

ALSO INCLUDES
Community News!
 STARTING ON PAGE 8

WINOOSKI SCHOOL DISTRICT NEWS!

VOLUME 14, ISSUE 11

AUGUST 2017

celebrating Our Achievements!



SAVE THE DATE!

WSD Back-to-School Family BBQ

- **When:** Thursday, August 24th, 5:30-7:00pm
- **Where:** Winooski School
- **Who:** All families and staff members
- **Why:** To celebrate the beginning of the 2017-18 school year, meet teachers and enjoy a delicious BBQ dinner

*Preschool to 12th grade welcome!
 We hope you can join us!*

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Getting Ready for School

By Sean McMannon, Superintendent of Schools

It is important to soak up every last wonderful summer moment and to begin preparing our students and ourselves to get back into the school routine. First, some important August school dates:

- Winooski Back-to-School Family BBQ: Thursday, August 24th, 5:30 pm, WSD Cafe
- 1st Day for K-5th graders: Tuesday, August 29th, 8:00-3:00
- 1st Day for 6th and 9th graders: Tuesday, August 29th, 8:00-12:15
- 1st Day for All Students: Wednesday, August 30th, 8:00-3:00

Second, I would like to ask for your help in preparing our students for the transition back to school. Here are a few helpful tips to provide a smooth return to school from the following resources:

1. www.webmd.com/parenting/back-to-school-directory
2. kidshealth.org/parent/positive/learning/back_school.html#

1. Battling the Butterflies

As with any new or potentially unsettling situation — like starting school for the first time or entering a new grade or new school — allow kids time to adjust. Remind them that everyone feels a little nervous about the first day of school and that it will all become an everyday routine in no time.

Emphasize the positive things about going back to school, such as hanging out with old friends, meeting new classmates, buying cool school supplies, getting involved in sports and other activities. It's also important to talk to kids about what worries them and offer reassurance: Are they afraid they won't make new friends or get along with their teachers? Is the

thought of schoolwork stressing them out? Are they worried about the bully from last year?

Although it's normal to be anxious in any new situation, a few kids develop real physical symptoms, such as headaches or stomachaches, associated with the start of school. If you're concerned that your child's worries go beyond the normal back-to-school jitters, speak with your child's doctor, teacher, or counselor.

2. Re-Establish School Routines

Use the last few weeks of summer to get into a school-day rhythm. "Have your child practice getting up and getting dressed at the same time every morning," suggests school psychologist Kelly Vaillancourt, MA, CAS. Start eating breakfast, lunch, and snacks around the times your child will eat when school is in session. It's also important to get your child used to leaving the house in the morning, so plan morning activities outside the house in the week or two before school. Finally, make sure students get enough sleep, eat a healthy breakfast (free breakfast is served for all WSD students each morning) and have them organize and set out what they need the night before. Homework and books should be put in their backpacks by the door and clothes should be laid out in their bedrooms.

3. Nurture Independence

Once the classroom door shuts, your child will need to manage a lot of things on his own. Get him ready for independence by talking ahead of time about responsibilities he's old enough to shoulder. This might include

(continued on page 2)



SUPERINTENDENT (continued from page 2)

organizing his school materials, writing down assignments, and bringing home homework, says Nicole Pflieger, school counselor at Nickajack Elementary School in Smyrna, GA.

Even if your child is young, you can instill skills that will build confidence and independence at school. Have your young child practice writing her name and tying her own shoes. “The transition to school will be easier for everyone if your child can manage basic needs without relying on an adult,” Pflieger says.

4. Create a Launch Pad

“Parents and teachers should do whatever they can to facilitate a child being responsible,” says Pflieger, who was named School Counselor of the Year by the American School Counselor Association in 2012. At home, you can designate a spot where school things like backpacks and lunch boxes always go to avoid last-minute scrambles in the morning. You might also have your child make a list of things to bring to school and post it by the front door.

5. Set Up a Time and Place for Homework

Head off daily battles by making homework part of your child’s everyday routine. Establish a time and a place for studying at home. “Even if it’s the kitchen table, it really helps if kids know that’s where they sit down and do homework, and that it happens at the same time every day,” says Pflieger. As much as possible, plan to make yourself available during homework time, especially with younger kids. You might be reading the paper or cooking dinner, but be around to check in on your child’s progress. Encourage kids to:

- develop good work habits from the get-go, like taking notes, writing

down assignments, and turning in homework on time

- take their time with schoolwork
- ask the teacher if they don’t understand something

6. Make it a Family Affair

Together, you and your child can plan for success in school. For instance, sit down with your child to create a routine chart. Ask your child what she wants to do first when she first gets home from school: play outside or do homework? Her answers go on the chart. “The more kids have ownership in creating a routine for themselves and setting expectations, the more likely they are to follow it,” says Vaillancourt. Whether their summer was jam-packed with activities or filled with complaints about being bored with nothing to do, kids often have a tough time making the back-to-school transition.

7. After-School Plans

School gets out before most working parents get home, so it’s important to figure out where your children will go, or who will be at home, in the afternoons. You can find an after-school program through the school itself, a local YMCA, or a Boys and Girls Club. If possible, try to arrange your schedule so you can be there when your child gets home during those first few days of school. It may help your child adjust to the new schedule and teachers.

8. Talk to the Teachers

Of course, teachers are the reason your child is there. To ensure kids get the most out of school, maintain an open channel of communication with the teachers by e-mailing or talking with them throughout the school year to discuss your kids’ academic strengths as well as weaknesses.

When you talk to your child’s teachers, ask about their approach to homework. Some teachers assign homework so kids can practice new skills while others focus on the accuracy of the assignments they turn in. Ask for the dates of tests and large assignments so you can help your child plan accordingly. For instance, if you know a big test is coming up on Friday morning, you will know to keep things simple on Thursday evening.

9. Notify School of Medical Issues

- Have your kids received all necessary immunizations?
- Have you filled out any forms that the school has sent home, such as emergency contact and health information forms?
- Do the school nurse and teachers know about any medical conditions your child may have, particularly food allergies, asthma, diabetes, and any other conditions that may need to be managed during the school day?
- Have you made arrangements with the school nurse to administer any medications your child might need?
- Do the teachers know about any conditions that may affect how your child learns? For example, kids with attention deficit hyperactivity disorder (ADHD) should be seated in the front of the room, and a child with vision problems

Most of all, whether it’s the first day of school or the last, make sure your kids know you’re there to listen to their feelings and concerns, and that you don’t expect perfection — only that they try their best. Thank you for working with WSD to benefit our students!

School Board Update

By Mike Decarreau, Winooski School Board President

Good day to all. Hope everyone is having a great summer so far. As of this writing (mid-July) it has been a bit wet but in Vermont we get what we get and we work with it. I wanted to cover several topics this month.

First, and most pressing, is that the School Board will have an opening beginning in August. Julian Portilla will be taking a sabbatical from his job at Champlain College and heading to Mexico, his native homeland, and doing some work for the next year. We will sorely miss Julian's voice on the Board as he rounds out a very broad thinking Board. With his expertise in conflict resolution he has a bit different perspective than the others on the Board and this gives us a diverse viewpoint on many far reaching topics. As with Mohamed Abdi before him we will lose this good talent to Julian seeking to further his education and broaden his background.

This leaves us with the need to fill a position on the Board that will be up for re-election in March. As Matt discussed in the July newsletter, this is a great opportunity for someone to "try it before you buy it" time on the Board. The Board has set up an evening on August 9 at 6:30pm for interviews to pick a new Board member for our September meeting. This would give the new member 4 months and a budget cycle to determine if this work is for them and whether they would like to continue for another 2 year term. Interested individuals should contact Mike Decarreau (mdecarreau@wsdschools.org) for the questions to be used during the interview and to set up an introductory meeting with me to discuss this position. A brief resume would also be appreciated."

Also as Matt mentioned, I am available for anyone who wants to talk more about what this position entails both in terms of time and energy. Please give me a call at 802-310-4032 in the evening and we can set up some time to meet face-to-face to discuss.

The second topic is the need for some community support in the near future. Over the past several years we have held multiple forums during our Board meetings to discuss topics to help us ensure we are defining out ENDS properly and setting up our metrics in a reasonable fashion. We talked to colleges and Universities in the area about what it means to be "College Ready." We also talked to a diverse group of employers about what it means and looks like to be "Career Ready." Lastly, we have talked to several groups about what it means to be locally and globally engaged and what it means to lead a healthy and productive life. These are all traits we would like to see in our outgoing students.

We have been talking about a forum where we now invite a group of folks from the community, parents and non-parents alike, to review where we are and confirm our current direction. We will use the newsletter as well as Front Porch Forum to communicate and hope we can gather up a broad perspective from you as to your views on our school system.

Lastly, I would like to tell the community at-large how so very proud I am of the path our school district is on. This past year we had the Secretary of Education in Vermont, Rebecca Holcomb, ask our High School principal, Leon Wheeler, to accompany her to Oakland, California, to review how some schools there are dealing with the broad spectrum of learners like we have in our classrooms and how they are moving forward with personalized learning. This is quite an honor to be recognized as highly as we are at the state level. We also had a teacher obtain a grant for \$75K to give Lindsey Cox more time to study personalized learning. Circus Smirkus will be working with our after school program to give our students access to opportunities that they would not otherwise be able to enjoy.

Have a great finish to your summer and let me know if you would like to chat about our Board position. You can reach me at 310-4032 or by email at mdecarreau@wsdschools.org.

"We cannot always build the future for our youth, but we can build our youth for the future"

— FRANKLIN D ROOSEVELT

PUBLIC SERVICE ANNOUNCEMENT WINOOSKI SCHOOL DISTRICT

CHILD FIND Winooski, VT

The Winooski School District is interested in locating preschool age children (birth to 5 years) who live in the city of Winooski, who show a developmental delay in the areas of speech/language social adjustment, adaptive behavior, self-care, gross/fine motor coordination and cognitive development.

If you know of such a child between the ages of birth to 5 years, please contact Maybeline Lopez, Early Childhood Special Educator, at the Winooski School District. She can be reached at 383-6063.

The Winooski School District is also interested in locating all school age children/adolescents with disabilities in Winooski, who are not currently attending school, are attending a private school by parent choice or are being home-schooled. If you know of such a child/adolescent, please call Robin Hood, Director of Support Services at Winooski School District at 383-6085.

Miss a School Board Meeting? Watch Online!

You can watch Winooski School Board meetings online on your own schedule! Visit www.retn.org and click on "Meetings" under the "Watch" heading. You will find Winooski School Board listed alphabetically at the bottom of the list of area schools.

Stay in the Loop — Join the Front Porch Forum

It's a free and easy online way to get on the local grapevine,



connect with neighbors, and build community. You can post and read about block parties, neighborhood watches, lost dogs, plumber recommendations, helping neighbors in need, free furniture, and all kinds of good stuff. Check it out at www.frontporchforum.com.

The Power of Story

Hal Colston, Partnership for Change



In recent workshop trainings I provided for the Diversity, Equity and Inclusion Committee of the South Burlington School District as well as the Snelling Center for Government's Early Childhood Leadership Institute, I used stories generated by participants to engage and learn from one another. In both experiences it was difficult to get the participants unengaged! Why am I not surprised? I feel that we are starving for "person to person" storytelling and reflection that we cannot experience on social media.

In these contentious times in our country and communities, listening to and understanding one another's story is more important than ever. As I experienced in my recent workshop trainings, stories not only empower us to share our truth but to find what we have in common with one another.

When our students experience challenging situations, this presents a perfect context to explore the power of story. I find asking "why" five times can usually get one to the truth of the matter. Having them share their thoughts and truth in writing is not only cathartic, but also healing. Otherwise, the default may be to internalize the feelings of harm or frustration that can have paralyzing effects.

So how can we encourage students new to writing their stories and sharing them? An important resource we have in our community is the Young Writers Project (YWP). This is a platform where all young writers from around the state, country, and world can explore, create, and refine their writing style and content through peer review. It is 10 years old and very successful. In full disclosure I am on the board of YWP. Great writers have emerged from YWP. All of the YWP writers are great writers because they express themselves through the power of story.

Winooski School Garden is Blooming!

By Nina Hansen, Abbey Food Services

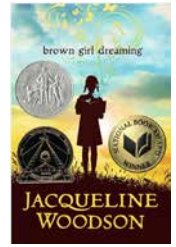
While students have been away this summer, Kari Maugn and her helpers have been busy tending to the Winooski School Garden. Kari is our garden steward and with the help of Susmita Limbu and Shrishty Darji they are staying ahead of the weeds with this wet growing season. The cafeteria has received fresh from the garden radishes, spinach, lettuce and kale. Chef Nate made yummy salads for the summer meal programs. Lettuce and kale have also gone to the Burlington Food Shelf. Middle School students in the Shader Croft program are learning to cook with some of our kale, Swiss chard, kohlrabi, fennel, cilantro, oregano, and parsley.



Enjoy reading?

By Sr. Pat McKittrick

Get a head start! Winooski students will be reading *Brown Girl Dreaming* by Jacqueline Woodson this year. It's an interesting read. Students will lead discussion groups that you'll find stimulating and thought provoking. The book is available at the Winooski library. More details will follow. You'll enjoy meaningful conversations and light refreshments with Winooski folks. For more information contact Sr. Pat at 847-6534, or, pat.mckittrick@uvmhealth.org.



LuLaRoe
Multi Consultant Sale
Raffles & Bake Sale
Saturday
September 9th
10am – 2pm
Winooski School Cafeteria
Help Support
Winooski PTO
This is a don't miss event!!

Thank you St. Stephen's Parish

By Sr. Pat McKittrick

The Winooski Peace Initiative would like to thank St. Stephen's Parish for hosting a great community supper on June 24th that was open to the entire Winooski Community. 110 people attended! Father Steve Hornat, SSE, along with a fantastic group of volunteers, organized a spaghetti supper. They provided wonderful food, greeters, servers, setup and cleanup committees. Thanks also to those who supplied a variety of desserts. Other volunteers assisted with activities for children and provided door prizes. Most important was your warm welcome! You certainly have a knack for making people want to be invited back! We hope all of you will join us at future events in various locations, to continue building a strong, peaceful community.

Socrates Cafe

Meet with others to discuss some of life's "big" questions, such as: "During your life time, have you ever been victim of discrimination (any types of discrimination) and if so, what was that feeling like for you?" or "In an ideal world what should an inclusive community look and feel like?"

Meet us at the Miller Center Art Room, 130 Gosse Ct, Burlington, (off North Avenue) on **August 24th from 5:30-7pm** for a lively discussion.

Winooski's Historic Architecture

Winooski is a small city packed with some truly spectacular historic architecture! A presentation by Britta Tonn on **August 19th** will explore the historic American architectural styles found in Winooski, with particular emphasis on our unique assemblage of historic mill buildings and mill worker housing. Join us at 2pm at Our Lady of Providence, 47 West Spring Street. Free and open to the public. Light refreshments will be served.

FREE Self-Defense Course for Winooski Women

Interested in taking a self-defense course taught for and by women? The Winooski Peace Initiative is offering a Level 1 Self-Defense Workshop with The Safety Team for 20 women, free of charge, to Winooski residents on **Tuesday, September 19, 2017** at the O'Brien Community Center in Winooski, Vermont! All you have to do is pre-register! The Safety Team is a 501(c)(3) nonprofit organization that offers self-defense programs, designed for women by women, that teach simple, powerful, and effective personal protection strategies that are easy to understand and remember. Participants learn how to recognize predatory behavior before it becomes a threat, diffuse it verbally, if possible, and to apply effective physical self-defense techniques, if necessary. All fitness levels are welcome! No prior experience required! For girls and women ages 14 and up!

Pre-registration (required) is handled through the Winooski Peace Initiative. To sign-up, contact Sr. Pat McKittrick at Pat.McKittrick@uvmhealth.org or by phone at 802-847-6534.

For more information about the content of the workshop or The Safety Team, visit www.thesafetyteam.org or visit "The Safety Team" on Facebook.

What: Level 1 Self-Defense Workshop - Winooski, Vermont

Date: Tuesday, September 19, 6-8:15pm

Location: The O'Brien Community Center

Cost: FREE for Winooski Residents (\$37 per person for non-residents)

Pre-Registration (required): Pat.McKittrick@uvmhealth.org or 802-868-3970

Last Call for Summer Programming!

By Aphaia Lambert-Harper,
Youth Activities Coordinator,
Winooski Parks and Recreation

Beginners Sailing Program

Winooski Parks and Recreation and the Community Sailing Center of Burlington are happy to announce the Beginners Sailing Camp from **August 7th-11th!** The program runs rain or shine from 9:00am to 12:00pm, so be sure to dress prepared. This is a five-day introduction to sailing, Ages 8-10 and 11-15. Campers will learn the basics of rigging, points of sail, and sailing maneuvers in a safe and fun environment. U.S. Sailing certified instructors lead a variety of land and water-based activities with the goal of comfort and independence in our boats. Drop off & pick up located at the O'Brien Community Center. The Beginners Sailing Camp is a great opportunity to learn new skills, embracing the beautiful summer in Vermont, and try an exciting sport! Registration is open, sign up today. Contact Parks and Recreation Manager Alicia Finley at afinley@winooskivt.org or 802-777-1621.

2. British Soccer Camp

(Discount available when you host a coach!) The Winooski Rec. Department has teamed up with Challenger Sports to bring you the British Soccer Program **August 14 to 18th** for ages 3 to 16! Challenger's British Soccer Camp is the most popular camp in the USA and Canada. With an innovative curriculum that develops skills, speed and confidence in players of all ages and abilities, British Soccer Camps provide boys and girls with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. In addition to teaching new skills and improving game performance, each British Soccer Camp provides lessons in character development, cultural education and is the most fun your child can have learning the sport they love. For more information, contact Rich Lamoury: rlamoury@challengersports.com

August Update

By Sara Raabe - JFK Elementary School Principal

JFK has been a busy place this summer. The maintenance and custodial staff have been working incredibly hard. They have deep cleaned the entire school, and done some construction in the front office. With the addition of a 0.5 FTE guidance counselor, we have made the center room in the front office the guidance counselor office. Room 1, which used to be the guidance office, will now be a space for the guidance counselors to meet with students individually and in small group.

Summer school was an incredible success this year. Incoming 1st - 5th graders came for four week of summer school this year. Our incoming Kindergartners came for two weeks of summer school. This gave them the chance to meet some of the teachers, and see the spaces where the classrooms are. Now that Kindergarten summer school is over, the kindergarten teachers will be making the kindergarten class lists. The goal of waiting is so that the teachers will know the students well enough to make balanced class lists for the 17-18 school year.

The loss of Ali Muhina on July 12th was difficult for our community. Ali had just finished his 5th grade year at JFK Elementary School. In the classroom Ali was a true model of "Winooski has HEART" motto. Ali was Honest, Engaged, Appropriate, Responsible, and Timely in his academic endeavors. He had such vitality for everything he did, whether sharing his library books for read aloud, exploring geography, reading the morning message all by himself, discovering the wonders of a Chromebook, or truly understanding the importance of becoming a reader! Ali welcomed all challenges with robust enthusiasm, from the ice rink, to the XC ski trails, to learning his multiplication facts.



Ali Muhina

Ali was like a sponge trying to soak up all of the information and opportunities he could. Mrs. Devost took Ali and his classmates on many field trips throughout the year and Ali was always quick to tell about his experiences, especially through writing. Ali had beautiful handwriting and he was very proud of his journal that he wrote in. Ali was a serious reader as well. He loved to read aloud to you and share the books he had picked to read. He was proud of his accomplishments, and we were proud of his hard work and dedication.

It was because of his desire to learn and to experience all that he could that made Ali a natural leader in his classroom and his classmates looked up to him for support or advice. Ali

spoke at least 4 languages thus enabling him to be a huge help in the classroom with his fellow Newcomers. He was a wonderful friend. He was incredibly kind and quick to help and he had a great sense of humor... he loved a good joke. Ali was a fantastic athlete and a leader on the soccer field at recess. Ali's smile was contagious and will forever be unforgettable. He will be incredibly missed.

We are getting ready to welcome students and families back to school at the end of August. **August 24th is our back to school BBQ. We hope to see everyone there!** The first day of school for K-5 is Tuesday, August 29th.

Enjoy the end of your summer. We are excited to see families and students when school starts!

Congressman Peter Welch Visits JFK

By Suzanne Skaflestad

Congressman Peter Welch enjoyed his visit to the JFK elementary summer program. The summer program serves over 115 students entering grades kindergarten-fifth grades for 4 weeks in July from 8-12 pm.

The summer program is open to all students. During the summer, it is important for students to continue their learning to avoid the summer slide that we all know happens when school is out. In the JFK elementary summer program students have an opportunity to engage in fun activities that support their learning in literacy and math with licensed teachers, time to socialize with peers, engage in physical activities and have a healthy breakfast and lunch, all essential elements to a positive summer experience.



Congressman Welch listens to Iris and Albina talk about their art project. Their class learned about Australia during summer school.

MIDDLE/HIGH SCHOOL HIGHLIGHTS

Real-Life Learning

By Leon Wheeler, Principal, WMHS

I was talking with the high school math teachers during the 2nd week of July as they were working with students in Math Lab. They noted that since the school year ended and grades were complete, high school students have continued working on their math (which is available through their Canvas account online) and 50 more completed assignments have been submitted to them to assess and provide feedback! The students did this on their own...simply because the learning was available and they could continue to grow as mathematicians!

What researchers are seeing as possible in the future of education nationally is becoming reality here in Winooski. Students from PeaceJam met last year with Nobel Peace Laureate Leymah Gbowee and her husband and shared their project for education and community outreach programs to promote the exchange of perspectives and ideas of peace and diversity and strengthen the Winooski community. One of our iLab students did extensive research (summarized in a 33 page paper) into Vermont's Act 77 and how four Vermont high schools in addition to Winooski are creating innovative, authentic, personalized learning opportunities to engage and prepare students for college and career. Both at the high school and middle school, teachers and students are making connections with professionals in industry, and higher education, and finding authentic, community-responsive ways engage in learning. And it is transforming learning. Seeds planted in recent years have taken root and are beginning to blossom.

A few words about the coming school year. First, Kate Grodin will become co-principal with me, and her focus will be on the middle school. The middle school is engaged in very exciting

"Imagine a school where all of the students are so excited that they can't wait to get there and want to carry on their learning at the end of the school day. Students are connecting with each other and experts across the globe as they research, solve problems, collaborate, and connect with their communities. Imagine the excitement of creating their own solar energy source or developing a campaign to end hunger in their community....This may sound utopian, but we see glimmers of this type of innovation in classrooms, schools, and districts where they are transforming learning for both students and adults alike."

— MICHAEL FULLEN & JOANNE QUINN, "COHERENCE," 2016

work next year, and Kate's leadership is essential. Second, one of the middle school changes is creating a separate 6th grade program as a way to smooth the transition from elementary to middle school, and support students with skills and instruction needed for middle school success. More will be said about revisions to the middle school as students return in late August.

Speaking of students returning, please note the following important dates:

- **Community Welcome Back BBQ. Thursday, August 24 @ 5:30pm**
- Grade 6 & 9 Orientation, Tuesday, August 29, 8:00-12:15. These are the only middle and high students in school, though all JFK students officially begin the 29th.
- All other MS and HS students begin school Wednesday, August 30.

Enjoy the remaining days of summer, and I look forward to working with you during the coming school year.

The Value of Afterschool Programs

By Suzanne Skaflestad

At Senator Leahy's recent press conference, 8th grader Marissa Morrison spoke passionately about her positive experiences in afterschool programs and the important role it plays in her life. Education Secretary Rebecca Holcombe, Winooski School District staff and other community members were moved by her presentation and told her what a great advocate she is for the 21st CCLC afterschool program. Marissa received a community engagement award for her accomplishment during the last middle school town meeting at Winooski Middle School. Well done Marissa!



DOLLARS FOR SCHOLARS:

Student Spotlight

By Linda Gregoire

Dollars for Scholars can't thank our community enough for all the support they give to our organization. It is evident that when we all do a little - we all do a lot. Our organization has been going strong for over 20 years!

We are proud to feature this Student Spotlight.

Dollars for scholars.
Thank you for giving me the opportunity to use these scholarships wisely and beneficially. I deeply appreciate the time you put in to Winooski High School.
-Holly Turner



Class of 2017

Winooski
**Dollars for
SCHOLARS**
A Program of Scholarship America

City Council Update

By Eric Covey

Winooski neighbors, I am at a complete loss for how to begin this update in the wake of the tragic loss of Ali Muhina. Our hearts and thoughts are with Ali, his entire family, his friends, and those in the community who were touched by Ali's spirit while he was with us. I hope and urge that as a community we continue to find ways to come together to support the family and friends of Ali in the days ahead following their heartbreaking loss. Contributing to the Go Fund Me page with any amount you feel is meaningful at www.gofundme.com/AliMuhina is one way that you can support the Muhinas during this incredibly difficult time.

You might have seen in last month's update that the Council, alongside City Staff, came together on June 24th for a half-day strategic prioritization session to discuss the goals of our work ahead, and to ensure alignment of those goals with the City's strategic vision statement, which was arrived at with significant public input, City staff, Council and Commission input. You can view the strategic vision statement by visiting: <http://www.winooskivt.org/vision-statement/>. If you do not have internet access please call me, or one of your other Councilors using the contact information below and I'm sure one of us would be happy to print out and mail you a copy!

This half-day meeting produced an incredible discussion about aligning the city's work ahead with our vision statement, thanks in huge part to the facilitation and contributions from City Manager Jessie Baker and the City Staff leadership team. You can view the 'Goals' product of that meeting here: www.winooskivt.org/wp-content/uploads/2017/07/DRAFT-Winooski-Policy-Priorities-and-Strategies.pdf. Again, if you don't have internet access and need a hard copy please contact us!

One of the products of that meeting was a clear and strong focus on ensuring that Winooski remain an affordable place to live for current and future residents. As a Council we recently



passed a charter for the creation of a Housing Commission to examine housing issues in our City and ensure that policy recommendations coming before the Council prioritize working to "ensure a mix of quality, affordable housing stock that maintain the character and aesthetics of our neighborhoods." Right now we're looking for volunteer Commission members to serve in this vital role! If you're interested please contact Jessie Baker at jbaker@winooskivt.org or by calling 802-655-6410. It's important that this Commission represents a broad diversity of Winooski residents who have a stake in our housing environment including owners, renters, developers, New Americans, long-time residents, and residents with physical or mental disabilities.

The Housing Commission is not the only Commission we're seeking volunteer Commission members for! You can view individual Board & Commission vacancies here: www.winooskivt.org/boards-and-commissions/. This is a great way to serve our community and keep our city moving forward.

At the July 17th Council meeting we discussed staff recommendations regarding 'sanctuary city policies' in Winooski. This was after a prior request from the Council for City Staff to review the factors involved in this decision. It's important to note that the City has already adopted the State's Fair and Impartial Policing Policy. Much of our discussion focused on the importance of the Council hearing from a diverse and broad representation of our community members, especially those immigrant and New American community members most impacted by this decision. The Council has asked the Public Safety Commission to review the staff draft policy recommendations in conjunction with recommendations recently issued by a task force on this issue that had been brought together by the Attorney General and chaired by Winooski's own Faisal Gill. We will be working to reach out to Winooski community members most impacted to discuss these proposed policies, and would love to hear from you, or work with you to do this outreach! Please contact us to find opportunities to share your input, and stay tuned with updates from the City on our website, www.winooskivt.org, on Facebook at www.facebook.com/winooskivt, on Twitter at www.twitter.com/winooskivt, or by calling 802-655-6410.

Don't forget to check out those links above or call to find out about all of the exciting events, programs and opportunities to get involved and engaged with our vibrant city.

Best wishes, and thank you for keeping Ali and his family in your hearts and minds.

Your City Officials	Email addresses	Telephone
Mayor Seth Leonard	sleonard@winooskivt.org	802-777-3381
Councilor Brian Corrigan	bcorrigan@winooskivt.org	802-999-9270
Councilor Eric Covey	ecovey@winooskivt.org	802-825-8789
Councilor Nicole Mace	nmace@winooskivt.org	802-363-7777
Councilor Brian Sweeney	bsweeney@winooskivt.org	802-734-6902
City Manager Jessie Baker	jbaker@winooskivt.org	802-655-6410

Visit the city website at winooskivt.org or call 802-655-6410.

Keep up to date with announcements and news:

LIKE US ON FACEBOOK We are "City of Winooski - Government"
FOLLOW US ON TWITTER We are @winooskivt

**Miss a City Meeting?
Watch Online!**

Channel 17/Town Meeting TV regularly covers and airs **Winooski City Council and Development Review Board meetings**. Tune in to Channel 17 on Thursday nights at 8 for regular Winooski community content or watch online at www.cctv.org/watch-tv/municipalities/winooski.



Winooski Wednesdays

By Paul Sarne, Community Outreach Coordinator

The City of Winooski Parks & Recreation Department is excited to announce Winooski Wednesdays: a **free summer concert series** in Rotary Park!

This summer, until September, join us in Rotary Park every first Wednesday of the month for a free outdoor concert. Be sure to stop by a Winooski restaurant for food specials.

Check out our amazing lineup of bands and join us this summer:

8/9: Joe Adler + The Rangers of Danger

9/6: Rose Street Collective

Visit winooski.vt.org for more information - connect with us on Facebook (@WinooskiVT) for news and event updates. Huge thanks to Downtown Winooski, The Monkey House, and Waterworks Food + Drink for helping us with these amazing events. We'll see you this summer!

Winooski Peace Initiative Update

By Sr. Pat McKittrick, RN, Community Health Coordinator

Hi Everyone! Here's what's been happening with the Winooski Peace Initiative recently:

- The "Y" is closed; however, the Friday coffee hour will continue from 9 AM – 11 AM in the lobby area.
- There were 11 students from Winooski who had scholarships to attend a Career Development Camp at Champlain College. Thanks to St. Michael's College who provided transportation.
- Soon you'll be hearing from Lisa Italiano and Amanda Perry about the *Vermont Reads* grant. This is a great opportunity for the community to see how well our students lead discussion groups, and a nice way for the community to interact on important issues with the students. We hope you will join us.
- Dan Higgins has been taking pictures of our community and helping us tell the story about who we are as a community.
- Pat Sears was very helpful in writing a Peace Grant....many thanks! More news on that later.
- In the last week of August, there will be a Socrates Café – more details to follow on Front Porch Forum and the school and city websites.

Thanks everyone for all your great work in supporting the Winooski Peace Initiative. Comments and suggestions are always welcome!

WCSPC News

By Jackie Hoy

WCSPC would like to welcome our new youth intern to our team, Lukas! Aside from helping us with our garden, Lukas is helping us grow in our community and expand our youth outreach. His valuable input and office assistance will be an asset this summer.

Welcome, Lukas!

Summer Fun in Winooski

Although summer is beginning to wrap up, it's still important to keep youth physically and mentally active. Engaging kids in the summer is important for their wellbeing. According to the SAMHSA National Survey on Drug Use and Health, adolescents and full-time college students most often use substances for the first time during June or July.

Winooski offers youth programming, events, and free meals to keep kids busy in the summer months. Free meals are available at the Winooski Memorial Library and the Winooski Farmers' Market, and check out the community services page for summer camps and youth events.



Still Looking for More Youth in Winooski to Join Our Team!

The Winooski Coalition is looking for Winooski youth to help our organization as we spread the word about prevention. Check out what we have available below to see if it's a good fit for you, and if so, please send us your application!

Youth Internships: Available for high school students. Be an ambassador for prevention in the school while gaining office and communication skills and helping with outreach work. The internship provides hands-on work for about 5 hours per week.

Youth Board Member: Are you a high school student interested in gaining public speaking skills? Do you enjoy community service? Apply for a great opportunity to form new relationships, gain experience, build leadership skills, and make a difference in the community.

Above the Influence: Above the Influence (ATI) is an after-school program for 5th to 8th graders. ATI educates and empowers youth to make healthy decisions. We'll be back in the school this coming fall, please check us out!

For more information or to apply, please email katenugent@wcspc.org

Girl Scout Troop 30187

By Amy Lothrop

Troop 30187 wrapped up the 2016-2017 year with an end of the year ceremony to recognize the troop's accomplishments. The troop marched with their color guard and lead everyone in the Girl Scout Promise and Law. The leaders presented to each level all the badges, patches and pins earned during the year. For half of the troop, this was their first big ceremony. It was extra special to see how proud they were of their hard work.



End of the Year Ceremony

We also awarded the cookie selling prizes to the girls. We recognized our top 5 sellers: Isabella #1000, Gabriella #588, Amoni #526, Hailie #500 and Taylor #500. Isabella was only 1 of 3 girls in Chittenden county to reach the #1000 goal. Her special prize was designing a custom pair of Converse sneakers for herself.



Isabella with her prize for selling 1000 boxes of cookies!

The Girl Scout Juniors were proud to present two board games that they had created as part of their Amaze Journey to Cathy Burbo, who accepted them on behalf of the school library. They created games focused on educating someone younger than them how to be healthy. The troop voted on which games to build and give away. Gabriella and Amira presented their game about staying fit. Olivia presented her game about gardening.



Presenting board games to Cathy Burbo and JFK Library

Our very special recognition was for the life saving efforts of Alexis. She saved her father's life during a medical event. We are so proud of her ability to remain calm and focused during an emergency. Because she was able to think clearly and react quickly, the Girl Scouts of the Green and White Mountain Council honored her with a letter and Helping Hands Award certificate. Great job Alexis!



Recognizing Alexis for her life saving efforts.

While the year has wrapped up for the majority of the troop, our Junior level scouts are hard at work to earn their Bronze Award before September. The Bronze Award is the highest award that any Girl Scout Junior (4-5 grade) can achieve. Girls work as a team to research their project, develop a plan and implement it. Each girl must complete 20 hours of work to earn it. Last year, 178 girls in Vermont and New Hampshire earned this award. We have 20 girls who are working toward it! Our troop chose to help pets. They interviewed Jan of Lucy's House for the Prevention of Homeless Pets, a local non-profit dedicated to helping pets stay in their homes. They investigated some of the root cause of pet homelessness such as over-population, medical expenses and the cost of providing food. Their plan is to help Lucy's House raise money for their outreach and host a community event to educate the community on resources available to keep pets at home instead of a shelter. In September, they will host a community event and make their presentation. Stay tuned for details of the event! They volunteered on Saturday June 10 to help Lucy's House raise money through a dog wash and silent auction. They washed about a dozen dogs on the TD Bank lawn. We raised \$211 at the dog wash and the girls voted to use their cookie money to match it. Overall with our help, Lucy's House was able to raise \$1000 total for the event. The girls are continuing to help Lucy's House with fundraising at Pet Food Warehouse in South Burlington on 07/30, 08/20, 09/03 and 09/09. Stop by and make a donation to a great cause!

In the meantime, they will be holding two bottle drives on Saturday **July 15** and **August 12** to raise money for their project. Mark your calendars and watch Front Porch Forum for more details.

If this sounds like an adventure that you'd like to be a part of, contact Amy Snow Lothrop at AmyLothrop@Comcast.net or call 802-373-7288. We are a troop open to all girls in Kindergarten to 12th grade. Come and help us make the world a better place!



Participants in a Dog Wash fundraiser on June 10th. Proceeds benefitted Lucy's House, a homeless pet shelter.

Police Update

By Scott McGivern, Lieutenant, Winooski Police Department

As I work in the community things come up that I think would be a good topic for me to cover in the newsletter. These topics are wide ranging. I wanted to speak briefly on reporting matters to the police.

I understand with the refugee population there may be reluctance in notifying the police when they need assistance. Experiences in their countries of origin may contribute to a lack of trust in the police department. Recently the department has received complaints of someone entering the homes of refugees without permission. After speaking with others, it appears these matters were reported days and sometimes weeks after they happened. The saying, "Protect and Serve," applies to your police department. We urge you to report crimes when they happen. If you have questions about when the police should be called, please contact me.

Also, since I have been working at the police department, I have repeatedly heard people tell me, "I am not a snitch".

I will get this response when investigating a crime. I will then hear citizens complain that the police do not do anything. If people who have information do not stand up and provide the information they have, it makes it extremely difficult for the police to effectively perform their duties and to make the community a safer place.

The Winooski Police Department has a "community policing" philosophy. In order to make any difference, *the community needs to be a part of the process*. We would like to change "I am not a snitch" to "this is what I saw or know." Together we can make a difference.



Community College of Vermont (CCV) Winooski News

By Amy E. Stuart, LICSW, Coordinator of Academic Services

Register NOW
Classes start Sept. 5th!
www.ccv.edu
(802) 654-0505



New! VSCS Direct Admissions Program

We are excited to announce our new Vermont State Colleges System (VSCS) Direct Admissions program! Direct Admissions gives CCV students guaranteed transfer admission to Castleton University, Johnson State, Lyndon State, or Vermont Tech in one of nearly 50 bachelor's programs (with more on the way). Direct Admissions students follow a course map that ensures every class taken applies to both their bachelor's and CCV associate degree, saving them time and money. Visit <https://www.vsc.edu/direct-admissions> or call CCV Winooski at 654-0505 to learn more.

Free college credits are a terrible thing to waste!

Do you know that you may take college classes as a high school student? The Community College of Vermont (CCV) offers several opportunities to current high school students free of charge.

Juniors and seniors are also eligible for **Dual Enrollment Vouchers**, each good for one free college course. The free credits earned at CCV may also count as credit toward your high school graduation – that's why it is called Dual Enrollment. Check out the fall schedule for all the options.

Senior Center News

By Barb Pittido, Winooski Senior Programs Manager

Recently, the Center created a Senior Program Interest Survey. Senior participants, potential center users, volunteers, and staff members work together to develop and implement programs and events. We want to hear from You! We want the Winooski Senior Center to be the best place it can be and we want your help to create interest driven programming and events for the future.

Go to: <http://www.winooskivt.org/senior-programs/> and click on the survey link OR stop by the Center and pick up a copy. As a thank you for completing this survey, you will be entered in a raffle for a \$50 gift card when you provide your name and contact information.

NOTICE: The Center will be closed August 1st for cleaning, and September 4th in observance of Labor Day.

- **Do Drop In** - Coffee & Discussion: Mondays 9-11am
- **Crafting for a Cause:** Wednesdays 9am - 12pm
- **Tai Chi on Mondays:**
NOTICE: NO CLASSES IN AUGUST
(Classes resume Sept 11th)
10am - Advanced Sun 73
11am - Easy Qigong
5:30pm - For Arthritis
- **Senior Exercise Program:** (Begins September 5th), 10-11am Tues/Thur
- **Theme Lunches & BINGO!:**
 - Aug 17 - Hawaiian Luau Theme
 - Sept 21 - Pirate Day Theme
 - Oct 26 - Halloween Theme
- **Special Senior Lunches:**
 - Aug 8 - Lunch & Advisory Meeting
 - Sept 12 - Lunch & Advisory Meeting
 - Oct 10 - Lunch & Advisory Meeting

• **Tuesday Talks:**

August 15 - Coffee w/ Heather Carrington, Winooski Community & Economic Development Officer

August 29 - Discussion on the importance of immunizations for older adults



SPECIAL EVENTS:

- Aug 4 - International Lunch & Learn BBQ
- Aug 30 - More than a Movie
- Sept - "When we were young" photo exhibit
- Sept 1 - International Lunch & Learn
- Sept 10 - National Grandparents Day event
- Sept 19 - Flu & Immunization Clinic
- Sept 27 - More than a Movie
- Oct/Nov - "Quotable Autumn" art exhibit

Memberships are now due! Your \$5.00 yearly membership donation is an investment in a mission to keep seniors active, connected and engaged in growing!

The Winooski Senior Center offers low cost community meals and many free ways to participate and learn. We offer van trips to grocery stores, the mall, the Food Shelf and the library.

Every Thursday we offer an **Age Well Community Lunch** for \$4.00 at 11:30am and **BINGO!** at 12:30pm. Reservations for all meals are now required. Call the Center by NOON the day before the meal to make your reservation. Call 655-6425 for the menu.



The Winooski Senior Center... the most exciting place in Winooski! We are located at 123 Barlow Street. You can reach us by phone at 802-655-6425 or by email at seniorcenter@winooskivt.org.

Check out the Senior Center monthly calendar at:
www.winooskivt.org/senior-programs/

ELEMENTARY SCHOOL MENUS — AUGUST



This Institution is an equal opportunity provider
Menus are subject to change

	Tues., Aug. 29	Wed., Aug 30	Thurs., Aug 31	Fri., Sept. 1
	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk	No School
Labor Day	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk
	Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Early Release Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk
	Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk
	Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk
	Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk



Winooski Elementary School Breakfast In The Classroom August/September 2017

Breakfast in the Classroom:

100% Juice or Fresh Fruit

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Prices

Community Eligibility Provision
Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Milk \$.50	Adult Lunch \$3.50
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Pay for meals on-line
For free on-line service go to <http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Questions or Comments regarding your School Meal Program?
Please contact: The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net



Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Go to the link below.
You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>



Why is it important for a child to eat lunch?

When choosing what to eat for lunch, making a healthy choice is really important. Here's why: Eating a variety of healthy foods gives you energy to do stuff, helps you grow the way you should, and can even keep you from getting sick.

Think of your school lunch as the fuel you put in your tank. If you choose the wrong kind of fuel, you might run out of energy before the day is over.



This Institution is an equal opportunity provider
Menus are subject to change

	Tues., Aug. 29	Wed., Aug 30	Thurs., Aug 31	Fri., Sept. 1
Taste Test Event Thursday August 31 Featuring Tomatoes & Summer Squash	Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked French Fries Steamed Green Beans	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Fresh Carrot Sticks w/Hummus	Taste Test Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Spinach Salad Italian Bean Salad	No School
Labor Day	Dress Your Own Hot Dog Roasted Fresh Sweet Potato Wedges Baked Beans	Minestrone Soup Homemade Cheesy Breadsticks w/Marinara Steamed Carrots	Homemade Shepherd's Pie Baker's Hand Rolled Dinner Roll Roasted Zucchini Sticks	Birthday Celebration Slow Roasted BBQ Pork Sandwich Creamy Coleslaw Roasted Chick Peas
	Meatball Sub Garden Pasta Salad Fresh Celery w/ Hummus Dip	Early Release Chef's Choice Pizzas Pepperoni, Cheese or Veggie Zucchini Parmesan Warm Black Beans	Oven Roasted Hot Turkey Sandwich Chef's Mashed Potato Steamed Peas & Carrots	Maple Apple French Toast Bake Local Maple Syrup Fresh Cut Sweet & White Home Fries Fresh Green Pepper Strips
	Oven Baked Chicken Nuggets w/Dipping Sauce Hand Cut Roasted Potato Wedges Baked Beans	Taco Bar w/ Soft Shell Homemade Salsa w/Fresh Tomatoes Cherry Tomato & Corn Salad	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Local Corn on the Cob Chopped Green Salad	Grilled Cheese Sandwich From Scratch Chicken Noodle Soup Celery Sticks w/Hummus Dip
	Dress Your Own Burger Hand Cut French Fries Baked Beans	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Marinated Black Beans	Minestrone Soup Homemade Cheesy Breadsticks w/Marinara Chopped Green Salad	Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Fresh Carrot Sticks w/Hummus
				Pork Fried Rice Steamed Broccoli Dinner Roll Fortune Cookie



Winooski Elementary School Lunch August/September 2017

Daily Lunch Offerings:

Main Meal or Cabot Yogurt Meal or Deli Sandwich or Chef Salad

Offered with all Meals:

Fresh Fruit
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Harvest of the Month

August Tomatoes
 September Summer Squash

Local Products Used when available

Items in bold and italicized are Local Products
Items in Bold and Underlined are Harvest of the Month & Feed Items
All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

Prices

Community Eligibility Provision
Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Milk \$.50	Adult Lunch \$3.50
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Pay for meals on-line
For free on-line service go to <http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.—Breads & Rolls
King Arthur Flour—Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup—VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand—Local Produce
Green Mtn. Farms—Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce



Newsletter of the Winooski School District

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WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 410 students attending JFK Elementary (grades PreK-5), 161 attending Winooski Middle School (grades 6-8), and 234 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org