

WINOOSKI SCHOOL

# DISTRICT NEWS!

VOLUME 8, ISSUE 7

APRIL 2011

*Celebrating our Achievements*

## Congratulations, Varsity Boys Basketball Team!



### Division III CHAMPIONS 2011!



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### Thank you!

By Mary Martineau, Superintendent of Schools

I would like to take this opportunity to thank the citizens of Winooski for supporting the city and school budgets. It was wonderful to see so many people in attendance at the annual city and school meetings on February 28th. A large part of the District's work with the school improvement grant and the Nellie Mae Education Foundation planning year grant is around increasing parent and community engagement. I strongly encourage everyone to become involved! Your voice is important, and together we can provide the children of Winooski with a positive, rewarding educational experience. If you are interested in learning more, please contact me at [mmartineau@winooski.k12.vt.us](mailto:mmartineau@winooski.k12.vt.us).

### Community Service Project

Faculty, staff and students in the Winooski School District participated in a fund raising project for the Winooski Coalition for a Safe and Peaceful Community (WCSPC). The WCSPC works to improve the quality of life for all, which



makes Winooski a better place to live! The WCSPC has tackled tough issues such as bullying, drug abuse and obesity to name a few. The WCSPC brings agencies, organizations, government and individual residents together to solve problems and initiate important programs.

In an effort to raise funds to continue this important work, the WCSPC hosted a fund raising event on March 3, 2011 at the O'Brien Community Center in Winooski. The event, "The Plate Off Gala" included a dinner and a silent auction. In addition, students from the Winooski Jazz band provided entertainment during the reception.



Teachers, faculty and students created themed gift baskets to be used in the silent auction. Administrators and students delivered twenty-one gift baskets to the O'Brien Community Center on Friday, February 18th. The goal of this district-wide project was to involve everyone in this important

community service project. The Winooski Community has supported the Winooski School District by passing budgets over the last few years, so this was an opportunity for us to give back to the community. Approximately \$4000.00 was raised, with about a quarter of that coming from the baskets created for the silent auction. This was an exciting opportunity for collaboration between the city and the school district, and we look forward to working together more in the future.

### School Board Update

By Robert Millar, School Board President

As the district began navigating its way through the School Improvement Grant over the past year and a half, the guiding question has remained the same: "How do we improve student performance?" As a result, we've increased professional development for teachers, administrators and all staff. We've begun implementing better systems of evaluation for all the staff. We've investigated ways to improve the technology and infrastructure available in the district. At all levels, right on up to the Board, we've been looking at ways to do our jobs better, to make sure the students of Winooski are getting the best education they can, the education they deserve.

But the reality is education doesn't stop at the edge of the school grounds. It can't. In fact, research shows that one of the most important indicators of student success is the support they get outside of school. Not just the support they get from their parents, but from family, friends and the community at large. That's why, in addition to finding ways we can all do our jobs better here in the district, part of the School Improvement Grant has involved exploring ways to increase involvement and support for students outside of school. With the help of the Vermont Family Network's Parent Information and Resource Center (PIRC), we formed a committee of stakeholders – parents, teachers, administrators, community members and a board member – who are looking at how involved our parents and community are in our students' education and how we can do better. By the end of this school year, they will have created a plan to increase engagement in the school at all levels.

Like never before, the district and city have also been exploring ways to cooperate with each other. For example, in addition to more regular meetings between the City Council and School Board, our superintendent, Mary Martineau and the city manager, Deac Decarreau, have been and will continue to meet with each other monthly to explore how we can better work together. They'll be looking at all sorts of ideas, from ordering office supplies together when possible, to creating an instructional series for our New American community, to help them become more involved. The city is also in the process of forming a committee to create a new, long-term strategic plan and a Board member will be a part of that committee. Beyond cooperation, there will even be a little friendly competition this summer, as the Council and Board square off in the upcoming Winooski "Marathon" – three miles per week for nine out of twelve weeks in order to earn a medal.

The ultimate goal is increased community and parental engagement. By partnering together we believe we can achieve that goal. By combining resources and planning together, we can really coordinate efforts and bring about positive change. I hope you'll join us in these efforts. Contact City Hall (655-6410) or the district's central office (655-0485) if you're interested in volunteering or otherwise getting involved in any way. I'm looking forward to working with you.

## ANNOUNCEMENTS



### Ninth Annual FWHS Golf Tourney Set For July 17

Come celebrate the return of the golfing season at the Ninth Annual Friends of Winooski High School Golf Tournament on Sunday, July 17. You'll be joining other Winooski and area golfers who have enjoyed this fun community event for the last eight years. The early registration team entry fee is \$340 per team/\$85 per individual if paid in full by June 1st. Entries received after June 1st will be \$400 per team/\$100 per individual. Registration fees include carts, a complimentary driving range before the event, contests, prizes, raffles, and a barbecue dinner to follow. Sponsorship opportunities are also available to help support this event. Please call Anne at 655-0942 today to reserve your team or individual entry or go to the school website at <http://www.winooski.k12.vt.us> and select the "Parents" tab, then the

"Friends of Winooski High School" tab for more information and to download your registration and/or sponsorship forms.

Proceeds from the golf tournament benefit WHS students in many ways that reward them and enrich their high school experiences. These range from college scholarship awards to sponsorship of the Student of the Quarter luncheons, to funding field trips, helping pay for Project Graduation, and many other worthwhile activities. We very much appreciate the generous corporate sponsorship we receive from so many local and area businesses, as well as our loyal golfer participation year after year. This continued support is what makes our mission of helping our school wherever possible successful, and we thank you very much for your help.

### Applause, Applause!

Congratulations to the cast and crew of "Pinocchio," on doing such a wonderful job on Friday March 4th! It was a wonderful show for all to enjoy!



### Kindergarten Registration and Screening Coming in May

Kindergarten registration and screening at John F. Kennedy Elementary School in Winooski, VT, will take place on Friday, May 6, and Monday, May 9. Children who will be five years of age prior to January 1, 2012, should attend this registration. Please call the J.F.K. school office at 655-0411 to make an appointment for one of the two days. You must bring your child's birth certificate, updated immunization record and his/her Social Security number to the screening.

### FWHS Calcutta Planned

Friends of Winooski High School is hosting it's Annual Calcutta to benefit the Winooski Baseball, Softball and Track teams. The event will be held on Saturday, April 30th at McKee's Pub and Grill from 4-8pm. Tickets are \$50. Call Cindy Robare at 655-0433 for your ticket today.

The mission of the FWHS is to help out the high school where needed. We have raised funds to help improve the students' educational experiences and to make the school a better place. If you are interested in joining us, please come to the next FWHS meeting, held on the first Tuesday of each month at 6:30 in the library. If you can't make a meeting but would like to help, please call the school at 655-3530. Please join us!

### Save The Dates

The Winooski High School Spring Musical is "You're a Good Man, Charlie Brown". Performances will be on May 4th and May 5th.

### Correction to Honor Roll Report

Our apologies to Nhung Nguyen, who was inadvertently omitted from honor roll reports in the March and December issues of this newsletter. She made Honors in the first quarter and High Honors in 2nd quarter of this year.

# 19th Annual PTO Fun Fair A Smashing Success!

By Tammy Cusson-Ducharme, PTO President

The PTO would like to thank the faculty and staff of JFK Elementary School, plus PTO members themselves (especially Kammy McDonald, who organized all the many details), for all their hard work putting together this year's Fun Fair, which made over \$1400!

Middle School students will enjoy their own Fun Night on April 29th as part of their dance. The event will take place from 6:00 to 9:00 and middle school teachers and staff will run games and activities from 6:00-7:00, after which pizza will be served and the regular dance will get underway.



## Save The Date!

Winooski Dollars for Scholars is getting ready for our annual Calcutta...(July date to be announced). Last year a number of teachers donated their time to provide music or math lessons for our Silent Auction. You or someone you know, might have a skill such as teaching French, math, making crafts, taking photos, doing carpentry projects, giving lessons in baseball, soccer, giving lessons in Photoshop or computer skills that someone else would love to learn. Your skills are welcome! Maybe you could offer to provide 2 hours of yard work or teach someone how to fix a bike or knit a sweater. The list is endless and providing a lesson, or your time, is a great way to support Winooski Dollars for Scholars. We will begin selling Calcutta tickets in April and we hope that even more teachers, administrators and community people will attend our biggest fundraiser.

Winooski Dollars for Scholars is also discussing how to use Social Networking to increase our contact with Alumni and contacts with the community. If you have computer skills, you could make an important contribution to our organization and bring us up to date in the 21st century.

We are a small, dedicated group of people who are always looking for new ideas and energy so we can continue to provide scholarship money to graduating seniors and to Winooski middle and high school students' enrichment programs. Please contact Morgan Kelner (655-4184), Jane Viens (655-1215) or Katherine Helm (655-3530) if you would like to contribute your time or expertise. Our next meeting will be on May 10th at 6:00 in the Learning Center. Although we are growing, we continue to look for new board members and would welcome you to our organization.

Stay tune for location and date of our calcutta.

## Publicly Funded Prekindergarten

The Winooski School District supports Publicly Funded Prekindergarten for children between the ages of 3 and 5 who reside in the town of Winooski, Vermont. Applications for the 2011-2012 school year are due May 1, 2011.

### What is publicly funded prekindergarten education?

Publicly funded prekindergarten education is defined as:

- Six to ten hours per week of developmentally appropriate early development and learning experiences that are based on Vermont's Early Learning Standards.
- Children who reside in Winooski and are between the ages of three – five are eligible.
- Prekindergarten education is limited to the academic year (September 2011 – June 2012).

### Is my child eligible for publicly funded prekindergarten?

If your child will be 3 years old by September 1, 2011 and resides in Winooski, then your child is eligible to participate.

Please Note: If we receive more applications than we have funding to support, then we will need to use a random selection process to determine which children receive publicly funded prekindergarten education. We will inform you whether your child has a slot by June 1, 2011.

### How do I apply?

Application forms may be picked up in the special education offices within the Winooski School District. Applications must be postmarked by May 1st in order to be considered for the May 15th preschool selection to fill 2011-2012 preschool slots. Please return applications to the Winooski School District special education office.

**March Update**

*By Mary O'Rourke, JFK Elementary & Middle School Principal*

During our March in-service, Dr. Paula Bevans was here to train teachers in the Danielson Framework of Teaching. This is the supervision and evaluation model we are adopting as a district. The framework defines what "good teaching" looks like using Danielson's four domains: planning and preparation; the classroom environment; instruction; and professional responsibility. This training provided a starting point for our professional staff district-wide to implement the Danielson model.

I would like to remind everyone that the circle in front of the school is only for dropping off a child in the morning. Please do not park your car in the circle area and enter the building before school hours. This is a fire lane, and as such, needs to be clear of vehicles in case of an emergency.

The middle school held its February Town Meeting. Each team recognized students who were given the PRIDE awards. The acronym stands for:

- P** Patience
- R** Respect
- I** Inquiry
- D** Desire to learn
- E** Excellence

Students who received the PRIDE awards were Anthony Jones, Mariah Fraga, Riley Corrigan, Mark Billado, Michaela Metivier, Giovanni Costantini, Ashley Andersen, Ledania Taylor, Ali Omar, Arnold Vainqueur, Jake Corrigan, Antoinette Mutume, Andrew Durkin, Courtney Fuller, Taylor Hayes, Francine Bahati, Jillian Learned, Shpetim Krasniqi and Bobby Romprey.

The following students received the Take a Stand-Lend a Hand award: Andy Pham, Hunter Robare, Jocelyn Booher and Willi Burns.



**Middle School VKAT Report**

*By Cheryl Brosnan*

The VKAT's (Vermont Kids Against Tobacco) are conducting an Adopt-a-Smoker program for ten adult smokers. The VKAT's are trying to help them quit smoking. The students are giving them information, strategies and gifts that will help them. "The Benefits of Quitting Smoking," "The Cost of Smoking" and "The Symptoms of Nicotine Withdrawal" are examples of some of the information they will be getting. The smokers will be getting some gifts such as Tic Tac's, lollipops, sunflower seeds and stress balls to aid smokers in kicking the habit. Students are also sending letters of support to the adults so they can eventually become smoke free. VKAT's hope that the smokers can find some new techniques that help them quit.



**Dippity Do-Dah!**

*By Mag Thomas*

Afterschool on Thursdays, you can find a group of students lead by Ms. Knowlton using their math and measuring skills to create yummy snacks! Each week, the group learns a new recipe for an easy and healthy dip for snacks and desserts. Cooking vocabulary and fractions are also used while making these delicious dips. The students are also making their own recipe book to take home and share with friends and family!

**Spring Read Alouds and The SmartBoard**

*By Nancy Pecor*



There is a group of eight students in Kindergarten and first grade who are waiting anxiously to hear about Spring. They will be working with Ms. Bryan who will be reading them spring stories. The first session of this afterschool program was delayed due to a March winter storm. Like bears we all had to hibernate at home for a few days until the weather and the roads cleared!

The children will be hearing a variety of books about animals and how they are waiting for Spring, just like we are! Some of the books are *Bear Wants More*, *Tillie Lays an Egg* and *Skunk's Spring Surprise*. The focus will be on the characters in the stories and what they want. Each day they will do an art project after hearing the story and focusing on the main character. The teacher will use the Smart Board in her lesson to help all the students become engaged in the lesson. This computer technology is a great resource to help focus the lesson on a topic and increase interest and learning. One example will be using the SmartBoard to make a KWL chart about chickens. As the children list what they know and want to know about chickens the teacher can put it up on the SmartBoard for everyone to see, Then once they learn new material they can easily add it to the chart in a clear visual format.

**Our Chart About Chickens**

Know	Want to know	Learned
Chickens lay eggs	Do chickens sleep in the day?	Chickens sleep at night
Chickens are birds	How long does it take for an egg to hatch?	



## Who Says Science Can't Be Fun?

By Melissa Richard

Mr. Forman is spending his Monday afternoons afterschool showing middle school students that science can be a lot of fun!

The ten students enrolled in his program are beginning to build trebuchets. Trebuchets are similar to catapults and were often used in the middle ages. Every student in the class has their own kit with materials and a set of directions to help them build their trebuchet.

At the end of the six-week program, students will test their trebuchets and have a contest to see whose will throw an object the farthest.

It's great to see students learning so much about science and having so much fun!



## Relaxation, Tai Chi and Me!

(This article was written by the students who attended the retreat.)

On Wednesday, March 16, 10 students spent the day at Bishop Booth Conference Center (Rock Point) in Burlington. We spent the day practicing relaxation, learning Tai Chi, and building our leadership skills. Finally, we planned how we can share what we've learned with others.

Relaxation, focusing exercises, and Tai Chi can be helpful to teens because there is a lot of stress in a teen's life. Doing these exercises can lower your stress and release the tension in your body. It can also help us calm down before school and classes.

We would like to share what we've learned with our classmates and teachers. We plan to do this by demonstrating in front of our classmates, inviting them to join us on Wednesday mornings at 7:30 to practice, and teaching these exercises to small groups of interested elementary and middle school students.



## Facilitative Leadership Update

By Jackie Lynch

Students in the middle school Facilitative Leadership program recently created and administered surveys to their classmates. These surveys were designed to measure thoughts about student engagement and school climate.

We have begun analyzing the surveys and found four main issues that are important to middle school students. These include: relationships, safety, learning & activities, and school quality & environment. Students will continue the difficult job of analyzing the surveys and plan on reporting the results to their classmates, teachers, and the school board.

The ultimate goal is for students to identify areas of concern and then work with their peers to improve their school.



## Jump Rope For Heart Fundraiser a Success

The PE department was excited to hold the Jump Rope for Heart Fundraiser on Wednesday March 16th, which benefitted the American Heart Association. Thanks to everyone who participated!



## The Challenge of Continual Growth

By Justin Brown, Principal

These are exciting times in Winooski. Sitting with a community member shortly before voting on Town Meeting day, he said to me something along the lines of “I’ve heard more positive press about Winooski in the past couple of years than I’ve had in a lifetime of living here.” As you read this, buds are appearing on the trees and we are entering the season of re-birth. Winooski High School is also beginning to show signs of new growth.

Winooski High School is just beginning to show new growth in three interrelated areas-Curriculum, Instruction and Assessment. By April we will have largely completed our Curricular Mapping to standards in all classes we teach. We have identified the 21st Century Learning we expect all students to demonstrate.

Twenty-first Century Learning Expectations can mean different things. We identified the following general categories for the learning we expect all of our students to demonstrate:

- \* Goal Setting
- \* Critical Thinking
- \* Healthy Choices
- \* Understanding of place in the world
- \* Communication
- \* Collaboration
- \* Effective Use of Technology

Within and across these categories, in each of our subjects we are also obligated to ensure the learning of specific standards (currently the Vermont Framework of Standards and soon, the Common Core). To ensure that standards are addressed, we are completing a comprehensive mapping of standards within all classes at WHS. As of this writing, we have mapped Vermont standards across 65% of our courses and identified writing types and assessments in 100% of our courses.

As writing has been our focus for this year, we will be completing specific work with instructing, assessing and providing meaningful feedback to all 9th and 10th graders. Throughout the high school, all teachers are providing instruction in Writing. In February, we conducted our first cross-curricular local assessment, an On Demand Writing Prompt. Our goals were to a) provide practice to students who would be taking this assessment in the future, b) provide meaningful feedback in writing to all 9th and 10th graders and c) provide feedback about how effective our instruction has been.

We are still working with students and among staff to make the connections between this assessment, our instruction and our overall curriculum meaningful and sustainable. To answer these questions, we will be conducting another On Demand Writing Assessment in May to measure student growth and the effects of our work this year.

While we cannot say that we are in full-bloom yet, the buds are emerging in curriculum (alignment), Instruction (brain-based instruction, and Assessment (designed to inform further instruction and realistically measure student learning). I am looking forward to continuing our work with students, staff and community members to produce better and better results for our students. To continue our growth we continue to need the community’s input. To support this, the high school will be hosting a community forum on April 27, 2011 at 6:30 in the LMC.

If you have comments, questions, or thoughts, please do not hesitate to contact me at [jbrown@winooski.k12.vt.us](mailto:jbrown@winooski.k12.vt.us). Happy Spring.

## Burlington Free Press Athlete of the Week:

FRIDAY, DECEMBER 31, 2010

*Brianna Robare, Winooski girls basketball player leads Lady Spartans.*

### Brianna Robare

Winooski basketball  
Sophomore, 15

**Parents:** Cindy and Bob  
**Interests and favorites:**

- \* Food: Chicken Alfredo
- \* TV Show: Family Guy
- \* Movie: The Notebook
- \* Music: Nicki Minaj
- \* Hangout: My house
- \* Web site: Facebook
- \* Book: Twilight series
- \* Class: English 2



**The performance:** The team’s point guard, Robare collected 26 points, 15 rebounds and seven assists in a 67-53 victory over United Christian last week. Most of Robare’s points came off steals and putbacks.

**Robare on the performance:** “We are working together as a team. We play a good defensive set and we are getting a lot of steals.”

**Coach Tom Prim about Robare:** “She was just relentless. She was crashing the boards and she does everything you ask of her. She’s a hard worker.”

**Notable:** Plays varsity soccer and runs track at Winooski. ... Plays AAU basketball. ... A member of student council.

*(Our apologies for not reprinting this sooner.)*

## Congratulations Kaitlyn Callahan!

The Vermont Green Mountain Composite Squadron has won the right to represent the Vermont Wing of the Civil Air Patrol at the Regional Color Guard Competition to be held at the Westover Airforce Base March 29-April 1.

The win came from competing against other Wing members at Norwich University and achieving the highest accumulated score in five categories. Congratulations, Kaitlyn, for your distinguished accomplishment in the Cadet Program.





## Afterschool at Winooski High School

By Barbara Russ

Students are staying after three o'clock for a variety of afterschool programs this month. They are busy pulling together the theater production in Drama Club on Tuesday afternoons and learning about the martial arts and jiu jitsu on Thursday afternoons. Students interested in getting extra help in their school day class work are attending core support on Tuesdays and Thursdays, as well. Core support is available in Science, Math, Spanish, and Instrumental Music on Tuesday afternoons. On Thursday afternoon core support in math is also available afterschool. All enrichment and core support programs run from 3-4pm. If you or your students have any questions, please contact the school at 655-3530.

## COMMUNITY NEWS

### Thanks for Supporting Our Fundraising "Knock Your Plates Off" Event

By Kate Nugent, MA, Executive Director, Winooski Coalition for a Safe and Peaceful Community

We'd like to just say thanks to the school district for the great show of support the community the WCSPC received for the March 3 fundraiser. We raised over \$4,000, with a fourth of that alone coming from the baskets given to the silent auction by the Winooski School District, who touchingly helped put together silent auction items in the form of multiple gift baskets (not with taxpayer money, but with fundraising money they work hard to earn).

We'd also like to thank the City of Winooski, as always, has been extremely supportive, and the staff of the YMCA with their incredible, tireless cooperative spirit.

There were countless individuals and organizations and corporations who helped, too, including two kind and generous people who altruistically choose to remain anonymous.

The WCSPC would also like to thank the following people and organizations and corporations for their support for this event and often on many other occasions!

Fletcher Allen Health Care Community Health Improvement, Fletcher Allen Health Care Nutrition and Print Shop, Our Lady of Providence, Inc., Vermont Food and Gifts, Matthew Higgins, Winooski High School Jazz Ensemble, Brent Leary, Rustico's, Costco, Sally's Flower Shop, AM 620 Radio, Winooski Falls Deli & Market, Religious Hospitallers of Saint Joseph, SmithBarney,

Papa Frank's, Gravel & Shea, Libby's Diner, Starbuck's, S. Burlington, St. Francis Xavier School, Pho Dang, Patti Meyer, Dick Mazza General Store, US Food Service, Chris Frenette, Sneaker's, Karen Harlow, The Flynn, Community College of Vermont, Sisters of Providence, Penrose Jackson, Pecor Auto, Anonymous, Kittredge, Missionary Sisters of Our Lady of Africa, Gardener's Supply, Kevin Leary, Charlie Papillo, Gzim Hashani, Patti Meyer, Winooski Family Center Staff, Molly Cain, Jason Lorber, Association of Africans Living in Vermont Staff and Board, Mary Ellen Mendl, Sue Cain O'Brien, Volunteers, Lisa Nagle, Kevin McGonagle, Ann Slattery, YMCA Staff, Ariel Delaney, Mike Jackson, Philomena Gicheru, Karen Harlow, Agnieszka Perlinska, Linda Howe, Winooski School District and WSD High School Jazz Ensemble, And especially, the WCSPC Board Members:, Sr. Pat McKittrick, Fletcher Allen Health Care and Sisters of Providence, Sharonlee Trefry, Winooski School District, Katie Mobley, Community College of Vermont, Jacob Bogre, Association of Africans Living in Vermont, Sally Tipson, Sally's Flower Shop, Karen Prosciak, Winooski Family Center, Kevin Hatin, Greater Burlington YMCA, Dr. Ann Goering, Winooski Family Health, The Winooski Community, and anyone we missed!

### Make It A Play Date — April 16th

You're invited to participate in the Greater Burlington YMCA's annual **Healthy Kids Day** – where children and parents of all ages come together for fun, active play, and learn healthier habits that help you grow and thrive. We'll be hosting events in both Winooski at 32 Malletts Bay Ave., and in Burlington at 266 College St. All activities are FREE and open to all. For a full listing of the day's schedule of events, please visit [gbymca.org/HKD2011](http://gbymca.org/HKD2011), or call 802-862-9622.

### Summer Programs Are Coming!

The Winooski Y will be offering youth soccer, kickball and whiffle ball at Landry Park this summer. Also we will be offering Adult Tennis Lessons, a High School 3-on-3 basketball league and a few Outdoor Adventure Trips. For more information, please contact the Winooski Y at 655-9622 or visit our website [www.gbymca.org](http://www.gbymca.org).



# City Manager's Report

By Katherine "Deac" Decarreau



## Thank You

First, we thank you for your positive vote on the budget and the bond. We continue to look for ways to bring the cost of running the City at a minimum. There is still work to do, and we will keep at it.

## Strategic Planning Launch

In the next few weeks, the City and the School will launch a strategic planning process for Winooski. It is important to have that conversation as a whole – because we must work together to continue to make our City a vibrant place to live. We will be looking for input, so please start thinking about what you see in Winooski's future.

We will also be looking for three volunteers to serve on the Steering Committee. If you are interested, please let me know (deac@winooskivt.org). This group will help design the strategic planning process, help summarize the feedback we receive, and help develop the action plan that will result. We are looking for big-picture, forward thinking folks who can take in a huge amount of information – some conflicting – and create a plan to suggest to the City Council and (likely) the School Board of Trustees. Think about volunteering. It will be a lot of very cool work.

## Change in Office Hours

Starting April 4, the Clerk's Office will be open from 7:30 until 5 Monday through Friday. We are doing this at no extra cost to the taxpayers. This means that as of April 4, we will no longer close Friday afternoon, nor will we be open after 5 pm on Mondays. Many people asked for Saturday hours. We cannot open on the weekend without additional cost and still provide core staffing during the week.

## New Web Address and E-Mail

We are in the process of changing over to a new web and e-mail address. You will see if you e-mail City officials that the address will change to winooskivt.org in the next few months. We are still working out a few bugs. The new e-mail addresses are free to the City, allow staff to share calendars, and provide access to a number of Google tools at no charge.

## Construction Schedule

If your street was on the list developed for the Bond vote, you are probably wondering why we aren't working yet. It will take three years to get to all of those streets. We are developing a list of how we will approach the streets other than West Canal Street. We will post a schedule on the website in the next week or two. It will be a draft as we will monitor the condition of the streets each spring and the most severely damaged will get done first.

Speaking of streets at their worst – you may have noticed that this was the worst winter in many years. Streets throughout the region are in really tough shape. We will fill potholes as we can once the weather allows. We are monitoring the bad areas. Give us a call if you think something should be addressed sooner. We are at 655-6410.

Your City Officials	Email addresses	Telephone
Mayor Michael O'Brien	moknok@sover.net	802-655-4879
Deputy Mayor Sally Tipson	sallysflower@comcast.net	802-655-3894
Councilor John Little	jlittle@winooskivt.org	802-655-0106
Councilor Megan Moir	winooskigirl@gmail.com	802-598-7922
Councilor Sarah Robinson	sarah.kunz.robinson@gmail.com	802-734-6422
City Manager Deac Decarreau	deac@onioncity.com	802-655-6410

Visit the city website at [www.onioncity.com](http://www.onioncity.com) or call 802-655-6410.

# CCV is a Resource for Winooski Residents!

Community College of Vermont (CCV) joined the Winooski Community in May, 2010. While serving many people seeking college degrees, CCV also affords opportunities for high school students, seniors and others.



Introduction to College Studies is a course offered free to high school students interested in learning the skills necessary to be successful college students. Students who pass the course receive a voucher to take a college class tuition free.

Any senior (aged 65 years or older) has the opportunity to take CCV classes tuition free. People who want to improve employment skills may work toward any number of certificates including the Career Readiness Certificate.

Additionally, CCV Winooski hosts free events open to the public. Please join us for the following:

- This spring, CCV Winooski celebrates the 11th annual International Food Festival. Share a dish, share a culture and sample food prepared by CCV students. Wednesday, April 13th from 5:00 – 7:00 pm in the Sadie White room (108).

For more details about taking classes or attending events at CCV Winooski, please call 654-0505 or visit our website at [www.ccv.edu](http://www.ccv.edu).

## 6th Annual Plant & Seed Swap

Happy Spring! Around this area of Vermont, mid- to late- March is the traditional time to start your seeds indoors for the upcoming gardening season. If you are a gardener, why not start a few extra flower or veggie plants to share with your neighbors and friends at the upcoming Operation Bloom Plant & Seed Swap? This free neighborhood event is scheduled for **Saturday, May 14** from 10:00 am - 12:00 noon at Richards Park in Winooski.

Please email or call Eileen at 655-1741 with questions or to volunteer.

## WINTER ATHLETICS WRAP UP

By Dennis Barcomb, Athletic Director

The five Winooski High School winter sports teams have wrapped up their seasons. The coaches stressed hard work, positive attitude, and good sportsmanship throughout the season. Each team helped contribute both on and off the court. In addition, all of the winter teams pitched in to help collect food for the Chittenden County Food Shelf.

The JV girls basketball team improved greatly throughout the season. They worked very hard in practice to improve their skills, which led to improved play in their games. The JV boys basketball team played many exciting games throughout the season. They had one of the best won/lost records in recent years. The Varsity cheerleaders did a wonderful job supporting both the girls and boys basketball teams throughout the season. They led our great fans with energy and enthusiasm and always represented the school in a positive way. The Varsity girls basketball team surpassed their own goal of winning half of their games by actually winning 12. In addition they made it to the playoffs and gave a great effort on the game. Lastly our Varsity boys basketball team closed an incredible season by winning the State Championship on March 19th. It was the first state championship for the Spartans since 1987.

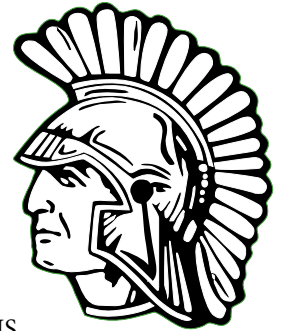
All of our winter teams should be proud of their efforts both on and off the court for the 2010-2011 season.



## Congrats Boys Varsity Basketball Team!

By The Winooski Boosters

On Saturday March 19, there was no emergency when the fire trucks and police cars were driving through town: it was that history had been made by the WHS



Boys Varsity Basketball Team, who won the Division III State Championship Title and were being warmly welcomed back to town with a friendly police and fire department escort! This was our first time winning in Division III (our only other appearance was in 2008 where we came in 2nd.) Prior to that we were a Division II team with back-to-back wins in 1986 and 1987. Other championship wins were in 1980, 1972-1974, 1960-1963 and 1949.

It was great to see so many athletes from previous Winooski High School championship teams in attendance at the game and at the celebratory pizza party held in the school cafeteria afterwards.

Thanks to everyone for coming out and supporting our teams. Go Spartans!



# HEALTH CORNER

## Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

It has been one month since I started here in the Health Office and I just want to thank everyone for the warm welcome that I received from both staff and students. We are in the process of updating our immunization records once again and will be calling the parents of kids whose immunization records need some updating. Thank you in advance for your cooperation and understanding during this process. I am delighted to be apart of this school district and I am looking forward to getting to know you all better.

## Learning About Healthy Eating

Children in the City of Winooski's Thrive After School Program look forward to Friday each week, when they get to make their own healthy snacks in the O'Brien Community Center kitchen. The hands-on cooking experience provides a perfect context for introducing nutrition concepts and discussing healthy food choices with the elementary-age Thrive students. The popular sessions are made possible by a partnership with UVM's Campus Kitchen program, which provides a student volunteer and the ingredients for each week's nutritious snack project.

Kids in the Thrive program are used to eating healthy foods every afternoon. The program staff serves a daily snack that represents at least two food groups and is low in fat and sugar. But promoting good nutrition requires more than just serving the right foods. The goal of the collaboration with Campus Kitchen is to teach kids why the foods are healthy, so they can identify nutritious snacks on their own and make sound eating choices outside the program. The food activities on Fridays may seem like cooking for fun to them, but the snack-making process is also empowering them to be smarter eaters. And that's a benefit they'll have for life.

## Tooth Tutor Update

By Diane Polson, RDH, Tooth Tutor

**Diet and Nutrition** - Your diet needs to include a variety



of foods in order to have good overall health and good oral health. Poor choices like sugary snacks, all sodas and sports drinks can cause dental problems. Even sugar-free sodas contain acid which, with each sip, cause a 20 minute acid attack that may harm your teeth. Floss, brush and see your favorite Dentist regularly.

## Jobs Available

Looking for folks to work for The Abbey Group in the Winooski Cafeteria. Light food preparation, serving, dishes, great customer service with a friendly smile. You must be able to pass a full background check. This position starts out on a on call basis and may turn into permanent position. If you are interested please go to [www.abbeygroup.net](http://www.abbeygroup.net) for an application or stop by the Winooski cafeteria.

## ELEMENTARY SCHOOL LUNCH MENU — APRIL

Choice of milk served with all complete meals: Low-fat White & Low-fat Chocolate

### AVAILABLE DAILY

- \*Hoagieville Deli Sandwich
- \*Garden Fresh Salad Bar
- \*Cabot Yogurt Parfait & String Cheese
- \*Vegetarian Options
- \*Farm Fresh Milk
- \*Assorted Juice & Fresh Fruit

### PRICES:

- Breakfast**
- Regular \$0.85
- Reduced \$FREE
- Adult \$1.50
- Lunch**
- Regular \$1.75
- Reduced \$0.40
- Adult \$3.25
- Beverages**
- Milk \$0.50
- Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: [www.abbeygroup.net/lunch/prepay](http://www.abbeygroup.net/lunch/prepay)

**DAILY BREAKFAST OPTIONS:** (Cereal, Bagels, Muffins, Fruit, Milk and Juice offered daily)  
 Mon: French Toast Sticks w/ Maple Syrup • Tues: "UBR" Whole Grain Breakfast Bar •  
 Wed: Healthy Breakfast Pizza • Thurs: Sausage & Cheese Muffin • Fri: Egg or Yogurt w/ Bun

PLEASE NOTE:				
<b>Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.</b>				
<b>Friday, April 1</b> Early Dismissal Parent/Teacher Conferences <b>Bag Lunch Extravaganza</b> Ham, Turkey or Veggie Grinder Assorted Chips Fresh Baked Cookie Fresh Apple Farm Fresh Milk				
Mon., April 4	Tues., April 5	Wed., April 6	Thurs., April 7	Friday, April 8
Fun Shaped Fish Nuggets w/Tartar Sauce  Oven Baked Potato Puffs Fresh Broccoli Sprig w/Dip Cherry Muffin Fresh Fruit Farm Fresh Milk	Whole Grain Spaghetti w/ Meat or Marinara Sauce  Dark Green Garden Salad Homemade Garlic Bread Sticks Happy Birthday Cake Fresh Fruit Farm Fresh Milk	<b>Early Dismissal Grades 9-12</b> Taco Bar w/ The Works Taco Meat, Shredded Cheese, Lettuce, Tomatoes, Onions, Black Beans, Salsa Cabot Sour Cream & Soft Flour Tortilla  Black Beans & Rice Creamy Coleslaw Low-Fat Dessert Fresh Fruit Farm Fresh Milk	Creamy Mac & Cheese  Steamed Carrots Homemade Apple Cinnamon Squares  Fresh Cantaloupe Wedge Farm Fresh Milk	Freshly Made Pepperoni or Cheese Pizza  Fresh Vegetable Sticks w/ Hummus Dip Fresh Fruit Farm Fresh Milk
Mon., April 11	Tues., April 12	Wed., April 13	Thurs., April 14	Friday, April 15
Italian Style Meatball Sub On a Wheat Roll  Side Caesar Salad Fresh Roasted Zucchini Sticks Fresh Fruit Farm Fresh Milk	Brunch For Lunch Waffles w/ Warm Syrup  Sweet & White Home fries Baked Ham Slice Fruit Filled Crisp Fresh Fruit Farm Fresh Milk	Roasted Hot Dog in a Wheat Bun Ketchup, Mustard, Relish & Onions  Baked Beans Savory Steamed Corn Fresh Orange Wedge Farm Fresh Milk	<b>Spring Luncheon</b> Oven Baked Glazed Ham  Chef Made Mashed Potato Seasoned Green Beans Homemade Wheat Cherry Muffins Springtime Dessert Fresh Fruit Farm Fresh Milk	Freshly Made Pepperoni or Cheese Pizza  Cool Cucumber Sticks w/Dip Fresh Fruit Farm Fresh Milk
Mon., April 18	Tues., April 19	Wed., April 20	Thurs., April 21	Friday, April 22
<b>Spring Recess</b> <b>No School</b>				
Mon., April 25	Tues., April 26	Wed., April 27	Thurs., April 28	Friday, April 29
Dress Your Own Burger on a Wheat Roll Lettuce, Tomato, Cheese, Onions & Pickle  Oven Baked French Fries Carrots w/Fresh Local Herbs Fresh Fruit Farm Fresh Milk	Pasta Bar w/Meat Sauce or Cheese Sauce  Dark Green Garden Salad Garlic Breadsticks Ice Cream Novelties Fresh Fruit Farm Fresh Milk	<b>Localvore Day</b> Local Baked Potato Bar Chili, Homemade Cheese Sauce, Fresh Steamed Broccoli, Cabot Sour Cream & Fresh Chives Fresh Spinach Salad w/Apples, Carrots & Maple Vinaigrette Oatmeal Dinner Roll Fresh Fruit Farm Fresh Milk	Nachos Supreme Seasoned Taco Meat, Nacho Cheese Sauce, Lettuce, Tomato, Salsa & Cabot Sour Cream, Corn Tortilla Chips  Spanish Rice Seasoned Corn Fresh Watermelon Slice Farm Fresh Milk	Freshly Made Pepperoni or Cheese Pizza  Dark Green Garden Salad Low-Fat Dressings Fresh Fruit Farm Fresh Milk

**PLEASE NOTE: Middle and High school menu information is available at [www.abbeygroup.net/schoolmenus](http://www.abbeygroup.net/schoolmenus). You can also learn about options for managing your child's account at the website.**

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mmartineau@winooski.k12.vt.us

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**Winooski High School**

Principal: Justin Brown  
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**Mission Statement**

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

**About Our District**

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 399 students attending JFK Elementary (grades PreK-5), 143 attending Winooski Middle School (grades 6-8), and 267 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase students achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

*"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@winooski.k12.vt.us.*

**Newsletter of the Winooski School District**

Winooski School District  
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Winooski, VT 05404

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