

# WINOOSKI SCHOOL DISTRICT NEWS!

JUNE 2018

ALSO INCLUDES 5 PAGES OF  
**Community News!**  
STARTING ON PAGE 10

*celebrating Our Achievements!*

## Thrive Summer Program Enrollment Now Open

By Kirstie Paschall

The City of Winooski is now accepting registrations for our Thrive Summer Program!

The Thrive Summer program is a state-licensed, 3 STAR childcare/enrichment program. Thrive Summer serves children who have completed grades K-5, and will operate 6 weeks, starting Monday, June 25 through Friday, August 3rd.

All classrooms are lead by licensed teachers and children will participate in hands-on learning and play-based opportunities including fencing for 3rd-5th graders, walks through the community to Landry Park, Gillbrook Nature Area, the Riverwalk and the Intervale, STEM activities, team building games, art and music, and lots of opportunities for social learning with friends!

The Thrive Summer Program accepts Vermont Childcare Subsidy to cover registration costs. If you receive full or partial Subsidy, you will pay no additional fees.

Call or email the Department of Children and Family Programs with questions regarding this program: 802-316-1552 or send an email to [thrive@winooskivt.org](mailto:thrive@winooskivt.org).



## Weaver Street Pop-up Demonstration Project

By Paul Sarne, Communications Coordinator

The City of Winooski Department of Public Works has partnered with Local Motion, the Chittenden County Regional Planning Commission (CCRPC), and VHB to install a temporary, interactive pop-up project along Weaver Street that demonstrates a two-way protected bike lane that would create a safer, low stress commute for residents and visitors of Winooski.

The goal of this project is to provide a fun, engaging, and inclusive space for participants of all backgrounds and abilities. The projected timeline for this project is between June 1st – 10th, 2018. A comprehensive press release will be available on [winooskivt.org](http://winooskivt.org) with more information!

Questions about the Weaver Street Pop-up Demonstration Project can be directed to Jon Rauscher, Director of Winooski Public Works: [jrauscher@winooskivt.org](mailto:jrauscher@winooskivt.org) / 802 655 6410

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## Important End-of-Year School Dates

- **Last Day of School:** The last day of school is **Friday June 15**. School will let out at 11:00am for all students.
- **2018 Graduation:** Winooski High School is pleased to announce that graduation will take place on **Saturday, June 16 at 1:00pm**. See page 7 for full end-of-year calendar items.

### Summer: Keeping our Children Active!

By Sean McMannon, Superintendent of Schools

Finally the warm and sunny weather has arrived! This means that we are nearing single digits of school days remaining and the excitement of summer break. However, it is very important that we help our children to find ways to keep their brains and bodies active and healthy during July and August. During the school year many of our students participate in co-curricular or after school activities which we know plays a positive role in their learning and social-emotional development. Research shows that students involved in co-curricular activities are more likely to have: higher grades, better school attendance, lower dropout rates and fewer discipline problems. ([nsaahome.org/benefits.pdf](http://nsaahome.org/benefits.pdf)) It is imperative that we keep these positive activities going during the summer months.

There are many opportunities for structured summer activities supported by our school such as Brain Camp for elementary students and ELL Newcomer Summer Camp for middle/high school students. Parents can contact any of the school offices or peruse our website for more information. In addition, I would recommend reviewing [www.kidsvt.com](http://www.kidsvt.com) under the Family Resources menu to find local day and residential camp opportunities.

In addition to all of these structured activities I would encourage parents to find time to do the simple things with their children that keep them active and healthy during the summer months:

- **Nutrition:** Healthy meals each day is essential. Our school will be serving breakfast and lunch during the summer. If

you struggle with food security please contact our local food shelves.

- **Walk, Run, Bike & Hike:** We are fortunate to live in a beautiful state with incredible natural resources. Take advantage of the recreational paths in Winooski, Burlington and Colchester or get out into the Green Mountains and explore Mt. Mansfield and Camel's Hump. Don't forget the bike helmets to protect precious brains!
- **Swim:** Enjoy our local beaches such as North Beach (Burlington) or Bayside & Rosetti Park (Colchester). Please make sure our children have the opportunity to learn how to swim so they can be safe in all bodies of water.
- **Reading & Math:** Go to the library and get summer reading books. Schedule a daily family reading time and model the joy of reading for your child or read aloud with your child. Simple math workbooks from local bookstores or online worksheets are a great way to maintain and build calculation skills over the summer.
- **Play games:** Board and card games are excellent ways to build critical thinking, problem-solving and interpersonal skills.

As we close the 2017-18 school year I would like to thank the entire community for supporting our children and the WSD staff! It has been a wonderful year with a lot of positive growth for individual students and our school and city. Enjoy the summer with your families and keep our children active and healthy!

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### School Board Update

By Alexander Yin, Ph.D., Winooski School Board

In a few weeks, school will end and summer vacation begins. When I was a student, I found the end of the school year bittersweet. On the one hand, I looked forward to not having any homework or projects to complete, but on the other hand, it meant not seeing my friends on a daily basis. As an adult, I miss the days of sleeping in especially after staying up late to watch a Red Sox game. What I missed most about summers as a kid is the time it allowed to practice/develop a skill or explore a topic that intrigued me. For example, I remember hours working on my basketball game such as practicing my jump shot or dribbling with my weak-hand – hoping that when I finally got my growth spurt – college scouts would take notice. Unfortunately, the growth spurt never occurred, but as my mama always said, “Never put all your eggs in one basket.”

Luckily, I also devoted time in the summer to practicing my reading and math skills. My favorite books that I would eagerly borrow from the library were about sports, fables, fairy-tales, and Encyclopedia Brown, a kid detective who used logic to solve mysteries. I loved Encyclopedia Brown, because he used his brains instead of his brawn to be the hero. This motivated

me even more to do extra math problems during the summer, because they were like mini-mystery problems that needed a little logic to be solved. I really had a love-hate relationship with math because like many other people, I was not naturally gifted at it. Yet perseverance and practice with a bit of reflection helped me unlock the mysteries of math. With all that practice, I started to see numbers dancing everywhere – from estimating the grocery bill to using trigonometry to measure the height of trees. The foundation of mathematics is logic and I soon found logic to be my friend. Even though I never became Encyclopedia Brown, learning to learn on my own has served me well in life.

No doubt, summer is a time for fun. Yet please recognize that summer is also an opportunity to continue learning and building upon the knowledge gained in the past year. Learn to swim, read a book to take you to far off places, write poems about the beauty of Vermont, calculate the number of votes one needs to become Governor of Vermont, talk with seniors from the Senior Center and discover the meaning of life. There is so much to learn and you will soon discover that the hard part about life is that there is not enough time. So embrace your summer time and promise me

## SCHOOL BOARD *(continued from page 2)*

that you will not let it be wasted.

Finally, congratulations to all those graduating from Winooski High School on June 16 (Special shout out to Alexander Do for serving as the student representative on the School Board. We will miss you). Please embrace the moment, because even though it seems like the norm, graduating from high school is a big

accomplishment. I wish I could offer you some sage advice as you head into your new adventures... but at this moment all I can say is, "Don't eat yellow snow." If you have better advice, please send them to [ayin@winooski.k12.vt.us](mailto:ayin@winooski.k12.vt.us) as I am more than happy to be your student.

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## Parents & Youth for Change

*By Lesley Becker, Community Organizer, PYC*

We are all welcoming the warmth of June, and glad the long winter and fickle spring are finally behind us! The change in season brings changes at PYC too. We are sad to see organizer Hom Pradhan move on to another position, but we wish him the best of luck! Hom is a graduate of Winooski High School, and received an Associate of Arts (AA) degree from CCV. At PYC, Hom did pivotal work in supporting parents who led the campaign to ask the School Board to fund the Winooski Transportation Bus Pilot. Hom made a final presentation about the Transportation Pilot on April 27th. He included this wonderful photo by Dan Higgins, taken on a cold morning in March, of the bus drivers, bus monitors and children riding the bus to the Winooski Elementary/High school.

Parent and community involvement is needed to support the continuation of the school bus. PYC members are meeting with Winooski City and WSD administration to talk about what needs to be done to keep this important service going next winter, getting an average of 180 children to school every day safe, on time and ready to learn. Last year the Winooski bus started in mid-January. Was that early enough? Could the bus start in December or November this coming winter?

Thank you to folks who reached out to set up meetings with us. PYC uses the PICO (People Improving Communities through Organizing) model. PYC staff and members talk with community



members in a one-to-one meetings about what you love about your community, what problems there are, and what issues underlie those problems. If you have not contacted us yet but are interested, it is not too late!

Parents and Youth for Change wants to hear from you this summer! You are the center of our work. Send an email to Zoe Morris at [zmorrispyc@gmail.com](mailto:zmorrispyc@gmail.com) or Lesley Becker at [lbeckerpyc@gmail.com](mailto:lbeckerpyc@gmail.com).

June 8th at 7:00 PM is the PYC Winooski Community meeting. Please join us, and contact Zoe or Lesley for the location. Child care is available. Hope to see you soon!

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## Deeper Learning for All

*By Hal Colston, Partnership for Change*

The William and Flora Hewlett Foundation has emerged as a national leader to grow deeper learning throughout our country. Deeper learning is defined by the following educational competencies: content mastery; effective communication; critical thinking and problem solving; collaboration; self-directed learning; and academic mindset. These competencies are assumed to be the experience for students of privilege, yet the challenge and opportunity is: how does this become the experience of all of our students?

It is all about equity. How do educators provide each and every one of their students with what they need in terms of support to achieve deeper learning? This differs from equality, which is about treating everyone the same. Equality is when everyone has shoes to wear. Equity is when everyone has shoes that fit.

I believe that deeper learning for all must begin with the educators: staff, teacher and administrator. It is important that



the lens for their work is deeper learning. They are able to become a living example for what deeper learning is by modeling it each and every day. Students are better able to walk the walk when they see adults talking the talk.

What is exciting is that Winooski Middle and High School is already on the path of deeper learning through its efforts to achieve student-centered learning. The graduate expectations that were created with community input are being implemented. Half of the deeper learning competencies are encompassed by the graduate expectations that took a lot of work to conceive and put in place. The real work at hand is to assure that deeper learning is for all of our students.

## CITY AND SCHOOL ANNOUNCEMENTS

### Winooski High School's 74th Annual Athletic Banquet

By Lori Lambert

Winooski High School's 74th Annual Athletic Banquet sponsored by the Winooski Boosters and the Athletic Department will be held this year on **Sunday, June 10th** at 6 pm. Dinner will take place in the cafeteria with the awards ceremony following in the Performing Arts Center. Freshman and Senior athletes' parents are asked to bring a cold dish to share. Sophomore and Junior athletes' parents are asked to bring a hot dish to share. Please be considerate and bring a dish so there is enough food to go around as there has been a shortage of food in the past. If you have any questions feel free to email [LoriLL68@gmail.com](mailto:LoriLL68@gmail.com) or call me at 802-324-2019. I need a head count of how many from your family will be attending please.

Reminder: Athletes should not wear shorts OR t-shirts to this event!

### Free Community Spaghetti Dinner

By Sr. Pat McKittrick

St. Stephen's Church and The Winooski Peace Initiative will sponsor a community supper open to the Winooski community on **Saturday, June 9th** at the Winooski Senior Center (located at 123 Barlow Street). This will be a great opportunity to know other members of our community.

St. Stephen's Church will provide the meal that will be served from 5:30 - 7:00 pm.

Cathy Resmer will share information about the "Good Citizen Challenge" which promises to be interesting and fun!

Door prizes, surprises and activities for children... More details to follow - check Front Porch Forum as the date approaches.

Would you like to share a dessert, or special food from your culture? Feel free to bring something to share with others. Remember, this is only a suggestion.

Invite your friends. All are welcome!

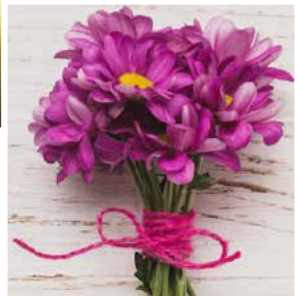
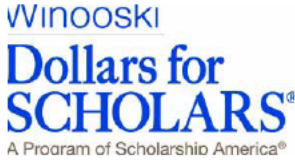

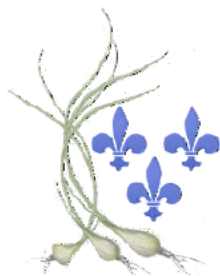
For more information, please call Sr. Pat McKittrick at 847-6534.

### SAVE THE DATE

### French Heritage Day July 15, 10am-2pm

Celebrate Winooski's past, present, and future with music, food, and entertainment. Find out more information online at [www.facebook.com/VermontFrenchHeritageDay](http://www.facebook.com/VermontFrenchHeritageDay)

Event hosted by  
DowntownWinooski.org



**Got a Graduate?  
We've got flowers  
for you!**

Come find us at a table before graduation or email us at [winooskidfs@gmail.com](mailto:winooskidfs@gmail.com) to reserve your bouquet now.

We look forward to seeing you June 16 at 1:00 pm. We will be there early for you!



**GET PAID 2 LEARN AT WISE!**  
Open to women (ages 16-24)  
Call by June 4th!

### Not sure what to do this summer?

Enroll in WISE and make \$10.50/hr learning how to:

**Land a great job.**

**Grow your network.**

**Figure out what you're good at.**

**Write stand-out cover letters / resumes.**

**And so much more!**

Contact Missy by June 4 to find out if you're eligible!  
[mmackin@vtworksforwomen.org](mailto:mmackin@vtworksforwomen.org) • (802) 655-8900 x503  
Learn more at [vtworksforwomen.org/WISE](http://vtworksforwomen.org/WISE)

## Free Meals this Summer

The Winooski School District is a participant in the **Summer Food Service Program**.

Meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service.

Meals will be provided, at a first come, first serve basis, at the site and times listed below:

- **Winooski School District**

60 Normand St. Winooski, VT 05404

June 25 - August 3, 2018

(no service 7/4/18)

- Breakfast: 7:45am to 8:30am
- Lunch: 11:30 am to 12:30 pm

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027), found online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) and at any USDA office, or write a letter addressed to USDA and provide in the letter all the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to the USDA by mail:

- U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Ave SW  
Washington, D.C. 20250-9410
- Fax: (202) 690-7442 or
- email :program.intake@usda.gov

*This institution is an equal opportunity provider*

## Changes to the Winooski Partnership for Prevention Team

We have an intern joining us this summer, welcome, Ellen! Ellen is currently a student at Champlain College where she is majoring in professional writing. She has joined our team to assist with communications and will be using her skills to promote our mission. We're excited to have Ellen helping us out this summer!

We're also excited to announce we have a new board member: Diana Arnell has joined our board to help us reduce substance abuse in Winooski. She moved here in 2014 and is passionate about working to cultivate a healthy community in which to live and raise her daughter. A big welcome to Diana!

We would also like to thank three board members who have offered their dedication and support over the past years. We have accomplished so much with their help, and while we're excited for their next phases, we're sad to see them go. Thank you to Grace, Aislinn, and Anne for all of your hard work and commitment to the Winooski Partnership for Prevention!



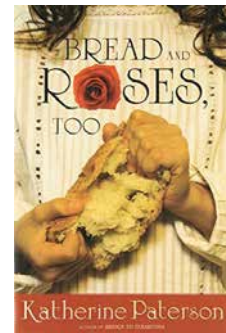
## Vermont Reads

By Lisa H. Italiano, Reading Specialist, Winooski Middle School

Winooski Middle School, St. Francis Xavier School, Winooski Peace Initiative, Winooski Public Library and the Heritage Winooski Mill Museum will all join together to provide programs linked to the Vermont Reads choice for next year, **Bread and Roses, Too** by Vermont's own Katherine Paterson.

We plan to provide the programs this coming fall, so be on the lookout for news and fliers in August.

Winooski Reads, too!



## Exhibit to Honor a New American Family

By Sister Pat McKittrick

In July, the Winooski Peace Initiative will host an exhibit at the O'Brien Community Center honoring a new American family. **Prem and Mana Bhattarai** live in Winooski with their four children, Prem's mother, and granddaughter Blossom.

Prem and Mana met in a refugee camp in Nepal after the Bhutanese government stripped 100,000 people of their citizenship and during 1990-1992 forced them to flee the country. Prem and Mana spent two decades in the camp, where their children were born, before being resettled in the United States.

They're now active members of the Winooski community. The July exhibit will include photos of the family, a summary of their history from Bhutan to Nepal to Winooski, and quotes from family members remembering where they came from and describing their life today.

Photographs are by Michelle Saffran and the text is by David French.

Watch for upcoming events and more details. You'll find this exhibit inspiring! For more information, contact Sr. Pat- pat.mckittrick@uvmhealth.org

## Playgroup

By Martina Kerkering

Playgroup for families and their young children (0-5 years old).

Come and play at the O'Brien Community Center play space (32 Malletts Bay Avenue) in Winooski on Tuesdays or Thursdays from 9:30-11:00am. **Please note that our last indoor playgroup will be on Thursday, June 28th.**

We hope to see you at our summer playgroups starting in July.

Please reach out if you have questions or want more information: 655 1422 or mkerkering@howardcenter.org.



## Foster and Respite Care in Vermont From a day to a lifetime.... You can help!!

Almost 1,000 Vermont children currently live away from their families in foster care. They all need families to care for them, preferably in their communities. Being able to stay in their own communities & schools — with friends, teachers, and familiar surroundings — can make a huge difference in their lives.



*Become a foster parent!! Call your Resource Coordinators, Cathy or Matt at 863-7370 or visit [fostercare.vt.gov](http://fostercare.vt.gov)*

## Stay in Touch: Join Front Porch Forum!

Front Porch Forum's mission is to help neighbors connect and foster community within their neighborhood.



Go to [www.frontporchforum.com](http://www.frontporchforum.com) to sign up for this free community resource. You will get a daily email with postings from your neighbors, city, and school leaders with news, opinions, quotes, and more. It's a great way to keep on touch with late-breaking news and community events.

## JFK ELEMENTARY SCHOOL NEWS

### JFK Elementary Update

*By Sara Raabe, Principal*

It is hard to believe that the school year is drawing to a close. This school year at JFK has been an amazing one, with fantastic learning happening each and every day. As the year draws to a close, we have activities happening to celebrate another successful year:

- June 11th is the JFK All School Celebration
- June 12th is the 5th grade BBQ
- June 15th is Moving Up Day and the last day of school with an 11am dismissal

The students leave on June 15th. However, the staff comes in on June 18th and 19th to wrap up this year, and to start planning for next year.

A small team of teachers and I will be heading to Arizona on June 19th to attend a math conference. The Todos conference focuses on all students learning quality mathematics and advocating for equity and social justice through mathematics. It is an amazing opportunity for us to access professional development outside of Vermont. This opportunity will help us to further address the needs in our diverse school.

The JFK leadership team will be attending a one week training the week of June 25th at the BEST institute. This will be our third summer attending BEST. Each summer we work to further develop our tiered systems of supports. This work helps to ensure that all of our students get access to what they need in order to be successful learners.

**We have summer school for four weeks this summer.** Summer school will run Monday - Thursday, 8am until noon. For incoming Kindergarten, students can come either the week of July 9th - 12 or the week of July 16th - 19th. For all incoming 1st - 5th graders, the weeks of summer school will be the week of July 9th, the week of July 16th, the week of July 23rd, and the week of July 30th.

As we wrap up the school year, I want to take this opportunity to thank you. We have had another successful year partially due to the support of the Winooski community!



### Mother's Day In Room 5

*By Dave Muir*

The kids worked on making gifts for Mothers or for other special people in their lives. They created beautiful cupcake pictures that were accompanied by fun coupons that their Moms or special people could cash in and use. Some of the coupons were for breakfast in bed, washing the dishes, free hugs, and even taking out the trash!

Room 5 talked about how important and strong the Mothers in their lives are, and how important it is to be thankful for them. We talked about how they deserve to be treated like gold on other days, just not Mother's Day!

## MIDDLE/HIGH SCHOOL HIGHLIGHTS

### We're In This Together

By Leon Wheeler, Principal

One of the characteristics that sets Winooski apart from other communities around Vermont is its continued long and rich history of welcoming and integrating families and individuals from other towns and cities, other states, and other nations who have come here seeking new opportunities for a good life. We are the most richly diverse community in the state of Vermont. Throughout our city, organizations and individual residents alike see our many differences as an opportunity to make us beautiful and resilient, a model of welcoming and belonging.

Anyone who has been in Winooski's schools has seen buttons and signs and t-shirts saying "All Are Welcome". More than a slogan, this is a fundamental value of our schools that motivates us day in and day out. Like every immense and complex commitment, making it real takes continual effort. And so we've remodeled the high school advisory model so advisors get to know each of their students and can be a support and advocate. We have flexible ways for students to learn important content and

*"Here in America, we don't let our differences tear us apart. Not here. Because we know that our greatness comes from when we appreciate each other's strengths, when we learn from each other, when we lean on each other, because in this country, it's never been each person for themselves. No, we're all in this together. We always have been."*

— MICHELLE OBAMA



skills. Our student support processes for identifying and supporting student when they struggle have been revitalized.

The 21C After School program has classes both for enrichment and for academic support. Each of these and more are continually reviewed and revised so each student will have ways to be connected to the school and engaged in important learning... to know that they are welcome here.

A few months ago high school reading teacher Kari Maughan started a labor of love, to sew a wall hanging that affirms our commitment. With help from students in her classes and colleagues, the quilted flag is ready to be displayed. All Are Welcome!

As the 2018-19 school year draws to a close, join us at the following celebrations:

• **Middle School Stepping Up Ceremony** for 8th graders transitioning to high school – Thursday, June 14, 6pm

**HS Graduation** – Saturday, June 14, 1pm. This is the culminating celebration of all the hard work by parents & guardians, staff members, and especially our students. We're in this together!

Have a great June!

### Graduation Calendar

**June 5: Honors Dinner** will take place from 5-7 pm at the Windjammer Restaurant in South Burlington.

**June 15: Senior Lunch with Staff** will take place from 11:15-12 pm in the cafeteria.

**June 15: Rehearsal for Graduation** will take place from 12:00 pm to 1:00 pm, or later if needed, in the gymnasium. We will go over the lineup and seating, practice marching, and answer questions about the ceremony. Please be prompt and ready to pay attention. The smoother the rehearsal goes, the fewer times we need to run through the exercise.

**June 15: Caps and Gowns** will be distributed at WHS in the gym lobby. Students need to bring their payment of \$20 and pick up their cap and gown from the Balfour representative starting at 12:30 pm. Please make checks payable to Balfour.

**June 16: Graduation** is at 1:00 pm in the gymnasium, but we expect all seniors to be at school by 12:00 pm. We will line up in the cafeteria and go over any last minute questions. The graduation ceremony usually lasts about 90 minutes. We ask people to observe the celebration by dressing formally (shirts and ties for the gentlemen, dresses or slacks for the ladies).



### From the Twitter Feed @WinooskiLearns

"The Board Games Class @WinooskiLearns created prototypes and testing begins today. One group has used a roulette wheel & CD to create a Word Game inspired by @pressmantoy Rummikub, along with Scrabble, & UNO. Excited to play these final projects!"

## Winooski PeaceJam Goes to Connecticut!

By Elizabeth Payeur, iLab Teacher

The Winooski High School PeaceJam Club attended a fantastic weekend in Hartford, CT where twenty of our student participants had the opportunity to engage in a variety of educational and enrichment activities. The highlight of this weekend was the PeaceJam Slam (mini-conference) which focused on Social Justice and Restorative



Practices for Safer Communities. The conference brought together high school students and college mentors from throughout New England and involved team-building games, leadership training, and participation in a variety of workshops. Dr. Sheldon Watson, an Associate Professor and Director of Doctoral Education in the Department of Educational Leadership, Policy, and Instructional Technology at CCSU, provided an inspiring keynote address, in which he shared his beliefs “that leading through serving is the most powerful tool for changing society for the better.” From this speech, students reported learning that “we all have the power to make a change or difference,” that “leadership is about giving,” and that “we belong together; peace is what we need.” It is our hope that the ideas generated this weekend will help to propel the work of the PeaceJam club and make our community just a little bit better, one small step at a time. On this trip and throughout the school year, the PeaceJam students have represented the Winooski High School community with maturity, enthusiasm, and respect for the learning opportunities provided. They make us so proud!

**Winooski Middle High School**  
**Artist of the Month**  
Sara Schmoll & Sarday Holness  
10th Graders  
June, 2018

### WMHS June Artist of the Month

By Jessica Bruce, Visual Arts Teacher

Sara Schmoll and Sarday Holness tie for Winooski Middle High School's June Artist of the Month! They are both in the Advanced Painting class this spring, and have been doing amazing work as collaborators, and often as leaders. Congrats, girls!

## Celebrations and Reflections in Advisory

By Lindsey Cox, advisory coordinator

As part of our advisory competition this year, students earn points if they perform at a Community Meeting. Community Meetings happen on Fridays about twice a month. They are a place for general announcements from faculty, students, or community partners. They are also a place for students to showcase their talents. On the Friday before April Break, our high school students displayed amazing dancing, singing, and poetry reading. A huge shout out to Ms. Maley's class for their dance to Give Me Freedom and to Ms. Maughan and Ms. Savage's class for their reading of "I thank you god for most this amazing" by e.e. Cummings.

During the May half day, students spent time planning their 2018-19 schedules. They worked with their advisors to align the proficiencies with

the course selections and talked with teachers about adding or dropping classes. They also participated in a "field days" style advisory competition with three-legged races, hula hoop contest, balloon popping, field bowling, and marshmallow/spoon races. Each advisory then hosted their own potluck celebration.

The end of the year is upon us and there is more to celebrate and reflect upon. All students took a survey about the high school advisory program in May and the results will be shared with the Winooski School Board at their June 13 meeting and here in the next newsletter. The student feedback will be used to



make improvements on the advisory program for next year. Additionally, the year-long advisory competition winner will be selected and revealed at the high school's June 8 pep rally, being organized completely by students.

If you have any questions or feedback about the WHS advisory program, please contact advisory coordinator Lindsey Cox [lcx@wsdschools.org](mailto:lcx@wsdschools.org) or (802) 363-2342.



# Perspectives from Different Cultures

By Bill Clark

On May 2nd, twelve students from Mt. Abraham High School in Bristol joined with nine Winooski students in a wide-ranging discussion of race, racism, and difference. This event was the latest in a longstanding collaboration between the schools. This year's topic revolved around current events, particularly Black Lives Matter and race.



Both groups of students had prepared extensively for this meeting. Several Winooski students read works by Ta-Nehesi Coates, Isabel Wilkerson, and Elizabeth Alexander, and viewed Robert Kennedy's speech announcing the death of Martin Luther King, the work of James Farmer, and TED Talks about the Black Lives Matter movement, among other resources. In the Mt. Abraham sociology class, students had discussed the refugee experience with Middlebury College students and the school's desire to become more welcoming to everyone.

"In both my Exploring Race and Racism and Communications of Ideas classes, we've been exploring segregation and racial issues in American history," said Winooski teacher Bill Clark. "This



collaboration gave students a chance to discuss diversity with a new audience and get a wide range of ideas. They could test their learning."

In a wide-ranging discussion, students from both schools intermingled to explore issues of diversity, change, and how schools can influence cultural norms. They then shared these one-on-one discussions with the whole class.

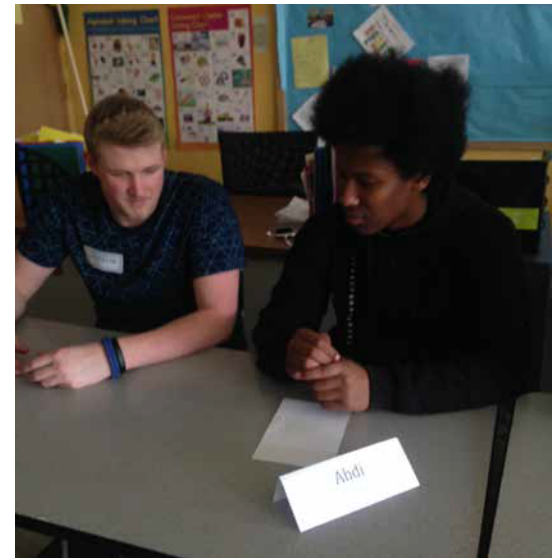
"Our readings and the discussion helped us understand the complexity of our system both in school and the workplace," said Anne Friedrichs, the Mt. Abraham teacher. "Our sociology class has been studying systemic racism and microaggressions in our society. It was amazing for our two schools to get together in this discussion."

The session concluded with a video about events at the University of Mississippi in Oxford and a review of segregation extending from the Civil War era to the present. The video highlighted key points of difference and ways to improve race relations in the United States.

"The Mt. Abraham students will end the year by creating their own short videos," said Anne Friedrichs. "These videos will demonstrate Racial Socialization in the United States and the students' racial literacy. We hope to share the videos with Winooski students."

To conclude the day's work, the students wrote exit card comments. One cited the importance of "just talking" with others. Another mentioned the "different perspectives within the schools and at Ol' Miss." The session showed one student "how to make friends!" and exclaimed that "People see things today the same way!" One student said "Our schools are quite different but very similar." Another said that "History is repeating itself. It just has a couple of changes."

In this 90-minute block, students from a variety of different backgrounds came together in a mini-United Nations



to discuss problems of the day and left with a greater appreciation of each other's perspectives. The big takeaway for both students and teachers involved the similarity of opinions and an appreciation of America's rich diversity. One student summarized lesson of the day: "I learned that even though it's uncomfortable to talk, we need to."

**City Council Update**

By Eric Covey

Hi neighbors, and happy spring! I hope that everyone is enjoying the warmer weather as we all emerge from winter hibernation to see the world turn green again.

There's a ton going on right now in Winooski, so I'll dive right in! At the March 8th special election Winooski voters approved a \$23 million dollar bond issuance for a **Main Street Revitalization project**, with 63% of all ballots cast voting in favor of the project. Some of the info on the project, below, may be old news to those who read last month's newsletter, but for those who didn't I'll give a quick recap.

The project will include complete replacements of outdated and aging water, wastewater, stormwater, street, sidewalk, and utility features, including placing all utility lines underground, from the railroad bridge at the bottom of Main Street just past the circulator up to the Tigan Street and Main Street intersection. The project will also widen sidewalks, create bumpouts at pedestrian crosswalks, and create additional crosswalks, in an effort to make Main Street safer and more pedestrian friendly, in addition to creating a dedicated uphill bike lane and opportunities for improved public transportation facilities.

Some of our water and wastewater infrastructure on Main Street is upwards of 130-140 years old, and in addition to necessary infrastructure improvements, the utility and infrastructure work of the project, alongside the sidewalk improvements, will support the community vision long in the works of stretching the vibrancy of our downtown core outwards along our corridors (Main Street, E. Allen Street and Malletts Bay Avenue). This will hopefully encourage sustainable business growth and development, supporting our local small business community while expanding housing options across the affordability spectrum.

Additionally, the improved pedestrian facilities will increase safety for those travelling Main Street, including children and families on their way to or from school, improve bike access, and make room for expanded stop options for community members utilizing public transportation.

So, why now? Significant state and federal grant opportunities, which may not be available in the future, combined with lower interest debt options, could significantly lower the tax impact of the project. It's important to note that the "Yes" vote on Tuesday is only a 'yellow light' for the City to move forward and work with funders to put together a funding package before a final Council decision. The anticipated tax impact is a 4-6% tax increase, and if the funding package were to come back at a higher rate drastically different than what voters understood when approving the project the Council could decide to stop the project before moving forward. Once the final funding package is put together there will be numerous public hearings, and opportunities for all to weigh in on the final decision! We anticipate this will happen in late summer.

If you have questions, I'm sure any member of Council would



be happy to hear from you, so please do contact us. You can also get more information on the project at [www.winooskivt.org](http://www.winooskivt.org) or by watching the CCTV video on the project at <https://www.cctv.org/watch-tv/programs/main-street-revitalization-project>.

On to other news! The annual **Waking Windows** festival returned May 4th-6th, and from a City and public safety perspective, was a big success again this year. We want to thank the event organizers for being so on top of the logistics of the event, and for working hand in hand with City officials to make sure that everything went smoothly and safely. Talk about vibrancy in Winooski! I hope you all were able to get out to enjoy some of fun Waking Windows has to offer.

In that vein **Winooski Wednesdays** will be starting again June 6th. On the first Wednesday of each month through October there will be music in Rotary Park from 6-8pm with free meals for kids. We're also happy to announce that the **Burlington Discover Jazz Festival** is coming back to Winooski from June 1st to the 10th, with events happening in Rotary Park and at local businesses across the City. Visit [discoverjazz.com](http://discoverjazz.com) for more info.

There are a variety of exciting summer programs available to Winooski residents and families offered through our **Community Services Department**, from summer **Thrive** programming to offerings from Recreation and Parks, the Winooski Memorial Library and the Winooski Senior Center. You can find a full list of summer programs here: <https://www.winooskivt.org/wp-content/uploads/2018/05/Summer-CS.pdf>

As always, please feel free to reach out to any of us with questions. See you out in the sunshine!

| Your City Officials       | Email addresses  | Telephone    |
|---------------------------|--|--------------|
| Mayor Seth Leonard        | <a href="mailto:sleonard@winooskivt.org">sleonard@winooskivt.org</a> | 802-777-3381 |
| Councilor Hal Colston     | <a href="mailto:hcolston@winooskivt.org">hcolston@winooskivt.org</a> | 802-655-6410 |
| Councilor Eric Covey      | <a href="mailto:ecovey@winooskivt.org">ecovey@winooskivt.org</a>     | 802-825-8789 |
| Councilor Kristine Lott   | <a href="mailto:klott@winooskivt.org">klott@winooskivt.org</a>       | 802-766-1988 |
| Councilor Nicole Mace     | <a href="mailto:nmace@winooskivt.org">nmace@winooskivt.org</a>       | 802-363-7777 |
| City Manager Jessie Baker | <a href="mailto:jbaker@winooskivt.org">jbaker@winooskivt.org</a>     | 802-655-6410 |

Visit the city website at [winooskivt.org](http://winooskivt.org) or call 802-655-6410.

Keep up to date with announcements and news:

**LIKE US ON FACEBOOK** We are "City of Winooski - Government"  
**FOLLOW US ON TWITTER** We are @winooskivt

## Police Update

By Scott McGivern

This article will continue to keep you updated with the changing personnel of the Winooski Police Department. By June 1, 2018, Officer Michael McCormack will be fully trained and out interacting with the community. The department will be hiring another officer in the late spring or early fall. We are still in the final stages of that process so I cannot say who will be joining our team or when you will have the opportunity to meet them.

I would like to take this opportunity to say that the police department has an open application process. Anyone can apply at any time to be a police officer in the Winooski Police Department. You need at least a 2 year post high school degree or have military service time. There are other requirements and standards that apply. You can find these on the Winooski Police Department web page and the Vermont Criminal Justice Training Council web page. Application can be found on the department web site or you can stop by in person to pick one one. The department also offers ride along opportunities to give you a firsthand experience in what it is like to be a police officer. If there are no openings when you apply your application will remain on file and you will be notified when an opening is available.

This will be my last newsletter article as I am retiring after 33 years of service. Knowing the people that I work with I am confident the chief will find someone who be informative and hopefully more entertaining. I would like to thank you for your time in reading what I have written over the last several newsletters. I hope it has been informative.



## Winooski Memorial Library

By Elsie Goodrich, Youth Services Coordinator

Get ready to rock, because this year's Summer Reading theme is Libraries ROCK! All summer long we will have instruments, crafts, computer and programming activities, outdoor games and a team reading challenge to celebrate how much reading ROCKS!

- **Free youth meals** served all summer long 12:30-6:30PM to anyone 18 and under.
- **Friday July 20th join Saragail Benjamin for a special drumming program.** Everyone will get to rock out with their own drum as we all make music together. Free and all ages are welcome!
- Join the Winooski Family Center and the Library for a **Friday morning playgroup** 9:30-10:30 families with kids 0-6 are invited to come play, sing, and work on crafts together. Story Time is every Friday at 10:30. Join Elsie for songs, rhymes, stories and crafts ages baby to 6 years old.
- Starting Tuesday, July 24th, the Winooski Family Center will be partnering with us to bring you a five week self-care **story time series.** Bring your little one's for a special story time and stay for some snacks, and self care goodies for the caregivers.
- **Lego Club** meets every Tuesday from 3PM to 6PM, take the weekly Lego challenge and see your creation featured on our Facebook page.
- **Family Game day** is every Wednesday from 3PM to 6PM, learn a new game like Magic the Gathering, or take home chess, Settlers of Catan Jr. Ticket to Ride and other fun new games!

The Winooski Memorial Library is here for you at 32D Malletts Bay Avenue. 802-655-6424. **Hours:** Tues: 10am to 6:30pm • Wed-Fri: 10am to 6:30pm, Sat: 10am to 2pm • Closed Sun. & Mon. Find us online at [winooskilibrary.wordpress.com/](http://winooskilibrary.wordpress.com/)



## Community College of Vermont (CCV) Winooski News

Jen Garrett-Ostermiller, Coordinator of Academic Services

**REGISTER NOW!**  
for Late Starting Summer  
and Fall 2018  
[www.ccv.edu](http://www.ccv.edu)  
**(802) 654-0505**

**Summer and Fall Classes at CCV** – call to schedule a registration appointment. Several summer classes begin in late June or July, to accommodate the HS schedule. Does one of these courses sound interesting?

- Introduction to Nutrition • Human Biology
- World History • Natural History of Vermont
- Body Awareness

Set up a registration appointment to talk with an advisor about these and other options.

**Fall classes** begin September 4 and run through mid-December. Whether you hope to take a single class to build career opportunities or a want to be a full-time student pursuing a degree, CCV has options for you. To get started, you'll meet with an advisor who can answer any questions you might have and help you choose the best classes. Give us a call today!

### Study Tip of the Month from CCV

While it is summer and some schools are (soon-to-be) on break, at CCV, we have over 100 classes running between May and August. So, whether you are taking your very first college class or your 50th, it is good to learn about the connections between physical exercise and academic success. The brain's functions (including memory) have been linked to vigorous cardiovascular exercise.

Scientists understand that when exercise increases blood to the brain, there are chemical and physiological responses useful to memory and thinking. Additionally, exercise affects mood, increases sleep, and reduces stress, which all contribute to brain function.

Interested in learning more? Check out this short article: <https://www.health.harvard.edu/blog/regular-exercise-changes-brain-improve-memory-thinking-skills-201404097110>.

# Winooski Girl Scout Troop 30187

By Amy Lothrop

In April, Winooski Girl Scout Troop 30187 and the Society of Women Engineers hosted our 2nd annual Engineering Day. We invited girls from Addison, Chittenden and Franklin county. Fifty-three Daisy (k-1), Brownie (2-3), Junior (4-5) and Cadettes (6-8) attended. We appreciate all the volunteers and girls who made the day an unforgettable experience.

We created “art-bots” that drew designs on a giant piece of paper. The girls used three markers as the robots legs which were attached to a plastic cup. The girls had to wire the battery to the motor to make it move. They had lots of fun seeing what unusual designs that their little robots made. Snap circuits were a hit. The kits have wired connections so girls can use different components to complete a circuit that powers a motor, lamp or speaker. Girls were also able to design a “car” from household objects and recycled items. Girls designed all sorts of interesting “cars”, even boats! They used plastic bottles, toilet paper tubes, pipe cleaners, bottle caps, newspaper and more to build. They tried out their designs on a ramp and made adjustments to improve performance. The most fun might have been had while taking apart printers, toasters, keyboards, radios and other small electronics. They girls loved seeing the insides of objects they use every day and how engineers design them.

The Cadettes had a special opportunity to try out industrial engineering jobs. They were given a factory set up with stations for quality control, warehouse, materials and shipping. Each girl had a role as plant manager, quality supervisor, warehouse associate or runner. The runners were given a “design” that they had to build by collecting the parts in their factory before dropping it off to be checked by the quality control team. In the first round, they built 24 with no errors in 2 minutes. The runners were able to make process improvement suggestions to the plant manager. In the second round, they built 67 with 3 errors



**Girl Scouts**  
Where Girls Grow Strong<sup>SM</sup>

in 2 minutes. More improvements were made to the build process and the factory design. In the final round, they built 104 with only 2 errors in 2 minutes. They loved the challenge of design improvement, team work and effective communication.

In May, all four troops participated in Green Up day. We kept the environmental stewardship theme going for the rest of the day at our badge festival. Daisies took a nature walk and learned about bugs. Brownies made GORP and hiking plans for later this month. Juniors explored what happens to aquatic animals and their habitats when humans pollute it. They quickly discovered that polluted water cannot be returned to its original clean state. Cadettes worked on tree and plant identification as well as tent building using only non-verbal communication. All levels painted birdhouses and kindness rocks as well as planted peas and lettuce to take home. We finished with the Leave No Trace Principles.

The Girl Scout Junior Troop 30948 participated in the COTS walk on Sunday May 6th. We learned a lot about the root causes of homelessness such as illness, job loss, domestic violence and a lack of access to affordable housing or childcare. Nearly 50% of families and individuals experiencing homelessness in Vermont are employed. Per COTS, Vermont has the highest rate of homelessness in New England where 2/3 rds of people don't earn enough income to afford an average apartment. We invited Sian Leach from COTS to speak to the troop about their walk experience and ways to help address the issue. We learned that children under the age of 8 are more likely to be homeless than older children especially due to limited childcare access which makes their families more vulnerable to homelessness. The troop has decided to focus their Bronze Award project on helping children in shelters. Stay tuned for more details on our project and how you can help us to make a difference in



our community.

We are always accepting girls and adults into our troop. Our mission is to build girls of courage, confidence and character who make the world a better place. Our troop encourages girls from kindergarten to 12th grade to serve their community and achieve higher goals.

If this is an adventure that you'd like to join, contact Amy Snow Lothrop at amylothrop@comcast.net or by phone at (802) 373-7288.

# Winooski Food Shelf Schedule for June

By Linda Howe, Winooski Food Shelf Coordinator

|                             |                         |  |
|-----------------------------|-------------------------|--|
| <b>Saturday, June 9th</b>   | 9:30 a.m. to 11:30 a.m. | Fresh fruit, veggies, bread, pastry and deli items |
| <b>Wednesday, June 13th</b> | 2 p.m. to 4:30 p.m.     | Pantry staples, meat and eggs                      |
| <b>Saturday, June 23rd</b>  | 9:30 a.m. to 11:30 a.m. | Fresh fruit, veggies, bread, pastry and deli items |
| <b>Wednesday, June 27th</b> | 2 p.m. to 4:30 p.m.     | Pantry staples, meat and eggs                      |

The Methodist Church is undertaking a capital campaign for painting and repairs in anticipation of this year's 100th anniversary of the existing building. A terrible fire in 1917 destroyed the original church building. Through the generous contributions of local businesses, individuals and Buffalo Soldiers that had been stationed at Fort Ethan Allen, the church building was rebuilt. The building currently houses the Winooski Food Shelf, English as a second language classes for New Americans, a self help group, and African and Nepalese churches. We also provide a concert venue for Waking Windows each May. We could use your support to fund the project, provide building or painting supplies, volunteer your labor to help make repairs or volunteer to cook for and feed volunteers who will be coming in late June into July if we can raise the funds for materials. Donations can be mailed to Winooski United Methodist Church, P.O. Box 53, Winooski, VT 05404. Our phone number is 655-

7371. We are most grateful for community support over the years to feed our neighbors. Now, we need to assure that this work can continue in a building that is structurally sound, safe, attractive and ready to serve the needs of this community for another 100 years.

**Where to find us:** The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets. There is a bus stop on that corner. We do not provide rides so please bring a wheeled cart or suitcase and some reusable bags to lug your food home. The church phone number is 802-655-7371.

**Donation drop off location:** Sally's Flower Shop, 333 Main St., Winooski 655-3894 is happy to accept drop off donations of food and toiletries during business hours. Pets are also family members and we are always grateful for pet food donations. We especially need cat food.

## Keeping the Future in Sight

By Jackie Hoy, Partnership for Prevention

Congratulations, Winooski grads! It's graduation season, and it's a great time to reflect on memories shared with friends while envisioning all the possibilities for the future. Kids can keep that momentum going by focusing on their goals throughout the summer and avoiding negative pressures.

For parents looking for ways to support their teens' healthy decision-making at graduation parties and summer gatherings, consider these strategies:

- Start a conversation. When your child is heading out to a social gathering with their friends, talk to them first about expectations around alcohol and other drugs.
- Make connections. Get to know the parents who are hosting graduation parties to ensure they'll be present and engaged.
- Monitor their activities. Have your child check in with you when they return home.
- Lock it up. Keep alcohol and other substances, like prescription medications, stored securely and out of sight.
- Be supportive. Remind your teen that you support their decisions not to drink alcohol or use drugs.

Learn more about these strategies and how to take action from ParentUp (<http://parentupvt.org/>).

### What Are the ATI Kids Up To?

Above the Influence kids have been busy this session! Here's what they have been up to:

- Prom Time: Winooski ATI kids are doing their part to reduce underage drinking. This prom season, they visited the Beverage Warehouse to sticker alcohol packaging with messages about the importance of keeping alcohol out

of the hands of minors. Thank you,

Beverage Warehouse, for inviting the kids again this year!

- Prescription Education: Students from the Albany College of Pharmacy and Health Sciences visited the Winooski School to talk about misuse and abuse of prescription medications. Kids were able to break off into groups to practice potential scenarios of being peer pressured, and they performed their responses for the whole class.
- Youth Retreat: On April 20, students from all over Chittenden County gathered for second youth retreat where they were able to practice their public speaking skills, engage in mock debates, and make a video about alcohol advertising targeting youth.

We look forward to working with this wonderful group of kids next year!

### Thank you!

The Winooski Partnership for Prevention would like to give a big thank you to Aspent Health for hosting an educational forum in May on how to talk to children about substances. Ed Baker, the Aspent Health Education Specialist, offered great tips for participants to gain an understanding of the impact substances have on the developing brain, and how parents can offer support for kids' stress resilience and decision making.

We would also like to thank the Department of Liquor Control for hosting an on-site first class certification workshop at the O'Brien Community Center. The workshops are to ensure restaurant staff is trained on serving alcohol only to patrons of age.





## Senior Center — June Update

By Barb Pitfido, Winooski Senior Programs Manager

Come grow with us! Our fiscal year begins July 1st, and along with that our 2018-19 Senior Center Membership begins as well!

Your donation of \$5.00 for a yearly membership is an investment in a mission to keep seniors active, connected and engaged in growing! We offer many programs for 50+ folks. We are a fun-loving group of seniors who are from all walks of life and all parts of the area.

Our membership is open to everyone! We invite you to stop by and check us out!

Another round of thanks goes out to the kind folks of Operation Bloom for the creation of a Pollinator garden at the Senior Center last year. It continues to inspire us! And check out our new Community Gardens at our site. We are grateful for our little City's partnerships. There are so many ways to grow together!

### UPCOMING ACTIVITIES:

#### Special Senior Lunches:

- 7/10 - Teddy Bear Picnic Membership Kickoff Party
- 9/11 - Senior BBQ

#### Open House Time:

- Wednesdays 1-3pm Free Activities (cribbage, games, crafts & tech help)

#### Do Drop In - Coffee & Conversation:

- Mondays 9-11am

#### Tai Chi - with Elizabeth Wirles:

- Mondays 10-11am Sun 73 (Long form) & 11am-12pm (Seated)
- Thursdays 6:45pm (Long form)

#### Senior Exercise Program:

- Tues/Thur 10-11am

#### BINGO!

- Thursdays at 12:30pm

#### BINGO! Theme Days:

- June 14 - Flag Day
- July 19 - Beach
- August 16 - Elvis

#### Senior Planning Meetings:

- June 6 • August 1

#### Quarterly Reporting Meetings:

- July 10 • October 9 • January 8
- The Winooski Senior Center... the most exciting place in Winooski!

We are located at 123 Barlow Street. Plenty of free parking & handicapped accessible. Office hours are 8:30am - Noon (Monday - Friday). You can reach us by phone at: 655-6425 or email at: [seniorcenter@winooskivt.org](mailto:seniorcenter@winooskivt.org)



Stay up to date! Visit us on Facebook at: <https://www.facebook.com/winooskiseniorcenter/> OR see our live online monthly activity calendar at: <http://www.winooskivt.org/senior-programs/>

# HEALTH CORNER

By Liz Parris, School Nurse

What a busy year it has been! On average our health office has seen about 100-150 students per day, 35-40 prescription medications administered daily, triaged hundreds of phone calls and sent approximately 175 students to the dentist via SSTA transport. We are so excited to report that our first year of the School-Based Health Center (SBHC) was a huge success. We have 390 students enrolled in the program. The SBHC has seen over 100 students this year with almost 50 medications prescribed and multiple X-rays ordered.

The health office wishes to extend a HUGE THANK YOU to the following people and businesses:

- Dr. Andrea Green, our Medical Liaison, SBHC Physician and Committee member
- Dr. Heather Link-SBHC Physician
- Dr. Terry Hetzler-SBHC Physician
- Dr. Anna Zuckerman-SBHC Committee Member
- Dr. Erica Gibson SBHC Committee Member
- Dr. Barb Frankowski-SBHC Committee Member
- SBHC Advisory Council
- Sharonlee Trefry, State School Nurse Consultant
- UVMCM-Pediatrics
- VT Dental
- SSTA
- Community Health Centers of Burlington
- Vermont Department of Health
- TLC Nursing
- UVMCM Diabetes Education team
- UVMCM Nephrology team
- St. Mike's Rescue
- WSD Medical Emergency Response Team
- Other local pediatric and family practices

From the bottom of our hearts, thank you for helping Katharine and I service the needs of the Winooski students throughout the year. We appreciate each one of you.

On another note...

While you are soaking up the summer rays (with your sunscreen on of course) by the poolside or lake over the next

couple of months please take a minute to think about what your child will need before they return to school:

- **If your child is going to be a kindergartner** then he/she will need an updated copy of immunization records. Please make sure they have had 5 doses of DTP/Dtap, 4 doses of IPV, 3 doses of Hepatitis B, 2 doses of MMR and 2 doses of Varicella. If they don't then please call your child's primary doctor to schedule an appointment for them.
- **If your child is entering the 7th grade** then please make sure they have had their 2nd dose of Varicella and a tdap booster.

Do you exempt your child from immunizations? If so then please make sure to stop by the health office before June 15th to fill out a form for next school year. Otherwise, they will be available

with your school's administrative assistant over the summer. **Remember, without updated immunizations, a renewed exemption form or a doctors note stating their next appointment your child can't start school in the fall!**


Does your child have asthma? If so, then please get those asthma action plans completed over the summer and have an inhaler and/or spacer ready to bring in the first day of school.

Does your child have an epi-pen? If so, then please get updated doctor's orders for them and have the new orders and epi-pen ready to bring in on the first day of school.

We have enjoyed serving the health needs of your kids this school year and wish everyone a safe, happy and healthy summer vacation.

See you in the fall!!!

## ELEMENTARY SCHOOL MENUS — JUNE

|  |  |  |  |  |
|--|--|--|--|--|
| <b>Fri June 1</b><br>Egg & Cheese English Muffin<br><br>Fresh Fruit<br>Milk        |  |  |  |  |
| <b>Mo June 4</b><br>Turkey Sausage & Cheese Biscuit<br>Fresh Fruit<br>Milk         | <b>Tues June 5</b><br>Whole Grain Bagel w/ Cream Cheese<br>Fresh Fruit<br>Milk | <b>Wed June 6</b><br>Asst. Cold Cereal w/ Cheese Stick<br>Fresh Fruit<br>Milk  | <b>Thrs June 7</b><br>Whole Grain Breakfast Round<br>Fresh Fruit<br>Milk   | <b>Jun</b><br>Egg & Cheese English Muffin<br>Fresh Fruit<br>Milk         |
| <b>Mon June 11</b><br>Turkey Sausage & Cheese Biscuit<br>Fresh Fruit<br>Milk       | <b>Tue June 12</b><br>Whole Grain Bagel w/ Cream Cheese<br>Fresh Fruit<br>Milk | <b>Wed June 13</b><br>Asst. Cold Cereal w/ Cheese Stick<br>Fresh Fruit<br>Milk | <b>Thurs June 14</b><br>Whole Grain Breakfast Round<br>Fresh Fruit<br>Milk | <b>Fri June 15</b><br>Egg & Cheese English Muffin<br>Fresh Fruit<br>Milk |

**Breakfast in the Classroom:**  
 100% Juice or Fresh Fruit  
*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Prices**

Community Eligibility Provision  
 Meals to all Students are Free  
 Snacks & Snack Milk not included


Adult Breakfast \$1.75      Adult Lunch \$3.50  
 Milk \$0.50

Pay for meals on-line  
 For free on-line service go to <http://www.abbeygroup.net>  
 Search for Your School and Click the #12 Payment Center link

Questions or Comments regarding your School Meal Program? Please contact The Abbey Group Vice President of Operations Scott Choiniere [scott@abbeygroup.net](mailto:scott@abbeygroup.net)



Looking for a job that lets you be at home

|   |  |  |   |  |
|--|--|--|---|--|
| <b>Fri June 1</b><br>Hot Turkey Sandwich w/Gravy<br>Chef's Mashed Potato<br>Steamed Peas   |  |  |   |  |
| <b>Mon June 4</b><br>Oven Baked BBQ Chicken<br>Three Herb Potato Salad<br>Dinner Roll<br>Steamed Broccoli  | <b>Tues June 5</b><br>Taste Test Event<br>Taco Bar w/ Soft Shell Tostitos w/ toppings<br>Fresh Salsa<br>Creamy Colelaw<br>Rice Pilaf | <b>Wed June 6</b><br>Chef's Choice Pizzas<br>Peppercorn, Cheese or Veggie<br>Steamed Broccoli<br>Fresh Celery Sticks | <b>Thurs June 7</b><br>Homemade Shepherd's Pie (Ground Beef Mashed Potato & Corn)<br>Dinner Roll<br>Fresh Carrot Sticks | <b>Fri June 8</b><br>Birthday Celebration<br>Grilled Cheese Sandwich<br>Chicken Noodle Soup<br>Spinach Salad |
| <b>Mon June 11</b><br>End of Year BBQ<br>Hamburger & Hot Dogs w/all the Fixings<br>Garden Pasta Salad<br>Baked Beans<br>Chilled Watermelon<br>Summer Dessert | <b>Tues June 12</b><br>Chicken & Cheese Fajita w/Onions, Peppers & Salsa<br>Spanish Rice<br>Warm Black Beans<br>Steamed Corn         | <b>Wed June 13</b><br>Chef's Choice Pizzas<br>Peppercorn, Cheese or Veggie<br>Broccoli Salad<br>Fresh Carrot Sticks  | <b>Thurs June 14</b><br>Spaghetti w/ Meat Sauce<br>Garlic Breadstick<br>Strawberry Spinach Salad                        | <b>Fri June 15</b><br>Last Day<br>Chicken Patty Sandwich<br>Veggie Sticks<br>Fruit<br>Milk                   |

**Daily Lunch Offerings:**  
 Main Meal or Cabot Yogurt Meal or Deli Sandwich or Chef Salad

**Offered with all Meals:**  
 Fresh Fruit  
 Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event Today June 5, 2018  
 Featuring Spinach

**Harvest of the Month Spinach**



**PLEASE NOTE:** Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

**ALSO:** Middle and High school menu information is available at [www.abbeygroup.net/schoolmenus](http://www.abbeygroup.net/schoolmenus). You can also learn about options for managing your child's account at the website.

## Newsletter of the Winooski School District

Winooski School District  
60 Normand Street  
Winooski, VT 05404

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### WINOOSKI PUBLIC SCHOOLS

[www.wdschools.org](http://www.wdschools.org)

#### Superintendent of Schools

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smcmannon@wdschools.org

#### John F. Kennedy Elementary School

Principal: Sara Raabe  
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#### Winooski Middle and High School

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#### WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

#### ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 884 students attending JFK Elementary and Winooski Middle/High School (grades PreK-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

*"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org*