

celebrating Our Achievements!

Thrive After School Registration Open

By Kirstie Paschall, Children and Family Programs Manager

Thrive After School, a state-licensed childcare program run by the City of Winooski's Community Services Department, will begin on Monday, August 31st! Open to students in grades K-5, Thrive After School offers engaging activities and supervised care from 3:00-5:30pm on all normal JFK school days. With the goal of, "meeting children where they are" developmentally, Thrive emphasizes learning through play and social development while operating on a schedule that's designed to support working parents.



Thrive After School costs \$16/day or \$70/week per child; however, Vermont Childcare Subsidy is accepted to cover fees. Families interested in pursuing subsidy should contact Child Care Resource (802-863-3367) or download subsidy application forms at http://dcf.vermont.gov/cdd/child_care_financial_assistance/forms.

Program registration for the 2015-2016 school year is currently underway. Enrollment forms can be found online at <http://www.winooskivt.org/communityservices/thrive>, by email, or in person at Winooski City Hall. For forms, questions, or more information, contact Kirstie Paschall at thrive@winooskivt.org or by phone at 802-316-1552.

We look forward to seeing you this fall!

Children enrolled in the program play outside together (weather permitting) at the conclusion of each school day and then receive a healthy snack before moving into reading time, social activities, learning games and free play. Thrive is hosted on site in the Winooski School District building, so kids can easily and safely transition to the Program at the end of the school day or when they get released from 21st Century after-school programs at 4pm.

Five Easy Steps to Take the CCTA Bus to School

STEP 1: Arrive at your bus stop on time and board the #9 Riverside/Winooski. Here are the bus stops in the west end and the time you should arrive at the stop. You have two options – an early trip and a later trip:

Choose your bus stop	Early Trip Arrive at Stop at this Time	OR	Later Trip Arrive at Stop at this Time
Malletts Bay Ave. @ St. Peter St.	7:00 am		7:31 am
Pine St. @ Hickok	7:00 am		7:31 am
Hickok @ Elm St.	7:02 am		7:33 am
Hickok @ Chick's Market	7:02 am		7:33 am
West Lane @ Malletts Bay Ave.	7:02 am		7:33 am
Malletts Bay Ave. @ YMCA (bus shelter)	7:05 am		7:36 am
West Allen St. @ Follett St.	7:05 am		7:36 am

STEP 2: Take the bus to the Champlain Mill and ask the bus driver for a transfer when you get off the bus. The early trip will arrive at the Champlain Mill at 7:17 and the later trip will arrive at 7:50.

STEP 3: After you get off the bus, you will need to cross the street and go to the large glass shelter in front of the Champlain Mill.

STEP 4: Board the next #9 Riverside/Winooski bus that arrives at the glass shelter. The early trip bus will arrive at 7:26 and the later trip bus will arrive at 7:56. Give the driver your transfer when you get on the bus.

STEP 5: Get off the bus at the Main Street stop at Normand Street near the school. The early trip will arrive at school at 7:33 and the later trip will arrive at 8:02.

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NOTES FROM THE CENTRAL OFFICE

Our Local Data Says...

By Sean McMannon, Superintendent of Schools

WSD and many other schools across the nation get a bad rap in the public eye when standardized test results such as the NECAP or SBAC are released. For example, roughly 50% of our students in grades 3-8 and 11 were deemed “Proficient” in reading while across VT approximately 73% hit the proficiency mark in the past five years according to the NECAP. We know very clearly from many data sources that students who qualify for free and/or reduced priced lunch achieve proficiency at lower rates than their peers in higher income brackets. 80% of WSD students qualify for free and/or reduced priced lunch. Obviously, decreasing rates of children living in poverty would result in higher standardized test results. While I strongly believe the fight to reduce poverty is one that we should all take on with great zeal I am also a firm believer in working diligently in my locus of control — The Winooski School District.

Last year we created a Data Manager position so we can develop our own local assessment system with a particular focus on growth.

Here is what we learned this summer from collecting and analyzing our 2014-15 Reading Data:

- **Grades K-12:** 65% of our students made at least 1-year growth in reading
- **Grades K-5:** 67% or 235 of our students are reading on grade-level as assessed using Fountas & Pinnell (F & P)
- **Grades 1-5:** 66% or 189 of our students made at least 1-year growth in reading as assessed using (F & P)
- **Grades 1-5:** 40% or 115 of our students are reading above grade-level as assessed using (F & P)
- **Grades 1-5:** 34% or 96 of our students did not make at least 1-year growth in reading as assessed using (F & P)
 - » 12 of these 96 students have been in the USA for less than one full school year
- **Grades 6-12:** 74% of our students made at least 1-year growth in reading as assessed using Lexia Core 5, Read 180 and Reading Plus programs
- **Grades 6-12:** 75% or 53 of our students using the Lexia Core 5 program made at least 1-year growth in reading
 - » 39% or 28 of our students using the Lexia Core 5 program made at least 2-year growth in reading
- **Grades 6-12:** 50% or 17 of our students using the Read 180 program made at least 1-year growth in reading
 - » 12% or 4 of our students using the Read 180 program made at least 2-year growth in reading
- **Grades 6-12:** 76% or 173 of our students using the Reading Plus program made at least 1-year growth in reading
 - » 32 WMHS students made over 4-years growth in reading using the Reading Plus program
 - » 53 WMHS students made 2.5- 4.0 years growth in reading using the Reading Plus program

Here is what we learned this summer from collecting and analyzing our 2014-15 Attendance Data:

- WSD sampled a full week from eight different months (September, October, December, January, February, March, April & May) to track absences and tardies of ~800 K-12 grade students

Absences

- 41 students never missed a day of school
- 303 students missed 5 or less days of school
- 399 students missed 10 or less days of school
- 82 students missed 20 or more days of school
- ~5% of our students are absent each day

Tardies

- 94 students were never late to school
- 621 students were tardy 5 or less times
- 101 students were tardy 20-40 times
- 89 students were tardy 40+ times
- ~9% of our students are tardy each day

Average number of students Absent and Tardy (per day)

ABSENCES			TARDIES		
JFK	Middle School	High School	JFK	Middle School	High School
19.5	8.5	14.5	36.9	15.5	18.7

Here is what we learned this summer from collecting and analyzing our 2014-15 Kindergarten Readiness Data:

- WSD had 77 Kindergartners attend during the 2014-15 school year
- The overall # of kindergartners has been growing and the % of children “ready” has increased since 2011-12 in all areas except Cognitive Development
- See chart on page 3 for full details of Kindergarten Readiness spanning 2011-2015.

CONCLUSIONS

Reading

- Most WSD students are making at least 1-year growth in reading
- WMHS students can make significant growth when they put the time and effort necessary into our reading programs: Reading Plus, Read 180 or Lexia Core 5

Attendance

- WSD needs help from parents to ensure that students arrive to school on time every day
- Every minute out of school impacts student learning and accumulated time missed results in significant and growing gaps in reading, math and other important skills

Early Learning

- As a community more and more 3, 4 & 5 year-olds are attending quality preschool programs which results in improved kindergarten readiness

Lastly, we will continue to refine our local assessment system so teachers, students and parents will have continuous feedback about progress. This feedback will allow people to work together

to grow all the important skills to be college and career ready, lead healthy, productive and successful lives and engage with their local and global community. Thank you for working with Winooski School District to benefit our students!

You can reach me at 802-383-6000 or by email at smcannon@wsdschools.org with questions or comments.

Winooski School District's Report on Kindergarten Readiness 2011 - 2015					
<i>Percentage "Practicing" or "Performing Independently"</i>					
DOMAIN	WSD 2011-12	WSD 2012-13	WSD 2013-14	WSD 2014-15	Statewide 2015
Social-Emotional Development	50% (27)	68% (42)	56% (36)	61% (47)	76.2%
Approaches to Learning	51.9% (28)	58% (36)	42% (28)	58% (45)	76.0%
Communication	59.3% (32)	73% (45)	71% (45)	71% (55)	82.6%
Cognitive Development	40.7% (22)	55% (34)	45% (20)	39% (30)	65.0%
Wellness	74.1% (40)	87% (54)	77% (52)	81% (62)	85.4%
All Five Domains	No data	42% (26)	30% (13)	22% (17)	52.2%
NOTES:	Survey reflects data for 54 of 68 Kindergarteners	Survey reflects data for 62 of 65 Kindergarteners	Survey reflects data for ALL 67 Kindergarteners	Survey reflects data for ALL 77 Kindergarteners	

School Board Update

By Jennifer Corrigan, Board of School Trustees

I hope everyone had a wonderful summer relaxing and enjoying the great weather! We welcome back the students, teachers, staff and administrators to our 2015-2016 school year.

We are getting ready to work just as hard as we did last year. Our goals this year will be focused and determined during our school board retreat which we will be having before the start of school. Our work will be to look at the past year, reflecting on what went well, what can we improve on and continue working with the community to better define our Ends metrics. We will look at all the information we have gathered over the past year from meetings we have had with community groups. It was great to sit at these round table discussions to see what it looks like for our students to be college- and/or career-ready. Thank you again to all that contributed to great conversations!

On September 16th, we will be having our joint meeting with the City. It will be held at the O'Brien Community Center and we would all love for people to come and join us.

We are also starting teacher negotiations soon. Hard to believe how quickly time passes. Seems like we just finished them up. We will also be starting our budget process. These are very important times for our district and we would love help in the process. Please join us at a meeting sometime!

We have amazing students, teachers, staff and leadership, working countless hours to continue moving our school district in a positive directions. Thank you! We appreciate all that you do.

"Well Together" Program A Success

In January, **Well Together** kicked off a program with the Winooski School District 4th and 5th graders. This program was a great



success and we want to thank the ambassadors (Lisa Murphy, Lisa Patnode, Heather Soler, Tim Reynolds, MaryAnne Waters, Tashia Barrett, and Benjamin Mace) who helped us make the program fun and engaging for ambassadors and students.

We had four sessions that took place on the school's Early Start days. The sessions focused on active lifestyles, hygiene, personal care, and safety. The first three sessions had about 25 students, and the last session had a whopping 60 students when we met outside! We experienced controlled chaos at its finest. We look forward to continuing the program in the fall, and hope that you will join us!

Below are some quotes from the kids and teachers:

"Is this a dream? You're here!"

"Are you coming back next month?"

From a teacher: "The kids love it when Marathon comes."

"When are you coming back? Can you come back tomorrow?"

These wonderful words remind us why we love working with the Winooski School.

If you have any questions, please reach out to welltogether@marathon-health.com.

What We Did Over Summer Vacation...

By Rebecca Goulet, Finance Manger

From the final dismissal in June, to the first day of school in August, the Winooski Facility Department has a long "TO DO" List to check off! Planning for summer projects and cleaning takes place throughout the school year and requires a juggling act! The transformation each year still amazes me.

Here are some of our highlights from summer 2015:

- The 4th and final phase of unit ventilators for the high school was completed.
- Duct cleaning on the Middle High School.
- Striping of the parking lot/sign relocation
- Updating of the Gym Lobby Bathrooms.
- Installation of water bottle filling stations.
- Continuing Transformation of the Learning Commons Center

Back: Kevin O'Neil, Cheyne Racine, Vince St. Amour, Steve Fregeau, Paul Jankowski, Sam Treadwell. Front: Jon Aldieri, Steve Wright, Tara Dahal. Missing: Andre Janowski, Kyle Kirby and Colin Alfred.



- Redesign on JFK Ell Suite, including private work-space and newcomers meeting space.
- JFK Special Education Suite including private workspace, and teaching space.
- Relocation of JFK therapeutic and Lotus Classroom.
- Relocation of the Sensory Room.
- Relocation of SLP services
- Relocation of Athletic Director Office
- Relocation of Head Start office space.

In addition to this impressive list, the entire building has been cleaned top to bottom with fresh waxed floors, many rooms have been painted, update furniture has been put together and the grounds continue to be maintained. Please join me in thanking the facility staff when you return this fall and in case you are wondering, the list for the summer of 2016 has been started!

What Are Your Hopes and Dreams for After School this Year?

By Suzanne Skaflestad, 21C Program Director

As the new 21st CCLC Director, I am wondering how students would like to spend their time after school this year? I am wondering if there is a specific class we should be offering? Perhaps you already know of a cool class that is missing and needed for after school. Perhaps, you have a specific skill that you would like to share with our students in partnership with one of our teachers.

Please stop by, introduce yourself and share with me your hopes and dreams for after school for this coming year. Whether you are a parent, student, school staff person, board member or community member, I welcome the opportunity to talk with you about after school programming. As a parent of a five-year-old daughter who has attended "school" since she was 4 months old and a fourteen-year-old son entering high school, I appreciate what the afterschool world has to offer to all students and their

families. I value the partnerships that are necessary to make high quality programs happen for students of all ages.

Afterschool programs are important because they provide another place for students to take risks, meet new friends and explore their interests in a safe, supervised place. And, they even have access to a snack or meal! Our afterschool offerings (grades K-12) begin the week of September 7th. Flyers will be handed out by Friday, August 28th. Please remember to return the registration form so we know what your child is interested in.

If you would like to connect with me, please feel free to call me at 802-383-6041 or e-mail me at sskaflestad@winooski.k12.vt.us.

I look forward to seeing everyone soon!

SBAC Results Update

By Kirsten Kollgaard

The Vermont Agency of Education will be sharing the results of the new Smarter Balanced Assessment Consortium (SBAC) test with the public at the end of August.

The SBAC was given for the first time this spring and replaces the New England Common Assessment Program (NECAP) testing. The SBAC tests students' proficiency in math and reading in grades 3-8 and 11 and is fully electronic.

After the Vermont Agency of Education has shared out the school, district and state results, Winooski School District will send the parent reports home in late September. If you have any questions about the SBAC testing please visit the Agency of Education's webpage at <http://education.vermont.gov/sbac> or contact Kirsten Kollgaard, Director of Curriculum and ELL, at (802) 383-6098 or kkollgaard@wsdschools.org.

Partner Teachers (WMHS)

By Lindsay Cox, Partnership for Change

The Winooski School District recognizes that supporting teacher learning is fundamental to reshaping the educational system. As a result, we are working toward a systemic shift in the way teachers are supported to learn, collaborate, implement, and share the practices that help them meet the needs of all students. In order to help spread the innovation and learning of the past three years, the Partnership for Change is excited to support a second year of the Partner Teacher Program.

This program aims to support and expand on new approaches to teaching and learning that are already emerging at WMHS. By providing teachers with time and support to innovate and collaborate, we hope to build an expanding community of Winooski teachers equipped to lead the remodeling of our schools into a student-centered learning system.

The 2015-16 Winooski Middle/High School Partner Teachers include:

Winooski High School Math Department: Rebecca Mellen, Melissa

Clarke, Tom Payeur and Sierra Thibodeau

The goal of this team is to implement, analyze, and problem solve a new model for math learning: the math lab. The math lab will use three components of proficiency-based learning (multiple times, independence, relevant vocabulary) within each unit and promote flexibility in learning. As part of this work, teachers will create an online database of units that align to Common Core Standards and WMHS Graduation Proficiencies. They will also create a set of "streams" of units students can access depending on their goals for life after graduation. On top of this, they will showcase student data to the public using the community newsletter, parent-teacher conferences, and general community conversations.

Winooski Middle School Team Nexus: Gina Krol, Laura Graves, Dana Gore, Callie Reinker, Melissa Mintzer, Andrea Wheeland, Andrea Boon

This year, team Nexus will focus on building a structured progression for thematic, project-based learning in which

students will practice and demonstrate the Graduate Expectations (GXs). This progression will be scaffolded for increasing student independence, and will build a growth mindset in students as they engage deeply with the GXs of effective communication, and critical thinking and problem solving. Team Nexus' work will support the plan for the 8th grade project, and will intentionally highlight connections between content areas.

Winooski High School ELL and Science: Inge White, Nellie Maley, and David McNally

This team will be expanding on the Newcomer Program started this past school year and focus on cross-curricular experiences in English and Science. The course will focus on proficiency-based learning, personalization, and theme based learning in the classroom. The goal is to do this in a way that provides authentic learning opportunities outside the classroom and fosters relationships with both students and families.

ANNOUNCEMENTS

TAKING
some
beautiful
photos of our
STATE OF VERMONT?

Why not share them? Every year, the WMHS Yearbook collects photos of our beautiful state to collaborate in a nice giftable calendar - and just in time for the Holidays!

To submit photos, send hi-res images to Mrs. Bruce with "Calendar Photos" in subject to:
jbruce@wdschools.org

The Yearbook Committee meets starting in September, and chosen photographers will be notified via email when production starts.
Thanks!

Join Us For Coffee and Socializing!

By Sister Pat McKittrick

The WCSPC UVM Medical Center and Starbucks sponsor:

- Free coffee hour at the O'Brien Community Center every Friday from 9 AM-11 AM
- Blood pressure screening on the 1st Friday of the month from 9 AM -11 AM.

It's a great opportunity to meet and greet your neighbors, and we hope you'll join us!

Dollars For Scholars Calcutta!

By Linda Gregoire

Don't Pass On This Opportunity To Win Big Money! This year's purse is \$1,000. But. You. Can't. Win. If You Don't Enter!

Buy a Ticket for \$50 and see if you could be the LUCKY WINNER.

This year's CALCUTTA takes place on Friday, October 23 at the RVA, 84 Weaver Street in Winooski. The time to buy is NOW. Money Saving Tip: share the cost of the ticket with a friend and help both of you succeed!

Sponsored by the Dollars for Scholars Committee — Raising Money to Help Our High School Graduates Succeed in College.

For more info find us on Facebook or visit our website <https://Winooski.dollarsforscholars.org>, or by calling one of our committee members at 655.3739.

We look forward to hearing from you!

Birthday Calendars for Sale — Support the Winooski Youth Baseball/Softball League

By Jeff Brosseau

Help support Winooski Youth Baseball/Softball by subscribing to our 31st edition of the Community Birthday Calendar.

Calendar's are \$8.00 for (5) listings, listings could be a birthday, anniversary, in memory of or military service, each additional listings would be .25 cents. Advertisement spaces are also available, ad blocks are 1 3/4" x 1 1/4" in size for \$75.00. Calendar orders will be place October 1st for arrival around Thanksgiving, makes a wonderful holiday gift. For more information contact Jeff Brosseau 233-5530, Jeffrey.brosseau@greenmountainpower.com.

Calling All Middle and High School Actors!



Auditions for the Middle/High School production of "Snow White and the 10 Dwarfs" will be held on Tuesday, September 8th at 3:00 in the Performing Arts Center.

Scripts can be picked up in Mrs. Goetz's classroom (room 27).

Please Help!

The PTO is continuing to collect Box Tops this year. Please have your child bring them to school. Last year we earned \$1,795!



Please note: We no longer collect Campbell's Soup Labels. Thank you!

JFK ELEMENTARY SCHOOL NEWS

Welcome Back!

By Sara Raabe, Principal

The excitement of the first day has passed, and JFK is headed into an amazing school year. Staff was so excited to see the students and families at the BBQ, and to greet children on the first day of school. The classrooms have been full of conversations around summer experiences, and getting students back into the routine of school.

This year, every classroom at JFK will be starting their day with a morning meeting. Morning meeting is a piece of Responsive Classroom and is made of four parts; greeting, share, activity, and morning message. These daily meetings give students a chance to practice their speaking and listening skills, problem

solving, and community engagement. Each of these skills are linked to our graduation expectations. The daily practice will enable our students to grow in each area, and as they mature, acquire more complex skills. In addition, morning meeting enables teachers and students to form relationships, and develop safe and supportive classroom environments. Taking time each morning to greet students, connect, and prepare them for their day is a fantastic way to transition students back into the school year, and into school each day.

Project Based Learning is continuing at JFK this year. Each grade level team has been working together to develop

and refine their project for this school year. PBL changes the way that teachers teach, and students learn. Teachers become a facilitator, instead of the center of information for students. In this day and age, our students have numerous resources to find information. Our job as educators is to teach them how to responsibly find the information, process it, and use it to be a creative problem solver and thinker. PBL allows students to opportunity to begin learning these skills as early as kindergarten. These skills are directly linked to our Ends and Graduation Expectations.

We are looking forward to a fantastic year!

MIDDLE/HIGH SCHOOL HIGHLIGHTS

Changes Underway for 2015-2016

By Leon Wheeler, Principal, WMHS

As this September newsletter reaches Winooski residents, the opening fanfare will be but a faint echo, and our 2015-16 school year will be underway!

Several years ago we made a commitment to the residents of Winooski that as a district we'll align our resources and efforts to make sure every student graduates college and career ready. We've taken that commitment seriously, working with intention and focus to continually improve learning for each student.

In order for our students to graduate ready for college and career the following changes are underway as we begin this year:

- Students must demonstrate strong skills in both Effective Oral and Written Communication and in Critical Thinking and Problem Solving in order to transition from middle school to high school, and in

order to graduate.

- All students will begin building skills in Physical, Social and Emotional Well-being this year. PSEW will be added as a required skills for 8th and 12th graders beginning 2016-17.
- January Expo (JanPo) and June Expo (JunePo) will be held for all middle and high school students, with each student in grades 6-12 presenting on their learning and growth.
- The grading and reporting system is being revised so there is consistency across the grades and disciplines, and so that all students are provided the time needed to meet the graduation expectations.
- The student advisory system is being revised to make sure there's stronger adult advocacy for each student, with support, guidance, and a personalized learning plan.
- The behavior expectations and

supports are being refined in order to more quickly support engagement and learning when students struggle.

- We are expanding the opportunities for students to practice and build leadership skills.
- We are continuing to expand opportunities to engage parents and community members to engage in and partner with the school community. There are numerous school-related organizations, committees, student exhibitions, and opportunities to learn together.

All of these are part of our commitment to our students, parents, and community. Winooski students will develop essential life skills as each one progresses through our schools. Each student will graduate with the skills and knowledge to be ready for college and career. We will work with you to build toward a bright future!

Welcome Back, Students and Families

by Danielle Jatlow, LICSW, LADC, Student/Family Assistance Program Coordinator, Winooski Middle/High School



Welcome back, students and families! I hope you had a relaxing and rejuvenating summer. I'm really looking forward to working with you during this school year!

I am located at Winooski MS/HS through a partnership between Winooski School District and Centerpoint Adolescent Treatment Services. In my role at the school, I have the opportunity to:

- Provide health promotion and substance use prevention education in classrooms
- Offer brief intervention and student support
- Conduct assessments
- Support easy and swift access to

treatment services

- Offer individual, group, and family counseling
- Coordinate activity/experiential groups to promote student leadership, identity development and thoughtful decision making
- Facilitate Parent Meet-Ups—a bi-monthly group for parents to discuss the unique joys and challenges of parenting adolescents.

Our first Parent Meet-Up of the school year will take place on Thursday, October 1st from 5:30-7pm in the Winooski Media Center (the school library). All parents are welcome, but we will be focusing on Middle and High School-aged topics. Translation services will be available. Light refreshments will be provided.

Please come and join me as we discuss topics such as:

- Supporting a smooth transition into Middle or High School
- Markers of success in school
- Identifying topics you are interested in discussing/exploring this year

If you have any questions or would like to talk about ways to engage your child or family in supportive services, just give me a call or send me an email. I look forward to hearing from you!

I can be reached at djatlow@winooski.k12.vt.us. My phone number is 802-383-6093.

The Shader Croft School Comes to Winooski

By Becky Savage, ELL Teacher

This summer the Shader Croft School ran a five week program in the Winooski Middle School for ELL students. The Shader Croft School is a non-profit organization that was founded in 2000. They partner with public schools to offer a four to five week literacy program during the summer. We were able to have the Shader Croft program come to Winooski through a Title III grant and generous sponsors.

The mission of the Shader Croft School is, "to provide basic literacy skill instruction to middle school students by providing a highly engaging student-centered, community-based, experiential, integrated learning environment. Shader Croft seeks to empower young adolescents with the skills and confidence necessary to achieve academic success." This was achieved through a balance of academics, student led trips and teacher planned adventures.

Each student was responsible for identifying something they wanted to learn about and then planning a trip around that interest for the rest of the class. Every day the students spent the morning on academic work and then the afternoons were devoted to student led trips or teacher planned adventures.

The academic portion of the program was split into four classes: reading, writing, oral expression and trip planning. The four teachers were Karen Greene, Phillip Peterson, Gabe Mcgann and Becky Savage. Students began the program by setting goals in each of these academic areas. At the end of the program, students re-visited their goals and reflected on their progress.

In reading class students learned vocabulary and read information about the trips they were going on to build background knowledge. They also worked on skills such as identifying the main idea of a story, using details to support their thinking, asking questions to monitor understanding and summarizing what they read.

Writing class focused on crafting complete and descriptive sentences and paragraphs. Students spent a large part of writing class creating pieces that were published in a journal that was published and distributed to families, community members and faculty. The journal included the students trip summaries, recipes and six word stories.

In Oral Expression class, students explored their theatrical side by filming silent movie trailers, writing and performing rap songs and making podcasts. To see the movie trailers and listen to the podcasts, visit the Shader Croft School blog at: <http://shadercroftschool.org/blogs/winooski-student-blog.html>

During Trip Planning class students worked with the trip planner teacher to map out their trip. Students had to look up information and travel directions on the computer. They made phone calls to businesses and community members to arrange their trip and finally they had to brainstorm and write down questions to ask. After the trip was completed, students filled



out a trip reflection card, composed and sent thank you letters and wrote a summary of their trip.

Student led trips included: a tour of the air traffic control tower at the Burlington Airport, a visit to the Conant Dairy farm in Richmond, ballet lessons at Fusion 802 Dance studio, cooking class at the Essex Culinary school, nature walk at the Vermont Audubon center, video game design at the Emergent Media Center at Champlain College, Greensea Systems and All Breed Rescue.

The students' favorite adventure of the summer was swimming! We began the summer with swim lessons at the Myers Pool in Winooski. Students learned swim safety and basic strokes. If the weather was nice in the afternoon, we were off to a swimming destination. Students enjoyed the waters at Bristol Falls, Bayside Park, Sand Bar and Oakledge Park.

Students concluded the Shader Croft program by giving speeches and poster presentations about their learning. This took place on the last day of school with faculty and community members in the audience. The experience gave students valuable practice with the Effective Written, Oral Communication and Critical Thinking and Problem Solving Graduate Expectations.

Steve Hyde, the director of the Shader Croft school, summed up the program with this, "It was a pleasure to work with the students from Winooski and we were delighted to be able to give these wonderful students a productive and rewarding summer experience."

The program was a huge success and we hope the Shader Croft School will return next summer!

For more information on the Shader Croft School and their SES tutoring services, contact Steve Hyde at 802-598-3864 or steve@shadercroftschool.org.



The Winooski PeaceJam would like to welcome you back to the 2015-2016 school year!

We cannot believe the summer is over, but we trust you had an enjoyable, relaxing one and are ready to begin a new school year! We will begin, in full swing, with our first after school meeting Thursday, August 27th at 3:05 in room 206-208! All are welcome to join: if you have been active in PeaceJam and would like to continue, or if you are just interested in hearing what we are all about, please come!

We would like to share some highlights that made the 2014-2015 school year so great!

- ALL members attended NE PeaceJam Conference @ UCONN!
- Met Nobel Peace Prize Winner, Shirin Ebadi
- Participated in Green-up Day in partnership with the O'Brien Center
- Attended three Opiate Dialogue nights that led to the Beautification project for Chick's Market—flowers are still alive and beautiful!!
- Hosted International bake sales and celebrated cultural food
- Were invited to, and participated in, a local community engagement discussion at a Winooski school board meeting
- Grew in numbers from 7 to 17 members!
- Interviewed with WCAX on "cool schools"
- Held our first-ever cooking party

If you are interested in finding out what PeaceJam is all about please contact any PeaceJam member, speak with Mrs. Mason (Clark) or Ms. Houghton, or stop by a meeting! They are held most Thursdays after school from 3:05-4:00.



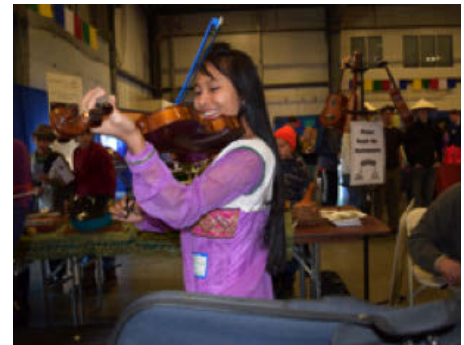
The Winooski Peace Jam group was privileged to introduce the 2003 Nobel Peace Prize Laureate, Shirin Ebadi @ the 2015 NE Peace Jam Conference on the UCONN campus!



Some of the PeaceJam members hosting our International Bake Sale!



Left to right: Oo Mai Be Fartun Mohamed, Natalie Bailey, Anab Mohamed, Zarha Mohamed, Bishnu Khatiwada, and Nafisa Mohamed. Fartun is shaking the hand of Nobel Peace Prize Laureate, Shirin Ebadi.



Susmita Mangar trying out the violin at the International festival in Essex Junction.



Bishnu Khatiwada, ZuTi Nar, and two ladies from the Green Mountain Culture School sharing their cultural dress at the International Festival in Essex Junction.

Update from your City Council

By Robert Millar



My first few months on the City Council have been quite a learning experience. We've dealt with a lot of tough issues and we've also had some really important discussions about everything from the tax rate to whether to join the "Vermont Equal Pay Compact." If you're interested in catching up on what we're up to, you can find all Council meetings online at www.cctv.org/watch-tv/series/winooski-city-council.

At a Council meeting in early July we discussed and passed the official tax rate for this fiscal year. The rate we settled on, \$1.0250, is exactly what was predicted during the budget season earlier this year. The fiscal health of the city, thanks to the management of our great administrative team, seems to be looking good!

At another recent meeting, the Council voted to approve joining the "Vermont Equal Pay Compact," which calls on employers to voluntarily take steps to eliminate gender pay imbalances in the work place. I'm pleased to report that there don't seem to be any major pay inequality issues in the City, but the administration will still be taking a close look at the issue to see if there are ways we can do better.

At times, being on the Council has actually been a surprising amount of fun! One of the best parts is learning about and approving all the great events that have been happening in Winooski this summer. From

Waking Windows back in May to the August Wolfsgart "Air Out" Auto Show, thousands of folks from all over the state and country (and beyond!) have been visiting and enjoying our great little city this summer. Winooski really is the place to be!

We've also had a series of really great community focused events. The recently restructured Recreation and Parks Department has been working hard to reach out to get community input on the future of Winooski's parks and open spaces. This has included well-attended BBQs and a concert at Landry Park. A recent breakfast hosted by the WCSPC and the Police Department was also well attended. It's great to have so much input and involvement from the community!

This week (mid-August) marked the end of the Summer Teen Employment program for this summer. It's bittersweet, because it's a sure sign that fall is just around the corner — but it's been great to have so many young folks involved in the program this year! Dozens of teenagers in

our community participated this year and learned valuable work and life skills.

Finally, I wanted to mention that the Council has approved a Charter Review Committee, which will include myself, Mayor Seth Leonard, and three community members. We will be reviewing the City Charter to determine if any changes should be put before the voters next March. At our first meeting, one thing was definitely clear: we have a lot to talk about! Please contact me, Mayor Leonard, or City Manager Deac Decarreau if you have any thoughts you'd like to share with the committee, and keep your eyes open for future meetings.

Free Y Program in Winooski Supports Kids Ages 0 to 5

By Doug Bishop, Director of Communications

Early Learning Readiness is a FREE, YMCA-sponsored program that offers a place for children and caregivers to learn and grow together.

Through this program, children from ages 0 to 5 develop social, verbal and motor skills through active play, while caregivers learn how to help children build skills at home. The YMCA provides free snacks and engaging activities. Anyone that is a caregiver, whether a member of the family, friend, family support worker, or neighbor, is invited to attend.

In Winooski, the program is offered at the Winooski Memorial Library, 32D Malletts Bay Avenue, and it takes place **every Tuesday and Friday, from 9:00 am to 11:00 am from September through the first week of June.**

Participants either register in advance or can drop in and register at their first visit. For more information, please contact Tina Boljevac at the YMCA by email at tboljevac@gbymca.org or by phone at 802-652-8158.

Your City Officials	Email addresses	Telephone
Mayor Seth Leonard	sleonard@winooski.vt.gov	802-777-3381
Councilor Brian Corrigan	bcorrigan@winooski.vt.gov	802-999-9270
Councilor Nicole Mace	nmace@winooski.vt.gov	802-363-7777
Councilor Robert Millar	rmillar@winooski.vt.gov	802-238-0089
Councilor Brian Sweeney	bsweeney@winooski.vt.gov	802-734-6902
City Manager Deac Decarreau	deac@winooski.vt.gov	802-655-6410

Visit the city website at winooski.vt.gov or call 802-655-6410.

Keep up to date with announcements and news:

LIKE US ON FACEBOOK We are "City of Winooski - Government"
FOLLOW US ON TWITTER We are @winooski.vt

Inviting Older Adults to Group Discussions on Promoting Health & Well-Being for Elders



United Way of Chittenden County
unitedwaycc.org

United Way of Chittenden County and a group of community partners would like to invite area residents aged 60 and over to participate in small group discussions. We want to hear your ideas about how Chittenden County could better meet the unique needs of our residents as they age. We will also explore the results of the recent Healthy Aging Survey in more depth. This survey asked older adults about services and activities that help them stay healthy and feel good

and gathered information about what types of services older adults want, what the barriers are to accessing services and more.

Group discussions in Winooski will take place on **Wednesday, September 16** at the Winooski Senior Center from 9-10:30 a.m. and **Thursday, September 17** at the O'Brien Center from 6:30-8 p.m. Join us and bring a friend! Anyone age 60 or older is welcome to attend and registration is not required. If you would like more information about these discussions, please contact Megan Bridges at 861-7822 or email megan@unitedwaycc.org

City of Winooski Welcomes Two New Staffers



Meet Our New Parks & Rec VISTA! Greetings, Winooski! My name is Jonathan Borden, and I am excited to introduce myself as the new AmeriCorps VISTA Community Engagement Coordinator with Winooski's Recreation & Parks Department.

I just graduated from The Ohio State University where I focused my studies on psychology and biology. Although I am originally from North Dakota, my family has lived in Vermont for the past few years. My favorite aspect of life in Vermont is the focus on creating a happy and healthy lifestyle through both good nutrition and physical fitness. I have found that by focusing

on these two goals I have been able to achieve success in many different areas of my life. This coming year I hope to help spread and promote this local Vermont mantra. To do this I will be working on a wide array of projects that include the Youth Soccer Program and trail maintenance in the City's parks.

No matter your age, it is never too late to go outside and get involved. My email address is parksvista@winooskivt.org, and I encourage community members to contact me with ideas for local recreational activities!



Meet Our New Food Systems VISTA! My name is Colleen Sullivan, and I am excited to join the Winooski Community Services Department as an AmeriCorps Food Systems VISTA! Over the next year, I plan to work with the community to create a stronger, more comprehensive food system through strengthened community and school gardens, meals programs and greater food resources.

Originally from Boston, I went to school in DC and have worked to combat urban hunger issues through rooftop farming, farmer's markets and garden education. I strongly believe that a community thrives with healthy, accessible food options and hope to make that a reality in Winooski.

In that vein, I'd like to announce that the Winooski Rec staff will be running activities for kids at the O'Brien Center from 4:30-5:30 on Tuesday and Thursday afternoons this fall, with youth dinners served at 5:30. These dinners are free, and any and all kids (age 18 and under) are welcome! Feel free to contact me at foodvista@winooskivt.org if you'd like more information.

I am very excited to be in the beautiful state of Vermont (I've already eaten my fill of maple creemees) and look forward to the coming year!

Winooski Food Shelf Update

By Linda Howe

The Winooski Food Shelf, located in the Winooski United Methodist Church, 24 West Allen Street, will be open the following dates and times:

- **Wednesday, September 9** from 2 p.m. to 4:30 p.m. for pantry staples
- **Saturday, September 12** from 9:30 a.m. to noon for fresh food and bread
- **Wednesday, September 23** from 2 p.m. to 4:30 p.m. for pantry staples
- **Saturday, September 26** from 9:30 a.m. to noon for fresh food and bread

The Food Shelf is open the second Wednesday and fourth Wednesday of each month for pantry staples such as canned goods, eggs and meat.

The Food Shelf is open the second and fourth Saturday of each month for fresh food and breads donated by a local grocery store.

Clients must be residents of Winooski and provide proof of residency such as a utility bill.

Clients may access the Wednesday pantry once every 28 days but are welcome both Saturdays.

The Methodist Church is directly across the street from the Police Station. Please use the Follett street entrance. We do not provide rides so plan on bringing a wheeled cart, wagon, or wheeled suitcase to get your food home. The church phone number is 655-7371.

Food donations may be left at Sally's Flower shop on upper Main Street during hours of operation.

Miss a meeting? Watch online!

Channel 17/Town Meeting TV regularly covers and airs **Winooski City Council** and **Development Review Board meetings**. Tune in to Channel 17 on Thursday nights at 8 for regular Winooski community content or visit www.cctv.org/watch-tv/municipalities/winooski. Do you want to learn to make your own video programs about life in Winooski? Contact morourke@cctv.org to find out about group or one-on-one trainings.

Share Extra Produce

By Linda Howe

The Food Shelf would be most grateful to Winooski gardeners for any extra fruits and veggies you might have. To arrange a drop off time at the Winooski Methodist Church please phone 318-0460. Thanks

Winooski Youth Soccer Registration Continues

Winooski's Recreation and Parks Department is still accepting registrations for Youth Soccer for grades K-5. The Saturday morning sessions, which include both skills practice and scrimmaging, are hosted on the soccer field in front of Winooski High School and will run through October 31.

Youth Soccer registration forms are available in the JFK Office, in the Winooski Recreation Office at the O'Brien Community Center, and online on the City's website (www.winooskivt.org). The registration fee is \$20/child, but additional children from the same household are only \$10/child, and some scholarships are available.

New sign-ups will be accepted through Friday, September 11th. Please contact Jonathan Borden at parksvista@winooskivt.org or 655-1392 x10 with any questions about the Youth Soccer Program, registration forms, or fees & scholarships.

Stay in Touch: Join Front Porch Forum!

Front Porch Forum's mission is to help neighbors connect and foster community within the neighborhood.

District administrators post information about events happening at school, members share stories, the media reports, and we investigate several ourselves. All of this great community-building is attracting local awards and national recognition. How does it work? Members and others contribute to this effort financially, and local businesses and other entities sponsor many of our neighborhood forums.

Go to www.frontporchforum.com to sign up for this free community resource.

"Above The Influence" Group To Meet

The Winooski Coalition is excited to be facilitating our middle school and high school Above the Influence (ATI) groups starting this fall. Each week, students will meet to learn about the ways youth are targeted by alcohol and tobacco in their own community and how to push back and create healthier environments, strategize ways to inform and engage the public, and practice self-care and healthy coping skills. We look forward to welcoming back students from last year, and hopefully seeing some new faces, too!

Looking for ways to foster healthy self-esteem in your children or students? Expert Ken Ginsberg recommends that adults praise the *efforts* of youth and not the *results*. This way, the recognition that a young person receives is not based on perfectionism. A great compliment to give a youth is, "You did a great job—you worked so hard!"

For more information contact Sarah Petrokonis at sarahpetrokonis@wcspc.org (802) 655-4565. And if you haven't already, please check out our new website! <http://wcspc.org/>



Senior Center News

By Barb Pitfido, Winooski Senior Programs Manager

Open Art Studio

New at the Winooski Senior Center.... Open Art Studio! Every Wednesday from 9am - 12pm Seniors gather and explore many types of art & crafts. During this 3 hour period, Seniors can choose different creative activities, chat with fellow art lovers, have a delicious homemade snack and share a good laugh!

The new "Mandala Quest" project is adult coloring time where you can let your stress go and let your creative energy flow! Coloring is a deeply calming and fulfilling activity. Free from the necessity of drawing, one can relax in the pleasure of filling space with color.

The completed Mandalas will be part of a unique art show at the Senior Center in early 2016.

During Open Art Studio time, we'll also have special guests who will guide and teach us a new craft or an old technique. If you have a skill to share with us, we'd loved to have you come by and teach us something new!

On September 2nd, Winooski graduate Canary Ly (class of '13) will be hosting a beginning Calligraphy class. Canary is a very talented artist, passionate volunteer, and she aspires to be a geriatric physician.

Senior Art Gallery

Our first show will open August 25th and will run until the end of September. This group show will highlight Winooski Seniors' Nature photography. Upcoming shows will highlight different mediums and themes.

The Winooski Senior Center.... the most exciting place in Winooski! We are located at 123 Barlow Street and are open Monday - Friday 8am - 12:30pm, and on Thursdays until 3:00pm. We are always looking for volunteers to help with senior programs, Meals on Wheels drivers, and to be a friendly face for our seniors who treasure time spent talking and laughing. You are always welcome! You can reach us by phone at 802-655-6425 or by email at: seniorcenter@winooskivt.org.

*"Laughter is timeless.
Imagination has no age.
And dreams are forever."
—Walt Disney."*



HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

Welcome back! We hope everyone had a wonderful summer break filled with laughter and relaxation. Here is some helpful information about the health office-

- The health office is staffed with 2 full time Registered Nurses.
- Our office hours are Monday-Friday 8am-3pm. We are closed daily from 1:30pm-2:15pm except for emergencies and prescription medication administration.
- The health office is able to administer prescription medication with a doctor order and parent permission. See either Liz or Holly for more information.
- If your child has a diagnosed medical condition (I.e.- asthma, seizures etc) we ask that you make the health office aware. The health office will need action plans from the doctors office so please come and speak with us directly.
- If your child has a fever of 100 degrees or higher they will be sent home from school and not able to return until they have been fever free for 24 hours without the use of fever reducing medication.
- Please make sure your child is up to date on their immunizations and if you prefer to exempt your child from any vaccines, please come to the health office to fill out an exemption form. Exemption forms must be updated annually.
- Hearing and vision screenings will begin around October 1st. Please refer the school handbooks for a list of what grades get screened.
- Please fill out and return ASAP the emergency/medical paperwork and remember to check the box "yes" if you want your child to have OTC medications while at school.
- Our office is always in need of clothing including undergarments sizes 5t-8.

We are excited to be back and get this school year started. If you have any questions throughout the school year please feel free to stop by or call us directly at 383-6094.

ELEMENTARY SCHOOL LUNCH MENU — SEPTEMBER

Winooski
Elementary School

MENU

September 2015

Local Products Used on when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

USDA is an equal opportunity provider and employer

DAILY BREAKFAST OPTIONS

Abbey Breakfast Sandwich Sausage & Cheese on English Muffin offered daily!!

MONDAY
Whole Grain French Toast Sticks

TUESDAY
Whole Grain Cinnamon Bun w/Cheese Stick

WEDNESDAY
Scrambled Egg & Cheese Wrap

THURSDAY
Healthy Breakfast Round

FRIDAY
Ham & Cheese Bagel

OR

** Cereals w/English Muffin Or Bagels
Fresh Fruit & Milks With all Meals

	Tues., Sept. 1	Wed., Sept. 2	Thurs., Sept. 3	Fri., Sept. 4
	Homemade Cornbread Macaroni & Cheese Steamed Green Beans Caesar Salad	<i>King Arthur</i> White Wheat Flour Homemade Pizza Pepperoni, Cheese Or Veggie Pizza Broccoli Salad Carrot Sticks	Hot Turkey Sandwich w/Gravy Homemade French Fries Strawberry Spinach Salad	Taste Test Event Zucchini Parmesan Roasted Sweet Potato Wedges Oven Baked Corn Dog Steamed Broccoli
Mon., Sept. 7	Tues., Sept. 8	Wed., Sept. 9	Thurs., Sept. 10	Fri., Sept. 11
No School Labor Day	General Tso's Chicken Served Over Rice Sesame Noodles Stir Fried Vegetables Apple Muffin Square	Early Dismissal Grades 6-12 Minestrone Soup Cheesy Breadsticks w/ Marinara Sauce Zucchini Parmesan	Beef Nachos Seasoned Taco Meat, Cheese Sauce, Cabot Sour Cream , Salsa, Lettuce, & Corn Tortilla Chips Rice Pilaf Steamed Corn	Chicken Nuggets w/Dipping Sauce Seasoned Sweet Potato Wedges Baked Beans Dinner Roll
Mon., Sept. 14	Tues., Sept. 15	Wed., Sept. 16	Thurs., Sept. 17	Fri., Sept. 18
Grilled Cheese Sandwich Chicken Noodle Soup Celery Sticks Hummus Dip	Chicken Alfredo w/Homemade Cheese Sauce Steamed Carrots Caesar Salad Blueberry Muffin	Delayed Start Grades K-5 <i>King Arthur</i> White Wheat Flour Homemade Pizza Pepperoni, Cheese Or Veggie Pizza Chopped Green Salad	Hearty Chicken & Biscuits Steamed Peas & Carrots	Homemade French Fries Dress Your Own Burger on A Bun Baked Beans
Mon., Sept. 21	Tues., Sept. 22	Wed., Sept. 23	Thurs., Sept. 24	Fri., Sept. 25
Roasted Sweet Potato Wedges Meatball Sub Steamed Broccoli	September Birthday Celebration <i>King Arthur</i> White Wheat Flour Homemade Pizza Pepperoni, Cheese Or Veggie Pizza Fresh Celery Sticks Hummus Dip Chocolate Cake	No School	Taco Bar w/ Hard or Soft Shell Seasoned Taco Meat, Mozz. Cheese, Lettuce, Salsa Cabot Sour Cream & Soft Flour Tortilla Rice Pilaf Warm Black Beans	Apple Fest Sweet & White Home Fries Maple Apple French Toast Bake <i>Georgia Mtn. Maples Syrup</i> Green Pepper Strips
Mon., Sept. 28	Tues., Sept. 29	Wed., Sept. 30		
Roasted Potato Wedges Oven Baked Chicken Nuggets w/Dipping Sauce Celery Sticks Wheat Bread Slices	Spaghetti w/ Meatballs or Marinara Sauce Chopped Green Salad Dinner Roll	Corn Potato & Cauliflower Soup Cheesy Breadsticks w/ Marinara Sauce Caesar Salad	<p>Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Got to the link below. You can download an application or see what we have available through Careerbuilder. http://www.abbeygroup.net/careers.php</p>	

PLEASE NOTE:

Lunch is available for all students on early dismissal days!
Pick up yours at either door on your way out.

ALSO: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Harvest of the Month August: Tomatoes

In the United States, more tomatoes are consumed than any other single fruit of vegetable!

Cherry Tomato & Corn Salad (8 serv)

3/4 cup frozen corn thawed
1.5 oz. Fresh Basil
1 pint cherry tomatoes
1/2 cup Mozzarella Cheese
1oz olive oil
Pinch of Salt

Finely chop basil leaves. Put thawed corn in large bowl! Add tomatoes, basil, cheese, oil and lemon juice and salt. Toss to combine and serve immediately

September: Summer Squash

Summer squash differs from the winter type by being more tender and having a thinner rind. This skin should not be discarded because it contains many valuable nutrients.

Zucchini Parmesan

2 1/4 pounds Zucchini
1/4 cup onions
2 cloves of garlic
3 1/4 cups marinara sauce
4 oz. shredded mozzarella cheese
3/4 cup grated parmesan

Preheat oven to 350 degrees. Coat baking pan with spray. Cut zucchini into slices, trim, peel and slice onions. Trim peel and thinly slice garlic. Layer zucchini, all of onions and garlic, then remaining zucchini. Add sauce. Bake 20 min. Uncover and sprinkle with mozzarella and parmesan. Continue to bake until melted.

SEPTEMBER, 2015

www.wdschools.org

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Newsletter of the Winooski School District

Winooski School District
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Winooski, VT 05404

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www.wdschools.org

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WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 405 students attending JFK Elementary (grades PreK-5), 155 attending Winooski Middle School (grades 6-8), and 227 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org