

VOLUME 10, ISSUE 2

WINDOSKI SCHOOL DISTRICT NEWS!

NOVEMBER 2012

celebrating Our Achievements!

Cinderella!

Coming soon to the Winooski Performing Arts Center: "**Cinderella**" will be performed by a very talented group of middle/high school students. Showtimes: Thursday, **November 8th** at 9:00 and 10:30, and Friday, **November 9th** at 9:00, 10:30 and 7:00 p.m. Free and open to the public!

PTO Craft Fair

The Winooski PTO is proud to announce that our **30th Annual Craft Fair** will be held **Saturday Nov. 17th** from 9-4. If you are a crafter or know of someone who would like a space, call the PTO Craft Fair Chairperson, Melanie Nattress at 655-1616 or email her at nattress96@comcast.net.

Save The Date

Join us at the **2012 JFK Elementary Winter Music Show**! Students in grades K-5 will perform pieces they have been working very hard on. Our theme this year is "Reach for the Stars." We will be performing at **6:30pm on Thursday, December 20th**. We hope to see you there.

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Winooski Band Represents Vermont at the "Big E"

By Randy Argraves

The Spartan Middle/High School Spartan Marching Band was honored to be invited to perform at the Eastern States Exposition in Springfield, Massachusetts again this fall.

Our Winooski Spartan Band was the only marching band that represented Vermont at the evening parade on "Vermont Day" at the Eastern States Exposition (otherwise known as the Big E), and they did it with great focus, energy, and panache. It always amazes me when my band students play better in a performance than in rehearsal, and that is exactly what happened Saturday evening down in Springfield, Masssachusetts.

I want to thank Joel Atherton, Rene Carpenter, Anne Elston, Cindy Robare, and



especially all of my band students for a highly successful and memorable day! We hope to see you on **December 6** at 7pm for our **Winter Concert**, which is free and open to the public.











Superintendent Will Not Renew Contract for 2013-2014

Mike Decarreau, Board President Winooski School Board Winooski School District 60 Normand Street Winooski, VT 05404

September 25, 2012

Dear Mike and Members of the Board:

For the past 16 years I have served the children and community of Winooski as a special educator, Director of Special Education and ELL, Associate Superintendent, Interim Superintendent and Superintendent. In each position, I worked diligently to improve the outcomes for all students, and I am proud of the work that has been accomplished! My various roles within the District and my 16 years of service speak to my commitment to the children and community of Winooski.

During my tenure, I collaboratively created 3 therapeutic classrooms to support students with emotional disabilities so that they could remain within the District. The special education delivery model was revamped so that special educators had more time to provide services to students and less paperwork. This change has resulted in increased federal and state compliance and stronger programs for students.

As Superintendent, I worked collaboratively with stakeholders from Winooski, Burlington and interagency partners to apply for the Nellie Mae Education Foundation grant. Our grant application resulted in a 3.7 million dollar grant award to help transform secondary education so that our students are career and college ready upon graduation. Over the last 3 years, our school budgets have passed by significant margins on the first vote.

Following a lot of thought and consideration, I have made the decision to not seek renewal of my contract that ends on June 30, 2013. This decision was very difficult for me, but the time has come for me to pursue other professional opportunities and interests.

I am thankful for the opportunities afforded me to serve Winooski in my various roles over the years. I have grown both personally and professionally! I wish the District well in your future endeavors.

Sincerely,

Mary K. Lundeen, M.Ed. Superintendent of Schools

School Board Message

By Jennifer Corrigan, Board of School Trustees

I would like to thank our staff, administrators, and students for the hard work they are doing.

The board has been training to move to policy governance. This is a very exciting time for the district. Policy governance will allow us to focus on the larger issues, clearly delegate authority to administrators, and rigorously evaluate what has been accomplished. It will allow us to look at the big picture, and tell the Superintendent clearly what the district is expecting to accomplish.

As we move forward with the ongoing training we will be looking to the community to tell us what their expectations and desires are in our school district. We want to know what you believe students need to be successful as they leave the school.

As board members it is our responsibility to ensure that we are giving students the highest level of education we can. We can only accomplish that with the input of our community.

As we move into our budget season I encourage people to join the budget advisory committee. The committee works with the board and the administration to put a solid budget in place that meets all the needs of our students. Your voice can help guide this process. I look forward to all the positive changes happening here at Winooski School District.

ANNOUNCEMENTS

RSVP Seeks Volunteer Education Coordinator

By Phet Keomanyvanh, Coordinator, United Way of Chittenden County

If you are 55+ and looking for an opportunity to establish a vision that will greatly enhance the achievement of students, then Winooski High School has a great opportunity for you! We are looking for an independent self-starter(s) who will act as a part time Volunteer Coordinator for an evolving initiative at Winooski High School. A Volunteer Coordinator is highly needed to design and implement a program to support and coordinate a system that will bridge and maintain communication with teachers and community volunteer tutors. Responsibilities will be creating tutoring schedules, maintaining contact with agencies that refer volunteers and completing end of year reports that capture efficacy of the tutoring program. The Volunteer Coordinator will report to the Educational Support Team and Director of Learning Lab; ensuring vital communication between the teams, teachers, and volunteer tutors are ongoing. Minimum of 5 hours/week required.

Contact: Phet Keomanyvanh, RSVP coordinator, 860-1677 or email phet@unitedwaycc.org

ANNOUNCEMENTS

PTO and FWHS Merge

The Winooski PTO and Friends of Winooski High School have recently joined forces! What does this mean you may ask? Well, now we have one large group of parents, teachers and community members all working together for ALL of our children — PreK through 12th grade!

Studies have shown that when parents stay involved in their children's educational experiences, be it first grade or twelfth grade, their children are more successful in their school career. It gives each child a strong positive message to know there are people in the community who are committed to helping make their school more enriching.

The Winooski PTO will continue with the mission of providing an enriched learning environment for all. Combined, these two wonderful organizations have done some amazing things for our school district over the past ten years. We have provided each grade level with end-ofthe-year field trips, school dances, and fun fairs. We have sponsored yearbooks, honor roll recognition, the purchase of a district-wide ice machine, ceiling fans in the high school, new curtains in the PAC, and a new sound system in the gym and cafeteria. We have sponsored scholarships for graduating seniors, Project Graduation, not to mention graduation celebrations for kindergarteners, fifth and eighth graders, and the list goes on! Please consider being a part of a very committed group of volunteers!

The Winooski PTO will continue to meet every third Wednesday of the month (except December) in the Learning Media Center (school library) from 6:00-8:00pm. Free childcare will continue to be offered. Attending PTO meetings is a great way to keep informed of school activities and events and a great way to get to meet and know other parents. If you cannot attend a meeting but want to stay informed, you can join our Email list or view our monthly meeting minutes that are posted on the school website at: www.winooski. k12.vt.us- under the "Parent" tab.

We appreciate and welcome your involvement!

Train Show December 1st!

The **19th Annual Winooski Scholarship Train Show** is on track to occur on December



1, 2012 at the Winooski Educational Center from 10 AM to 3 PM. The center is just south of Exit 16 on I-89 on Main Street. The show will feature operating layouts in a variety of gauges, books, videos, railroadiana, toy train dealers, a food concession, and displays. This annual event raises money for the Winooski Dollars for Scholars program. Adult admission is \$5, Ages 6-12 pay \$1.00 while children under 6 are FREE when accompanied by an adult. The Freshman class will run a concession and a 50/50 raffle. This event is fun for young and old alike. Join us, contribute to scholarship, and have a great time. For information, call John J. Malcovsky at 862-7634 (H) or 655-2555 (W).

Winooski Dollars for Scholars says "Thank You."

On October 6th, Winooski Dollars for Scholars held it's annual (and biggest fundraiser) at the new and improved RVA in Winooski. Everyone enjoyed a delicious sit-down dinner followed by wonderful homemade chocolate chip cookies. We greatly appreciate that Commander Crete donated the RVA free of charge to DFS, saving our organization a huge expense. We thank everyone who bought tickets, even if you were unable to attend and everyone who attended the calcutta and generously purchased 50/50 raffle tickets, bid on our raffle prize to the Essex Culinary Resort and Spa and on ur Silent Auction items. All of your contributions go directly to our scholarship fund. Eli Harrington, graduate of WHS and former Winooski Dollars for Scholars recipient, once again did a great job as our MC and expressed a heartfelt appreciation for the Winooski teachers and coaches, as well as the larger Winooski community, for providing him with a wonderful education and opportunities for personal growth

We appreciate the following businesses and individuals (in no particular order) who contributed silent auction prizes and compensation/ball prizes and made donations: George Cross, Anne Linton, Mayor O'Brien, Janet Kane, Rita Martel, Dan Higgins, Wendy Whaples Scully, Chris Frenette, Phyllis Bristow-Johnson, Sally Howe, Morgan Kelner, McKee's Pub & Grill, Cupps Bakery, Asian Bistro, Onion River Clippers, Opportunities Credit Union, Sneakers, Main Street Cards, Onion River Cobbler, Waf's Deli, Vermont Food and Gifts, Waves of Adreneline, The Monkey House, Sammy's Quick Stop, Block Gallery, Donny's NY Pizza and Sports Bar, Winooski Welcome Center, Papa Frank's, Winooski Auto, Sneakers, Chicks Market, TD Bank, Ben & Jerry's, University Mall Essex, Cinema Lake Champlain Shoreline Cruises, Klinger's Bread, Smuggler's Notch, Bolton Valley-Shelburne Museum, Ausable Chasm, McKenzie's, The Edge, Essex Culinary Resort and Spa, Gulliver's Doggie Daycare, Lake Champlain Maritime Museum, Eating Well Magazine, Catamount Outdoor Center, Hampton Inn, Gardener's Supply, Trader Duke's, Hickock and Boardman, City Market Coop, Resource (formerly Recycle North), Fairbanks Museum and Planetarium Museum, Lake Champlain Chocolates, TD Bank, St Michael's College, Rachel Keyser, Villari Self Defense Wellness Center, Carol Redmond, Clay Castle Ceramics. (If you contributed and were not listed, we apologize and let us know). So many other businesses have supported us during these years and we appreciate everyone's support and encourage people to support you.

Everyone who attended our DFS calcutta/silent Auction, received a ball prize and the remaining 5 people divided the \$1000 and gave a \$100.00 contribution back to DFS. Thank you. Winooski Dollars for Scholars made a net profit \$6,180 after our food deduction. As our DFS board goes through changes, we need your support more than ever. Maybe you would consider serving on our low key and interesting board, with a minimum commitment (mtg every other month) or working on one of our fundraising projects such as increasing business scholarships.

Our next Dollars for Scholars meeting is on Tuesday, November 13th at 6:00 at the Learning Center (library). If you are interested in joining Winooski Dollars for Scholars and helping students have financial opportunities for their college education, please contact Morgan Kelner at: mkelner14@gmail.com or 655-4184; Lisa Graves at bpsvt@ aol.com. or Elizabeth Stillwell at EStillwell@hbinsurance.com or Marc McQuinnn at mmquinn@winooski.k12.vt.us.

JFK ELEMENTARY SCHOOL NEWS

STAR-ting The Year Off Right

By Mary O'Rourke, JFK Elementary Principal

Our STARS had an awesome September. We successfully reached our goal of 26,000 stars. What did that mean? It meant we got to have a school-wide celebration. We gathered as a school at the end of the day and celebrated the success of being safe, doing what was expected and giving so many people green thoughts! Our celebration consisted of congratulations, a video set to music which highlighted activities from the beginning of the year until now, a couple of dance presentations, fifth-grade students welcoming our kindergarten students to the school and presenting them with an apple and then the big finale-- a school-wide 10-minute dance party. The children were beyond excited! It was wonderful to see the smiling faces for doing what is expected.

We just completed our NECAP testing. If we got credit for the effort put forth by our students, our scores should be in the 90% range. As I walked around during testing, I saw students fully engaged in the task at hand. Students were using the test-taking strategies they had learned and were really striving for excellence. We will receive our results in late January, possibly early February.

Nancy Clements, the brain lady, will be here on Friday, November 2nd. Nancy will present all of the social thinking strategies to parents. If you would like to know more about the unthinkables and green thoughts, please join us in the Performing Arts Center at 6:00p.m. All are welcome!

We had a JFK Parents and Community Together with Schools (PACTS) meeting at the end of September, which was so well attended. We have formed three subcommittees, which are welcoming, social/emotional and reading/math. If anyone would like to join one of these groups, please contact either Tori Cleiland or Mary O'Rourke.



Digital Photography

By Mag Thomas

Once again this year, we were lucky enough to be able to offer Digital Photography at J.F.K. on Tuesday afternoons. In partnership with 4-H Tech Wizards, Digital Photography is offered to a group of 4th and 5th graders. This program introduces students to the world of digital photography. They learn the basics of photography – how to care for and how to use a digital camera, which are provided by the 4-H Tech Wizards.

The students are learning new techniques for taking pictures. Some of the basics are how to use lighting, angles, and distance to create interesting, unique, and fun pictures. They practice their new skills by taking pictures of friends and surroundings. At the end of the session, each student will have his or her very own photo album to share and show off the great pictures that they took!

Here is what some of the students have to say about the program -

- "It is the best! We take pictures and learn how to edit them."
- "It can help us in the future if we want to become a photographer."
- "It is really fun because I like to take pictures and describe what it looks like."
- "We learn great tips on how to take great pictures!"
- "It is fun and we get to take the pictures home."

Focus on Elementary Math

By Glenn Willette, JFK math coach

Students: Want to play some cool math games and get better at your math facts? Check out the JFK math web page. It also has the link for Fast Math that you do at school. Play and learn at the same time. What a deal!

Parents: Want to learn what the latest buzz is at school in math? Check out the JFK Math web page and watch a video that tells you why VT and 44 other states have adopted new math standards and what that will mean for JFK and your child.



4th Grade Corner

By Mrs. Keough, Mrs. Bissonette, and Ms. Huber

The fourth grade has been learning about social thinking. They are learning strategies to defeat the "unthinkables" that sometimes get into our brains. We have learned about many of the different kinds of "unthinkables" that distract us from our learning. At this time, we are working on defeating "rock brain." We are trying to use super flex thinking to turn our yellow thoughts (uncomfortable thoughts) to green thoughts (good thoughts). Students are working on becoming more responsible for their own green thoughts.

During the month of September, fourth graders have been learning test-taking strategies to help them be successful on the NECAP test. We have been practicing underlining key ideas, taking notes on passages, processes of elimination, relaxation strategies, checking over their work and persevering.

We are beginning a unit of study on the government to prepare for the upcoming election. Students will take part in a mock election, which will include voting in a booth that was made by the fourth grade paraeducator, Ms. Knowlton

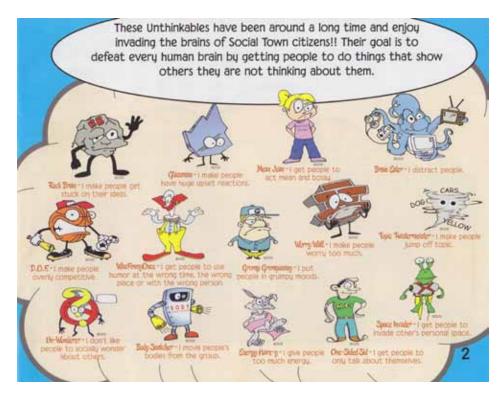


You are a Social Detective!

By Jennifer Lapointe

Has your child come home from school telling you all about green and yellow thoughts?? We hope so because JFK teachers and students have been sending and receiving hundreds of green thoughts every week!

JFK students are learning how to have good social skills, which simply means people share their space with others effectively. Good social skills means following unwritten social rules of the environment. For example, using good social skills can mean stepping aside on an elevator to let another person on, or sitting quietly in a classroom while allowing the teacher to talk even if you have something you wish you could say or being a good audience member by not talking when a movie is playing or watching a concert. As a staff, we have been teaching kids how to recognize and regulate their own behaviors by thinking about other people's thoughts and expectations. You may have heard your child use the phrase "green thoughts." Green thoughts are "good" thoughts we send to people when we are meeting expectations both academically and behaviorally. Sometimes we do send yellow or "uncomfortable" thoughts when we are not doing what is expected. We are learning about how to "defeat" the kinds of thoughts that invade our brains all day long, keeping us from meeting expectations and effectively problem solving.



Meet The Team of Unthinkables...

By Jennifer Lapointe

The thoughts that invade our brains that keep us from meeting expectations and sending green thoughts to people are called the Unthinkables. The Unthinkables Team was created by Stephanie Madrigal and Michelle Garcia Winner both speech language pathologists who coined the term "Social Thinking," as well as developed the related treatment strategies. JFK students have been introduced to Superflex, our Social Thinking Superhero and the team of Unthinkables that he has to defeat. Superflex is our hero! When kids are able to have Superflexible thinking they try to figure out other people's wants and needs to keep people calm while also getting his/her turn to play and speak as well. Superflex is a great problem solver and can think of many different solutions to one problem. However, when we can't do this, our brain may be invaded by an Unthinkable such as Rock Brain! When Rock Brain has invaded our brain, he will get the person to do only what he has decided he will do and will not negotiate with other people. He is not a good problem solver and tries one solution that's not working over and over again. This person can be very rigid in his/her thinking. JFK students are learning that in order to defeat Rock Brain they need to take a deep breath and remember that you always have a different choice. By thinking about your choices, you can choose one that helps others feel good.

Another popular Unthinkable is "Glass Man." When Glass Man invades your brain, he let's a person be flexible to some extent, but then, all of a sudden he just "breaks." He doesn't melt down slowly, he quickly starts getting very upset. Glass Man usually thinks things aren't "fair." When trying to defeat Glass Man, students are learning to identify the size of the problem on a scale of one to ten and what would be an expected reaction to match the size of the problem. Another strategy might be using "Self Talk," for example, "I'm starting to get mad. I need to move away and take a break" or simply by taking a few deep breaths or a drink of water.

It is important to note that when talking to younger children about the Unthinkables, stress these are thoughts that happen in their brains and not "bad guys" having a battle within their bodies. The goal is for each child to have strategies they can use to access their own superflexible powers! To learn more, Social Thinking Expert Nancy Clements will be at JFK to talk to parents about Social Thinking on November 2nd from 6 to 7pm. Remember you are your own brain boss!

Dreaming Together

By Leon Wheeler, Middle/High School Principal

There are two things that have most excited me during these first two months of school. I absolutely love holding the front school door at the beginning of the day and greeting each student as they enter. The rich diversity of our student body, coming together from many cultural backgrounds, traditions, and life experiences, are united here to become one community committed to learning, life skill development, and building dreams for the future. These amazing girls and boys, young men and young women, inspire me to keep working with all the staff at our school to inspire and empower each one.

The second thing that excites me is our school vision for transformation that's been evolving over the past two years, and is now beginning to come to life in part through the Partnership for Change. Having two school districts talk together about personalized learning, and family partnerships, and community internships, and student engagement that is powerful. There's

"When I dream alone, it remains a dream. But when we dream together, that is the beginning of reality." —Dom Helder Camara no question that this is not going to be easy. Quite honestly, that challenge is part of the appeal of serving as principal. I want my life to count for something that really matters...and our students, one and all, really matter!

We will continue to dream...and shape a new reality, together. Happy Thanksgiving!

Team Lotus Adopts Rain Garden

In September Team Lotus joined Becky from the Vermont Water Conservation Corp in cleaning up a rain garden located on North Street near Landry Park. The rain garden was built 4 years ago to help keep storm water run off out of the river and keep our



water clean. Becky met students at the rain garden and gave them a lesson on rain gardens and water pollution. Then she showed the students what needed to be done to make the garden more efficient. The students then helped clean it up by cutting dead branches and weeding the garden. After working, the garden was much clearer and as a result will divert water better. The team has since adopted the rain garden so it does not get clogged again. After adopting the garden they returned and planted over 100 plants that will grow and prevent further erosion of the Garden.

Parent Information Evening

By Katherine J. Helm, Assistant Principal

At the end of September, (Thursday, September 20 @ 6:30 PM) the middle and high school had a parent information night on the changes in the handbook and an opening dialogue on the 1-1 laptop initiative in the high school. Mr. Blanchard presented



information on the proposed roll out of the 1-1 laptop initiative for the freshmen and sophomores. Mr. Blanchard explained that some of the logistics still needed working out, but what we know for sure at this point is that all parents will be required to attend a parent 1-1 meeting and sign permission for their student to receive a laptop. More information will be forthcoming.

Mr. Wheeler and Ms. Helm discussed the importance of students being on time to school and class. Not only is promptness an important life skill, we noticed from previous years that the amount of educational time was being significantly taken away from students due to tardiness. Through the summer we discussed various ways that we could make being on time important to students. We implemented the following:

TARDY & CLASS CUT PROCEDURES First Period/Block of the day

The first period/block begins promptly at 8:00 AM. Any time after that is a Tardy. Students will be directed to get a tardy slip from the office.

The following procedure is being followed.

- On the 2nd Tardy a student conference will be held
- On the 3rd Tardy A parent discussion/meeting occurs
- If there are extenuating circumstances preventing a student from arriving on time, they will be referred to EST
- Starting at the 4th Tardy to school, students follow the procedures outlined below for all other classes (Therefore at the 6th Tardy (First period/Block) the student has a class cut and is referred to complete the Class Cut Appeal process)

All Other Periods/Blocks

- Every tardy of 1-14 minutes is a RT* referral students have 48 hours to serve the tardy before additional consequences are given.
- Three (3) RT* referrals in the same class is a class cut*
- A tardy of 15 minutes or more is a class cut*
- Not serving a RT* referral within the 48 hours is a class cut*

* RT – Recovery Time occurs after school from 3:00-4:00

* Class Cut - students are required to complete the Class Cut Appeal and schedule a meeting with their teacher, Ms. Greene and Ms. Helm. The purpose of this is to explain why the tardy occurred, and develop a plan to prevent it occurring in the future. A second class cut in the same semester will result in being withdrawn from that class.

Keep Your Car Smoke Free

By Cheryl Brosnan, Middle School Guidance Counselor

The first project of the year for Vermont Kids Against Tobacco is a car demonstration of children and pets exposed to second hand smoke. The students have placed a mannequin with a baby in the back seat and pets in the car. Magnetic signs, brochures and stickers



highlight the effects of second hand smoke on others. We encourage all adults to refrain from smoking around others. The car has been outside the middle/high school lobby and will be seen in front of the main lobby and JFK lobby. Wednesday evening the car will be outside the O'Brien Community Center during the monthly potluck dinner.

Bringing College-Level Research to Winooski High School

By Bill Clark, High School ELL Teacher

A group of juniors and seniors from Winooski High School researched their senior project theses at St. Michael's College (SMC) on Friday, October 12th. These eleven students explored the research databases available through the SMC library under the tutelage of SMC reference librarian Marilyn Scoville and Winooski teacher Bill Clark.

Ms. Scoville explained how to narrow down a question in order to produce a manageable number of results. Students researched topics that ranged from music production and social work to nursing, child care, and sports management. Most important, students left the library with copies of articles that they could use to write their senior projects.

Mr. Clark teaches a class in Reading and Composition that is designed to make students more comfortable with writing college applications and persuasive essays. As the class moves forward toward writing their research projects, Mr. Clark realized the need for more in-depth research techniques.

"It is not enough for students to simply search the Internet," Mr. Clark said. "Students need to narrow their focus and uncover reliable sources that can make their writing projects more relevant. Working in a college library, which is close to our school, makes research so much more accessible."

In her explanation of the databases available through St. Michael's, Ms. Scoville walked students through the process of defining their searches. She explained that adding more words to the search prompts produced fewer but more specific results. Limiting the results to magazine articles and confining it to a specific time period also gave students a wealth of information for their papers.

"We've had a collaboration with Winooski students for several

Guidance News

By Emmy Charron, High School Guidance Counselor

- SENIORS: The last of the college visits arrive in November with schools like Plymouth State (NH) on Monday, November 5th, Southern Vermont College (VT) on Tuesday, November 13th, Castleton State College (VT) on Thursday, November 15th, and Vermont Technical College (date TBA). If you have not yet started meeting with Emmy about the college process please make an appointment to do so.
- The **Accuplacer** and registration for any qualified Junior or Senior interested in enrolling in a **spring semester college course** can register in the Library on November 12th.
- On Saturday, November 10th VSAC will be sponsoring a **FREE group trip to Castleton State College**. Participants will enjoy a tour of campus and a brief information session from their office of Admissions, lunch in the dining hall and then cheer on the Castleton Spartan football team as they take on their rivals, Mt. Ida in their last home game of the regular season. Students will need to bring their own chaperone (one parent/adult may agree to chaperone a handful of students) and sign up in the main office prior to the event. Spots will be available on a first come, first serve basis.

years," said Ms. Scoville. "We would bring classes to the SMC library for a morning workshop on research that was coordinated

with class research. They had a tour of the library and the campus. The students got an opportunity to visit a college campus and to see themselves in a college setting. I'm



happy we can continue this tradition. This library represents a resource that is available to anyone in the community."

Ms. Scoville lives in Winooski and also conducts readings for elementary school children at the Winooski Library one morning a week.

The senior project represents an ongoing requirement for graduation from Winooski High School. Seniors spend the fall and early winter writing college essays and becoming familiar with research papers. As the year progresses, they move on to working with their community consultants, advisors, and teachers to develop their writing, research, and presentation skills, which culminates in the Senior Expo in May.

For additional information, contact Marilyn Scoville, Reference and Instruction Librarian, St. Michael's College Library 802.654.2410 (mscoville@smcvt.edu) or Bill Clark 802.383.6091 (bclark@wsdschools.org).



1-to-1 Laptop Update

by Drew Blanchard, Technology Integration Specialist

On Saturday, October 13th approximately 65 people attended informational sessions for the 1-to-1 laptop initiative for freshmen and sophomores. This is an excellent start! Additional sessions are planned for Thursday, October 18th (parent-teacher conference day). Students must sign a Responsible Use Guideline form, and parents must sign the Parent Agreement, before students are eligible to receive their laptop. A \$50 refundable deposit, covering the cost of the insurance deductible for the laptops, was also discussed at the meeting. The deposit is payable via a \$5/ week payment plan, and funds are available to cover costs for those in need.

Students expect to receive their 13" MacBook Pros on Wednesday, October 24th (referred to as the "rollout" of our 1-to-1 initiative). The laptops will remain at school until after Thanksgiving break. In the intervening month, teachers and students will adjust to this new learning tool, and students will demonstrate they are responsible digital citizens. Also during this time, three parent "training sessions" will be offered in the evenings, to help parents understand how the laptops work, how students will be expected to use the machines, and provide tips on parenting these "digital natives." Sessions will be held from 6:30 - 8:00 p.m. on:

- Thursday, November 1st at the school library
- Tuesday, November 6th at the O'Brien Center
- Monday, November 12th at the school library

Student voice has been integral part of this planning, and the student council created the rules for this 1-to-1 laptop program. Students have agreed they will always know where their machine is, and will always make sure it is safe. Students specified the consequences of failure to follow any of the Responsible Use Guidelines: "If I violate any of these guidelines, I will lose access at school (or ability to take the machine home) until I've fixed the problem to the satisfaction of all involved."

This 1-to-1 initiative represents a shift toward more personalized, proficiency and standards based teaching and learning, and will allow students greater flexibility in demonstrating their understanding of content presented in their classes.

Team Fusion Hikes Snake Mountain

By Chris Magistrale

On September 14th, Team Fusion loaded up the yellow school bus with 54 middle schoolers and headed south to Addison County for our annual hike. A warm, sunny day allowed students to take in some of the early foliage of Vermont, while climbing to the pinnacle of Snake Mountain. The hike is only semistrenuous, but the view of the lake



and the Champlain Valley at the peak is well worth the time investment. For many students, this was their first experience



in the Green Mountains. We'd like to thank The Abbey for carefully packing 54 bag lunches which provided the energy to descend from the mountain top. "My favorite part was having lunch with all of my friends on top of the mountain. Then the relaxing walk down was fun for teachers and students" (Kaitlinn Little, 7th grade).

This year, the middle school is making a conscious effort to devote meaningful chunks of time to exercise and movement. Middle-

level research and recent professional development continues to show us the value in a highly active and physically engaged student population. The middle school schedule now includes a half-an-hour time slot dedicated to physical activity, appropriately entitled, "SPARK!" after Dr. John Ratey's research on the successful combination of adolescence and exercise. By increasing the daily amount of exercise and physical stimulation in each student's day, teachers hope to thereby

increase working memory and overall academic performance. So far, it appears all middle school students are enjoying the process. This year's hike will be remembered as a challenge, but also a successful team building event.





Mindfulness, Movement, Motivation and Middle School Students

By Nancy Keller

Seventeen middle school students and four teachers attended the Vermont School Counselors Association's Fall Conference in Montpelier, Vermont entitled Mindfulness, Movement and Motivation. Team Velocity students and teachers were asked to present a workshop on Bushintai-Do, while four other students attended a variety of mindfulness and



movement sessions, with the goal of sharing their learning with other middle school students in Winooski.

Thanks to the generous funding from the Bay and Paul Foundations, teachers at Winooski Middle School have been investigating a variety of ways to integrate more activities that promote social, emotional and physical wellness. Participating in and attending this conference was just one result of this initiative. Since receiving this grant, students have participated in arts rotation classes in yoga, mindfulness practices, and Bushintai-Do, a self-defense martial art designed especially for middle school students. Teachers have read, researched,

Free Core Support Afterschool Programs at WHS

By Barbara Russ

Several high school students are taking advantage of our afterschool core support programs offered on Tuesdays and Thursdays from 3-4pm. What's so terrific is these programs are taught by the high school teachers and provide an opportunity for our students to get extra help, have access to technology to work on assignments, and to have questions answered related to their coursework.

Our Core Support schedule is as follows:

TUESDAYS:

- Math Core Support with Mrs. Mellen, Room 210
- Technology Core Support with Ms. Poquette, Room 204

THURSDAYS:

- Math Core Support with Ms. Clark, Room 207
- French and READ 180 Core Support with Ms. Saffo, Room 121
- Science Core Support with Ms. Bundy, Room 218 (beginning November $1^{\mbox{\tiny St}})$

Students don't need to pre-register to attend core support. They can just show up to get the help they need. And, healthy snacks are provided! Winooski Middle School students and teachers attend and present at the Vermont School Counselors Association Conference at the State Capitol in Montpelier, Vermont.

and discussed ways to bring more movement and mindfulness into the school day. Beginning this Fall, all students in the middle school participate in Spark, a school-wide

program that occurs for 25 minutes every day and provides sustained aerobic activity. Teachers have also implemented "SmartMoves," an award-winning cognitive fitness program that combines music and movement to transform the classroom and help students reach a ready state for learning. Researchers assert that aerobic exercise, mindfulness activities, and coordinated movement build a child's capacity for learning so that they can achieve academically (Jenson, 2009, Medina, 2008 and Ratey, 2008).

Look for more news about Winooski Middle School's wellness initiative in future editions of District News!

WMS Broadcasting Club

By Barbara Russ

The Winooski Middle School Broadcasting Club is meeting every Tuesday afterschool from 3-4pm. Our students are having a blast writing their own breaking news stories and scripts with Mr. Andrews and then filming



themselves as they report their stories "live". They are hoping to put numerous news stories into imovies to share with their friends.

Students participating in the club say that they like to participate feel famous, and like how much fun they are having. If you know of any middle school students interested in joining, please send them Mr. Andrew's way!

In addition, the club is talking about reporting on Winooski sports events. Stay tuned for more news about the WMS Broadcasting Club in future district newsletters!

On the Move with Team Velocity

Team Velocity students have become geologists! From visits to Salmon Hole in Burlington, to fossil collecting at Lessor's Quarry in South Hero, to Cantilever Rock on Mount Mansfield to the Champlain Thrust Fault at Lone Rock Point in Burlington, these young scientists have experienced the excitement and beauty found in Vermont's rocks and geologic history.

Enjoy their photos and poetry and share in some of their learning for yourself!

An Ode to Fossils: Dig up the Past

(Written by a Team Velocity student following a fossil collecting trip.)

Verse 1

Ancient creatures imprisoned in stone Some miles from their homes Just want to be freed from their tombs Millions of years go by before they are found Don't let them fade away Make them stay

Dig up the past Dig up the past Dig up the past Make them last Have a blast

Don't forget the debt you owe them

Verse 2

Make your mark on the stone full of bones Every fossil has a story behind it Some shine in the sunlight Others love the night Share these secrets with the world

Dig up the past Dig up the past Dig up the past Make them last Have a blast

Don't forget the debt you owe them

Verse 3 Treat them well and you'll be swell Bring your friends over the bend and dig up the past Make them last Have a blast Dig up the past



Team Velocity students collect fossils at Lessor's Quarry in South Hero.



Team Velocity students on top of Cantilever Rock on Mount Mansfield at Underhill State Park.



Team Velocity students on the shores of Lake Champlain at Lone Rock Point in Burlington to view the Champlain Thrust Fault.

Winooski Students Participate in a Conversation About Race

By Bill Clark, High School ELL Teacher

"When was the first time you became aware that you had a race?" That question led off a powerful discussion among students from Winooski, Burlington and Mount Mansfield Union High Schools and the University of Vermont on Thursday evening, October 11th.



Chandra Luitel and Bimala Bista were just two of the participants at the October meeting. The students sat in an inner circle, described by meeting facilitator Dr. Stacey Miller as a "powerful and ancient communication tool"—with community members, teachers, and administrators seated around them.

"The candor, bravery, honesty, and articulation that the students practiced in sharing their experiences and feelings was truly overwhelming," said Vivian Mason, the co-founder

of Conversation on Race Now (CORN) group. "They represent the future of our world, which will be a much better place if students like these will lead us."

Students addressed questions about what aspects of living in Vermont they considered difficult and how adults could better support them as they "navigated conversations about race." Dr. Miller began the discussion by acknowledging the interest in cultural issues and reminded the audience of the power of the "talking circle," which gives everyone in the circle a chance to talk. This technique reflects a deep cultural tradition to achieve consensus, especially among native tribes sitting in council. She reminded the students to "breathe deeply" during the break between questions and then handed the "talking stick"—in this case, the microphone—to a student.

The Winooski High School students included seniors Bimala Bista, Chandra Luitel, Aminah Maalim, and junior Ahmed Malawia. Claudine Nkurinzizaa (Winooski HS, 2012) also participated.

Dr. Miller, the President and Managing Partner for the Consortium for Inclusion and Equity (CIE), helps address intercultural and multicultural issues for businesses and educational institutions.

Channel 17 recorded the discussion and will broadcast it later this fall. See <u>http://www.cctv.org/watch-tv</u> for additional information or contact CORN co-founders Vivian Mason and Susan Linskey at <u>vhm8446@gmail.com</u>.

Remember to Save Your Box Tops!



Last year, we made over \$1,200 by mailing back boxtops you clipped and had your children bring in. It's an easy way for

us to earn money for field trips and supplies that are needed throughout the year. So 'em coming... and thank you!



Middle School JiuJitsu Competitors in April 2012

Come to the JiuJitsu Tournament! Support our Students!

Come to the Vermont Open Grappling Championships on **Saturday, November 3**, enjoy a snack at Winooski Middle School Team Velocity's concession stand, and support our middle and high schools' martial arts programs by doing both!

Once again, Winooski Educational Center is the location for the Vermont Open, a major Jiu Jitsu tournament that draws athletes of all ages and experience from across New England and Quebec. Winooski middle and high school students will also compete, and have been training for this tournament with Sensei David Quinlan of Martial Way Self-Defense Center as part of Winooski's CCLC Afterschool Programs. While at the tournament, get a bite to eat. Pick up home-baked cookies at the bake sale. Buy a raffle ticket. Make a donation. With your purchase, we can continue to offer martial arts programs, such as JiuJitsu and Bushintai Do, to Winooski students! **The tournament begins at 10:30 a.m. See you on November 3!**

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

With cold/flu season upon us please make sure to continue to reinforce good habits by having your kids wash their hands frequently, sneeze into their sleeve or use a tissue. Flu vaccinations are now available at local provider offices. Please check with your child's provider to see if a flu shot is right for your child.

JFK parents-please make sure to pack extra clothes for your students. We are extremely limited on clothing here in the health office and would appreciate any donations in children sizes 5t-10. Thank you!

Tooth Tutor Update

By Diane Polson, RDH

Tooth Decay: BACTERIA in the plaque in your mouth turns food on your teeth into ACID. This acid destroys the tooth's enamel and after repeated attacks, the tooth decays. FLOSS, Brush and see your Favorite Dentist regularly!

COMMUNITY NEWS

Planning Commission Seeks Your Input

By Seth Gillim, Maple Street

Have you ever wondered: What is Winooski going to be like in twenty years? What will our built environment be like? How will our neighborhoods feel? The Winooski Planning Commission is a group of citizens that meets at City Hall on the second Thursday of each month to address these issues.

The Planning Commission has two main tasks: re-writing the Municipal Plan and making sure the zoning ordinance is up to date. As a volunteer commission, we cannot make changes to city regulations on our own – changes must be approved by the Mayor and Council - and all of our meetings are open to the public.

Highlights from last year include amending zoning bylaws to allow Winooski residents to live in an



accessory (or "Mother-in-Law") apartment and rent out the main part of the residence. This will allow many of our aging homeowners to stay in their homes while earning a

rental income. We have also written provisions that allow certain commercial properties in residential districts to be converted to residences. This has already resulted in the redevelopment of the old Children's Aid building on Weaver Street into a very nice 4-unit apartment building.

In November, we will be holding a "Plan Winooski" community workshop to draft a set of 8-10 principles that will guide the re-write of zoning and the Municipal Plan. Stay tuned to Front Porch Forum for more information.

WCSPC News

Please join us for our annual holiday community dinner on November 14, Wednesday! This event will take place at Winooski School District (this is *different from our usual community center location*). Dinner will be served at 5:30. We are looking for donated turkeys, preferably that people cook ahead of time. If you can donate a turkey (or other holiday-items, from any of the various holiday traditions we all have), please contact Kate Nugent, 655-4565, or kate.winooskicoalition@gmail.com. There will be no dinner in December. Please spread the word. If you are a senior citizen Winooski resident and need transportation to the event, please contact Jim Ward at the Winooski Senior Center (802) 373-1955.

Also, the Winooski Coalition's annual meeting will take place on November 7, from 6 to 7 PM, at the O'Brien Community Center. This is the meeting at which we elect our officers, as well as other project-related business.



Community College of Vermont (CCV) Winooski News: New Staff Spotlight

By Amy E. Stuart, LiCSW, Coordinator of Academic Services Advisor, Johnson State College External Degree Program Registration starts November 5th www.ccv.edu (802) 654-0505

Did you know that 53 Winooski High School graduates are college students at CCV Winooski?

And, did you know Winooski High School students could find out what college is like for FREE?

If you're a high school sophomore, junior or senior, you may register now for Introduction to College Studies (ICS). It is a free, weekly class scheduled for late afternoons so it doesn't conflict with high school classes! And, if you pass ICS, you get a voucher (worth \$700) to take a college course for FREE - as long as funding lasts. For more information, please call 654-0505 or check out our website http://gotocollegevt. org or our Facebook page http://www.facebook.com/ ccvics?v=wall&ref=search

Need a job? Want a better job?

The Governor's Career Ready Certificate (GCRC) is a class that helps people:

- improve your skills to get a job
- · Improve your skills to enhance your career plans
- Compare your skills to those needed for different jobs
- Earn a recognized credential

Free to participants, the GCRC is state-funded and will be offered at CCV Winooski on Wednesdays and Fridays, 11:45 am – 2:45 pm from February 6th through April 12th 2013

For more information please call Amy E. Stuart at 654-0542 or read our website <u>http://www.ccv.edu/careerreadyvt</u> and complete the online application.

Senior Citizens Only!

Any senior (aged 65 years or older) has the opportunity to **take CCV classes tuition free**. Make bowls and cups in **Ceramics I**, or read and write about stories in **Mythology** or get on stage in **Acting I**. Choose from any of our courses! Just complete CCV's online application, call or come into our center to complete a paper application; then, register for classes!

Everyone is invited so please join us for our 3rd Annual Empty Bowls Dinner

- Thursday, November 15th 5:00 pm 7:00 pm at CCV Winooski
- Suggested donation \$5 for a handmade ceramic bowl, soup and bread
- Proceeds to benefit Hunger Free Vermont

Winooski YMCA **Programs:**

Tiny Tots - (Ages 1-2.5) —Meet new friends and burn up energy in this active class filled with dance, music, games, tumbling and more. Thurs. 11-11:40 am starting Nov. 1st for 7 weeks. \$40 for members/ \$60 non-members.

Busy Bodies -(Ages 2.5 - 4) — Ballet, improvisational dance, gymnastics and yoga. Parents are welcome to participate. Thurs. 10-10:45 starting Nov. 1st for 7 weeks. \$45 members/\$65 non-members. **Beginner Ballet** – (*Ages 3-5*) — A great first class for your budding ballet star. Saturdays 10:30-11:15 starting Nov 3rd for 6 weeks (No class on Nov. 24) \$40 members / \$60 non-members. **Ballet II** – (*Ages 4-5*) — Your child can take their next steps into the exciting world of ballet. Sat. 11:30-12:15 starting Nov. 3rd for 6 weeks (No class on Nov. 24). \$40 members / \$60 non-members. **Ballet III** – (Ages 6-8) — This class is for the young dancer who is ready for more advanced dance moves while studying proper technique. Children enrolling in this class should have taken ballet before. Saturdays 12:30-1:30 starting Nov. 3rd for 6 weeks (No class on Nov. 24) \$40 members / \$60 non-members. **Hip Hop** – (Ages 5-9) — This class is for

the child who is dancing every time the radio comes on! Each child will work in groups and individually to design and choreograph their own dance routine. Saturdays 1:45-2:45 starting Nov. 3rd for 6 weeks (No class on Nov. 24). \$40 members / \$60 non-members.

Autumn Adventure Camp - (Ages 5-12) — Our two-day Autumn Adventure Camp offers your children a full day of theme based fun activities. Sign up for one or both days! October 18 and 19, 8am-6pm. \$35 per child per day.

Corporate Dodgeball League — Come down and blow off some steam with vour co-workers after the long work week! Games will be 6 vs 6 with official dodgeball rules. Teams will all represent surrounding area businesses and will play once a week. Fri. 6 pm- 8 pm starting November 2nd for 7 weeks. \$125/team (up to 10 players), 18 & up, coed.

Further information is available by calling the YMCA at 802-655-9622 or stopping in at 32 Malletts Bay Avenue.



Do You Know Us?

We are the **Winooski Community Partnership.** The WCP is committed to a long-term comprehensive growth and revitalization effort and seeks to make Downtown Winooski a better place to live, visit, work, shop, do business, dine and be entertained. There are many opportunities for community members to become involved.

Thurs., Nov. 1

Chicken or Cheese Quesadilla

Fri., Nov. 2

Italian Pasta

Join a WCP Committee: The WCP consists of a volunteer Board of Directors and four committees. Each committee has a special charge for a portion of the WCP mission and downtown project work. The committees are made up of board members and volunteers. Become involved; choose from Organization, Economic Development, Promotion & Design.

Check our web site for more details: downtownwinooski.org. To contact us: info@ downtownwinooski.org.

ELEMENTARY SCHOOL LUNCH MENU — NOVEMBER

DAILY BREAKFAST OPTIONS:

Choice of milk served with all complete meals: Low-fat White & Low-fat Chocolate

AVAILABLE DAILY

*Hoagieville Deli Sandwich *Garden Fresh Salad Bar *Cabot Yogurt Parfait & String Cheese *Vegetarian Options *Farm Fresh Milk *Assorted Juice & Fresh Fruit

PRICES:

Breakfast Regular \$0.85 Reduced \$FREE Adult \$1.75 Lunch Regular \$1.75 Reduced \$0.40 Adult \$3.25 Beverages Milk \$0.50 Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: www.abbeygroup.net/ lunch/prepay

(Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily)			Chicken or Cheese Quesadilla on Soft Flour Tortilla	Italian Pasta Bake	
	Monday: Sausage/Cheese on English Muffin Tuesday: Hearty Fruit-filled Muffin Wednesday: Ham & Cheese on Bagel Thursday: Whole Grain Breakfast Bar		Brown Rice Pilaf Warm Black Beans Steamed Peas	Fresh Carrot Sticks Hummus Dip Dark Green Garden Salad Wheat Bread Slice	
		akfast Burrito with		Fresh Fruit Hood Milk	Fresh Fruit Hood Milk
	Mon., Nov. 5	Tues., Nov. 6	Wed., Nov. 7	Thurs., Nov. 8	Fri., Nov. 9
	Teriyaki Chicken Strips	Pasta Bar Spaghetti or Macaroni w/Meat Sauce or Cheese	Homemade Cheese or Veggie Pizza	Chicken Fajitas Chicken, Sautéed Onions & Peppers, Soft Flour Tortilla, Salsa, Cabot Sour Cream	Waffle Sticks w/ Warm Syrup
t	Lo Mein Noodles Sautéed Cabbage Fresh Broccoli Sprigs	Side Salad Garlic Bread Stick	Side Caesar Salad Fresh Carrot Sticks Hummus Dip Taste Test Roasted Potato Wedges	Rice Pilaf Warm Black Beans Steamed Corn	Scrambled Eggs Sweet & White Home Fries Green Pepper Strips Happy Birthday 100% Fruit Juice Shape Up
	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk
	Mon., Nov. 12	Tues., Nov. 13	Wed., Nov. 14	Thurs., Nov. 15	Fri., Nov. 16
	Dress Your Own Hot Dog	Localvore Day Hearty Harvest Macaroni & Cheese	Homemade Cheese or Veggie Pizza	Holiday Meal Oven Roasted Turkey	Taco Bar w/ The Works Seasoned Taco Meat, Shredded Cheese, Lettuce, Salsa & Soft Flour Tortilla
	Marinated Tomato Cucumber Salad Baked Beans	Roasted Local Zucchini Sticks	Chopped Green Salad Roasted Broccoli	Chef's Mashed Potato w/Gravy Steamed Peas Chilled Cranberry Homemade Dinner Roll Festive Dessert	Rice Pilaf Rainbow Slaw
	Fresh Fruit Hood Milk Mon., Nov. 19	Fresh VT Apple Hood Milk Tues., Nov. 20	Fresh Fruit Hood Milk Wed., Nov. 21	Hood Milk Thurs., Nov. 22	Fresh Fruit Hood Milk Fri., Nov. 23
	No	No	No	No	No
	School	School	School	School	School
				TRANSFORMED BAY	
	Mon., Nov. 26	Tues., Nov. 27	Wed., Nov. 28	Thurs., Nov. 29	Fri., Nov. 30
	Fish N Chips Fish Sticks & Potato Wedges	Spaghetti w/ Meat or Garden Marinara Sauce	Homemade Cheese or Veggie Pizza	Chicken or Cheese Quesadilla	Waffle Sticks w/ Warm Syrup
1	Roasted Potato Wedges Fresh Broccoli & Carrot Salad Zucchini Muffin	Chopped Green Salad Garlic Bread Stick	Fresh Carrot Sticks Hummus Dip	Brown Rice Pilaf Warm Black Beans Roasted Zucchini Taste Test Autumn Harvest Salad	Sausage Links Sweet & White Home fries Celery Sticks
	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk	Fresh Fruit Hood Milk

PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/ schoolmenus. You can also learn about options for managing your child's account at the website.

Newsletter of the Winooski School District

Winooski School District 60 Normand Street Winooski, VT 05404

POSTAL PATRON *****ECRWSS** WINOOSKI, VT 05404

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Winooski Middle and High School

Principal: Leon Wheeler 802-655-3530 Iwheeler@winooski.k12.vt.us

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Mission Statement

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

About Our District

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 398 students attending JFK Elementary (grades PreK-5), 156 attending Winooski Middle School (grades 6-8), and 250 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@winooski.k12.vt.us.

www.wsdschools.org