

ALSO INCLUDES
Community News!
STARTING ON PAGE 16

WINOOSKI SCHOOL DISTRICT NEWS!

VOLUME 11, ISSUE 6

MARCH 2014

Celebrating Our Achievements!

*** DO YOUR PART ***

VOTE!

MARCH 4, 2014

Voting Day Information

To help you get to know them a little better, candidates for School Board and City Council have provided details which we share on page 5 for School Board applicants and page 19 for City Council applicants.

You are also invited to attend an information meeting March 3rd, 2014 in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets and to meet the candidates, beginning at 6:00 p.m with a discussion about city issues. Discussion about school issues will begin at 7:30.

Please do your part and become informed, and vote on March 4, 2014 at the Senior Center on Barlow St. between 7 a.m. and 7 p.m.

High School Group Proposes Change in State Law

By *Nathalie Bray*

The students of a tobacco free program called OVX (Our Voice eXposed) did something that no other group of OVX students has done before.

The six students proposed the idea about ticketing adults who are exposing children to secondhand smoke in cars to the transportation committee at the State House on January 21, 2014.

These students were Amanda Nattress, Sarah Lind, Nathalie Bray, Samar Jamel, Ali Al Jarah and Kim Soukone.



OVX is a tobacco free group. We focus on what we can do to help children breathe clean air. We all met with Winooski Legislator Clem Bissonette before going to the State House and shared our ideas. We detailed the harmful effects of secondhand smoke with the community to let everyone know how tobacco can affect people.

OVX informed and educated the transportation committee at the State House about what secondhand smoke is doing to children in cars. Our long term hope for this is to pass a law that you can't smoke in a car with a child under a certain age. We are excited about the future possibilities of this law.

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Save the Date for Dr. Seuss!

Coming soon to our Performing Arts Center: "A Tribute to Dr. Seuss." It will be performed by a very talented group of 4th and 5th graders on Friday, March 7th. Show times are at 9:00, 10:30, and 7:00 p.m. The performances are free and open to the public. Please join us!



NOTES FROM THE CENTRAL OFFICE

“How’s it going in Winooski?”

By Sean McMannon, Superintendent of Schools

Since becoming your superintendent this past July I have been asked “How’s it going in Winooski?” with great frequency the past few months. My immediate response is always an enthusiastic “I love it!” followed by “People outside of Winooski really don’t understand all the great things going on in the school and the city. Winooski is on the move!” I truly believe this and would like to share my thinking with you.

As I shared last month, our school board has led the way by developing an “Ends Statement,” with community input, that defines the rigorous outcomes we have for our students:

“All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.”

These Ends give our entire community a clear sense of the aspirations we share for our students. It is my role to lead the school in designing learning so students can demonstrate what it means to be “college and career ready,” “healthy,” “successful” and “engaged with their local and global communities.” An example of moving toward meeting these goals is Winooski and Burlington School Districts, supported by the Partnership for Change have constructed a shared vision:

The Winooski & Burlington School Districts are innovative, collaborative, and equitable learning organizations that inspire all learners to lead their communities to a dynamic and sustainable future.

These Ends and this shared vision were in action at our “iLab Share-It Afternoon” on January 23rd when students like Esther Nibitanga enthusiastically shared their learning with their classmates.



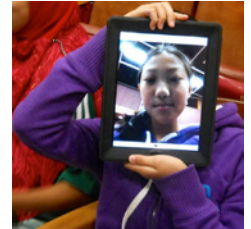
Esther is comparing the cultures of Burundi, Nigeria and Congo. Also, on January 25th during our first Winooski-Burlington Joint Board Retreat, students Rainbow Chen and Ennis Horozovic shared their experiences with personalized and proficiency-based learning with school board members. All of this work is moving us toward a student-centered learning environment with the flexibility for students to pursue their passions and build the skills necessary to be “college and career ready.”



Another way that Winooski is on the move is by showing great unity focused on a cause to help others. Most recently, the Winooski Penguin Plunge team raised over \$10,000 for Special Olympics-VT. This endeavor started in November with an assembly for grades 5-12 that raised awareness about students with disabilities and culminated in over 35 students, staff, parents and community members jumping in Lake Champlain on February 8th. In addition, a portion of the money we raised will return to our school to start a Special Olympics Unified Sports® program which brings together athletes with and without intellectual disabilities to train and compete on the same team. By pairing peers with and without disabilities on the same team, students are given the opportunity to build more inclusive schools. Unified Sports promotes equality on and off the field. The motto for Unified Sports

is “On the field we’re teammates and off the field we’re friends.” Sports include track & field, bocce, bowling, basketball, snowshoeing, and soccer.

Middle school teachers, parents and students have worked together to ensure a smooth transition into a 1-to-1 iPad environment.



A whole new world of learning has opened for students and teachers! Access to technology has bent the equity curve so all of our middle school students can utilize the vast resources via the internet. In addition, students can collaborate, share and document their learning electronically. This builds important skills for the future and provides measurement of growth over time.

Lastly, JFK students and teachers have been practicing Social Thinking and Mindfulness. Social Thinking is based on how expected or unexpected behaviors impact the individual, classmates, adults and the broader community. We want children to realize that expected behaviors bring “green thoughts” or good thoughts and this will impact their relationships in a positive way. Mindfulness is the act of bringing one’s complete attention to the present moment. This calming and focusing practice complements Social Thinking by providing both a proactive and responsive strategy to stress. We have seen significant progress across JFK due to these practices such as more on-task instructional time and improved self-management and social problem-solving by students.

These are just a few shining examples of why I love Winooski and why I am convinced that we are “on the move” and positioned for a great future! Thank you for working with WSD to benefit our students!

School Board Message

By Tori Cleiland, Board of School Trustees

Happy March! The day of equal light is within reach. Ah, the Spring Equinox. The darkest days will soon be behind us, and that makes me smile.

Voting day is almost here too. The school budget will be yours, the Winooski citizen's, to decide; the privilege and honor of living in a democratic society.

The conversation on Front Porch Forum has been passionate and informative, and I am grateful for a forum that allows community members the opportunity to voice concerns, questions, opinions, and praises. This forum is the heartbeat of a democracy, with all the textures of being angry, passive, optimistic, inquisitive, factual, opinionated and much more.

The board had spirited, honest, and frank conversations on how to meet our students where they are and where we want them to be, and how to honor our community with fiscal responsibility. The board has less than 10% of the budget to make decisions on. A big thanks to Jim Read and Brian Corrigan for working with us as community voices by adding depth and perspective to the conversation.

For a broader scope on budget information, I'll add insights from our recently accepted Boundary Study Report (noted with ""). The study is in its entirety on our website. It is a informative report and well worth reading.

A few notes about our budget investments, student success, and who we are:

1. ELL and Curriculum Director: "Winooski schools have both a high percentage of ELL students (38%) and a high percentage of those students (68%) at the very early stages of English language acquisition." This new position will address the resources needed to continue our strong ELL program with the population increase of early stage learners. The evidence of our strong ELL program demonstrated accelerated language acquisition above the state's expectations last year.

This new position will also release our Special Education Director to focus solely on our higher-than-state average population of students with special needs.

Our Special Education budget increased 2.6% due to increased complexity of students needs. Special Education costs are mandated. Last school year, the Winooski School District was the only school in the state to meet AYP. Congrats to our students and staff!

2. "Winooski School District serves a very different population of students, families, and communities than all other public school systems in Vermont. Winooski School District has a student and community population that needs a different relationship with the Agency of Education ... [Winooski needs] an infusion of resources, above and beyond typical education funding, to allow them to provide the level of student learning opportunities and support required for student success."

3. "Transitioning families, poverty, and ELL are factors that make it difficult to extract the progress made by Winooski students, but it is clear from the positive culture at the schools that student and family needs are being met by the academic and support programs in the schools. The close ties of families from a wide variety of cultural backgrounds with the staff and programs at Winooski are clear evidence of this success."

4. "Graduating class of 2014: Of the 19

students who were in Winooski Schools for NECAP assessments in Grades 4, 8 and 11, 85% were proficient or above in reading and 50% in mathematics." Winooski students who have stayed in our schools outperformed the state average.

5. "The results of Vermont state assessments are negatively affected by frequent school transitions, poverty, and lack of familiarity with the English language. The interaction of all three of these factors greatly increase the negative effect. Other assessments that show the progress Winooski students are making in developing the knowledge and skills to be productive citizens are not used by Vermont to evaluate the success of Winooski Schools."

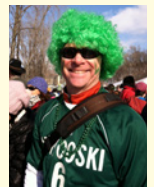
6. "Winooski School District is operating in a cost effective manner that is in-line with school systems of the same size."

Bottom Line: Our students are in a thriving and welcoming educational community that is on the cutting edge of innovative classroom practices and teaching. Winooski is a school district to be proud of. Our continuous improvements and growth is worth the investment that is before us on March 4th. I hope to see you at the polls!

Winooski Team Plunges for Special Olympics!

On Saturday, February 8th, thirty-five Winooski teachers, students and community members plunged into the icy, 32 degree waters of Lake Champlain and raised \$9800 to benefit Special Olympics. Special thanks to Bob Eaton, TD Bank Store Manager and Kelly Scannell, Reading Plus COO, who rallied local businesses to contribute over \$2000. Thanks to all who participated and/or donated! You can view all the contributors and our current tally at <http://www.firstgiving.com/team/247809>.

Our brave plungers were: Adison Granger, Nicole Laplante, Corbin Lawrence, Yousef Yahya, Hassan Sadik, Brianna Moore, Richard Vincent, Destiny Syharaj, Logan Stone, Cheyenne Eaton, Kyle Bigelow, Andrew Decarreau, Kassian Prior, Kevin Pham, Austin Mayo, Sean Priebe-Carter, Rebekkah Lambert, Nan Johnson, Lois Thompson, Jamie Willoughby, Lisa Dold, Regan Charron, Leon Wheeler, Steve Forman, Callie Reinker, Melissa Richard, Anja Mosehauer, Brent Litterer, Steve Crowley, Jessica Bruce, Christina Lauterbach, Rebecca Goulet, Robin Hood, Jan Blanchard, Sean McMannon and Bethany Baker.



WARNING

WINOOSKI INCORPORATED SCHOOL DISTRICT
3 MARCH 2014 AND 4 MARCH 2014

The legal voters of the Winooski Incorporated School District in the City of Winooski, Vermont are hereby warned and notified to meet at the Performing Arts Center, Winooski Educational Center on Monday, March 3, 2014 at 7:30 o'clock in the evening to act on Article I, Article II, and Article III and to conduct an informational hearing on Australian Ballot questions, and the meeting to be adjourned to reconvene at the Winooski Senior Citizen Center, Barlow St., on Tuesday, March 4, 2014 to transact any business involving voting by Australian Ballot, said voting by Australian Ballot to begin at 7:00 o'clock in the forenoon and to close at 7:00 o'clock in the afternoon.

The legal voters of the Winooski Incorporated School District are further notified that voter qualification, registration and absentee voting relative to said annual meeting shall be as provided in Chapters 43, 51 and 55 of Title 17 and §473 and 553 of Title 16, Vermont Statutes Annotated.

ARTICLE I: Elect a Moderator and Clerk.

ARTICLE II: Shall the District accept the 2014 Annual Report and all included sub reports?

ARTICLE III: Shall the Board of School Trustees be authorized to allow appropriate groups and agencies to use school facilities and equipment in accordance with District policies?

AUSTRALIAN BALLOT ARTICLES

ARTICLE IV: Shall the District accept and expend the sum of One million, Six hundred twenty-seven thousand, and One hundred eighty-six dollars (\$1,627,186) or whatever sum is provided by federal programs for the support of compensatory education and special programs? Said sum shall be exclusively federal funds received by the District. (No local or statewide school property taxes included in these funds.)

ARTICLE V: Shall the District vote to appropriate the sum of Thirteen million, Four hundred nineteen thousand, Seven hundred fifty-eight dollars (\$13,419,758) for the support of public schools for the period July 1, 2014 through June 30, 2015? Said sum shall include the amount anticipated from state and federal education aid and reimbursements, except as provided in Article IV above, and all other sources of revenue.

ARTICLE VI: Shall The Winooski School District No.17, allocate its current fund balance, without effect upon the District tax levy, as follows: assign One Hundred Thousand Dollars (\$100,000) of the current fund balance as revenue for the 2014-2015 operating budget and assign the remaining balance to the capital reserve account.

Winooski School District
Winooski, Vermont
February 16, 2014
James J. Ticehurst, District Clerk

*** DO YOUR PART ***
VOTE!
MARCH 4, 2014

Meet The Candidates

Here is information submitted by the candidates to help you get to know them a little better. You are also invited to attend a meeting March 3rd, 2014 in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets, and to meet the candidates, beginning at 6:00 p.m with a discussion about city issues. Discussion about school issues will begin at 7:30.

Please do your part and become informed, and vote on March 4, 2014 at the Senior Center on Barlow St. between 7 a.m. and 7 p.m.

MICHAEL DECARREAU

Running for: 3-year seat

Contact: 18 Florida Ave. 802-310-4032

Education: Bachelors in Business: UVM 1983

Work: IBM Integrated Supply Chain: Client Interface

Hobbies: Winter: Snowshoeing; Summer: Road Biking

Community Service: Coached Little League (5 and up) for 18 years, Youth Soccer, CYO basketball, School Board (3 years)

Reasons for running: After several years of turnover in key positions in the administration, I felt forced to decide: Sit down and shut up or get involved. I got involved. In the past three years we have installed calm and leadership. In the next three, I hope to show this community that we do not have a failing school district but one that has done remarkably well in the face of enormous challenges that would buckle any other.

JULIAN PORTILLA

Running for: 2-year seat

Contact: 26 North St, 802 865 5473

Education: I have a bachelor's degree in Political Science from Vassar College and a Master's in Conflict Analysis and Resolution from George Mason University.

Work: I direct the Master's program in Mediation and Applied Conflict Studies at Champlain College.

Hobbies: I like to ski and bike. I play guitar. I play soccer. But mostly I play with my three kids ages 1, 4 and 6. They're good at keeping me on my toes.

Community Service: I volunteer with several area non-profits including Migrant Justice/Justicia Migrante, various Community Justice Centers in the state as well as the network of diversion courts, and Food4Farmers which is a Vermont-based organization that helps coffee farmers all over the world combat the

hunger and malnutrition they face for significant parts of the year.

Reasons for running: I have three young sons and I'm running for school board because I'm excited about what I see happening at school. I have found the teachers and staff at JFK to be caring and attentive and I want to support them toward giving Winooski children the best education in the world. People underestimate Winooski, Winooski schools and our children but I've seen great things here and I want to be a part of it.

DR. JAMES TICEHURST

Running for: 3-year term (Treasurer)

Contact: 11 Cedar Street, 655-3718

Work: Retired, former Chief Financial Officer for Chittenden Solid Waste District

Hobbies: Gardening

Community Service: Current – School Treasurer, City Rep to Chittenden Solid Waste District, City Finance Committee. Previous – Board of Trustees, Catholic Diocese of Burlington, various non-profit boards over 30 years

Reasons for running: I am running again to provide the community with the necessary checks and balances from an outside source into the financial operations of the school district. The responsibility of the Treasurer is limited by charter language. The treasurer provides an overview of the cash accounts of the district, assuring that the proper management of the district's cash controls and transactions are monitored and maintained. In this way the financial integrity of the district is safeguarded.

Honor Roll – Second Quarter: 2013-2014

HIGH SCHOOL

Seniors

High Honors

Cara Casier
Luke Fountain
Sarah Haylette
Serina Phuong

Honors:

Har Wa Bi
Kyle Bigelow
Andrew Decarreau
Tiera Earnest
Sarah Lind
Austin Mayo
Kevin Pham
Steven Truong
Ku Say Wah

Juniors

High Honors

Sumeya Ali
Hasan Ko
Amanda Nattress

Honors

Khada Acharya
Uyen Bui
Jake Corrigan
Mina Dhamala
Conner Drown
Avah Eaton
Maryam Kadawe
Randall Knox
Nhung Nguyen
Ro Ze Yar

Sophomores

High Honors

Edmund Do
KinZang Gurung
Hannah Little

Honors

Kip Dubie
Hau Duong
Trevor Gaboriault
Thong Nguyen

Freshmen

High Honors

Rui Chen
Colton Lavalette
Mariah Metivier

Honors

Muna Ali
Ennis Horozovic
Kim Soukone

MIDDLE SCHOOL

High Honors

Dhan Maya
Dhamala
Sophia Do
Dante DuBose
Adison Granger
Ines Horozovic
Nicole Laplante
Lydia Nattress
Maryam Omar
Tiffany Phuong
Destiny Syharaj

Honors

Tiba Al Jarah
Shennelle Bailey
Austin Benoit
Bishal Bista
Jacob Boulet
Jaret Chagnon
Zachary Chagnon
Dillon
Charbonneau
Xavier Clark
Heaven Clogston
Vijayata Dahal
Alex Do
Tatum Duba
Evan Eaton
Faith Evans
Keanna Evans
Jarod Fountain
Maurice Gaudette
Anish Gurung
Calvin Hayford
Brianna Holton
Parker Kane
Rebekkah Lambert
Elisha Limbu
Miya McMahan
Bailey Miller
Zeneth Nheb
Rizicki Numbe
Susmita Rai
Faisal Shabaan
Dylin Traverse
Olivia Treadwell
Rebecca White
Kayle Willard

Winooski and Burlington School Boards Partner for Student-Centered Learning

On Jan. 25, Winooski and Burlington school boards and superintendents came together for a half-day retreat to learn about and provide input on a new vision for the two districts that will better prepare young people for the realities of 21st century life.

Since 2012, Winooski and Burlington have been engaged in a conversation about how best to “remodel” their school systems for today’s world. Together with the community, the two school districts envision moving away from a one-size-fits-all model of education that reaches only some students to a more personalized environment that puts all students at the center of their own learning. The Partnership for Change, which sponsored the joint school board retreat, was created by the districts to support this work.

Winooski Superintendent Sean McMannon and Burlington Superintendent Jeanne Collins kicked off the morning by presenting their shared vision for the two districts. Next, John Fischer, Deputy Commissioner of Transformation and Innovation for the Vermont Agency of Education, discussed work being done at the state-level to support student-centered policies such as personal learning plans and dual enrollment opportunities for all Vermont students.

A portion of the meeting was then devoted to breakout sessions, led by students and teachers, on a number of innovative approaches to teaching and learning at Winooski Middle/High School and Burlington High School. Winooski students Rainbow Chen and Ennis Horozovic joined Inge White and Matthew Webb to share about their experiences in the iLab, an innovative classroom within WMHS. In the iLab, advisors support students to take ownership of the learning process through independent, self-selected projects. In addition, Winooski student Januka Acharya joined Stephen Crowley to present about Senior Project. A requirement for graduation, Senior Project gives all Winooski students the opportunity to explore a topic of interest through lived experience in their community.

“Student voice is essential to moving forward in education,” shared Winooski School Board Member Tori Cleiland. “I greatly appreciated the opportunity to come together to learn and share and hear from our students about what matters most to them about their education.”

Afterwards, student presenters led the adults in an exercise called the KIVA process. With a captive audience of decision-makers, students, acting as “elders,” answered questions about what changes need to be made and why learning should be more student-centered at both schools.

BHS Junior Xander Long told the group, “If you give students an opportunity for self-reflection and self-advocacy and allow them to pick the direction they want to go with their learning, it creates engagement and opportunity for skill building, which is important in terms of creating students who are engaged in their schools and communities and have a sense of pride in their own education.”

The meeting concluded with time for the boards to think



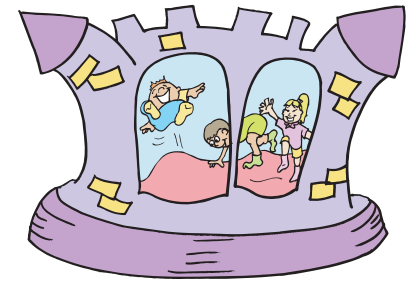
During the KIVA exercise, students, acting as elders, teach adults about student-centered learning.

deeply about their role in shifting to student-centered learning and how policy governance can support this work. For more information about the work being done to move Winooski and Burlington schools forward, visit partnershipvt.org.

ANNOUNCEMENTS

JFK Fun Fair is Friday March 21st!

- 4:30-6:30 pm
(at Winooski Educational Center)
- Fun Activities for Everyone!
- Tickets are .50 each, activities cost 1-2 tickets each
- Games with prizes, face painting, bounce castles, teacher raffle, bingo, popcorn, and more...
- Dinner available



NOTE: Students in grades K-3 must be supervised by a parent or middle school sibling.

The Rivalry Continues...

The WHS student versus faculty basketball has been set for March 10th, at 6:30 pm. Come and enjoy this long standing tradition here at Winooski High School as the juniors and seniors try to take down the all-star staff. Cost for the game is \$3.00 for adults and \$1.00 for students. Come out and support the students or the staff and have a good time doing it.

Catch Election Day Results on Channel 17 or online

On Election Day, (March 4th) Channel 17/Town Meeting TV will carry a live program starting at 7 pm with results, poll interviews and local news and information. Tune in on cable channel 17 or online at <http://www.ch17.tv>.

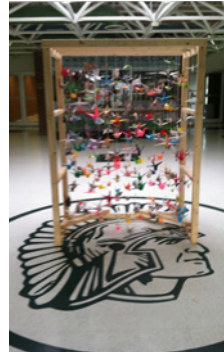
Winooski Welcomes the Second Annual *Spring into the Arts* Celebration



On Monday, May 19, the second annual *Spring into the Arts* celebration will host its kickoff event at the O'Brien Community Center from 4:00 – 5:30 p.m. At this time, there will be performances by students from the Winooski School District, and the backdrop for this event will be a gallery of student artwork

throughout the Center. Later during the same week, there will be school concerts at both JFK Elementary School and at the middle/high school. Featured once again this year will be an Empty Bowls dinner hosted by JFK, with Barb Crandall, art teacher, offering clay bowls for sale for a donation to the Winooski Food Shelf. The elementary arts students will make these one-of-a-kind bowls in the coming months.

The Winooski School District wishes to extend its thanks and appreciation to Ray Coffey and others at the O'Brien Community Center for their



involvement with *Spring into the Arts*. Not only has Ray made this space available to Winooski students and teachers, but he has also attended the monthly planning meetings to offer guidance and support. *Spring into the Arts* is truly a community/school partnership, and it is a celebration of the arts that will continue to evolve and flourish over the years.

As the week of May 19 draws nearer, additional information will be posted on the WSD website. Mark your calendars now and join us in celebrating the many talents of our students.



Dollars for Scholars Launches New Website — Easier, Faster and *More Scholarships* for Seniors!

By Cathy Resmer, Winooski Dollars for Scholars Publicity Chair

Visit Winooski.dollarsforscholars.org and click on the Students and Parents tab for information on how to apply.

For 20 years, Winooski Dollars for Scholars has been the local chapter of a national nonprofit organization, Scholarship for America. This year, our parent organization has required that we develop a new website and allow seniors to apply online to receive our scholarships. Our new, easy-to-use online application lets graduating seniors apply early and quickly for our 19 scholarships. More importantly, these online applications give Winooski students access to many more scholarships across the nation through the Scholarship for America network. Winooski students will now be able to compete for a wide variety of scholarships and post-secondary funding opportunities. Students who need assistance with this process can contact Karen Greene.

Our new website will also let us accept donations online for the first time! If you've been wondering how to make a positive difference in the lives of Winooski students, this is your chance. Just click on the Donate Now tab to contribute to our scholarship funds. Every dollar donated directly funds scholarships and student enrichment.

If you can't make a donation, consider becoming a board member. We're actively recruiting and could use your help! One of our new board members, Elizabeth Stillwell, helped us build our new website. We couldn't have done it without her.

Each year, Winooski Dollars for Scholars distributes between \$15,000 to \$18,000 in scholarship money to Winooski students in pursuit of higher education. These awards reward students' hard work and help them defray the cost of seeking a degree or certification.

Winooski Dollars for Scholars also pledges to give away 5 percent of our funds each year to students seeking enrichment opportunities. In February, we helped send a class of business students to the Vermont Entrepreneurship Week conference in Montpelier.

Over the past few months, we've had two Winooski businesses host events to benefit our organization — thanks Sneaker's Bistro and Mule Bar! If your business would like to help us raise money, or would like to make a donation, please get in touch with me (cathy@sevendaysvt.com) or Morgan Kelner, our board chair, at mkelner14@gmail.com.

Winooski Little League Baseball/Softball & Babe Ruth Sign-ups

Winooski Little League Baseball/Softball & Babe Ruth will hold the third registrations period on **Friday, March 21st** 3:00 pm - 6:00 pm in the school library. Proof of age is required for all new players, who must be within age limits: April 30th is the cutoff for Baseball, December 31st for Softball. Little League is for ages 4-12, Babe Ruth for ages 13-18. Little League fees are \$40 for one player, and \$70 for a family. Late fee is \$10 after 3/31. Babe Ruth fee is \$55.00 per player. Info: call Jeff Brosseau at 655-3556, email at jeffrey.brosseau@greenmountainpower.com

*** DO YOUR PART ***

VOTE!

MARCH 4, 2014

March News from JFK Elementary

By Mary O'Rourke, JFK Elementary Principal

Our school-wide celebration for reaching 100,000 stars was held last week. It was such fun watching the excited JFK student body enter the cafeteria. They all knew it was a big day! They all knew that a band called A2VT (Africa to Vermont) would be performing for them; however, many didn't know who that group was. So, as the students entered the cafeteria for the celebration they were excited, but once they saw the group they were over the top! The kids recognized members of the local Winooski band and it all clicked! The joy teachers got seeing such happy kids was worth more than its weight in gold. Everyone had a wonderful time and enjoyed the music. The students were able to ask questions of the guys after they performed.

Our wellness week was held February 10-14. Each day had a theme based on a healthy life style. Two big highlights of the week were "Jump Rope for Heart," which is a fundraiser for the American Heart Association and a school-wide walk to school on Friday morning. Activities for the Jump Rope for Heart included students spending 30 minutes in the gym jumping rope at different stations located throughout the gym. Not only were kids strengthening their own hearts and getting some exercise, but also it was an opportunity for them to think of others who may not be as healthy. On Friday, we had a walk-to-school event. We all met at Rite Aid and walked up the short hill. Kids really love having that opportunity to interact with their teachers in a different way. It is such a nice way to start our day.

Another significant day this week was geared toward kindness and gratitude. Adults in the building were given little cards that said, "Smile-pass it on." As we passed kids, we gave these away in the hopes they would pass it on!

Additionally, the hallways were lined with positive quotes and reminders to be grateful for what we have. A quote by Dalai Lama struck me as significant: "Be kind whenever possible. It is always possible." The positive atmosphere in the building was palpable!! This was a day we were all thinking about one another! The hope is that it continues every day!



Focus on Elementary Math

By Glenn Willette

As most schools in our country are gearing up to implement the Common Core Standards, so too is JFK. Last year the teachers analyzed our present math program, *Investigations*, to see how each lesson matched the Common Core Standards. Each grade level team discovered a range of needed changes. The discrepancies in every unit of study ranged from a need to make minor shifts in emphasis, to significant addition of new content. This year we are making these necessary adjustments to fully align the content to the standards.

As we change the "what we are teaching," we concurrently are significantly shifting "how we teach." After a week of inservice on Best Practices in Math instruction, teachers are guiding instruction treating and referring to students as young mathematicians. Our students are making conjectures such as; "If I need to double the volume of a rectangular prism, I only need to double the length of one dimension." Students justify their reasoning by using models, pictures and/or equations. Mathematicians listen to understand the reasoning of their classmates, sometimes entering into a debate when flaws in reasoning create inconsistencies. Then working through these "stuck points," they persevere to determine what is mathematically correct. Gone are the old days of teacher explaining how to do a page in your math book, followed by everyone practicing this procedure. Now the emphasis is on making sense of what each mathematician is doing to solve a problem, justifying their reasoning and seeking to make conjectures and generalizations about the mathematics they are exploring. Teachers are teaching a more rigorous content and using engaging instructional strategies that are making a difference.

Coupon Madness

By Mag Thomas

This session at JFK afterschool there is a program called **Coupon Madness – Let’s Fill the Food Shelf**. Mrs. Crandall and Mrs. Benjamin are teaching the program. The focus of this program is on using our Empty Bowl fundraiser earnings to stretch our dollars. The students clipped, compared, and shopped for food with coupons to fill our local Winooski Food Shelf.

Before the shopping could take place, the students learned about the Empty Bowls fundraiser and food shelves. They had a guest speaker from the food shelf. They were able to ask questions so that they could plan their shopping list to include items that are needed the most. The students then collected coupons and made shopping lists.

Last week, the students and adult drivers went shopping at Shaw’s. They broke into four groups and each group had specific aisles and items to purchase. Each shopper was given a job while shopping. The jobs were coupon watcher, number cruncher and cost recorder. Each group had \$100 to spend. We want to thank the anonymous donor who paid for an item at the check out line when one group went over the \$100. The students then looked at the receipts to see how much money they saved by using coupons and smart shopping!

Now that the shopping is done, the students will pack up and deliver their purchases to the Winooski Food Shelf. The students are feeling good about themselves by knowing that they are helping many people in need.



JFK STARS Celebrate!

By Sarah Murphy, Guidance Counselor

At JFK Elementary School, students are encouraged to be STARS (Safe, Thoughtful, Accepting, Responsible and Striving for excellence).

Everyday students are encouraged to exhibit these expected behaviors and are often times recognized for their STARS behavior by receiving a small star bead. Weekly the star beads are collected, counted, and totaled, with small rewards occurring for every 20,000 stars the students earn.

In mid January, the JFK STARS reached an incredible milestone by earning 100,000 stars! To celebrate this huge accomplishment, the JFK Elementary School Community welcomed A2VT, a popular local band with ties to the community and school, to celebrate. On Friday, February 7th, the Winooski School District cafeteria was turned into a small concert venue with students singing and dancing along to a handful of A2VT’s popular songs, including the very well known *Winooski My Town*. Students and staff alike enjoyed this performance tremendously, and look forward to what’s in store for the STARS as they work hard to earn 200,000 star beads! More to come when we reach this goal!

5th Graders Go to Starbase!

By Jacie Knapp

For several years, 5th graders have had the amazing opportunity of attending Starbase, a program filled with hands on activities in science, math, technology and engineering. This past summer, the program’s future was in jeopardy and on the federal chopping block. Luckily with local support including letters sent from students, teachers, and parents, our 5th graders got to experience the program again. Students went to the Starbase classroom, located on the Air National Guard, for 3 weeks where they learned did many activities including snap circuits, Lego physics, 3D technology, flight simulation and the most favored activity, build their own rockets. On our final day of Starbase, students launched their rockets in our backfield and had a blast! Thank you for helping to support this wonderful program.



MIDDLE/HIGH SCHOOL HIGHLIGHTS

Dreams, Hard Work, and Determination

By Leon Wheeler, Principal, WMHS

There have been numerous fascinating commercials during these Olympic broadcasts involving athletes, their early lives, challenges faced and conquered, and the individuals who've supported them along the way, P & G's "Thank you, Mom" commercials, for example. One that has especially inspired me centers on the trials and triumphs of a young figure skater as 2010 gold medalist Evan Lysacek narrates for Citi Bank.

"Dear future Olympian. One day you'll be standing on a podium, and here's exactly how you'll get there. You'll work hard...and you'll fall hard. You'll lose sometimes when you really should have won. You'll win sometimes when no one thought you had a shot. And you'll never, ever stop. We know this because you're one of us."

I see significant parallels between the aspiring Olympian's long and demanding journey, and our Winooski Middle High School commitment to build a school of excellence.

It starts with a dream, and the determination to keep working toward making the dream real.

There's a lot of targeted practice, repetition and training.... falling down, getting back up, and going again.... team building.... pushing the limits of what's possible... reflecting, listening, and being coached.... encouragement... frustration.... and the will to never, ever stop.

Our Winooski Middle High School is gaining recognition as a rising star in the field of personalized and proficiency-based learning. We have a long ways to go and a lot of hard work is ahead of us. We're likely to stumble periodically as we encounter obstacles and bumps in the road. But we are a team, and are determined to keep at it for the sake of the aspiring young scientists, mathematicians, writers, artists, social scientists, entrepreneurs, inventors, and other leaders whom we serve.

The Olympic spirit is alive and well in Winooski as we strive toward excellence. It's great to be here!



February's Artist of the Month:

Ball Wit

Please join me in congratulating Ball Wit, for his hard work in Art this year - as February's Artist of the Month! Not only is Ball Wit incredibly talented artistically, but he is very focused and respectful, humble and kind, and always on task and completing his work to the best of his ability. Good job, Ball Wit!

—Jessica Bruce, Fine Arts Educator

Looking Toward the Future

By Lisa Basille

Middle school students in Ms. Basille's Culture and Community class interviewed UVM students as part of a year-long exploration of their interests and career options.

The college students helped answer their questions about college admissions, majors, activities, costs, and college life in general. Our kids learned a lot today, and really enjoyed talking with the UVM students about their interests and plans.

Thanks to the Partnership for Change team who coordinated with UVM students and arranged for them to join us.





Students of the Quarter Honored

Students are recognized at the Honor's assembly that takes place shortly after the quarter ends. In addition to the recognition, students are invited, along with their parents, to a luncheon sponsored by the Friends of Winooski High School. These luncheons take place at Waf's Westside Deli. Being honored as a Student of the Quarter means that you have worked very hard and done your best to exemplify the kind of student that we would like everyone to aspire to.

The staff and students would like to thank the Friends of Winooski High School for their generosity in maintaining this special event.

The following students were honored on February 12th, 2014:

Leadership	Sumeya Ali
Character and School Citizenship	Rainbow Chen
Arts and Humanities Scholarship	Mina Dhamala, Ennis Horozovic, and Eh Man
Social Sciences Scholarship	Ra Mat Bi
Math, Science, and Technology Scholarship	Thong Nguyen and Trevor Gaboriault
Special Recognition	Kinzang Gurung and Hamdi Muya
Most Improved	Mon Maya Luitel, Januka Acharya, Kim Soukone, and A'vry Ready

Congratulations Tucker DiMasi



WHS Senior Tucker DiMasi has been accepted to the Culinary Institute of America in Hyde Park, New York. Tucker is a student at the Center for Technology Essex and also qualified to participate in the Vermont Skills USA competition that will take place this spring. Tucker will compete with Culinary students enrolled in Technical Centers located throughout Vermont for an opportunity to go to the National Skills competition that will be held this summer. Last year, The Center for Technology had over 30 students place first in Vermont in a variety of technical areas and then went on to nationals. Good luck, Tucker!

Families and Schools Working Together

By Anera Foco, WMHS Family-School Partnership Coordinator

Greetings to All! A couple of months ago, I shared with you that outreach workers from the Middle and High Schools were going to canvas the community to meet and greet with parents and families of our students and to share our Happening Guide. We were very pleased that many parents and family members took the time to speak with us and share their thoughts. Parents and family members commented and expressed their gratitude on the job well done during the school lockdown in December. Much excitement was shared about beginning of the school BBQ and many parents enjoy the small size that the WMHS offers.

In addition, parents and family members shared their thoughts and provided us with feedback that can be classified in seven broad categories:

- **Communication between Schools and Families:** This category addressed the issues of intricacy and complexity of communication in general and specifically the need for communication that is strategic, planned, on-going, repetitive and multi-lateral.
- **Academics:** This category addressed the need for more alternative academic and educational choices and exposure to the "real world" in order for students to make informed choices about their academic and professional futures.
- **Rules and Procedures** category addressed implementation of schools policies and procedures.
- **Student Empowerment and Well Being** category addressed the issues of role-modeling healthy and assertive behaviors by adults and encouraging students to develop their own voices and positive social skills.
- **Family-Specific Issues** category delved into individual needs of parents or families that interfere with parents ability to be involved with schools and/or can interfere with students ability to learn and actively participate in his or her education.
- **After-School Programs and Activities:** This category addressed the safety and wellbeing of our students after the school day ends. Parents expressed their concerns about keeping their children on the right path and one way is to engage them in after-school programing that is of interests to students.
- **Technical Issues** category addressed the need for a user-friendly and informative website and ability for parents to track and be informed of their student's academic progress in a real-time fashion.

We are looking forward to tackle each and every issue and we hope that we can count on your help and support. Please contact me if you can help in any shape or form. I can be reached at afoco@wdschools.org

In addition, please know that our Happening Guide is a living breathing and changing organism and will morph as we move through the rest of the school year. I will make sure to update it as often as possible and you can always reach out to me or check Winooski School District's calendar at: <http://wdschools.org/Page/2>

Reading Plus at Winooski

By Donna Issenberg M.Ed., Reading Specialist, Winooski Middle/High School

According to Doug Evans, Institute of Reading Development, “The connection between reading speed and comprehension; a film is made up of still images flashed in rapid succession to simulate movement. Slow down the film, and the movement and meaning slows and the film’s impact is diminished. Viewers won’t learn as much about the film as if it were shown at normal speed. With reading the same thing can happen. When a person reads word by word, like frame by frame, they are not reading on the level of ideas. You need to read on some level that’s more conversational and allows things to coalesce into ideas themselves.” Last February, I wrote about Winooski’s Reading Plus initiative that continues to move our middle school students on to greater proficiency in their vocabulary and silent reading comprehension skills. Briefly, Reading Plus is a state of the art technology program that is designed to increase student interest, skill level and motivation in silent reading comprehension. Recent data demonstrated by those participating in Reading Plus reveal the following percentages relative to students in their response to the program.

Grade 6:

35% demonstrating Significant Progress
27.5% demonstrating Expected Progress
20% are responding favorably

Grade 7:

31.7% demonstrating Significant Progress
36.6% demonstrating Expected Progress
4.9% are responding favorably

Grade 8:

16.2% demonstrating Significant Progress
48.6% demonstrating Expected Progress
13.5% are responding favorably

While these results appear promising, it is important to remember that implementing any new initiative takes time, patience and steadfast endurance. “transformation is a process, not an event” As Winooski “stays the course” leading to a successful Reading Plus implementation, it is strongly anticipated that student performance in the critical area of silent reading proficiency will SUSTAIN ongoing development and growth.

A Pneumonic for Electronics

by Shannon Bundy

Students had to learn, and then teach, each other about some of the trends on the periodic table. It was encouraged that the student-teachers create a pneumonic device to help their classmates remember the rules and reasons for the trends seen. This is what Amanda Nattress came up with. See if it helps you learn more about the periodic table!

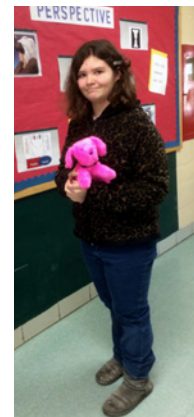
Electronegativity

Across and up is the trend,
do not forget fluorine is my strongest friend.
He is so strong because of electronegativity.
Oh wait! Maybe I should say ability!
Always getting girls, don’t know what he’s on,
constantly dragging over electrons.
His lack of shells never cause a block,
and his grip on nucleons is dead-lock.
The periodic table is an ocean ,
with element’s electrons always in motion.
Just remember the further you go down,
the less electronegative you become, and you drown.

The Art and Fun of Sewing

by Nancy Keller

“I’ve liked it because we can hangout with our friends,” commented MaeJae when I asked her about the 21C Afterschool program called, **Stuff It!**



Every Tuesday for an hour and a half 16 middle and high school students gather together to make hand-sewn stuffed animals or pillows with afterschool sewing teachers Cheryl Brosnan and Tabatha Soliz. During the school day, Ms. Brosnan is Winooski Middle School’s Guidance Counselor and Ms. Soliz is an Instructional Assistant. Ms. Brosnan has been offering the chance for students to make stuffed animals for over seven years. While students develop the skills of sewing, they also build a community and it is this community that keeps students



coming back year after year.

“I’ve like the feeling of joy of working on something

for a long time and having it completed,” MaeJae concludes. She is making a pink fuzzy stuffed dog, while her friend, Sarday is making a Panda Bear. Sarday agrees with MaeJae. “I like everything,” she said, “but sewing is the best.” Another friend, Kyla, is making a “duck” and has enjoyed “sewing it” because it is “fun.”

Alexis adds that Stuff It! helps her “get stress off. I get to talk to my friends and I get to relax.”

Not a bad way to conclude a busy day at school—sewing with friends. Thank you, Ms. Brosnan and Ms. Soliz for the many years of sewing fun!



Winter Sports Recap

Middle School Boys "A" Basketball

By Coach Dennis Barcomb

The 2013-14 Winooski Middle school boys "A" basketball team had an outstanding season. The team focused on sportsmanship, teamwork, effort, and dedication to the program. The final roster consisted of ten players: Mayange Matange, Abdi Gure, Abdi Ali Mohamed, Evan Eaton, Elli Nahimana, Wakeme Littlejohn, Abdullahi Sadik, Abdisalan Sheik-Bile, Omar Hussein, and Mowtes Ibrahim. Congratulations on a great season!

Middle School Girl's "B" Basketball

By Coach Blindow

The 2013-2014 Girls B Basketball team had a very valuable and productive season. The record does not calibrate their success. Starting off the season with 13 young students athletes, ended with 13 girls who matured, never quit, and had a load of fun. Comprised of eight 6th graders, four 7th graders, and one 8th grader, none of the girls had ever played basketball at a competitive level before. This put them us at a disadvantage through the whole season playing against highly competitive B teams AND A teams of 6-8th graders. The girls started the season not knowing how to fundamentally shoot correctly, set screens, and play proper defense. By the end, they were using teamwork and strategic fundamental concepts to put all of those together to become competitive. Words cannot express how proud I was to see such a vast improvement and I was thrilled to coach them this season.

The team was comprised of Teba Al Jarah, Sierra Davis, Ivy Do, Sophia Do, Lillian Dryer, Tatum Duba, Adison Granger, Ines Horozovic, Sabah Jameel, Aleisha Kirby, Cheyenne P-Eaton, Hannah Poirier, and Destiny Syharai.

Everybody contributed in many ways to help the team become successful in more than just the games. The best part of the season was how the girls always wanted to practice. They were upset when they were sick and they always wanted to get back into the gym and learn. We finished the season 1-9, but in the second to last game of the season, facing 0-8, we went to Grand Isle. We previously lost to them 15-6. Overcoming many challenges and adversity, the girls worked together by rebounding, playing great defense, making foul shots, and doubling their high score of the year. They came out with a tight 14-11 win. This one win did not just make us 1-8, but it made a full season of learning and fun come together, for the girls first experience with victory on the court.

Even if we had not won a game, the experiences and memories we all had were worthwhile, and I could not be any prouder for them to call me coach. Congratulations to the Winooski Spartans Middle School B team on a successful season on many different levels!

News from the iLab

By Will Andrews

The past few months have been very busy in the iLab. Students are working hard on their projects, while the teachers are working on refining our learning plans for this year, while planning for the iLab of the future. Here are a few things going on in the iLab;

Share-it Afternoon -

Towards the end of January, iLab students presented their projects to their peers in the school cafeteria. For a few hours in the afternoon all Winooski middle and high school students were able to see projects and performances from their friends and classmates. We felt the event was a complete success and want to add more of these Share-it afternoons throughout the year showcasing some of the fantastic work going on in our school community.

New students - The start of the second semester has brought the iLab a fresh batch of students. The new students are making their way through our refined learning process and settling on some topics of interest. So far we have students have chosen to learn about about marketing and advertising, marine biology, German, engineering and design, and how to build a motorized bike. This group seems highly motivated and excited about being a part of the iLab.

iLab/Winooski/CCV Connection - CCV and iLab staff have been working together lately to create a partnership between CCV and the iLab. The project is focused on creating relationships between CCV professors/advisors and iLab students in an effort to increase our student's knowledge and connection to their topic. Along with meeting with CCV professors/advisors, we want our iLab students to spend time observing lectures and becoming part of the local learning community. We are also in the early stages of planning an iLab student symposium at CCV where the iLab students will be able to teach the community about their project topic.

March 11 - Public Share-it Night - Our next public Share-it Night is on March 11th in the Winooski cafeteria. Our first Share-it Night was a huge success and we want this one to be even better. Our "science-fair" format will slightly change as we will offer spots throughout the school for students to preform and demonstrate for smaller audiences. We encourage any and all local community members to come out and support our students.

iLab future? - Lately the iLab teachers have been discussing and planning for the iLab's future. We want the program to grow as we learn more about the power of learning and teaching in this unique way. Our hopes are to increase the iLab student numbers, offer more internships opportunities, pilot flexible scheduling, and create a true "maker's space."

If you have any questions or want to connect with the iLab, email Will Andrews and WAndrews@wsdschools.org





Our favorite assistant in the kitchen graduated! Thank you for all your help Scott Johnston and all our best wishes for your bright future ahead.

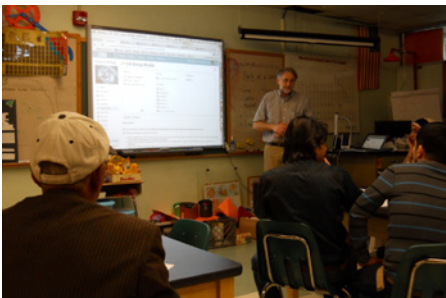
Please come join us for a Learning Walk!

By Anera Foco, WMHS Family School Partnership Coordinator

This is an opportunity to:

- Walk in your child's shoes and experience the Winooski Middle and High School from your child's perspective
- Build relationships between schools and families with our students at the center of this partnership.
- Get hands-on experience in how Winooski Middle and High Schools operate

The next Learning Walk will be held on March 25, 2014 from 10 to 12. We would love if you could join us. Please call or e-mail me if you want more info and/or would like to sign up. (802) 316-6240 or afoco@wdschools.org.



*** DO YOUR PART ***

VOTE!

MARCH 4, 2014

Guidance News

By Emmy Charron, Guidance Counselor, Winooski Middle High School

Here are upcoming March events to mark on your calendars!

- **Monday, March 3rd:** School Choice Applications are due to the guidance office
- **Friday, March 7th:** VSAC Scholarship Applications are due!!! Don't miss out on the opportunity for free money towards college!
- **Friday, March 7th:** Last day to sign up for the April 12th ACT's
- **Monday, March 24th:** Last day to submit a summer Governors Institute application.
- **Friday, March 28th:** School Choice decisions get sent out. Questions about financial aid?

Contact VSAC Coordinator Heidi McLaughlin at mclaughlin@vsac.org. Also, you'll find lots of information about planning for college, grades and transcripts on the district website at www.wdschools.org. Follow the links under the "Winooski HS" header tab, and you can get more information about graduation requirements, college resources, and much more. You can reach me at 383-6099 (direct), 655-3530 or at echarron@wdschools.org to set up an appointment.



On Friday Feb. 7th nine students signed up to visit Johnson State College for a campus tour, information session, dinner in the dining hall and a JSC men's basketball game. Thanks to all the JSC students and staff for hosting!

Music Matters

By Cathy Mander-Adams

We had a very successful 7th & 8th Grade District Festival. All of the performance groups were fantastic. This is such a great experience for these young musicians. I think every one of them came home with a very positive feeling about their performance abilities. Madison Wright sure had a great time and made many new friends, some of whom she hopes to see again next year.

We have our annual **Sing Into Spring concert on March 20**. Please plan to attend. Our students work really hard to be prepared to perform for a large audience of their parents and peers. Bring your neighbor. It doesn't cost a thing. The performance begins at 7:00 pm in the Performing Arts Center.

The *Spring Into The Arts* festival week planning is moving right along. We're really excited about the plans so far. May will be here sooner than you think and there is so much to do and many hands make lighter work for all. If you would like to know more and feel you could be a volunteer in some capacity, please contact me or Jan Willey. We can be reached by email or phone. Look for our information on the school's website.

Students are already thinking about and making plans for next year. There are so many wonderful singing opportunities for our singers. It would be really great to have a large, energetic high school group to take into the community to be ambassadors for fun and good will. Please encourage your young people to sing with our middle and high school chorus programs. They learn so much when they participate in a singing ensemble. We see it all time on the television. We can do this, too, if we try.



ALUMNI CORNER:

Where Are They Now?

Interview by Heidi McLaughlin, VSAC

We thought readers might find it enjoyable to read about former Winooski High School students and what they have done since graduation. We would like to highlight their college experience, study abroad adventures and current jobs. We hope this information would be fun to read and hopefully help current students think about options and opportunities that they can take advantage of out there in the big big world! Our second alumni featured is Matt DiMasi. Here are our questions and his replies.



How many years did you attend Winooski High School?

Four years and I loved all of them.

Were there any adults in the Winooski schools that had a really positive impact on you? (teachers, coaches, other staff)

There were a lot, and it really comes down to the interaction between the student and the teacher or the coach, etc... and for me, I can only list some of them that helped out while I was at Winooski because Ms. Townsend and Ms. Lawson have been incredible after my recent cancer diagnosis.

This is about my time at WHS though, and there were really almost too many to talk about because I was involved in a lot of things, but the biggest supporters were Ms. Mander-Adams because she really helped me improve my confidence and singing skill and the same thing goes with Coach Payson for soccer and Ms. Townsend for French respectively.

One of the other teachers who has done a lot for me is Mr. Litterer. He helped get me ready for college-level writing and to realize that *I love writing!*

What was your favorite learning experience during your time in the Winooski schools?

There were way too many, but I did love my musical experience with the All-State Music Festivals. I felt like I was getting a better understanding of the ways that larger choruses operate and the same thing goes for college-level music.

Did you feel prepared for college? work/career?

Yes and no. I definitely felt like I was ready academically, but I wasn't taught that sometimes you just have to grit your teeth and pretend that you're okay with

certain things or people.

Where do/did you go to college? What did you study? Did you get a degree?

I went to three different schools and I have studied a lot of different things.

I started with a political science type of degree while I was looking to work for the U.N. and/or volunteer with UNICEF or the American Red Cross and I started going to Clarkson. I hated it there, failed, and came back and did a year at CCV in Winooski. Then I went to Green Mountain College and I liked everything there except the financial aid. Then (luckily to avoid huge student loan) I was diagnosed with cancer. I got treatment, took another semester off, went to CCV for another three semesters and am hoping to get a basic Liberal Arts degree this semester.

I also had a realization that I love working with computers. In the past, I have done work as an IT professional, and I already knew that I would transfer to UVM, but I didn't know the degree, but after that realization, I decided on a degree in Computer Sciences.

Where do you work? Title/Position? What do you do (job responsibilities)?

I can't work right now because most employers are worried about my balance issues, but I am working with VOC rehabilitation to find a job where I can do IT related things and possibly PC repairs.

What advice would you give Winooski high school students about college and career if you knew then what you know now?

I have said this in panels before, but do things that you love. I started at Clarkson and basically failed because I wasn't involved in many things.

What other activities were you involved in during college? Did you try anything new? What did you learn about yourself in college?

In chronological order, I did cross-country and that was kind of new (I had run before, but not cross-country style), then nothing at CCV because they don't have clubs. I was in chorus and select-choir at Green Mountain College as well as playing Varsity Soccer.

I also had never played any lacrosse before, but my brother was on the team and the coach was willing to let people use most everything to try and get new people. I tried it and didn't like it. It doesn't help that I slipped on a wet floor and got hurt early on.

Would you be willing to share your experiences in college and work in person with WHS students and staff? With the superintendent?

Of course I would. I wrote a book called "My Cancer Card" and it helps that most people still know me.

Did you study abroad, travel or have any other experiences since graduating that you would like to share?

I haven't been abroad yet, but I am now a self-published author. I was able to publish the book that I wrote about my experience with cancer for free. By the way, it is available at Amazon at: <http://www.amazon.com/dp/B00HWGYE6G> in kindle and print forms. There is going to be a reading event and book signing at the Winooski Library on March 8.

WHS Afterschool Core Support

By Barbara Russ

Our high school teachers continue to be available to work with students after school at Winooski High School. Afterschool core support is available:



Tuesdays (3-4pm)

- Math Core Support with Ms. Clark in Room 207
- Math Core Support with Mrs. Mellen in Room 210

Thursdays (3-4pm)

- Technology Time Core Support with Ms. Poquette in Room 204
- Science Core Support with Ms. Bundy in Room 218

If you are a high school student wanting additional help beyond core support, please plan to stop by the O'Brien Community Center on Monday-Thursday evenings from 6-9pm for additional tutoring and homework help.

We hope to see many students continue to attend afterschool core support at the high school and for evening academic support at the community center!



Business Department Thanks Sponsors!

The students in the Business Department would like to thank Repro Digital, TD Bank and the other sponsors seen below for donating to our Business Fundraiser Raffle. The money earned from raffling off tickets will support students trip to New York City.

COMMUNITY NEWS

Update from your City Council

By Mayor Mike O'Brien

Greetings! The City Council continues to work hard on a variety of issues. As mentioned last month, we have been focused on the budget over the last couple of months and are offering a budget to voters that would result in about a 2% increase in taxes from last year. The proposed budget is \$5,771,704 including \$4,896,391 to be raised in taxes. We are projecting that this will result in roughly a 2% increase in the tax rate because of anticipated growth in the Grand List. For more information about the budget, please go to the city website at www.winooskivt.org, or feel free to contact any council members.

We have initiated our strategic planning process. We appointed the Community Services Commission in mid-February, and will be looking for volunteers to join the Public Safety and Public Works Commissions in the coming months.

The first phase of the Riverhouse apartments is complete and is already full. The developers, Redstone/Youkel, are planning to develop an additional 56-residential unit on the lot next to Riverhouse, and hope to break ground this spring. Other projects are proposed in the downtown that will add even more housing. New commercial uses have opened in Spinner Place including a hair



salon, wine bar, and a bakery. In addition, 68 senior housing units are being developed on East Allen Street.

Please remember to vote. You may vote at the Senior Center on March 4th between 7am and 7pm. If you wish, you can

also vote early at city hall.

In addition to the budget, you will be voting for two council seats. Current councilors John Little and Sarah Robinson are not seeking re-election. Brian Corrigan and Brian Sweeney have stepped up and are seeking the two seats. Thank you John and Sarah for your dedication and work during your terms as city councilors.

As always, if you have any questions about what's going on in the City, feel free to contact any of the city council or call City Hall at 655-6410.

I hope to see you at the polls!

*** DO YOUR PART ***

VOTE!

MARCH 4, 2014

Your City Officials	Email addresses	Telephone
Mayor Michael O'Brien	mayor@winooskivt.org	802-655-4879
Deputy Mayor Sally Tipson	stipson@winooskivt.org	802-655-3894
Councilor John Little	jlittle@winooskivt.org	802-655-0106
Councilor Seth Leonard	sleonard@winooskivt.org	919-616-0276
Councilor Sarah Robinson	srobinson@winooskivt.org	802-734-6422
City Manager Deac Decarreau	deac@winooskivt.org	802-655-6410

Visit the city website at winooskivt.org or call 802-655-6410.



Keep up to date with announcements and news about City activities:

LIKE US ON FACEBOOK We are "City of Winooski - Government"

FOLLOW US ON TWITTER We are @winooskivt

Update from Community Services Department

By Ray Coffey, Community Services Director

2013 marked the Community Services Department's first full year of operation as a formal Department within the City government structure, and while there is still much work to do as we strive to provide high-quality, innovative programs, we have made some really notable progress and look forward to several exciting projects on the horizon in 2014.

Shortly after taking the position as Community Services Director in July 2012, my wife and I welcomed our first child into the world, and I have to say that the parallels between my daughter's arrival and early growth and the growth and development of our new Community Services Department have been striking. While parenthood and my job have each caused me their share of sleepless nights and unforeseen new challenges over this past year, both experiences have been extremely gratifying and overwhelmingly positive. In both cases, I've had a great team around me; I've been amazed at the wealth of local resources and partnerships that I've been able to leverage to support my learning; and most of all I've been truly inspired by the human spirit and the resilience I've seen on display. I've seen this spirit reflected in a New American teen working diligently in our Tutoring Program to learn a new language and culture; through a long-standing program weathering the seas of change to improve their service in a changing community; in the long, dedicated hours provided by my staff and colleagues working to support Winooski residents; and in the way that the entire community wrapped around a handful of diverse families displaced by a structure fire on a bitterly cold night. We live in an INCREDIBLE little City, and while it's fair to say we will face challenges ahead, I have so much confidence and optimism that we'll rally together to find creative and positive solutions.

Finding these types of solutions is exactly what my Department has been working to do over the past year, committing ourselves to being good stewards of tax-payer funds through high-quality, need-based, and outcome-driven work. The Community Services

Department includes the O'Brien Community Center, the Winooski Senior Center, the Winooski Memorial Library, the City's various Youth Programs, and the Community Gardens. We also coordinate a variety of volunteer-engagement efforts across the City, and will also begin work in 2014 to improve Winooski's wonderful collection of Parks and Trails. I encourage you to read through the City's 2013 Annual Report for a full update on what our Department (as well as our colleagues in other areas of the City government) have been up to, and you will no doubt see that 2013 was a great year. With plans in the works to launch a Community Services Commission (which will engage residents in strategic planning and budgeting for the future), a Youth Council (which will give youth a voice in happenings at City Hall), and an expanded effort around Parks and Trails, 2014 is sure to be just as successful.

As a Winooski resident, I feel privileged and excited to be in a position to make positive change in the community. I'm deeply committed to ensuring that we are running consistently high-quality programs that are well-managed, impactful, and that are meeting identified needs in the community. As I said earlier, I continue to be impressed and inspired by my neighbors and colleagues in Winooski who are already working to improve the quality of life here. I hope that in some small way I can build on this great work by increasing collaboration, focusing on program quality, and ensuring our efforts are meeting the needs of ALL Winooski residents. I speak for the entire Department when I say that we rely on input from the community, so please don't hesitate to contact us with ideas, suggestions, and feedback (both good and bad!), or to find out how to get involved! We all thank you for your trust and continued support and hope to see you in one of our programs in 2014!

Please feel free to contact me at rscoffey@winooskivt.org or call City Hall at 655-6410.

Thrive After School Update

We are pleased to announce that Thrive has a new Director! Kirstie Paschall, who is coming to the City of Winooski from the Howard Center, will be leading both Thrive After School and the Thrive Summer Youth Enrichment Program for the City's Community Services Department. Kirstie has previously worked in a variety of educational settings, including preschools, both in the US and abroad, as well as in programs serving behaviorally challenged older children. Bringing both passion and positive energy to her new role, she will be working with the Thrive staff to add program capacity and explore new ways to support Winooski families and children.

The addition of a new staff member allows Thrive After School to now serve more children each day. Spots will be opening up, effective March 5, and children can now be enrolled on weekly or by-day schedules. More information, including rates and downloadable registration forms, can be found online on the City's website at www.winooskivt.org (click City Departments -> Community Services -> Youth Programs). Registration forms are also available in the Winooski School District main lobby. Questions about Thrive After School can be directed to Kristie Paschall (316-1552 or thrive@winooskivt.org) or Ethan Hausman (655-1392 x21 or coordinator@winooskivt.org).



The Thrive Afterschool Staff: Danielle Magowan, McKay Steady, Cathy Burbo, Kirstie Paschall, and Emily Hines

Winooski Senior Center March Highlights

By Jahnine Spaulding

If you haven't been down to the Winooski Senior Center, at 123 Barlow Street, for awhile, we invite you to come and visit - you may be surprised at how active and fun our programs AND our seniors are!

- Our **St. Patrick's Day Luncheon** - 12 Noon, on Monday March 17th. We'll have a traditional, home cooked, Corned Beef Dinner (or, we'll have an Irish Potato bar with all the trimmings) Leprechaun Punch, a variety of Irish themed desserts and prizes galore - all for just \$6.00! Reservations are required, so call 655-6425 to make your reservations!
- Are you brave enough to, "Start The Conversation?" - A program open to everyone 18 and over. Tuesday Evening, March 26th at 5 PM. Presented by the VNA.

This topic was so important our seniors are inviting anyone 18 or older to attend. "Start the Conversation" is all about helping anyone, of any age, tell those they love what they want in their final stages of life. There have been many recent court battles over the last wishes of people of all ages, backgrounds, and beliefs. Starting the conversation now will ensure that you, and those you love, know exactly what to do if anything should happen to you or them. If you truly love someone, one of most thoughtful things you can do is tell them your wishes. We have some great ideas on how you can Start the Conversation! Space is limited, please call 655-6425 for more information, or to register.

Did You Know That At The Winooski Senior Center ...

- Everyone is welcome, as long as they are 55 or older?
- You do NOT have to be a senior to volunteer for Meals on Wheels and other programs?
- Most activities, programs, and classes are FREE or very low cost (most under \$5)? We offer 7 exercise classes a week including Line Dancing, Tai Chi For Arthritis, Exercise Blend, and Walking ?
- We offer a FREE community meal every Thursday at 11:30 (suggested \$4 donation), and a Bhutanese Senior Lunch every Friday?
- We have the best Bingo around - every Thursday at 12:30?
- We offer fun social activities like holiday meals movie matinees, jewelry or card making, and are always looking for new ideas ?
- The Winooski Senior Center delivers over 1,000 Meals On Wheels each month - not matter what the weather?
- We team with the AARP to provide FREE Tax Assistance, and other programs?



Winooski Youth Summer Program Dates Announced

The City of Winooski's Community Services Department will again be running the Thrive Summer Youth Enrichment Program in 2014. Hosted at Winooski High School, the day camp-style program is open to students who are currently in Kindergarten through Grade 5 and will run for seven weeks from June 23 - August 8.

Summer Program registration will not get underway until April, but interested families can count on having daily childcare from 8AM until 5:30PM for the duration of the Program. Program enrollment is on a weekly basis: parents can sign children up for any or all of the week-long sessions. The Program will once again complement JFK's Summer School schedule, so children will easily be able to transition to spend afternoons in Thrive at the close of the Summer School day.

Summer Program fees and other details will be announced closer to the start of the registration period, but Vermont Childcare Subsidy will be accepted to offset costs. Families who apply for subsidy and have children receiving Free/Reduced Lunch—as well as anyone registering children for all sessions-- will be eligible for discounted rates. More information about the Thrive Summer Program will be announced in the April issue of the District newsletter and made available on the City's website (www.winooski.vt.org).

YMCA Offers Free Adult Cancer Survivors Program to Winooski Residents

LIVESTRONG at the YMCA is a free 12-week fitness and wellness program for adult cancer survivors, those before during and after treatment. It is led by specially-trained staff out of the Winooski Y branch but you do not need to be a Winooski resident to participate (so pass on the word to your friends and family). Don't miss out on this opportunity to live your best. Learn more at gbymca.org or call Kristin Magnant at 652-8196. Program begins March 4th.

* DO YOUR PART *

VOTE!

MARCH 4, 2014

Teen Center Update

MLK Day Celebration Success

On Monday, January 20th the Winooski Youth Programs invited local youth and parents to celebrate Martin Luther King Jr. Day. The other Teen Center staff and I are proud to say that this event was a success!

In recognition of the devastating fire that affected several families in our community, the day began with a service project in which participating youth distributed 250 fire safety materials to the doorsteps of their neighbors.

Local artist Dan Higgins was also present to document some of the day's activities, and interviewed students to record their thoughts about their experiences living in Winooski.

After learning about Martin Luther King Jr.'s legacy, and competing against their fellow students in a game of trivia, participants enjoyed a wonderful lunch graciously donated by Tiny Thai Restaurant, Waf's Westside Deli, Papa Frank's Restaurant, McKee's Pub & Grill, and Hannaford Supermarket.

Following lunch, we showed the Southern Poverty Law Center's documentary about youth activism during the Civil Rights Movement entitled *The Children's March*. The movie was followed by a discussion led by local artist Jean Luc Dushime who spoke with the students via Skype from Rwanda.

Special thanks to our sponsors, as well as Mr. Higgins and Mr. Dushime for making this celebration a memorable event for all of us at the Winooski Teen Center! We also wanted to thank the students who joined us for this event. We couldn't have done it without you!

Youth Programs Update

The Winooski Teen Center Soccer Team has been playing very well against some tough competition in an indoor soccer league. We thank these students for their dedication, hard work, and unrelenting spirit!

Also, be sure to join us at the Teen Center Tuesday and Thursday nights at 5:30 pm for free dinners for youth ages 18 & under.

We are in the process of organizing other special events at the Teen Center. Stay tuned for more updates!

Meet The Candidates

There are two candidates running for unopposed for the two city council seats being vacated this year. Thanks for John Little and Sarah Robinson for their service!

Here is information submitted by the two candidates to help you get to know them a little better. You are also invited to attend a meeting March 3rd, 2014 in the Performing Arts Center at the Winooski Educational Center, for a full review of the city and school budgets, in addition to meeting the candidates, beginning at 6:00 p.m. with a discussion about city issues. Discussion about school issues is scheduled to begin at 7:30. **Please do your part and become informed, and vote on March 4, 2014 at the Senior Center on Barlow St. between 7 a.m. and 7 p.m.**

BRIAN CORRIGAN

Running for: City Council

Contact: 75 Hickok St. 802-999-9270

Work: Manager of Customer Service for Hannaford Bros.

Education: Associates in Business Management from Champlain College

Hobbies: Being there for my children and construction/building projects

Community Service: I have volunteered with the Winooski PTO for nearly 20 years, have spent six years serving with Friends of WHS, five years on the Winooski School Board, and one year on the Winooski Development Review Board

Reason for Running: I believe it's the duty of all community members to be involved in the growth and evolution of their community in any way possible. I've raised my family here and have seen great changes and wholeheartedly want to be in those discussions about what's next for us.

BRIAN SWEENEY

Running for: City Council

Contact: 24 Maple St

Work: Manager for Sherwin Williams Paint Company

Education: BA from University of Vermont

Hobbies: Spending time with my fiancé Chelsea, bass fishing, hiking, playing with my two dogs, working out at the Winooski YMCA, woodworking

Reason for Running: I'm newer to the Winooski community but this is where I bought my first home and where I am starting my family. I want to live in the best Winooski possible. I want all of Winooski's residents and businesses to be safe, healthy and prosperous. Being an active member of local government is where I believe I can help Winooski achieve all those things.

United Way Volunteer Connection Hosts Community Social

Are you looking for ways to give back and volunteer in your town? United Way of Chittenden County Volunteer Connection will be hosting a social at the O'Brien Community Center on Malletts Bay Avenue, in Winooski on Wednesday March 26th, 4:00-5:00pm. Join us to explore the wide range of volunteer opportunities available and learn how easy it is to become engaged and give back to nonprofits to help meet community needs.

Volunteering is a great way to share your work skills, network for job hunting or just meet new people. Whether you are a youth looking for community service for school or someone young at heart wanting to share your lifetime of experience United Way Volunteer Connection can help you find a volunteer match that fit your interests, skills and schedule.

The Volunteer Connection partners with nonprofits in Winooski and over 250 nonprofits and over 350+ volunteer opportunities in Chittenden County. Whether you want to volunteer once a week, once a month or once in a while we can connect you with the right opportunity.

Where is the location? O'Brien Community Center, 32 Malletts Bay Avenue Winooski

Who do I call with questions? Contact Phet Keomanyvanh, Coordinator of Volunteer Connection at 861-7821 or phet@unitedwaycc.org.

Seeking Volunteers

By Melissa Corbin, Director of Social Enterprise

Vermont Works for Women is looking for volunteers to deliver the meals we make in our Winooski based community kitchen to childcare centers in Chittenden County. Shifts available Monday - Friday from 10:15-11:45. We provide the vehicle and can welcome interested volunteers that either want to drive or ride in a van driven by another. Interested parties should email Heather Newcomb at hnewcomb@vtworksforwomen.org.

Please Join Us for a Free Movie and Discussion!

CCV will be offering a free screening of the documentary, *The House I Live In*,



on **Tuesday, March 18th** at CCV Winooski. Filmed in more than twenty states, the film tells the stories of individuals at all levels of America's War on Drugs. From the dealer to the narcotics officer, the inmate to the federal judge, the film offers a penetrating look inside America's criminal justice system, revealing the profound human rights implications of U.S. drug policy. The film is the winner of the Sundance Film Festival Grand Prize in 2012!

- **What?** Screening *The House I Live In*, a documentary. Conversation with State Representative Suzi Wizowaty to follow
- **Where?** CCV Winooski in the Janice Couture room (108)
- **When?** Tuesday March 18th, 6:15 pm - 8:30 pm
- **Why?** To learn more about the impact of the United States "War on Drugs" and in the words of Vermonters for Criminal Justice Reform, "To work for a more restorative, coordinated and effective criminal justice response."
- **How Much?** FREE
- **Questions?** Please call Amy Stuart at 654-0542
- **Preview?** <http://www.youtube.com/watch?v=J5W9idE5hjq>

Come Have Fun at the Library!

By Amanda Perry

- **Saturday, March 1** at 10:30, Stories with Jess! Children, Pre-K through grade 2, with their caregiver, enjoy stories with our Youth Librarian, Jessica.
- **Saturday, March 8** from 1 to 3, Winooski resident, Matt Dimasi, will discuss his book *My Cancer Card: Excerpts from the Life of a Survivor*.
- **Saturday, March 29** from 11 to 5, all ages (children and adults) can drop in to play *Magic the Gathering!*
- **Tuesdays at 10:30** join our wonderful volunteer, Marilyn for Storytime! Infants and preschoolers, with their caregivers, enjoy stories, songs and crafts.

Also, the library is seeking donations of Legos for our upcoming Lego Club. Please give us a call if you have extras.

The library is located at 32 Malletts Bay Avenue and is open Tuesday 10-7, Wednesday 3-7, Thursday & Friday 10-6 and Saturday 10-1.

WCSPS Update

By Kate Nugent, Winooski Coalition for a Safe and Peaceful Community

Please join us **March 19** for a community dinner at the O'Brien Community Center at 5:30! We want to thank the city council for asking our Winooski School District student interns to present their research on second-hand smoke. We also want to thank the Winooski School Board for hosting the February community dinner and working hard to connect with residents about school planning and budgeting.

Please stay tuned for an April event the Winooski Coalition is working on with Champlain College around community resilience to the drug-related challenges facing our community.

Winter is almost over . . . try to get out in the sunshine as much as possible, even in the cold. It helps mental and physical health! Learn more at WCSPC.org.

Sign up for our e-newsletter at wcspc.org or email us at winooskicoalition@gmail.com. Winooski Coalition for a Safe and Peaceful Community | 802.655.4565 | 32 Malletts Bay Ave, Winooski, VT 05404



WCP Welcomes CarShare to Winooski

By Laura Brown, Purple Shutter Herbs



The Winooski Community Partnership is pleased to announce that CarShare Vermont is now in Winooski!

Say hello to Chase, CarShare Vermont's new Winooski car! Getting around in Winooski is now easier than ever! With a brand new CarShare Vermont vehicle parked on Winooski Falls Way, you can enjoy the benefits of car use without the hassles of car ownership. The new and reliable vehicles are available for use by the hour or day whenever you need to drive. Simply make a reservation online or by phone, access the car using your own electronic key, get in, and go! Household errands, grocery shopping, out of town travel, we can help you get there! And, our low driving rates include everything – gas, insurance, maintenance, parking, and 24/7 roadside assistance – so we've got you covered. To find out more about the benefits of car-sharing and to become a member of CarShare Vermont, visit www.carsharevt.org or call (802) 861-2340.

* DO YOUR PART *

VOTE!

MARCH 4, 2014

HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

Today about one in three American kids and teens are overweight or obese, nearly triple the rate in 1963. Here are a few suggestions to help keep your kids healthy.

1. Be a good role model—your kids are watching you. They will see your effort and hopefully try too.
2. Keep positive—change is not going to happen over night. Praise them for the jobs well done.
3. Keep the whole family moving—take walks together or ride bikes.
4. Limit the amount of time your child watches TV, uses the computer or plays video games.
5. Encourage physical activity—jump roping, hula hooping, jumping jacks and more!
6. Stay involved—take them to their well child exams every year. Know what they are eating for lunch at their school and make healthy choices when grocery shopping.

Little changes can make a BIG difference!

**All information/facts were adapted from the American Heart Association*

Tooth Tutor Update

Diane Polson, RDH, Tooth Tutor

Gearing up for Spring sports? Remember to **ALWAYS wear a mouth guard**. If a tooth accidentally gets knocked out, seek immediate treatment with your dentist within 30 minutes.

- DO NOT clean the tooth.
- DO NOT touch the wound site.
- Keep the tooth WET. Put it in a glass of milk, cool water or a wet cloth.

FLOSS, Brush and see your Favorite Dentist regularly!

If you are in need of DENTAL CARE or have not been seen by a Dentist in the past year, please stop by and see me. I am in the Health Office on alternating Wednesdays and Thursdays or you can reach me at 383-6094.

ELEMENTARY SCHOOL LUNCH MENU — MARCH

DAILY BREAKFAST OPTIONS:

Abbey Breakfast Sandwich: Sausage & Cheese on English Muffin – offered daily!!
 MONDAY: Whole Grain French Toast Sticks • TUESDAY: Whole Grain Cinnamon Bun w/Cheese Stick
 WEDNESDAY: Scrambled Egg & Cheese Wrap • THURSDAY: Healthy Breakfast Round
 FRIDAY: Egg & Ham in a Basket OR Cereals w/English Muffin OR Bagels
 ** Fresh Fruit & Milk With all Meals**

Choice of milk served with all complete meals:

- Low-fat White &
- Low-fat Chocolate

Available Daily

1. The Abbey Groups Main Menu Entree
2. Hoagieville Made to Order Deli Bar
3. Garden Fresh Salad Bar
4. Yogurt Parfait & Cheese Bun [substitute your main entrée]
6. Little Italy Pizzeria and Abbey Express Daily Specials

PRICES:

- Breakfast
 Regular \$1.25
 Reduced \$FREE
 Adult \$1.75
 Lunch
 Regular JFK \$2.00
 Regular WMHS \$2.25
 Reduced \$FREE
 Adult \$3.25

Beverages

- Milk \$0.50
- Juice \$0.50

Pay for your student's meals with our easy on-line bill pay system. Go to: www.abbeygroup.net/lunch/prepay



Mon., March 3	Tues., March 4	Wed., March 5	Thurs., March 6	Fri., March 7
No School	No School	National School Breakfast Week Dr. Suess Birthday Green Eggs & Ham Cat in the Hat Home Fries Horton Hears a Who Biscuit Hop on Pop Celery Sticks Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	National School Breakfast Week Taco Bar w/ The Works Seasoned Taco Meat, Mozz. Cheese, Lettuce, Salsa & Soft Flour Tortilla Rice Pilaf Warm Black Beans Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Taste Test: Three Bean Salad Fresh Fruit Fresh Milk	National School Breakfast Week Grilled Cheese Sandwich on Chicken Noodle Soup Celery & Carrot Sticks Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., March 10	Tues., March 11	Wed., March 12	Thurs., March 13	Fri., March 14
Chicken Nuggets w/Dipping Sauce Roasted Sweet Potato Wedges Baked Beans Dinner Roll Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Spaghetti w/ Meat or Garden Marinara Sauce Chopped Green Salad Garlic Breadstick Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Early Release Grades 6-12 Cheesy Breadsticks Marinara Sauce Hearty Chili Garden Slaw Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Burrito Bowl Steamed Corn Homemade Cornbread Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Sloppy Joes Oven Roasted Potatoes Rainbow Slaw Chocolate Chip Cookie Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., March 17	Tues., March 18	Wed., March 19	Thurs., March 20	Fri., March 21
St. Patrick's Day Shepherd's Pie Home Made Cornbread Steamed Broccoli Rainbow Wheat Sugar Cookie Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Macaroni w/Meat Sauce or Garden Marinara Sauce Chopped Green Salad Garlic Bread Stick Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Delayed Start Grades K-5 Homemade Pepperoni, Cheese or Veggie Pizza Caesar Salad Fresh Carrot Sticks Hummus Dip Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Chicken Fajitas Chicken, Sautéed Onions & Peppers, Soft Flour Tortilla, Salsa, Cabot Sour Cream Rice Pilaf Warm Black Beans Steamed Corn Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	French Toast Sticks w/ Warm Syrup Scrambled Eggs Sweet & White Home Fries Green Pepper Strips Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., March 24	Tues., March 25	Wed., March 26	Thurs., March 27	Fri., March 28
Dress Your Own Burger on A Bun Roasted Sweet Potato Wedges Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Pasta w/Meat Sauce or Garden Marinara Sauce Spinach Salad Three Bean Salad Garlic Breadstick Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Homemade Pepperoni, Cheese or Veggie Pizza Chopped Green Salad Happy Birthday Cake Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Taco Bar w/ The Works Seasoned Taco Meat, Mozz. Cheese, Lettuce, Salsa & Soft Flour Tortilla Rice Pilaf Rainbow Slaw Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	Chicken Parmesan Sandwich on Toasted Wheat Roll Potato Wedges Roasted Zucchini Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk
Mon., March 31	PLEASE NOTE: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.			Looking for a job that lets you be at home when your family needs you there? Come Join our Team!! Got to the link below. You can download an application or see what we have available through Careerbuilder. http://www.abbeygroup.net/careers.php
Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Potato Wedges Green Pepper Sticks Banana Bread Square Or Yogurt Or Sunbutter and Jelly Or Deli Sandwich Or Salad Bar Fresh Fruit Fresh Milk	ALSO: Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.			

Newsletter of the Winooski School District

Winooski School District
60 Normand Street
Winooski, VT 05404

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WINOOSKI PUBLIC SCHOOLS

www.wdschools.org

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Winooski Middle and High School

Principal: **Leon Wheeler**
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MISSION STATEMENT

The mission of the Winooski School District is to awaken in its diverse student body, a thirst for knowledge, a passion for learning, and a desire to become responsible members of the world community.

We offer a safe, supportive, educational environment. Our team of professionals recognizes individual strengths and needs and fosters academic excellence and personal growth.

Working together in partnership with families, and the community, we strive to instill shared core values – respect, responsibility, empathy – and a commitment to help every student reach his or her potential.

WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 405 students attending JFK Elementary (grades PreK-5), 155 attending Winooski Middle School (grades 6-8), and 227 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org