

Celebrating Our Achievements!



Train Show Coming Down The Track!

The **18th Annual Winooski Scholarship Train Show** is on track to occur on December 3, 2011 at the Winooski Educational Center from 10 AM to 3 PM. The center is just south of Exit 16 on I-89 on Main Street. The show will feature operating layouts in a variety of gauges, books, videos, railroadiana, toy train dealers, a food concession, and displays. This annual event raises money for the Winooski Dollars for Scholars program. Adult admission is \$5, Ages 6-12 pay \$1.00 while children under 6 are FREE when accompanied by an adult. The Senior class will run a concession and a 50/50 raffle. This event is fun for young and old alike. Join us, contribute to scholarship, and have a great time. For information, call John J. Malcovsky at 862-7634 (H) or 655-2555 (W).



On To The Finish Line

By Katherine Jennifer Helm

Our deadline to complete the final packet for the multi-million dollar school transformation grant from Nellie Mae was October 31, so now we are waiting to hear. Over the last month we have hosted two site visits, one from the Nellie Mae Education Foundation (NMEF) and one from the Educational Development Center (EDC). Both visits provided additional information to the NMEF evaluators regarding the merits of our application. To remind you, we are one of seven applicants where four will be chosen to proceed forward with their proposal.

On Wednesday, October 5, 2011, 125+ people met at the O'Brien Center to discuss the future of education in Burlington and Winooski. Students, teachers, parents, community leaders, business leaders, school board members along with city and state politicians attended this first of many community forums to participate in the collective dialogue of how schools need to change to meet the needs of students, their families and the future goals our young people.

This event overflowed the O'Brien Center, which was wonderful, as it shows the number of people willing to roll up their sleeves and get to work on the transformation process in our schools. The road to transformation will be lengthy and time consuming, but many hands will make the transition smoother and that much more collaborative. This process is in part to make education relevant for our students, so let's model that relevance and find a part to play in the transformation process. If you were not at the O'Brien Center, watch for the next community meeting and/or contact Katherine at jhelm@winooski.k12.vt.us to offer your services.

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PTO Craft Fair

The Winooski PTO is proud to announce that our 29th Annual Craft Fair will be held Saturday Nov. 19th from 9-4. If you are a crafter or know of someone who would like a space, call the PTO Craft Fair Chairperson, Melanie Nattress at 655-1616 or email her at nattress96@comcast.net. Only a few spaces left!



Parent Teacher Conference Reminder!

Parent Teacher conferences will be held on November 21st, starting at 7:30 a.m. Please remember to schedule a meeting time with your child's teacher. There is no school that day for students.

NOTES FROM THE CENTRAL OFFICE

Superintendent's Message

By Mary Martineau, Superintendent of Schools

Thank you to everyone who attended the Nellie Mae Stakeholder Meeting on October 5th at the O'Brien Community Center! The evening provided an opportunity for community members, parents, teachers and students to have a voice in the final draft of the grant. As mentioned in previous District News articles, the Burlington and Winooski School Districts have collaborated with community partners to write a grant focusing on student centered learning. The final grant application will be submitted on October 31st.

We have begun the initial phase for the District's 5 year Strategic Plan. A Steering Committee has been formed to organize the community forum. Because the City is also developing a strategic plan, we will work collaboratively with them by combining the community forum. The forum will take place in November or early December. Please check the District's website and the Front Porch Forum for meeting notices. The focus for the school will be on values and beliefs with regards to education, as well as an assessment of strengths and challenges ahead.

The FY 13 budget will be developed in November and December. Meetings are scheduled for November 28, November 30, December 5 and December 7th. The Board will adopt the FY13 budget on December 14, 2011 at their regularly scheduled monthly meeting. All community members are welcomed and encouraged to attend the budget meetings. In addition, those interested in serving on the budget advisory committee should contact Sandy Metivier in Central Office at smetivier@winooski.k12.vt.us.

Parent/Teacher Conferences November 21

Teachers in all three schools look forward to meeting with parents beginning at 7:30 am on **Monday, November 21** to talk about your child's progress at school to date. This is change from our usual early October date. There will be no classes scheduled that day.

Save The Date for The Sound of Music!

Coming soon to the Performing Arts Center: "The Sound of Music" will be performed by a very talented group of middle schoolers on Friday, November 11th. Show times are: 9:00, 10:30, 12:30, and 7:00pm. Admission is free and all are welcome!

Magazines Needed

Winooski High School is looking for donations for collage projects in the art room. Any magazines will do — they just need to have lots of pictures for students to cut out.

Magazines can be brought to room 214 or left in the Middle School/High School office. Thank you!

Greetings Sports Fans!

Check out www.wptz.com for their Plays of the Week. In mid-October, the #1 play happened to be Cody Hemingway's awesome catch in the Spartans' win over Montpelier! Congratulations to the Winooski Spartans for a great season.

Please join us at CCV for the 2nd Annual Empty Bowls Dinner



DATE: Tuesday, November 8th

TIME: 11:00 am – 3:00 pm

COST: \$5 minimum donation

WHERE: Sadie White room (108), CCV
All proceeds will benefit the Vermont Farmers Disaster Relief Fund.

ANNOUNCEMENTS

International Walk to School Day (IWALK) a huge success!

by Barb Pitfido, Volunteer

Hundreds of Winooski students, teachers, administrators, and parents joined the world as we walked up the Main Street sidewalk in a parade to celebrate International Walk to School Day on October 5th.

Thanks to the Winooski Police, JFK teachers and staff, the Winooski Coordinated School Health Team and Local Motion for their support.

We walked for safer and improved streets, to promote healthier habits, to conserve the environment, and because it was fun! International Walk to School events encourage a more walkable world – one community at a time! This is the 6th year Winooski has participated in the walk.

Find out more at www.iwalktoschool.org, www.localmotion.org and www.saferoutesinfo.org

IWALK by the numbers:

- 54 schools participated in Vermont
- 5,000 schools participated nationwide
- Over 3 million walkers participated from over 42 countries around the world



Project Graduation:

First Fundraiser a Success!

By Tammy Cusson-Ducharme

On Sunday, October 9th, 13 seniors from the class of 2012 helped to raise \$559.33 at Wal-Mart in Williston. These seniors either baked items for the bake sale, solicited money for the coin drop or both! Thank you to the parents who showed up in shifts throughout the day to lend their support and or baked items for the bake sale. A special thank you to the parents who helped out at Wal-Mart and or baked items for the sale who do not even have a senior this year. Once again this shows how wonderful and helpful the Winooski Community is!

Next Fundraiser Coming Up!

On **Saturday, November 19th** the PTO will hold its 29th Annual Craft Fair. The PTO has generously agreed to allow Project Graduation to hold a coin drop as shoppers exit the parking lot. If you plan to attend the Craft Fair (and you should!) please keep some spare change handy and drop it in one of the buckets the seniors will be holding as you exit the parking lot. Just a little spare change can add up to a lot of fun for the seniors as they celebrate a safe graduation night together.

Seniors will also be selling Chittenden County Pizza & Deli Savings Cards for \$10 at some point in November. These cards provide discounts to many places including Zachary's Pizza, Sbarro's, Kountry Kart Deli and Domino's Pizza. Please check with a senior student that you know if you are interested and haven't been asked. You may also call Tammy Cusson-Ducharme at 923-6670 and she will send a senior student your way. These cards would make great stocking stuffers!!!

Dollars for Scholars Update

By Morgan Kelner, Board President

Hi everyone. Winooski Dollars for Scholars is maintaining some of our basic foundations, but we are also ready for some changes. One event that has not changed will be the continuation of the model train show, which Mr. Malcovsky has been 'conducting' for 18 years. The train show will feature a variety of gauges, books, videos, railroadians, toy train dealers, a food concession, and displays. The categories include Garden Railroads, Model Railroad, Operating Exhibit, Railroad Memorabilia, Swap Meet, Toy Train / Collectible Show, Train Show and Sale. This event is fun for young and old alike and family orientated. The train show will be held on Saturday 12/03/11 from 10 AM-3PM in the Winooski gym. This annual event raises money for the Winooski Dollars for Scholars program so please come out to this fun event and support DFS at the same time. ...And thank you Mr. Malcovsky.

One of the changes that Dollars for Scholars is considering is moving the date and location of our calcutta, so that we won't miss all the people who go away in the summer. Stay tuned ...and we'll let you know once we've investigated some options.. We're also hoping to involve high school students and businesses more extensively in some new fundraisers. At this time Winooski Dollars for Scholars will not meet again until our Awards Ceremony in January.

Don't forget — we have scholarship money available for Winooski Middle and High School students who are interested in attending educational conferences, courses and events. Please see Marc McQuinn at the high school to apply. Although we are not meeting regularly this year, we are still very interested in having you be part of our organization as we regroup and transform. Please call 655-4184 if you have a skill, idea or some extra time to support the mission of Winooski Dollars for Scholars in providing scholarship money to Winooski students.

Attention, Seniors!

Would you like to have your Senior yearbook photos taken for a very reasonable price? The WHS French Club is offering a special deal to WHS Seniors: an individual 1½ hour photo session for only \$45. And you will receive a DVD with all your photos. Various locations are possible.

If interested in scheduling a session, contact Madame Saffo in Room 121, call 383-6195 or email vsaffo@winooski.k12.vt.us.



The WHS French Club is offering a special deal to WHS Seniors: an individual 1½ hour photo session for only \$45!



STUDENT OF THE MONTH: Driver's Education

By Richard Lansing

Kyle Bigelow was selected Student of the Month (September) for Driver's Education and was presented a certificate in class. He was selected for the following reasons: being punctual, showing respect for others in class, completing assignments, having a good attitude while behind-the-wheel. Congratulations, Kyle!

K-8 News

By Mary O'Rourke, JFK Elementary and Middle School Principal

On November 3rd, John F. Kennedy Elementary School will have an open house. We will begin the evening at 5:00 p.m. with dinner in the cafeteria, which will be free. At 6:00 p.m., we will then move to classrooms. Students will be participating in explaining how their engines run. Grade levels are now working with their students to plan the program that will be presented to the parents. It should be an informative evening. We hope you can join us!

The NECAP science scores have arrived. Our fourth- and eighth-grade students took the assessment in the spring. Twenty-six percent of our fourth grade students were proficient. This is a drop from the last two years of 40% and 43% respectively. As a result of this, as an elementary staff we are working on improving our scores. We will begin to examine the text we use during science to ensure that the material is at a higher level. We are looking at our assessments and will align them to the grade expectations (GEs). Eleven percent of our eighth grade students were proficient which is an increase of 7%. While this is an increase the scores are still not acceptable. At the middle school, we will be following the same plan as the elementary teachers. We all recognize we are working hard, but also realize that we need to reevaluate what we are doing in order to make the improvements that are necessary. Our goal is that all students will be successful.

NECAP Science Score Results — Grade 4

Year	Proficient with Distinction	Proficient	Partially Proficient	Substantially Below Proficient
2007	0%	20%	39%	41%
2008	0%	40%	38%	21%
2009	0%	43%	30%	28%
2010	0%	26%	43%	31%

NECAP Science Score Results — Grade 8

Year	Proficient with Distinction	Proficient	Partially Proficient	Substantially Below Proficient
2007	0%	9%	38%	53%
2008	0%	6%	54%	40%
2009	0%	4%	51%	45%
2010	0%	11%	43%	47%

Super Science

By Mag Thomas, K-8 Afterschool Academic Coach

On Tuesday afternoons, there are a group of J.F.K. students who become “scientists” for an hour! They perform different hands-on experiments each week with Ms. Osha. The students are learning how and why things work. They are working together to solve the mysteries of science. So far they have made a Fizz Inflator; grew crystals; and made a paper clip float. Each week the students are excited to find out what new experiment they are going to be doing!

Here are some quotes from the “scientists” about Super Science:

- “It is very fun and we do cool stuff!”
- “It is fun and exciting!”
- “It is always a surprise of what we are doing!”
- “I didn’t even know a paper clip could float!”
- “I like doing the experiments and working with the others.”
- “It is really fun!”
- “I love Science!”



“Brains Can Change for the Better or for the Worse”

By the Jensen Group*

This is a quote from Eric Jensen and has become part of our everyday thinking. Since the beginning of school this year, we have started giving kids options in the morning to go to different classrooms that focus on movement, activities, and quiet time. This is tied to the work teachers are doing with *How Does Your Engine Run* and to the new learning we have had around the Eric Jensen conference.

On **November 3rd**, K-5 will be having an **Open House** where parents will have the opportunity to learn more about what these morning activities look like and more about what it means to have a “Just Right Engine”. During the school day, teachers are continuing to implement the strategies that they learned at in-service and that they learned from the conference. With the “engine” piece and what they have learned from Jensen there is a connection, which is changing the state the kids are in. The goal is to change their state from tired or too much energy to one of curiosity and hunger for learning more. The Jensen group is looking forward to sharing more information that they learned at an October staff meeting. In closing, we will share another key quote from Jensen: *Stop telling children to pay attention and start showing them how to do it.* If we want children to learn, we have to model for them what we expect.

* The Jensen group is comprised of district teachers and staff: Mag Thomas, Stefanie Hamble, Jen LaPointe, Jacie Knapp, David Muir, Deb LaForce, Casey Hogan, Regan Charron, and Nancy Timbers-Devost.

Curriculum Coordinator's Report

By Stefanie Hamble

With the fall NECAPs completed and the rest of the year ahead of us, we are looking forward to implementing more new learning and continuing the work that we have started. The K-5 teachers have had two successful late start days, working with vertical teams in their Professional Learning Communities. On the teams they are able to bring data from their classrooms and receive feedback from their colleagues on possible next steps and what is going well. In the middle school, they are continuing their work with technology and trying out new things in the classroom. Two teachers attended a One to One workshop in September where they learned about other schools' experiences and a variety of ways that they can bring different aspects of technology into the classroom. They continue to share these with their colleagues and the work that is happening is great for developing the 21st Century Skills. In the high school, the teachers are continuing their work with Bill Rich and Joey Hawkins in the areas of Writing and Assessment. The focus for their work with Bill and Joey is building common assessments. Overall, we are looking forward to a productive year ahead and remember to celebrate the learning, success and excitement of the kids everyday!



Reading in First Grade

By Nan Johnson




Our goal, as first grade teachers, is to create a class of lifelong readers. We love to read and we really want the children to love it too! One of our favorite things is when a child comes up to us, all excited about a book they have just discovered. Hooray for books!

We read throughout the school day in first grade. One of the very first things the kids do when they walk in is check out our mystery word of the day. This is a no-excuse word which we will work on through the week. Next, we have morning meeting with a morning message. The message contains words and sounds that we have been working on. Next up, read aloud or community reads. During read aloud, we read books that are at a higher reading level than the children can read. We then use the text to work on comprehension strategies. On community reads days, we all read grade level text together. We often work on a phonics skill and word attack strategies.

We also use read alouds during writing, science, and social studies. A book is often a great way for children to be introduced to a new topic. Throughout the year, we will also learn the differences between fiction and nonfiction texts. Nonfiction has many different conventions which the children will explore.

Every child is in one reading group, some children get a second dose with our reading support teacher, Miss Bushey. Children are grouped by their reading level and can change quite often. The first grade teachers share all the students so some students go to a different room for their reading group. The teachers give running records on a regular basis. A running record is where we listen to a student read to determine his/her reading level. Children are moved to a different group as needed. During reading groups, children are working on instructional level text and working hard to learn all the reading strategies.

Reading at home with your child is an important part of helping your child become a lifelong reader. Visit the Winooski Memorial Library and ask the librarian for help choosing interesting books, or just explore the library with your child. You can discover great books together!

Identification Strategy List	
To figure out a word:	
	Check the pictures.
f u n	Think about the sounds in the word.
? ?	Think of words that might make sense.
sat	Look for word families or other parts you know.
	Read past the puzzling word.
	Go back to the beginning of the sentence and start again.
o e i o u	Try different pronunciations for some of the letters, especially the vowel(s).
look / ing	Break the word into smaller parts.

From: Using the Interactive Strategies Approach to Prevent Reading Difficulties in an RTI Context by Scanlon & Anderson

Hooray! Thanks PTO!

The Double Starburst is here! The middle school has a new piece of playground equipment installed this fall by Kevin O'Neil. The item was purchased by the Winooski PTO and has been very popular with middle school students. Students voted last fall between seven different apparatuses and they choose the Double Starburst. We hope to be able to add several more pieces of playground equipment in the future. Thank you very much to the PTO for funding and to Kevin for all his hard work installing the Double Starburst.

JFK Guidance News

By Sarah Murphy

October Update: This month went by so fast! In the Kindergarten, First, and Second grade classes we focused on feelings. Students learned about and practiced identifying different feelings based on facial expressions and body language. In the upper grades, students learned about social skills. They spent time working on a month long project creating short stories about making and keeping friends.

Up Next in November: The Kindergarten, First, and Second grade classes will be working on problem solving. In the upper grades, students will be learning about and practicing working together in small and large groups.



1-1 Netbook Program News

By Katherine Jennifer Helm

Last week, students left school early so that the teachers could participate in professional development. The focus for the teachers this year is to learn about our students' world. Our students have never know a world without technology and are at such ease with it that it is just a natural extension of their everyday living. Some of our teachers are close enough in age to this technological generation, that they have acquired many of these skills. Others of us, however, come from a pencil, paper and textbook generation. Our professional development in the middle school will involve student centered learning with technology as a tool.

Last week we created a virtual school where teachers can upload their students and create a virtual classroom where students can complete assignments and participate in project based learning. We are in our infancy but watching the teachers maneuver around their virtual classroom, you could tell that they are all committed to learning and developing the skills to increase student centered learning through technology.

Next month I will take some pictures of students engaged in a learning activity with technology and report out on what they are doing.



Come to the JiuJitsu Tournament! Support our Students!

Come to the Vermont Open Grappling Championships on **Saturday, November 12**, enjoy a snack at JFK Middle School Team Velocity's concession stand, and support our middle and high schools' martial arts programs by doing both!

Winooski Educational Center is the location for the Vermont Open, a major Jiu Jitsu tournament that draws athletes of all ages and experience from across New England and Quebec. Winooski middle and high school students will also compete, and have been training for this tournament with Sensei David Quinlan of Martial Way Self-Defense Center as part of Winooski's CCLC Afterschool Programs. While at the tournament, get a bite to eat. Pick up home-baked cookies at the bake sale. Buy a raffle ticket for a Starbucks' Gift Basket. Make a donation. With your purchase, we can continue to offer martial arts programs, such as JiuJitsu and Bushintai Do, to Winooski students! **The tournament begins at 10:30 a.m. See you on November 12!**

Team Fusion Visits Sterling Pond



On October 10th Team Fusion hiked to Sterling Pond on Mount Mansfield. The Sterling Pond hike is short but steep with plenty of beautiful scenery. The team was lucky to have perfect hiking weather as well as foliage near its peak.

Some students thought the hike up was difficult but most agreed that it was well worth it to be able to enjoy the views of the pond. While at the pond students fished, explored, relaxed and ate lunch. Most students continued to hike up to the top of the Sterling Lift at Smugglers Notch to take in panoramic views of the surrounding areas. Overall it was a fantastic field trip!



HIGH SCHOOL HIGHLIGHTS

Possibilities

By Justin Brown, Principal

*"I used to ask what's wrong and how can we fix it.
Then I realized the right questions were:
'what's possible?' and 'who cares?'"*

— Marvin Weisbord

I came across the above quote during some work on the Nellie Mae project. As we were doing work on that project, the statement resonated with where Winooski High School is. Our teachers, students, their families and our community have so much to offer and we need to remember what is possible.

First, I want to thank the community and students for a great and productive fall assessment session. Students at all grades were encouraged to do their best throughout. Each day we raffled off prizes for students who demonstrated drive, perseverance and thoroughness on their assessments. Prizes included flash-drives, head-sets, MP3 players and a grand prize of a net-book.

We are preparing our students for the modern global economy. We are the most diverse school in the State of Vermont. Though context alone, we are preparing our students for the global economy. We are also unique in that we are a K-12 building. Due to its size, our High School offers a guaranteed meaningful personal connection with at least one adult for all WHS students.

We have made some strong initial connections with leaders from different communities who send their children to Winooski High School. This fall we have begun to hear more and more clearly that we share the expectation that students graduate with real, practical skills. Our common working understanding of 21st Century skills is as follows:

- Literacy
- Inventive Thinking
- Interactive Communication
- Quality

We value in-class and beyond class learning: This fall, we have refined our student council structure to take a more active approach for all members. All students in student council have been involved in setting action plan goals for a multitude of projects ranging from service learning to an all-staff/student soccer game (coming to a field near you in November). We also have students in an array of technical, college, and employment learning situations throughout the area.

On October 31, 2011, we celebrate Halloween and we also will have submitted our grant application for the Nellie Mae Educational Foundation. Those of us who have been working on the grant process (both Burlington and Winooski schools and community partners) have committed to the work presented at the October 5 community forum regardless of whether we get funded or not.

Please be in touch with any questions, comments or concerns. You can reach me at jbrown@winooski.k12.vt.us.

French Club Visits Seniors

Bonjour tout le monde! The French students at Winooski High School recently had the opportunity to begin what they hope to be a long relationship with the French speaking residents of Our Lady of Providence. The fourth year French students arrived with croissants and Brie to share with their new friends as



they conversed in French. The students spent about forty minutes discussing the “Glogster” projects which they brought to share and discuss. The ladies at Our Lady of Providence were extremely gracious hosts and offered very valuable input on the projects. Several of the ladies were former teachers and clearly enjoyed the opportunity to help the students improve their speaking skills.

In coordination with Kim Ead, WHS Community Liaison, and the staff at Our Lady of Providence, Madame Saffo's French students will make monthly visits to the local nursing home to gain authentic conversational practice. Winooski has a significant French history and cultural influence. This relationship will help the students to grow to understand this first hand as they continue to have conversations with some of the residents who were born in Winooski and lived their entire lives in this city. Many of these students have family members with French influence and will be able to make personal connections.

This community project is particularly relevant to the students because many of them are planning to participate in an exchange program with students from Rouen, France. The students from Rouen will come to Winooski in April to stay with Winooski families. In June, the WHS will travel to France to visit those families and put their French language skills to the test. The practice with their neighbors at Our Lady of Providence will surely prove to be invaluable.

The French students are in the process of organizing a French club and would be interested to hear from any members of the community interested in coordinating for French speaking opportunities. You can reach the group via email at: vsaffo@winooski.k12.vt.us. Merci beaucoup!



Class of 2012 Updates

By Courtney Poquette

As a senior advisor, I am thrilled to be working with such a fantastic group of seniors and can not believe how quickly the past four years with this group has gone by. Senior year is a very busy one, but despite all the extra pressures on students I was excited to see



Cody and Hunter take on updating the school's electronic message board as their action project.

nine students arrive at school early during testing week to begin planning all of the events that will take place this year.

They worked with myself and our three other class advisors, Veronica Saffo, Jessica Bruce, and John McKelvy. We broke into groups and discussed plans for graduation, senior class breakfast, senior class trip, as well as senior class gift. The students had come with a lot of great ideas and had surveyed the whole class to make sure they had all students input. It was a pleasure to work with these students and I hope to have more students from the graduating class get involved. Please talk to me or one of the other senior advisors on how your son or daughter can help.

Student Council Update

By Rebecca Spittle, Student Council President

This year in Student Council we meet as a group every Tuesday during club time. Student Council is organized differently this year. Instead of working together on one single project as a large group, we have set up smaller sub groups that work on many different kinds of projects every week. Some of these projects are year long projects and others are going to be completed much more quickly.

Each group had to fill out an action plan that outlined their future plans for their projects. In these action plans students determined what steps they need to complete their project, the resources they need, and how their project will benefit Winooski High School or the community. Many members of student council are working hard on their projects. We have started planning the student faculty soccer game, researching ideas for upcoming fundraiser, and many other projects. We look forward to continuing to improve our school and our community. If there is a need that we can assist with, please e-mail us at studentcouncil@winooski.k12.vt.us.

Finding a Job

In Personal Finance students cover a wide range of topics from managing their time to investing for retirement. One of the topics we covered recently was "Finding a Job." In this unit, students researched a career, searched for jobs online, wrote a resume and a cover letter and then had the opportunity to interview with human resource managers from the local community. Volunteers Chesley Schamroth and Jessica Sabick from Vermont Energy Investment Corporation and Jabez Boyd from mywebgrocer joined us for a class in which they interviewed students then provided them feedback on how they could improve. It was the first time doing such an activity in this class and despite students being a little nervous, they did really well and provided great feedback on the value of this activity.

- "The best part of the interview was being critiqued so I could improve in future interviews."
- "It was really great to think about what my strengths and weaknesses are."
- "The best part of the job interview was the real life experience we got. It was face to face and that is what is really going to happen when we try to get a job and go out in the world."
- "I learned that you should ask a question about the job or company at the end of the interview, speak clearly, and say thank you to your interviewer."
- "What I learned from the job interview process was never to ask how much the company pays and you need to just be calm and answer your question slowly. Just be yourself!"



Josh interviews with Jabez Boyd from MyWebGrocer.com



Miranda interviews with Jessica Sabick



Austin completes his interview with Chesley Schamroth



Thank you to Rebecca, Bethany, Miranda, Brittany, Claudine, Connor, Katie, and Shelby. Missing: Devon Rollins



Meet the Afterschool Support Team!

Mag Thomas, (K-8 Academic Coach), Melissa Richard, (JFK MS Afterschool Coordinator) and Kaitlin Moran, (WHS Afterschool Coordinator), ensure that our 21C afterschool programs are of the highest quality and run smoothly every day. Thank you Mag, Kaitlin, and Melissa!

Save The Date!

By Lindsey Lathrop

The Learn to Earn Program is coming to Winooski High School again



this year on November 18th for the 9th and 10th grade students. This program gets students onto Saint Michael's College's campus for a eye-opening career event. Students are able to choose 2 back-to-back workshops facilitated by local business professionals around a career that they are interested in. Workshops are about 45 minutes long and include a hands-on activity that allows students to practice a skill used on the job.

We are looking for career presenters, so if you are interested in participating, please contact Lindsey Lathrop at Linking Learning to Life - (802) 951-8849 or llathrop@bsdvt.org. Learn to Earn is a program by Linking Learning to Life. For more information, please visit: <http://www.lllvt.org/programs/career-programs/learn-to-earn>.

Afterschool Academic Opportunities at WHS

By Kaitlin Moran, WHS 21C Afterschool Coordinator

It's hard to believe that Quarter 1 is almost over! Session I Afterschool Core Support programs have been overwhelmingly successful. We had many more students attend core support programs than at this time of year in the past. Students have been working diligently to master skills in Science, Math, Technology, Spanish, and Social Studies. It was great to see so many students becoming scholars!

We are pleased to announce that we will have seven offerings for Session II Afterschool Core Support. On Tuesdays from 3-4 pm we will continue to offer Technology Core Support with Ms. Poquette, Science Core Support with Ms. Bundy, and we are excited to introduce French and READ 180 Core Support with Ms. Saffo. Ms. Saffo is excited to speak French, help translate verbs, and review READ 180 lessons with students.

On Thursdays, we are introducing Instrumental Music Core Support with Mr. Argraves, Choral and Piano Core Support with Ms. Mander Adams, and continuing with Spanish / Social Studies Core Support with Ms. Basille, and Math Core Support with Ms. Mellen. Mr. Argraves will be hosting high school students in all music classes. Ms. Mander-Adams will be supporting students both with written homework completion and music theory practice and application.

Session II begins October 31st-December 16th. As always, there is no need to pre-register. Students should go right to their classroom after school and start working. Snacks are delivered and teachers are ready to help!



Ms. Bundy and Samantha in Science Core Support

A Leg Up

By Kimberly Ead

Over the last few months there have been students who have been going above and beyond the borders of the school building. They are climbing walls at the US Bouldering Championship Nor'easter Climbing Festival. Each of the four brave students climbed further than imagined, went upside down and showed determination to keep trying. That persistence is the key to tackling any challenge: be it college, job seeking, passing a class, or climbing on a championship wall.

It is about falling down- getting back up and going a little further on the next try. Other students are breaking down barriers by chatting in French to native speakers at a local nursing home. Another group is getting their hands dirty at Vermont Conservation Corp, doing high priority conservation work in Vermont's natural areas in a volunteer/internship project. All of these are key to 21st century job skills. The job market in the United States is in decline and in order to stay a step above the rest Winooski High School students are taking opportunities that will lead them into the future job market or prepare them for college.



High School Guidance Office News

By Emmy Charron, High School Guidance Counselor

As the beautiful colors of fall depart, the college application season is right around the corner! There will be a **College/ Application Information Night** for students and parents on **Tuesday, November 8th** from 6:00 to 7:00 PM at WHS (room number is TBD). Emmy from Guidance and Heidi from VSAC will be there to guide, support, answer questions and educate students and families about the college selection and application process. There will also be light refreshments served...it's a win/ win, so mark your calendars!

All seniors, regardless of their future plans should make an appointment with Emmy to discuss post secondary plans! If there is a looming college application, deadline please make sure the meeting is at least two weeks before then so all documents, letters of recommendation and applications can be ready to go in time.

In an attempt to keep students and parents informed about all the good stuff going on, I have made it my mission to keep the Guidance Calendar (also the main events calendar) on the WHS webpage as up to date as possible — so please check it out to see when college admissions representatives are visiting, when and where there are job, college or career fairs in the area, be in the know about specific deadlines approaching, and much more.

Should you ever have questions about upcoming events please don't hesitate to email me at echarron@winooski.k12.vt.us.



Students of the Quarter Honored

By Katherine Jennifer Helm

Students are recognized at the Honor's assembly that takes place shortly after the quarter ends. In September, students from quarter four of the previous year are honored. In addition to the recognition, students are invited, along with their parents, to a luncheon sponsored by the Friends of Winooski High School. These luncheons take place at Waf's Westside Deli. Being honored as a Student of the Quarter means that you have worked very hard and done your best to exemplify the kind of student that we would like everyone to aspire to.

The staff and students would like to thank the Friends of Winooski High School for their generosity in maintaining this special event.

The following students were honored on Wednesday, September 28th, 2011:

Arts and Humanities Scholarship	Kevin Pham
Social Sciences Scholarship	Mon Rai, Kyle Bigelow
Math, Science, and Technology Scholarship	Katelyn Decarreau, Christopher Fountain, Bethany Trainque, John Truong, Nick Cusson, Rebecca Spittle, Canary Ly, Hari Luitel
Special Recognition	Cara Casier
Most Improved	Ellie Speirs
Leadership	Fatuma Maalim

For WHS Girls Only!

Girls, are you looking for a comfortable space where you can study and socialize after school? Come and check out Girls Only!, which is held every Tuesday at St. Michael's College from 3:00 to 5:00 p.m. Activities are held in a house on campus where you will have access to a full kitchen, reading and study room, computers, and academic tutoring. We will match you with a female college student mentor and offer interesting and fun



classes like dancing and cooking. Great snacks will be provided each afternoon. This space is only open to Winooski high school girls. Transportation is provided from the high school to the college campus and from campus to your home. Check it out!

You will need a permission slip signed. Contact Donna Kohut at vista@winooski.vt.org or (802)655-6410 ext. 12.

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

The health office wants to sincerely thank every parent, student, administrator, staff and doctor's office for their help in updating all of our student's immunization records. A special thanks to University Pediatrics, Winooski Family Health and Community Health Center of Burlington for their patience, time and support with this matter. We appreciate all of you.

Fall has arrived and with that comes an increased need of youth sized sweatshirts, long sleeved shirts and coats. If you have any that you would like to donate to the health office, we would be grateful.

Tooth Tutor Update

By Diane Polson, RDH

Did you know your ORAL HEALTH can affect your overall health? Problems in your mouth can create problems elsewhere in your body. Researchers have found a possible link between Gum Disease and conditions like Diabetes, Heart Disease and Pre-Term low birth weight babies. FLOSS, Brush and see your Favorite Dentist regularly.

FFVP Update

by Barb Pitfido, FFVP Site Director

The Fresh Fruit and Vegetable Program (FFVP) is off to a wonderful start! So far we have served: pineapple, mini peppers, carrots, green beans, grape tomatoes, raspberries, cucumbers, navel oranges, blueberries, celery, green grapes, red peppers, honeydew melon, broccoli, sugar snap peas, and baby bok choy. Ask your kids which one was their favorite!

We are gearing up for our annual Harvest Festival. We will be featuring fresh local produce, and exploring the amazing varieties of fruit and vegetables from around the world! Students will be able to help serve and work at the festival. Sponsoring special events is one way that the FFVP helps educate students by providing interesting and alternative ways to learn about (and try) fresh fruits and vegetables.

COMMUNITY NEWS

City Strategic Planning Process

By Sarah Robinson

If we could first know where we are and what we are tending, we could better judge what to do, and how to do it. -Abraham Lincoln

This is an exciting time in Winooski. The past several years have brought increased activity and life into our downtown district, continued interest in development throughout the city, and a wide range of community building activities and events— all in the most dense and diverse square mile in the state of Vermont. We should all feel proud and eager to participate in the next chapter of our history.

Along with these exciting developments and changes come major decisions that the Council and community face together. As our City grows, we face increasingly complex decisions about our finances, city services and development. It has become increasingly obvious to the Council that we need a set of overarching values and goals to help direct our decision-making process. Decisions about budgets and development need to be made within a context – and help to move the City in a particular and intentional direction. In an effort to accomplish this, the City has embarked on a Strategic Planning process aimed at identifying and clarifying short and long-term goals for the City.

The Strategic Planning steering committee has been meeting monthly since June. Meetings are facilitated by



Deac Decarreau, our City Manager, and members include:

- John Little, City Councilor
- Sarah Robinson, City Councilor
- Mary Martineau,

Winooski Superintendent,
• Jessica Bridge, President of the

- Winooski Community Partnership
- Mike Decarreau, Winooski School Board Trustee
- Lisa Coven, Environmental Leadership Board Representative
- Donald Weikert, Planning Commission Representative

While the City is embarking on this strategic planning process, the school is also undertaking their own visioning process. We are working hard to integrate these two efforts to ensure that our planning is complimentary. In November, we will begin to hold a series of joint community forums. This will be one opportunity for community members to provide feedback on what is currently working and not working in the City – and to help craft a vision for the City moving forward.

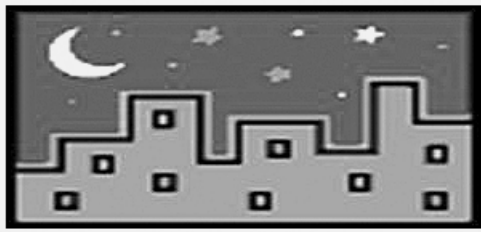
As a first step, we are asking community members to answer 10 short questions about our City. To access this survey, please visit www.winooski.org and click on the “Strategic Planning” link. Paper surveys are also available at City Hall.

Please consider completing a survey, and joining this important conversation.

Your City Officials	Email addresses	Telephone
Mayor Michael O'Brien	mayor@winooski.org	802-655-4879
Deputy Mayor Sally Tipson	sallyflower@comcast.net	802-655-3894
Councilor John Little	jlittle@winooski.org	802-655-0106
Councilor Megan Moir	mmoir@winooski.org	802-598-7922
Councilor Sarah Robinson	sarah.kunz.robinson@gmail.com	802-734-6422
City Manager Deac Decarreau	deac@winooski.org	802-655-6410

Visit the city website at winooski.org or call 802-655-6410.

Winooski Teen Center – The Underground



THE UNDERGROUND

Need free homework help? With a new school year under way, the Winooski Teen Center (located in the O'Brien Community Center at 32 Malletts Bay Avenue) is up and running smoothly. Two new AmeriCorps members, Molly Walsh and Todd Lavigne, will be supervising and leading programs at the Teen Center throughout this school year.

On Tuesdays and Thursdays from 6:00-7:30, the Teen Center welcomes any students (high school age or younger) to come in for help with academic homework, job applications, or college essays. Volunteers from UVM are offering their tutoring services during that time slot. Also, don't forget about the free meals! The Winooski Teen Center serves nutritionally balanced dinners, prepared by FRESH Food, free for any children in Winooski 18 years of age or younger. Those dinners are served at 5:30pm on Tuesday, Thursday, and Friday evenings. After the meals, high school students (9th grade and up) are encouraged to come into the Teen Center to use the pool tables, computers, Wii & Xbox consoles, and basketball gym (Fridays only).

The Teen Center closes at 9PM on Tuesdays and Thursdays and stays open until 11PM on Fridays. Whether your child is looking to get some homework help, have a healthy dinner, or just hang out in a safe environment, send them on down to the Underground on Tuesday, Thursday, or Friday evenings.

New Public Library Program Offered

The Winooski Memorial Library is pleased to announce the addition of Universal Class.

Universal Class offers over 540 classes on a huge range of topics, including Exercise and Fitness, Entrepreneurship, Arts and Music, Home and Garden Care, Cooking, Computers and Technology, Health and Medicine, Homeschooling, Job Assistance, Law and Legal, Parenting and Family, Pet and Animal Care... plus 100's more. The Vermont State Department of Libraries has purchased access for all the public libraries in Vermont, including us. Visit the Winooski Memorial Library for more information!

Library hours: Tuesday 10-7, Wednesday 3-7, Thursday 10-6, Friday 10-6, Saturday 10-1 or call 655-6424.



Community College of Vermont (CCV) Winooski News: Student Spotlight

By Mae Stephenson

Register 11/7/11 - 1/13/12

www.ccv.edu
(802) 654-0505



Fardoos graduated from Winooski High School (WHS) this spring and started classes at CCV in September. Originally from Yemin, Fardoos moved to the U.S. in 2008 and plans to major in International Relations. "I want to work with the UN. You have to speak five languages, and right now I only know

three, so I have to get two more." After graduating from CCV, Fardoos hopes to transfer to a four year school like UVM.

Making the Transition to College: Fardoos appreciates that her math teacher is easy to understand, the learning center is really helpful, and her advisor is available to assist her through the challenges. "I really did not know what to do, it was frustrating." She asked a friend, who recommended she make an appointment. "My advisor explained everything. I did not like it my first day at CCV. It's hard at first, but once you figure it out, it's good." She feels a difference between high school and college. "In high school, you might only get homework from one or two classes, but in college it's every class, every day. It's really different, and something to get used to." But for Fardoos, the challenge is worth it. "I'm the only one in my family to attend college, so my mom is really proud, and I want to make her proud." Overall, she would definitely recommend CCV. "There are lots of WHS graduates at CCV. It's really inexpensive, and they provide really good help. It's a

nice school." She also recognizes the role WHS played in getting here: "I want to say thank you to WHS for preparing me to go to college. I'm really proud to have gone to Winooski High School."



Kaitlyn, a junior at WHS, is currently taking the Intro to College Studies (ICS) class at CCV. She would like to attend college, major in medicine, and become a doctor. **Getting Ahead:** ICS is a class offered to high school students to give them a glimpse of what college might be like. The class is free, and

if the student passes, they get a free voucher to take a college class. For Kaitlyn, the voucher was a big draw: "I really like to get ahead in my education."

When asked what she has learned by taking the class, she answered, "So far I have learned that it is hard work. Professors will not harp on you to see if you understand the material, you need take control of your own learning and ask questions." Kaitlyn thinks CCV would be a good choice for WHS grads: "I like CCV. The classes are smaller and you really get to know everyone you take a class with." She's surprised at how well she's gotten to know the other students in her class, and that "everyone is so different but we still get along." Kaitlyn would also recommend ICS for current WHS students who have questions about college.

Mae is a graduate student at UVM, completing her internship at CCV.

Senior Center Calendar

By Lori L. Pinard, MS, Director

November at the Winooski Senior Center starts the holiday season. The monthly lunch and meeting is Nov. 1, with pork roast and all the fixin's. The Merchants Bank will provide a free "seminar" called "Keep IT Safe" on Nov. 7, from 10-11, focusing on identity theft prevention, guarding against elder financial abuse, and more. The next foot clinic is Nov. 15. We'll have Movie Monday on Nov. 21. Come enjoy a free show and popcorn. Join us for exercise every Tues and Thurs from 10-11. Zumba Gold parties on Wednesdays at 12:00. And starting Nov. 3, Zumba Gold, with StaciAnne Grove, will also be Thursdays from 5:15-6:00. This class features all the great music of a traditional Zumba class with a twist-it's in a chair! Look for Line Dancing and Seated Yoga to start in Nov as well. We'll be making beautiful and simple jewelry with Darcy Church. Join us every Thurs. for lunch at 11:30 and Bingo at 12:30. Stop into the center for a complete schedule of events. Please note, the center will be closed Nov. 11, 24, and 25. (We are located at 123 Barlow Street and can be reached at 802-655-6425.)

Learn How to "Spend Smart"

The Growing Money program at CVOEO (Champlain Valley Office of Economic Opportunity) will run on November 2, 9, and 16 at the O'Brien Community Center. Classes will be held from 10 to 12 noon. Lunch will be provided. The series is called SPEND SMART. This 3-session class is for people living in limited income households. Ideal for seniors, Reach-Up recipients, people receiving disability income, and anyone whose income is essentially not growing. The class covers goal-setting, expense tracking and budgeting in detail. It also addresses specific ways to reduce household expenses and substitute income with community resources. Sponsored by the WCSPC. No registration required, but appreciated. More information can be found at http://www.cvoeo.org/html/microbusiness/self_protection.html and on the WCSPC blog, or by calling 802-655-4565.

Fall/Winter Programs at the Winooski YMCA:

Youth Basketball League

- For Grades K-8. Boys and Girls divisions. Games will be on Saturdays starting December 3. Registration starts November 8th.
- Fee per player is \$15 for YMCA members, \$25 non-members, includes game shirt.
- Volunteer Coaches wanted, please contact Kevin Hatin at khatin@bgyymca.org or 655.9622

FREE Teen Zumba!

Come join the dance party on Thursdays at 4:15pm. A great class for all teens ages 12-18. Have fun, learn new moves and enjoy a great workout. You must be a YMCA member. **Don't forget: membership is free for all 12-18 year old students at WHS.**

Free Family Gym (Winooski residents)

- Come bring your child age 7 and under to play with our indoor fun playground.
- Thursdays 10:30 am --- noon

ELEMENTARY SCHOOL LUNCH MENU — NOVEMBER

Choice of milk served with all complete meals: Low-fat White & Low-fat Chocolate

AVAILABLE DAILY

- *Hoagieville Deli Sandwich
- *Garden Fresh Salad Bar
- *Cabot Yogurt Parfait & String Cheese
- *Vegetarian Options
- *Farm Fresh Milk
- *Assorted Juice & Fresh Fruit

PRICES:

- Breakfast**
- Regular \$0.85
- Reduced \$FREE
- Adult \$1.75
- Lunch**
- Regular \$1.75
- Reduced \$0.40
- Adult \$3.25
- Beverages**
- Milk \$0.50
- Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: www.abbeygroup.net/lunch/prepay

DAILY BREAKFAST OPTIONS: (Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily)

Mon: French Toast Sticks w/ Maple Syrup • Tues: "UBR" Whole Grain Breakfast Bar • Wed: Healthy Breakfast Pizza • Thurs: Sausage & Cheese Muffin • Fri: Egg or Yogurt w/ Bun

Mon.	Tues., Nov. 1	Wed., Nov. 2	Thurs., Nov. 3	Friday, Nov. 4
	Home Style Homemade Shepherd's Pie Ground Beef, Mashed Potato & Corn Crunchy Carrot Sticks w/Dip Cornbread Low-Fat Dessert Fresh Fruit Farm Fresh Milk	Soup & Sandwich Grilled Cheese Sandwich on Wheat Bread Hearty Minestrone Soup Chilled Fruit Cup Happy Birthday Cake Fresh Pear Farm Fresh Milk	Fiesta Taco Bar w/ The Works Seasoned Taco Meat, Shredded Cheese, Lettuce, Onions, Salsa, Cabot Sour Cream & Soft Flour Tortilla Rice Pilaf Creamy Coleslaw Fresh Fruit Farm Fresh Milk	Itza Pizza Homemade Cheese or Pepperoni Pizza Dark Green Garden Salad w/Dressings Fresh Fruit Farm Fresh Milk
Mon., Nov. 7	Tues., Nov. 8	Wed., Nov. 9	Thurs., Nov. 10	Friday, Nov. 11
Just Like Summer Dress Your Own Burger on Wheat Roll Lettuce, Tomato, Cheese & Pickles Brown Rice Pilaf Oven Roasted Zucchini Sticks Fresh Fruit Farm Fresh Milk	Brunch For Lunch Pancakes w/ Warm Syrup Sweet & White Home Fries Baked Ham Fruit Filled Crisp Fresh Fruit Farm Fresh Milk	Early Dismissal Grades 6-12 Chicken Patty Sandwich on Wheat Roll Lettuce & Tomato Garden Pasta Salad Fresh Fruit Farm Fresh Milk	Buon Appetito Wheat Spaghetti w/ Meat or Garden Marinara Sauce Chopped Green Salad w/Herb Dressing Homemade Garlic Breadsticks Fresh Orange Wedges Farm Fresh Milk	Itza Pizza Homemade Cheese or Pepperoni Pizza Fresh Broccoli Sprigs w/Dip Fresh Fruit Farm Fresh Milk
Mon., Nov. 14	Tues., Nov. 15	Wed., Nov. 16	Thurs., Nov. 17	Friday, Nov. 18
Chicken Mania Oven Baked Chicken Nuggets w/Dipping Sauce Seasoned Sweet Potato Wedges Cucumber Sticks Wheat Dinner Roll Fresh Kiwi Farm Fresh Milk	Fiesta Nachos Supreme Seasoned Taco Meat, Nacho Cheese Sauce, Lettuce, Salsa & Cabot Sour Cream, Corn Tortilla Chips Marinated Black Bean Salad Creamy Coleslaw Low-Fat Dessert Fresh Fruit Farm Fresh Milk	Delayed Start Grades K-5, 8:40 am Dog Days Oven Roasted Beef Hot Dog on Wheat Bun Ketchup, Mustard, Relish, Onions Oven Baked Potato Puffs Baked Beans Fresh Fruit Farm Fresh Milk	Holiday Feast Carved Roast Turkey Chef Made Mashed Potato w/Gravy Stuffing Brilliant Peas Chilled Cranberry Homemade Wheat Dinner Roll Holiday Dessert Farm Fresh Milk	Itza Pizza Homemade Cheese or Pepperoni Pizza Dark Green Garden Salad w/Dressings Fresh Fruit Farm Fresh Milk
Mon., Nov. 21	Tues., Nov. 22	Wed., Nov. 23	Thurs., Nov. 24	Friday, Nov. 25
Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
PARENT/TEACHER CONFERENCES				
Mon., Nov. 28	Tues., Nov. 29	Wed., Nov. 30		
Chicken Mania Popcorn Chicken w/Dipping Sauce Oven Baked French Fries Side Caesar Salad Wheat Dinner Roll Fresh Fruit Farm Fresh Milk	Brunch For Lunch Waffles w/ Warm Syrup Sweet & White Home Fries Sausage Links Fruit Filled Crisp Fresh Fruit Farm Fresh Milk	Localvore Day Pasta & Chicken Tossed in Fresh Local Pesto Roasted Butternut Squash Local Zucchini Muffins Fresh Vt. Apple Farm Fresh Milk		

PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Superintendent of Schools

Mary Martineau: 655-0485
mmartineau@winooski.k12.vt.us

**John F. Kennedy Elementary
and Middle School**

Principal: Mary O'Rourke
802-655-0411, 802-655-3530
morourke@winooski.k12.vt.us

Winooski High School

Principal: Justin Brown
802-655-3530
jbrown@winooski.k12.vt.us

Board of School Trustees

Robert Millar, President: 238-0089
rmillar@winooski.k12.vt.us
Jay Lambert, Secretary: 655-2942
jay.bird.2@gmail.com
Tori Cleiland, 655-7678
tcleiland@winooski.k12.vt.us
Jen Corrigan, 233-7642
jcorrigan@winooski.k12.vt.us
Mike Decarreau, 310-4032
mdecarreau@winooski.k12.vt.us

Mission Statement

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

About Our District

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 399 students attending JFK Elementary (grades PreK-5), 157 attending Winooski Middle School (grades 6-8), and 274 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase students achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@winooski.k12.vt.us.

Newsletter of the Winooski School District

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