

ALSO INCLUDES
Community News!
 STARTING ON PAGE 10

WINOOSKI SCHOOL DISTRICT NEWS!

NOVEMBER 2017

Celebrating Our Achievements!

PeaceJam 2017-2018

By Melissa Mason and
 Aftaba Mezetovic

We would like to share some experiences and quotes from students while on our New York City trip for PeaceJam 2017-2018. We started peacejamming with 6 students at the start of this school year, and entered into a room of 21 students yesterday who shared their reasons for joining PeaceJam. It was touching to hear their hopes and dreams for our club's future. Our PeaceJam family is growing! Yay!



"When I first saw the Statue of Liberty I thought of my family and how they must have felt when they first arrived in America. Scared? Nervous? Happy? Overwhelmed? They must have been feeling so many different things."

"The Statue of Liberty was so big that it reminded me the world is so much bigger than I thought! We walked a lot. Our feet started hurting. I think Mess should give us a 4 for P.E. While being here I got to go to some restarurants for the first time. It was a good first experience." — K.B.

"At the 9-11 Museum everything got clear for me and I learned exactly what happened in that time. I started crying and I had a lot of questions in my head like: Why did they do that? What did they get from it? How were they able to do that? How did they feel when they did it? And are they really humans or monsters?" "We went to the United Nations which was fun. We took a lot of pictures. I remembered all of the help that my family and I got from them." — *Tabarik AbdulSaalam*

"The Ellis Island Immigration Museum kind of disappointed me. For example-yes, they are profiting from American history, but also the history of people who went through HELL just to come to American where it took many years for these immigrants to be accepted and treated respectfully." — *Ines Horozovic*

"We explored the city. We did fun things such as jumping on our beds and learning about each others' religions. We also sang on road trips, complimented each other and helped each other like family would. We were so excited to see the Statue of Liberty." — *Ubah Hussein*

"We learned about the 9-11 memorial. We got to know what happened on 9-11-2001 and we got to know a lot of things that I didn't know. We got to know what happened in New York City in the year 2001." — *Indra Ghaley*

Thank you for your continued support!

Holiday Craft & Vendor Fair



Raffles, Bake Sale &

Green Meadows Catering offering
 Breakfast and Lunch

Saturday November 18th

9am — 4pm

Winooski School

60 Normand St.

Brought to you by the

Winooski PTO

INSIDE THIS ISSUE

Notes from the Central Office	2
Announcements	3-4
JFK Elementary News	5
Middle and High School Highlights	6-9
Community News	10-16
Health News & Menu	17
District and Contact Information	18

SAVE THE DATE

TRAIN SHOW!

Sponsored by the Champlain Valley Chapter of the National Railway Historical Society. **Saturday Dec. 2nd from 10-3. See page 3 for more details.**

November School Board Update

By Alex Yin

My name is Alex Yin and I appreciate this opportunity to write my first-
newsletter as a member of the School Board. Wherever I have lived, I have always believed in being part of the community; thus, I have been involved with organizations like Boys and Girls Club, Police Activity League, Caminar Latino, Big Brothers and Big Sisters, Friendship Tutoring, or Centre Squares (yup—I have earned a Blue Ribbon square dancing at The Pennsylvania Farm Show). When I read about the opportunity to be part of the School Board, I thought this would a great way to find my inner Vermonter but more importantly it was an opportunity to be a good community citizen to Winooski. The School Board allows me a chance to grow as a person, while also allowing me to provide a bit of my expertise regarding colleges and universities.

My career has been in the field of institutional research where I analyze numbers so that our President, Provost, Deans, and other administrators can make data-based decisions (for those who love baseball, know that I am the Moneyball guy for UVM). I love my job because it allows me the opportunity to look at numbers to help tell a story. Just like any good book, sometimes you have to dig a bit deeper to understand the context of the situation. It is through these deeper looks that one begins to understand where improvements can be identified, and successes can be celebrated.

In the short-time I have been on the School Board, I have been fascinated by the school district's mission, *"All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community."* As I watched the Girls Soccer Team during homecoming weekend, participated in the Walk to School event, and learn about the systems of support during the school board meetings, I find

that Winooski has all the ingredients to help the school district succeed in the mission.

Through these activities, I can see students developing teamwork skills, written communication skills, a strong work ethic, verbal communication skills, analytical/math skills, and flexibility/adaptability. These are all skills that employers are seeking when looking at a candidate's resume according to the 2017 annual survey conducted by The National Association of College and Employers (for the complete list see: <http://www.naceweb.org/about-us/press/2017/employers-look-for-teamwork-problem-solving-skills-on-resumes/>). With a diverse community and a strong school

district, I believe Winooski has the people to help our children develop the skills that will prepare them for the future. As I learn more about our community, I fall more in love with Winooski. I hope you believe too that together we have make Winooski thrive as a community.

I look forward to meeting more students, teachers, administrators, and community members to learn more about our community and how I as a school board member can help us achieve the school district's mission. Please feel free to contact me via email (ayin@winooski.k12.vt.us) if you have any questions, comments, or if you want to meet up and chat.

Stand Up or Take a Knee, That is the Question

By Hal Colston, Partnership for Change



Current events can offer the best opportunity to educate our students.

There may be no better intersection of democracy, politics, history, justice, and the first amendment – Religion and Expression: “Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.” In the NFL some brown and black football players (over 70% in the league) along with their white brothers have used their freedom of speech to express their first amendment rights – our country needs to address the inequities in our justice system where so many people of color experience injustice.

What might our students think about this topic? How might our Graduate Expectations of critical thinking, communication, and collaboration engage our students to have difficult, but courageous conversations? Trust me, they are talking about this issue! How might our educators be onboard to facilitate these conversations of learning?

This all began when former NFL quarterback Colin Kaepernick decided to protest, to petition the government for a redress of grievances. By kneeling during the playing of the national anthem before kick-off, he was bringing attention to the many unarmed black men that have been shot by police in our country. Back in 1968 during the Olympic Summer Games, sprinters John Carlos and Tommie Smith gave a black power salute on the podium to protest the many injustices experienced by people of color at that time. Their careers as professional athletes were finished by making this protest because they were blacklisted. This same fate Kaepernick now faces.

Questions, questions, questions. So many questions we can ask of our students to learn about the essence of our democracy.

CITY AND SCHOOL ANNOUNCEMENTS

Got Yogurt Cups?

By Jessica Bruce, Fine Arts Teacher, WMHS

The Art Department is in need of plastic 2 liter bottles and small plastic yogurt cups for upcoming projects.

Please drop off your clean bottles and cups to the WMHS office or send them in with your child. Thanks in advance!

Miss a School Board Meeting? Watch it Online!

Did you know you can watch Winooski School Board meetings on the internet on your own schedule? Visit www.retn.org and click on "Meetings" under the "Watch" heading. You will find Winooski School Board listed alphabetically at the bottom of the list of area schools.

Please Help!

The PTO is continuing to collect Box Tops this year. Please have your child bring them to school. Last year we earned \$1,795!



Please note: We no longer collect Campbell's Soup Labels.
Thank you!

DOLLARS FOR SCHOLARS

Would you like to sponsor a Winooski High School graduate and help make their dreams come true?

DONATE NOW to Winooski Dollars for Scholars at www.winooski.dollarsforscholars.org/.

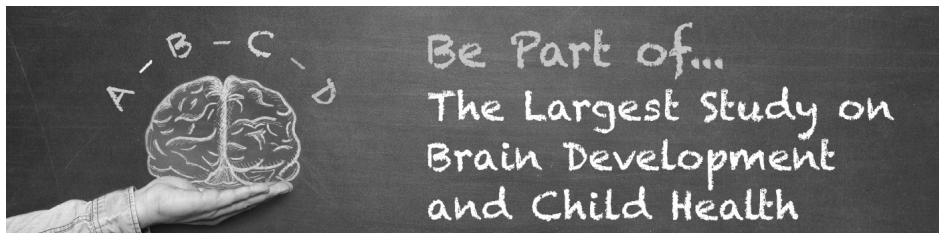
Early Release Days for 2017-2018 School Year

By Sean McMannon, Superintendent,
Winooski School District

Grades K-12 will be released at 12:15pm on the following days in the upcoming school year:

- Nov 8
- Dec 13
- Jan 10
- Feb 14
- Mar 14
- May 9

Please follow us on twitter at @WinooskiLearns.



The Adolescent Brain Cognitive Development (ABCD) Study will enroll 10,000+ healthy children and follow them from ages 9 to 10 into early adulthood to understand how children's experiences affect brain development and other aspects of their lives—including academic achievement, social development, and behavioral and overall health.

Who can participate?

ABCD Study sites span the continental U.S. and Hawaii, ensuring that results will be relevant to people across races, ethnicities, genders, education and income levels, and living environments.

Qualified participants will be:

- Age 9-10
- Male or female
- In good health

In the study, your child will:

- receive a brain MRI
- earn up to \$70 for each annual visit
- Parents earn up to \$150 for surveys, interviews.

What will study participants do?

The ABCD Study begins with 1-2 visits in the first year. During these visits, you and your child will be asked to complete interviews and questionnaires.

In addition, your child will be asked to:

- Play games and puzzles and complete computer tasks
- Undergo safe, non-invasive brain imaging
- Give biosamples (such as saliva)

Some of these assessments will be repeated each year, with brain imaging occurring every other year.

Interested? Call (802) 847-4562 • Email: ABCD@uvm.edu • www.ABCDstudy.org



Sponsored by the Champlain Valley Chapter of the National Railway Historical Society

TRAIN SHOW

**SATURDAY
DECEMBER 2nd
10am - 3pm**

Benefits The Winooski
Dollars for Scholars Program

**All Gauges • Appraisals
Railroadiana
Dealer Tables • Advice
Lego Trains • Toys
Operating Layouts**

ADMISSION

Adults: \$5.00 Under 12: \$1.00
Under 6: FREE! Family: \$10.00

Concession to benefit WHS Activities

Winooski Educational Center

The Winooski PTO

By Melissa Gonyon, Vice President

We are a group of parents, teachers, and community members working together for ALL of our children – pre-kindergarten through twelfth grade. The group's efforts make it possible for all the school's children to participate in field trips, and recent contributions have included funding the new basketball courts, publishing the WSD cook book, and making Spartan gear available! During this upcoming school year, we are planning multiple craft fairs and LuLaRoe events, and we're looking forward to supporting next year's golf tournament (sponsored by McKee's Pub and Grill) to help raise additional funds. While we know everyone's time is short, especially during the school year, there are many ways for families to help out. Joining the PTO is also a great way to get to know people!

- **Who we are:** Lydia Mungeon, President; Melissa Gonyon, Vice President; Jessica Audette; Sarah McGowan-Freije, Treasurer; Kate Simone, Secretary.
- **When we meet:** The PTO meets on the third Wednesday of each month, 5:30-7:30, in Room 14 in the JFK building. Our first meeting will be on November 15, 2017.
- **More info:** Please see the PTO page on the WSD website and like our Winooski PTO Facebook page for more info and to keep track of what we are up to.

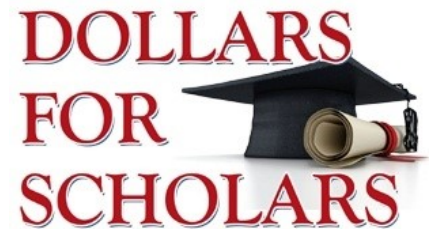
Two Great Events, One Great Cause

LuLaRoe
Multi Consultant Sale
Raffles & Bake Sale
Saturday
December 9th
10:00am – 2:00pm
Winooski School Cafeteria
All Proceeds to
Help Support
Dollars for Scholars

This is a don't miss event!!



Saturday
December 9th
2:00pm – 3:30pm
Winooski School Gymnasium
\$12 Adults
\$8 Students
All Proceeds to
Help Support



Presented by
Winooski PTO



Congratulations to WMHS's amazing Math Teacher Tom Payeur (above left) and to JFK's fantastic ELL Teacher Sarah Forbes (above right) for being recognized as two of Vermont's Outstanding Teachers! They were honored at UVM's Outstanding Teacher Day ceremony held at the UVM Davis Center on Thursday October 12th.

Mindfulness Continues, Available Online, Too!

What: Guided Mindfulness Practice and Discussion

Where: Winooski Senior Center

When: Thursdays, 5:30-6:30 pm

The Winooski community continues to practice mindfulness together each Thursday evening at 6:30pm, led by volunteer Andrea O'Connor.

Since January of 2016, these sessions have also been recorded and uploaded to the school website. You can listen to them by visiting this link: www.wsdschools.org/mindfulness-in-winooski.

November Update

By Sara Raabe, JFK Principal

A focus for JFK this year is to welcome families into the school as often as possible. During the summer, each classroom teacher sent a welcome letter to students and families. In that letter was a volunteer form for families to fill out. It gave families multiple ways that they could choose to volunteer in their student(s) classrooms.

During the month of October, each class invited families to join them for a Morning Meeting. Every class at JFK starts their day with a Morning Meeting as part of our Responsive Classroom work. Morning Meeting consist of four parts each day:

1. **Greeting:** Students and teachers greet one another by name and practice offering hospitality.
2. **Sharing:** Students share information about important events in their lives. Listeners often offer empathetic comments or ask clarifying questions.
3. **Group Activity:** Everyone participates in a brief, lively activity that fosters group cohesion and helps students practice social and academic skills (for example, reciting a poem, dancing, singing, or playing a game that reinforces social or academic skills).
4. **Morning Message:** Students read and interact with a short message written by their teacher. The message is crafted to help students focus on the work they'll do in school that day.

We loved having families join students during a morning meeting. This was a great way for families to connect to their student's classroom, peers and teacher. It was also a fantastic way for families to experience a part of their student's day. Once families experienced a morning meeting, it gave them new knowledge to start conversations at home about what happened at school.

Enjoy the beautiful Vermont fall weather!

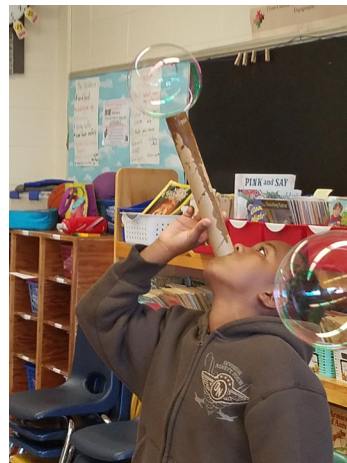
Building Partnerships

By Andy Schlatter - 2nd Grade Teacher at JFK Elementary

Throughout the first six weeks of school, our focus at JFK is building a school community that fosters a sense of belonging and ownership. To do that, we each facilitate the creation of classroom communities where children feel safe, but one in which they can still take risks. Students should feel comfortable sharing their ideas and thinking with their peers and in front of their class. They understand each other better than they understand us, and they learn through sharing and listening, critiquing and debating. A central practice that threads through all of these principles is the formation of partnerships.

In second grade, math partners continuously flesh out their ideas before sharing them with the rest of the class. They compare thinking and sort through mistakes and misconceptions. They take turns sharing their thinking and listening to each other.

Reading partners begin by discussing read-aloud books. It ensures that every student's voice is heard by another student, and it gives them time to sort through their own ideas before sharing. It also helps build confidence by giving them a smaller stage on which to practice. By the end of the first six weeks, the partners are reading to each other, discussing characters, themes, and helping each other with their reading strategies. All of these relationships help support a classroom climate in which all students feel like they help contribute to the academic and social community.



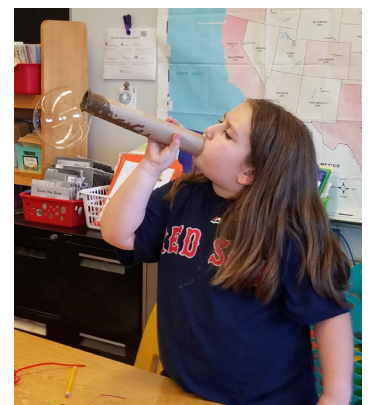
Bubble Bonanza Afterschool

By Mag Thomas

In Bubble Bonanza, students are learning about the engineering design process while using bubbles! They are working to solve a material design challenge. Students are experimenting with many different materials that they can use to make bubble wands.

Part of their work is to explore the properties of different materials to help them choose which material will work best.

They are becoming material engineers as they decide which materials are best for making different kinds of bubbles, and which combination of materials they will use to create their own special bubble wands. Can't wait to see what they discover!



Expeditions Launched in the Middle School

Kate Grodin, Co-Principal, Winooski Middle High School

How do people formulate and use “rules” to live their lives? How do culture, time and place influence the development of identity? What moral concerns are connected to labor and working conditions?

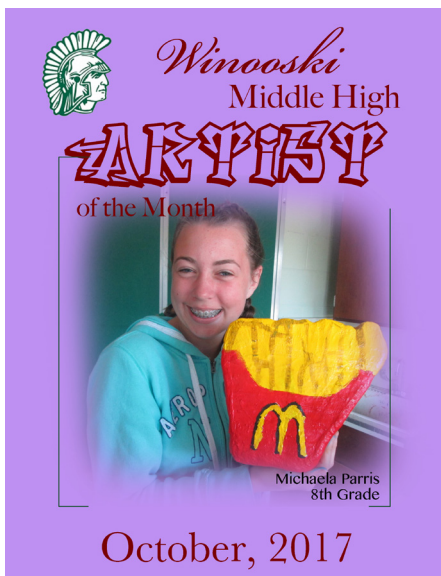
These are the driving questions that have launched the middle school’s first series of expeditions this fall. This year all middle school students will have the opportunity to engage in two compelling, interdisciplinary, 10-12 week-long units of study that we are calling expeditions. This fall the expeditions have a humanities focus, and in the spring the expeditions will be driven by STEM.

Middle school teachers spent four days

last June, and many since then, intensively learning, prepping and planning their first expeditions. The educational approach comes from EL Education (the EL stands for Expeditionary Learning), which began in the early 1990’s from a collaboration between The Harvard Graduate School of Education and Outward Bound USA. Their mission is to create classrooms where teachers can fulfill their highest aspirations and students achieve more than they think possible, becoming active contributors to building a better world.

Over the past five years, Winooski has been exploring and prioritizing student-centered and problem-based learning. In the middle school, this learning always

seemed to linger on the sidelines. Now, with the Expeditionary Learning model, problem-based learning will be in the heart of the classroom. The structure is this: students will engage in a deep investigation of a compelling topic (like, how do culture, time and place influence the development of identity?), assume a professional role during the expedition (graphic designer, poet, or activist), and create a product that will be celebrated in a final, culminating event. Middle school families can look forward to invitations to some spectacular demonstrations of learning this year! (For more about EL Education see: eleducation.org).



Oct. Artist of the Month

By Jessica Bruce, Fine Arts Teacher

Please join me in congratulating this month’s Artist - **Michaela Parris!**

Michaela has been working really hard on her Pop Art sculpture in arts rotation. She has shown a lot of growth in the Creativity dimension: awareness of process. She self-assess throughout the process, embraces ‘mistakes,’ and shows confidence with rapid prototyping as well as recognizing the importance and impact of choices in process. Great job, Michaela!

Where Does Our Wastewater Go?

By Shannon Bundy

Chemistry students made a trip to Winooski’s wastewater treatment facility in order to learn what is in our water, and how it is cleaned for when we need it again. All year students are evaluating Winooski’s water quality, and will eventually be design engineering a solution to our water quality issues.

We began by exploring the state of Winooski’s water quality, and how it is that our city cleans its wastewater supply. “One thing that really surprised me was how much of that water gets cleaned even though it’s super dirty. I thought the water that gets cleaned there [at the facility] goes back to our drinking supply and everyday use of water, but it goes back into the River,” said Mowtes after viewing the facility. Zeneth said, “In the first step of the system, I was shocked to see how much trash and debris (that isn’t supposed to be flushed) that they had to physically remove from the separator.” It was evident that a lot of waste makes its way into our treatment facility, waste that we put down our sinks and toilets everyday. Where does that waste go? The employees at the treatment facility put a lot of work into making sure that clean water goes back into the Winooski, which eventually winds up back in Lake Champlain. We also found out that the water isn’t pure, and there is no way to do that because of how the water has to be treated in order to make sure most of the contaminants are removed before the water is put back in the River. Is that okay, to not have pure water coming back into our houses? What are the pros and cons of these treatment processes? What are the costs of treating our water, financially, environmentally, and medically? Are there other ways to clean our water? Through learning about the chemistry of water these are the questions that our students will be exploring and trying to answer.



Fall Foliage and Dreams of Higher Education

By Bill Clark

Peak fall foliage greeted twenty-nine students and three adults from Winooski as we traveled to Castleton to attend a college fair hosted by Senator Bernie Sanders on Saturday, October 14th.

In his remarks during the panel discussion, Senator Sanders stressed the importance of post-secondary education and reflected on the fact that he is a first-generation college graduate himself. According to Sanders, a two-year degree represents a \$300,000 increase in lifetime earnings over a high school diploma, and a four-year degree a \$1 million difference.

“We must do everything possible,” he has said, “to make sure every high school student, who has the desire and ability, has the information they need to further their education and career prospects.” The college fair brought together students, parents, and college admissions officers in a forum that discussed post-secondary educational opportunities within Vermont.

The trip from Winooski—sponsored in part by the Vermont Student Assistance Corporation (VSAC) Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP) program—gave students the opportunity to hear the Senator address the importance of higher education, speak with college representatives, and tour Castleton University. Senator Sanders also posed for pictures with many students.

Students attended workshops that explored financial aid options and received assistance with completing the Free Application for Federal Student Aid (FAFSA). Representatives from at least two dozen colleges, universities, and certificate and apprenticeship programs attended the event.

During the panel discussion, two college students reported on their experiences in obtaining financial aid for their educations. Senator Sanders moderated a discussion around financial aid, dual enrollment, and early college, and other options offered at no charge for high school students.

Winooski alumnae Chandra Luitel and Mina Dhamala, undergraduates in the nursing program at Castleton, also attended. They shared their college

“We must do everything possible,” he has said, “to make sure every high school student, who has the desire and ability, has the information they need to further their education and career prospects.” The college fair brought together students, parents, and college admissions officers in a forum that discussed post-secondary educational opportunities within Vermont.

experiences with the visitors, arranged visits to their dorm rooms, and answered questions over lunch in the cafeteria.

“The day went remarkably well,” said Winooski Guidance Counselor Heidi McLaughlin. “We had freshmen, sophomores, juniors, and seniors on the trip, and the admissions counselors reinforced the idea that it is never too early to start thinking about college.”

“Everyone heard something to help them,” said Liam Danaher from VSAC. “From the orientation session to the college fair, the panel discussion to lunch, these students gained important information that will help them make informed decisions about college.”

During the discussion, Sanders asked students to come forward. Their questions ranged from fear of testing, how to repay loans, and the application process.

At the conclusion of the Q&A, Sanders posed for photographs with students and parents. He reminded students not get discouraged, that he was working to arrange the best possible options for anyone who wanted to attend college. Sanders serves on the Senate education committee and introduced legislation earlier this year that aims to create tuition-free education at public colleges



Bernie Sanders with Madison



Bernie Sanders with Destiny

and universities while reducing student debt.

The weekend trip kicked off a week of college-related activities at Winooski High School, including a meeting with Representative Peter Welch and visits to the Community College of Vermont, St. Michael's College, and the University of Vermont.

Winooski High School Graduating Seniors

By Heidi McLaughlin, Winooski High School Counselor

Winooski seniors met with Rep Peter Welch and Vermont Student Assistance Corp representatives recently to learn about a new initiative for the graduating class of 2018. VSAC is “adopting” the senior class and will provide personalized counseling and assistance to seniors as they explore education and training programs.

Congressman Welch and Governor Phil Scott have proclaimed October as FAFSA Filing Month and set a statewide goal that 65 percent of high school seniors will complete a FAFSA before graduating.

Winooski High School has set a goal that 80% of seniors will complete the FAFSA & VSAC Grant. All Winooski High School graduating seniors who complete the FAFSA and VSAC Grant will receive a \$50 gift card and be entered in a drawing for a \$500 scholarship.

Completing financial aid forms is the first step in allowing families to know how much grant and scholarship aid they qualify for. If families need help with financial aid forms see Heidi McLaughlin, Winooski High School Counselor or Liam Danaher, VSAC GEAR UP Counselor.



Winooski high school seniors at a recent event hosted by VSAC geared toward helping students learn more about attending college.

WHS Spartan Soccer Team Report

By Coach Stephen Feiss



The Spartan varsity boys' soccer team finished the regular season as **Mt. League Champions!** It's our first league championship in nearly a decade. We hope to keep our momentum going as we begin the Division 3 State Playoffs. We will be ranked high enough that we will host the majority (if not all) of our playoff games.

Check the VPA website D-3 Boys Soccer (www.vpaonline.org/domain/17) for the tournament schedule. We hope to see many of you on the sidelines. Go Spartans!

November Artist of the Month

By Jessica Bruce, Fine Arts Teacher

Please join me in congratulating our Winooski Middle High School Artist of the Month for November, 2017 - **Sa Me Lar!**

Sa Me has shown tremendous dedication and an enthusiasm for working hard and learning artistic techniques in art class.

Through Winooski the Graduation Proficiency for the Visual Arts, Sa Me has continuously shown that she can evaluate her own work and apply relevant criteria, experiment and practice skills, and has developed a sense of her own style with our most recent project, Zentangle® Scratchboard Art (shown). Nice Work, Sa Me Lar!



Spirit Week, College Visits, and Academic Advising in Advisory at Winooski High School

By Lindsey Cox



Each month, our advisories engage in friendly competition aimed at building relationships and a collaborative spirit in advisory and the school community. The week of October 2nd, brought back **Spirit Week** at Winooski High School leading up to our Varsity girls and boys **Homecoming Soccer Games**. Each day of the week, students selected a different dress up theme day. They included: Jersey/Sports Day, Twin Day, Hoodie Day, Black and White Day, and School Spirit Day. Students who participated in the theme days earned points for their advisory in our year-long Advisory Challenge.

Spirit Week was the October Challenge and our winners included the Poquette and McNally advisories, with the Lauterbach advisory coming in second, and the Wolinsky advisory coming in third. Stay tuned for more Advisory Challenge winners throughout the year!

On October 18, our students participated in a **Future Focus** half-day. The morning started out with guest speaker Jeff Yalden and continued with college visits sponsored by Gear Up and VSAC. All 9th graders visited St. Michael's College, 10th graders visited CCV, and 11th graders toured UVM. Our seniors self-selected a college tour, or remained at school to work with a VSAC transition counselor on creating a post-secondary plan. These college visits are part of a wider effort for advisory to focus on college and career exposure and support. After the visits, students engaged in a reflection activity with their advisory aimed at identifying likes and dislikes of the visit and incorporating those ideas into tangible steps they can take towards their post-secondary goals.

Another main focus of advisory this year is **academic advising**. All students meet in a one-on-one conference with their advisory at least once a month. In October, the meetings were geared to identify areas of academic strength or weakness for the student to focus on. These one-on-one check-ins will be a foundational structure for students to do more goal-setting, future planning, course selection, and summer job/activity searching throughout the year.

If you have any questions about Winooski High School's advisory program, please contact advisory coordinator Lindsey Cox: LCOX@wsdschools.org.



Meet Winooski's New Communications Coordinator, Paul Sarne

Hello, neighbors! Taking a moment here to introduce myself, if we don't know each other already, my name is Paul Sarne. I've recently accepted a new position with the City of Winooski as Communications Coordinator. This new and exciting opportunity allows me to focus my efforts supporting the offices of Community and Economic Development, Community Services, Public Safety, and Public Works as well as the City's administrative and governmental functions including City Council and a variety of boards, commissions, and committees.



I've had a great time getting to know this community in the last seven years. I attended college at CCV, completed two years of AmeriCorps VISTA service, piloted a digital photography class at the WSD, represented Winooski on behalf of the Vermont Department of Tourism, attended all of the Waking Windows festivals, and so much more.

In other City-related news, Winooski's Branding Project has been moving along all summer, following the Community Dinner in July where over 100 residents provided input. In the coming weeks, the Branding Committee will review a draft marketing plan and preliminary logo designs, which will then be presented to the entire community for input. Stay tuned for an announcement of the next Community Dinner!

Feel free to reach out if you have any City-related questions via email or phone: communications@winooski.vt.org / 802 655 6410. Be sure to sign up for our City Updates via winooski.vt.org and follow us on Facebook, Twitter, and Instagram: @winooski.vt

Your City Officials	Email addresses	Telephone
Mayor Seth Leonard	sleonard@winooski.vt.org	802-777-3381
Councilor Brian Corrigan	bcorrigan@winooski.vt.org	802-999-9270
Councilor Eric Covey	ecovey@winooski.vt.org	802-825-8789
Councilor Nicole Mace	nmace@winooski.vt.org	802-363-7777
Councilor Brian Sweeney	bsweeney@winooski.vt.org	802-734-6902
City Manager Jessie Baker	jbaker@winooski.vt.org	802-655-6410

Visit the city website at winooski.vt.org or call 802-655-6410.

Keep up to date with announcements and news:

  **LIKE US ON FACEBOOK** We are "City of Winooski - Government"
FOLLOW US ON TWITTER We are @winooski.vt

Important Dates from City Hall

By Carol Barrett, City Clerk

Please be aware of the following important dates:

- **Monday, November 6** City Council meeting 6:00 p.m.
- **Friday, November 10** City Office will be closed in observance of Veteran's Day
- **Wednesday, November 15** Taxes/Water/Sewer bills due
- **Thursday November 23 and Friday November 24** City offices will be closed in observance of Thanksgiving.
- Monday, Tuesday, Wednesday office hours will be 7:30 to 5:00 p.m.

Note: we have a drop box for bill payments in the Police Department, located on the ground floor of City Hall offices.

JOB LISTING

Public Works Director Position

The City of Winooski seeks a dynamic leader for our Public Works Team. As a key member of our leadership team, the Public Works Director oversees the water, wastewater, storm water, streets, building, grounds and parks of our growing and vibrant city. This position plays a vital role in providing staff support to the Public Works Commission, and serves as a liaison between operational staff and leadership. A successful candidate will possess an advanced understanding of multiple public works competencies, will be capable of building relationships across City functions and be a highly skilled communicator and team motivator with a demonstrated commitment to diversity, equity and inclusion. For complete job posting please visit our website at www.winooski.vt.org.

THE WINOOSKI HISTORICAL SOCIETY PRESENTS:

Celebrating Our Past, Planning for Our Future:

Open Forum Discussion with Mayor Seth Leonard

The Winooski Historical Society will host a brief presentation by Mayor Seth Leonard outlining the future of development in the city, followed by an informal question and answer session. Community members are invited and encouraged to attend, with opportunity to ask questions and express their concerns regarding issues of balancing historic preservation and rapid growth in the City of Winooski.

WHERE: Winooski Senior Center, 123 Barlow Street

WHEN: Sunday, November 5, 2017

TIME: 2:00 p.m.

**Free and open to the public • Handicap accessible
 FREE PARKING**



Candlelight Vigil @ 7:00 Thursday, September 21 Rotary Park, Winooski *bring glowsticks or candles*

Sponsored by The City of Winooski and the Winooski Peace Initiative



About 50 people gathered in the Winooski Roundabout on September 21st for the International Day of Peace Candlelight Vigil, sponsored by the Winooski Peace Initiative and the City of Winooski.

The theme this year is “Together for Peace: Respect, Safety and Dignity for for everyone forced to flee their homes in search of a better life.”

Mayor Seth Leonard spoke about peace and being actively involved in intentional community building. Jessie Baker, our new City Manager added remarks supporting community involvement. We shared prayers and reflections from various faith traditions to close the ceremony.

For more information, visit the Winooski Peace Initiative Facebook page and “like” us to get news and updates. The community is invited to read *Brown Girl Dreaming* as part of the Peace Initiative. There will be book groups and discussions in the coming months.



Winooski Memorial Library

By Elsie Goodrich

Greetings from the Winooski Memorial Library!

The library has lots of fun ways to celebrate

autumn! Want to learn how to crochet? Looking for a great pumpkin or soup recipe? Need some new fun for the family when it's too cold and rainy outside? From home improvement to local history, interesting biographies to thrilling mysteries the Winooski Library has it all!



- **Story Time** is every Friday at 10:30. Join Elsie for songs, rhymes, stories and crafts ages baby to 6 years old.
- **Lego Club** meets every Tuesday from 3PM to 6PM, take the weekly Lego challenge and see your creation featured on our Facebook page. Family Game day is every Wednesday from 3PM to 6PM, learn a new game, or take one of ours home to enjoy with your family or friends!
- **Need help with your homework?** Have a college essay or application due soon? Cramming for the SATs and need a tutor? Homework Help is Monday-Thursday nights 6PM to 9PM. Students of all ages can come in for friendly, knowledgeable tutors, computers, wifi, and project supplies.

The Winooski Memorial Library is located at 32D Malletts Bay Avenue, Winooski VT 05404. Telephone: (802) 655-6424. We are open Tuesday-Friday, 10am to 6:30pm and Saturday from 10am to 2pm. Closed on Sundays and Mondays. Find us online at winooskilibrary.wordpress.com.

Girl Scout Troop 30167 November Update

By Sarah McGowan-Freije

The girls started this scouting year by completing their last Brownie badge, the Letterboxing badge. Letterboxing involves following a set of clues to search for hidden boxes that contain a rubber stamp and a notebook. When the box is found, you stamp your own notebook with the rubber stamp in the box, and use your own stamp to stamp the notebook in the box.

For the first half of the badge, the girls created their own stamps, notebooks and trail names. We also created our own letterbox and hid it on the school grounds. The girls followed the clues to find the box. For the second half of the badge, we went to St. Francis cemetery to search for a letterbox hidden there. The girls had a great time searching the cemetery.

The following week, the girls planned their Flying Up to Juniors ceremony, which was held on October 5th. Parents and friends watched the girls Fly Up and officially become Juniors. Each girl recounted her favorite memory from Brownies, and performed skits depicting their favorite memories. These included camping, tide pooling, eating out at a Chinese restaurant and hiking.

The girls are now working on their first Junior badge, the Detective badge. The girls wrote messages in "invisible ink" (lemon juice or milk), and then we used an iron to bring out the hidden message. They also learned how to decode messages using secret codes, and how to create their own secret codes.

We also took our first hike of the year, at the Ethan Allen Homestead. The girls discovered a small, water filled gully, and decided to use tree branches to build a raft. Unfortunately the raft didn't float, but the girls learned a lot about teamwork and engineering. After our hike we stumbled upon a potluck dinner, which was great, as the girls had worked up quite an appetite!

The Girl Scouts in Troop 30167 are in fourth grade. For more information about our troop, please contact Sarah McGowan-Freije at 802-598-4280.



Winooski Girl Scouts Update

By Amy Lothrop

“We would like to congratulate the following girls for their Bronze Award achievement: Alexis Burgos, Amira Mohamed-Oussaid, Amoni Barratt-LeBlanc, Aundrea Nunez, Ciara Sylvestre, Gabriella Lothrop-Penn, Hailey Morrison, Hailie Metivier, Isabella Erwin, Olivia Johnson, Taylor Reed, Thera Neilson and Zoe Gendron.”



Making the presentation

The Girl Scout Bronze Award is the highest honor a Girl Scout Junior (grades 4-5) can achieve. In order to earn this award, each girl has to invest a minimum of 20 hours and complete 7 steps. She must complete a Girl Scout Journey of discovery, choose her team, explore her community, select her project, make a plan, execute it and educate her community. As a group, they invested 428 hours to their project.

They partnered with Lucy’s House to Prevent Homeless Pets to learn about how they could help pets. Jan Ellis-Clements came and spoke to the girls about her organization. Lucy’s House distributes on average 18,000 lbs of food to 26 food shelves serving 62 Vermont towns each month to help pets stay in their home. This summer, the girls participated in many events to raise money for Lucy’s House - dog wash, silent auction, bake sales, bottle drives and pet food drives at the Pet Food Warehouse.

At the end of September, our Girl Scout Troop 30187 held a Bronze Award project presentation ceremony for the community. It was the culmination of six months of work for our 13 Junior Girl Scouts. They marched in their

Color Guard to start the ceremony with the Pledge of Allegiance followed by the Girl Scout Promise and Law. They presented their project to help pets from becoming homeless by keeping them in their original homes. They

handed out their pamphlet to the crowd with facts about homeless pets and resources for pet owners who might be struggling to care for their furry friends. According to DoSomething.org:

- 7.6 million companion animals enter shelters nationwide each year
- Less than 2% of cats and 20% of dogs are returned to their owners after becoming lost
- Only 10% of animals received by shelters have been spayed or neutered
- 2.7 million cats and dogs are killed because shelters are too full

They were able to help Lucy’s House raise \$3100 and #1700 lbs of food, toys and flea treatments. At the end of the presentation, the girls invited the audience to make dog tug toys and cat nip toys to donate to Lucy’s House. The Girl Scouts would like you to know that you can help.

- To make a donation: www.lucyshousesite.weebly.com
- For a list of local food shelves: www.vermont211.gov
- For help spaying and neutering: www.vt-can.org or www.dcf.vermont.gov/benefits/vsnip

To understand how significant an honor this is to achieve, in 2015-2016 only 178 Junior Girl Scouts in the Green and White Mountain Council of VT and NH earned this award. Our council serves approximately 9,000 girls K-12. Please congratulate our 13 Junior Girl Scouts when you see them.

If you would like to learn more or join us, please contact Amy Snow Lothrop at 802-373-7288 or AmyLothrop@Comcast.net

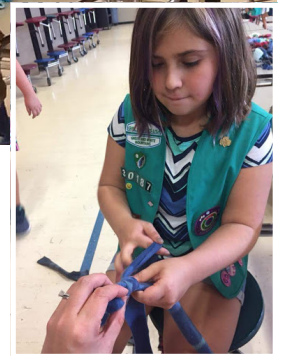


Troop 30187



Above: Dog toy making station

Right: Making dog toys



Some of the donated items



Working on the presentation

Winooski Partnership for Prevention November Update

By Jackie Hoy, Communications Coordinator

Community Dinner

Please join us for our next community dinner! We will be serving food and meeting our neighbors for some good conversation at the O'Brien Community Center on **Wednesday, November 15th** from 6:00 to 7:30. We'll be discussing the past year with the Winooski Partnership for Prevention. The dinner is free and everyone is welcome!

Every Day is Drug Take-Back Day:

National Prescription Drug Take-Back Day may have passed, but Winooski residents have access to a permanent, 24-7 disposal location located in the police department. Disposal of medication is free and anonymous.

Why should we properly dispose of or lock up unused or expired medications? Each day in the US, approximately, 2,500 teens use prescription drugs to get high for the first time (from Partnership for a Drug Free America). In 2015, 11% of Vermont teens reported taking a pain reliever or stimulant not prescribed to them. Studies show that the majority of abused prescription drugs are obtained from family and friend.

Also, Meds flushed or poured down the drain have found their way into our lakes, rivers and streams. Most water treatment plants or septic tanks are not designed to remove these chemicals. Research done by the UVM Legislative Research service in 2011 found measurable levels of pharmaceutical waste in Lake Champlain.

Highlights from The Reveal

Thank you to everyone for coming out to our Reveal event! We were honored to share our new name and new logo with the community, our partners, and our donors, and we are inspired by the hard work everyone puts toward maintaining a strong adherence to an integrated, equitable, and healthy community. We look forward to carrying out our new mission under our new name in the coming years.

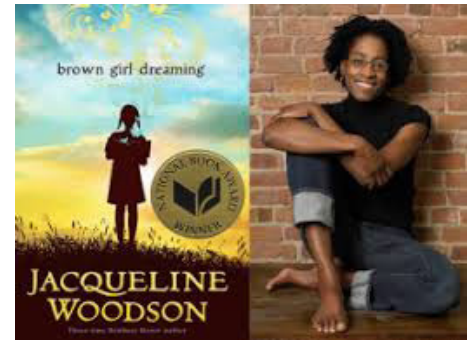


Above the Influence: Recognizing and Addressing Challenges:

The Winooski Above the Influence (ATI) group is a time when students can engage in conversations about positive consequences of staying substance free. Last week, one student pledged to consider her wellbeing when making decisions, but also acknowledged that peer pressure was a difficult issue with her. She stated that she could foresee peer pressure playing a stronger role in her life as she gets older.

The Winooski Above the Influence group has been meeting for a few weeks now with the goal of giving kids the tools they need to recognize peer pressure and deal with stress, and to offer them a space to talk openly about staying well. Students spend time looking at some of the many types of messages they are faced with on a daily basis, and are provided information to decide for themselves what is true and right and what they value.

This particular ATI member stayed after the group session to talk about how and where she thinks substances and other pressures will play a role in her life. She stated that she has made the pledge to her parents to stay substance free. The ATI group strives to offer kids a safe place to make this pledge, and to have conversations about the work that will go in to keeping it.



Vermont Reads

By Lisa Italiano

Students from Winooski Middle School and St. Francis Xavier are partnering up to read *Brown Girl Dreaming* by Jacqueline Woodson. This National Book Award winner has been named a Newbery Honor Book, and it was also the winner of the Coretta Scott King award. It is the Vermont Reads book for 2017. Amanda Perry, Winooski Public Librarian, and Lisa Italiano, Winooski Middle School Reading specialist, co-wrote the grant.

Students in both schools will read and respond to the book in a variety of ways. Then, the students will collaborate to offer some community-wide opportunities to share the books with Winooski citizens and friends of all ages.

Other partners in the project include the Winooski Senior Center, the Winooski Public Library, the Convent and the Winooski Peace Initiative as well as others. Please watch this newsletter and Front Porch Forum for more information about the community-wide events.

In reviewing this book, Veronica Chambers of *The New York Times* says, "This is a book full of poems that cry out to be learned by heart. These are poems that will, for years to come, be stored in our bloodstream."

Join the Winooski Front Porch Forum

It's a free and easy online way to get on the local grapevine, connect with neighbors, and build community. You can post and read about block parties, neighborhood watches, lost dogs, plumber recommendations, helping neighbors in need, free furniture, and all kinds of good stuff. Check it out at www.frontporchforum.com

Winooski Senior Center November Update

By Barb Pittido, Winooski Senior Center Programs Manager

Every Autumn we busy ourselves with activities that are full of friends, family and food! The Senior Center is no different. We have many opportunities for seniors to come in and share a meal, tell a story (or two) and engage with the community. Our focus is on providing folks a friendly place to come to spend time and an affordable alternative to dining out. We value nutrition and understand that seniors might need help to decrease feelings of isolation. We offer \$4.00 (by donation) Age Well meals with an enhanced "Fixin's Bar" that is sure to please. If you know a senior that could benefit from any of our programs OR if you would like to volunteer your time, please call us! We always have room at our table!

UPCOMING ACTIVITIES:

Do Drop In - Coffee & Discussion:

Mondays 9-11am

Crafting for a Cause:

Wednesdays 11/22 & 11/29
9am - 12pm

Tai Chi on Mondays:

10am - Sun Long Form
11am - Seated Tai Chi

Tai Chi on Thursdays:

6:45-8pm - Sun Long Form

Senior Exercise Program:

10-11am Tues/Thur

Theme Lunches & BINGO!:

- Dec 7 - Black & White Theme
- Jan 18 - Squirrel Appreciation Theme
- Feb 22 - Chinese New Year Theme
- March 15 - St. Patrick's Day Theme

Senior Lunch & Activity Reports:

- Nov 14, Jan 9, March 13

Senior Planning Meetings:

- Nov 8, Dec 6, Jan 3, Feb 7



SPECIAL EVENTS:

- Nov 3 - International Potluck Lunch
- Nov 15 - Senior Thanksgiving Lunch
- Dec 1 - International Potluck Lunch
- Dec 12 - Senior Holiday Party
- Feb 13 - Senior Valentine's Party

PEACE MEALS:

Jan 5, Feb 2 w/WSD, March 2

CURRENT SENIOR GALLERY SHOWS:

- The Colors of Vermont - photos
- Autumn Art - mixed media

Memberships are now due! Your \$5.00 yearly membership donation is an investment in a mission to keep seniors active, connected and engaged in growing!

The Winooski Senior Center offers low cost community meals and many free ways to participate and learn.

We offer van trips to grocery stores, the mall, the Food Shelf and the library. Every Thursday we offer an Age Well Community Lunch for \$4.00 at 11:30am and BINGO! at 12:30pm. Reservations for all meals are now required. Call the Center by noon the day before the meal to make your reservation. Call 655-6425 for the menu.

The Winooski Senior Center... the most exciting place in Winooski! We are relocated at 123 Barlow Street. You can reach us by phone at 802-655-6425 or by email at seniorcenter@winooskivt.org.



NOTICE
The Center will be closed:
Nov. 1st for cleaning, Nov. 10th for Veteran's Day, Nov. 23/24 for Thanksgiving, Dec. 25 for Christmas, and Jan. 1 for New Year's. No lunch or BINGO on 12/21 & 12/28.



Check out the Senior Center monthly calendar at:
www.winooskivt.org/senior-programs/

Playgroup for young children (0-5 years old)



Please join our playtime on Tuesdays and Thursdays from 9:30-11:30AM at 32 Malletts Bay Avenue.

We play, sing songs and read stories.

Why join playgroup? Socializing is important for your children. They learn to communicate, to share and to take turns.



Please call if you have questions or want more information: 802-655 1422 or mkerkering@howardcenter.org.

Winooski Food Shelf Schedule for November

By Linda Howe, Winooski Food Shelf Coordinator

** Please note that in November we offer Pantry Wednesdays the **second and third Wednesdays** of the month.**

Wednesday, November 8th	2 p.m. to 4:30 p.m.	Pantry staples, meat, and eggs
Saturday, November 11th	9:30 a.m. to 11:30 a.m.	Fresh fruit, veggies, bread, pastry and deli items
Wednesday, November 15th	2 p.m. to 4:30 p.m.	Pantry staples, meat and eggs
Saturday, November 25th	9:30 a.m. to 11:30 a.m.	Fresh fruit, veggies, bread, pastry and deli items

Food Sale, Flea Market and Craft Makers from 9 a.m. to 2 p.m. on Saturday, November 18th at 24 West Allen Street. Please use the Follett Street entrance at the United Methodist Church. Lots of homemade food to take out or eat in including: tomato macaroni and beef soup, chili, cornbread, baked beans, maple pies, carrot cake, cookies and other goodies. There will be tables full of gently used items at our flea market. We are also hosting some local craft makers. Please join us and see our newly renovated meeting hall! Proceeds are donated back into the community.

Welcome to the new Pastor at the Winooski United Methodist Church!! Pastor Ellen Ravelin, a resident of Winooski, has recently accepted an appointment here in Winooski. She has been pastor at the Binghamville United Methodist Church in Fletcher, Vermont for 10 years. She will now be sharing her talents, energy and enthusiasm with us here in Winooski. Church services are held at 11:00 a.m. on Sunday. Pastor Ellen will lead Bible Studies every Tuesday from 6 p.m. to 7 p.m. - please use the Follett Street entrance. The church telephone number is 802-655-7371 and the address is 24 West Allen Street. Hope you can stop in and meet Pastor Ellen.

Driver, vehicle and helpers are needed two Saturdays a month to pick up food at the 2 South Burlington Hannaford stores. The 85 year old driver that has done this work for 18 years is in declining health. We are hoping to find a service group or maybe a family that has a pick up truck with a cap or a good sized van to take over this mission. Please contact Linda at 318-0460 with any questions.

Food Shelf policy: Winooski residents may access the pantry staples one Wednesday each month. Folks can come both Saturdays to stock up on bread, pastry and some fresh fruit and veggies. Hannaford's provides Saturday's food. New clients should bring proof of Winooski residency such as a utility bill. Any Winooski resident in need is welcome. You might have just lost a job, become ill or injured and can't work, had a new baby or have large medical bills. We all have experienced sudden life changes. The Food Shelf is here to help support you. **For questions call 318-0460.**

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets. There is a bus stop on that corner. We do not provide rides so please bring a wheeled cart or suitcase and some reusable bags to lug your food home. The church phone number is 802-655-7371.

Cash donations needed: The Food Shelf is growing rapidly. More and more food must be purchased since current food donations cannot meet the demand. Checks can be mailed to The Winooski Food Shelf, P.O. Box 53, Winooski, VT 05404. Thank you!

Donation drop off location: Sally's Flower Shop, 333 Main St., Winooski 655-3894 is happy to accept drop off donations of food and toiletries during business hours. Pets are also family members and we are always grateful for pet food donations. We especially need cat food.

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

October was a busy month for the health office. Our School Based Health Center (SBHC) has officially begun! We have over 300 students enrolled in the program. Dr. Andrea Green from UVMHC-Peds and Dr. Terry Hetzler from CHCB will be here weekly to see students for acute illnesses. **If you are interested in signing your student up to be seen by the doctor here at school, please contact one of the nurses in the health office.**

We have been busy teaching Kindergarten and 1st graders about germs and effective **hand washing!** The kids have loved experimenting with the glitter bug lotion. We have taught the students how to cover their coughs and sneezes as well.

Hearing and vision screenings are almost complete district wide. If your student did not pass one of the exams, a referral letter to follow up with your student's provider has been sent home. If you have any questions, please let us know. The health office wishes to extend a huge thank you to the Winooski PTO for volunteering to help us complete these screenings. We truly appreciate it.

Strep throat has once again made its way back into the district. Remember if your student has been diagnosed with strep throat they are not able to return for 24 hours after the first dose of antibiotics. Also, please remember that students cannot come to school with temps higher than 100 degrees. They need to remain home until they have been fever free for 24 hours without the use of over the counter fever reducing medication.

As always thank you for allowing us to serve the health needs of your students.

ELEMENTARY SCHOOL LUNCH MENU — NOVEMBER



This Institution is an equal opportunity provider
Menus are subject to change



Mon., Nov. 6	Tues., Nov. 7	Wed., Nov. 8	Thurs., Nov. 9	Fri., Nov. 10
Turkey Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Early Release Asst. Cold Cereal w/ Cheese Stick Fresh Fruit Milk	Whole Grain Breakfast Round Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk
Mon., Nov. 13	Tues., Nov. 14	Wed., Nov. 15	Thurs., Nov. 16	Fri., Nov. 17
Turkey Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/ Cheese Stick Fresh Fruit Milk	Whole Grain Breakfast Round Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk
Mon., Nov. 20	Tues., Nov. 21	Wed., Nov. 22	Thurs., Nov. 23	Fri., Nov. 24
No School	No School	No School	No School	No School
Mon., Nov. 26	Tues., Nov. 28	Wed., Nov. 29	Thurs., Nov. 30	
Turkey Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/ Cheese Stick Fresh Fruit Milk	Whole Grain Breakfast Round Fresh Fruit Milk	



Winooski Elementary School Breakfast In The Classroom November 2017

Breakfast in the Classroom:

100% Juice or Fresh Fruit

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included
Adult Breakfast \$1.75 Milk \$0.50
Adult Lunch \$3.50

Pay for meals on-line
For free on-line service go to <http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link



Questions or Comments regarding your School Meal Program? Please contact The Abbey Group Vice President of Operations Scott Choiniere scott@abbeygroup.net



Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Go to the link below. You can download an application or see what we have available through Careerbuilder. <http://www.abbeygroup.net/careers.php>



This Institution is an equal opportunity provider
Menus are subject to change



Mon., Nov. 6	Tues., Nov. 7	Wed., Nov. 8	Thurs., Nov. 9	Fri., Nov. 10
Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Sweet Potato Wedges Baked Beans Dinner Roll	Taco Bar w/WG Soft Shell Tortilla Rice Pilaf Steamed Corn	Early Release Hearty Beef Chili Chili Breadsticks w/Marinara Steamed Broccoli	Spaghetti w/ Meat Sauce Garlic Breadstick Steamed Green Beans	Chicken & Biscuits Steamed Peas Creamy Coleslaw
Mon., Nov. 13	Tues., Nov. 14	Wed., Nov. 15	Thurs., Nov. 16	Fri., Nov. 17
Oven Baked BBQ Chicken Garden Pasta Salad Steamed Carrots Dinner Roll	Birthday Celebration Fish Tacos w/Coleslaw Rice Pilaf Steamed Corn	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Caesar Salad	Thanksgiving Feast Oven Roasted Turkey Chef's Mashed Potato w/Gravy, Stuffing Steamed Peas Chilled Cranberry Dinner Roll	Pancakes w/ Local Maple Syrup Fresh Cut Sweet & White Home Fries Sausage Links Fresh Gallery w/Hummus Dip
Mon., Nov. 20	Tues., Nov. 21	Wed., Nov. 22	Thurs., Nov. 23	Fri., Nov. 24
No School	No School	No School	No School	No School
Mon., Nov. 26	Tues., Nov. 28	Wed., Nov. 29	Thurs., Nov. 30	
Dress Your Own Burger w/Lettuce & Tomato Hand Cut French Fries	Layered Chicken Bowl (Mashed Potato, Corn, Chicken Nuggets, Gravy) Garlic Breadstick Baked Beans	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Fresh Carrot Sticks w/Hummus Dip	Oven Baked BBQ Chicken Roasted Sweet Potato Wedges Caesar Salad Dinner Roll	



Winooski Elementary School Lunch November 2017

Daily Lunch Offerings:

Main Meal or Cabot Yogurt Meal or Deli Sandwich or Chef Salad

Offered with all Meals:

Fresh Fruit
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included
Adult Breakfast \$1.75 Milk \$0.50
Adult Lunch \$3.50

Pay for meals on-line
For free on-line service go to <http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.—Breads & Rolls
Cabot Cooperative—Yogurt, Sour Cream
King Arthur Flour—Dinner Rolls, Pizza Dough
Chappell's Potatoes
Georgia Mtn. Maples Syrup—VT, Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand—Local Produce
Green Mtn. Farms—Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce

Taste Test Event
Thursday
November 2, 2017
Featuring
Sweet Potatoes

Harvest of the Month
November
Sweet Potatoes

Local Products Used when available



PLEASE NOTE: Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

ALSO: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Newsletter of the Winooski School District

Winooski School District
60 Normand Street
Winooski, VT 05404

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WINOOSKI PUBLIC SCHOOLS

www.wdschools.org

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smcmannon@wdschools.org

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Principal: **Sara Raabe**
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Winooski Middle and High School

Co-Principals: **Kate Grodin/Leon Wheeler**
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WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 410 students attending JFK Elementary (grades PreK-5), 161 attending Winooski Middle School (grades 6-8), and 256 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org