

WINOOSKI SCHOOL DISTRICT NEWS!

VOLUME 9, ISSUE 8

MAY 2012

Celebrating Our Achievements!

Jump Rope For Heart Raises \$4,108!

By Physical Education teachers Dennis Barcomb and Matt Lewis

JFK Elementary School had its Jump Rope for Heart event on Wednesday March 21st. Jump Rope For Heart is a national program jointly sponsored by the American Alliance for Health, Physical Education, Recreation and Dance and the American Heart Association. It promotes physical activity, heart healthy living, and community service to children.

All students in grades K-5 had a great time jumping rope in the gym. Prior to the event students worked hard to raise money and the final tally showed that JFK raised \$4,108. Our top fundraiser was Brayden Granger with \$286.

Thanks to all who helped make this year's event successful!



New Principal Named

*By Mary Martineau,
Superintendent of Schools*

It is with great pleasure that I announce Mr. Leon Wheeler as the new 6-12 Principal for the Winooski Middle and High Schools. Leon will begin serving as Principal on July 1, 2012.



Leon has served as a Vermont Principal for the communities of Plymouth, Alburgh and Bristol. His experience has been in both elementary and in middle/high schools.

The Winooski 6-12 Principal search was an inclusive, transparent process involving all stakeholder groups. The Search Advisory Committee was comprised of administrators, teachers, support staff, parents and community members. Administrators, teachers, students and parent/community/board members were the four stakeholder groups that developed interview questions and participated in the interview process of each candidate. A team made up of an administrator, 2 teachers and a parent/community member conducted a site visit. Feedback from all was that the search process was thorough and inclusive. The School Board accepted the Superintendent recommendation at the April 11 regular meeting, and offered Leon the position.

Please stop in over the summer to welcome Leon to the Winooski community!

INSIDE THIS ISSUE

Notes from the Central Office 2-4

Announcements 4

Notes From JFK Elementary and Middle School 5-7

High School Highlights 8-12

Community News 12-15

Health Corner, Menu 15

District and Contact Information 16

Superintendent's Message

By Mary Martineau, Superintendent of Schools

For the past 5 + years, the Winooski School District has practiced lock down drills with the assistance of the School Resource Officer and the Winooski Police Department. The purpose of these drills is to increase awareness in students and staff around keeping the building safe, while also developing immediate, automatic responses should there be a real emergency.

Each time we practice a lock down drill the administrators and Winooski Police Department debrief on the facility as well as human responses. Some of the drills are extended to prepare students and teachers for the fact that a real emergency could result in a lock down that could span the course of hours. Again, the goal is to practice so that the response becomes automatic.

Feedback from some of our lock down drills has resulted in the following safety upgrades:

1. The fire doors leading from the main lobby area to JFK and the MS/HS will be replaced with doors that use access badges rather than metal keys.
2. We will install an audible siren for those who are outside so they know not to enter the building if the alarm is sounding. This is in addition to the blue lights on the roof.
3. The cafeteria and Performing Arts Center will be replaced with doors that use access badges rather than metal keys.
4. A buzzer system will now be used to gain entry at the main entrance of JFK and the main lobby. This system will be in use from 8:30 a.m. until 3:00 p.m., to ensure awareness of people entering the building. Visitors will be greeted by an administrative assistant via the intercom; visitors will then be directed to sign in at the JFK office or at the main lobby desk. If parents are picking children up for an appointment, the office will call the classroom to have the child sent down to the office for an early dismissal.
5. We have updated our walking maps to Juniors and St. Francis Schools for those teachers and students who may be outside during a lockdown.
6. We are requesting that parents do not approach the building when we are in lockdown. If it were a real situation, it would interfere with the work of the police department, and could potentially bring harm to those in or around the building. We thank you for your anticipated cooperation.

We want our schools to be welcoming, and we also want to assure parents their children are safe.

School Board Report

By Tori Cleiland, Board of School Trustees

Greetings from the Board! Spring is here! The change is a welcoming sight to see, feel, and hear. The natural world isn't the only place where visible changes are taking place. Winooski Schools continue to be in the midst of great change. Change is complex (and constant!); it is time-consuming, messy, confusing, inspiring, exhilarating, fear-producing, and above all, necessary. We - the Winooski School community - are not alone in our need for change. We can find comfort in the fact that across our nation all public schools are being faced with the need for necessary change.

The focus in education these days is "21st Century Learning ... developing a vision for student success in the new global economy". My interpretation of this vision is we are preparing our kids for the unknown. The one thing we know about the future is that we have no idea what it will be. Not the most comforting thought as a parent - or as an educator. So, how are our schools going to educate our kids to confidently navigate the unknown and constant change that is their future?

The Framework for 21st Century Learning, that our school is adapting to, states that, in addition to content knowledge, our children need the essential skills of the 4 C's, "critical thinking and problem solving, communication, collaboration, and creativity", to meet the unknown. I believe that skills of the 4 C's will build capacity in each of our children to approach and figure out any content area, and any problem life throws at them. I'm noticing that our school leadership and teachers are already embedding the 4 C's into our children's' learning.

Here are some changes I've noticed and how I see the relationship to the 4C's:

- **Mike Decarreau is our new board president.** In two short months, he has demonstrated his capacity as a trustworthy, clear, and open-minded leader. Under his leadership, the board is well suited to meet and adapt to needed change. All 4C's
- **The new high school schedule.** The process used to approach and solve a multi-layered problem demonstrated that thoughtful collaboration and problem-solving, driven by an essential question and naming the boundaries, will produce student-centered results that makes sense. All 4C's
- **Being awarded the Nellie Mae grant.** We now have dollars and a comprehensive system and network of support to revolutionize high school education. This journey will challenge the old way we used to see high schools. All 4C's
- **Math practices.** At our previous board, the Focus on Learning was Math. Some of our math teachers and their math coaches shared the new practices teachers are embedding in their classrooms, such as students talking to each other about their math thinking, finding more than one way to solve a problem, and agreeing or disagreeing with each other based on mathematical sense making. All 4 C's There is a parent math committee you are welcome to join!
- **The Jensen Group.** Teachers learning and embedding

brain-based research practices into their classrooms. This group is also reporting out to us, in the District News!, and sharing out to their colleagues. All 4 C's

- **A Welcoming Committee** (sub-committee of the original PIRC-VT). A group of parents and teachers working together to improve the welcoming climate and culture in all three schools. Plans are in place and action is soon to come. All 4 C's (You are welcome to join this committee!)
- **WHS new principal.** A committee of parents, teachers,

and students spearheaded the search and interview process for selecting our new principal. It was a successful collaboration. Leon Russell was chosen as our new WHS principal by the committee, and the board unanimously supported their appointment. Welcome to Winooski, Leon! What are you noticing about our schools? Your voice matters. It would be great to hear from you. You can reach me at 655-7678 or by email at tcleiland@winooski.k12.vt.us. Happy Spring!

How to Ensure Academic Success

*By the Jensen Group**

April was a very exciting month for Jensen! We had 40 teachers attend Eric Jensen's conference, Teaching with Poverty in Mind. Teachers came back excited about their new learning and enthusiastic about sharing strategies and trying new things out in their classrooms.

Some of the strategies that teachers learned about are student engagement and student response strategies. One of these strategies was "Use whole group state changers (rituals) that put everyone in the same state (reliably)". What are these rituals? They are short, prearranged events that take place in your classroom or at home. They are:

- 100% predictable
- Simple to do
- Engage everyone
- Solve a recurring problem
- End in a positive state

By regulating a child's emotional state, we are getting them in a positive place for new learning to occur. Some things that you can do in a classroom or at home to promote these positive states with rituals are:

- Celebrating birthdays!
- Have students do something like giving a standing ovation to someone that walks in the room, or having them do 5 jumping jacks when the phone rings.
- Stretch breaks/energizers (stand up and touch 5 chairs and 2 walls and then come and sit back down)
- Team activities (in class or even in sports)

All of these rituals can help boost learning in students by positively changing their state. Now turn to your neighbor and say, "It's a great day to learn!"

**The Jensen group is comprised of teachers and staff: Deb LaForce, Stefanie Hamble, Casey Hogan, Jen LaPointe, Jacie Knapp, Dave Muir, Nancy Timbers-Devost, Mag Thomas, Regan Charron.*

Honor Roll – Third Quarter: 2011-2012

HIGH SCHOOL

Seniors

First Honors

Alex Brown
Katelyn Decarreau
Faridar Ko
Bethany Trainque

Second Honors

Shelby Lynn Alger
Hoodo Ali
Calin Chadwick
Nicholas Cusson-
Ducharme
Chrisopher
Fountain
Isaak Issak
Travis Martin
Myles Moran
Alicia Russell
Rebecca Spittle
John Truong

Juniors

First Honors

Dino Dzinic
Canary Ly
Isho Sadik

Second Honors

Isnino Abdi
Ashley Antoniak
Amanda Billado
Jordan Bisson
Ashley Bushey
Kaitlyn Callahan
Maryan Hassan
Moriah Leary
Farhiyo Mohamed
Naima Mohamed
Hala Mohammed
Saleban Olow
Brianna Robare

Sophomores

First Honors

Cara Casier

Second Honors

Januka Acharya
Andrew Decarreau
Luke Fountain
Esperance Joseph
Austin Mayo
Kevin Pham
Rita Rai
Skylar Trayah
Ku Say Wah

Freshmen

First Honors

Randall Knox
Amanda Nattress
Nhung Nguyen

Second Honors

Uyen Bui
Conner Drown
Avah Eaton
Chanefer Nheb
Ro Ze Yar

MIDDLE SCHOOL

High Honors

ThaZin Aye
Lai Lar Bi
Oo Mai Bi
Rui Rainbow Chen
Edmund Do
Anju Pokwal

Honors

Zachary Chagnon
Riley Corrigan
Hau Duong
Andrew Durkin
Cordell Fisher
Jarod Fountain
Suman Gurung
Calvin Hayford
Bishnu Khatiwada
Som Khatiwada
Brianna Knox
Taylor Langlais

Christina LaRose-
Terry
Hannah Little
Kaitlenn Little
Marie Ly
Eh Man
Mariah Metivier
Dakota Morgan
Lydia Nattress
Zeneth Nheb
Riziki Numbe
Maryam Omar
Dhan Pradham
Noah Rouille
Steven Shover
Shyanna Sweeney
Olivia Treadwell
Alexis Utter
Conner White
Rebecca White
Rachel Wilondje
Alyssa Winegar
Ball Wit

Curriculum Coordinator's Report

By Stefanie Hamble

The upcoming months have a lot of exciting things going on. In the month of May, our 4th, 8th, and 11th graders will be taking the Science NECAP assessment. This test assesses the students' knowledge in the area of Science content and inquiry. The Science NECAP will be taking place the week of May 14th.

Also in May, the teachers that have been attending the Math Common Core series with Bob and Judi Laird will be attending their final 2 days of the series. On May 1st and on May 17th, the K-12 teachers that have been attending will continue their work with Bob and Judi on the area of the Math Common Core.

The end of the year is approaching quickly, and there has been a lot of hard and focused work done this year in content areas and in the Common Core.

ANNOUNCEMENTS

You are invited!

...to the JFK Elementary Music Concert and Empty Bowls Fundraiser, on **Thursday, May 24th!**

At 5:30 pm, all families are invited to eat soup in the Cafeteria for an Empty Bowls fundraiser hosted by the Art Department. Attendees are encouraged to give an optional donation to bring a student-made pottery bowl home. All proceeds will benefit relief for Hurricane Irene and The Winooski Food Shelf. At 6:30pm, the 5th-grade Band, Orchestra, and 4th- and-5th Grade Chorus will perform their Spring Concert in the Performing Arts Center. All are welcome!

10th Annual Friends of WHS Golf Tournament — June 3rd!

Come celebrate the return of the golfing season at the **Tenth Annual Friends of Winooski High School Golf Tournament** on Sunday, June 3rd. You'll be joining other Winooski and area golfers who have enjoyed this fun community event for the last nine years. The team entry fee is \$400 (individual is \$100) and the deadline for applications is May 4th. Registration fees include carts, time on the complimentary driving range before the event, contests, prizes, raffles, and a hearty barbecue lunch to follow. Sponsorship opportunities are available to help support this event. Please call Anne at 655-0942 today to reserve your team or individual entry or go to the school website at <http://www.winooski.k12.vt.us> to download your registration and/or sponsorship forms. Look for the "Parents" tab, then choose "Friends of WHS" and "events". Proceeds from the golf tournament benefit WHS students in ways that enrich their high school experience. These range from college scholarships, sponsorship of the Student of the Quarter luncheons, funding of field trips, Project Graduation, and many other worthwhile activities. We appreciate the generous corporate sponsorship we receive from so many local and area businesses, as well as our loyal golfer participation year after year. This continued support is what makes our mission of helping our school wherever possible successful, and we thank you very much for your help.

Kindergarten Registration and Screening

Kindergarten registration and screening at **John F. Kennedy Elementary School in Winooski**, will take place on Wednesday, May 16, and Thursday, May 17. Children who will be five years of age prior to January 1, 2013, should attend this registration. Please call the J.F.K. school office at **655-0411** to make an appointment for one of the two days. You will need to bring your child's **birth certificate, updated immunization record** and his/her **Social Security** number to the screening.

Dollars For Scholars Update

By Morgan Kelner, Chair, Winooski Dollars for Scholars

Hi Everyone. Winooski Dollars for Scholars will be holding a meeting on May 3rd at 6:00 (20 West Street) to discuss our calcutta and our vision for the future. **WE WOULD LOVE TO HAVE YOU ON OUR BOARD.** You can make a small commitment (we meet every other month) with a big reward, by helping to provide scholarship money for Winooski graduates to attend post secondary school. We also have money for Winooski Middle School and High School for enrichment programs (leadership conferences, classes, educational activities); please seek out Marc McQuinn at the high school to apply. We already have some great fundraisers, but would love to establish a few more and tap into the business community for support in co-sponsoring our current scholarships. However we need people-power. Please contact Morgan Kelner at mkelner14@gmail.com or Lisa Graves at BPSVT@aol.com for more information or if you would like to join our organization. Thank you. Happy Spring!

Congratulations, and Thank You!



Madeline Morenus, a former teacher in the Winooski School District, was the winner of the French Club's Raffle Basket, sales of which support fundraising efforts for their trip to France in June, and also to pay for group activities when French students from Rouen were here in April.

Mrs. Morenus won a loaf of homemade bread, a "Healthy Meals" cookbook, two bottles of salad dressings from Shea Girls, two bags of Godiva chocolates, two jars of salsa from Vermont Food & Gifts, a ceramic pie plate and napkin holder, a set of dish towels, and assorted cookies and crackers. Thanks again to our sponsors for providing such wonderfully delicious (and enticing) treats and to all those who purchased raffle tickets!

May News

By Mary O'Rourke, JFK Elementary & Middle School Principal

Our city manager, Katherine "Deac" Decarreau, was the final guest reader on Friday, April 6th for our series entitled "Community Reads." Many families enjoyed listening to Deac read The Three Little Pigs, which she reads often to her grandchildren. The well-attended series will resume in the fall.

Forty teachers, K-8, attended a three-day workshop with Eric Jensen. Mr. Jensen focuses on brain-based teaching. This particular workshop was entitled "Teaching with Poverty in Mind." Eric focuses on teaching practices that are necessary for all kids to be successful such as working memory and predictions. Additionally, he explained how to keep students engaged in their learning. Finally, he gives teachers strategies to help students change their "state" or mood. Teachers found these three days invaluable. The entire K-8 teaching staff has now received this training and we can build on his work as a school system.

World-renowned storyteller, Rafe Martin, delighted students in middle school and grades 4 and 5 in the elementary school. The Shelburne-based Renaissance School and The Living Arts Foundation generously sponsored Mr. Martin's visit to the Winooski Educational Center for two performances. Louise Piche, the co-founder of both schools is a former Winooski resident who is dedicated to the students in her former hometown. We would like to thank Ms. Piche for her continued support of the Winooski School District.

JFK Guidance News

By Sarah Murphy, JFK Elementary School

In April, the Kindergarten, First, and Second grade classes learned more about friendship, specifically the idea of jealousy. We read books and watched short video clips, followed by discussions and activities about the feelings of jealousy and how to handle that feeling appropriately.

In the upper grades, we finished learning about tobacco. Each student had the opportunity to summarize their learning by completing a project based on all of the facts they had learned during the unit.

Up Next in May:

The Kindergarten, First, and Second grade classes will learn about making smart summer choices. In the upper grades, students will continue to learn about healthy choices.

Clay Bowls, Empty Bowls

By Mag Thomas

A group of 3rd, 4th, and 5th graders are meeting weekly with Mrs. Crandall on Thursday afternoons. They are working together to facilitate an *Empty Bowl* event by designing and hand-building clay bowls for the event. While they are creating the bowls, they are being educated about poverty and hunger by raising money for the local food shelf.

Empty Bowls is an international grassroots effort to fight hunger and was created by The Imagine Render Group. Potters, educators, and others work with the community to create handmade bowls.

Guests are invited to a simple meal that consist of soup and bread. In exchange for a cash donation, the guests are asked to keep the bowl as a reminder of all the empty bowls in the world. The money raised is donated to an organization to help end hunger.

See page 3 of this newsletter for more details about this event.





Community Reads

By Lisa Goetz

Deac Decarreau, Winooski City Manager, came to JFK School for our second “Community Reads.” Parents and children enjoyed listening to her read “The Three Little Pigs,” and “The True Story of the Three Little Pigs.” She

even came equipped with props to go along with the story! She brought a hard hat, good sturdy shoes, a bright yellow fluorescent vest and yellow caution

tape to help illustrate the story. After Deac read the books, children and their parents were invited to enjoy lemonade and cookies and they were able to read fairy tales together.



Given the success of these last two events, you can be sure that we will host more “Community Reads” in the fall!



CLiF Opens Books and Minds for JFK ELL Students

by Kirsten Kollgaard

On Wednesday, April 11th, the Children’s

Literacy Foundation, also known as CLiF, visited JFK to spread the love of reading to our ELL students. The JFK ELL department received a grant from CLiF that provides \$2000 worth of books to the ELL library, along with a storytelling event by expert storyteller Duncan McDougall. In addition, each child who attended the storytelling event got to take home two books of their choice from a wide selection of great children’s books.

Duncan read the entertaining story “My Lucky Day,” by Keiko Kasza, about a pig who outsmarts a hungry fox. His dramatic reading had over 40 students in grades K-5 hanging on his every word. After the story students picked out their books and then sat down to read with volunteer college students from St. Michael’s College and UVM. The ELL students were thrilled to have brand new books to take home and to have made a new friend, too. This event and the books that the school and the students received were made possible by a donation to CLiF from Green Mountain Coffee Roasters. The JFK ELL team thanks everyone who worked to make this possible and we hope to see Duncan and CLiF back at your school sometime soon!

ELL Students Enjoy American Culture at the Fun Fair

by Kirsten Kollgaard

On Friday, March 16th, the JFK ELL team sent over twenty of their newcomer ELL students to the PTO sponsored Fun Fair. Every year the ELL team invites the new ELL students who have come to JFK in the last year or are now attending 1st grade to the Fun Fair. That way each ELL student gets the chance to attend at least once during their school years at JFK.

The action packed afternoon began with a movie and snacks in Ms. Bryan’s room. After that the students were picked up by chaperones who showed them around the fun fair and held their tickets for them. The chaperones included WHS students and St. Michael’s College students.

The kids had a great time playing games, winning prizes, having their faces painted, eating popcorn and of course, jumping in the bouncy castle. The Fun Fair is a great way for our ELL students to participate in an important part of American culture and build stronger relationships with the school community. It also helps build important background knowledge for these students. Fairs, festivals and carnival games are often part of story books and math test questions that students encounter in class. Students who have never participated in an event like this have trouble understanding the context of these stories and test items. Once they have attended the Fun Fair they are able to make the connection between these stories and a real life event they have participated in, promoting a better understanding of the school environment in general.

The JFK ELL Team would like to extend a big thank you to the PTO for putting together the Fun Fair, along with thanks to all of our volunteers and liaisons who helped the children attend the event. We already have many students looking forward to next year!

Middle School Update

By Katherine Jennifer Helm

International Summer Camp

We have finally heard from the people at Spiral International. Our Chinese students and teachers will be arriving on **July 2nd and staying until July 14th**. Now that we have the exact dates of the English and American Culture Camp, we can start to make more definite plans. Here are the activities to be looking out for in the next month:

Interested students from grades 6-10, wanting to participate in this 2-week cultural camp need to let Mrs. Helm know and sign up in the MS-HS office. Up to 15 students will be chosen to participate with the Chinese students both at the school and on the afternoon field trips. Sign up sheets will be in the MS-HS office with Ms. Kennison

We will be looking for 16 Host Families to house the 30 students (2 students per home) and 2 Chinese teachers. Families will receive a financial stipend to assist in the cost of having these visitors. Contact Mrs. Helm at 655-3530 or khelm@wsdschools.org for more information if you are interested.

Students chosen to participate will attend training in Montpelier to learn how to become Cultural Ambassadors.

Last years camp was awesome and this year we are expanding it to include the Winooski students in their own learning activity as Cultural Ambassadors. If you want more information and are interested in either being a Cultural Ambassador or becoming a Host family, please contact Mrs. Helm @ 655-3530 or send an email to khelm@wsdschools.org.

The Art of Mask-Making

8th graders in Mrs. Bruce's Art class in Middle School Arts Rotation created their own masks to represent aspects of their own character or fantasy creatures.

These masks were made from a form and then added onto with plaster gauze and painted with Acrylics.



Big Chef, Little Chef Afterschool at JFKMS

by Melissa Richard

Middle school students partnered with kindergarten students every Tuesday to learn how to cook new recipes and develop new friendships. Each middle school student was partnered with one or two Kindergarteners. The middle school students and kindergarteners worked together to prepare and/or cook the menu for the week. The middle school students taught the younger students appropriate hygiene for the kitchen such as hand-washing and also took a leadership role

when it was time to prepare the food. Taylor enjoyed working with the younger students because they were cute and energetic.

The students made a variety of food items including fruit kabobs, fruit pancakes and pizza. Shyanna said her favorite food from the program was the yogurt parfait. Students will complete the program with new recipes and new friendships!



HIGH SCHOOL HIGHLIGHTS

Changes Ahead: 2012-13 Master Schedule Created

By Justin Brown, Principal

After over four months of work to research and design a schedule that best serves the diverse needs of our students, we are proud to unveil the Winooski High School course schedule for the 2012-13 school year. To get to where we are today, an immense amount of thought and work went in to this design. Our focus for this work has been the question: “*How can we best structure our time to ensure students’ continual growth and learning*”

When we began the process of looking at our schedule to find better ways to serve our students, we had several non-negotiable factors that we called our “givens.” Our givens were essential components as we re-designed the schedule. They are as follows:

The new schedule will have:

- English Language Arts and Math every day for students
- Students who accessed the tech center must be able to access the classes they need
- Alignment with the teachers’ contract
- Respect for the needs of shared staff

Today, we are happy to report that not only have we have met our givens, the new schedule also ensures the following:

Consistency

- Students will have core (English, Math, Social Studies and Science) classes and work with their core class teachers every day throughout the year.
- We have embedded targeted academic support for students in core classes.
- Daily Teacher’s Advisory (TA) will serve to develop effective connections with students school-wide.

Increased Learning Time

In the new 2012-13 schedule, students will have:

- Significantly more time with core teachers for instruction and targeted support.
- Reduced the number of transitions during the day.
- Increased the number of course options each year.
- Increased potential credits students can earn per year.

Natural Alignment for Learning and Planning

- Complementary courses are scheduled to allow for teaming and group work. (e.g. English and Social Studies).
- Time is structured so that teachers can collaboratively plan within and across disciplines for better student outcomes.
- Now there are better articulated learning sequences and assessments (e.g. Math, ELL) to ensure student progress.

WHS Master Schedule 2012-13

	White Day	Green Day
8:00-9:25	block 1	block 1
9:25 - 9:35	snack	snack
9:35 - 11:08	block 2	block 2
11:08-11:11	Passing	Passing
11:11 - 11:35	TA	TA
11:35 - 12:01	Lunch	Lunch
12:00 – 12:03	Passing	Passing
12:03 - 1:30	Block 3	Block 3
1:30 - 1:34	Passing	Passing
1:34 - 3:00	Block 4	Block 4

2012-13 Registration Timeline:

Registration for 2011-12 begins 4/19/12.

On April 19, 2012 All students will meet with their TA Teacher after lunch to review scheduling needs and how the process will work.

All students will be welcomed to participate in a registration activity to complete their course request forms. By the end of the activity students will return their registration forms to their TA teacher for review. The TA Teacher will then submit course request forms to guidance by April 20, 2012

All course requests will be sent home over the April vacation and need to be signed by a parent and returned to the WHS Guidance Department by 5/2/12. Students who have not returned a signed course request form by 5/2/12 will not be scheduled for the 2012-13 school year.

Student Schedules for the 2012-13 school year will be mailed home near the end of May 2012 (this year).

Please let us know if you have any questions. The high school office number is 802-655-3530 or you can reach me by email at jbrown@winooski.k12.vt.us. Thanks!



Fartun working on Math Fundamentals.

WHS Afterschool

by Kaitlin Moran

Core Support is the place to be after school on Tuesdays and Thursdays! Ms. Bundy's Science Core Support has regularly reached the double digits as students finish labs, lab write-ups, and experiments. It has been so rewarding to see students taking advantage of Core Support. In Ms. Poquette's Core Support, I listened as a student worked one-on-one with Ms. Poquette to finalize his business plan. She asked him guiding questions like, "How many customers can you expect?" as he worked away on the computer. In Ms. Saffo's Core Support, she and a student joked as the computer seemed to come to life. This is what Winooski Afterschool is all about, teachers and students working together, in a friendly, supportive environment, to strengthen their skills and their passion for the subject.

There is also a growing interest in Debate Club among Middle and High School students. Bret Kernoff, the Debate Club advisor says, "I enjoy teaching students to advocate for themselves using reason and evidence! The only activity I know that teaches these vital skills is debate!" If you missed out so far this year, don't miss out during Session 5 and check out debate! Thank you to Bret and all of the Afterschool staff for all the work they do to make our programs so successful!

Guidance Office News

By Emmy Charron, Guidance Counselor

Here are calendar dates for May!

Wednesday, May 2: TOEFL test date at St. Mike's for any ELL students interested in attending a 4 year college. Please sign up with Ms. Emmy or Heidi.

Friday, May 4: Last day to register for the June 9th ACT tests (Juniors should look into doing this in addition to or instead of the SAT's!)

Tuesday, May 8: Junior College Night from 6-7:00 pm at WHS for all juniors and their families curious about the unknown world of colleges. Please attend!

Tuesday, May 8: Last day to register for the June 2nd SAT tests (Juniors should look into doing this in addition to or instead of the ACT's)

Friday, May 11: Grades close for 4th marking period progress reports...grades will get sent home by Friday the 18th.

Thursday, May 17: NECAP Science Testing for ALL Juniors! This is a requirement so please make sure your child is in attendance!

Friday, May 18: NECAP testing make ups for any students who were out sick or were not able to finish their testing.

Friday, May 18: *Inservice: Half day

June 1st: Orientation day at CCV for any WHS student attending there in the fall. Any students interested in attending CCV for the Fall make sure you have applied and taken the Accuplacer exam if you have not done so by June 1st!!

Music Matters

By Cathy Mander-Adams

The end of the year is fast approaching and we are still very busy in the music department. The All State Festival is right around the corner and, as you should be aware, so is the All State Festival Parade. Did you know Winooski High School



is hosting the parade? This parade will be wonderful to watch. I hope to join me as I watch and cheer for all the bands. So many of my colleagues will be here. It will be fun.

Also creeping up on us is our final concert of this school year. *The Annual Pops Concert* is Tuesday (yes, Tuesday), May 22 at 7:00 pm in the Performing Arts Center (yes, the PAC). As usual, all the performing groups in Middle and High School will be performing. Students really love this concert because they get to showcase many of the more popular tunes they relate to. This will be another fine concert. Please mark your calendar and plan to attend.

Band Notes

By Randy Argraves

Welcome to the 4th quarter! I wanted to give everybody a quick reminder about our upcoming performances. Hope you can come out and see us!



EVENT	DATE	LOCATION	TIME
All State Parade	Wednesday, May 9	Winooski	6 pm
Pops Concert	Tuesday, May 22	PAC	7 pm
Memorial Day Parade	Saturday, May 26	Winooski	12 pm
Jazz Fest on Church St.	Friday, June 8	Burlington	2:30-3:30 pm

Working Together

By Kim Ead

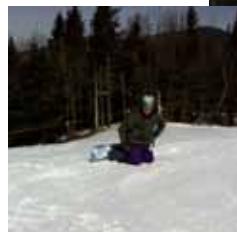
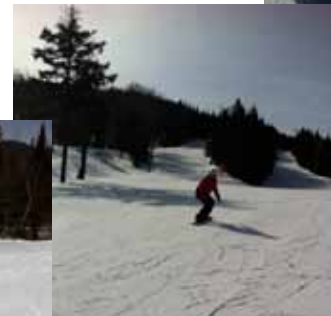
All year students have been working on getting internships and securing jobs for the summer. There are many opportunities for students to participate in the work force and in their community. One skill that helps students in a job is working together. The OMNI class did this at Bolton Ski Resort this winter. Students helped each other learn to snowboard and had a huge laugh. Some on their back. This activity brought the group together and introduced them to a variety of community resources such as the HR department at Bolton as well as Burton snowboards.



In addition, service projects have been underway to reach out to the community and develop individual projects. Donations of dog toys were collected for the Humane Society for Valentines Day, it was a huge success.

Now students are focused on reducing discrimination within the Winooski High School by bringing people together to get past personal obstacles through an experience at Northern Lights Rope Course. These students want to create a more understanding and open environment in their school. The purpose is to bring students from different backgrounds and ethnicities together to communicate and accomplish a goal will help create understanding of different peoples strengths and abilities. The goal is to bring 40 students to the course. Following this experience students plan on bringing activities back to the entire school and have a speaker come to talk about the impact of shared experiences.

The commitment of this class can be seen by their work to make this happen. They have written grants, developed a bumper sticker sale, a bake sale, a scoop day, a pie sale, have reached out to Winooski High School staff and connected with Northern Lights. The goal is to create this shared experience in June, the group will not be able to go until funding is secured. We continue to fundraise and reach out to community members and local businesses to make this happen. The students are focused and showing their networking skills in every class.



Boys Baseball Team Aims High

Coach Dennis Filion enters his 12th year as varsity baseball coach at Winooski High School, and 37th season in the program. The coaching staff includes volunteers, David Bray and Jason Gamelin. The team finished the 3rd seed in the state tournament last year with a 12 – 2 record for 2011, but lost in the quarterfinals.

This years team returns 6 starters. Devon Rollins and Cody Hemingway will anchor a deep staff of pitchers, a key to the success for the coming year. Jacob Bray gets the nod at catching along with returning starters Cory Chaplin and Jeff Tatro anchoring the right side of the infield. Nick Cusson is coming off a knee injury but is cleared to play and will patrol center field. Newcomers, some already with parttime experience on the varsity, will be Jake Learned, Kyle Bigelow, Andrew Decarreau, Goef Scott, Derek Langlais, Cory Hemingway, and Skylar Bushey, all looking to fill important roles on the team.

The team has experience and ability, and will use them to achieve our goal of bringing a state champion to our community.

WHS Students Meet Nobel Peace Laureate

By Veronica Saffo

Six members of Winooski High School's PeaceJam /Multicultural Club recently had the honor of meeting and making a presentation to Nobel Peace Laureate Betty Williams at the Northeast Regional PeaceJam conference held at the University of Connecticut.

PeaceJam is a youth leadership program that focuses on Nobel Peace Laureates, their work, and issues facing young people today. The mission of PeaceJam is to create a new generation of young leaders committed



to positive change in themselves, their communities and the world through the inspiration of Nobel peace Laureates. PeaceJam is a nonprofit organization founded in 1996 in which over 600,000 youth around the world have participated. The youth work on Global Call to Action Projects focusing on 10 core issues. The WHS students developed a plan around the issue of 'Breaking the Cycle of Violence.'

The Winooski High School students interviewed teachers and administrators about the causes of violence in our school. They also did research to gather data around this subject. The students learned from this information that there is a significant need in our community to help people better understand the issue of violence and how to escape the cycle of this destructive behavior. The data showed that 59% of Winooski Middle School students had been in a physical fight at some point in their life. 21% of Winooski High School students said they had been in a physical fight in the last 12 months. The students identified poverty, bullying, relationships, miscommunication, family, race issues, drugs, gangs, economy and ethnic rivalries as some of the main reasons for the violence in our community.

The six PeaceJam students presented

their Global Call to Action Plan to Betty Williams and an audience of about 200 of their peers from all around New England. The Winooski students plan to create an educational video (and potentially a Public Service Announcement), posters and a presentation to share with

students at the school as well as the broader community. Ms. Williams was most impressed with their work and encouraged them to continue their important work. Ms. Williams encouraged the WHS PeaceJam members to

push forward with the message "arms are for hugging, not for fighting." Her stories of determination and courage to end violence in her home of North Ireland were truly inspiring to the students. Students were also inspired by the presentations by the other schools which highlighted the great work they are doing in their own communities and internationally.

While at the conference, the students also participated in Action Projects such as 100 Backpacks for Burma, Sandwiches for Shelters and Bracelets for Violence. This gave students an opportunity to work together on a project which would impact others in a very significant and immediate way. WHS student Isha Muya hand-decorated several backpacks and filled them with school supplies. These backpacks are being sent to an orphanage on the Burma border crowded with youngsters desperate for school supplies. Isha learned about the plight of these orphans in the devastated region of Burma.

The weekend was exhausting and exhilarating for the WHS students. According to senior Claudine Nkurinziza, "The weekend was amazing! Ms. Williams is so amazing and she has really inspired me to get back to Winooski and try to make a difference."

Volunteers Needed for Winooski High School

Winooski High School could use the help of community volunteers to support struggling students in their academic setting. The "tutor" would listen to the students read, and subsequently help the student respond to the assignment that follows. For example, a student might read a section of his or her text book and then respond to questions that are based on the reading. The subjects covered would include: English Language Arts, Social Studies, and basic science. If an interested volunteer prefers math, this need would also be available. Your support would mean all the difference in the world to a needy student. The rewards are truly great! Morning and after school time slots available.

If you are interested in volunteering please contact Phet Keomanyvanh at the United Way Volunteer Connection, Phet@unitedwaycc.org, or call 860-1677.

On Patrol

By Bill Clark

"What was it like?" one of my colleagues asked the next day.

"How much time do you have?" I replied. After all, it's not every day that a teacher gets to ride along with a police officer during his nightly patrol. Officer Chris Machavern invited me to "ride along" on one of his nighttime patrols, and I eagerly accepted.

True, it was nothing like the cop shows on television. Just two guys riding in a powerful police cruiser, with buttons, microphones, and a radar detector on the front seat. Cruising around the 1.2 square miles, and 93 streets, that make up Winooski, Vermont.

Maybe I had wanted to be a police officer when I was young. Or, maybe I respect the officers who serve our community. In any event, I found myself in the officers' ready room, signing a waiver that explained the policy of putting me in a safe place if there was any danger, and that I would not hold the police department liable if I was injured. The last page on the form was devoted to the officer's comments after our ride, and one line said: Would you ask this person

continued on next page

ON PATROL *continued from p 11*

to ride with you again? Deep in my heart, even before we started, I hoped he would say yes.

After a conversation with the town manager and the dispatcher, Officer Chris and I left the ready room for the huge Dodge cruiser parked in the garage. I entered his world of microphones, switches, and guns, and gazed out at the world of Winooski as I never had before.

In the late afternoon, the main roads are full of traffic so we stayed on the small side streets, concentrating on the west side of town first.

"I arrested a guy in that house once," said Officer Chris. "There's a drug dealer in that house." He had a way of seeing people in cars that I missed. His awareness of the situation made me look at the streets differently.

As the sky turned red across the river, we cruised by the Community Center and I saw some familiar faces inside. We stopped and talked to several students, who were slightly surprised to see me getting out of the cruiser. It felt good to see them and talk at a time when I was usually on my way home.

We had two calls the entire evening. The first concerned a boy who had found a wallet in the West End of town. We talked with the mother, claimed the wallet, and later saw the boy who had found it.

"Good job!" Officer Chris told him. "You did the right thing to call us." The boy beamed. And, his reaction was similar to those of other children and adults we saw. A quiet little wave to Chris, followed by his comment to "keep safe." Chris asked one boy about his sister, and another boy told him "Your headlight is out!" Chris asked some boys hanging out in the school parking lot to "head on home," and then cruised through a few minutes later to make sure they had left.

As darkness fell, we found ourselves near St. Francis Church looking at a small circle of fire. It took a minute for us to realize that a young woman was juggling flaming lanterns.

"That's a first for me," Chris said as we got out of the car.

"You're not in trouble," he told the girl. "But it's against the law to have an open flame in public." The woman, from out of state, looked suitably humbled, gave Chris

her information, and promised not to do it again.

From my perspective, the beauty of community policing is that it gets townspeople and the police talking—and not necessarily about breaking the law or committing a crime. Those little waves from grade school kids, and the smiles that accompanied them, showed faith in the man who wore the uniform. He acted politely, treated everyone evenly and respectfully, and seemed to enjoy his conversations.

Chris told one man that the park was closed after dark, "and someone else might come along and ask to see your ID. I can see that you're just exercising your dog." That single interaction, and so many more over the course of the evening, put a face on police protection that few civilians have a chance to see. The message was that this police officer cares, he is not out to write tickets but to serve this community, whether it is reuniting a

wallet with its owner or checking up on the kids at the Community Center.

As a teacher, I see students for eight or more hours a day. I seldom see their homes and their neighborhoods. Chris Machavern gave me a golden opportunity to learn more about the students I teach by showing me the back streets of our town. We drove probably thirty miles in 1.2 square miles. I saw neighborhoods, small industries, and churches. I met people I knew and many whom I didn't know. Most importantly, I developed a feel for the town of Winooski that I did not have before. Now, I can put names and faces to the streets and the places I saw. It was truly a wonderful experience.

"It's unusual that it's so quiet tonight," Officer Chris told me around 8:00. "But it is a little chilly. Maybe when the weather gets warmer, you'd like to ride along again." "Yes!" I almost shouted. I made the grade. He asked me to come back. I felt as if I had won the lottery.

COMMUNITY NEWS

Update from your City Council



By Megan Moir, Winooski City Councillor

Hello neighbors! It's Spring in Winooski and the community calendar is already filling up with lots of fun activities for Winooski and Greater Winooski Area residents.

Start off your May days by joining up with your neighbors to **Green Up Winooski on May 5th**. The Winooski Environmental Board will kick off the event at 9 am at the Block Gallery, with volunteers picking up as much trash as possible until noon, and then returning downtown to Don Pedro's Taqueria to wrap up and celebrate both Green Up Day and Cinco de Mayo!

That same week, Winooski will be host to a number of musical events (Winooski-stock anyone?) starting off with the **Vermont All-State Musical Festival Parade** on the evening of **May 9th**! Make plans to watch Vermont's best marching bands as they make their way down upper Main Street, down LaFountain St. and then show off their stuff at the reviewing stand at Richards Park. Affected neighborhoods will receive more details directly so they can make plans for detours and access.

If you don't get enough musical delight on Wednesday, don't worry, the fun isn't stopping. Thursday night (**May 10th**) will kick off Winooski's mini-musical festival

continued on next page

Your City Officials	Email addresses	Telephone
Mayor Michael O'Brien	mayor@winooskivt.org	802-655-4879
Deputy Mayor Sally Tipson	sallysflower@comcast.net	802-655-3894
Councilor John Little	jlittle@winooskivt.org	802-655-0106
Councilor Megan Moir	mmoir@winooskivt.org	802-598-7922
Councilor Sarah Robinson	sarah.kunz.robinson@gmail.com	802-734-6422
City Manager Deac Decarreau	deac@winooskivt.org	802-655-6410
Visit the city website at winooskivt.org or call 802-655-6410.		

“**Waking Windows**,” with musical bookings throughout DWTN (downtown Winooski) Thursday (5/10) through Saturday (5/12). Venues include the Monkey House, Block Gallery, the Methodist Church, the Winooski Parking Garage (!), the Winooski Welcome Center and its adjacent art galleries. The Winooski Welcome Center will also be hosting a **sidewalk art fair Saturday (May 12th)** on the east side of the circle. Keep an eye out for event flyers while you are DWTN and more information on Front Porch Forum.

In addition to making sure that Winooski maintains its Tipson-esque epithet of “One Square Mile of Fun,” the council and city staff have also been working behind the scenes on a number of initiatives that we believe will help us continue our upward trend towards a “better Winooski.” The Council has appointed a committee to undertake a comprehensive review of our City Charter, which is the governing document for how we conduct our City business. Another committee is looking at alternative revenue streams that might be used to mitigate the growing tax impact on our citizens. We have listened to your concerns (and our own) regarding our “challenging” City website and have selected a new website platform. A group of city staffers and citizens will be working over the coming months to convert our existing website to the new site. In particular, we are hopeful that this website will make information more readily (and in a timely manner) available to citizens, as well as leverage the calendar function of the platform to compile community events.

Lastly, the City has also kicked off a planning grant that is looking at upgrades (and a possible bike route connection to Route 15) to the trail system in Casavant Park (“Riverwalk East”) – if you haven’t explored the existing trail network at the end of the boardwalk along the river, please grab a friend and go for a walk! Stay tuned for opportunities to provide your input to this, and other efforts, in our fair Onion City. As always, if you have questions, ideas for how to make “a better Winooski” or concerns, feel free to email any one (or all) of the city councilors.

Operation Bloom’s Annual Plant & Seed Swap Scheduled for May 12

By Eileen Andreoli

Happy Spring! Please mark your calendar for this year’s Winooski Operation Bloom Plant & Seed Swap scheduled for Saturday, May 12, 2012 from 10 am-12:00 noon at Richards Park (corner of Lafountain & Dion). This is the 7th anniversary of this free neighborhood event to which folks bring extra flower or vegetable plants from their gardens, or extra seedlings they’ve grown to donate to others to help them start their own gardens or add to their existing ones.

When someone has an established garden, the plants often grow so large that they need to be divided or thinned out to grow better. These divisions or “thinnings” make great starter plants for other new or established gardens. Over the years many of the donated plants from the ‘Swap’ have themselves become established in their new gardens, and in turn are shared with others. It’s great karma, and lots of fun to meet and visit with other new and seasoned gardening enthusiasts. Folks are starting seeds indoors now for the upcoming gardening season and often have extra seedlings. If you are a gardener, please consider saving a few extra flower or veggie plants to share with your neighbors and friends on May 12.

If you don’t have a garden and are concerned that you don’t have anything to contribute, please don’t worry. You may bring some non-perishable food items to donate to the Methodist Church food shelf or make a donation to Winooski Operation Bloom, but neither is required. Just stop by and bring home a little color for your yard or some vegetable plants to help feed your family. Please email or call Eileen at 655-1741 with questions or to volunteer. Thank you!

Winooski Summer Youth Enrichment Program Registration Open

By Ethan Hausman

The Summer Youth Enrichment Program, operated by the City of Winooski’s Parks & Recreation Department, will be hosted at Winooski High School again in 2012. The day camp-style program is planned for six weeks, June 25th – Aug 3rd, with registration open to students entering First through Sixth Grades in the fall. Parents and guardians can choose to enroll their child(ren) in any or all of the six week-long sessions. Children will be engaged in educational activities, interesting projects, and active games from 8AM to 2:30PM each day, Monday-Friday, and both breakfast and lunch are provided daily through the Summer Food Program. The option for extended childcare, until 5:30PM daily, is available for an additional charge. In keeping with a longstanding tradition, every Friday is reserved for playing, swimming, and picnicking at Landry Park. This year, for the first time, the program will offer “Open Hours” on Friday afternoons. Children who are pre-registered may join the program and participate in games and activities from noon until 2:30 on Fridays at Landry Park at no charge.

Vermont childcare subsidy is accepted to help cover the cost of the program, and Winooski families who apply for subsidy will be charged on a sliding scale (based on subsidy eligibility, free/reduced lunch status, and the number of children from the same family attending). Parents are strongly encouraged to apply for subsidy now to ensure that children are eligible at the start of the program. Subsidy applications can be requested directly from Child Care Resource (863-3367) or picked up in the Youth Programs Office.

Program registration begins April 30th. Enrollment forms are available at JFK Elementary School or in the Youth Programs Office at the O’Brien Community Center. Please contact Ethan Hausman, Programs Coordinator, (655-1392 x21 or coordinator@winooskivt.org) for more information about the Summer Youth Enrichment Program, session costs, or subsidy application process.

Environmental Board Needs Your Help on Green Up Day

By Ali Kenney

Green Up Day is approaching quickly! Your Winooski Environmental Board is working hard to create a great event to help our city look beautiful.

Come gather at the Block Gallery at 9 am on Saturday, May 5.

Bring friends, family, neighbors, gloves and energy. We'll split out into different areas of the city that need extra cleanup love or to any area of your choice.

We'll supply the trash bags and trash pickup and the Block Gallery will supply the coffee to get us going.

We'll finish up by lunch time so that you can enjoy the rest of your Saturday (and Cinco de Mayo!) feeling good about yourself and your city. For those who can stick around, the closing rally will be held at Don Pedro's.

Questions? Email winooskieboard@gmail.com.

What's coming up at the WCSPC?

By Kate Nugent, Director, WCSPC

We've got **community dinners** lined up for May, June, and July. Dinners are free and open to the public and a wonderful way to meet and get to know your neighbors. They take place on the **third Wednesday of the month**, starting at 5:30 PM. Children under 16 must be accompanied by an adult. More information is always available on our website, www.WCSPC.org. We can always use help setting up, serving, and cleaning up the food, so please let us know if you are available to help. Hope to see you there!

Our regular monthly meetings are also going strong. Attend to make new connections and gain information on improving yours and others' quality of life. These meetings are free and open to the public, and take place on the first Wednesday of every month, from 6 to 7 PM. Hope to see you there! More information is available on our website, www.WCSPC.org.

May at the Senior Center

By Lori L. Pinard, MS, Director

May 1st will be our next monthly lunch and meeting, starting at 11:30. It's pot-luck, so bring a dish to share! The center will be closed May 3 & 4 to have new flooring installed. Starting May 11, Tai Chi returns to the Senior Center. Join us Fridays from 10:00-11:00 for this free, gentle exercise class. Paige McCormick will lead you through breathing and stretching exercises that focus on balance and relaxation. Call to sign up 655-6425 or email at seniorcenter@winooski.vt.org. Join us for any of our exercise classes that are offered daily-Mondays are Easy Does It Line Dancing, Tues/Thurs. are stretching and strength, Wednesdays are ZumbaGold and Fridays Tai Chi.

Girls Only! Report

By Donna Kohut, Community Development Department

Girls Only! continues to offer academic tutoring and mentoring for Winooski girls every Wednesday afternoon from 3:00-5:00 p.m. in Room 211 of the high school. All interested girls are invited to join us.

We will be offering a Special Event on Wednesday, May 23! We will take interested participants to a local park for some outdoor relaxation from 11:30 a.m. to 2:30 p.m. Snacks will be provided! A van will pick up the girls at the school at 11:30 a.m. That same van will drop them off at home between 2:30 and 3:00 p.m. Girls must provide a signed permission slip to participate! They are available upon request.

As always, Girls Only! is committed to providing both academic and social support for local high school girls. In order to offer appropriate and interesting programming, we would like to hear from you. For questions, concerns, permission slips, and volunteer opportunities please contact Donna Kohut at vista@winooski.vt.org or (802)655-6410.

If you are interested in donating money to Girls Only!, you can send checks to Donna in City Hall: 27 West Allen Street, Winooski, VT 05404. Please make them payable to the City of Winooski. As little as \$10 can make a huge difference in the services we provide!

Learn A Bunch — At Lunch!

By Cal Workman, Director of Communications, Greater Burlington YMCA

Join us for a Free lunch n' learn program at the Winooski Y! Our Lunch N' Learn series will take place on Wednesdays at the Winooski Y from 12:15-1pm.

So grab your bag lunch and join others at the Winooski Y for an informal lunchtime series featuring community members who are experts on their chosen topic. FREE!

MAY 2: Nutrition and behavioral weight management tips from Y Wellness Educator Alex Jasinowski and Dana Notte from VTrim, an evidenced-based weight reduction program.

MAY 9: Recording Family Histories: A primer for capturing life stories of loved ones. Helen Simon of Living Family History will teach you how to interview family members, gather stories, advice and recollections for a personal family history.

MAY 16: You are what you breathe. Martin Wolf, Director of Product Sustainability and Authenticity at Seventh Generation discusses how to make the air in your home easier to breathe.

MAY 23: 50 Moving Forward financial considerations with financial planning expert John Darcy, CPA with Grippon, Donlan & Pinkham.

MAY 30: Prepare for a trip with tips from Milne Travel. Their travel expert Roxanne Shappy will highlight how to get ready for both in-state and international travel.

JUNE 6: Fleet Feet retail shoe store foot expert Dawn Carter will advise on how to properly fit your feet in footwear that supports your new active lifestyle.



Let's Go Fishing! Fishing Clinic

By J. Ladd

On Saturday, May 5th, there will be a Fishing Clinic for newcomers to the sport of fishing. The clinic will teach basic fishing skills, safety, and rules. Parents can learn too, how to coach their kids in fishing. Children are encouraged to attend, accompanied by an adult. Bring your rod and reel if you have gear. Some other supplies will be provided as well as pamphlets and guides.

The clinic will begin at 9:30 and finish at 12:30. It will be held at the O'Brien Community Center, 32 Malletts Bay Ave. All are welcome! Sponsored by the Vermont Department of Fish and Wildlife. Please preregister with Kris Gaudette at Winooski City Hall 655 6410 before May 3rd.

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Coordinator

The sun is shining longer and brighter now, so please make sure to wear sunscreen. Put hats on your heads to protect your scalp from harmful UV rays. The best times to play outside are before 10am and after 2pm. Play in shady areas when possible.

Please take note-if you have a child who will be going in to the 7th grade next year they will need their 2nd dose of Varicella vaccine (chicken pox) and their tdap booster. Please contact your child's primary care physician's office to schedule these vaccinations. Please provide proof of these 2 additional immunizations as soon as possible. Our fax number is 802.383.6017 or you can drop them to our office between the hours of 8am-3pm Monday through Friday.

If you have a child who takes prescription medication in our office, please be on the look out in the coming weeks for new medication order sheets and/or asthma action plans. These will need to be updated by your child's physician over the summer and returned to our office next fall with the prescription medications.

If you have any questions, please feel free to contact us at 802.383.6094

TOOTH CORNER



Tooth Tutor Update

By Diane Polson, RDH

Gearing up for Spring Sports? Remember to ALWAYS wear your Mouth Guard. If a tooth accidentally gets knocked out, seek immediate treatment with your dentist within 30 minutes.

--DO NOT clean the tooth.

--DO NOT touch the wound site.

--Keep the tooth WET. Put it in a glass of milk, cool water or a wet cloth.

And remember to always, FLOSS, Brush and see your Favorite Dentist regularly!

ELEMENTARY SCHOOL LUNCH MENU — MAY

Choice of milk served with all complete meals:
Low-fat White &
Low-fat Chocolate

DAILY BREAKFAST OPTIONS: (Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily)

Mon: French Toast Sticks w/ Maple Syrup • Tues: "UBR" Whole Grain Breakfast Bar •
Wed: Healthy Breakfast Pizza • Thurs: Sausage & Cheese Muffin • Fri: Egg or Yogurt w/ Bun

AVAILABLE DAILY

- *Hoagieville Deli Sandwich
- *Garden Fresh Salad Bar
- *Cabot Yogurt Parfait & String Cheese
- *Vegetarian Options
- *Farm Fresh Milk
- *Assorted Juice & Fresh Fruit

PRICES:

- Breakfast**
- Regular \$0.85
- Reduced \$FREE
- Adult \$1.75
- Lunch**
- Regular \$1.75
- Reduced \$0.40
- Adult \$3.25
- Beverages**
- Milk \$0.50
- Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: www.abbeygroup.net/lunch/prepay

Mon., April 2	Tues., April 3	Wed., April 4	Thurs., April 5	Friday, April 6
Chicken Mania Oven Baked Chicken Nuggets w/Dipping Sauce Zesty Lemon Couscous Fresh Steamed Broccoli Oatmeal Muffin Squares Fresh Fruit Farm Fresh Milk	Buon Appetito Wheat Spaghetti or Spaghetti Squash w/ Meat or Garden Marinara Sauce Chopped Green Salad w/Herb Dressing Homemade Garlic Breadsticks Fresh Fruit Farm Fresh Milk	Librarian Day Soup & Sandwich Grilled Cheese Sandwich on Wheat Bread Alphabet Soup w/ Scrabble Crackers Chilled Fruit Cup Fresh Fruit Farm Fresh Milk	Spring Luncheon Hearty Chicken & Biscuits Steamed Mixed Vegetables Chilled Cranberry Spring Time Cupcakes Farm Fresh Milk	Itza Pizza Homemade Cheese or Pepperoni Pizza Fresh Carrot Sticks w/ Hummus Dip Fresh Fruit Farm Fresh Milk
Mon., April 9	Tues., April 10	Wed., April 11	Thurs., April 12	Friday, April 13
Summer Time Fun Dress Your Own Burger on Wheat Roll Lettuce, Tomato, Cheese & Pickles Garden Pasta Salad Fresh Fruit Farm Fresh Milk	American Made Hearty Macaroni & Cheese Parsnip/Carrot Stir Fry Homemade Cornbread Happy Birthday Cake Fresh Fruit Farm Fresh Milk	Localvore Day Local Baked Potato Bar Chili, Homemade Cheese Sauce, Fresh Steamed Broccoli, Cabot Sour Cream & Fresh Chives Spinach Salad w/ Apples & Maple Vinaigrette Vt. Apple Crisp Fresh Fruit Farm Fresh Milk	Early Dismissal Bag Lunch Extravaganza Ham or Turkey Sub on Whole Wheat Roll Fresh Baby Carrots Homemade Chocolate Chip Cookie Fresh Fruit Farm Fresh Milk	Early Dismissal Bag Lunch Extravaganza Ham or Turkey Sub on Whole Wheat Roll Fresh Veggie Sticks Teddy Grahams Fresh Fruit Farm Fresh Milk
Mon., April 16	Tues., April 17	Wed., April 18	Thurs., April 19	Friday, April 20
Chicken Mania Grilled Chicken Sandwich on Wheat Roll Seasoned Couscous Sweet & Seasoned Parsnips Fresh Fruit Farm Fresh Milk	Taste Test Event Au Gratin Potatoes Branch For Lunch Waffles w/ Warm Syrup Sweet & White Home Fries Sausage Links Fruit Filled Crisp Fresh Fruit Farm Fresh Milk	Delayed Start K-5 "Wear Your Beach Attire" Hamburgers & Hot Dogs w/All The Fixings Potato Salad Creamy Coleslaw Lays Potato Chips Strawberry Shortcake Farm Fresh Milk	Fiesta Nachos Supreme Seasoned Taco Meat, Nacho Cheese Sauce, Lettuce, Salsa & Corn Tortilla Chips Brown Rice Pilaf Broccoli/Carrot Salad Low-Fat Dessert Fresh Fruit Farm Fresh Milk	Itza Pizza Homemade Cheese or Pepperoni Pizza Dark Green Garden Salad w/Dressings Fresh Fruit Farm Fresh Milk
Mon., April 23	Tues., April 24	Wed., April 25	Thurs., April 26	Friday, April 27
No School Spring Break	No School Spring Break	No School Spring Break	No School Spring Break	No School Spring Break
Mon., April 30	 <p>Scan the QR code to the right with your Smart Phone to Access the Abbey Group Website</p>			
Caesar Crazy Chicken Caesar Salad Crispy Romaine Lettuce, Chicken, Caesar Dressing Chilled Applesauce Whole Wheat Dinner Roll Fresh Fruit Farm Fresh Milk				

NOTE:

Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Superintendent of Schools

Mary Martineau: 655-0485
mmartineau@winooski.k12.vt.us

**John F. Kennedy Elementary
and Middle School**

Principal: Mary O'Rourke
802-655-0411, 802-655-3530
morourke@winooski.k12.vt.us

Winooski High School

Principal: Justin Brown
802-655-3530
jbbrown@winooski.k12.vt.us

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Mission Statement

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

About Our District

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 398 students attending JFK Elementary (grades PreK-5), 156 attending Winooski Middle School (grades 6-8), and 250 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase students achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

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Newsletter of the Winooski School District

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