# WINDOSKI SCHOOL DISTRICT NEWS!



MARCH 2018

celebrating Our Achievements!

# \* DO YOUR PART \* VOTE MARCH 6, 2018

### Voting Day Information

To help you get to know them a little better, candidates for School Board and School Treasurer, plus City Council have provided details which we share on pages 5 and 15 for your information.

You are also invited to attend an information meeting **Monday March 5th**, 2018 in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets and to meet the candidates, beginning at 6:00 p.m with a discussion about city issues. Discussion about school issues will begin at 7:30 p.m.

Please do your part and become informed, and vote on March 6, 2018 at the Senior Center, 123 Barlow Street, between 7 a.m. and 7 p.m.

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### save the date Who's Got Talent?

#### By Arica Bronz

Calling all performers in the Winooski community! Please come and share your talent with us at our 4th Annual Talent Show.

Dancers, magicians, musicians, actors, comedians, singers and more are all welcome!

Important dates are as follows--please note the auditions and dress rehearsal are <u>mandatory</u> for all acts:

- Auditions: Friday March 16, 3-4:30 and Saturday March 17 from 10-12
- **Rehearsals:** Saturday March 31 10-12 and Wednesday April 4 from 3-4:30
- Dress Rehearsal: Saturday April 14, 10-12:30



#### • Talent Show, Friday April 20th — 6:30-8:00pm

Use these long winter months as a chance to prepare for the March auditions. We hope to see you there! For more information, please email aricaharmony23@yahoo.com



Last year's show featured singing, dancing and comedy. We hope you will join us this year. What's YOUR talent?

#### SAVE THE DATE:

### Monday, March 5th — Annual Meeting BUDGET PRESENTATIONS

6:00pm: City Budget • 7:30pm: School Budget Performing Arts Center, Winooski Educational Center

### What is Proficiency-Based Graduation?

#### By Sean McMannon, Superintendent of Schools

WSD began its work on Proficiency-Based Graduation Requirements (PBGRs) six years ago with support from the Nellie Mae Education Foundation (NMEF) and the Partnership for Change. Working with our friends and colleagues across the river in Burlington the endeavor began by defining our local Graduate Expectations (GXs). WMHS administrations, staff and students collaborated with parents and community members to define the transferable skills that all students need to master to ensure future success. So, now we have a clearly defined set of:

#### WSD Graduate Expectations (GXs)

- Critical Thinking
- Well-Being
- Communication
- Creativity
- Persistence
- Culture and Community

And PBGRs require these transferable skills to be blended with important content knowledge so we also have a clear set of:

#### WSD Graduate Proficiencies (GPs)

- Math Reasoning
- Historical Inquiry
- Scientific Reasoning
- Writing
- Speaking
- Critical Reading
- Goal Setting
- Physical Health
- Social-Emotional Health
- Personal Finance
- Visual Arts or Performing Arts
  STEM Design, Natural World, or Human Body
- Cross-Cultural Engagement, Civics, or Civil Discourse

According to the Vermont Agency of Education "Proficiency-Based Graduation

Requirements (PBGRs) are the locallydelineated set of content knowledge and skills connected to state standards that, when supplemented with any additional locally-developed requirements, have been determined to qualify a student for earning a high school diploma. Vermont's Education Quality Standards (EQS) require that schools' graduation requirements be rooted in demonstrations of student proficiency, as opposed to time spent in classrooms. This requirement will take effect in Vermont beginning with the graduating class of 2020." (http:// education.vermont.gov/pbgr)

The table below shows the areas in which what each student will need to demonstrate a minimum level of proficiency in order to earn a WHS diploma beginning with the Class of 2020. The GPs will be ramped on from 2020-2023 so we can thoughtfully implement

GX	Communication	Creativity	Critical Thinking	Culture and Community	Persistence	Wellbeing
GP	Writing	Visual Arts	Historical Inquiry	Cross-Cultural	Goal Setting	Physical Health
U	I write clearly and	I express myself	I make sense of	Engagement	I set and monitor	I engage in a
	coherently for a	through the visual	the present and	I engage	goals for my	health enhancing
	range of tasks,	arts.	decisions about	knowledgeably	personal growth.	level of physical
	purposes, and		the future using	and respectfully as		activity.
	audiences.	Performing Arts	historical inquiry.	part of a diverse	Math Reasoning	
		I express myself		community.	I solve complex	Social-Emotional
	Speaking	through the	Scientific		quantitative	Health
	I speak clearly	performing arts.	Reasoning	Civics	problems using	I make informed
	and coherently for		I develop	I enhance my	mathematical	decisions for
	a range of tasks,	STEM Design	solutions to	community	reasoning.	my social and
	purposes, and	I design solutions	complex problems	and the world		emotional health
	audiences.	to real-world	using scientific	using knowledge	Non-Native	based on an
		problems using	reasoning.	of geography,	Language	understanding of
	<b>Critical Reading</b>	the methods		government,	I show effort	my strengths and
	I summarize,	of science,	Financial	social, and	and long-term	challenges.
	interpret, analyze,	technology, and	Literacy	economic systems.	commitment to	
	and evaluate	engineering.	I make informed		learning a non-	Human Body
	informational and		decisions using	Natural World	native language.	I make informed
	creative works.		the concepts of	I enhance my		decisions about
			financial literacy.	community and		my physical
	Civil Discourse			the world using		health based
	I communicate in			knowledge of the		on an accurate
	ways that foster the			interrelationship		understanding of
	exchange of ideas			between earth and		the human body
	in a democratic			living systems.		
	society.					

these important changes.

In addition, all students will need to meet standards on a general reading and math skills assessment.

Our GXs and GPs represent the transferable skills and the content knowledge to meet the prescribed outcomes in the Vermont's Education Quality Standards (EQS):

- **Literacy** (including critical thinking, language, reading, speaking and listening, and writing);
- Mathematical content and practices (including numbers, operations, and the concepts of algebra and geometry by the end of grade 10);
- Scientific inquiry and content knowledge (including the concepts of life sciences, physical sciences, earth and space sciences and engineering design);
- **Global citizenship** (including the concepts of civics, economics, geography, world language, cultural studies and history);
- Physical education and health education as defined in 16 V.S.A. §131;
- Artistic expression (including visual, media and performing arts); and

• **Transferable skills** (including communication, collaboration, creativity, innovation, inquiry, problem solving and the use of technology).

Many of these of the standards will come directly from the Common Core State Standards (CCSS) such as literacy and mathematics, and the Next Generation Science Standards (NGSS) such as life sciences, physical sciences, earth and space sciences and engineering design.

In a proficiency based system, students earn their diploma by demonstrating proficiency of skills and content. Proficiency can be demonstrated through multiple venues, including, but not limited to teacher-designed assessments, written papers, presentations, portfolios or projects. (Vermont Agency of Education) For the past two years WSD has been preparing for PBGRs by providing student-centered learning opportunities in our iLab and Math Lab . And this year WMS 6th graders participated in a 6-week residency with Circus Smirkus and performed the Spartan Circus for JFK students as the culminating event for its "Rules to Live By" Learning Expedition. This is

an example of how WMS students can engage in proficiency-based learning opportunities. Also, our JFK students need to build important skills to prepare to meet these rigorous skill and content standards so we began professional development in Project-Based Learning (PBL) two years ago and JFK teachers and students continue working on PBL units this year. For more on PBL go to bie.org.

As you can tell we are ahead of the curve in meeting these progressive state requirements. Not because it is "required" but because this work is ground in the latest educational research and we are committed to providing the best learning environment for our students! Thank you for working with WSD to benefit our students!

To learn more about PBGRs:

- http://education.vermont.gov/pbgr
- http://newenglandssc.org/resources/ proficiency\_based\_learning
- http://www.scoop.it/t/proficiencybased-graduation-requirements
- http://www.wsdschools.org/middlehigh/ilab/
- http://www.corestandards.org/readthe-standards/
- http://www.nextgenscience.org/nextgeneration-science-standards
- http://bie.org/

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### **March School Board Update**

By Dr. Alex Yin, Board of School Trustees

The School Board wants to hear from Winooski students, parents, business owners, community members with no children, and senior citizens about the strengths and areas of improvements for the Winooski School District. The purpose of these conversation is to see as a community whether we are meeting our ends statement of graduating students who are college and career ready at a cost supported by a majority of the Winooski community. We are also hoping to see whether students are learning to lead healthy, productive, and successful lives and able to engage with their local and global community.

Tori Cleiland, a fellow school board member, and I started the community forums by talking to Winooski Middle and High School Students. We decided to start our community forums with them,



because they are most effective by our school decisions. On February 8 and 9, we met with eight groups of six to eight students and asked them the following questions:

• What are you proud of as a Winooski School Student?

- What are the strengths of our schools?
- What are the areas of improvement for our schools?
- Where does student-center learning occur in our schools?
- Are you looking forward to high school? (Only for the Middle School Students)

Students shared their thoughts first by writing it on sticky notes, which then generated a conversation around each question. We collected the sticky notes and then entered them into a excel worksheet where we will spend time analyzing the data for themes. To share some preliminary analysis and themes around the "proud" question, I created a word cloud, where the size of each words

(continued on page 4)

#### **SCHOOL BOARD** (continued from page 2)

indicates its frequency. From the word cloud, you can see the students are proud of their school, teachers, diversity and friends, which makes me believe that our students can be engaged in their local and global community.

As a firm believer of continuous improvement, I think we still have work to be done (and we have plenty of thoughts from the improvement question). We have high expectations of students and rightfully they have challenged us (their peers, parents, teachers, administrators, school board members, and the community) to be better. The two days left me mentally and physically exhausted, but I left it hopeful and excited. We have some great students who I believe will do great things for Winooski, Vermont and in this world. I left the day thinking some of these students are way smarter than me.

The school board looks forward to hosting these forums so that we can learn as a community how to build a school district that meets the needs of our students. Please be on the lookout on how to participate in the Front Porch Forum or on our website (wsdschools.org). I look forward to meeting you.

#### **School Board Budget**

For the upcoming budget vote the School Board would encourage all eligible voters to get to the polls and exercise your right to vote. We will be having several open sessions where we will present the budget and answer any questions you may have. The last of these will be **March 5** at 7:30pm in the Performing Arts Center at the school. We believe we have developed a responsible budget that continues to move us forward in our continuing efforts to strengthen our schools while keeping budget increases to a minimum.

This year's budget is estimated to be a 2.9% increase over last year. Our student population is growing and with this budget we will actually spend less per Equalized pupil in our district. As in the past several years Special Education funding and teacher salaries/benefits drive a majority of the spending increases. Please contact a school board member with questions you may have.

### **Parents and Youth for Change**

Dear Winooskians,

We hope you are staying warm and jolly going into March! We've certainly been keeping busy.

The transportation pilot project is up and running! Thank you to our team of parents, community members and student volunteers for your many efforts as bus monitors! The bus at the O'Brien Center has picked up the nearly 80 kids everyday since the beginning of the pilot project. The atmosphere at the bus stop is excited and fun.

PYC is still looking for volunteer bus monitors for the rest of the pilot. If you would like to commit to helping this program one morning a week



or more please reach out to Lesley at lbeckerpyc@gmail.com for more info.

Parents and Youth for Change is committed to amplifying the voices of Winooski's students and families. You are the center of our work. If you would like to bring your energy, concerns, or thoughts to one of our upcoming meetings, please be in touch at zmorrispyc@gmail.com, infinite@parentsforchangevt.org, or hompradhan1111@gmail.com



**The Adolescent Brain Cognitive Development (ABCD) Study** will enroll 10,000+ healthy children and follow them from ages 9 to 10 into early adulthood to understand how children's experiences affect brain development and other aspects of their lives— including academic achievement, social development, and behavioral and overall health.

#### Who can participate?

**ABCD Study** sites span the continental U.S. and Hawaii, ensuring that results will be relevant to people across races, ethnicities, genders, education and income levels, and living environments.

#### Qualified participants will be:

- Age 9-10
- Male or female
- In good health

### In the study, your child will:

- receive a brain MRI
- earn up to \$70 for each annual visit
- Parents earn up to \$150 for surveys, interviews.

#### What will study participants do?

**The ABCD Study** begins with 1-2 visits in the first year. During these visits, you and your child will be asked to complete interviews and questionnaires.

#### In addition, your child will be asked to:

- Play games and puzzles and complete computer tasks
- Undergo safe, non-invasive brain imaging
- Give biosamples (such as saliva)

Some of these assessments will be repeated each year, with brain imaging occurring every other year.

Interested? Call (802) 847-4562 • Email: ABCD@uvm.edu • www.ABCDstudy.org



### **Meet The Candidates For School Board**

There are two candidates running unopposed for re-election to the school board this year. Here is information they submitted to help you get to know them a little better.

**You are also invited to attend a meeting Monday March 5th, 2018** in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets, in addition to meeting the candidates, beginning at 6:00 p.m with a discussion about city issues. Discussion about school issues is scheduled to begin at 7:30.

Please do your part and become informed, and vote on March 6, 2018 at the Senior Center, 123 Barlow Street between 7 a.m. and 7 p.m.

#### TORI CLEILAND

Running for: School Board, 2-year seat Contact: 34 Audet Street, 655-7678 Work: Vergennes Union High School Education: Biology, BA, Skidmore College; Special Education, M.Ed, St. Michael's College

**Hobbies/activities:** Being a Mom, Playing, Yoga, & Reading

**Community service:** Currently serving on Winooski's School Board. I'm finishing up my seventh year on the school board and I would be greatly honored to serve again.

**Reason for running:** I believe it's super important to sustain a cohesive and efficient organization that's in the business of growing and expanding the hearts and minds of human beings, one precious life at a time. Winooski School District is fulfilling this promise. There's hard work still ahead, yet it's inspiring to look back, seeing and feeling the many accomplishments of the last seven years.

#### DR. ALEXANDER YIN

Running for: School Board, 3-year seat (write-in candidate) Contact: 60 Winooski Falls Way Unit 1107, 516-423-9601 Work: Director of Institutional Research, University of Vermont Education: Ph.D in Higher Education Administration, The Pennsylvania State University; Master's in Applied Statistics, The Pennsylvania State University; M.S. in Electrical and Computer Engineering, Georgia Institute of Technology; B.S. in Electrical Engineering, Georgia Institute of Technology.

**Hobbies/activities:** Rooting for all New England/Boston teams

**Community service:** 6 years as a Big Brother in Big Brother and Sister; Advisor to Asian Student Union and Jazbaa. **Reason for running:** I believe that

a town is only as strong as its school district. Running for the school board allows me to combine two of my passions: community service and education. I am hoping we can use our schools to teach students to lead healthy, productive and successful lives More importantly, I know our schools has the potential to unite our diverse community in Winooski so that our students become engaged local and global citizens.

NOTE: Alex is running as a write-in candidate for the three-year seat. Here's his explanation for why he is a write-in candidate: "Thanks to everyone who signed my petition to run for the two-year seat. When I realized Tori was also running in the two-year seat and no one was running for the three-year one, I decided to change course and go for the three-year term. I'd love to serve Winooski as a School Board Member for three years, following my appointment to the board replacing Julian Portillo this summer."

### **Missing in Action**

By Hal Colston, Director, Partnership for Change

I have participated in many statewide education conferences and summits including the most recent *Vermont Learning For the Future*. The thread throughout these gatherings has been the under-representation of People of Color. I once brought this to the attention of Rebecca Holcombe, Secretary of Vermont Agency of Education, who was attending an education summit. She said we must do better. How do we do better?

Last year for the first time in our country's history more babies of color were born than white babies. This will be the trend going forward as our country will mirror by 2040 the world population where people of color are the majority. I feel it is critical for

education leaders to have a mindset of social analysis when meetings take place to critique and improve our education system: who is missing; who benefits and who is harmed by our decisions; who wins and who loses; who is being developed and who is being manipulated; how did the situation develop over time; how might things be different; and who can do what to change the situation?

At the Vermont Learning For the Future summit I chatted with the only other person of color feeling somewhat



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relieved that there were two of us out of about 65 people as opposed to one or none. We both asked, what is wrong with this picture? In our view, there was a lack of intentionality to diversify the summit with regards to race and ethnicity. It requires work above and beyond than just sending out e-mails. It requires relationship building to build trust with those who have felt left out of the process. It requires a commitment to socially analyze what is wrong with this picture. Otherwise, well meaning initiatives will be missing in action.

### **CITY AND SCHOOL ANNOUNCEMENTS**

### Joan Chittister: Her Story, My Story, Our Story

#### By Sister Pat McKittrick

Joan Chittister: Her Story, My Story, Our Story is a play about the Benedictine nun-turned controversial spokesperson for international peace and social justice - written and performed by Verde Valley resident Teri Bays.

The play introduces the audience to two women: Sr. Joan and the playwright herself. Bays has long been fascinated, and influenced, by Chittister, whom she calls "a prophet for our time. Bays says, "By 'prophet' I don't mean a predictor of the future. I mean someone who offers a countercultural voice and says the things that are not easily heard. Sr. Joan charges all of us to ask questions and challenge each other."

Throughout the performance Bays speaks in both women's voices, moving back and forth across the simple set, literally shifting between the perspectives of Sr. Joan, the public advocate for humanity, and herself, an everyday modern woman searching for her professional and spiritual place in the world.

The Winooski Peace Initiative supports this event. Free and open to the public. Donations accepted.

Date: April 5th at 7 PM Location: St. Michael's College in the Recital Hall Cost: Free

For information, please email pat.mckittrick@uvmhealth.org, or call 802-847-6534.

### VT Foodbank Dates for 2017-18 School Year

For the 5th year, the Winooski School District is partnering with the Vermont Foodbank to host Veggie VanGo onsite, providing fresh produce and food directly to our school community.

On the FIRST and THIRD Friday of each month of the school year\*, the program distributes produce on school grounds, thereby providing a more accessible source of fresh food to our community.

PLEASE NOTE: Starting in the 2017-18 school year, only students will be allowed in line for produce from 8:45am – 9:30am. Family members who are not attending school will be allowed in line starting at 9:30am. The truck will pack up at 10:00am.

Here are the dates (all Friday mornings) that Vermont Foodbank trucks will be on site distributing produce from 8:45am – 10:00am:

**2018:** March 16, April 6 and 20, May 4 and May 18, June 1

There will be no produce on March 2, 2018, due to the school closing.



3SquaresVT is a nutrition program that helps 75,000 Vermonters put more healthy food on their tables each month. But many more people are eligible. Wondering if you might be? Simply text VFBSNAP to 85511 to find out. You can also call Emily Cohen at the Vermont Foodbank with questions or for individualized support in applying. 1-855-855-6181.



By Jeffrey Brosseau

We will hold registrations Wednesday, March 7th 6:30 pm - 8:00 pm Winooski School Cafeteria, Friday, March 23rd 3:00 pm - 6:00 pm in the school library. Proof of age is required for all new players, who must be within age limits: August 31st 4-12 year olds is the cutoff date for Baseball, December 31st for Softball. Little League is for ages 4-12, Babe Ruth for ages 13-18. Little League fees are \$45 for one player, and \$80 for a family. Late fee is \$10 after 3/31. Babe Ruth fee is \$55.00 per player.

Info or register earlier: Jeff Brosseau at 233-5530



### **Help Wanted**

The City of Winooski seeks a full-time Assistant City Clerk to support the customer service function of the



Clerk's Office. This position staffs the front desk of the Clerk's Office greets customers and responds to inquiries on the phone, via email, and in person. In addition this position provides general administrative support for the leadership team.

High school diploma or equivalent and two to four years of related work experience, with preference given to work in a government setting.

For more information and complete position posting please visit our website at www.winooskivt.org

### Knights Of Columbus Sunday Breakfast

#### By Greg Clairmont

The Knights of Columbus St. Stephen's Council #2284's world famous breakfast returns on Sunday, March 18, 2018, 8:00 AM - 11:00 AM, at the Winooski Senior Center. Charge is \$6.00 per person, maximum \$20.00 per family, children under 5 years of age complimentary. Breakfast Menu includes Danny's awesome Irish potatoes, George and Mike's delicious scrambled eggs, Robby and Roger's sweet blueberry pancakes, Luke's Vermont made maple syrup, David and Jimmy's perfect French toast, Jeff and Leon's sizzling bacon, Scottie and Tommy's Montreal steak seasoned sausage, Brian and GPB's piping hot, Heavenly coffee, Richard and Jon's chilled orange juice, Ray and Eric's Swiss Miss hot chocolate, Ciaran and Steve's amazingly smooth tea, Soothing Tommy Jones Jazz, Our Chaplain Father Scott and Father Steve's wonderful, Holy Presence and simply, great comraderie and fellowship! With any concerns, please call Greg Clairmont, Worthy Grand Knight, at 802.343.8446 or listandsellvt@gmail.com. May God Bless Everyone Abundantly!

### You're Invited!

#### Winooski Middle High School Parent/Guardian Report Card Conversations

Have questions about your child's report card, proficiency based learning tor our Graduate Expectations (GXs) and Graduate Proficiencies (GPs)?

Come meet with a representative from Winooski Middle High School over a cup of coffee or tea and get answers to your questions. Join us in the library at one of the following times:

- Friday, February 23rd 7:30am-8:45am
- Thursday, March 22nd 2:00pm-4:00pm
- Tuesday, March 27th 5:30pm-7:00pm (before the WMHS Concert)

### **PTO Events for March**

#### By Kate Simone

The Winooski School District PTO has been hard at work planning events and providing support to the teachers and staff since the start of the school year! The group has created a number of committees to help spread the workload, addressing areas such as fundraising, dances, the annual Winooski Talent Show, and the dramatic arts.

Look for PTO-supported events coming up this spring:

- Family Disco (March 16)
- Winooski Talent Show (auditions on March 16 and 17 and the big event on April 20)
- Annual Fun Fair (March 23)
- Spring Craft and Vendor Fair (April 7).

The PTO meets on the third Wednesday of each month from 5:30 to 7:30 in the WSD library. We have had great turnout at our monthly meetings, and new members are always welcome! PTO by-laws and finalized monthly meeting minutes are posted on the PTO web page (www.wsdschools.org/parents/ pto/). Hope to see you soon!

### Bingo Event Coming in April

By Linda Gregoire, Dollars for Scholars

Time for some spring fun! We are excited to offer a new fun event this spring – Bingo



at the Winooski School on **April 8th** and possibly a Spring Cocktail comedy event at the Monkey House in May.

Remember, many hands make our work light, and we would love for you to join us. Please don't hesitate to contact our Volunteer Board at Winooskidfs@ gmail.com, our facebook page or www.winooski.dollarsforscholars.org.

### **Golf Event Fundraiser**

#### By Greg Clairmont

The Knights of Columbus Saint Stephen's Winooski Council #2284 are honored to present the 8th Annual Monsignor Thomas J. Ball Memorial Open on Saturday, May 12, 2018 at the West Bolton Golf Club. Four person team entry fee of \$400 includes: Greens fees with cart, welcoming continental breakfast, great on-course luncheon, delicious hors d'oeuvres reception and embroidered commemorative golf polo! Hole-In-One on the 14th hole wins a 2018 C 300 Mercedes Benz! Hole-In-One on the 6th hole wins \$10,000 Cash! Hole-In-One on the 3rd hole wins a \$10,000 New Kitchen! Post tourney festivities include the Reverend Joseph F. McCarthy \$80,000 Shootout and the Monsignor Richard G. Lavalley Million Dollar Shootout!

Registration at 8:00 AM, Shotgun start at 8:30 AM. For more information on signing up to play in the tournament, becoming a sponsor for the event or volunteering for the day, please contact Greg Clairmont, Worthy Grand Knight, at 802.343.8446, or email listandsellvt@ gmail.com. Please make checks made payable to the Knights of Columbus Saint Stephen's #2284. All proceeds benefit the seminarians in the Roman Catholic Diocese of Burlington.

### Knights Of Columbus Sponsor Winooski Schools



Worthy Grand Knight Greg Clairmont of the Knights of Columbus Saint Stephen's Winooski Council #2284 presented Winooski School Superintendent Sean McMannon with a \$720 check for the WSD's Special Education Department recently. "It is so awesome to be a small part of the exciting educational opportunities here in Winooski," remarked Greg Clairmont.

### Access Winooski

By Maura O'Neill

#### The 2018 Access Winooski

Winooski cards are available for purchase! This year-



long event showcases the best of what Winooski has to offer. The proceeds from the purchase of the cards benefit Downtown Winooski. With an incredible list of member-only deals, card holders can save money, support programming such as Onion Fest, The Winooski Farmers Market, Summer Meals Program, Halloween in Winooski, and get amazing deals on food, drink, gifts, and services. You can see all the discounts at: www. downtownwinooski.org/access

Access Winooski cards are good for the entire calendar year, and are available in the Winooski Block building at the top of the roundabout at Scout & Co., Birdfolk Collective, and online at www. downtownwinooski.org/access.

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### Miss a School Board Meeting? Watch it Online!

Did you know you can watch Winooski School Board meetings on the internet on your own schedule? Visit www.retn.org and click on "Meetings" under the "Watch" heading. You will find Winooski School Board listed alphabetically at the bottom of the list of area schools.

### **DOLLARS FOR SCHOLARS**

#### Would you like to sponsor a Winooski High School graduate and help make their dreams come true?

DONATE NOW to Winooski Dollars for Scholars at www.winooski. dollarsforscholars.org/.

### JFK ELEMENTARY SCHOOL NEWS

### **March News from JFK Elementary**

#### By Sara Raabe, Principal

February flew by at JFK, with wonderful activities and new learning for our students. Our Kindergarten and First grade students showcased their PBL (Project Based Learning) Projects. First grade completed a unit on sound in science. Students designed their own musical instruments, and performed songs in small bands. Some students sang songs they already knew, and some created new songs.

The Kindergarten students completed their PBL unit on the Three Billy Goats Gruff. Students spent time reading the book, and looking at the story elements. Then, in small groups, students designed bridges that could hold the three billy goats using paper towel rolls, tape, and popsicle sticks. Check out the JFK Facebook page to see the activities for both grade levels!

Starting in January, JFK literacy coach Jennifer Lapointe has been working with Gayle Moskowitz from Partnerships for Literacy and Learning to support our 2nd, 3rd, and 4th grade teachers in their ELA planning and implementation. The studio type professional development is aimed at these specific grades due to the large academic jump in reading between 2nd and 3rd grade.Gayle is coming into school to work directly with teachers around planning, and differentiating instruction for students.

Kym Asym, from NFI, has been hired as a PBiS and Trauma coach for JFK through the coaching funds of our BEST grant. Kym is working with our K/1 teachers through observation, direct feedback, and meetings to help strengthen and align our PBiS work with our developmental trauma work. Kym is targeting these two grade levels to help students develop skills at an early age to help them throughout their school experiences.

This past month, JFK has been participating in the Big Change Roundup.

All of the money raised supports patients and families at the University of Vermont Children's Hospital. The children at UVM Children's Hospital are more than just patients. They are our family, friends, neighbors, classmates, and a huge part of our community. Thirteen adults volunteered for the T-Rex Challenge. The adult that raise the most money wore an inflatable T-Rex outfit for the day on February 23rd. Check out the JFK Facebook page for the pictures!

### Can You Help?

The PTO is continuing to collect Box Tops this year. Please save them and bring them to school. Your child's



teacher can send them to the office for collection. Thank you!

\_\_\_\_\_

### Kindergarten Students Participate in Project Based Learning

#### By Lisa Bushey

During the week of February 4, JFK kindergarten students embarked on their first PBL event of the year. PBL, short for Project Based Learning, is entirely student-centered. Students work in small groups to collaborate on a specific task based on a driving question. Students gain knowledge and skills by working for a period of time to investigate and respond to an engaging question, problem, or challenge. PBL provides the opportunity for students to gain important 21st Century competencies (collaboration, communication and critical thinking).

Kindergarten students listened to the story of The Three Billy Goats Gruff as part of Readers' Workshop. They became very familiar with the story and participated in retelling it during many rereads as one of their favorite books. The challenge given to the teams of three or four to the Driving Question: "How can you create a bridge to support the Three Billy Goats Gruff after a day grazing in the meadow?" Students viewed pictures of bridges and then on paper, each student drew a picture of their bridge design. They shared their designs with their team. Next, students were given a basket of everyday items as their building



materials (paper towel tubes, index cards, craft sticks, string, straws, glue and tape) to use. Together they decided which materials they would use and started the building process. When all bridges in the classroom were completed, the first testing phase was done. Bags of pennies were used to represent the three goats and placed on each team's bridge. At the end of this phase,

students were allowed to go back and make changes to improve their bridge for the final test on Friday afternoon, which included all four kindergarten classes and a few members of JFK's staff for some of the final testing event! Students cheered





for their peers after each test. It was an exciting afternoon and a successful first PBL experience for kindergarten students. One student shared her thoughts on the experience saying, "I liked problem solving."

### CATS on the Move

#### By Mag Thomas

We are excited to be able to offer a new afterschool program this session!

Children and Teachers (CATS) on the Move is a physical activity program that take place on Tuesdays and Thursdays. The primary goal of CATS is to provide a fun and engaging way to increase the amount of physical activity that children experience in the lives. The program is intended for students in Kindergarten through 3rd grade. CATS on the Move offers many different activities that can be used. Ms. O'Brien and Mr. Neilson have been trained to deliver the curriculum and are excited to share their learning with the children!



### Middle Schoolers have HEART!

#### By Kate Grodin, Co-Principal

Near the water fountain in the middle school hallway, hangs a long piece of butcher paper with the signatures of well over 100 students. Above the signatures is the agreed upon social contract that our student advisory representatives wrote, revised, and then helped the whole school reach consensus on. The idea for this work comes from the middle school's social curriculum Developmental Designs, which reminds us that the best guidelines for the group are those that the group makes for itself.

The Winooski School District's mission statement and values (students will all be Honest, Engaged, Appropriate, Responsible, Timely) is the north star of all the work we do, yet we need to attach it to the daily experiences in classrooms. With a student-designed and agreed upon social contract that supports both the district's mission and HEART, everyone in the middle school can hold each other accountable. Additionally, teachers design daily learning with an academic learning target for the class as well as a HEART learning target for the class. Check out the chart below for how the social contract, HEART learning targets, and life skills align.

In the middle school, HEART learning targets are assessed and then represented

as "work habits" on the report card. WMHS believes these habits of work and learning are fundamental elements to success in learning. Intentionally teaching students effective work habits will pay off as students mature and become more independent learners. That is why the sixth grade academy recently celebrated their amazing work habits! The PTO generously provided popcorn and we served it with some hot chocolate as students played favorite games.

The message to students is: when you have HEART, you are a responsible and engaged learner, and you are doing exactly the right thing!

HEART (1)	Social Contract 2017-2018 (2)	Learning Targets "I can…" (3)	Life Skills (4)
Engaged [Accountable] Timely	Do your best and take learning seriously. This includes being timely.	Fully participate in the daily class agenda. Follow all directions the first time.	Growth Mindset. Persistence / Willpower / Grit
Appropriate [Considerate]	Listen to others and include everyone.	Listen while others are speaking. Follow all directions the first time.	Impulse control.
[Considerate] Responsible Honest	Be Kind; Be Helpful and Be Truthful.	Choose to be kind. Tell the truth.	Empathy. Decision- making. Problem-solving.
Responsible	Respect your own and others' personal space and property.	Give everyone the space they need to be successful.	Personal space boundaries.
Appropriate	Use an appropriate voice for the setting.	Use only appropriate words, noises, gestures.	Self-regulation.

1. Beliefs and values of the Winooski School District and community.

2. Shared expectations developed and approved by our middle school students.

3. The specific expectations presented in classes.

4. The skills gained from following basic expectations. Important for high school and life beyond.

### **Basketball Season Recap**

#### Winooski B Boys Basketball team

By Coach Cory Payson

The Winooski B Boys Basketball team finished their season with 7 wins and 6 losses. For most of the players, this was their first year playing organized basketball. The squad's hard work paid off in 2018 when they won 6 out of their last 9 games. The boys on the team were: Aluma, Colton Fay, Alex Chagnon, Sam Parris, Ethan Piette, Hussein Abdulaziz, Angkith Pradhan, George Rogers, Peter Distiso. The team would like to thank the parents, fans, and the boosters for their support throughout the winter.

### WMS Boys Basketball Team Report

#### By Coach By Dennis Barcomb

Winooski Middle school boys "A" team had a very successful season. The team finished with a record of 9 wins and 4 losses. The boys showed great improvement by the end of the season. Team members were: Trevon Bradley, Daniel Surma, Kellen Bourgeois, David Klinker, Haydn Bourgeois, Ayshton Green, Vijan Dahal, Ayden Johnson, and Muhdin Abdi. A special thanks to the Winooski Boosters for supporting our end of season Pizza Party and Eight Grader gifts. I would also like to thank all of the parents and other fans who supported or team at home and road games.

CHART DESIGNED BY THOMAS SHERRER

### Middle and High School Students Participate in Vermont Young Playwrights Festival

By Heather Win



For the second year, WMHS will be represented at Vermont Young Playwrights Festival with their 10-minute plays. Thanks to generous grants from Vermont Arts Council and the Paterson Foundation, 31 students are learning the foundations of playwriting from Vermont Stage's teaching artists and professional playwrights-Joan Robinson and Bruce Campbell. Following several full-day writing workshop experiences, students will submit their finished plays



for a chance to have theirs performed onstage at the Flynn Space at the festival in May. Many of our students are returning to the program for the second year, inspired to show their creative sides by writing for the stage.

### Two Winooski Students Discuss State of the Union with Senator Sanders

By Bill Clark

Surrounded by cameras, relatives, teachers, and friends, two Winooski students met with Senator Bernie Sanders and finalists from eleven other schools at the State House in Montpelier

on Saturday February 10th to discuss the State of the Union.

Senior Kaitlinn Little wrote her essay about sexism in America and expressed her views during the roundtable discussion about how large this issue has become because of accusations in the media. "It's everywhere," Kaitlinn admitted, "and we all have to see what women have to face."



(left to right) Kaitlinn Little, Senator Sanders, and Vijayata Dahal.

Junior Vijayata Dahal chose to write about immigration, the need for refugees to find a home, and

the current situation with the Dreamers. Vijayata explained that Congress needed to resolve the uncertainty around the Deferred Action for Childhood Arrivals (DACA) program. "We want them to have an opportunity like other immigrants, like me and my family," she said.

Sanders asked the roundtable participants to summarize their essay and then participate in the discussion. Students discussed a variety of topics, including hate crimes against LGBTQ people, cost of college education, income inequality, climate change, American Indian issues, gerrymandering and voting laws, taxes, and healthcare.

"Their discussions extended well beyond the essays themselves," said Marc McQuinn, the Winooski students' teacher. "It was exciting to see how much knowledge all the students had about current events."

Sanders posed for pictures as he presented students with a framed copy of their essay, as published in the Congressional Record. He mentioned that he would leave Burlington Monday morning to participate in the DACA debate in the Senate.



### Food: The Matter & Energy of Life

#### By Shannon Bundy

Building on the curriculum from Food Science I, during Foods Science II students deeper into food systems by exploring how our body processes and uses macro- and micronutrients to build and support our body systems in order to stay healthy. Knowing what our food is made up of, and how our bodies process that food is essential to knowing if we are getting the right amount of, and right types of nutrients to stay healthy. Students are having some "a-ha!" moments as they learn just what it takes to maintain a healthful lifestyle. Their biggest takeaway? It isn't easy. For numerous reasons, the average person does not get the nutrients needed each day as recommended by the USDA. Do you get 2.5 cups or more of vegetables every day? Do you consume less than 6 ounces of protein a day? Are you eating refined or whole grains? You'd be surprised just how few nutrients you are getting from some foods, and how you are eating way more of nutrients than you need for your lifestyle. So ask a Food Science II student about what you should be eating, and how those foods in appropriate quantities can help you not only feel better, but look better too!

### **Taking Ownership of our Advisory Practices**

#### By Lindsey Cox

A circle is a way of talking and listening that we have been using in advisory this year. For circles, we use a talking piece. This creates a space in which all participants can both speak and listen from a place of truth. The person holding the talking piece has the opportunity to speak without interruption, while everyone else has the opportunity to listen without the need to respond. In December, each advisory designed a circle and starting mid-January, our advisories are implementing these circles. A big thanks to the Poquette, Bundy, Lauterbach, and Savage advisories for their well-crafted circles that touched upon topics such as friendship, happiness, having fun together, and getting to know each other.

Once a month, during lunch and advisory, WHS hosts a special guest from the community to have informal conversation with students. In January, Sarah Childs from the UVM Mosaic Center joined us and in February, we were excited to host Ebony Nyoni, co-founder of Black Lives Matter Vermont and a candidate for Winooski City Council. If you are interested in being a lunchtime speaker and connecting with Winooski High School students, please contact Steve Crowley at scrowley@wsdschools. org.

Advisory Challenge is heating up this winter. In January we hosted a mannequin challenge, where advisories created 45 second videos where all members of the advisory were frozen in a creative pose. The videos were put to music and made for great viewing and a lot of laughs. Congratulations to the Poquette, Bundy, Dunn, and Mason/Rimal advisories for winning prizes. In February, advisories teamed up for a lip sync challenge that was performed live on Friday, February 23rd during Community Meeting.

On February 14, the high school participated in a summer jobs and opportunities fair with local partners such as VYCC, the City of Winooski, Camp Hochelaga and YWCA, Peace and Justice Center, Young Writers Project, St. Mike's, UVM, CCV, Bike Recycle, ECHO, Governor's Institute of Vermont, Burlington City Arts, and more. Students spent the morning evaluating their current transcript and graduation standing, learned about future opportunities, and also had academic work time.

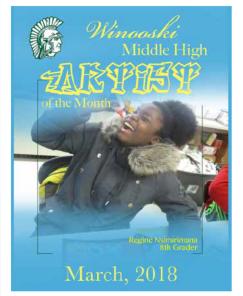
As we look ahead to the spring, advisories will be designing experiences for themselves to help strengthen relationships and build more connectivity and chemistry within the advisory. If you have any questions about Winooski High School's advisory program, please contact advisory coordinator Lindsey Cox: LCOX@wsdschools.org.



The Poquette Advisory collaborated with the facilities staff by using their space and allowing for a cameo to create their winning Mannequin Challenge video.

# WMHS March Artist of the Month

By Jessica Bruce, Visual Arts Teacher



This month's Winooski Middle High School Artist of the Month goes to ... Regine Nsimirimana! Regine has shown so much creativity through her awareness of process in art class. More specifically, for our mixed media unit on Kandinsy, Regine consistently selfassessed her work, used 'mistakes' in new ways to improve her art, and worked with prototyping her piece to create a beautiful end product. Congrats, Regine!

### SAT and ACT Registration

Students who are planning on applying to college should register to take the SAT or ACT exam. Testing takes place at area high school (though, not Winooski High School) on select days. Each test has a fee that needs to be paid prior to registration. Fee waivers, for those who qualify, are available in the Winooski High School office. Registration is completed online. Please ask for help in the Middle/High School office.

Free SAT Prep: www.khanacademy.org/ test-prep/sat

Free ACT Prep: www.actstudent.org/ testprep/

### COMMUNITY NEWS

### **March Budget Update**

#### By Eric Covey, City Council

Hi neighbors! It's almost Town Meeting Day, which means it's almost time to head to the polls and vote on a number of important items like the municipal budget, school budget, a number of other articles (more information below), and elected offices including Mayor, City Council and School Board.

Before getting into a deep dive on the budget

I wanted to take a moment to welcome Jonathan Rauscher to Winooski as our new Director of Public Works. Jonathan comes to us from Oneida, NY where he also served as Public Works Director. Jonathan is a licensed professional engineer and brings an immense amount of experience to his new role. Please join me in welcoming Jonathan to Winooski, and in extending a sincere thank you to Joe Shaw and John Choate who have done a tremendous job maintaining operations of our Public Works Department during our interim period without a Director.

On January 29th, City Council unanimously approved the City Municipal Budget you will consider on Town Meeting Day. During the budgeting process the Council heard presentations from each area of the city operations - Administration, Community Services, Public Safety, and Public Works. Our goal throughout the budgeting process has been to invest strategically in our municipal infrastructure, work to create economic vitality, and foster a connected community through safe, healthy environments and programs that engage community members from all walks of life, while being fiscally responsible with taxpayer dollars.

Our City Municipal Budget is the vehicle that allows our hardworking and dedicated City staff to move this vision forward. We have appreciated strong community support for these values, and these budgets, in the past, and hope that we can count on your support for this year's budget as well! You can view the full budget book at the City's website by visiting www. winooskivt.org/city-budgets.

The final proposed budget represents a 2.04% increase in the tax rate (2.13¢ increase) which remains under the rate of inflation. If you own a home worth \$225,000, the increase means you would pay an additional \$47.94 this year over last year (or \$11.98 per tax installment). The total general fund budget proposal is \$6,697,988.77, with \$5,380,529.13 in taxes being collected and the rest of the budget being funded from fees and other streams of revenue.

This year we moved the operations of the O'Brien Community Center (\$314,153.38 in operating expenses and revenues) to the general fund budget. Without including the O'Brien Community Center, which this year is revenue neutral, the overall increase in spending is \$113,949.69. We are requesting \$107,949.69 in new tax revenue with \$6,579.76 of the increase being supported by grand list growth and other revenue changes. The general fund budget would increase by only 1.817% from the previous fiscal year.



The Council has voted unanimously to support this budget, and we hope that the Winooski community will also step up to support this budget and the important investments it makes in our City's strategic plan initiatives and capital investments.

In addition to the important maintenance of daily City operational functions that this budget supports, a few notable items in this year's budget include:

Maintaining Staffing for Strategic Vision:

This year's budget does not include any staffing cuts, allowing the City to maintain focus on strategic growth, vibrancy, and the City's Strategic Vision. This budget also includes the addition of a part time Accounting Clerk which will free up the Senior Accountant's time to work on high level financial projections, debt modeling, TIF expiration planning, and potential fiscal oversight of significant federal and state grants on the horizon best positioning Winooski financially for the future, as well as changes to existing Administrative Staff structures to best serve Winooski community members.

**Community Outreach Program:** In partnership with Managers and Chiefs from our surrounding municipalities and the Howard Center, this budget provides \$12,300 to implement a Community Outreach Program, embedding mental health caseworkers in the Winooski Police Department (WPD) to best support our residents and neighbors experiencing mental health or substance abuse challenges while better allowing WPD officers to focus on community policing and criminal investigations.

**Fire Truck:** This budget includes the purchase and lease of 2016 Sutphen pumper truck. This will replace a currently out of service 27 year old truck, allowing the Winooski Fire Department to be back at a higher operational capacity to respond to emergency calls.

**Training Investment:** This budget includes investment in training opportunities for both our police officers and other

Your City Officials	Email addresses	Telephone	
Mayor Seth Leonard	sleonard@winooskivt.org	802-777-3381	
Councilor Brian Corrigan	bcorrigan@winooskivt.org	802-999-9270	
Councilor Eric Covey	ecovey@winooskivt.org	802-825-8789	
Councilor Nicole Mace	nmace@winooskivt.org	802-363-7777	
Councilor Brian Sweeney	bsweeney@winooskivt.org	802-734-6902	
City Manager Jessie Baker	jbaker@winooskivt.org	802-655-6410	
Visit the city website at winooskiyt org or call 802-655-6410			

Keep up to date with announcements and news:



**LIKE US ON FACEBOOK** We are "City of Winooski - Government" **FOLLOW US ON TWITTER** We are @winooskivt

(continued on page 14)

#### **CITY COUNCIL UPDATE** (continued from page 13)

City of Winooski staff to increase employee effectiveness and retention of quality, skilled employees.

Additionally when you cast your ballot on March 6th (or earlier if you decide to vote early by mail or in person at City Hall) you will also see a bond proposal to assist in funding a 'headworks' project, which is of critical importance to the City's wastewater treatment plant, and would allow for the removal of non-organic materials earlier in the process, improving plant/ staff efficiency, and saving money in the long term by increasing the lifespan of other plant components. This will coincide with the retiring of debt from an old project, and as a result will be budget neutral.

Voters will also be considering an article authorizing the City of Winooski to enter into an agreement for the formation of a union municipal district to be known as the Chittenden County Public Safety Authority, for the purpose of providing regional emergency dispatch. We believe this joint venture would improve services for residents, minimize response times and increase mutual aid coordination, resulting in safer communities. Burlington, Colchester, Milton, Shelburne, South Burlington, and Williston also have this item on their ballots.

We believe that these items are strongly deserving of support by Winooski voters, and we hope you'll join us in voting to support them!

If you have any questions about either the budget, or about these other articles, you can join us at one of the community budget presentation forums (details listed on this page) or by contacting any one of us! We're happy to hear from you and answer any questions you might have.

We hope that you'll join us in voting to support this budget and these important ballot items, which move us forward in the shared vision of a safe, affordable and vibrant community.

If you need to register to vote you can register online through the Secretary of State's office at https://mvp.sec.state.vt.us or by visiting the Winooski City Clerk during business hours, and you can even register to vote right on election day at the polls if you don't get a chance to beforehand!

**Please vote on Tuesday, March 6th** between 7am and 7pm at the Senior Center (123 Barlow Street) or vote early by mail (by requesting an early ballot through the Town Clerk) or by coming into City Hall during business hours to vote early! Thank you.

#### **Budget Presentation Details**

• **Town Meeting:** Monday, March 5th Winooski Town Meeting Candidate Forums



### **Police Outreach**

#### By Scott McGivern

The police department has been going through some changes lately. In February Sergeant Wood retired. He served the community of Winooski for 15 years. Much of his time was spent on the overnight shift so most of the citizens did not have the opportunity to



get to know him. We wish him the best in his retirement. We are currently in the process of hiring someone to fill his position.

A change is coming at the school. Last year Officer Dave was promoted to the position of Sergeant. He is a first line supervisor and he is needed in the patrol division. As a result, we are pleased to announce that a familiar face will be coming back to the school. No, it is not Officer Dean. It is Officer Jason. He will take over the duties of school resource officer at the end of February.

The department is continuing with its *Coffee With a Cop* program. We are in the early planning stages for this year's Public Service Day. We still need to finalize the permits to host the event but we are hoping to provide more information as things finalize. You may want to keep Saturday May 19th open.

Remember it is still wintertime. When driving, make sure you have good windshield wiper blades and good winter snow tires. When driving in snow, ice, and slush, please slow down and leave more room between you and other vehicles as it takes longer to stop a car in these conditions. Keep all windows clear of snow as well as your headlamps, tail lamps, and directional lights. Take the time to clean these areas so you can see and be seen.



# online



See pre-recorded forums on the Winooski City Budget,

School Budget and City Council and School Board Candidates on TV Channel 17 and online at http://www.ch17.TV

Meet city council and school board candidates and learn about the city and school budgets.

On March 6th, 2018 after you vote, Tune in at 7 p.m. for a Live Election Results show.

For full details visit www.Ch17.TV Channel 17/Town Meeting TV - Opening the doors to your local democracy.

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### Keep in Touch: Join the Winooski Front Porch Forum

It's a free and easy online way to get on the local grapevine, connect with neighbors, and build community. You can post and read about block parties, neighborhood watches, lost dogs, plumber recommendations, helping neighbors in need, free furniture, and all kinds of good stuff. Check it out at www. frontporchforum.com

### **Meet the Candidates for City Council**

Here is information submitted by the candidates to help you get to know them better. **You are also invited to attend a meeting Monday March 5th, 2018** in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets, in addition to meeting the candidates, beginning at 6:00 p.m with a discussion about city issues. Discussion about school issues is scheduled to begin at 7:30.

Please do your part and become informed, and vote on March 6, 2018 at the Senior Center, 123 Barlow Street between 7 a.m. and 7 p.m.

#### HAL COLSTON

Running for: City Council (write-in candidate) Contact: 20 West Canal Street, #214, Winooski, VT 05404 Work: Director of Partnership for Change Education: University of Pennsylvania (1975), Saint Michael's College (2000), Honorary Doctor of Humanities Hobbies/activities: Cooking, Hiking, Camping

**Community service:** Winooski Community Service Commission, Winooski Restorative Panel Boards - Vermont PBS, Flynn Theater for Performing Arts, Center for Whole Communities, Vermont College of Fine Arts, United Way Community Investment Committee, VNA Honorary Board **Reason for running:** As a city councilor I want to be a voice for all who feel their voice is not heard. My experience as a social entrepreneur speaks to this creating the Good News Garage (1996) and NeighborKeepers (2006). I will support a budget that makes Winooski the best place to live and raise a family. I believe Winooski will become the community it ought to be by engaging the many different voices in our development process.

#### CHRISTINE LOTT

**Running for:** City Council **Contact:** 139 W Spring St. & (802) 766-1988

**Work:** Business Analyst for a non-profit in the education field

**Education:** B.A. in Interdisciplinary Humanities from Michigan State University.

Hobbies/activities: Hiking, kickball, reading, cross country skiing **Community service:** Volunteer member of the Winooski Housing Commission **Reason for running:** In my service on the Housing Commission, I've seen a need for coordinated community planning around housing, development, and education. I want to bring my research and analysis skills to more of the issues facing our city. I also want to bring a moderate viewpoint. I married a 4th generation resident, but I was a newcomer myself some years ago. I am running for City Council to contribute to the long-term success of Winooski.

#### EBONY NYONI

Running for: City Council Contact: 325 Main Street, Suite #4, Winooski, VT 05404, 802-855-1886 Work: Human Rights Activist and Social Entrepreneur

**Education:** M.Ed, University of Vermont **Hobbies/activities:** Rooting for all New England/Boston teams

**Community service:** Built school in Tanzania, Africa; worked with homeless youth, provided meals to Burlington Emergency Shelter; Tutored new American children, co-founded Black Lives Matter VT, Black Lives Matter VT Day at the statehouse; My Sister's Keeper Challenge Conference, Youth girl's mentor program - Black women's March in DC

**Reason for running:** I am running because I want to help the people of Winooski thrive. This includes the new Americans, senior, and generational Winooskians. I want to improve public transportation for our many residents without vehicles. I want to see more affordable housing, this includes apartments and construction of small houses. Better school system a must.

### Open Positions in the City of Winooski

#### By Julie Hulburd, Human Resources Manager

We have three new position postings on our website:

- Accounting Clerk Part-Time Regular
- Assistant City Clerk Full-Time Regular
- Garden Manager Seasonal

Full posting details can be found at https://www.winooskivt.org/ employment/

### Join our Playgroups

We offer playgroups for families and their young children (0-5years old). Join us at the O'Brien Community Center (32 Malletts Bay Avenue) in Winooski:

- Tuesday: 9:30-11:00am
- Thursday: 9:30-11:00am
- Friday: 9:30-11:00am at the Winooski Memorial library

Why attend a playgroup?

- Meet parents and their children
- Learn about resources
- Children will learn to share, take turns and to communicate

**EVERYONE IS WELCOME!** Please reach out to us, if you have questions or want more information: 655 1422 or by email at mkerkering@howardcenter.org.

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### The City of Winooski Adult 3-on-3 Basketball Tournament

By Paul Sarne, Communications Coordinator, City of Winooski

Join the Winooski Recreation and Parks Department for a 3-on-3 Adult Basketball Tournament.

This is a 2-day, double elimination coed tournament. The winning team gets a trophy and bragging rights!

Celebrate the final championship game with us at the Last Stop Sports Bar in Winooski (12 Malletts Bay Avenue) (21+).

- Teams must designate one player to register the entire team before the registration deadline of March 16th.
- \$30 / adults 18+ / co-ed
- Registration deadline: 3/16/18
- Tournament: 3/21/18 & 3/22/18, 6:30 pm @ The Winooski High School Gym

#### Visit winooskirec.com & sign up today!

Questions? Contact Alicia Finley, Recreation & Parks Manager: afinley@ winooskivt.org / 802 777 1621

### Thrive's February Vacation Camp

Registration is now open for our Thrive After School February Vacation Camp, which is starting on Feb. 27th!

Thrive After School is a state-licensed childcare/enrichment program partnered with the Winooski School District.

Our daily structure provides children with opportunities to expand on the learning that takes place during the school day and allows them to explore and grow through play-based, handson learning. We have opportunities for outside time, art, literacy, skill-building activities, and exploring hobbies and interests!

 2/27/18 - 3/2/18 (Tues. - Fri. / 8 am - 5:30 pm) at the Winooski School District

# Visit winooskirec.com & sign up today!

Questions? Contact Kirstie Paschall, Children and Family Programs Manager: kkpaschall@winooskivt.org / 802 233 8188

### Winooski Girl Scout Troop 30167

#### By Sarah McGowan-Freije

The girls earned their Junior First Aid badges last month. We started the badge by going to Saint Michaels Fire and Rescue. The volunteer EMTs there explained basic first aid practices to us and demonstrated some simple first aid procedures such as making a sling, bandaging a wound and splinting a broken bone. Then the girls got to practice on each other.

The following week each girl put together a first aid kit that included band-aids, tape, gauze pads, alcohol wipes, anti-bacterial cream and Ace bandages. We also reviewed the three C's of what to do in case of an injury – Check, Call, Care. The girls picked various ailments to demonstrate, and made videos of them responding to each ailment.

We are now working on the Animal Habitats badge. We talked about what constitutes a habitat, and matched various habitats to the correct animal. The girls formed groups and researched black bears, beavers or grey foxes. They created presentations detailing the habitats of their respective animals and presented them to the rest of the troop. Next they will be building butterfly habitats.

We also spent time making signs for our cookie booths. The design process included several spontaneous sing alongs. We will have a cookie booth at Athens Diner on

Sunday, March18th from 9am to 1pm. Stop by and see us, and stock up on cookies.

The Girl Scouts in Troop 30167 are in fourth grade. For more information about our troop, please contact Sarah McGowan-Freije at 802-598-4280.









### Winooski Girl Scouts Troop Update

#### By Amy Lothrop

Celebrating World Thinking Day is one of our favorite traditions. This year's theme was impact. We reflected upon our ability to positively impact global issues as well as our connection to Girl Guides worldwide. We considered how our individual actions seem small but as a group, we are so powerful and able to accomplish so much more. As a part of a movement of 10 million Girl Guides and Girl Scouts in over 145 countries, we are changing the world one girl at a time.

We have also accomplished:

**Daisy 58806:** We watched a video about the UN's Sustainable Development Goals and focused our discussion on access to education. The girls were surprised to learn about how different education is around the globe. We are planning a community service project to help a girl gain access to education.

**Brownie 52013:** We painted small decorative boxes to earn our Painting badge. We learned the importance of communication (and how hard it can be) during our Making Games badge. We earned our Inventor badge by designing a safety cage for an egg drop. We had lots different designs for the same problem and 80% survived the drop.

Junior 30948: We earned our Savvy Shopper badge by imagining that we were heading off to colonize Mars. Initially, we could take 16 items each. We experienced "glitches" that reduced that number to only 4 items. We had a powerful conversation about needs vs. wants and global resource consumption as we struggled to agree on the four necessary items. We related that conversation to global issues of hunger and access to clean water here on Earth. We joined our Brownies for the egg drop to earn our Product Designer badge. 100% of our eggs survived.

Cadette 30187: We completed our World Thinking Day and Global Action Awards. We looked back to our Take Action and Bronze Award projects what impact we have made on the UN's Sustainable Goals regarding poverty, hunger, health, education, gender equality, clean water, climate change and clean environment. The Scouts took the opportunity to consider their Silver Awards' community impact. We are working on issues related to foster care, education, children's health and hunger. We also had fun playing Simon Says in other languages and a blindfolded scavenger hunt.

If you haven't yet ordered your favorite cookie, look for us selling cookies in and around Winooski during March. Purchasing a box of cookies helps a girl learn business skills, goal setting, outdoor skills and perform community service. We'll see you at our booths:

- SAT 03/03 from 10-2pm in the park across from the Winooski Post Office
- SAT 03/03 from 10-12pm at Dunkin Donuts on Williston Road
- SUN 03/04 from 10-2pm in the park across from the Winooski Post Office
- SUN 03/04 from 9-1pm at Gadue's on Williston Road
- SAT 03/10 from 10-2pm at Tradewinds on Church Street
- SUN 03/11 from 10-2pm in the park across from the Winooski Post Office
- SUN 03/11 from 9-1pm at Gadue's on Williston Road
- SAT 03/17 from 10-2pm at Tradewinds on Church Street





We welcome all girls K-12 and adults interested in Girl Scouting to join us. Our mission is to build girls of courage, confidence and character who make the world a better place. If you cannot wait to join the adventure, contact Amy Snow Lothrop at AmyLothrop@Comcast.net or (802) 373-7288 mobile.











### News from Winooski Kitchen

By Nina Hansen, SNS



Souad, our super Super Bowl fan dishing up fun! Everyone was a winner at lunchtime



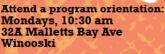


Step In To Work Work readiness skills training On the job work experience with stipend Job search & placement support Ongoing support for continued success



Vermont Commodity Program M - F work schedule Stipend & completion bonus provided Food processing and manufacturing training Industry recognized certifications

93% of graduates find employment within 30 days! Help farmers feed your community!



For info: Missy Mackin, 802-655-8900 ext. 503

Step In To Work mmackin@vtworksforwomen.org

Vermont Commodity Program hnewcomb@vtworksforwomen.org jake@salvationfarms.org

vtworksforwomen.org • salvationfarms.org

### Winooski Memorial Library

#### By Elsie Goodrich, Youth Services Coordinator

Join the Winooski Family Center and the Library for a Friday morning playgroup 9:30-10:30 families with kids 0-6 are invited to come play, sing, and work on crafts together.



- **Story Time** is every Friday at 10:30. Join Elsie for songs, rhymes, stories and crafts ages baby to 6 years old.
- **Lego Club** meets every Tuesday from 3PM to 6PM, take the weekly Lego challenge and see your creation featured on our Facebook page. Family Game day is every Wednesday from 3PM to 6PM, learn a new game, or take home chess, Settlers of Catan, Jr. Ticket to Ride and other fun new games!
- Need help with your homework? Have a college essay or application due soon? Cramming for the SATs and need a tutor? Homework Help is Monday-Thursday nights 6PM to 9PM. Students of all ages can come in for friendly, knowledgeable tutors, computers, wifi, and project supplies.
- Free nutritious meals for anyone 18 and under offered Monday through Thursdays.

The Winooski Memorial Library is located at 32D Malletts Bay Avenue, Winooski VT 05404. Telephone: (802) 655-6424. We are open Tuesday-Friday, 10am to 6:30pm and Saturday from 10am to 2pm. Closed on Sundays and Mondays. Find us online at winooskilibrary.wordpress.com.

### 4th Annual Seed Share!

Join us for the **4th Annual Winooski Grows! Seed Share**, **Saturday, March 24**, 10:30 am to 12:30 pm at the Winooski Memorial Library, located at 32 Malletts Bay Avenue. Get some seeds for your garden, share seeds with other gardeners and pick up resources to get started. Free seeds will be available, thanks to a generous donation from High Mowing Organic Seeds. Questions? Call Amanda at 802-655-6424 or email winooskilibrary@winooskivt.org

### Literary Trivia!

Come show us your literary prowess! Join the Friends of the Winooski Library at The Monkey House on Wednesday, March 14 at 7:00 PM for the third annual quiz for a cause.

### Mindfulness Continues, Available Online, Too!

What: Guided Mindfulness Practice and Discussion Where: Winooski Senior Center When: Thursdays, 5:30-6:30 pm

The Winooski community continues to practice mindfulness together each Thursday evening at 6:30pm, led by volunteer Andrea O'Connor. Since January of 2016, these sessions have also been recorded and uploaded to the school website. You can listen to them by visiting this link: www.wsdschools.org/ mindfulnessin-winooski.

### Winooski Food Shelf Schedule for March

Saturday, March 10th	9:30 a.m. to 11:30 a.m.	Fresh fruit, veggies, bread, pastry and deli items
Wednesday, March 14th	2 p.m. to 4:30 p.m.	Pantry staples, meat, eggs and fresh veggies
Saturday, March 24th	9:30 a.m. to 11:30 a.m.	Fresh fruit, veggies, bread, pastry and deli items
Wednesday, March 28th	2 p.m. to 4:30 p.m.	Pantry staples, meat, eggs and fresh veggies

By Linda Howe, Winooski Food Shelf Coordinator

**Volunteers needed:** Anyone wishing to work out of their home could help hand write thank you notes to our generous donors. Those that would like to help out at the food shelf itself could help put away food deliveries. The third Wednesday of each month around 10:30 a.m. we receive our food order from the Food Bank. This can take 2-3 hours to put on shelves or in freezers. We can always use help during food shelf hours to serve clients, make coffee, or register clients as they walk in the door.

**Food Shelf policy:** Winooski residents may access the pantry staples one Wednesday each month. Folks can come both Saturdays to stock up on bread, pastry and some fresh fruit and veggies. Hannaford's provides Saturday's food. New clients should bring proof of Winooski residency such as a utility bill. Any Winooski resident in need is welcome. The Food Shelf is here to help support you. **For questions call 318-0460.** 

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets. There is a bus stop on that

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corner. We do not provide rides so please bring a wheeled cart or suitcase and some reusable bags to lug your food home. The church phone number is 802-655-7371.

**Cash donations needed:** The Food Shelf is growing rapidly. More and more food must be purchased since current food donations cannot meet the demand. Checks can be mailed to The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. Thank you!

**Donation drop off location:** Sally's Flower Shop, 333 Main St., Winooski 655-3894 is happy to accept drop off donations of food and toiletries during business hours. Pets are also family members and we are always grateful for pet food donations. We especially need cat food.

The Winooski Food Shelf volunteers are most grateful for all the kind donations made by local businesses and residents. It is only through the generosity of the community that we are able to provide help and hope to our low income residents. Thank you!!



### Community College of Vermont (CCV) Winooski News

Jen Garrett-Ostermiller, Coordinator of Academic Services

REGISTER NOW! for Spring and Summer 2018! www.ccv.edu

(802) 654-0505

#### **Summer Classes at CCV**

View the great summer course options at https://tinyurl.com/ CCVSummerClasses. Several classes are scheduled to start in late June, after high school ends.

#### **Early College**

If you are an 11th grader, did you know that you can apply to take your entire 12th grade year enrolled at CCV for free tuition (and earn your credits for HS graduation plus 24-36 college credits at the same time, worth about \$10,000)? Read more at https://tinyurl.com/CCVEarlyCollege.

#### Study Tip of the Month from CCV

Last month, I promised to share an effective strategy for studying notes. The "Read, Recite, Review (3R)" technique is valuable for any student.

- **Read a section** of a book chapter or part of your class notes. Then close the book and hide your notes.
- Recite (speak aloud) everything you can remember about what you've just read. You don't need fancy equipment. You can recite to yourself, to a friend, to your cat, or even to your coffee mug or a plant in your room.

• Review the section by reading it again to correct anything you got wrong, or to revisit important information that you overlooked when you recited.

In one study comparing the effectiveness of various study techniques, students in three groups read long, technical encyclopedia entries (McDaniel, Howard & Einstein, 2009). One group used the 3R technique; a second read the articles twice and did nothing else; a third read the articles once but took notes while reading. A week later, everyone took the same test. The students who had used the 3R technique did much better on the test than students who used the other techniques. What's more, it took students less time to use the 3R technique than reading and taking notes.

One reason this method works so well is that when you practice the second R, you see immediately what you had trouble understanding, learning and remembering, so you know what to concentrate on when you do the third R: review.

This information is quoted and slightly adapted from an APA article: Wade, C., Tavris, C., & Garry, M. (2013). The nine secrets of learning. Retrieved from http://www.apa.org/ed/precollege/ psn/2013/09/learning-secrets.asp

### Let's Do Lunch! Senior Center Update

By Barb Pitfido, Winooski Senior Programs Manager

Meals on Wheels volunteer delivery drivers are urgently needed in Winooski!

Five days a week, the WSC team delivers to folks in Winooski who are in need of a hot meal, some compassion and a smile. Meals on Wheels only works when volunteers go door-to-door to support seniors and neighbors with limitations.

The Winooski Senior Center coordinates the delivery of Meals on Wheels. We are committed to our communities' health, safety and wellbeing.

When you bring someone a meal, you show that you care. And, for the more than 40 folks in our little City who depend on Meals on Wheels each day, a quick chat and a warm hello can make all the difference in the world.

Are you able to join our WSC Meals on Wheels delivery team? Your 1 hour a

month donation of time can be a lifesaver for our community.

How do I become a volunteer?

You can call the Winooski Senior Center or go to: http://www.winooskivt. org/volunteer/ and apply today

#### **UPCOMING ACTIVITIES:**

**Senior Lunch & Learn:** Every Tuesday - Lunch at 11:30am (\$5 by donation -RSVP) Free Activity at Noon

**Open House Time:** Most Wednesdays 1-3pm Free Activities - cribbage, games, crafts & fun!

### Do Drop In - Coffee & Conversation:

Tuesdays (Feb-April) 9-11am Tai Chi - with Elizabeth Wirls:

Mondays 10-11am Sun 73 Long Form &11am-Noon Seated Tai Chi Thursdays 6:45pm- Long Form Senior Exercise Program:

Tues/Thur 10-11am

#### **BINGO!** Theme Days:

- March 15 St. Patrick's Day
- March 29 Fundraiser for Winooski Food Shelf
- April 19 April in Paris
- May 17 Back to the 60's



### Senior Lunch & Activity Reports: • March 13 • April 10 • June 12

Senior Planning Meetings:

• March 7 • April 4 • May 2

#### SPECIAL EVENTS:

- March 20 Vernal Equinox Party
- April 3 After lunch chat w/ City Manager, Jessie Baker
- May 8 Senior Brunch 4 Lunch Spring Party

Reservations for all meals are required. Call us by NOON the day before the meal to make your reservation. Special event meals may require prepayment.

The Winooski Senior Center.... the most exciting place in Winooski! We are located at 123 Barlow Street. Plenty of free parking & handicapped accessible. Office hours are 8:30am - Noon (Monday - Friday). You can reach us by phone at: 655-6425 or email at: seniorcenter@ winooskivt.org







Stay up to date! Visit us on Facebook at: https://www.facebook.com/winooskiseniorcenter/ OR see our live online monthly activity calendar at: http://www.winooskivt.org/senior-programs/

### HEALTH CORNER

### **ELEMENTARY SCHOOL LUNCH MENU — MARCH**

#### By Elizabeth Parris, School Nurse

The Health Office has seen an increase in strep throat, stomach bugs and upper respiratory infections throughout the district. With that said, I would like to take this opportunity to remind parents of what are expectations are here in the Health Office.

- 1. If your child has strep throat they must have had 24 hours worth of antibiotics before they can return to school.
- If your child has a fever of 100 degrees or higher they will be sent home. No exceptions!
- 3. If your child has been sent home with a fever please keep them at home until they are fever free for 24 hours without the use of over the counter fever reducing medication.
- If your child is vomiting please do NOT send them to school. Please keep them home.

Encourage frequent hand washing throughout the day and to cover their cough and sneezes!

Any questions please feel free tocontact one of the nurses!

### **Tooth Tutor Update**

#### By Tracy Towers, Tooth Tutor

Happy almost Spring! I wanted to introduce myself, my name is Tracy Towers. I am the new Tooth Tutor for the Winooski School District. I will be in the Health office on Fridays. I look forward to meeting you all.

Now is the time we are gearing up for Spring sports! Remember to ALWAYS wear a mouth guard while playing sports to protect your teeth. If a tooth accidentally gets knocked out, seek immediate treatment with your dentist within 30 minutes.

DO NOT clean the tooth.

DO NOT touch the wound site Keep the tooth WET. Put it in a glass

of milk, cool water or a wet cloth. Floss, Brush and see your dentist regularly.

Brush for 2 mins, 2-3x per day, and floss 1 x a day. Tooth decay and gum disease can be prevented, its up to you!





PLEASE NOTE: Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

ALSO: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

#### Newsletter of the Winooski School District

Winooski School District 60 Normand Street Winooski, VT 05404 NON-PROFIT ORG. U.S. POSTAGE PAID BURLINGTON, VT PERMIT #361

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#### WINOOSKI PUBLIC SCHOOLS

Superintendent of Schools Sean McMannon: 655-0485 smcmannon@wsdschools.org

John F. Kennedy Elementary School Principal: Sara Raabe 802-655-0411 sraabe@wsdschools.org

Winooski Middle and High School Co-Principals: Kate Grodin and Leon Wheeler 802-655-3530 kgrodin@wsdschools.org lwheeler@wsdschools.org

**Board of School Trustees** 

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#### WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

#### **ABOUT OUR DISTRICT**

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 884 students attending JFK Elementary and Winooski Middle/High School (grades PreK-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wsdschools.org

#### www.wsdschools.org