

ALSO INCLUDES
Community News!
 STARTING ON PAGE 15

WINOOSKI SCHOOL DISTRICT NEWS!

VOLUME 11, ISSUE 5

FEBRUARY 2014

Celebrating Our Achievements!



Science is Fun at JFK Elementary!

The latest JFK "Scien-terrific" Community Reads event focused on science. We had an engineer doing demonstrations on static electricity and other exciting science concepts. Then parents and children were invited to visit six science stations which were run by the JFK student council, parents and teachers. They learned how a volcano erupts, worked on snap circuits, did a sink/float activity, built with Legos, did leaf rubbings, and did an activity to see if cereal was magnetic! Thank you so much to all the parents who were able to attend this wonderful event with their children!



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NOTES FROM THE CENTRAL OFFICE

2014-15 Vision-Driven, Learner Investment

By Sean McMannon, Superintendent of Schools

“All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.”

The aforementioned **WSD Ends Statement**, newly developed with community input, clearly states the lofty learning goals we have for our students. This past November, December and January the WSD administration worked with the Board of School Trustees to tackle the formidable task of determining the proposed budgetary investment in our school for the upcoming year based on the WSD Ends Statement. Thanks to board members Mike Decarreau, Tori Cleiland, Jen Corrigan, Jay Lambert and Julian Portilla for their student-centered and forward-thinking approach to budget development. In addition, we were fortunate that community members Brian Corrigan and Jim Read joined the process.

The budget cycle started with challenging news from Governor Shumlin and Department of Taxes Commissioner Peterson as their November 26, 2013 memos outlined a \$0.05 increase in the base homestead property tax rate and a decrease in the base education amount. In late December, both of these figures were adjusted which increased the base homestead property tax rate by \$0.07 and modestly increased the base education amount. Overall, this adjustment provided schools with a difficult hill to climb in building budgets.

At our first budget meeting I reviewed our **WSD Graduate Expectations:**

- Critical Thinking and Problem Solving
- Physical, Social, and Emotional Well-Being
- Effective Oral and Written Communication
- Engagement in Learning
- Persistence

- Cross-Cultural Understanding and Community Engagement

And highlighted the exciting growth in our school such as:

- K-12 Math Best Practices
- Social Thinking
- Mindfulness
- Spartans in Motion (SIM)
- iLab
- Parents & Community Together with the Schools (PACTS)
- Parents as Educational Partners (PEP)
- WSD Back to School BBQ
- Health & Wellness study group
- Community Learning Conversations

In addition, I gave board members a baseline budget and data about enrollment, staffing, Special Education, English Language Learners (ELL), Information Technology and Operations. All of this information can be found on our website. A few very important points to understand:

- Our K-12 student enrollment has fluctuated between 725 and 775 the past four years with a current enrollment of ~740. We expect enrollment to stay relatively flat in the 2014-15 school year.
- The % of students with disabilities and required Individualized Education Plans IEPs) is 18%, significantly higher than the VT state average.
- We are experiencing more students with disabilities in the higher-need Intensive category than ever before.
- Our ELL population has grown from 128 to 265 students in the past seven years

We are blessed with a diverse student population who also require a high level of support to meet our high standards.

Our staff and leadership team clearly understand the strengths and challenges of our students and forge ahead with creativity, collaboration and compassion. This is why a component of the proposed budget for next school year is to invest

in a Curriculum and ELL Director position so our current Special Education Director, Robin Hood can focus sharply on our students with disabilities and build a more robust early learning continuum for Winooski children ages 3-5. This new Curriculum and ELL Director position will primarily focus on the needs of our blossoming ELL population while also coordinating K-12 curriculum, instruction and assessment.

Over the course of the next few budget meetings, we studied the major budget drivers that make up the \$791K or 6.27% year-to-year increase:

- \$354K-Salaries & Benefits
- \$326K-Special Education Student Tuition
- \$71K-Tech Centers Student Tuition
- \$40K- Miscellaneous Supplies, Equipment & Purchased Services

The Board of Trustees has put forth fiscally conservative budgets when compared to the rest of the state as evidenced by our Educational Spending Rank being in the bottom quartile the past five years. With a base homestead property tax rate increasing \$0.07 I think you will see that the Board of Trustees has constructed a thoughtful, vision-driven investment in Winooski children that continues to be fiscally responsible and moves us forward!

Please join me on Wednesday, February 19th at 5:00pm in the WSD cafeteria and/or Monday, March 3rd at 7:30pm in the WSD Performing Arts Center for more information about our proposed investment in Winooski students for the 2014-15 school year.

Thank you for working with the Winooski School District to benefit our students!

School Board Message

By Jen Corrigan, Board of School Trustees

“All students will graduate from the Winooski School District (WSD) college- and career-ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.”

I am excited to see our District continue to move forward. Our Ends Statement has guided the leadership team at WSD to put together a sound budget that fosters educational growth and is a means to our ends. It is imperative that we keep our students moving forward in a direction that meets their individual needs.

The changes in our school can be seen everywhere: from the winter sports teams fervently supporting each other on the court to the mindful connections with Social Thinking at JFK. JFK students presented to the School Board and it was very exciting to see the depth these students went to in sharing with us. The Winooski Middle School students presented SIM, (Spartans in Motion). The iLab is also a new addition this year. Students showed their enthusiasm at Share It Night. Students presented a wide arrange of subjects: social-minded dog parks, shoe design, weightlifting and even a fight match in the middle of the cafeteria by trained artists doing jiu jitsu. It was inspiring to see so many people involved in the event and I would encourage people to watch for Share It Night in the future.

We’ve made many public connections with our community, which has given a positive direction to the WSD school system. This in turn has guided the WSD Admin Team to develop a responsible budget which will bring a means to our Ends. I couldn’t be more proud of the diligence that our parents, students and staff have shown, by giving us direction to assist them in finding what they determine is important to them educationally. I’m sure you too have seen the growth in your students and all the people that are involved in these and many other programs.

Please join us for our community dinner on **Wednesday, February 19**, from 5 to 6:30 pm here at school.

Partnership for Change at Winooski Middle/High School

In order to shape a bright future for our youth and our city, Winooski schools are changing to meet the demands of the 21st century. Here’s how the Partnership for Change is supporting the remodeling efforts at Winooski Middle/High School.

What is the Partnership for Change?

The Partnership for Change was created by Winooski and Burlington School Districts together with their communities. Supporting the work of remodeling our high schools for a rapidly changing world, the Partnership...

- is the innovation arm of the school districts
- is a convener of conversations and broker of partnerships between school and community
- offers strategic communications support to our schools

Who is the Partnership for Change?

We believe that everyone plays a crucial role in the change process — that means you!

How is Change Happening at Winooski High School?

National research, new Vermont state legislation, and conversations with our community show that the following five areas are key levers for sustainable, student-centered change.

Youth Engagement & Leadership - Student outcomes improve when they design and take ownership of their learning.

Teaching & Learning - Teacher collaboration, flexible use of time and space, and technology enriches student learning.

New Graduate Expectations - “Proficiencies” represent standards students must know and be able to do in order to graduate and thrive in the 21st century. Generated from your input, the Winooski Graduation Proficiencies are:

- Critical Thinking and Problem Solving
- Cross-Cultural Understanding and Community Engagement
- Effective Oral and Written Communication
- Engagement in Learning
- Persistence
- Physical, Social, and Emotional Well-Being

Community Based Learning - Students are more engaged in their learning when it is relevant and connected to the “real world.”

Family School Partnerships - Students succeed when there are strong relationships and communication between school and family.

Within each of these areas, change is underway in our schools and community. New programs and pilots like the iLab, student-led conferences, learning walks, and curriculum work around Graduate Expectations are just a few examples of the emerging pockets of innovation. For more details about our progress, visit partnershipvt.org/ progress.

To Get Involved...

- **SUBSCRIBE** to our monthly newsletter: partnershipvt.org/newsletter.
- **GIVE INPUT** on a specific area of change. Come to our next Implementation Team Meeting on February 20 from 6:00-7:30 pm at Burlington High School.
- **READ** our Blog for a more in-depth look at the work of our students, teachers, and fellows: partnershipvt.org/blog.
- **HOST** a Neighborhood Learning Conversation. Join a student facilitator and a Partnership team member to talk about student-centered learning and the changes at WMHS. Invite your friends, neighbors, or co-workers. For more information, email info@partnershipvt.org.



1-to-1 Computing Update

by Drew Blanchard, Technology Integration Specialist

1-to-1 computing initiatives are critical components for creating personalizing learning programs (PLPs), giving students greater flexibility and freedom to demonstrate their learning - and engaging them more deeply in their own education. Students are able to select tasks which fit their learning style and creativity. For example: students could show they understand the underlying causes of the American Revolution by writing an essay with pen and paper, OR by creating a Google Doc with this same information and sharing it electronically with their teacher, OR creating a Google Site containing the relevant facts - now organized as a Website, OR filming a short infomercial using actors and a script which conveys the same information - the list goes on and on. The content and evidence of learning remain the same, but *how* students choose to show their learning is left up to the students themselves.

We're asking students to be much more reflective about their learning. In the middle school, students are using Evernote, a portfolio app which helps them organize pieces of their best work. Unlike traditional, paper-based portfolios, *Evernote* allows students to access their work from any Internet enabled device. More powerful though, is students' ability to *tag* their work with multiple keywords: "problem solving," "reflective writing," one of our new Graduation Expectations, or other learning expectations. This allows students to present one piece of work from multiple lenses, showing mastery of different content areas, graduation expectations, behavioral expectations, etc.. If a student selects a piece of work from an end-of-the unit assessment in math, originally completed on paper, they use the camera on the iPad to scan the work into *Evernote*. Next, the student uses the microphone to record his or her thoughts and reflections on how this piece of work shows mastery in math; the

voice recording appears on the same page as the scanned image of the assessment. Then the student uses the voice recorder to reflect on how this piece of work shows mastery in *Persistence* - one of the Graduation Expectations. When done with the recordings, the student adds a typed description of why the piece was selected as an example of "best work, and defines what is meant by the term "best."

These recordings do not replace a formal presentation of the portfolio, they serve as a conversation starter, to help the student focus on a specific aspect of the work. During parent-teacher conferences, the student can use his or her iPad, wirelessly connected to a projector, to lead parents and teachers through their portfolio, examining pieces of the work from many different perspectives. Using the *tags* in *Evernote*, the student is able to focus on one aspect of his or her learning at a time - then reorganize their work by selecting a different tag and proceeding from there. One piece of work may show up several times, but, each time, the work is discussed from a different content, perspective, learning goal, or graduation expectation. *Tagging* makes this "shuffling" seamless and coherent.

Our 1-to-1 initiatives, and students' sense of *ownership* of these devices, is fostering a larger sense of ownership: ownership of learning. Student voice has been critical in the success we've seen in setting up the rules and expectations for these devices. I'm incredibly proud of our students; they've proven their ability to set up systems which have allowed this process to move forward smoothly and naturally. They've proven they can take responsibility for their own 1-to-1 devices. And they've proven they can help change the way we "do school."

Questions? Comments? Please contact me at dblanchard@wdschools.org, or leave a phone message at 383-6073.

Help Support the 2014 Penguin Plunge – Saturday February 8!

By Sean McMannon, Winooski Superintendent of Schools

The Winooski School District (WSD), including staff, students (Grades 5-12) and parents have formed a Penguin Plunge team to support Special Olympics VT. Our team is open to any resident of Winooski, city employees and local businesses. The Penguin Plunge will be held Saturday, February 8, 2014 at 11:00am at the Burlington waterfront. Our goals are to:

- Heighten awareness of disabilities & cultivate a more inclusive climate across Winooski School District (WSD) and the city
- Raise money for Special Olympics Vermont (SOVT) and the 935 athletes who participate statewide. A portion of the dollars we raise will return to Winooski Schools to support a Unified Sports program

So far we have 70 team members and have raised nearly \$2,800. I have been working with the city and local businesses to increase involvement and solicit financial support to subsidize students who want to plunge but cannot reach the \$150 fundraising minimum.

Please consider supporting Special Olympics VT and our Winooski Penguin Plunge Team in one of the following ways

by clicking the links below:

1. Register to plunge with the Winooski Team: <http://www.firstgiving.com/team/247809>
2. Make a donation to the Winooski Team via Superintendent Sean McMannon's page: <http://www.firstgiving.com/fundraiser/sean-mcmannon/burlington2014>
3. Cash or check donations can be dropped at the Winooski School District Central Office. Checks can be made out to Special Olympics VT, memo Penguin Plunge-Winooski Team

All donations can be shifted around among registered plungers as we approach the Plunge date so as many Winooski students as possible can participate.

Thanks for your consideration!



ANNOUNCEMENTS

Preschool Skills Screening FEBRUARY 21st

9:00 AM – 2:00 PM
PRESCHOOL ROOM,
JFK ELEMENTARY SCHOOL

If you have concerns about your child's development, our Winooski Early Childhood Program team will screen your child's development in the areas of Speech & Language Skills, Motor Skills, Adaptive Skills, Personal/Social Skills, and Academic/Cognitive Skills. This screening is play based and free for 3 and 4 year old children, living in Winooski. Please call Sandy Castle at 383-6009 to schedule an appointment for you and your child to come to the screening on February 21, 2014.

*Teachers will also be filling out applications for all preschool slots at this time.

Interested In Running For The School Board?

There are three positions up for election in March:

- 2 year term (Julian Portilla)
- 3 year term (Michael Decarreau)
- School Treasurer (Jim Ticehurst)

If you'd like to run, you need to:

- Pick up a petition at Winooski City Hall, or call 655-6419 and they will email you one.
- State your name, the office you are running for and the length of the term.
- Get the petition signed by 50 legal registered Winooski voters. Their names must be legible or they cannot be considered.
- Submit your petition between Thursday January 23rd and Monday February 3th, 2014 (by 4:30 p.m.)

Petitioners have to turn in their own petitions because they have to fill out a certificate of assent so their name will appear on the ballot. To be qualified for service on the School Board or as Treasurer, you must be a registered voter.

If you are planning to run, we would like to introduce you to readers of this newsletter in our March issue. Please provide the following information by February 11 for publication in the March issue of the District News. We intend to run this information to give Winooski voters a chance to get to know the candidates. Please submit the following information to editor Anne Linton Elston at annelinton@mac.com:

- Name
- Address & Telephone
- Work
- Education
- Hobbies/activities
- Community service
- Reason for running (75 words or less)

Dollars for Scholars Delivers Awards — and Raises More Money

By Cathy Resmer, Winooski Dollars for Scholars Publicity Chair

What feels better than raising thousands of dollars for Winooski middle and high school students? Giving that money away!

Every year, Winooski Dollars for Scholars awards between \$15,000-\$18,000 to Winooski students who are pursuing higher education. We announce the scholarship winners at the graduation ceremony in June, but we don't give out the checks until the recipients have completed their first semester of college.

On Monday, December 30, the board members of Winooski Dollars for Scholars held a reception to present checks to the winners of the 2013 scholarships. Six Winooski graduates and several of their parents attended. We loved hearing about their struggles and successes halfway through their first year at school. We encouraged them to keep working and reminded them that their community supports their efforts.

Just two weeks later, we had our first

fundraiser of the year. On January 9, Winooski's own Mule Bar generously offered to make Dollars for Scholars the beneficiary of a raffle during its Belgian-themed event with Allagash Brewing Company, which raised \$360. Thanks, Mule Bar! That was a great way to start off the new year.

The new year is also bringing a couple of changes. First, Dollars for Scholars has committed to giving away 5 percent of its funds to middle and high school students seeking enrichment opportunities. Students who wish to attend academic or artistic camps, classes, workshops or conferences are encouraged to apply by contacting Principal Wheeler.

The second change is that Dollars for Scholars will be using online applications this year for its scholarships. All members of the class of 2014 who are planning to pursue higher education should fill out an application. Karen Greene will be helping students navigate this process.



L to R: Moriah Leary, Ashley Antoniak, Brianna Robare, Bimala Bista, Isho Sadik and Saleban Olow. Not pictured: Dino Dzinic, Kaitlyn Callahan, Ashley Bushey, Canary Ly, Maryan Hassan, Derrick Langlais, Chandra Luitel, Coralyn Boivin, Hari Luitel, Isho Sadik and Vedad Cicak.

2014 is the 20th anniversary of Winooski Dollars for Scholars. Thanks for supporting us over the years — here's to another 20!

For more information about Dollars for Scholars, please contact me at 802-825-1099, or via email at cathy@sevendaysvt.com.

STARS hit 100,000 mark!

By Mary O'Rourke, JFK Elementary Principal

We want to congratulate our JFK stars for having earned 100,000 stars. Every 20,000 stars collected, we have small celebrations but when we hit 100,000 we party big. So, on February 7th, the group A2VT will perform for us at 2pm. After the concert, the students will be able to ask questions of the group. We are looking forward to this big event!



One of the next initiatives at JFK is called Project-Based Learning (PBL). Teachers will receive training in PBL this summer. During this training, they will design a unit /project that they will use in the classroom next year. Project-Based Learning emphasizes: communication, collaboration, creativity and critical thinking. This aligns very nicely with graduate expectations. PBL will also prepare our students and ready them for the middle/high school as they move toward personalized learning.

We continue to receive training in best practices in mathematics. We will be having another studio day in early February. Studio days consist of looking at data, observing a teacher in the classroom using the best practices and debriefing following the observation. These days are very valuable. They help determine the next steps that we need to focus on as a staff. Teachers then build a plan and begin implementing these practices in the classroom.



Paper Bridges

By Mag Thomas

Paper Bridges is a new afterschool program that is currently being offered at JFK on Tuesday afternoons from 3-4pm. Thirteen JFK Elementary School children are working with Mrs. Blair, Mr. Robertson, Alyson Wall, an AmeriCorps member from Operation: Military Kids, University of Vermont Extension 4-H, and Jeff Rogers from UTC Aerospace Systems, to learn all about the science behind bridges.

During the program, our students design, construct and test bridges made from simple materials and tools such as paper, tape, and rubber bands. The bridges built are a variety of shapes and sizes. Each week the students assume the roles of engineers, material coordinators, designers, and bridge testers. They also learn facts about the different types of bridges and get the chance to discover the secrets behind what makes bridges safe and strong.



Third Graders Learn From SMC Hockey Team

By Lisa Goetz

The 3rd graders at JFK are very lucky to have the St. Michael's Mens Hockey Team as our mentors. They come in each week and work with the children in literacy and math.

In the beginning of the school year the whole team came in and discussed the importance of goal setting using the graduate expectations. Then the hockey players helped students develop their own goals for the school year.

Our students have enjoyed building relationships with the college students and are looking forward to going skating with the team later in the year.

Winter Animals

By David Muir and the Second Grade Team

Second grade is learning about winter animals. Some of the things we're learning about are:

- Hibernation
- Adaptations
- Active and Dormant
- Migration

Student will focus primarily on how animal adaptations help them survive the winter. Such as how their fur grows thick, their feet expand and how they find food. Ask your child about animals they see!



The J.F.K. Student Council hosted a canned food drive to benefit the Chittenden Emergency Food Shelf. Many thanks to all our generous families for your donations.



The Winooski Middle School girls' basketball team after a practice with their mentor team, the Saint Michael's Women's basketball team.

MIDDLE/HIGH SCHOOL HIGHLIGHTS

How Technology Supports Learning

By Leon Wheeler, Principal, WMHS

With the start of the New Year changes were made in the middle/high school regarding how we respond when students are not on time to school, and when athletes aren't succeeding academically. While many students and athletes have done well, others have struggled, and the approaches we've taken in the past haven't been effective.

Our new response is based on a core belief that each student 1) wants to do well, 2) is doing the best he/she can, 3) is capable of achieving great things, and 4) brings a special talent/strength that is needed for making our school truly great.

The essence of the new process is to meet and talk personally with each struggling student:

- To review expected behaviors and clarify why these expectations are important;
- To understand what's getting in the individual's way;
- To explore what he/she can do differently, and commit to doing it;
- To affirm our (adult) belief in the student, and commit to work with them and not give up until they're able to be successful.

A personalized and proficiency-based education system starts with the recognition that each student is a unique individual. The heart of our work as a school is to recognize, value, and nurture

*"Coming together
is a beginning.*

*Keeping together
is progress.*

*Working together
is success."*

— HENRY FORD

the uniqueness of each student.

It's a powerful thing when an individual begins to discover his or her passion, purpose, and inspiration. We are committed to being partners together in creating learning environments that will help that happen.

Have a great February!



January's Artist of the Month:

Mariah Metivier

Please join me in congratulating Maria Metivier! Mariah is a very hard working and focused artist and is an inspiration for her peers and other fellow classmates. Yeah, Mariah!

—Jessica Bruce, Fine Arts Educator

Attention All Middle School Students and Parents!

**Free Bus Transportation To Essex Tech Open House
Saturday, February 8, 2014**

Parents and students are welcome to ride the Essex Tech bus to their Open House. The bus will leave WMS at 9:30 and return at 12:30. Families can view the different programs offered, speak to teachers and current students and enjoy raffles and food. Students **MUST** register with Ms. Brosnan. There are also some limited slots in some programs for workshops that are conducted from 9-10:00. Please call Ms. Brosnan at 383-6107 if you have questions or want to register.

Student Assistant Program Report

By Danielle Jatlow, LICSW

Greetings! As the Student Assistance Program (SAP) Coordinator for the Winooski School District, I provide substance abuse education and prevention programming, brief intervention student support, assessment services, and individual counseling for Winooski students. I also provide family counseling and support on-site at Winooski Middle/High School, at Centerpoint's outpatient clinic and in the community.

We also have some exciting new groups that have just started up for Middle School students this year including In Motion (a self-expression and movement-based group), Creative Expressions (an art-based group), and Facetime (a social skills and community connections group). These groups take place during the school day. If you have any questions or wish to discuss any of our Student Assistance Program services, please do not hesitate to be in touch! I can be reached at djatlow@winooski.k12.vt.us or by phone at 802-383-6093.

My position entails focusing on health and wellness for students and families, which includes, but is not limited to supporting a tobacco-free, drug-free zone at the Winooski School District. My role entails meeting you where you are at to make sure you are safe, healthy and making informed decisions.

Part of making informed decisions involves knowing and understanding policies. Below is the Winooski School District's policy on tobacco. If you have any questions about this policy or others, don't hesitate to ask.

WINOOSKI SCHOOL DISTRICT POLICY ON TOBACCO PROHIBITION

In the interest of providing a safe and healthy environment for employees, students and visitors, and in accordance with the work site smoking law, the following policy on smoking has been adopted:

It is the policy of the Winooski School District to prohibit the use of tobacco on school grounds in accordance with state law. This ban extends to any student, employee or visitor to the schools and applies at all times, whether or not school is in session. Furthermore, students are prohibited from possessing tobacco products at all times while under the supervision of school staff or at school sponsored activities.

Again, I can be reached at 383-6093. Or you can stop by my office (near the School Social Workers). I'd love to hear from you, particularly so we can work together to build on the strengths and interests of students, families, and the Winooski community.

Shouting it Loud and Proud

By Nancy Keller, M.Ed, CAS, NBCT

With generous funding from the Bay and Paul Foundations, Winooski Middle School students are halfway through the first year of our Spartans in Motion (SIM) Program, a daily 25-minute exercise period aimed at getting students active, raising heart rate and bringing students to a ready state for learning.

Every day students complete an exercise circuit with eight different stations that are both challenging and fun to do. In a recent SIM survey, jumping rope was the most popular exercise, and almost 70% of the students reported that SIM was a positive way to begin their day:



"It's really fun and it makes me happy and active."

"I am happy that I get to exercise every morning, and it really helps me, too. I lost so much weight it is crazy."

"Good. It makes me feel calm."

"SIM makes me feel healthy and strong."

"It motivates me and makes

me tired. It also helps me stay focused in the morning. It makes me happy, too."

"Strong and mighty. Like a female caucasian hulk."

"Not tired any more, like, it wakes me up and gets my blood flowing and gets my heart pounding."

"Tired, but I am always ready to go to my next class after and I find that I focus better, when I finish doing SIM and then go straight to work."

Students weren't the only ones who have found SIM successful. In December, Physical Education Consultant Lindsey Simpson, from Vermont's Agency of Education, visited Winooski Middle School. Following her visit, Simpson noted, "This program is really exciting! I love that the kids and teachers are doing this together and that there is so much variety among the activities." Based on the current and emerging research that shows a strong correlation between exercise and academic achievement, the State of Vermont has raised the standard for



physical activity and now recommends 30 minutes, in addition to physical education, every day for all students in grades preK through 12. Simpson added, "You are ahead of this curve and I would encourage you to shout it loud and proud."

Band Notes

By Randy Argraves

The festival season is upon us here in the music department. **Rebecca White** and **Brianna Moore** attended and performed in the Middle School District III Music Festival at Burlington High School late last month. Their festival was a long, and rewarding, two-day workshop that culminated in an exhilarating performance with many other very talented middle school musicians from throughout Chittenden County. Congratulations to both of them for their hard work and passion for music.

Also, please mark on your calendar our High School Jazz Band and Strings will be performing at our 8th annual **Jazz Dinner** here at Winooski High School cafeteria on **Sunday, February 9th** at 6 PM. Tickets will be available at the door, but it would be very helpful if you could purchase your tickets ahead of time, so we can get an accurate idea of how much food to order from Papa Frank's. All the musicians are excited to perform for you. We look forward to seeing you on this special evening.

Please join us at one of our upcoming events:

Jazz Dinner.....	Sunday, February 9 th at 6 PM
March into Spring Concert.....	Thursday, March 20 th at 7 PM
All State Parade in St. Johnsbury.....	Wednesday, May 7 th at 6 PM
Pops Concert.....	Tuesday, May 20 th at 7 PM
Memorial Day Parade.....	Saturday, May 24 th at noon
Jazz Fest on Church Street.....	TBA (1 st week in June)



What's Cooking in WHS Afterschool?

By Barbara Russ

Great news on the culinary front! For the second year, Winooski High School students will be participating in the Jr. Iron Chef competition on **March**



22nd in the Blue Ribbon Pavilion of the Champlain Valley Exposition. Our students are meeting every Thursday afterschool for an hour and a half practicing their culinary skills for the competition. Their advisor, Mrs. Knapp, works with them each week as they practice and prepare recipes in a variety of ways. Mrs. Knapp's role is to provide ongoing input and advice as the students perfect their cooking techniques. Our students are especially busy now, as they have to identify their final recipe to Jr Iron Chef Vermont by mid-February.

The Jr. Iron Chef Vermont is a statewide competition for middle and high school students. The competition provides an opportunity for our students to work together to create and practice cooking a variety of recipes and recipe adaptations over several weeks, as they get ready for the competition. Working collaboratively, problem solving, measuring and calculating quantities, and having fun are all part of this afterschool program as the students slice, dice, boil, and bake!

Members of our team are Jason Truong, Alyssa Winegar, and Shyanna Sweeney. For more information about the competition, please go to: <http://www.jrironchefvt.org/>.



WMS Plays Tennis at The Edge in New Program

By Nancy Keller

"It's great because of the movement and exercise!" says one WMS seventh grader, when asked about the new afterschool tennis program.

Winooski School District's 21C Afterschool Program, along with the King Street Center and the O'Brien Community Center, is pleased to offer Winooski Middle Schools students the opportunity to learn to play tennis. Every Friday after school, six middle-schoolers from Winooski are picked up by Ethan Hausman, Program Coordinator for the City of Winooski, and Tony Lopez of the King Street Center, and travel to the Sports and Fitness Edge in Essex to learn to play tennis from tennis pro, Jake Agna. Along the way, the van also makes a stop at the King Street Center, where Edmunds Middle School students join the tennis outing, giving students a chance to meet new friends or reconnect with old acquaintances.

"I like it because it's fun. I don't want to just stay home," comments Lai Lar. "I like tennis because it's a fun sport. People have a lot of fun playing and their spirits are up," explains Sarday. For an hour and a half, students learn to play tennis, something that none of the Winooski Middle School students have ever done before. "It's nice to try new things," adds Rachel. Meera agrees, "I like to play two against two." "If I didn't play tennis," says Risthika, "I would be home and playing with my iPad or doing homework. Playing tennis is awesome. I get to meet new people and try new stuff."

At 5pm, the tennis lesson concludes and the King Street Center van returns to The Edge to pick up the students and return them to the O'Brien Community Center or Winooski Middle School—whichever is more convenient.

Thanks so much to Vicky Smith, executive director of the King Street Center for partnering with Winooski School District's afterschool program, to Tony Lopez for safely driving our students to and from The Edge each week, to Jake Agna for his tennis expertise and innovative tennis games that keep our students excited and moving, and to Ethan Hausman for helping to make this all happen for our students.

If you know a middle school student who is interested in joining the fun, please have them see Winooski's 21C afterschool program director, Barbara Russ, for a permission form.



Guidance News

By Emmy Charron, Guidance Counselor, Winooski Middle High School

Here are upcoming February events to mark on your calendars!

- (Seniors) **February 7th:** Early Bird Deadline for the VSAC Scholarships. Finish your applications early and put yourself in the running for a \$1000 scholarship. Please make an appointment with Emmy or Heidi if you need help.
- **February 8th:** ACT test date
- **February 9th:** Last day to register for the March 8th SAT's
- **February 14th:** Juniors and Sophomores will get a sneak peek into the programs offered at Burlington and Essex Technical Centers for next years educational options. Freshman will also be getting informed about Essex's Pre-tech option which is available to sophomores.
- **February 18th:** Students interested in visiting a program or two at Essex Tech will have the opportunity to go visit on this day.
- **February 20th:** Students interested in visiting a program or two at Burlington Tech will have the opportunity to go visit on this day.

Questions about financial aid? Contact VSAC Coordinator Heidi McLaughlin at mclaughlin@vsac.org. Also, you'll find lots of information about planning for college, grades and transcripts on the district website at www.wdschools.org. Follow the links under the "Winooski HS" header tab, and you can get more information about graduation requirements, college resources, and much more. You can reach me at 383-6099 (direct), 655-3530 or at echarron@wdschools.org to set up an appointment.

Middle School Reading Performance: We're On the Move

By Donna Issenberg M.Ed., Reading Specialist, Winooski Middle/High School

Should you walk through the hall of Winooski Middle School at 11:20, you wouldn't hear a sound. That's because students are deeply engaged in Reading Plus, an innovative web-based program designed to move individuals toward silent reading comprehension proficiency. In addition to offering numerous passages guided through a unique technological system, visual perception/memory and robust vocabulary components are also embedded within this state of the art program. Through the generosity of the Morgridge Family Foundation and the United Way of Chittenden County, the Winooski School District has been able to carry out this outstanding technology.

Early data/results have proved promising. Thus far, student involvement has led to marked improvement in grade level gains in the areas of silent reading rate and comprehension. For example, as students are exposed to more complex text that includes higher level vocabulary, ideas and sentence length, their ability to understand increases. These factors are critical, particularly as school districts across the state of Vermont move toward the implementation of the Common Core, a rigorous set of standards adopted by the majority of states throughout our nation as encouraged by the Federal Government.

Your involvement and support is important to your child's performance. As parents, you may be interested in listening to your child read aloud over the course of several weeks. You will be able to judge his or her growth and improvement! Looking forward to the March newsletter. Personal impressions of Reading Plus will be offered through the words of the students.



Music Matters

By Cathy Mander-Adams

Hello again! The beginning of a new year brings along many resolutions. Mine is to *try* to add a message in every newsletter for the remainder of the year.

January is the month for the Champlain Valley District III 7th & 8th Grade Music Festival and I have one student participating. I am happy to announce that **Madison Wright** was successful in her audition and was accepted to participate in the District III Chorus. Madison will join a chorus of approximately 125 singers from 13 schools in our District. We audition students to be certain all those participating have the capability to perform certain elements like reading pitches and rhythms. We practice those skills in P.R.I.D.E. Chorus, but not all kids have acquired the skills. Maybe next year there will be 10 students participating.

We have our annual **Spring Concert on March 20**. Performances, as usual, are open to the public and happen in the WSD Performing Arts Center starting at 7:00pm. As always, we would love to see more community friends at all of our concerts.

It is not too early to start talking about the Winooski School District "Spring Into the Arts" Festival Week in May. This is only our second year for this great event, but the plans are going well and we will provide more information as we continue through our planning. Mark your calendars now for the "Kick-Off" performances that will take place on Monday, **May 19** at 4:00pm in the O'Brien Center. There are surprises in the works. Don't miss out.

You Can Help!

The PTO is continuing to collect Box Tops, Campbell's Soup Labels. Please save them and bring them to school. Your child's teacher can send them to the office for collection. Thank you!

Academic All-Stars

Due to space constraints, we were not able to reprint the full story that appeared in the original Burlington Free Press version, printed January 14, 2014. Visit their website to read the full version. Congratulations Cara and Serina!

Name: Cara Casier

Age: 16

Parents: David and Linda Casier

Top accomplishments:

National Honor Society member, Honor

Student all four years,

Won Best Sound in Spring 2013 50 Hour

Film contest with fellows students at Burlington Tech's Electronic Recording Arts program, I make a mean quiche

In the community: 100+ hours of community service, went to HOBY (all alumni please get down) Green Mountain Girls State

After graduation: college

Career plans: Hopefully direct a feature film one day (and maybe win an Academy Award)



Name: Serina Phuong

Age: 17

Parents: Lien Du (mother), Kiet Phuong (father)

Top accomplishments:

National Honor Society member; received the

VAMLE award; maintained a 3.89 GPA; nominated to attend the National Youth Leadership Conference; nominated for the National Society of High School Scholars

In the community: Yearbook committee, prom committee and varsity track. Also, accounting intern at the Winooski City Hall Accounting Department for 40 hours.

After graduation: college

Career plans: Currently, I am interested in studying in the medical field. I hope to become a pharmacist or physician in the future. But because I am still young, my ambition might change and my future occupation might be different.



COMMUNITY NEWS

Update from your City Council

By Sally Tipson

The activity of the City Council has been centered around the municipal budget. We have been working on it since December and will continue until the end of January. By the time you are reading this, a budget will have been adopted and ready for your vote. It will be online and as always if you have questions on it, please ask.

Since I have already used the "vote" word, I encourage you to get out to vote. You can vote at the Senior Center, by absentee ballot or at City Hall before Town Meeting Day. We need to elect 2 people for the city council, 2 for school board and 1 for school trustee. The vacancies for city council are a result of John Little and Sarah Robinson opting not to seek re-election. They have both served for 2 terms and have done so with professionalism, dedication and always



with city interests in mind. Both have served admirably and will be deeply missed.

Want to get involved? We are currently looking for residents to serve on a newly formed

Community Service Commission.

The purpose is to engage residents in developing the vision of the Community Services Department and in making strategic decisions to guide the work of the department. For more information, please check the web site.

Once again, please vote on March 4th at the Senior Center. Polls are open from 7 to 7.

As always, if you have any thoughts or concerns about your community, please feel free to contact any member of the City Council, or attend a City Council meeting.

Your City Officials	Email addresses	Telephone
Mayor Michael O'Brien	mayor@winooskivt.org	802-655-4879
Deputy Mayor Sally Tipson	stipson@winooskivt.org	802-655-3894
Councilor John Little	jlittle@winooskivt.org	802-655-0106
Councilor Seth Leonard	sleonard@winooskivt.org	919-616-0276
Councilor Sarah Robinson	srobinson@winooskivt.org	802-734-6422
City Manager Deac Decarreau	deac@winooskivt.org	802-655-6410

Visit the city website at winooskivt.org or call 802-655-6410.



Keep up to date with announcements and news about City activities:

LIKE US ON FACEBOOK We are "City of Winooski - Government"

FOLLOW US ON TWITTER We are @winooskivt

Winooski Historical Society Hosts Vince Feeney

WHEN: Sunday February 16, 2014

WHERE: Winooski Senior Center

TIME: 1:00 P.M.

TOPIC: Freemasons, Unitarians, and the Founding of The University of Vermont

The inscription on the base of Ira Allen's statue on the UVM Green reads: "Ira Allen, Founded this University, 1791." But how much of a founder was he? Might the true founders be a small group of individuals associated with the Masonic order and the liberal wing of the Congregational church that came to be known as Unitarianism? And could UVM be considered the first public institution of higher education in New England? Vince Feeney's current historical research sheds light on the origins of the university and of the social controversies that plagued it in its earliest days.

Notice for Candidates for City Office

To run for a political office in the City of Winooski residents are asked to fill out a petition. This petition is generic and can be used for the Office of City Council, School Board or School Treasurer. Petitions are available in the City Clerks Office and printable off the website, just follow the link below.

The first day to file your petition is Thursday, January 23rd, 2014 and **the last day to file your petition is Monday, February 3, 2014** no later than 4:30 p.m. Petitioners have to turn in their own petitions because they have to fill out a certificate of assent so their name will appear on the ballot.

There are two City Council positions up for election in March:

- 2 year term (Sarah Robinson)
- 2 year term (John Little)

To be qualified for service on City Council you have to be a registered voter.

If you are planning to run for City Council, this newsletter would like to introduce you to readers in our March issue. Please provide the following information by February 11 for publication in the March issue of the District News. We intend to run this information to give Winooski voters a chance to get to know the candidates. Please submit the following information to newsletter editor Anne Linton Elston at annelinton@mac.com:

- Name
- Address & Telephone
- Work
- Education
- Hobbies/activities
- Community service
- Reason for running (75 words or less)

Learning Readiness Program Offered

Early Learning Readiness program is a FREE learning-through-play program offered by the Y for caregivers and children ages 1 month – 5 years. Think of it as a kind of community based preschool, one that provides a stimulating environment for children and helpful education and support for caregivers. Moms, dads, grandparents, friends – all welcome! The group meets two times a week in Winooski at the Y Early Childhood Center, across the parking lot from the JFK Elementary School. Meet Tuesday and Thursday from 9-11AM. Drop in! The program is free thanks to a grant from Birth to Three, Vermont Children's Trust and individual donors to the Y Annual Campaign.

Contact Tina Boljevac at 652-8147 or tboljevac@gbymca.org for more information.

Legislative Report

By Representative Clem Bissonnette (cbissonnette@leg.state.vt.us) and Representative George Cross (gcross@leg.state.vt.us)



The legislative year is off to a quick start. While we have not seen the Governor's budget at this writing, we have heard his impassioned call to tackle the serious problem of opiate addiction in our state. That issue will be front and center during the session.

A new service is up and running this year. Vermonters are now able to not only review the weekly agenda for each committee, but are also able to read the documents before each committee. To access this service follow these steps:

Put **www.leg.state.vt.us** in your computer address bar.

- Click on "Committee Schedules and Agendas".
- Click on the blue page icon for that week's committee agenda. If the icon is not blue, the agenda has not been posted.
- Click on the **green committee name** and you will find all the documents presented to the committee for this session. In some cases there will also be other documents available.

This new service is designed to provide greater openness and transparency into the work of the legislative committees. You will also find considerable other material at www.leg.state.vt.us. Including copies of all the bills introduced and where they stand at any given time. We encourage you to take a look.

Congratulations, Free Throw Contest Winners!

By Jeff Brosseau

The Winooski Knights of Columbus Council # 2284 and Saint Francis Xavier CYO jointly sponsored a free throw contest on Saturday, January 11 at the Winooski High School Gym. Congratulations to all (sixty-one!) local youth who participated in the event! The winners were:

AGE	BOYS	GIRLS
Age 9	Michael Stockbridge	Larissa Zierak
Age 10	Kayden Burke	Cassidy Gorrigan
Age 11	Leo Chalkin	Alex Dostie
Age 12	Merase Niyonsaba	Jenna Reynolds
Age 13	Zach McCormick	Lydia Nattress
Age 14	Gregory Bolger	Olivia Lesage

Each winner was invited to a Council reception on January 13th to receive a K of C winner's certificate and prize (a Barnes & Noble gift card). Each winner is eligible to participate in the District level free throw competition, Saturday February 22nd 10:00 at St. John Vianney Parish Hall in South Burlington.

Baseball/Softball & Babe Ruth Registrations

Winooski Little League Baseball/Softball & Babe Ruth will hold registrations Monday, February 17th 6:30 pm - 8:00 pm High School Cafeteria, Wednesday, February 19th 5:30 pm - 7:30 pm Main Lobby Entrance & Friday, March 21st 3:00 pm - 6:00 pm in the school library. Proof of age is required for all new players, who must be within age limits: April 30th is the cutoff for Baseball, December 31st for Softball. Little League is for ages 4-12, Babe Ruth for ages 13-18. Little League fees are \$40 for one player, and \$70 for a family. Late fee is \$10 after 3/31. Babe Ruth fee is \$55.00 per player. Info: call Jeff Brosseau at 655-3556, email at jeffrey.brosseau@greenmountainpower.com.

Stay Informed about Ballot Issues with Channel 17 Broadcasts!

• MONDAY FEBRUARY 17th LIVE CALL-IN 862-3966

Watch on Channel 17 Live Winooski [School Budget Presentation](#), 5:25 to 5:55pm. (streamed live at www.cctv.org/Live_events).

• FRIDAY FEBRUARY 21, LIVE AUDIENCE AT O'BRIEN COMMUNITY CENTER

Watch Live on TV or Streaming from www.cctv.org/Live_events 5:25pm - 5:55pm Winooski [City Budget Presentation](#) (City Manager and Mayor), followed by interviews with [City Council Candidates](#) beginning at 6pm.

• MONDAY FEBRUARY 24th LIVE AUDIENCE AT O'BRIEN COMMUNITY CENTER

Watch Live on TV or Streaming from www.cctv.org/Live_events Starting at 5:25 Winooski [School Board Candidate](#) interviews followed by [School Treasurer Candidates](#).

Spark Camp Offered During February School Vacation Week (for students in grades K-5)

The City's Community Services Department is offering a four-day Spark Camp during the upcoming school vacation. Hosted at the Winooski Schools Facility, Spark Camps are a full-day extension of Thrive After School, the City's state-licensed childcare program. Children do not need to be enrolled in Thrive After School to be registered for the Spark Camp.

Morning and afternoon snacks will be provided for all enrolled children; families who register early can choose to send their own lunches (saving \$15) or have healthy lunches provided each day. Fees for the 4-day Spark Camp increase after the February 12 early registration deadline, so parents are encouraged to register their children soon!



WHAT: a 4-day recreational camp, with snacks included and a lunch option

WHEN: Tuesday, February 25 – Friday, February 28, 8:00am – 5:30pm daily

EARLY REGISTRATION: must be received on or before **Wednesday, February 12.**

- 4-days, Tuesday-Friday, daily lunches and snacks provided = \$125/child

- 4-days, Tuesday-Friday, snacks only = \$110/child

REGISTRATION AFTER FEBRUARY 12:

- 4-days, Tuesday-Friday, including snacks, & lunch = \$140/child

- Daily enrollment, including snacks, & lunch = \$40/child per day

(please note: daily enrollment is available only if spots remain after the early registration period)

FORMS & SIGN-UP: Forms are available at JFK Front Office, Winooski Schools Library, & O'Brien Community Center. Half the session fee (or co-pay for families who receive childcare subsidy) is required to register. Registration payment is non-refundable unless canceled on or before February 21st.

More information about the Spark Camp – including a downloadable registration form – is available on the City's website

(www.winooski.org). Questions can be directed to Program Coordinator Ethan Hausman at 655-1392 x21 (or email: coordinator@winooski.org).

Vermont Childcare Subsidy is accepted to offset fees for eligible families



Winooski Senior Center February Highlights

By Jahnine Spaulding

- **February 1** at 2PM - In honor of the Olympics enjoy our Saturday Movie Matinee, "Cool Runnings." This story about a Jamaican bobsled team is hilarious AND heartwarming. Free
- **February 5** at 12:30 PM - Valentine Card Making with Janet F. Say, "I love you," with a beautifully handmade card! \$1 for three cards
- **Every Monday and Wednesday** - Tai Chi for Arthritis at 11:00 AM - a new program that has been shown to reduce the risk of falls by 47%! Sponsored by CVAA Free. Space is limited so please call to reserve your spot.
- **Every Thursday**- Lunch and Bingo! This is a great way to spend a chilly afternoon! 11:30 Lunch for \$4, 12:30 Bingo at \$8 per sheet, plus \$1 or more for the 50/50

As always, we welcome your questions and suggestions! Call Jahnine at 655-6425 or email her at seniorcenter@winooskivt.org. The Winooski Senior Center welcomes all community members 55 and older. We are located at 123 Barlow Street.

*Many thanks to our intrepid **Meals On Wheels** volunteers! January's ice and cold made meal delivery a real challenge, but every MOW customer got their hot meal, a safety check, and a smile all thanks to our dedicated volunteers!*



If you are ready to make an immediate positive impact in our community, the Winooski Senior Center Meals on Wheels program wants YOU! If you have transportation, and can spare 2 hours between 9-11 AM one day a month, we'd love to talk with you about becoming part of the team. Give us a call at 655-6425 or email us at seniorcenter@winooskivt.org.



WCSPS Update

By Kate Nugent, Winooski Coalition for a Safe and Peaceful Community

The February Community Dinner will take place at the Winooski School District cafeteria, and begin a little early to allow fans to support the basketball team! The dinner will start at 5 PM and include a presentation on the school budget. The event is free and will take place on **Wednesday, February 19**, from 5 to 6:30 PM. Please contact us with any questions or directions, if you usually attend these dinners at the O'Brien Community Center.

Sign up for our e-newsletter at wcspc.org or email us at winooskicoalition@gmail.com. Winooski Coalition for a Safe and Peaceful Community | 802.655.4565 | 32 Malletts Bay Ave, Winooski, VT 05404



Welcome To Our New Downtown Businesses!

By Laura Brown, Purple Shutter Herbs

The Winooski Community Partnership is pleased to bring your attention to some new goings-on in the downtown.



You will be seeing some of the empty storefronts, on the east side of town, filling with new tenants. Let's start by wandering down the sidewalk on the Circulator:

- **The Mule Bar** is now open at 38 Main Street - excellent selection of beers, food & nice folks;
- Down the block & around the corner you'll see activity at 25 Winooski Falls Way, where the **Misery Loves Company** folks are installing equipment for their new **Bakeshop & Café** (it will also provide a commissary kitchen to service their catering business);
- Just down the sidewalk at #109 is **Salon Salon Winooski** - a full service Aveda salon for men & women.
- Across the road at 150 West Canal Street, **Four Quarter Brewing** is busy at work. We hope that you stop in and welcome them all to our community and try their wares!

Community Center Coffee Hour

Please join us from 9:00-11:00 am on Fridays! Come have coffee, tea, sometimes juice, and a bite-size pastry, courtesy of Starbucks on Williston Road. Also, there are free blood pressure screenings by Fletcher Allen on the first Friday of every month!

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

The flu is being reported throughout the state. People are encouraged to get vaccinated. Call your primary care physician to see if the flu shot is right for you.

Here are some helpful hints to minimize the spread of germs.

- Cover your mouth and nose when coughing or sneezing.
- Cough or sneeze into a tissue and then throw it away.
- Wash your hands often, especially after you cough or sneeze.
- Use alcohol-based hand wipes and gel sanitizers if soap and water are not available.
- Stay home from work or school if you are sick.

Here at Winooski we ask that you not send your student to school is they are running a fever of 100 degrees or higher. Please make sure they are fever free for at least 24 hours without the use of fever-reducing medication before allowing them to return to school.

For more information, visit www.healthvermont.gov.

Tooth Tutor Update

Diane Polson, RDH, Tooth Tutor

There is exciting news in the dental world. **Vermont Dental Care now offers a ride program for dental appointments!** SSTA (the transportation company) will pick your child up from school, bring them to their dental appointment and then safely return them back to school after their appointment is complete.

Your child qualifies if they are on Medicaid/Dr. Dynasaur. For their first appointment, just fill out the initial consent form and return it to the Nurse's Office. The school and Vermont Dental Care will take care of the rest. These forms can be found in the Nurse's Office or at Vermont Dental.

For more information, speak with the

Tooth Tutor, one of the nurses, or call Vermont Dental Care at 655-2385.

If you are in need of DENTAL CARE or have not been seen by a Dentist in the past

year, please stop by and see me. I am in the Health Office on alternating Wednesdays and Thursdays or you can reach me at 383-6094.

ELEMENTARY SCHOOL LUNCH MENU — FEBRUARY

DAILY BREAKFAST OPTIONS:

Abbey Breakfast Sandwich: Sausage & Cheese on English Muffin – offered daily!!

MONDAY: Whole Grain French Toast Sticks • TUESDAY: Whole Grain Cinnamon Bun w/Cheese Stick

WEDNESDAY: Scrambled Egg & Cheese Wrap • THURSDAY: Healthy Breakfast Round

FRIDAY: Egg & Ham in a Basket OR Cereals w/English Muffin OR Bagels

** Fresh Fruit & Milk With all Meals**

Choice of milk served with all complete meals:
Low-fat White &
Low-fat Chocolate

PLEASE NOTE:

Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

AVAILABLE DAILY

1. The Abbey Groups Main Menu Entree
2. Hoagieville Made to Order Deli Bar
3. Garden Fresh Salad Bar
4. Yogurt Parfait & Cheese Bun [substitute your main entrée]
6. Little Italy Pizzeria and Abbey Express Daily Specials

PRICES:

Breakfast

Regular \$1.25

Reduced \$FREE

Adult \$1.75

Lunch

Regular JFK \$2.00

Regular WMHS \$2.25

Reduced \$FREE

Adult \$3.25

Beverages

Milk \$0.50

Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: www.abbeygroup.net/lunch/ prepay

Mon., Feb. 3	Tues., Feb. 4	Wed., Feb. 5	Thurs., Feb. 6	Fri., Feb. 7
Dress Your Own Burger on A Bun Roasted Sweet Potato Wedges Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Pasta w/Meat Sauce or Garden Marinara Sauce Spinach Salad Italian Bean Salad Garlic Breadstick Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Homemade Pepperoni, Cheese or Veggie Pizza Whole Grain Pizza Dough Chopped Green Salad Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Brownies Fresh Fruit Fresh Milk	Taco Bar w/ The Works Seasoned Taco Meat, Mozz. Cheese, Lettuce, Salsa & Soft Flour Tortilla Rice Pilaf Warm Black Beans Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Whole Grains Taste Test Fresh Fruit Fresh Milk	Chicken Parmesan Sandwich on Toasted Wheat Roll Baked Potato Roasted Zucchini Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., Feb. 10	Tues., Feb. 11	Wed., Feb. 12	Thurs., Feb. 13	Fri., Feb. 14
Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Potato Wedges Green Pepper Sticks Banana Bread Square Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Cheesy Noodles w/Beef Steamed Broccoli Carrot Sticks Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Early Release Grades 6-12 Cheesy Breadsticks Hearty Country Vegetable Soup Marinara Dipping Sauce Side Caesar Salad Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Nachos Supreme Seasoned Taco Meat, Cheese Sauce, Salsa, Lettuce, & Corn Tortilla Chips Rice Pilaf Warm Black Beans Creamy Coleslaw Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Chicken & Biscuits Whole Grain Biscuit Steamed Peas Mashed Potato Wheat Sugar Cookie Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., Feb. 17	Tues., Feb. 18	Wed., Feb. 19	Thurs., Feb. 20	Fri., Feb. 21
Chicken Patty Sandwich Lettuce, Tomato & Cheese Rice Pilaf Steamed Corn Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Mini Sea Shell Pasta w/Cheese Sauce Chopped Green Salad Happy Birthday Cake Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Delayed Start Grades K-5 Homemade Pepperoni, Cheese or Veggie Pizza Caesar Salad Fresh Carrot Sticks Hummus Dip Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Chicken & Bean Enchilada Bake Rice Pilaf Whole Grain Rice Warm Black Beans Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Pancakes w/ Warm Syrup Sausage Links Sweet & White Home Fries Celery Sticks Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., Feb. 24	Tues., Feb. 25	Wed., Feb. 26	Thurs., Feb. 27	Fri., Feb. 28
No School	No School	No School	No School	No School

PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Newsletter of the Winooski School District

Winooski School District
60 Normand Street
Winooski, VT 05404

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WINOOSKI PUBLIC SCHOOLS

www.wdschools.org

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Winooski Middle and High School

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MISSION STATEMENT

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 405 students attending JFK Elementary (grades PreK-5), 155 attending Winooski Middle School (grades 6-8), and 227 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

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