WINOOSKI SCHOOL DISTRICT NEWS!
OCTOBER 2018

A Great Start to a Great Year!

Holiday Vendor/Craft Fair

Raffles, Bake Sale and Green Meadows Catering Offering Breakfast and Lunch

Saturday November 17 9am-3pm

Winooski School, 60 Normand St.
Brought to you by the Winooski PTO

WINOOSKI BACK TO SCHOOL BBQ 2018

More photos from the BBQ and first days of school on page 5 inside!

COACH’S REPORT:
Winooski Varsity Boys’ Soccer
By Stephen E. Feiss

Congratulations to 11th grader Lek Nath Luitel who broke the WHS career scoring record on September 11th when he scored his 47th goal in a home game against our league rival Danville.

The team is off to a great 3-0 start. We are looking to continue the success we had in 2017 when we had our first undefeated regular season in program history and earned a trip to the State Semi-Finals to go along with winning the Mountain League. So far this year we have shown some important improvements and filled the holes left by last years graduates. We love seeing fans from the community on our sidelines. Please come out and watch us play!

• 9/29 vs. Richford (Homecoming) 1:30pm
• 10/3 vs. Oxbow 4:00pm
• 10/13 vs. Hazen 6:00pm
Four Reasons to Set Roots in Winooski

By Sean McMannon, Superintendent of Schools

I am excited and grateful to begin my sixth year as your superintendent! One of the things that I noticed in my first few years was the high number of families moving in and out of Winooski. While it appears that more families are staying in Winooski longer, in large part to our fabulous school and vibrant city, I would like to encourage everyone to set roots, stay in Winooski and be a part of something great!

In addition, changing schools has an impact on student learning. The greatest harm is associated with multiple moves. Children who moved three or more times in the first few years of school show the most negative associations. A high rate of mobility could be a contributing factor on its own, but it is consistently accompanied by other risks, such as family disruption, homelessness and economic disruption. (Student Mobility: Exploring the Impact of Frequent Moves on Achievement: Summary of a Workshop http://www.nap.edu/catalog/12853.html)

Reason #1: WSD students who consistently attend and engage in our PreK-12 continuum perform well in reading. For example, our NECAP data for 19 students who graduated in 2014 (36 total graduates) and took all the Reading assessments in grades 4-8 and 11 shows that 85% of WSD students tested Proficient or above in Reading (VT Avg=72%). Also, more recent data shows that over 80% of elementary students who consistently stay at JFK through 4th grade are reading on grade level and over 70% are on grade level in math.

The bottom line: Students that stay in the WSD system throughout the PreK-12 continuum will be ready to succeed in the world!

Reason #2: WSD is a leader in the state and across New England in the area of student-centered learning. Vermont has required that all high schools have proficiency-based graduation by 2020. Our local proficiencies are called Graduate Expectations (GXs):

- **Critical Thinking:** I ask challenging questions, examine complex problems, and identify and propose solutions.
- **Well-Being:** I identify my physical, social, and emotional strengths and weakness and take intentional steps to grow.
- **Communication:** I am skillful at taking in and expressing ideas in speech and writing.
- **Creativity:** I express myself through various media and apply my learning in new ways.
- **Persistence:** I accept the challenge of difficult or long-term problems, and I push myself to reach my goals.
- **Culture and Community:** I know and appreciate different people, cultures, and perspectives, and participate in the life of my community and the greater world.

The GXs are coupled with essential content like financial literacy and students are encouraged to design their own learning with support from teachers, parents and local experts in pursuit of demonstrating proficiency.

WSD is in its seventh year of developing this student-centered learning model with generous grant funding from the Nellie Mae Education Fund (NMEF) that has recently concluded and now we are supported by the Barr Foundation. We have been held up as an example by former Vermont Secretary of Education Rebecca Holcombe as a school district that is way ahead of the curve when it comes to student-centered learning and proficiency-based graduation.

The bottom line: We are not only ahead but demonstrating innovative leadership when it comes to student-centered learning and proficiency-based graduation!

Reason #3: Winooski is a leader in wellness. The Mindful City grant was a huge success with weekly mindfulness practice at the Winooski Senior Center, daily practice in JFK classrooms and our locally-elected officials getting in on the act with city council and school board meetings modeling this important practice. In addition, WSD offers free meals programs the whole year, VT Foodbank visits twice a month and access to health and dental care through our School-Based Health Center.

The bottom line: The City of Winooski and WSD are working with the community to ensure a healthy and vibrant citizenry!

Reason #4: Finally and most importantly, Winooski just rocks!!! We are a wonderful, strong and diverse community. You cannot get the tight-knit and urban experience anywhere else in Vermont like in Winooski. While we have our challenges like every community, we have characteristics that other towns and cities do not. From our strong immigrant tradition of French-Canadians to recently-arrived refugees from across the globe we are blessed with a cultural richness that is like no other in Vermont! WSD students have come from over 35 different countries and speak over 20 different languages. This cross-cultural experience for all of our students prepares them to succeed in the global setting beyond Winooski.

The bottom line: Winooski is unique, resilient and quickly becoming the place families want to be for innovative and excellent education, cultural diversity and community wellness! Winooski just rocks!

Thank you for working with WSD to benefit our students!
School Board Update
By Alex Yin, Board of School Trustees

We value education because it leads to a better life, which is often defined by financial success. Thus, many of us believe our public school systems need to have science, mathematics, English, and social studies not necessarily for the love of knowledge but instead it is a means to get into a “great” college. Completing college would theoretically lead to the entrance ticket to the middle class. And for many of us who have been able to succeed in such a system this is true.

This is the dream for any community especially if the student decides to stay as an adult, because it creates a tax base that would be able to sustain the financial needs of our city’s public infrastructure, schools, and government. I believe though as a democratic community, we should and need to demand more from our education system. We the people need to know that the purpose of education is not only to prepare for the next generation’s workforce but it is also to prepare for our current and next generation’s citizenship. I could be wrong, but the GXs and GPs (Civics, Civil Discourse, Critical Reading, Cross-Cultural Engagement, Financial Literacy, Goal Setting, Historical Inquiry, Human Body, Mathematical Reasoning, Natural World, Non-Native Language, Performing Arts, Physical Health, STEM Design, Scientific Reasoning, Social-Emotional Health, Speaking, Visual Arts, and Writing) are exactly the skills needed to be a great involved citizen.

The beauty and strength of our school district is that our students are able to experience diversity in its many forms. From a cultural/religious to a gender-equality perspective, we have a student population that is the envy of Vermont because our children can have a rich education that not only develops their knowledge but more importantly allows them to grow as a person. The path towards learning is not always easy with a diverse population. We sometimes only notice the differences, which can heighten the divide between groups. Yet, through conversations with students, I can see that they have learned that they have much in common so that they can appreciate each other’s differences. This is why Winooski has heart. In the long run, these students will make great citizens in any community, because we have developed their compassion and empathy for each other – which will be important when tough decisions need to be made.

The schools are doing a good job in creating an environment to teach the GXs and GPs; however, as residents of Winooski, we can further strengthen our students’ development by modeling these skills for them within the community. For this new school year, regardless if you have children or not in the schools, I encourage you to come participate in school events whether they are sport matches, school plays, talents shows, student presentations or sit in on a school board meeting. By showing support in these small acts, we model what it means to be a democratic community. The best part, I bet in the process you will be amazed at what our students can teach us too.

CITY AND SCHOOL ANNOUNCEMENTS

Lost and Found
By Angela Moulton

The PTO has purchased two coat racks to be used as a lost and found. This new system makes it easy to see items that have been misplaced. One of racks can be found by the JFK main office and the other in the main lobby of the school. So far, the few items that have been lost have been hung up and taken back home within one day. Please make sure to label your child’s jackets and sweaters as this can help them get back to their rightful owners. Thank you to the PTO as the racks are easier to navigate than a box on the ground!

It’s Almost Calcutta Time!
By Linda Gregoire

Dollars for Scholars is celebrating 25 years of scholarship awards to graduating seniors in Winooski!

So, come join the fun at our Famous Calcutta! We have some new prizes this year, including a weekend getaway or you could even take home $1,000 cash!

Remember - you can't win, if you don't enter!

WHEN: Friday, November 2, 2018
WHERE: At the RVA in Winooski.
DETAILS:
- Happy Hour begins at 5:30 pm - First Ball at 6:30 pm.
- Each tickets admits (2) two and is the same price as usual: $50
- Appetizers will be served during happy hour
- Don’t worry if you can’t make the event, you can still play!

For more information –to buy a ticket or to get involved, contact us at www.Winooski.Dollarsforscholars.Org; on Facebook! And email us at winooskidfs@gmail.com

We look forward to helping our graduating students succeed with your support!!
WMHS Teacher Tom Payeur Named 2019 Vermont Teacher of the Year!

By Leon Wheeler, Co-Principal

The Vermont Agency of Education announced September 17th that Thomas Payeur, a Winooski Middle High School Mathematics teacher, has been selected as the 2019 Vermont Teacher of the Year.

The Vermont Agency of Education in partnership with the University of Vermont and the Council of Chief State School Officers will honor the 2019 Vermont Teacher of the Year during the 38th Annual Outstanding Teacher Day celebration at the University of Vermont. The celebration is scheduled for 3:00pm on October 1, 2018 in the Grand Maple Ballroom, Davis Center, on the UVM campus.

Also recognized are:
- 2019 Vermont Teacher of the Year Alternate Beth Fraser, Mathematics teacher at Blue Mountain Union School in Wells River, and
- 2019 Vermont Teacher of the Year Distinguished Finalist Shane Heath, a Science teacher at Northfield Middle High School.

Thomas Payeur has been teaching mathematics for six years, all of those at Winooski High School. He is an innovator in the field of proficiency-based education, leading school change efforts to develop best practices in teaching 21st century skills. His mathematics instruction is grounded in research-based methods. His students come from all around the world and constantly challenge him to rethink his assumptions and explore new ways of problem solving. He strongly believes that all people are math people.

As the 2019 Vermont Teacher of the Year, Payeur will travel statewide visiting schools and working with teachers. He is also Vermont’s candidate for the National Teacher of the Year award, sponsored by the Council of Chief State School Officers. Payeur will travel to Washington, D.C. next spring for a reception at the White House, where he will meet the President.

Since 1964, the Agency of Education has had the honor of recognizing outstanding Vermont teachers. Learn more about the Vermont Teacher of the Year program. For more information about the program and Vermont’s selection, contact Rebecca Gile at (802) 479-1718.

Got Cups?

By Jessica Bruce, Fine Arts Teacher

The Art Department at Winooski Middle High School is looking for donations of small plastic yogurt cups, cardboard tubes, and plastic bottle caps of all sizes. If you can help at all, please bring these items to the office at the school at 60 Normand Street. Thanks!

Celebrating Winooski, One Story at a Time

By Sister Pat McKittrick

It’s not too late to visit the exciting new art exhibit at Scout. The photography by Dan Higgins celebrates Winooski One Story at a Time! The opening will take place before this newsletter arrives in mailboxes, but please stop in and see an extraordinary and interesting exhibit of different groups of Winooski people.

Bring your friends to see and discuss the photos. Enjoy a delicious cup of coffee or tea with your friends or family. Taste the delicious baked goods, sweet or savory. Did I mention the creamy ice-cream?

What better way to build community and support a local business!

Mindfulness Continues, Available Online, Too!

What: Guided Mindfulness Practice and Discussion
Where: Winooski Senior Center
When: Thursdays, 5:30-6:30 pm

The Winooski community continues to practice mindfulness together each Thursday evening at 6:30pm, led by volunteer Andrea O’Connor. Since January of 2016, these sessions have also been recorded and uploaded to the school website. You can listen to them by visiting this link: www.wsdschools.org/ mindfulness-in-winooski.
Welcome New JFK Staff
Left to right: Rebecca Viens, K-5 Special Education; Manny Robertson, Behavior Interventionist; Marie Maillet, Behavior Interventionist

Welcome New Middle/High School Staff
Back row, left to right: David Wallace, Instructional Assistant, School & Community; Rachel Howes, WHS Science Teacher; Mikayala Kelemen, WMHS Music Teacher; T’Yana Cheney, Instructional Assistant, Special Ed. General; Samantha Martin, Intensive Instructional Assistant, WMS.

Front row, left to right: Erin Baron, WHS Team Lotus; Ellen Kawasaki, Speech Aide & Instructional Assistant, Special Ed. 1:1; Marelyn Segura, Instructional Assistant, Special Ed. General.

Welcome Other New Staff
NOTE: some new staffers were hired after school started or were not available to be included in the group shots above.

Photos row 1 – Debbie Harris, Instructional Assistant, Special Ed. 1:1; Ana Saam, Program Assistant - Team Lotus; Jan Kline, Health Office Assistant; Kamal Dahal, Custodian

Photos row 2 – Lauren Coppola-Dyer, Medicaid Administrative Assistant; Wendy Letourneau, Human Resources Coordinator; Thierry Uwilingiyimana, WMHS Science Teacher; Matthew Carroll, Instructional Assistant JFK

Not pictured – Ashley Beach, SLP; Margaret Beaudoin, Instructional Assistant, Special Ed. 1:1 Preschool; Martha Von Lehmen-Maher, Small Group IA; Spec. Ed. Preschool; Atem Deng, Instructional Assistant, Special Ed. 1:1 JFK; Safiyya Medar, Instructional Assistant, Special Ed. JFK; Buthaina Eidan, Study Room Coordinator WHS.
JFK Elementary Update

By Sara Raabe, Principal

JFK has had a fantastic start to the 2018-19 school year. With all of our classroom teachers returning this year, it has made the transition to a new school year seamless.

This year, JFK has been fortunate to be awarded the CLiF Year of The Book Grant for grades K-3. CLiF’s Year of the Book provides $25,000 worth of literacy presenters, support, and new children’s books over the school year to help build a culture of literacy in our school.

We had our Kick Off event in September. Duncan McDougall, Executive Director of CLiF, came to read to the students and get them excited about the coming year. All students attended the event by grade level, and families were invited to join their students for the event. Students in grades K-3 each got to pick out a new book to bring home. One of the parents that attended the event emailed CLiF after and said “Two things really struck me. The first was the little girl in the front row who beamed and threw up her hands when Duncan said “As-Salaam Alaikum”. She was so happy to hear someone speaking her greeting. That one actually had me tearing up as the diverse, welcoming, truly multicultural community in Winooski is so very close to my heart. The second was a little boy next to me who said in amazement that he had never had a book that he didn't have to give back before. There surely must be kids in the school who are going to receive their first 10 books ever through this grant.”

Throughout the school year, we will have other events and we will invite our families to join us. In November, there will be an event at school with a presenter. This is our library event, where the books the school and public libraries received through the grant are revealed to students. In January, Natalie Kinsey-Warnock will come to work with some students about their own stories through her Story Keepers workshop. In March, Rajnii Eddins will come for a day long author visit. In November, Natalie Kinsey-Warnock will come to work with some students about their own stories through her Story Keepers workshop. In March, Rajnii Eddins will come for a day long author visit. In November, Natalie Kinsey-Warnock will come to work with some students about their own stories through her Story Keepers workshop. In March, Rajnii Eddins will come for a day long author visit.

Each year in June, we have an All School Celebration to celebrate the wonderful things all students and staff achieved throughout the school year. This year, because of the CLiF grant, Ted Schu will be able to come to our All School Celebration to work with our students.

By the end of the school year, students in grades K-3 will each receive about 10 new books to take home and keep. In addition, teachers can apply for mini grants to support a project based learning unit they are doing with students. The mini grants can be for books, but it can also be for other things to support the project based learning unit such as field trips, or supplies.

We are incredibly fortunate, and excited, for the opportunities this grant will give the students at JFK. We hope that families and community members will join us for the presentations as the school year continues!

Afterschool Programs

By Mag Thomas

We have started our first session of Afterschool for the new school year! We are excited about the programs that we are offering. There are some “old” favorites, such as Read Aloud, Coding, Just Dance, Crazy 8’s, and Woodworking. Along with some new programs that are happening. The programs are taught by licensed teachers and provide enrichment opportunities in the areas of literacy, math, science, social studies, technology, wellness, and the arts. We are lucky and grateful to be in a partnership with the Vermont Youth Orchestra Association and Sawmill Studios again this year. This session will run for eight weeks.

Math Corner

By Stefanie Hamble

“You must be the change you wish to see in the world.”
- VINCENT VAN GOGH

Our 2018/2019 school year is off to a fun and talkative start in the area of mathematics. Visit a classroom during math time and you hear mathematicians talking with each other, sharing ideas, asking each other questions and pressing on others’ thinking. In the area of best practice, many students have been working on three habits:

1. Private Reasoning Time
2. Explain
3. Listen to Understand

Students have been presented with ideas and tasks and are engaging in Private Reasoning Time (some private thinking and work time), Explaining their thinking to partners/small groups/whole class, and Listening to Understand so that they can either compare someone’s thinking to their own, revoice what they have heard, or build upon their current thoughts.

A fun task to try at home is a Number Talk. Show your mathematician these dots (at right) and ask them to think about what they see (Private Reasoning Time), tell you what they’re thinking (Explain) and then you can share your thinking with them (Listen to Understand). Have fun!
October Reflections
By Kate Grodin

When I first started teaching we joked about how we were told "not to smile until Christmas". The thinking was that if one started out strong and strict, you were going to have an orderly successful class for the year. Maybe you would be able to act like a person and smile by December. This year I thought about this advice as our entire middle school headed out to the soccer field for a Field Day on September 7. Everyone was smiling.

Why kick off our school year with a Field Day? Students scatter from June to August and have lots of different experiences. Some are rested and ready to come back to school and some are skeptical and anxious. Our WMS Field Day was thoughtfully designed to welcome in new students and reconnect all of us to each other with a positive shared experience. Activites ranged from trust falls to charades to a tic-tac-toe toss game, but the goal was the same for all the games: to practice and recognize the types of skills it takes to build up a strong community. We recognized when students listened to learn, supported others, showed courage and more.

In October teachers and students are just starting to hum as most routines and procedures have been taught, modeled and learned. The work of our Field Day will continue to give back all year. Teachers and students can bring up this common experience and remind each other of what it feels like to work together as a community. The most important thing, though, is when we work together and support each other, we can have even more fun together. I see more fun days ahead with this year’s middle school!

WHS Starts Year Two of Advisory Curriculum
By Lindsey Cox

The purpose of the Winooski High School advisory is to cultivate healthy and caring relationships within the school community while fostering academic and personal growth and wellbeing.

Last year was year one of a new advisory curriculum that integrated activities such as restorative practice circle conversations, one-on-one check ins, and college/career exposure. This year, that curriculum is being expanded and supported with new activities, a partnership with VSAC, and student representatives to help with the planning.

We kicked off the school year with a 9th grade orientation day, coordinated and led by 9th grade advisors and a group of upperclass students. The new freshman played games with their advisory, ran through their new schedules and went on a scavenger hunt to learn new information about their high school teachers. They also participated in their first circle as an advisory and started creating rituals they will follow during advisory for the rest of the year.

Last year was the first, year-long advisory challenge. Each advisory had a monthly challenge and accumulated points. The Poquette Advisory was the 2017-18 winner and they enjoyed a nice meal together over the summer at Papa Frank’s. In September, the advisory challenge aligned with our homecoming spirit week. Each day during the last week of September, students could earn points for their advisory by dressing up according to different themes like “twin day” or “green & white day.” The high schoolers also had penny wars happening during advisory to earn points and raise money for a high school dance.

During October, advisories are planning a team building experience together that they will enjoy on our October 17 half day. All 9th graders will head to the UVM Ropes Course while the 10th-12th graders will design their own. This will help advisories grow stronger relationships and give them a foundational, shared experience to bond over. These trips come on the heels of the September half day when high school students got to select a trip to Mt. Philo, Shelburne Farms, the Burlington Bike Path, or a ride on The Spirit of Ethan Allen as a way to enjoy spending time together as a community as well as take advantage of our beautiful surroundings.

If you have any questions or feedback about the WHS advisory program, please contact advisory coordinator Lindsey Cox (lcox@wsdschools.org or (802) 363-2342.)
WMHS Teacher Bill Clark Receives Fulbright Award

The U.S. Department of State and the J. William Fulbright Foreign Scholarship Board announced that Bill Clark of Winooski Middle High School in Winooski, Vermont has been offered a Fulbright Teachers for Global Classrooms grant.

Clark is one of approximately 76 U.S. citizens who will travel abroad through the Fulbright Teachers for Global Classrooms Program in 2018-2019. Recipients of Fulbright grants are selected on the basis of academic and professional achievement, as well as demonstrated leadership potential.

The Fulbright Program is the flagship international educational exchange program sponsored by the U.S. government and is designed to build relations between the people of the United States and the people of other countries that are needed to solve global challenges. The Fulbright Program is funded through an annual appropriation made by the U.S. Congress to the U.S. Department of State. Participating governments and host institutions, corporations, and foundations around the world also provide direct and indirect support to the Program, which operates in over 160 countries worldwide.

Since its establishment in 1946 under legislation introduced by the late U.S. Senator J. William Fulbright of Arkansas, the Fulbright Program has given more than 370,000 students, scholars, teachers, artists, and scientists the opportunity to study, teach and conduct research, exchange ideas, and contribute to finding solutions to shared international challenges – from sustainable energy and climate change to public health and food security – in all areas, while building relationships, knowledge, and leadership in support of the long-term interests of the United States and the world. Fulbright alumni have achieved distinction in many fields, including 57 who have been awarded the Nobel Prize, 82 who have received Pulitzer Prizes, and 37 who have served as a head of state or government.

For further information about the Fulbright Program or the U.S. Department of State’s Bureau of Educational and Cultural Affairs, please visit our website at http://eca.state.gov/fulbright or contact us by telephone 202-632-6452 or e-mail ECA-Press@state.gov.

City Council Update

By Nicole Mace

In addition to finalizing a plan to implement the Main Street Revitalization and Myers Pool Renovation projects approved by the Winooski voters this year, this fall City Council is focused on improving our housing ordinances to ensure we maintain affordable housing stock in the City.

At the September 4, 2018 City Council meeting, the Council approved a schedule that will ensure we continue to make progress on the priorities identified by the Council and the Housing Commission. Those priorities include:

• Developing a replacement housing ordinance to address the loss of housing in the City due to new developments;
• Developing an inclusionary housing ordinance to require new developments of a certain size to include affordable housing;
• Creating a housing trust fund to establish a mechanism for fee-in-lieu payments and resources to support the development of affordable units, and

• Establishing a compliance monitoring system to provide administrative support to the City’s affordable housing efforts.

The Housing Commission will be taking the lead on proposing language for the ordinances to the Planning Commission, which will propose final language for adoption by the City Council in February of 2019.

The Council also endorsed the creation of a fall housing series to provide education and information to the community related to the specific regulations and programs being developed. The first in the series, hosted by the Housing Commission, will be held on Tuesday, October 9th from 6:00-8:00 pm at City Hall. This event will be a panel discussion featuring housing experts including Michael Monte, CFOO of Champlain Housing Trust, and Erhard Mahnke, Coordinator of Vermont Affordable Housing Coalition.

The housing series will be an opportunity for the Winooski community to learn more about the policies and strategies that the Housing Commission is considering to promote affordable housing, and to discuss the challenges and opportunities associated with these policies.

A big thank you to the volunteers serving on the Housing Commission and the City staff who support them. Winooski residents are fortunate to have such a committed group of individuals working so hard to make our small city with a big heart an affordable and inclusive place to live.

* DO YOUR PART *

VOTE!

NOVEMBER 6, 2018

COMMUNITY NEWS

OCTOBER, 2018 www.wsdschools.org
Tuesday, November 6, General Election

Early voting for the November General Election is now available: you can stop by City Hall or call your Town Clerk’s Office at 655-6419 to request an absentee ballot, or use the Secretary of State’s website to request the ballot be mailed to you at https://www.sec.state.vt.us. Look for My Voter Page to request an absentee ballot and track its status, update your voter registration record, find your polling place, view a sample ballot, and much more.

Your City Officials

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<tr>
<th>Name</th>
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<td>Mayor Seth Leonard</td>
<td><a href="mailto:sleonard@winooskivt.org">sleonard@winooskivt.org</a></td>
<td>802-777-3381</td>
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<td>Councilor Hal Colston</td>
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<tr>
<td>City Manager Jessie Baker</td>
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<td>802-655-6410</td>
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Visit the city website at winooskivt.org or call 802-655-6410.

Keep up to date with announcements and news:

LIKE US ON FACEBOOK We are “City of Winooski - Government”
FOLLOW US ON TWITTER We are @winooskivt
By Zack Smithwood

Last Winooski Wednesday!

Come join the City of Winooski Department of Recreation & Parks for our final Winooski Wednesday: a free summer concert series in Rotary Park!

This event is free and open to all.

- Shows start @ 6 PM on Wednesday, October 3rd
- Monkey House Beer Garden (cash only)
- Free meals for kids 18 and younger
- Specials by participating Winooski businesses (see below)


Afterschool Activities

Unwind after the school day with some structured activities for youth on Tuesdays in September and October! The Department of Recreation and Parks will lead youth in games like basketball, soccer, dodgeball and more! This program is free and open to all youth.

- FREE!
- Every Tues. in Sept. & Oct. 2018
- 3:30 PM - 5:00 PM
- @ The O’Brien Community Center Basketball Court

Call or email the Department of Recreation and Parks with questions regarding this program: 802 777 1621 / recreation@winooskivt.org

Register for City Updates

Register For Emergency Updates and Winter Parking Ban Notifications - TEXT “WINOOSKI” TO 888-777 or visit https://local.nixle.com/register/.

Homework Help at the Library

By Amanda Perry, Library Director

Homework Help is now open Monday-Thursday, 6 PM to 9 PM. Students of all ages can come in for free wifi, public computers, school project supplies, and friendly, knowledgeable tutors. The Winooski Memorial Library is located at 32D Malletts Bay Avenue, Winooski Vermont 05404. Telephone: (802) 655-6424

Library hours are Tuesday-Friday, 10am to 6:30pm and Saturday from 10am to 2pm.

Free Preschool Spots Available!

By Martina Kerkering

Playgroup for families and their young children (0-5 years old) will be starting on Thursday, October 4th.

Join our playgroups at the O’Brien Community Center (32 Malletts Bay Avenue) in Winooski.

We meet Tuesdays and Thursday from 9:30-11:30am.

Why attend a playgroup?

- Meet other parents and their children
- Learn about resources available to you
- Children will learn to share, take turns and to communicate

Everyone is welcome! Please reach out to us, if you have questions or want more information: 655 1422 or mkerkering@howardcenter.org.

Knights of Columbus Sunday Breakfast

By Greg Clairmont

The Knights of Columbus St. Stephen’s Council #2284’s world famous breakfast returns on Sunday, October 28 from 8:00-11:00am, at the Winooski Senior Center (123 Barlow Street). The price is $6.00 per person, maximum $20.00 per family, children under 5 years of age complimentary.

Breakfast Menu includes Danny’s awesome Irish potatoes, George and Mike’s delicious scrambled eggs, Robby and Roger’s sweet blueberry pancakes, Luke’s Vermont made maple syrup, David and Jimmy’s perfect French toast, Jeff and Leon’s sizzling bacon, Scottie and Tommy’s Montreal steak seasoned sausage, Brian and GPB’s piping hot, Heavenly coffee, Richard and Jon’s chilled orange juice, Ray and Eric’s Swiss Miss hot chocolate, Ciaran and Steve’s amazingly smooth tea, soothing jazz, our chaplain Father Scott and Father Steve’s wonderful presence and simply, great comradery and fellowship!

Please call Greg Clairmont, Worthy Grand Knight, at 802.343.8446 or listandsellvt@gmail.com with questions.

Mark your calendars! Other Sunday breakfast dates for the 2018-2019 year are as follows:

- November 18
- December 16
- January 20
- February 17
- March 17
- April 14
Partnership for Prevention
By Jackie Hoy

Save the Date for the Next Community Dinner

You’re invited to our next community dinner on October 24th at 5:30 p.m. Come join us for a free meal and a chance to get to know your neighbors in Winooski, everyone is welcome!

**DATE:** Wednesday, October 24
**TIME:** 5:30 to 7:00 p.m.*
**WHERE:** O’Brien Community Center, Malletts Bay Ave.

*Please note the time adjustment; we will be starting community dinners at an earlier time to accommodate young families.

Winooski’s Above the Influence Group is Back!

Winooski students can join us this session for our after-school group, Above the Influence. Above the Influence is an after-school group that meets weekly in the Winooski School. Kids will have fun, meet other students, gain public speaking skills, and increase their knowledge about how using substances can affect their goals. They will have the chance to attend public meetings to speak up for healthy change, make posters and signs to share in the community, and attend trainings to meet other kids who share the same values.

Students will spend time looking at some of the many types of messages they are faced with on a daily basis, and will be provided information and experience to decide for themselves what is true. We look forward to the new group of Above the Influence kids this school year!

What We’ve Been Up To

**Back-to-School:** Thank you to the Winooski School District for hosting a great Back-to-School Barbeque! We had the chance to meet some of Winooski’s amazing incoming students and their parents, and we’re excited for a fun and healthy school year. If you missed us at the BBQ, you can find our materials at the Winooski Farmers Market on Sundays; we look forward to meeting you!

**Foster and Respite Care in Vermont**

From a day to a lifetime…

You can help!!

Almost 1,000 Vermont children currently live away from their families in foster care. They all need families to care for them, preferably in their communities. Being able to stay in their own communities & schools — with friends, teachers, and familiar surroundings — can make a huge difference in their lives.

Become a foster parent!! Call your Resource Coordinators, Cathy or Matt at 863-7370 or visit fostercare.vt.gov

* DO YOUR PART *

VOTE!

November 6, 2018

Voting Season is Here!

Don’t forget to register to vote! You can register to vote before the November elections at Winooski City Hall, or at any participating non-profit organizations, such as the Winooski Partnership for Prevention offices at the O’Brien Community Center. You can also register on voting day at the Senior Center on East Spring Street.

Community Input: The Winooski Partnership for Prevention values the insight of all community members when it comes to how we can improve health in Winooski. This is why we’ll be surveying community members in the upcoming months about the impacts of tobacco and alcohol advertising on youth substance use. Be on the lookout for our future survey!

Our mission: The Winooski Partnership for Prevention prevents substance abuse by educating and empowering Winooski. Most addiction begins before the age of twenty-one, which is why we examine the ways in which tobacco and alcohol companies market their products to youth. One way the tobacco companies are getting kids to try their products is by offering them in flavors and fun packaging.

Kids who know these facts are more likely to make healthy decisions. If you’re looking for tips on how to talk to kids about tobacco and other substances, check out our website for resources, www.winooskiprevention.org, or be in touch with us for more information.
Winooski Food Shelf Schedule for October
By Linda Howe, Winooski Food Shelf Coordinator

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Items</th>
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<tbody>
<tr>
<td>Wednesday, October 10th</td>
<td>2 p.m. to 4:30 p.m.</td>
<td>Pantry staples, meat, eggs and fresh veggies</td>
</tr>
<tr>
<td>Saturday, October 13th</td>
<td>9:30 a.m. to 11:30 p.m.</td>
<td>Fresh fruit, veggies, bread, pastry and deli items</td>
</tr>
<tr>
<td>Wednesday, October 24th</td>
<td>2 p.m. to 4:30 p.m.</td>
<td>Pantry staples, meat, eggs and fresh veggies</td>
</tr>
<tr>
<td>Saturday, October 27th</td>
<td>9:30 a.m. to 11:30 a.m.</td>
<td>Fresh fruit, veggies, bread and deli items</td>
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100th Anniversary Celebration:
This year, the Winooski United Methodist Church is celebrating 100 years of our church building (the original church from the 1860's burned). To kick off the celebration, we are hosting a concert on Thursday, October 11 at 7:00 p.m. with lead performer Tori Harper from Nashville, TN. Also performing are the band Over Orange Heights and the soloist Jason O'Brien. Tickets are only $15 or $20 for VIP tickets (visit with the artists) you can call the church at 802-655-7371 or go to vtchristianmusic.com to order tickets.

On Friday, October 12th, Waking Windows is hosting another concert. We close the celebration on Sunday, October 14th with a special church service at 10:00 a.m. with Tori Harper, followed by a potluck luncheon. The spectacular pipe organ will be featured with a solo by Reg Wells, originally from the area and whose grandfather attended our church while serving his country as an enlisted horse cavalry soldier at Fort Ethan Allen (one of the Buffalo Soldiers). We invite the entire community to join in our celebration!

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets. There is a bus stop on that corner. We do not provide rides so please bring a wheeled cart or suitcase and some reusable bags to lug your food home. The church phone number is 802-655-7371. 

Donation drop off location: Sally's Flower Shop, 333 Main St., Winooski 655-3894 is happy to accept drop off donations of food and toiletries during business hours. Pets are also family members and we are always grateful for pet food donations. We especially need cat food.

Winooski Girl Scout October Report
By Amy Lothrop

Welcome back to school and scouting! We are excited for an amazing year of adventure, learning and community service. We have welcomed new girls - Grace, Zinnia and Zoe as well as leaders Marie, Jillian and Laura. Our troop is open for all girls K-12. Our troops will earn their badges and also have fun snow shoeing, hiking, camping, ice skating, traveling to Maine, Get Air, completing their Silver Awards, CPR certifications and so much more. All financed through cookie selling and other money earners.

Daisy Troop 58806 earned their Respect Myself and Others petal. Brownie Troop 52013 started their year by selecting the badges that they would like to earn this year.

Junior Troop 30948 are finishing their Bronze Award reports and preparing their presentation. Cadette and Senior Troop 30187 marched in the Burlington Pride Parade to support their friends and family. We all went to Get Air and a Lake Monsters baseball game.

Daisies meet the 2nd and 4th Saturday of the month at the Winooski Senior Center from 9:00-10:30am. Brownie and Juniors meet every Wednesday during the school year in the JFK Art Room 5:30-6:45pm. The Cadettes and Seniors will meet the 2nd Saturday of the month generally at 10:30am starting at the senior center. Their meeting times and location are subject to change based on the activities planned for the day.

We are always looking for helpers and guest speakers. Do you have a talent, hobby or skill that you might like to share or teach the girls? We would love to learn it and get to know you. If this sounds like an adventure that you would like to join, contact Amy Snow Lothrop at amylothrop@comcast.net or (802) 373-7288. You can also register directly by calling our council at 888-474-9686. Our mission is to build girls of courage, confidence and character who make the world a better place.
Senior Center News
By Barb Pitfido, Winooski Senior Programs Manager

Every Autumn we busy ourselves with activities that are full of friends, family and food! The Senior Center is no different. We have many opportunities for seniors to come in and share a meal, tell a story (or two) and engage with the community. Our focus is on providing folks a friendly place to come to spend time and an affordable alternative to dining out.

We value nutrition and understand that seniors might need help to decrease feelings of isolation. Starting in October we’ll offer $5.00 (by donation) Age Well meals with an enhanced “Fixin’s Bar” that is sure to please. Our dates for Tuesday meals are: October 9th & 23rd, November 13th & 27th. If you know a senior that could benefit from any of our programs OR if you would like to volunteer your time, please call us! We always have room at our table!

TIME TO JOIN THE SENIOR CENTER!
It’s that time of year when you make your annual $5.00 donation to the Senior Center for your membership dues. In addition to receiving a card for a FREE meal, you will now receive a 10% discount on any adult City Recreation programming. Stop by the office and sign up today! Your donation helps fund our meal site, programming and events. Come join us! We are a HOOT!

UPCOMING ACTIVITIES:
Special Senior Lunches:
• 11/13 - Senior Thanksgiving Luncheon
• 12/11 - Senior Holiday Party

Special Events:
• 10/10 - AARP Fraud Forum
• 10/16 - Humor and Health class w/ Sister Pat
• 10/20 & 21 - Season’s Greetings Pumpkin carving
• 10/30 - UVM Falls Prevention workshop

Do Drop In - Coffee & Conversation:
• Mondays 9-11am

Open House Time:
• Wednesdays 1-3pm Free Activities (cribbage, games, crafts)

Tech Buddies:
• Wednesday afternoon appointments

Tai Chi - with Elizabeth Wirls:
• Mondays 10-11am Sun 73 (Long form) & 11am-12pm (Seated)

Coffee Talk - Coffee & topic discussions:
• Wednesdays 9-11am (topics at 10am)

Brown Bag BINGO!
• Thursdays at 12:30pm (Doors open at 11am)

BINGO! Theme Days:
• October 25 - Halloween Party
• December 6 - Black & White

Senior Exercise:
• Thursdays 10-11am

New American Lunch & Learn:
• Fridays (11am Tai Chi, meal at Noon)

Senior Planning Meetings:
• October 3
• November 7

NOTICE: The Senior Center will be closed Monday, October 8th for Columbus Day.

The Winooski Senior Center... the most exciting place in Winooski!

We are located at 123 Barlow Street. Plenty of free parking & handicapped accessible. Office hours are 8:30am - Noon (Monday - Friday). You can reach us by phone at: 655-6425 or email at: seniorcenter@winooskivt.org.

Stay up to date! Visit us on Facebook at: https://www.facebook.com/winooskiseniorcenter/ OR see our live online monthly activity calendar at: http://www.winooskivt.org/senior-programs/
HEALTH CORNER

By Elizabeth Parris, School Nurse

We are off to a busy start this year in the health office. The SBHC and the Dental Transportation program have both begun. If you want to learn more about either one of these opportunities, please contact the nurses.

On another note...

- If you have not already done so, please fill out the emergency health information sheet and return it asap.
- If you have a student K-2 we highly recommend that you place an extra set of clothes in their backpack in case of an accident. We have limited items in the health office.
- We will begin hearing and vision screenings in the health office this month. You will be notified if your child's results are outside of normal limits.
- It's never too early to start thinking about flu shots! Call your doctor to make your appointment today!
- It is extremely important to make sure that our office has the most up to date phone number on file in case of an emergency. If your phone number changes throughout the school year please make sure to update the main office and health office.

Have a great month!!

Tooth Tutor Update

By Tracy Towers RDH, Tooth Tutor

Greetings! I am in the early stages of gathering the dental information on the Health Forms that are being collected in the office. I look forward to being in the Health Office on Fridays throughout the school year!

I am getting an early start on classroom education visits, by the time this newsletter reaches you, I will have completed visiting the 5th grade classrooms. I will be reaching out to 4th and 3rd grade teachers next. I look forward to visiting with your students. I hope to make these classroom visits interactive and have as much student participation as possible. Ideally if classrooms can be combined by grade, for a 20-30 minute time frame, it will allow me to see the students in a timely fashion.

As always, don't hesitate to contact me with any dental concerns/issues that one of your students may have. I check my email daily, so please don't wait until a Friday if you have any concerns. Keep Smiling!

ELEMENTARY SCHOOL MENUS — OCTOBER

BREAKFAST

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<td>Turkey Sausage &amp; Cheese Biscuit</td>
<td>Whole Grain Bagel Condiment Cream Cheese</td>
<td>Assorted Cereal Sides</td>
<td>Breakfast Round</td>
<td>Egg &amp; Cheese Muffin</td>
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LUNCH

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<td>Grilled Chicken Sandwich Vegetable</td>
<td>Beef Nachos Supreme Sides</td>
<td>Turkey Sausage &amp; Cheese Biscuit</td>
<td>Chicken Gravy Macaroni &amp; Cheese</td>
<td>Coconut Cranberry Redish Side</td>
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<td>Oven Crispy Tots</td>
<td>Baked Potato Bar</td>
<td>Whole Grain Bagel Condiment Cream Cheese</td>
<td>Homemde Cranberry Cheese Bread</td>
<td>Sides</td>
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<td>Steamed Corn &amp; 1/2 cup</td>
<td>Rice Pilaf</td>
<td>Side, Baked Beans</td>
<td>Side, Fruit Juice &amp; Fresh Fruit</td>
<td>Sides</td>
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<td>Turkey Gravy Macaroni &amp; Cheese</td>
<td>Turkey Grey Cranberry Sauce</td>
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<td>Dress Your Own Burger Vegetable</td>
<td>Turkey Sausage &amp; Cheese Biscuit</td>
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PLEASE NOTE: Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

ALSO: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.
Winooski School District
60 Normand Street
Winooski, VT 05404

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Sean McMannon: 655-0485
smcmannon@wsdschools.org

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Principal: Sara Raabe
802-655-0411
sraabe@wsdschools.org

Winooski Middle and High School
Co-Principals:
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ayin@wsdschools.org

WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 884 students attending JFK Elementary and Winooski Middle/High School (grades PreK-12).

One of the most diverse school districts in the state of Vermont, Winooski’s teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

“District News!” is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wsdschools.org