Lady Spartan
Brianna Robare
Hits the 1000 Mark

By Dennis Barcomb, Athletic Director

On Saturday January 5th, 2013, Winooski Senior Brianna Robare made history as she scored her 1000th career point. She joins her sister Bobbi (graduate of 2004) as the only two Lady Spartans to accomplish this feat. With a huge crowd there to support her, Brianna drained a long three point shot to go over the mark. She was joined by her family on the court for a brief, but touching ceremony. Congrats to Brianna and best of luck to you in the future!

Adds Coach Tom Prim: “It has been pleasure to have the chance to coach both Bobbi and Brianna. All though very different players, the one thing they both possess is hard work and determination. With Bobbi on the team, the Spartans made their longest drive into the playoffs — to the final four in Barre. With Brianna having put the 1000 behind her now, we look forward to going to Barre again. We hope to surpass the goal of 2004 and be the first Lady Spartans team to make it to — and win — the finals.”

High School Choice — Options for 2013-2014

By Mary K. Lundeen, M.Ed., Superintendent of Schools

Last spring, the VT legislature changed the public high school choice law, which has eliminated regions. Students may, for School Year 2013–2014, apply to attend any public high school in the state of Vermont. The other major change is that there is a cap on the number of students who will be allowed to transfer from a school. This change is a result of Act 129 of 2012.

At the January 9th school board meeting, it was approved that Winooski High School will cap the number at 28 students who are allowed to transfer from WHS to another school. Winooski students currently attending other Vermont high schools, through school choice this year, may finish their high school careers in those schools without reapplying. The number of students currently in school choice will be backed out of the 28 slots available for next year.

With the change in law and more choice options, we will have various lottery systems in place. The reason is to make sure we stay within our cap (the number that can leave), while also looking at the number of students other schools have agreed to receive. Each Vermont High School must determine their capacity to receive students from other schools. At the January 9, 2013 school board meeting, the Winooski School Board made a decision to receive 15 students.

The responsibility of transportation remains with parents/guardians.

In the next few weeks, Ms. Emmy Charron will share information, including the application form, with students in grades, 8, 9, 10, and 11. Completed applications are due to Ms. Charron on or before March 1, 2013.

The selection process, including lotteries and waiting lists will occur between March 1st and March 31st. Students will be notified of their status by April 1st. Students must make a decision by April 15th so that schools can be notified. Please contact Emmy Charron at 655-3530 with additional questions.

Vermont Secretary of Education visits Winooski

By Jay Lambert, Board of School Trustees

On December 12th 2012 Vermont commissioner of education Armando Vilaseca visited the Winooski school district's monthly school board meeting. The purpose of the visit was to discuss the Secretary’s proposed recommendation to the Vermont state board of education, that the “Winooski School District be considered for a study of supervisory boundary change options.” At its meeting on December 18th 2012, the Vermont state board of education approved the secretary’s recommendation.

At this point, some of you are probably asking yourselves some questions such as, what does this mean and why is this happening? At this point I will endeavor to answer the second question first. Currently, under secretary of education and Vermont education state board practice, any school district in the state of Vermont that has a superintendency opening and whose school district contains fewer than 1,200 students is being considered for this study. In other words folks, we are not the first school district to go through this, and we won’t be the last. With that being said, I will now focus on the first question. In tackling this part of our topic perhaps it is best, to first be clear about what this recommendation/study does not mean. It does not mean that the state board of education is considering closing the Winooski School District or any of its member schools. It also does not mean that another neighboring school district is going to assume total control of the Winooski School District. What it does mean, is that the Winooski School District will be conducting a study to look at two things. First we will look at how our school district operates educationally, and what potential educational benefits may be had by either collaborating or consolidating with another school district. And secondly the study will take a look at what financial ramifications and or benefits may be gained by either collaboration or consolidation with another school district.

As you may have noticed above I have used two terms in discussing this issue. The first term is “collaboration” and the second term is “consolidation”. I’d like to talk for a moment about what these two terms mean. “Collaboration” in this instance means the working together of two school district’s to improve educational benefits for students and, or financial benefits for the local tax payers. Examples of this type of unity or “collaboration” include things like inter-district agreements, such as the current Nellie Mae grant currently being shared between the Burlington school district and Winooski. The term “consolidation” is somewhat more formal. This form of unity involves creation of an entirely new entity in the form of a “supervisory union” This is actually a brand new school board where Winooski and another local school district would both have representation, but both still be separate. Some examples of the potential effects of this type of unity would be that one superintendent would serve both districts.

Supervisory unions are also responsible to advise and help administer the following things: curriculum, professional development, construction projects, special education services, and negotiations just to name a few. These items’ would all be developed and administered at a higher level than is currently in use. In finishing this article, I would just like to remind people that this entire process is extremely complicated and will not happen overnight.

The current time line at the writing of this article is as follows: The Winooski school board will have to decide several things: First, we will have to decide if we as a school district want to conduct the study, or if we would like the state of Vermont to conduct the study. Secondly, if we decide we want to conduct the study, we will have to hire the study entity. This entity would be a person or group with the educational and organizational expertise to conduct a study of this complexity. And lastly, whoever conducts the study will have to meet the state’s completion date for the study of May 1st 2014. It should also be known that in the interim, the Winooski School District will be hiring a superintendent for at least the next two years. As always, as more information becomes available, your local school board will pass it along in the most concise and clear manner possible. And we also will always have the best interests of both the children and the citizens of Winooski as our primary goal.
What skills and knowledge do our young people need to thrive in today’s rapidly-changing world? Please join us for this, the first of an ongoing series of Community Learning Conversations. Together, we will look at some of the ways we are “remodeling” our educational system so that every young person in Winooski and Burlington receives a world-class education. Community dialogues brought us to this point, and your input is vital for moving us forward. We will leave the day with a treasure trove of information that will be mined by working groups moving forward. Join us as we express our specific hopes and dreams for the young people in our communities as they prepare for college, career and citizenship.

lunch | child care (please rsvp) | transportation provided
www.partnershipforchangevt.org | 802.363.2342 |
rsvp to partnershipforchangevt@gmail.com

Funding provided by:
Partnership Visits New York City on Educational Innovation Tour

By Lindsey Cox and Sarah Bertucci, Partnership for Change

Earlier this month, 31 individuals from Winooski and Burlington embarked on a learning journey to New York City. The group included students, parents, teachers, administrators, and community members from both cities. This trip was organized by the Partnership for Change’s Proficiency Based Learning Fellow, Sarah Bertucci, in collaboration with IDEA, the Institute for Democratic Education in America.

In NYC, the group visited schools that have done exceptional work in proficiency-based learning and serving their diverse student bodies, particularly ELL students. Most of the schools were from the Internationals Network of Schools and the New York Performance Standards Consortium. There was variation amongst the schools, but they shared some key attributes: strong relationships between students and adults; high standards that students meet through challenging projects, portfolios, and presentations; a welcoming environment that values student voice and leadership; diverse students working together within the un-tracked classes; and a commitment to “do what’s best for kids.”

The first morning, the group visited the Julia Richmond Complex, a large educational complex housing six different schools. Here, they split into three groups and toured the most innovative sites. “I was really impressed with the schools at the Julia Richmond Complex - the students were so focused and working well, the atmosphere in this school was awesome; teachers, principals, and ‘director’ were very open and took their time to explain and include us,” shared Inge White, an ELL teacher at Winooski High School.

Winooski High School English Teacher, Brent Litterer reflected, “We can do what a school like Vanguard Academy does. We need to set up [clear] structures…and be clear on proficiencies at various levels.” Mr. Litterer has already had a formal discussion about the highlights of the trip with the Humanities Department at Winooski. Winooski Science teacher Shannon Bundy agrees with him. “Implementing [proficiencies] is possible! With some dedication, elbow grease, and additional work…this is manageable for WHS. I saw the diversity of what schools were doing, and feel that there was nothing there that we ‘couldn’t do.”

“One question is, how do we replicate this type of opportunity in Vermont given our small schools and districts,” asks Frank Gerdeman, Vermont State Director of Adult Education, who has shared his experience on the trip with his department. Lauren Curry, another trip participant and Executive Director of the Tarrant Foundation observes, “many of the things that were most impressive and most representative of the change we hope to achieve didn’t have dollar signs attached; the culture of these places shone above all else.”

For our schools and communities to have their best future, we need to learn, grow, and work together towards a common goal. The NYC participants were able to come together as a community and learn, keeping an eye on what will work here in Winooski and Burlington. The group is excited to report out on their observations and has already begun doing so in classes, meetings and school functions, which will continue throughout the month.

Come hear about their experience and join us to talk about what graduates need to succeed on February 2 from 9:30am-1:00pm at Burlington High School for our first Community Learning Conversation. “We believe that each and every person is entitled to have a voice in reshaping our schools for the coming decades so that our young people will be fully prepared for a world that continues to grow in complexity,” said Jill Jacobelli, the Partnership’s Family School Partnership Fellow. “It really does take a community to articulate and implement a vision we can all embrace.”

Find details on the event and more at: www.partnershipforchangevt.org or contact project manager, Lindsey Cox at partnershipforchangevt@gmail.com or (802)363-2342.
Open House at Center For Technology, Essex

By Cheryl Brosnan, Guidance Counselor

On Saturday, February 9th the Center for Technology at Essex is having their annual Open House for students and their parents to visit programs and learn about the options students have when they are in high school. Any middle school or high school student and/or parent is invited to attend. Essex Tech will provide bus transportation from the school but you must reserve a seat by calling Cheryl B. Brosnan at 383-6107. We will be leaving school at 9:30 and leaving the Center for Technology at 12:00.


PACTS Team Welcomes New Coordinator

By Andrea Wheeland

The Winooski PACTS (Parents and Community Together with Schools) team is pleased to introduce our new Family-School Partnership Coordinator, Anera Foco. Anera comes to us with a background in community organizing, and we are confident she will help increase family-school partnerships in relevant, dynamic ways. Here is a short letter Anera wrote to introduce herself:

Greetings Community,

Let me please introduce myself to you. My name is Anera Foco and I have come on board to serve this community and its residents in the role of the Family-School Partnership Coordinator.

When it comes to our children and their education, we are all in this together.

As has been discussed in past issues of the newsletter, the Winooski School District is recommitting to the vision that every young person's scholastic experience is personalized, relevant to the 21st century world, as well as empowering and invigorating. We can only achieve so if we together feed that innate hunger for knowledge in our children. The voices of our parents, family, and community members are crucial in reaching this goal.

I am looking forward to meeting many of you in the days and weeks to come. In the meantime, feel free to contact me at (802) 734-8009 or afoco@wsdschools.org to share your ideas of what successful family-school partnerships could and should look like.
Interested In Running For The School Board?

There are three positions up for election in March:

- 2 year term (Tori Cleiland)
- 3 year term (Jen Corrigan)
- School Treasurer (Jim Ticehurst)

If you'd like to run, you need to:
- Pick up a petition at Winooski City Hall, or call 655-6419 and they will email you one.
- State your name, the office you are running for and the length of the term.
- Get the petition signed by 50 legal registered Winooski voters. Their names must be legible or they cannot be considered.
- Submit your petition between January 25th and Friday February 4th, 2013 (by 5 p.m.)

If you are planning to run, we would like to introduce you to readers of this newsletter in our March issue. Please provide the following information by February 12 for publication in the March issue of the District News. We intend to run this information to give Winooski voters a chance to get to know the candidates. Please submit the following information to newsletter editor Anne Linton Elston at annelinton@mac.com:

- Name
- Address & Telephone
- Work
- Education
- Hobbies/activities
- Community service
- Reason for running (75 words or less)

Save the Date for Alice in Wonderland!

Coming soon to our Performing Arts Center: “The Wizard of Oz!” It will be performed by a very talented group of 4th and 5th graders on Friday, March 8th. Show times are at 9:00, 10:30, and 7:00 p.m. The performances are free and open to the public. Please join us!

District Hires Web Manager

By Matthew Gonzalez

I want to thank everyone that has welcomed me so warm and graciously to the Winooski School District. As the new part-time Web Manager, I plan on helping any staff who needs it! Along with improving the current site, I plan working on a new design that will work with mobile devices as well as desktops. My (virtual) door is always open. Feel free to call or e-mail me at any time. You can reach me at 383-6024 Monday through Friday, 12-4pm or by email at mgonzalez@wsdschools.org

Background: Coming from both commercial and educational web development, I have been a website programmer for the past 5 year professionally. For the past two years I have worked for the Essex Junction school district (CCSU) as their Web Manager. Currently I am splitting my time between Essex Junction and Winooski. I completed the Computer Animation and Web Design program during high school, launching my web development career.

Middle/High School Assistant Principal Katherine Helm Will Not Renew Contract for 2013-2014

The following letter was submitted to the school board at their January meeting:

January 2, 2013

Dear Leon, District Administrators and Members of the Board,

Winooski School District is a school system made up of incredibly strong and talented personnel and staff. Our challenges may appear more then other school districts, but that only serves to make the people that work here more dedicated and committed to the task of providing the children and families of Winooski the best education possible.

Over the past 11 years I have served as the Director of OMNI, Director of Student Learning and Assistant Principal in one or more of all three schools. I have grown to love this school district, the staff and especially the children and families that depend on us to guide their learning.

It is because of the love and commitment that I have for this district, that I have decided to not seek renewal of my contract for the 2013-2014 school year. I believe that at this time, my skills are better suited elsewhere.

I have benefited greatly by my time here in Winooski. This district and its people, (staff, children and families), have given me a greater purpose, connection and direction in my profession. The relationships I have developed will be treasured always. I thank each and every one of you for the opportunity to get to know you and the pleasure you have all brought to my professional and personal life. I sincerely wish the best for the district and its people. You are an awesome community.

With greatest respect,
Katherine Jennifer Helm

Catch Us on RETN

Many people aren't able to attend Winooski School Board meetings for various reasons, but did you know you can watch them on the internet on your own schedule? Visit www.retn.org and click on “Board Meetings” under the “School Connections” heading. You can find Winooski at the bottom of the list of area schools.
Please Join Us To Learn About Brains!

By Mary O’Rourke, JFK Elementary Principal

The brain lady, Nancy Clements, will be here on Friday, February 1st at 6:00 p.m. The presentation will be held in the Performing Arts Center. Nancy will be talking about social thinking and all of the work we have been doing this year at JFK. This will be a good opportunity for parents to learn some of the new language being used daily by both teachers and students. Childcare and dinner will be available. You may be receiving this information on the very day of the presentation, but I wanted to get it out there one more time!!

On Wednesday, January 9th, the following students presented to the school board about our STARS and social thinking (green and yellow thoughts, unthinkables, expected and unexpected behaviors). The students rocked it! They did an awesome job! I would like to recognize the following students for their presentation: Alice Bushey, Eric Buker, Anna Willis, Richard Tanner, Stella Murdock, and Kyreasia Solomon. Thera Neilson sang the Star Spangled Banner at the beginning of the meeting. It was a wonderful evening! The students were a testament to the hard work of teachers and students as we continue to become social thinkers.

Reminder: Our mid-winter break is February 25 – March 1st.

Workshop for Authors and Illustrators

By Mag Thomas

On Thursdays, you can find a group of first and second graders working with Ms. Johnson and Mrs. Crandall. These students are creating their very own stories with illustrations! They are working on original stories using words and pictures. Each story that they create needs to have five detailed illustrations to support their story. While writing their stories, the students will learn about the different parts of a story.

At the end of the seven-week session, all finished stories with illustrations will be entered in the PBS KIDS GO! Writers Contest. It is a contest held by many local PBS member stations for kids in K-3rd grade who want to write and illustrate their own stories. You can check out stories from the previous years by visiting www.pbskids.org/writerscontest.

Good luck to all our authors! I am looking forward to reading all the original stories!

Focus on Elementary Math: Striving for Excellence

By Glenn Willette, JFK Math Coach

During the second half of the school year, the students at JFK will establish math goals. The children will write monthly goals around learning math facts. By striving to learn all their math facts before the end of the school year, they will be more successful.

AIMSweb Assessments

JFK faculty have begun using a new math assessment tool from AIMSweb. The 2-8 minute tests are designed to give us data that nationally compares our students’ performance. Students who are struggling in math will be monitored more frequently. We will use data to better identify, diagnose and serve these students. If you would like more information about AIMSweb, chat with your child’s teacher, myself or go to http://www.aimsweb.com/.

Defeating The Unthinkables

By Jennifer LaPointe

Did you ever get stuck on one idea? Has anyone ever called you stubborn? Perhaps you have said something that hurts someone’s feelings or you tend to make small problems into large ones? If this sounds familiar then your brain has been invaded by one of the Unthinkables such as Rock Brain, Mean Jean or Glassman! Students and staff at JFK have been learning how to identify the thoughts in our heads that keep us from meeting expectations in social situations. When Unthinkables invade our brains we send and receive uncomfortable “yellow” thoughts to others. Our goal is to send “green thoughts” so, we are learning how to defeat the Unthinkables by creating our own “toolbox” of strategies that helps our brain become Superflexible. Everyone’s “toolbox” is different and JFK students are learning how to identify the strategies that work best for them and apply them effectively and consistently. Some of the strategies are:

- Take a few deep breaths to calm your body down
- Count in your head until you don’t need to count to calm your body
- Use “self-talk” in your brain such as “If I can be flexible and finish my work now… I won’t have to finish later and have a negative consequence like missing recess”
- Use whole body listening…use your eyes and ears to see what is going on around you if you aren’t sure what you are supposed to be doing
- Press your palms together and count
- Hold onto your seat and pull up with your hands as you press your body into the seat
- Practice “Turtle Time” by putting your head down on your desk for a count of 10 and be ready to move on
- Get a drink of water or make a plan for a “take a break” time with a teacher
- Building a “toolbox” full of strategies gives students (and adults!) a resource that helps to control thoughts and behaviors that may otherwise get in the way of meeting both personal and academic expectations. Start by experimenting with the strategies and see which one(s) work best for you!
3rd Grade News
By Joan Benjamin, Lisa Goetz, Dave Muir, and Shannon Weiner

The 3rd graders have been busy in literacy doing “Accountable Talk Read Alouds.”

Throughout the story, the teacher pauses to focus on a specific skill. During the first trimester, the children have been focusing on recognizing the difference between character traits and character feelings. We can learn about characters through their actions in the story. Examples of character traits include being kind, helpful, caring, and thoughtful. Students work with their reading buddies to “turn and talk” and “stop and jot” which helps take them to a deeper level of understanding.

After the children do these activities, we have a “Grand Conversation” where the children discuss their viewpoints and apply their understanding of the characters to the question being discussed. Students take a big step forward as the teachers take a step back from the students’ conversation.

As you read with your child at home you can have some great discussions around the story. Here are some prompts to help you get the conversation going.

“I think the character feels _________. I know this because _________. ”

“Something that’s true in the story that is also true in the world _________. ”

Happy Reading Everyone!

Remember to Save Your Box Tops!

Last year, we made over $1,200 by mailing back boxtops you clipped and had your children bring in. It’s an easy way for us to earn money for field trips and supplies that are needed throughout the year. So ‘em coming... and thank you!

MIDDLE/HIGH SCHOOL HIGHLIGHTS

Making Transformation A Reality
By Leon Wheeler, Middle/High School Principal

I have the most important job in the world. To be sure, it’s not the easiest job... nor is it always the most rewarding. My work, however, truly matters, because to the degree which I can do it well, the remodeling of our middle/high school holds the promise of making a real difference in inspiring and empowering the boys and girls, young men and young women of Winooski, and truly preparing them for career, college, and citizenship. My work matters, because our school has solid resources and supports for making transformation a reality, for establishing a dynamic learning community that partners with parents, students, and the extended community to honor and nurture the dreams and aspirations of every student. As challenging as change is, the Partnership for Change work to remodel our schools is invaluable, priceless!

Speaking of remodeling the Winooski Middle/High School, I was privileged to join a group of 30 students, teachers, and community members from Burlington and Winooski who traveled to New York City and toured a number of innovative schools in early January. Several things really impressed me, beginning with the sheer size of the group. Thirty is a pretty large group, and I’m certain that number barely scratches the surface of the people interested in seeing transformation happen in our two districts. The time is right for significant change, and the journey is underway.

A New Manga Book and Drawing Club for Middle School Students
By Nancy Keller

The Manga Book and Drawing Club, hosted by middle school teacher, Chris Magistrale, is a new 21C afterschool program that meets every Thursday for an hour. “Manga” is a Japanese word that refers to both comics and cartooning. Manga Books, though, are more than just comic books. While they look like novels on the outside, they are illustrated similar to comic books on the inside, but only in gray-scale. Another difference between comic books and Manga Books is that Manga Books are “written” for all ages and can deal with topics that appeal to older readers.

Rainbow Chen, an eighth grader at Winooski Middle School has been an avid Manga Book fan for over four years, and is currently reading Higurashi, a Manga Book that she describes as having a “dark theme.” Corbin Lawrence, a sixth-grader and another Manga-fan, is enthusiastic about the books, too, and is excited that he can read these books afterschool with other students. Once students finish a novel or two, the plan is to do some of their own Manga drawings. If you are interested in reading Manga Books, Rainbow advises, “Don’t forget to read them from the back of the book forwards. This includes reading from right to left.” Mr. Magistrale confesses that when he read his first Manga book, he “read” the book the wrong way. He read it from left to right, instead of right to left—a common mistake for a first-time Manga Book reader!

“Something that’s true in the world _________. ”

“It is increasingly clear that young people who have developed a capacity to be innovative and entrepreneurial – who have the interest in and capability to create their own jobs – will have the most satisfying lives and rewarding careers in the future.” — Tony Wagner

Winooski Middle School teacher Chris Magistrale with Manga Book fans Rainbow Chen and Corbin Lawrence.
On the Move with Winooski Middle School

By Nancy Keller

Winooski Middle School is on the move once again and building partnerships!

Thanks to a three-way partnership between the Bay and Paul Foundations, a private business (Martial Way Self-Defense Center) and Winooski Middle School, the students and teachers are piloting a new web-based movement program called Bushintai-Do for the Classroom. Bushintai-Do, “the Way of the Warrior in Mind and Body,” is a martial art that is a synthesis of traditional Asian martial arts that contains no violent or dangerous techniques, and was designed by Martial Way owner, David Quinlan, to be taught to children and young adults. Students can reap the benefits of martial arts training, without any of the potential risks.

Team Velocity, a Winooski Middle School classroom, has incorporated Bushintai-Do into their program for the past 10 years, and, last year, Bushintai-Do was also offered at the middle school as an arts rotation option. Since current and emerging research indicates that coordinated mind-body exercises spark neurological benefits that facilitate the learning process, David Quinlan wanted to find a way to bring this program to more students and created, Bushintai-Do for the Classroom. 

In December 2012, Winooski Middle School agreed to partner with Quinlan and offer this program, free of charge, to its students beginning in January 2013. Three times a week, martial arts lessons are downloaded from Bushintai-Do’s website (check out www.bushintai-do.com), and students complete 25 minutes of movement exercises in the classroom. With support from the Bay and Paul Foundations, Winooski Middle School classrooms have been supplied with mats for this activity, and students will soon have the option to participate in a leadership training course offered by Quinlan.

Each week students are asked to share their thoughts about Bushintai-Do in the Classroom with Sensei Quinlan. After the first two weeks, students have much to report. Many are looking forward to learning more moves and earning their belt promotions. Other students have made great suggestions to make this experience even better.

“I like doing push-ups,” wrote middle schooler Riziki Numbe, “and I am learning different positions. I like it because it helps me to move my body.”

Seventh grader Lydia Nattress agrees, “Bushintai-Do is really interesting and cool. I hope this will help me in the long run, and I hope that we can do it next year.”

Middle school student Jarod Fountain says that Bushintai-Do is a “good program” and it is “a good way to teach kids how to have some self-control and respect for something.”

While eighth grader Ed Lamson suggests that Bushintai-Do is both “hard and fun” and recommends 15-minutes of Bushintai-Do during Spark Time (structured recess) and 15-minutes during extended learning time, seventh grader Musa Mayange concludes that he wishes “we could do this every day.”

Winooski High School Core Support Afterschool Programs

By Barbara Russ

Spread the news! High school teachers are available to work with students afterschool! The Session III schedule, which runs from January 7th to February 22nd is as follows:

**Tuesdays (3-4pm)**
- Math Core Support with Mrs. Mellen in Room 210
- Technology Time Core Support with Ms. Poquette in Room 204
- Science Core Support with Ms. Bundy in Room 218
- Spanish & READ 180 Core Support with Ms. Basille in Room 121

**Thursdays (3-4pm)**
- French and READ 180 Core Support with Ms. Saffo in Room 121
- Math Core Support with Ms. Clark in Room 207

WMS Students Make a Difference

On December 20, Jean Plasse and eight of her Language Arts students went outside to pick up trash. They have been studying Civil Rights and how to make a difference. They feel happy that they could make a difference in their school. They were surprised about how much trash there was, especially on the playground and near the parking lot.

After going outside, they made posters to discourage people from littering. They would like to invite all of you in the community to join them in picking up trash when you see it!
**Guidance News**

*By Emmy Charron, High School Guidance Counselor*

Here are February events parents and students might be interested in. Contact me at 655-3530 for more information, or by email at echarron@wsdschools.org:

- **Tuesday, February 5th:** Representatives will be coming to visit from both Center for Technology Essex and Burlington Technical Center to present their programs and course offerings to all Sophomores, Juniors and any Freshman who has expressed interest about Pre-tech or Vermont Youth Conservation Corps.
- **Friday, February 8th:** Last day to register for the March 9th SAT's
- **Saturday, February 9th:** Center for Technology Essex Open House. There will be a bus for students and parents who are interested that will leave from the Winooski. More details to come.
- **Saturday, February 9th:** ACT test
- **Tuesday, February 12th:** Students who signed up will be visiting CTE to check out two programs of their choosing.
- **Wednesday, February 13th:** Students who signed up will be visiting BTC to check out programs of their choosing.
- **Friday, February 15th:** Johnson State College has offered a special event for ELL students. They are offering to pay for transportation, meals and tickets to a boys basketball game. Interested High School Students should sign up with Emmy or Heidi.

**Water, Water, Everywhere, and Not a Drop to Drink**

*By Shannon Bundy*

Chemistry students have been investigating how water is purified naturally through the hydrologic cycle, and synthetically, through municipal water treatment facilities. Their goal was to see which system was better at purifying water and evaluate and interpret the data as to the effects on society. From there they compiled their data on websites of their own creating so that you, citizens of Winooski, can see how your water is cleaned, and why you should care. Is your water pure? Please check out the students’ websites below:

- Indra at [https://sites.google.com/a/winooski.k12.vt.us/waterpurification-and-distribution/](https://sites.google.com/a/winooski.k12.vt.us/waterpurification-and-distribution/)
- Austin & Kevin at [https://sites.google.com/site/waterandwaterpurification/](https://sites.google.com/site/waterandwaterpurification/)
- Kylie at [https://sites.google.com/site/kyliewater/](https://sites.google.com/site/kyliewater/)
- Serina at [https://sites.google.com/a/winooski.k12.vt.us/water-is-everywhere-but-which-one-is-real/](https://sites.google.com/a/winooski.k12.vt.us/water-is-everywhere-but-which-one-is-real/)
- Sadie & Sarah at [https://sites.google.com/a/winooski.k12.vt.us/ways-to-make-water-pure/home](https://sites.google.com/a/winooski.k12.vt.us/ways-to-make-water-pure/home)
- Kassian at [https://docs.google.com/presentation/d/1Szo6ALsmvPAHxWG5i0RYIfSP2ZgF9ZWAOTdBN2886l/edit](https://docs.google.com/presentation/d/1Szo6ALsmvPAHxWG5i0RYIfSP2ZgF9ZWAOTdBN2886l/edit)
- Kyle & Andrew at [https://sites.google.com/site/waterpurificationprocesses/](https://sites.google.com/site/waterpurificationprocesses/)

Keep track of evolving information on these web pages, as more data on the chemistry of water, and the state of Earth’s water is yet to come!
Update from your City Council

By Sally Tipson

The city council continues to work on the 2014 budget. As Megan mentioned in the last newsletter, the process is long but extremely important. Your input is always welcome.

The city charter is currently under review. You have an opportunity to weigh in on the changes. The first public hearing was held on Jan. 14th and the next one will be on Jan 28th.

The city’s new website is ready to be launched, (and should be live by this publication gets to your mailbox) and will contain information about the city, the departments, the council and lots of information that may be of interest to the public.

Have you noticed? The library has moved from the Champlain Mill to its new spot next to the O’Brien Center! Please stop by and check it out.

A plan for the East Pad site, in front of the Champlain Mill was presented to the council on Jan. 7th. It would consist of either 31 or 40, upscale, short stay units. More to come on this proposal and again, you will be notified of any public meetings.

As you know, town meeting day is Tuesday, March 5th. There are two council seats, the mayor’s position and two school board positions up for election. If you are interested, you may pick up a petition(s) at City Hall, collect 50 names and return it (them) to City Hall by 5:00 p.m. on Feb. 4th and your name will be on the ballot.

On another note, the Winooski Food Shelf (located in the Metodist Church, across from the police station) is opened on the 3rd Saturday of each month. Donations may be made one hour before the distribution of food which is from 10:00-11:30 a.m. If you cannot make it to the church to donate food items, they may be brought to the O’Brien Center, Aartistic Inc. 7 East Allen St. or Sally’s Flower Shop at 325 Main Street.

The council chambers are always open to you for your questions, comments or suggestions before or during each council meeting.

Firefighters Thank You!

By Matthew Walker

The Winooski Fire Department would like to thank all who participated in our annual holiday tree pick-up that occurred Saturday January 5th. We were able to bring about 100 trees to McNeils wood and yard waste disposal plant in order for the trees to be recycled and used as fuel.

This was a very successful community effort and thank you to everyone for the trees and thoughtful donations.

Have a great and safe new year in 2013. Don’t forget to drive safely on those icy roads, an extra minute can never hurt.

Notice for Candidates for City Office

There are two City Council positions up for election in March, as well as the Mayor’s position:

- 2 year term (Sally Tipson)
- 2 year term (Megan Moir)
- Mayor - 2 year term (Mike O’Brien)

If you are planning to run for City Council or Mayor, this newsletter would like to introduce you to readers in our March issue. Please provide the following information by February 12 for publication in the March issue of the District News. We intend to run this information to give Winooski voters a chance to get to know the candidates. Please submit the following information to newsletter editor Anne Linton Elston at annelinton@mac.com:

- Name
- Address & Telephone
- Work
- Education
- Hobbies/activities
- Community service
- Reason for running (75 words or less)

Free Throw Winners

By Jeff Brosseau

Winooski Knights of Columbus Council # 2284 and Saint Francis Xavier CYO jointly sponsored a free throw contest on Saturday, January 12 at the Winooski High School Gym.

Congratulations to all fifty-two local youth who participated in the event! The winners were:

- **Age 10**
  - Boys: Matthew Zuk (8/15, 2/5, 2/3)
  - Girls: Caleigh Monette (6/15)

- **Age 11**
  - Boys: Merase Niyonsaba (10/15)
  - Girls: Johanne Diambou (11/15)

- **Age 12**
  - Boys: Edward Lamson (9/15, 5/5)
  - Girls: Lydia Mattress (9/15)

- **Age 13**
  - Boys: Gregory Bolger (13/15)
  - Girls: Johnanne Rousseau (11/15)

- **Age 14**
  - Boys: Brittany Line (9/15, 5/5)
  - Girls: Johanne Diamou (11/15)

Each winner was invited to a Council reception and received a K of C winner’s certificate and prize (a bookstore gift card). Each winner is eligible to participate in the District level free throw competition on February 9th.
Infant-Toddler Playgroup Details Announced

The City of Winooski's Community Services Department has scheduled its first series of playgroups for families with infants and toddlers. Having started the last Saturday in January, these playgroups are scheduled to continue through February and March on a twice-a-month schedule. The free sessions are intended to provide an opportunity for parents (or other caregivers) in the community to meet and mingle while watching their children play together in a comfortable group setting.

The infant-toddler playgroups are being held on Saturday mornings, from 9:30-11:00AM, at the O’Brien Community Center. Participation is free, no pre-registration is necessary, and light refreshments will be provided; however, parents are expected to accompany their children and bring toys for them to share. The next playgroups are planned for February 9th and 23rd and March 9th and 23rd. The level of interest and attendance at these initial playgroups will determine whether additional playgroup sessions are planned for the spring.

We are looking for volunteers who would also be participants to help lead the playgroup. This is a low-demand, low-frequency commitment and you would be able to do it with your toddler in tow! We are ideally looking for two people who would switch off weeks making this a once a month commitment. Please contact Alaina Wermers, Volunteer Coordinator, at vista@winooskivt.org if you are interested in volunteering.

Questions or comments about the playgroups can be directed to Ethan Hausman, Programs Coordinator, at coordinator@winooskivt.org or 655-1392 x21. Feedback from Winooski parents is encouraged. More information about the playgroups can be found on the City’s website: http://www.winooskivt.org

Play, With Purpose

The YMCA Alternative Recreation ClubHouse (ARCH) offers an affordable social skills program for third and fourth grade youth with high functioning Autism or Asperger’s Syndrome.

- Led by a licensed special educator with seven years direct experience
- Social thinking concepts introduced through games and exercises
- Handouts to help parents support skills practice at home
- Learning and growing in a supportive, recreational backdrop

Program will take place on six Saturday sessions, March 9th - April 13th from 9:00-11:30 am at the Winooski YMCA Branch. Cost is $155 (Y members) and $175 (community). Limited openings. Financial assistance is available. For more information, call Cal Workman at 862-8993 x137.

The Library Has Moved!

By Amanda Perry

The Winooski Memorial Library is now located at the O’Brien Community Center at 32 Malletts Bay Avenue. A big thank you to Winooski Public Works for moving books and installing shelves. The library hours are Tuesday 10-7, Wednesday 3-7, Thursday & Friday 10-6, and Saturday 10-1. We hope you’ll visit the new space soon!

Youth Baseball/Softball Registration

By Jeff Brosseau

Winooski Little League Baseball/Softball & Babe Ruth will hold registrations Monday March 4th & Wednesday March 6th 6:30 pm - 8:30 pm in the High School Cafeteria & Friday, March 15th 3:00 pm - 6:00 pm in the library. Proof of age is required for all new players, who must be within age limits: April 30th is the cutoff for Baseball, December 31st for Softball. Little League is for ages 4-12, Babe Ruth for ages 13-18. Little League fees are $40 for one player, and $70 for a family. Late fee is $10 after 3/31. Babe Ruth fee is $50.00 per player. Info: call Jeff Brosseau at 655-3556.

The Winooski Community Partnership Needs You!

SEEKING EXECUTIVE DIRECTOR

The Winooski Community Partnership, Winooski's downtown association, is looking for an Executive Director.

We cordially invite qualified candidates who have an interest in supporting the economic development, promotion and design of Winooski's Downtown organization to respond to the Executive Director RFP. In this role, you will be working with a passionate group of volunteers to fulfill our vision of making Downtown Winooski a better place to live, visit, work, shop, do business, dine and be entertained.

Please submit resumes via email to jessica@jessicabridge.com by 1/15/13. Please include with your submission, your answer to the following question: What do you see as essential elements in sustaining a vibrant downtown Winooski environment?

Interviews will be scheduled via email by 2/10/13.

Check our website for more details: downtownwinooski.org. To contact us: info@downtownwinooski.org.

Join Us at the February Community Dinner

By Kate Nugent, WCSPC Director

The February Community Dinner will take place on Wednesday, February 20, and begin at 5:30 PM at the O’Brien Community Center at 32 Malletts Bay Avenue. This will be an exciting event and will be sponsored by the Winooski School District’s PACTS team (Parents and Community Together with Schools). The PACTS Team is organizing activities and projects that bring parents, community members, educators, and students together to build relationships and support student success. We look forward to this great event and seeing you there! See the latest updates on our website www.WCSPC.org, and contact Kate for more information at 802-655-4565.

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HEALTH CORNER

Health Office News
By Liz Parris, RN BSN, Health Office Coordinator

The flu is being reported throughout the state. People are encouraged to get vaccinated. Call your primary care physician to see if the flu shot is right for you. Vaccines are also available, by appointment, at no charge for children up through age 18 at the Health Department.

Here are some helpful hints to minimize the spread of germs. The following information was taken directly from the Vermont Health Department’s website:

- Cover your mouth and nose when coughing or sneezing.
- Cough or sneeze into a tissue and then throw it away.
- Wash your hands often, especially after you cough or sneeze.
- Use alcohol-based hand wipes and gel sanitizers if soap and water are not available.
- Stay home from work or school if you are sick.**

Here at Winooski we ask that you not send your student to school is they are running a fever of 100 degrees or higher. Please make sure they are fever free for at least 24 hours without the use of fever-reducing medication before allowing them to return to school.

** For more information, visit healthvermont.gov.

Tooth Tutor Update
Diane Polson, RDH, Tooth Tutor

February is Dental Health Month. What you do NOW can PREVENT many problems from occurring in the future. By investing only six minutes each day, both tooth decay and gum disease can be prevented by YOU. That’s two minutes twice each day spent on brushing and two minutes once a day spent on flossing. And remember, visit your favorite dentist at least once a year!

ELEMENTARY SCHOOL LUNCH MENU — FEBRUARY

**AVAILABLE DAILY**
*Hoagieville Deli Sandwich
*Garden Fresh Salad Bar
*Gabot Yogurt Parfait & String Cheese
*Vegetarian Options
*Farm Fresh Milk
*Assorted Juice & Fresh Fruit

**PRICEs:**
Breakfast
Regular $0.85
Reduced $FREE
Adult $1.75
Lunch
Regular $1.75
Reduced $0.40
Adult $3.25
Beverages
Milk $0.50
Juice $0.50

Pay for meals on-line at www.abbeygroup.net

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DAILY BREAKFAST OPTIONS:
(Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily)

**MONDAY**
Sausage/Cheese on English Muffin

**TUESDAY**
Hearty Fruit-filled Muffin

**WEDNESDAY**
Ham & Cheese on Bagel

**THURSDAY**
Whole Grain Breakfast Bar

**FRIDAY**
Breakfast Burrito with Egg/cheese

Pay for meals on-line at www.abbeygroup.net

Mon., Feb. 4
Teriyaki Chicken Strips

Pasta Bar Spaghetti or Macaroni w/Meat Sauce or Cheese Sauce

Farm to School Awareness Day
Homemade Cheese or Veggie Pizza

Chicken Fajitas
Chicken, Sautéed Onions & Peppers, Soft Flour Tortilla, Salsa, Caramelized Onion Cream

Mon., Feb. 11
Dress Your Own Hot Dog On a Bun

Marinated Tomato Cucumber Salad
Baked Beans

Roasted Beets
Homemade Corn Bread

Chopped Green Salad

Mon., Mar. 1
Chicken Nuggets w/Dipping Sauce

Italian Pasta Bake

Delayed Start K-5 Cheesy Breadsticks

No Student

Mon., Feb. 5
Teriyaki Fried Rice

Steamed Corn

Side Salad
Garlic Bread Stick

Side Caesar Salad
Fresh Carrot Sticks Hummus Dip Taste Test Roasted Beets

Rice Pilaf
Warm Black Beans Steamed Broccoli Happy Birthday Bannock Cake

Mon., Feb. 8
Waffle Sticks w/ Warm Syrup

Scrambled Eggs Sweet & White Home Fries Green Pepper Strips

Mon., Feb. 15
Grilled Cheese Sandwich

Hearty Chicken Noodle Soup Steamed Corn

Mon., Feb. 19
Oven Roasted Sweet Potatoes Baked Beans Dinner Roll

Green Pepper & Cheese or Veggie Strips

Mon., Feb. 22
Winter Beach Party Dress Your Own Burger
(Lettuce, Tomato, Cheese, Onions & Pickles)

Garden Pasta Salad Summertime Dessert

Mon., Feb. 25
Whole Grain Breakfast Bar

Fresh Fruit Fresh Milk

Mon., Feb. 28
Breakfast Burrito w/ Egg Cheese

Fresh Fruit Fresh Milk

FRIDAY, 2013

PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child’s account at the website.
Mission Statement

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

About Our District

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 398 students attending JFK Elementary (grades PreK-5), 156 attending Winooski Middle School (grades 6-8), and 250 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski’s teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

“District News!” is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@winooski.k12.vt.us