKI YOUTH - ADULT RESTORATIVE JUSTICE TEAM

The heart of youth-adult partnership is tied to mutual respect, equity in an ongoing exchange of ideas and input, and shared responsibility.



Youth-Adult Partnership Takeaways

- Not everyone has the same experiences or opinions.
- Adults have more experience, they can teach youth.
- Youth are more creative and fast-paced. They have new ideas and the experiences of being a student.

"WE CAN ALL BE TEACHERS AND WE CAN ALL BE STUDENTS."



Restorative justice helps develop a culture where everyone's voice is heard and valued and relationships become the cornerstone of the community.

"EVERY NAME AND THE STORY BEHIND IT HAVE A MEANING WHICH MEANS ALL PEOPLE HAVE MEANING AND ALL PEOPLE MATTER."

Restorative Justice Takeaway

If you have hope and love in a community, you can overcome anything. If you have love, you work together. If you have hope, you won't give up easily.

Youth participatory action research explores issues that affect students and learning. It involves gathering and analyzing data to identify priorities and engage the community in dialogue to build shared understanding and ownership for the positive path forward.

Youth Participatory Action Research Takeaways

- Most students feel safe at school.
- Most people feel safe in Winooski.
- The power of listening shows you care.



"IT'S GOOD TO HEAR OTHER PEOPLE'S STORIES BECAUSE YOU NEVER KNOW WHERE THEY'VE BEEN."

ANNOUNCEMENTS

Winooski PTO: Join Us!

By Kate Simone Secretary PTO

The Winooski PTO is celebrating the end of the school year, having just wrapped up the eighth grade move-up celebration and middle school dance. Parents, students, teachers, and staff turned out for a great finale for our middle schoolers. The PTO had a blast decorating for the event, and the officers couldn't resist a stop at the selfie station!

As this year winds down, our thoughts turn to the fall. We will be returning to many of our regular events next year (including the holiday craft fair, the Celebrating Winooski's Talent Show, middle and high school dances, and more), and we would love for you to join us. There are many ways to be involved, and it's a great way to get to know your school and neighbors! For more info, please email pto@wsdvt.org, and we'd be happy to touch base.



SCHOOL MATTERS — K TO 12

Summer School at Shelburne Farms

By Sara Raabe, Principal

JFK Elementary starts our 2021 summer school on Monday, July 5th. In years past, summer school has been at JFK. This year we are fortunate that we had the opportunity to rethink summer school.

This summer, we have been fortunate to form a partnership with Shelburne Farms. During summer school students will be at Shelburne Farms on Mondays and Wednesdays from 8:30 - 2:30 each day. Students will arrive at JFK at 8am, eat breakfast, and board a bus to Shelburne Farms for the day. On Tuesdays and Thursdays students will be at JFK 8am 12pm. For week three, students will not be at Shelburne Farms on Monday and Wednesday. Instead, they will be participating in walking field trips around the City of Winooski.

In June, the JFK summer school staff went to Shelburne Farms for two days of exploration and planning. We explored the farm, made connections to what we will be teaching and learning this summer, and had time to co plan with our PBL coach, Ali Brown, and the Shelburne Farms staff.

A week later, the JFK summer school staff, Ali Brown, and the Shelburne Farms staff met at JFK for two half days of planning. The time was spent building Project Based Learning units for each of the four weeks based on four themes:

Week 1: Cycles - every organism/system goes through different stages.

Week 2: Fairness and Equity - resources need to be shared to meet the needs of living things across places and generations.

Week 3: Community - all communities involve nested economic, environmental, and social systems. We need to

understand the interconnections to come up with sustainable solutions.

Week 4: Ability to Make a Difference - everyone has the ability to affect change or impact a system, community, self.

For each week, teams designed place-based, project-based learning experiences for summer school students that powerfully integrate experiences on the farm with academic learning at school. Each PBL unit starts with a compelling/driving question connected to the big idea of the week, a culminating product that includes writing and art(s), standards-based math and reading integration, and data-driven small group and 1:1 instruction. On Mondays, the project for the week will launch with field work and inquiry at Shelburne Farms or on a walking field trip (week 3). Tuesday's students will deepen their investigation work via reading, math, discussion, vocabulary building and prepare for Wednesday's field work. Wednesdays students will Deepen their investigation onsite through fieldwork and inquiry. Thursdays students Gather their learning from their field work, engage in discussion, prepare culminating products (writing + arts integration) and create an exhibition; ideally we will exhibit outside to other cohorts and post art during pick up for families to enjoy.

We are very excited for this unique opportunity for our students and staff. We will be outside, experience place based learning in a beautiful location, and combine those experiences with deep and meaningful learning. Our ability to transform our summer school program has been an exciting endeavor.

Senator Sanders Visits the Winooski School District

By Emily Hecker, WSD Director of Communications

Senator Bernie Sanders dropped by our district for a quick visit in June. He learned more about the district's School-Based Health Center with Nurse Liz Parris, and University of Vermont Medical Center's Dr. Heather Link and Libby McDonald, LPRN. Then, he visited a high school classroom to talk with students about important issues, such as affordable housing, the enduring legacy of slavery, inequitable opportunity in America, and BIPOC representation in Congress. He also tried out a few homemade noise shakers with Kindergarten students.



Personal Finance Student of the Year

By Courtney Poquette

Congratulations to Ekyoci "James" Lubambo for receiving Winooski's Personal Finance Student of the year scholarship.

This scholarship is awarded to 72 students in the country each year at schools where teachers have completed fellowships with NextGen Personal Finance. Ms. Poquette nominated James for this scholarship because, "James worked all day, every night, and through the weekends and vacations to get his work done. He learned so much and was excited to share this information with his family and friends. He took on extra challenges and took lots of notes. He asked questions whenever they came up."

James shared these thoughts on the past year: "I learned a lot about money. I learned about buying a house and renting. We also learned more about student loans and college. There are so many important things I learned this year and I think every student should take this class, so they can help themselves in the future." Congratulations James! I'm sure you will continue sharing this knowledge in the future.



Winooski Hosts In-Person Athletic Banquet

By Dennis Barcomb, Athletic Director

On Sunday, June 13th, the 77th annual Winooski High School Athletic Banquet was held in the gymnasium.

Here are the winners of awards presented that evening::

Freshman Boy Award: Sam Freije and Alex Chagnon

Freshman Girl Award: Jean Heintz

Sophomore Boy Award: Trevon Bradley

Sophomore Girl Award: Stacie Truong

Junior Boy Award: Yusufu Mami and Sharras McIver

Junior Girl Award: Ruby Ly

Senior Boy Award: Hussein Amuri and Max Gordon

Senior Girl Award: Penny Ly

Suzan Maynard Dedication Award: Sam Parris

Ralph Lapointe Award: Hussein Amuri

Scholar Athlete Award: Penny Ly

Mona Williams Fan of the Year Award: Charlie Littlefield (award given posthumously)

Spartan Award: Trevon Bradley

Lady Spartan Award: Kira Mack



Left to right: Sarah Lind, Rebekkah Lambert, and Amanda Nattress. Missing: Brianna Robare and Abdullahi Sadik.

Former Spartans Give Back to Athletic Program

By Dennis Barcomb, Athletic Director

A great joy of a coach is to see his or her players go on to be successful in life. This past year, five former Spartans have come back to help as volunteer coaches at the school they once competed for.

Sarah Lind, Brianna Robare, Rebekkah Lambert, Amanda Nattress, and Abdullahi Sadik all committed their time to help coach this past school year.

When asked why they decided to get involved with WHS athletics Sadik says "I loved the sport and wanted to pursue it more than just playing it" Lind says "I established a passion for sports and this love of teaching and coaching made it easy to return to help the program".

Nattress volunteered in basketball and softball, Lambert in Softball and Sadik, Lind and Robare with basketball. "It was an absolute pleasure to see these former students giving back to the programs that gave so much to them, they are True Spartans" says Barcomb.

Stay in Touch: Join Front Porch Forum!

Front Porch Forum's mission is to help neighbors connect and foster community within their neighborhood.

Go to www.frontporchforum.com to sign up for this free community resource. You will get a daily email with postings from your neighbors, city, and school leaders with news, opinions, quotes, and more. It's a great way to keep on touch with late-breaking news and community events.





COMMUNITY NEWS

Municipal Update July 2021

By Paul Sarne, Communications Coordinator



As more and more Vermonters are vaccinated, the State of Vermont has issued reopening guidelines as part of the *Vermont Forward* plan. Still, it is imperative that we all do all we can to protect ourselves, each other, and the public, as the pandemic is not over and Vermont continues to see case growth.

Updated Mask and Distancing Requirements for Municipal Buildings

Unvaccinated City Staff & public:
MASKS REQUIRED

Fully vaccinated City Staff & public:
MASKS OPTIONAL

Six-foot physical distancing & hygiene practices are required by all.

- Winooski City Hall (27 West Allen Street)
- Winooski Police Department (27 West Allen Street)
- Winooski Fire Department (120 Main Street)
- Winooski Senior Center (123 Barlow Street)
- Winooski Public Works (Gilbrook Road)

Masks and 6' social distancing are required in City buildings where children under the age of 12 are present. This includes:

- Winooski Memorial Library (32 Malletts Bay Ave)
- O'Brien Community Center (32 Malletts Bay Ave)
- Myers Memorial Pool (62 Pine Street)

Public Access Plan Starting July 6, 2021

- City Hall will be open to the public from 7:30 AM to 4:30 PM.
- The Community Services Department at the O'Brien Community Center will be staffed and open to the public from 9 AM to 5 PM.
- The Winooski Memorial Library will be open Tuesday to Friday from 10 AM

to 6 PM and Saturday from 10 AM to 2 PM.

- The Senior Center will be open from Tuesday to Thursday from 9:30 AM to 1 PM as well as for programs scheduled outside those weekly drop-in hours.
- The Myers Memorial pool will expand capacity to 100 swimmers at a time, managed through a combination of pre-registered slots (30%) and drop-in slots (70%). Please see the complete schedule at winooskivt.gov/pool.

COVID-19 Testing in Winooski

The City of Winooski has partnered with the Vermont Department of Health and CIC Health to provide on-going COVID-19 testing in Winooski at the O'Brien Community Center (32 Malletts Bay Ave). Registration is preferred, but walk-ups are welcome. Testing hours and availability vary from month-to-month. To view the current schedule, please visit winooskivt.gov/covid-19.

For registration help in English: Call 211 or 802 828 2828.

For registration help in other languages: Call 802 503 5402 or 802 355 0795.

Interpreters will be provided at all Winooski events.

Transportation options are available. To schedule transportation to the COVID-19 testing site, please call the Vermont Public Transportation Association at least two days before the appointment: 833 387 7200.

COVID-19 Vaccines

All Vermont residents age 12 and older are eligible to be vaccinated. Make your appointment online at healthvermont.gov/myvaccine or by calling 855 722 7878. To speak with someone in a language other than English, press 1. You can also get an appointment at Kinney Drugs, CVS, Walgreens or Northfield Pharmacy.

For current updates, resources, and municipal service information please visit winooskivt.gov/covid-19.

Mayor's Update

By Kristine Lott

Hi Winooski,
We've begun working with our new Equity Director, Yasamin Gordon, who has hit the ground running with this important community work.



For those of you new to this process, this new role (and the Working Communities Challenge grant funding) stem from a community conversation that launched in 2019 to think about how we can lift underrepresented voices and involve the area's diverse population in decision-making and community dialogue. Please see the Equity Update later in this newsletter!

Your City Officials	Email addresses	Telephone
Mayor Kristine Lott	klott@winooskivt.gov	802-766-1988
Councilor Hal Colston	hcolston@winooskivt.gov	802-922-2908
Councilor James Duncan	jduncan@winooskivt.gov	802-310-7103
Councilor Mike Myers	mmyers@winooskivt.gov	802-355-5348
Councilor Bryn Oakleaf	boakleaf@winooskivt.gov	802-448-2966
City Manager Jessie Baker	jbaker@winooskivt.gov	802-655-6410

Visit the city website at winooskivt.gov or call 802-655-6410.

Keep up to date with announcements and news:

LIKE US ON FACEBOOK We are "City of Winooski-Government"
FOLLOW US ON TWITTER We are @winooskivt

In other news, our Safe, Healthy, Connected People Commission is working with two resident-led surveys; the first to learn more about what residents want to see in public safety, and the other to inquire about the use of community space. Both will lead to recommendations to the City Council. Speaking of public safety, the Winooski Police Department is happy to report that we are looking to onboard new officers who are people of color, helping us grow a law enforcement team that reflects the demographics of our community.

The City is excited to be working with the Champlain Housing Trust (CHT) to build twenty 3-bedroom townhouses priced for folks making low-to-moderate income in front of the O'Brien Community Center. Construction should start this month and complete next summer. These new homes will fill a need in our community for more affordable family-sized housing and homeownership. This is a need that our Housing Commission has been focused on. CHT spent a few months looking for incentives we could offer developers to steer them to create the types of housing we need. They've landed on a recommendation to reduce parking requirements for projects that fill specific gaps in our housing market and will present this to the Winooski Planning Commission this month. The Planning Commission will look at this as they continue reviewing our Form Based Code, which is the zoning guidelines that direct what can be built along the Main St., East Allen, and Mallets Bay Avenue corridors. They've been discussing increasing the setback from the sidewalk and other small changes to improve what we see being built.

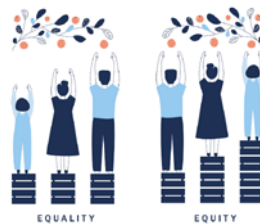
City Council is also looking at a potential local bylaw to add historic preservation protections into our zoning regulations. Should we make any of these changes, there will be multiple public hearings before doing so, allowing residents to weigh in.

In airport noise news, the Burlington International Airport will be installing a noise recording device at City Hall this month. The monitor will record aircraft noise, pair it up with radar data, and make the results available to the public via an online portal. Visit <http://www.btvsound.com/> to learn more.

Lastly, you may have seen many events and programs pop up from our Community Services Department. Keep an eye out for more as we continue to enjoy the successful opening of the Myers Memorial Pool and some amazing summer activities.

City Clerk's Office

- The City Clerk's Office will be closed on Monday, July 5th, 2021 in observance of Independence Day.
- Tax/Water/Sewer Bills will be mailed on July 15th, 2021 – first instalments will be due on August 15, 2021. Pay your tax/utility bills online at winooski.vt.gov/pay. Direct debit forms are also available – call, email, or drop by to sign up: 802 655 6410 / cbarret@winooski.vt.gov



Equity Update

The current Working Communities Challenge Grant Team is working to identify outcomes of shared work for the remaining 2.5 years & beyond and a big part of this work is to complete an equity audit.

We've posted a request for proposals to hire an Equity Firm who will perform the audit, which will include many aspects of community voice & perspectives. We will be looking to include more voices on the WCC Grant team – public outreach will begin soon! If you'd like to get involved, feel free to call or email for more information: 802 655 6410 / ygordon@winooski.vt.gov.

In other news, we are also partnering with the Winooski School District and our Community Services team to develop MORE youth programming for the summer and beyond.

Discussions with the School District Liaisons and on a future Equity Commission continue and we're looking forward to the process.

Looking to celebrate the 4th of July equitably? Check out these amazing

resources:

- 7 Ways You Can Celebrate Immigrants this July Fourth: gblctzn.co/ekPsXg8LMYgb
- Frederick Douglass' Descendants Deliver His 'Fourth of July' Speech: n.pr/3cvmsgu



Winooski US-7 Concrete Repair Project Updates

The Vermont Agency of Transportation will be rehabilitating the existing concrete roadway in an effort to improve the ride over the surface, and to extend the serviceable life of the concrete before major reconstruction is necessary. This project begins on U.S. Highway 7 just after the bridge over the Winooski River and extends northerly along US 7 for 0.138 miles to the intersection with West Allen St., U.S. 7, and Vermont Route 15.

Work is well underway!

For full project details, please see VTRAN's online fact sheet: resources.vtrans.vermont.gov/factsheet/default.aspx?pin=18V200.

For project updates, sign up via email at winooski.vt.gov.

Questions regarding this project can be sent to Natalie Boyle: 802 855 3893 / nboyle@eivtech.com



Main Street Revitalization Contact Info Request

The Main Street Revitalization Project is targeting a construction start in the spring of 2022. Maintaining clear communication with residents and

property owners during the project is a priority for the City. Therefore, we are requesting contact information from each household and business located within the current project area. If you own or rent a residence or business in the current project area (see map at winooskivt.gov/mainstreet) the Department of Public Works will be leaving door hangers with a request for contact information. You can receive future updates about the project by doing one of the following:

- If you have internet access, please complete the online info intake form at winooskivt.gov/mainstreet.
- If you do not have internet access, please call 802 734 0022 leave a voicemail with your name, street address, and daytime phone number.

If you are a property owner, please review the latest draft of the project's Right of Way plans at winooskivt.gov/mainstreet. The City will require a temporary easement or permanent easement or both from most property owners in the project area. Please contact us at your earliest convenience to discuss the ROW process: 802 734 0022 / mainstreet@winooskivt.gov

Community Services Updates



Summer Teen Employment Program

Our Summer Teen Employment Program is OPEN! Are you between the ages of 16 - 21? Are you looking for an amazing opportunity this summer to get paid while giving back to the community? We're currently hiring a Thrive After School Counselor in Training, a Winooski Memorial Library Assistant, and Winooski Recreation and Parks Trail Crew Members.

Learn more and apply at winooskivt.gov/jobs



Winooski Recreation and Parks

The Myers Memorial Pool is OPEN!

- Season Passes
- Day Passes
- Aquatics Programs
- Lap, Open, and Senior Swim Schedules
- Swim Lessons
- Sweet treats by Offbeat Creemee!

To plan your visit and for full details, visit winooskivt.gov/pool



Summer Movie Nights

After spending a day splashing around at the Myers Memorial Pool, hop across the street to Landry Park for a family-friendly outdoor movie!

Saturdays in July, August, and September 2021 at 8:30 PM

- Moana - July 31 © 2016 Disney Enterprises.
- Tom & Jerry - August 28 © 2020 Warner Brothers Entertainment
- Miracle - September 25 © 2004 Disney Enterprises.

Free and open to all - no registration required!

Guests are responsible for adhering to the most up-to-date COVID-19 and social distancing guidance.

Please bring your own lawn chairs or blankets, snacks, and non-alcoholic beverages.

Questions regarding this program can be sent to Jenny Hill, Recreation Programs Manager: jhill@winooskivt.gov



Outdoor Yoga at Richards Park

We've partnered with some amazing local instructors to provide a brand new Outdoor Yoga Program! This new summer series offers an amazing opportunity for exercise and relaxation in one of Winooski's best parks with different classes and instructors every week - there's something for everyone, and all skill levels are welcome.

- June 5 - July 31, 2021
- Saturdays @ Richards Park (Park & LaFountain, Winooski)
- 10:30 - 11:30 AM
- Free and open to all
- Sign up ahead of time or just drop by.
- Be sure to bring your own yoga mat, water bottle, and mask!

Questions regarding this program can be sent to Kate Nicoletti: knicoletti@winooskivt.gov



Run Ride Club

We are so excited to announce our new Run & Ride Club in partnership with Local Motion and the Monkey House! The Winooski Run & Ride Club is a new offering that invites community members once a week to get outside and get active! Do you love to run? Do you love to bike? This program is open to all skill levels - see the route options below:

- May 12 - September 29, 2019
- Every Wednesday @ 6 PM (weather dependent)
- Registration not required; this is a weekly drop-in event.
- Beginner, Intermediate, Advanced routes

- Begin at the Monkey House (30 Main St.) - please sign in!
- Route maps will be provided at the start
- Run and Bike Ambassadors will be there to guide you
- Punch Card Prizes!

Questions regarding this program can be sent to Jenny Hill, Recreation Programs Manager: jhill@winooskivt.gov

Winooski Memorial Library

New Summer Hours

Stop by and say hello this summer - our doors are again open for drop-by visits! You can find us Tuesday to Friday from 10 AM to 6 PM and Saturday from 10 AM to 2 PM.



Outdoor Storytime

Join us on Tuesdays and Thursdays at 10:00 AM for outdoor storytime! We'll be reading our favorite books, singing songs, doing a little dancing, and sharing in fun! Masks and social distancing required. Weather permitting. No registration required. Find us behind the library on the lawn!



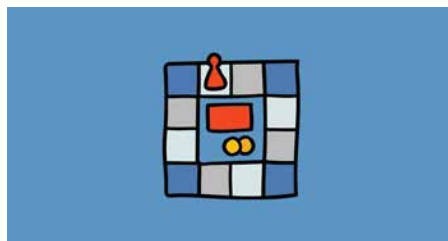
Papercrafts: Origami, Mask Making, & More

Find us every Tuesday at 11:00 AM for weekly origami folding challenges and other crafts! We'll be hosting crafty activities using commonly available household, grocery or hardware store supplies. Bring your creative self and ideas to share for future crafting sessions. Outside, weather permitting.



Pokemon Go! Crawl

Make new friends, battle old ones! Join us for a walk around the Onion River City for some collective Pokemon Go! gaming. Complete daily missions, work together to defeat more powerful Gym Bosses, trade for the Pokemon you need to catch 'em all! Get some fresh air and socialize safely outdoors while playing long-time favorite video game, Pokemon GO! Wifi provided. Bring your own device. If you do not yet have a Pokemon GO! account, either start one before attending, or we can help you when you arrive. Friday's at 12:00 PM, weather permitting.



Tabletop Games

Bring your friends, bring your family, or just bring along yourself to play some tabletop games on Thursdays at 12 PM. This all-ages program invites the Winooski community to enjoy gaming with friends and neighbors - we'll have cards, dominoes, chess, cribbage, and more! Have a favorite of your own? Introduce us to something new! We hope to see you there! Masks and social distancing required. Weather permitting.

Signed permission required for this program. Stop by or email jneilson@winooskivt.gov to get your form today!



Virtual Dungeons & Dragons

Welcome to the world of cooperative narrative role play where the story is told

by participant players! Build amazing worlds and learn all about collaborative storytelling through our series of information and gaming sessions. This program is designed for youth ages 10 - 18 and parents are welcome to participate. Join us via Zoom on Mondays 4 - 6 PM (elementary) and 6 - 8 PM (middle/high school). To sign up, call or email Josh Neilson, Youth Services Coordinator, at jneilson@winooskivt.gov / 802 655 6424



Winooski Reads Book Group

The Winooski Library is excited to offer a chance to participate in our new Winooski Reads Book Club for adult readers (18+)! Join your friends and neighbors for a lively discussion of each month's selected title and share your thoughts, insights, and reactions to the book. Free to take part, email or call Nate Eddy, Library Director, at neddy@winooskivt.gov / 802 655 6424



Winooski Writes

Calling all Winooski writers: Join the Winooski Memorial Library and Writer/ Professor Mary Hussman in ongoing, monthly writing workshops. Winooski Writes! seeks to provide an encouraging, supportive, and inclusive safe space for writers of all levels to practice and grow their craft. Through peer review, regular writing practice, and craft talk, we'll learn to find and hone our voices on the page. Writers of all genres over 18 are welcome to join. At our first meeting, we'll collaborate on the structure, times, and format for our monthly meetings. No huge time commitment, though regular attendance is highly recommended. Free to take part, email or call Nate Eddy, Library Director, at neddy@winooskivt.gov / 802 655 6424



Library of Things

Did you know the library has a collection of nontraditional items available for loan to Winooski cardholders? We call this our “Library of Things” and it includes such items as birding backpacks, local museum and VT State Park passes, home and yard tools, board games, blood pressure kits, a telescope, and more! Stop by today and check-out something new!

Volunteer at the Library

The Winooski Memorial Library is looking for amazing community volunteers! See the descriptions below – learn more and apply at winooskivt.gov/volunteer.

Library Clerk Volunteer

Library Clerk Volunteers perform clerical duties that keep the library organized and running smoothly. In addition to administrative duties, clerks will help to keep the library a safe space to enjoy and make sure guests are adhering to social distancing/mask wearing and CDC guidelines as they pertain to the library.

Library Dungeon Master Volunteer

Dungeon Master Volunteers will organize and document weekly Dungeons and Dragons (DnD) gaming sessions, coordinate communication among program participants, lead collaborative and improvisational storytelling adventures, and encourage a fun and cooperative gaming environment. The ability to communicate with sensitivity with youthful and diverse participants is essential.

Conversation Circle Facilitator

Under the direction of Winooski Memorial Library, the Conversation Circle Facilitator will lead our upcoming world language conversation program designed for adults interested in learning a new language! Volunteers will aid in supporting participants to gain knowledge and confidence in a casual learning environment all while keeping their skill levels and goals in mind.



Winooski Senior Center

By Barb Pitfido, Senior Programs Manager

As we continue to practice steps to stay safe and work on decreasing the spread of COVID-19 in our community, we want to stay connected with you! Call our dedicated support line: 802 655 6425 / Voice Mail 24/7. Email us at: seniorcenter@winooskivt.gov

Shine Time - NEW!

We are now open Tuesdays -Thursdays from 9:30am - 12:30pm. Join us for events and programs!

Our new Shine Time programming will be held Tuesdays, Wednesdays and Thursdays from 9:30am to 12:30pm indoors and out. Join us for fun and games, educational programming and good old fashioned conversation! Snacks are always provided. Call or email us for details.

TUESDAYS:

Community Coffee Chat

Everyone is welcome to join us on Tuesdays from 10-11am as we gather and converse with community members

- July 6 - Chat with Super Senior Don Sutton
- July 13 - Chat with City Councilor Bryn Oakleaf
- July 20 - Coffee with a Cop
- July 27 - Chat with Winooski Memorial Library Director Nate Eddy

Fun & Games

Do you like to play Cribbage, Scrabble, Card Games, Wii Bowling, or Ping Pong? We've got it all and more! Join us from 9:30a-12:30p for tons of fun, conversation and snacks.

WEDNESDAYS:

Vintage Cafe - NEW!

We'll be hosting our Vintage Cafe every Wednesday from 10:30am to 12:30pm. Join us for coffee, tea, treats and great music on the patio.

More than a Meal

In partnership with Age Well, we are offering Older Vermonters (60+) a free

nutritious meal every Wednesday. We want to continue to support you being well at home and provide you with an opportunity to stay connected to your community while enjoying a healthy and deliciously prepared meal, and some goodies from us! We offer contactless delivery to your Winooski home or apartment building entrance. Pick up between 10:30am and 1230pm at the Center. Reservations must be made by Noon the Friday before the scheduled Wednesday meal. Please call us at 655-6425 or email us at seniorcenter@winooskivt.gov for the weekly menu and to register for this program.

THURSDAYS:

Fun & Games

Do you like to play Cribbage, Scrabble, Card Games, Wii Bowling, or Ping Pong? We've got it all and more! Join us from 9:30a - 12:30p for tons of fun, conversation and snacks.

SPECIAL EVENT:

Teddy Bear Picnic - Noon on Saturday, July 10th

Bring your Teddy Bear to a catered picnic lunch. Choice of sandwich, salads, chips, drinks and desserts. Join us for great music, outdoor games, prizes and tons of fun! \$5.00 paid in advance - reservations required by noon on Monday, 7/5. Seating is limited. Call us for details.

Bone Builders - Mondays and Wednesdays at 3pm

RSVP Bone Builders is an exercise program designed to prevent (and even reverse) the negative effects of osteoporosis. The program is based on research conducted and published by Tufts University which shows that strength training just twice a week dramatically reduces the risk of fractures due to the disease. Bone Builders classes fill a vital need for regular physical exercise as well as increased social interaction, both well-known components of healthy aging.

Meals on Wheels

If you know of an older Vermonter who has special nutrition requirements or is having difficulty with meal preparation, please call Age Well at 802 863 0360 to find out the eligibility requirements. No one is denied meals due to an inability to donate. Volunteer drivers are always needed.



Free Summer Camps In Winooski

Basketball



Rosie's Girls



Sailing



Improv



Skateboarding



Graffiti Art



Public Art



Soccer



Tennis



July & August 2021

Activities available for youth of all ages!

- Aquatics
- Art
- Sports
- Performance
- Education



Learn more & register
@ winooski.vt.gov/summer



WINOOSKI SCHOOLS
We are the future.

Stop Stigma

By Adam Brooks

Research shows that a significant number of people with a mental health condition such as anxiety or depression do not seek help due to the presence of stigma. Often, people avoid discussing their mental health with their doctor or even family members because they fear being labeled or judged or misunderstood.

Stigma often comes from a lack of understanding or fear. Sometimes our perceptions based on past experiences, or imagery shapes our thoughts about mental health. It is important to understand that stigma can have a negative impact and may prevent someone from seeking help. Education and understanding are important to eliminate stigma and better support one another.

- **Know the facts.** Educate yourself about mental health.
- **Be aware of your attitudes and behavior.**
- **Choose your words carefully.** The way we speak can impact others.



- **Educate others.** Pass on facts and positive attitudes; challenge myths, and stereotypes.
- **Offer support.**
- **Focus on the positive.** We all have mental health.

The Burlington International Airport has welcomed McLean Hospital's award-winning public awareness campaign, *Deconstructing Stigma*. The exhibit, which has been developed specifically for BTV, features Vermonters and others who have experienced mental health challenges. It is worth the visit to the BTV airport to view this important exhibit and to be proactive in stopping stigma in our community. <https://deconstructingstigma.org/vermont>

Important Phone Numbers: Our Access and Intake Main Number 802-488-6000 is available M-F 8 am – 6 pm. Our staff will help you find the services that best fit your need. Our First Call for Chittenden County crisis hotline 802-488-7777 is available 24/7/365.

A Happy and Safe Summer!

Did you know that about a third of first-time substance use occurs during the summer (NYU School of Medicine)? This means that the summer is a crucial time to monitor youth for signs of use. There are many factors that can lead to a youth being exposed to a substance – including, but not limited to, free time, social pressure, events, and availability. As a parent or caretaker, you can do a number of things to keep your child substance-free during the summer: 1. Supervise whenever possible and try to make sure that you or another responsible adult are present or checking in on youth while they engage in summer activities. 2. Monitor when you can't be physically present. Don't be afraid to text or call your child or check in with other parents. 3. Set expectations by outlining clear rules about behavior. Let us all do our part in helping to keep Winooski youth safe – and most importantly, happy – this summer!



Winooski Clean-Up Day

Cigarette butts are the most littered item on the planet – and they are the most littered item on the way to school. Thank you to the WSD's Above the Influence students, Winooski community members, and folks from Marathon Health who joined us to remove litter (especially substance debris) away from Main Street outside of the WSD. Want to join for our next clean-up day? Sign-up for our newsletter at winooskiprevention.org.



Quit the Hit

If you know a young person who is looking to quit vaping, have them scan the QR code at right. This code will link them to Quit the Hit, an online tool that helps young people quit aping through support from private groups on Instagram. Joining a group can help to cope with the stress and anxiety of quitting. Have questions about speaking to the young people in your life about substances? Feel free to reach out!



Winooski Playgroups Starting Back Up

By Martina Kerkering

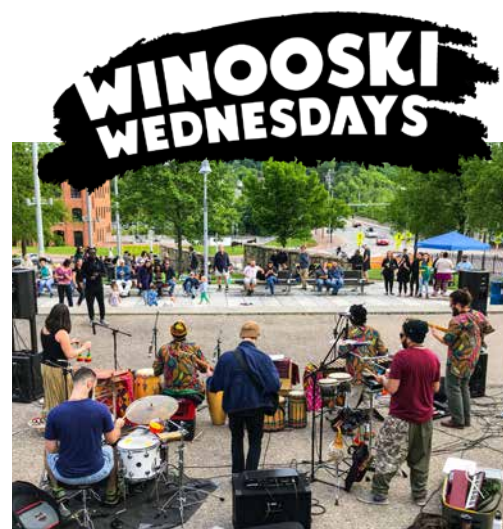
We are excited to share that Winooski playgroups are back! Join us for a variety of activities in July: playgrounds, nature areas, and a small farm. **Tuesdays from 11:30AM-12:30PM.** Please find detailed information on Find and Go Seek VT or reach out to Martina. We look forward to seeing you. Questions to mkerkering@howardcenter.org or call (802) 324 6405.

Winooski Wednesdays Return for 2021

Join the City of Winooski, Downtown Winooski and presenting sponsor Mascoma Bank every first Wednesday of the month for a free concert and artist market in Rotary Park! Mask or face covering required to attend. Doors open at 5pm, opener starts at 5:30. We are thrilled with the all-star lineup this year, you won't want to miss a single concert, trust us! For full details and up-to-date info, follow @downtownwinooski on Instagram or visit www.downtownwinooski.org/WinooskiWednesdays.

Dates for Winooski Wednesdays:

July 7 | August 4 | September 1



Winooski Food Shelf Schedule for July

By Linda Howe, Winooski Food Shelf Coordinator

Saturday, July 10th	9:30 am to 11:00 am	Fresh food, deli, eggs, meat, bread and diapers
Wednesday, July 14th	1:00pm to 3:00pm	Pantry staples, eggs meat and diapers
Saturday, July 24th	9:30 am to 11:00 am	Fresh food, deli, eggs, meat, bread and diapers
Wednesday, July 28th	1:00pm to 3:00pm	Pantry staples, eggs meat and diapers

The Winooski Food Shelf is in desperate need of a walk-in cooler/ freezer combo. We have an estimate of \$20,000 plus electrical work. We have been struggling to feed healthy fresh foods to about 700 people a month. We only have one household fridge, one beverage cooler and two freezers with a capacity of just over 30 cubic feet. It has been a monumental task to feed so many people with so little cooling capacity!

Our goal is to raise the \$20,000 for a 10 feet by 12 feet walk-in cooler with some freezer capacity. We are half way to our goal! Fresh veggie season is coming and we hope to take advantage of the fresh, healthy foods grown right here in Vermont! We are seeking an electrician and the additional funds to make this "dream come true".

Food Shelf Policy: Winooski residents coming for the first time should bring proof that you live in Winooski such as a utility bill or rental lease. Winooski residents may access the pantry

staples one Wednesday each month. They may also come both Saturdays to stock up on bread, pastry and some fresh fruits and veggies. Shaw's in Colchester and Winooski's own Commodities Natural Market help supply Saturday's food.

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets at 24 West Allen Street. There is a bus stop on that corner. We do not provide rides so please bring a wheeled cart or suitcase and some bags to lug your food home. The church phone number is 802-655-7371

Cash donations needed: The Food Shelf is growing rapidly. More and more of the food must be purchased since donations of food items cannot meet demand. Checks can be mailed to: The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. You may also go on-line to our website: winooskifoodshelf.org and make an electronic donation.

Donation Drop Off Locations:

Please do not leave food on our doorstep when we are closed. Instead, please bring **unexpired and unopened** food donations to: Commodities Natural Market, 65 Winooski Falls Way, phone: 448-3340 or to J & J's Corner Market, 12 Malletts Bay Avenue, phone: 654-8003. **We especially need toiletries: toothpaste, tooth brushes, deodorant, shampoo, disposable razors and toilet paper.** Thank you for caring about our neighbors!

Food Shelf Volunteers Needed

If you have some free time and would like to do some pickups and deliveries, pack food boxes, set up for food shelves or serve our clients, please reach out to us at our e-mail address: winooskifoodshelf@gmail.com. We have a great group of volunteers but always need more. We especially need help serving clients on Wednesdays. Volunteers should be able to lift 25 pounds.

Free Meal Kits! See page 5 for full details and where to pick up your free meal kits this summer.



Abbey Group Home Meal Kits

Meals are intended for children **18 and under**.
One breakfast and one lunch per day is available to children within the school district.

This kit includes bulk and prepared items to provide breakfast and lunch for 7 days. Please see the enclosed menu for breakfast and lunch selections!
This kit does not contain pork

For more information, please contact us: info@abbeygroup.net or 802-373-6458

Menu is subject to change

What's Inside:

Meat / Meat Alternates

- Peanut Butter 1 lb. Make peanut butter and jelly sandwiches (5) using 2 Tablespoons of peanut butter.
- Cheese Sticks (5) Add to sandwich meals for additional protein. Keep at 41F or below until ready to consume.
- Pizza Square (1) Keep at 41F or below until ready to consume.
If desired, heat by microwave or oven until 165 F
- Corndog (1) Keep cold at 41F or below until ready to consume.
Fully cooked, heat by microwave or oven until 165 F

Produce

Fresh Fruits & Vegetables (10 cups total)

- Includes
- 4 Oranges
- 4 Apples
- 1lb. Baby Carrots
- 1 Cucumber
- 1 Green Pepper

Keep cold at 41F or below.

Milk

White Milk 1% (128 oz or 1 Gallon) To drink & use with cereal.

Keep cold at 41F or below.

Grains

- Cereal Bowl Pack (2)
- Breakfast Bread Slice(2)
- WG Bagel (3) & Cream Cheese
- 26 Slice Loaf of Bread for sandwiches or toast

Juice

Assorted Juice boxes (8)

Chill if desired



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Chalk Mosaic

By Kate Grodin

Students from kindergarten to grade 12 came out to process and celebrate this extraordinary year!

In collaboration with Centerpoint, we designed a community art project where students contributed to an enormous chalk mosaic in front of the school. Students drew one mosaic tile that represented what they want to let go of this year and one for what they've learned and want to take with them.

At the end each student received a **Winooski Strong** t-shirt as a reminder that we are a resilient community!

