



WINOOSKI SCHOOL DISTRICT NEWS!

VOLUME 14, ISSUE 9

JUNE 2017

Celebrating Our Achievements!

Build a Better World

By Elsie Goodrich, Youth Services Coordinator, Winooski Memorial Library

Are you ready for the Winooski Memorial Library's Summer reading program?! The theme this year is **Build a Better World**, and we have oodles of exciting things to do at the library.

- **Fresh healthy meals** for youth 18 and under are served at the library Tuesday-Friday 12-5, and Saturday 10-2 starting June 21st.
- The **Children's Garden Plot** in the O'Brien Community Garden will be serving up fresh snacks and flowers. Come help us plant, water and grow every Tuesday morning 11 am-1 pm.
- **Lego Club** meets Tuesdays 3-6 pm. Take the weekly Lego challenge and have your creation posted on our Facebook page.
- **Family Game Day** meets Wednesdays 3-6 pm. Come play or checkout and take home *Clue*, *Monopoly*, *Jr. Settlers of Catan*, *Tabletop Pool*, *Ticket to Ride*, and MORE!

- **Story Time** takes place on Fridays at 10:30 am. Join Elsie for stories, songs, games, and crafts.
- Look for **Story Thyme at the Winooski Farmers Market** on sunny Sundays 10-2, stories, games and crafts, and a collection of books to checkout and take home with your veggies! Also bubbles, pom pom catapults, Post-it Note murals, obstacle courses, make your own bouncy balls, scavenger hunts, building challenges, balloon rockets, take-home crafts, and SO MUCH MORE!
- **Wild Things: Oh! the Places You'll Grow!** Join Kristen Littlefield, Nature Specialist to makes crafts such as creating monarch chrysalises, hummingbird nests, and "mini gardens" for bees, butterflies, and birds, and learn about the pollinators in your own backyard. Friday, July 14th from 12-1 pm
- **Dance with Ashley!** Saturday, July 22nd at 11-12 pm. Bring stories to life with dance and music and learn how to build a better world in the universal language of music.
- Sign up for the **Summer Reading Program** at the Winooski Memorial Library starting Tuesday, June 12th, through the summer. Win cool prizes like gift cards to Our House Bistro, Sneakers Bistro, Spare Time Bowling and Fun Zone, and win a tour of the Winooski Police Department

***Parents and Guardians**, register as Reading Partners with your children for fun, games activities, and games to encourage math, and reading skills throughout the summer. Also, win cool prizes, like gift cards to local restaurants!

Job Hunt Helper Available

Are you a recent graduate? Looking for a job? Need some help with your smartphone? Let a Eryn, our Job Hunt Helper show you how to start. Eryn can help you find employment opportunities, write a resume and cover letter, apply for jobs, assess your skills and interests, explore career options, assist with learning to use your smartphone, laptop or other devices. Make a free appointment at 802-655-6424 or winooskilibrary@winooskivt.org to see Eryn, Tuesdays 3:30-6:30 and Saturdays 11:00-2:00 through August.

Calling all volunteers!

If you want to help around the library or with kids events, contact the library! The Winooski Memorial Library is here for you at 32D Malletts Bay Avenue. 802-655-6424. **Hours:** Tues: 10am to 6:30pm • Wed-Fri: 10am to 6:30pm, Sat: 10am to 2pm • Closed Sun. & Mon.

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Important School Dates to Remember

- **Last Day of School:** The last day of school is Friday June 16. School will let out at 11:00am for all students.
- **2017 Graduation:** Winooski High School is pleased to announce that graduation will take place on Saturday, June 17 at 1:00pm. See page 13 for full end-of-year calendar items.

Summer: Keeping our Children Active!

By Sean McMannon, Superintendent of Schools

Finally the warm and sunny weather has arrived! This means that we are nearing single digits of school days remaining and the excitement of summer break. However, it is very important that we help our children to find ways to keep their brains and bodies active and healthy during July and August. During the school year many of our students participate in co-curricular or after school activities which we know plays a positive role in their learning and social-emotional development. Research shows that students involved in co-curricular activities are more likely to have: higher grades, better school attendance, lower dropout rates and fewer discipline problems. (nsaahome.org/benefits.pdf) It is imperative that we keep these positive activities going during the summer months.

There are many opportunities for structured summer activities supported by our school such as JFK Summer School and ELL Newcomer Summer Camp for middle/high school students. Parents can contact any of the school offices or peruse our website for more information. In addition, I would recommend reviewing www.kidsvt.com under the Family Resources menu to find local day and residential camp opportunities.

In addition to all of these structured activities I would encourage parents to find time to do the simple things with their children that keep them active and healthy during the summer months:

- **Nutrition:** Healthy meals each day is essential. Our school will be serving breakfast and lunch during the summer. If you struggle with food security please contact our local food shelves.
- **Walk, Run, Bike & Hike:** We are fortunate to live in a beautiful state with incredible natural resources. Take advantage of the recreational paths in Winooski, Burlington and Colchester or get out into the Green Mountains and explore Mt. Mansfield and Camel's Hump. Don't forget the bike helmets to protect precious brains!
- **Swim:** Enjoy our local beaches such as North Beach (Burlington) or Bayside & Rosetti Park (Colchester). Please make sure our children have the opportunity to learn how to swim so they can be safe in all bodies of water.
- **Reading & Math:** Go to the library and get summer reading books. Schedule a daily family reading time and model the joy of reading for your child or read aloud with your child. Simple math workbooks from local bookstores or online worksheets are a great way to maintain and build calculation skills over the summer.
- **Play games:** Board and card games are excellent ways to build critical thinking, problem-solving and interpersonal skills.

As we close the 2016-17 school year I would like to thank the entire community for supporting our children and the WSD staff! It has been a wonderful year with a lot of positive growth for individual students and our school and city. Enjoy the summer with your families and keep our children active and healthy!

School Board Update

By Mike Decarreau, Board of School Trustees President

A brief update on our negotiations with teachers and staff. We went to impasse several weeks ago mainly due to the new health benefits section. With the State Legislature deep into these discussions at this time we are playing a waiting game before moving forward.

We are one among many districts this year seeking help to close our negotiations so we will be into July before we can secure someone's time. Hopefully this comes to some finality at the State level so we know how to proceed.



Black Lives Matter, Too

By Hal Colston,
Partnership for Change

I recently organized an event in Jericho, VT to engage mostly white community members to hear and learn about Black Lives Matter from a white panel. We watched the last segment of the four-hour documentary, "Black America Since MLK – And I Still Rise." My wife of 39 years says that I volunteer too much, and I agree. But, this event was near and dear to my heart as I have been seeking ways for my white brothers and sisters to lean in, step up, and take responsibility for systemic racism. You may not have created it, but I feel you have a responsibility to deal with it. To end it!

The three people on the panel shared their experiences about displaying Black Lives Matter signs on their college campus, organization property, or front lawn only to have them vandalized repeatedly. The panelist sharing his front lawn experience displayed his artifact – a Black Lives Matter sign with duct tape turning Black Lives Matter into All Lives Matter. All lives do matter but to dismiss Black Lives Matter allows one to ignore the inequities and injustice that so many black and brown people experience in our community and in our schools. All three panelists spoke to a deeper sense of awareness resulting from their Black Lives Matter experiences.

How do our students know that their lives matter? How do they know they have something special to offer our school community? Do our students, especially our black and brown students, experience a strong sense of belonging? How is your awareness growing of the inequities and injustices these students endure? Black lives do matter, too!

Do you know when is a good time to talk with your kids about marijuana? Now. And tomorrow. And many other times after.

By Sean McMannon, Superintendent of Schools

- Express Care.**
- Make Connection.**
- Educate.**
- Set Boundaries.**
- Role model.**

There has been conflicting talk in our media lately related to marijuana policy and increasing access to marijuana for recreational use in Vermont. Between legalization, increased normalization in pop culture and new ways of using (edibles, vaporizers, concentrates), it's becoming more and more complicated to know how to address marijuana use with kids.

These are highly complex issues and it is important to be informed and thoughtful about the impact of marijuana use on individual and community behavior. What we know from research is that marijuana use has ill effects on health and should be discouraged, particularly by youth.

Marijuana is the most widely used illicit drug among youth today and is more potent than ever. The chances of kids encountering marijuana in their tweens and teens have increased and we need to be prepared. The science continues to emerge, but we can say with certainty now that marijuana use is significantly linked with:

- Addiction
- Heart and lung complications
- Impaired brain development
- Increased risk for mental illness
- Car crashes
- IQ loss and poor academic outcomes
- Poor quality of life outcomes
- Poor job performance

Similarly to tobacco and alcohol, the more prevalent and accessible marijuana is to youth, the more likely they will be to engage in substance use. Parents, educators, and school counselors have a powerful opportunity to influence and support students who may be taking this type of risk; it can begin with keen observations and consistent work to form trusting relationships.

Think back to your own role models growing up. They might have been parents, teachers, neighbors. Often it is difficult to remember the specific lessons they taught or things they said to you, however, it might be easier to think about how they made you feel - connected, capable, and cared for.

Research shows there is a strong connection between feeling valued in a community or school and substance abuse. Adolescents who perceive that their teachers and community cares about them are less likely to initiate marijuana use, cigarette smoking, drinking to get drunk, and other health risk behaviors (1). Relationships with parents, teachers and counselors are among the most important and formative ones for many youth. According to studies, students who

are poorly bonded to school are also less likely to recognize that substance use may reduce the likelihood of them achieving their future goals.

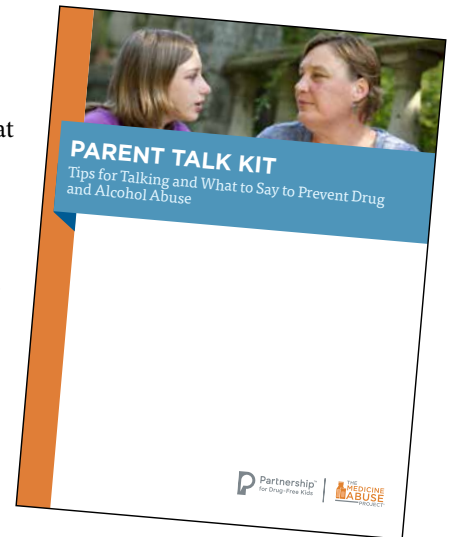
So now is the time to get a conversation started and keep it going! Struggling with what to say? Try asking your child these questions to get the conversation started:

- “What’s the hardest thing you deal with when it comes to just being yourself around your friends?”
- “If one of your friends wanted to try marijuana, how would you handle that?”
- “If someone asks you if you want to try marijuana at a party or friend’s house, what will you say? ...How about we practice a few things you can say so you’ll feel prepared?”
- “If you ever have questions about marijuana or other drugs, you can count on me to listen and help you find the answer.”
- “There has been a lot of misinformation lately going around about marijuana. What have you heard from others about marijuana? I’ve spent some time getting more informed lately so I have more accurate information. Can I tell you what I know?”

The Partnership for Drug-Free Kids offers a great, “**Marijuana Talk Kit**” to help parents, educators, and counselors have conversations with kids about marijuana here: <http://drugfree.org/article/how-to-talk-about-marijuana/>

Here are some other great websites to get more information and tips for talking with kids about drug and alcohol use:

- **ParentUP Vermont** - parentupvt.org
- **Partnership for Drug Free Kids** - drugfree.org
- **ParentFurther** - parentfurther.com
- **Speak Now** - speaknowcolorado.org



Be Part Of The Largest Study Of Brain Development And Child Health!

By Sean McMannon, Superintendent of Schools

WHAT IS THE ABCD STUDY?

ABCD stands for Adolescent Brain Cognitive



Adolescent Brain Cognitive Development
Teen Brains. Today's Science. Brighter Future.

Development, and it is a landmark study supported by the National Institutes of Health (NIH). Across the country ABCD investigators will enroll 10,000 families and follow children from ages 9 – 10 into early adulthood. The goal is to understand how children's experiences affect brain development and other aspects of their life - including school, friendships, behavior and health.

WHY SHOULD VERMONT KIDS PARTICIPATE?

The University of Vermont is one of only 19 sites selected to run the ABCD study. This is a great opportunity to ensure that Vermont youth and their experiences are included in this nationwide study. All data will be treated confidentially and kids and their parents will be reimbursed for their participation.

HOW CAN MY FAMILY PARTICIPATE?

If you are the parent or legal guardian of a 9 or 10 year old your family may be eligible to participate. Look for printed material to come home from school with your child soon. We look forward to meeting your family!

You can sign up for the study by following this link:
<https://abcdcontact.me/school/500936000388>

For more information:

Call the UVM team at (802) 847 – 4562

Email us at ABCD@uvm.edu

Visit the ABCD website: www.ABCDStudy.org.vt

Foster and Respite Care in Vermont

From a day to a lifetime.... You can help!!

Almost 1,000 Vermont children currently live away from their families in foster care. They all need families to care for them, preferably in their communities. Being able to stay in their own communities & schools — with friends, teachers, and familiar surroundings — can make a huge difference in their lives.

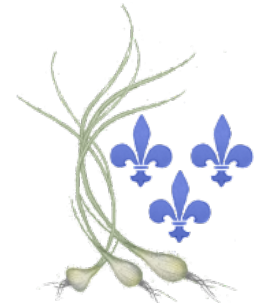


Become a foster parent!! Call your Resource Coordinators, Cathy or Matt at 863-7370 or visit fostercare.vt.gov

French Heritage Day (June 25)

By Steve Norman, Organizer, French Heritage Day

Since the 1600s French-speakers have lived, worked, and played music here in Winooski, and the tradition can continue on June 25, 2017, with a roster of entertainers representing the franco music of Vermont, Québec, Maine, Louisiana, and Africa — the last being Winooski's own immigrant rapper/dancers A2VT! Also: young Maine fiddler Gus La Casse, Cajun dance band Yankee Chank, central Vermont's Va-et-vient with French and Québécois tunes, and Québec's new young trad trio La Croisée d'Antan, fresh from winning the annual Young Trad VT competition! Nine hundred attended last year's event.



French Heritage Day is now a three-year annual tradition in downtown Winooski, Vermont's most French-settled city. It's a free, day-long indoor-outdoor celebration of all things francophone: arts, crafts, history, food, family, language classes, community, cloggers, seat-caners, petanque-players, we hope at least a thousand visitors from all over, plus TWO museums and Winooski's famous Sunday Farmers' Market right in the same street! Car parking is free, or ride your bike or walk!

We are grateful for returning corporate support this year from Colchester manufacturer Hazelett, from TD Bank, and from Catholic Financial Life. Our regional Alliance Française is joining the event for the first time in Winooski, and the production is now under the auspices of the Winooski Community Partnership, with the Winooski Historical Society continuing its organizing work. But it's up to our entire, larger franco community to step up and really support this celebration and make it our own. French name? French-speaking? French-friendly? Whether you can join us in Winooski on June 25 juin or not, please contribute what you can afford to put the events Kickstarter campaign over the top! We have many new exhibitors and a wonderful music program lined up: frère Jordan Bélanger is back from last years program with his new Québec trio, La Croisée d'Antan, which has just won the Young Trad Vermont annual competition at Burlington City Hall.

It's for certain we have many friends and neighbors near and far who agree that improving our bilingualism and honoring our heritage is our region's unique opportunity, to be celebrated and promoted. Northern Vermont has no comparable franco event, and our fête has found a fine home in Winooski

So do your best to bring family and friends to join us for a wonderful day on June 25. Whether or not you can attend in person, please give what you can now to help fund French Heritage Day 2017 and the broader aim of a region's vibrant franco community, sans frontières. Please ask your friends to join you in funding this Kickstarter campaign. We'll meet our goal and then some! See you June 25 juin!



Free Concerts

By Paul Sarne, Community Outreach Coordinator

The City of Winooski Parks & Recreation Department is excited to announce Winooski Wednesdays: a free summer concert series in Rotary Park!

This summer, (June – September 2017) join us in Rotary Park every first Wednesday of the month for a free outdoor concert. Be sure to stop by a Winooski restaurant for food specials.

Check out our amazing lineup of bands:

6/7: Sabouyouma

7/5: The High Breaks

8/9: Joe Adler + The Rangers of Danger

9/6: Rose Street Collective

Visit winooskivt.org for more information. Connect with us on Facebook (@WinooskiVT) for news and event updates. Huge thanks to Downtown Winooski, The Monkey House, and Waterworks Food + Drink for helping us with these amazing events. We'll see you this summer!

Rice Memorial High School Honor Roll

By Emily Rivers

Sister Laura Della Santa, principal at Rice Memorial High School in South Burlington, proudly announces the following students achieved Honor Roll status for the third quarter:

First Honors

Cole Thornton
Kayla Corrigan
Zubra Khaboyo

Second Honors

Adriana Formel
Madison Gorrigan
Lisa Uwiduhaye

Honorable Mention

Mersaylia Beaudoin
Arianna Kruger
Nathaniel Bartlett

The Winooski Community Cookbook has arrived!

By Lisa Goetz

The Winooski PTO has published its very own community cookbook! It is filled with wonderful and delicious recipes submitted by children, staff and community members. It is now available for \$10.00. You can purchase copies at all PTO sponsored events. Cathy Bray will also be selling copies at the main entrance of the Winooski School District.



Congratulations Class of 2017

...on your incredible accomplishments!
We are so proud of you!

Winooski
Dollars for SCHOLARS
A Program of Scholarship America®

Summer Meals Feeds Good Nutrition to Our Kids for Free

By Rebecca Goulet, Finance Manager, WSD

With summer right around the corner, it's time to think about keeping children healthy while school is out. The Winooski School District provides free meals to children during the summer.

This summer, meals will be served in the school cafeteria Monday – Friday, June 19, 2017 to August 4, 2017 (no service on July 4). Breakfast will be available from 7:45 am to 8:30 am and lunch will be available from 11:30 am to 12:30 pm. Anyone age 18 or younger may come to eat. For more information, contact Rebecca Goulet @802-383-6001.

Each year, the U.S. Department of Agriculture partners with local organizations like the Winooski School District, to provide free meals to children when school is out for the summer.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

This institution is an equal opportunity provider.



Celebrating Winooski's Talent!

By Lisa Goetz

Congratulations to all the talented participants in our 3rd annual "Celebrating Winooski's Talent" show. We had 19 incredible acts including singing, dancing, improv, musical instruments and a martial arts demonstration. Thank you so much to everyone for all their hard work in putting together such a fun show!

We have a brand new **Winooski Spartan's Basketball Court!**

Thanks to the hard work of the JFK Student Council, we now have a newly paved basketball court! Many thanks to our generous sponsors:

- The Winooski PTO
- Myers Waste and Recycle
- NorthCountry Federal Credit Union
- Whitcomb Paving
- Lance McKee
- Kershner Signs

We hope you have fun playing on your brand new basketball court!



AFTERSCHOOL PROGRAM

Keeping Our Glasses Half Full!

By Suzanne Skaflestad, 21C Director

As many of you are aware, President Trump's budget proposal calls for the elimination of 21st CCLC afterschool programs for 1.6 million students (effective a year from now). The most recent funding consideration called for a 10% cut to 21C funding for FY 18.

The 21st Century Community Learning Centers Program (Title IV Part B of the Every Student Succeeds Act), supports local school and community based providers of afterschool and summer learning programs. Programs reach more than 1.6 million children in high-need communities across every state providing quality programming that keeps children and teenagers safe, inspires young people to learn, and supports working families. Whether a student is in elementary, middle or high school, there are opportunities for them through Winooski's 21st CCLC programs.

When I read about President Trump's budget proposal to eliminate 21C programs, I thought, "What a silly idea!" I could see the glass half empty (and think negative thoughts). Or, I could see the glass half full (and think positive thoughts).

When it comes to working with youth and families, it is easy for me to see the glass half full. Perhaps, it is because I have witnessed firsthand the power of afterschool, and its importance to the social, emotional, physical and academic growth of students. Perhaps, it is the feedback that we receive from parents and students that remind us of the value of our programs. Perhaps, it is because my own children have benefitted from their participation in afterschool programs, and I am thankful for their positive experiences.

Having to advocate for programs that provide positive outcomes for young people is something that I have grown accustomed to over the last 25+ years in the non-profit world. During these times of pending cuts, I also remind myself of the many times programs were on the chopping block and persevered. For example, I am excited to report that for FY18, the 21st CCLC programs received a 25 million increase nationally, which maintains our current level of funding. We will not experience a 10% cut in FY18 and that is good news!! It is very positive to see the strong bipartisan support for 21C programs.

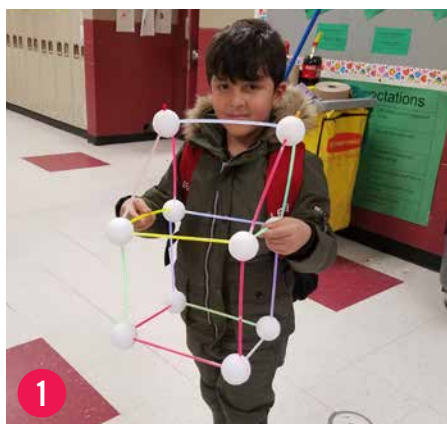
Please join me in this important effort to safeguard 21st CCLC programs for our students. Let's keep our glasses half full as we forge ahead in the coming year!

What's ahead?

In the 2017-2018 school year, Winooski School District will submit a 21C application for the next 5-year funding cycle that begins July 1, 2018. This is our opportunity to celebrate the good work that is happening, and also to think about additional supports and programs to include in the new application. Please feel free to reach out to Suzanne Skaflestad via e-mail at Winooski School District to share your thoughts and ideas.

Elementary Enrichment, Recreation and Fun

1. *Amer's Glow in the Dark City in Crazy Eights...a new kind of math club*
2. *Sam finishes his woodworking project*
3. *Developing math skills is fun with Ms. Poulin!*
4. *Flying marshmallows-So cool!*





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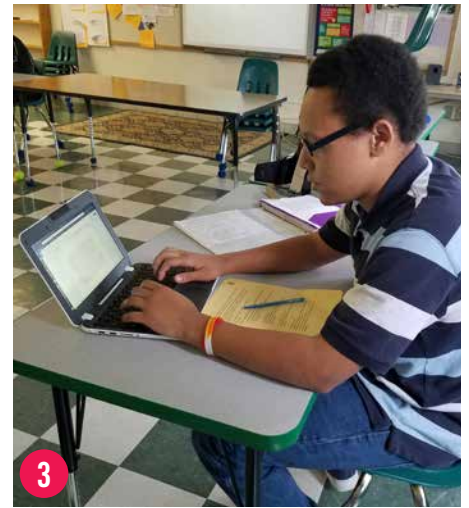
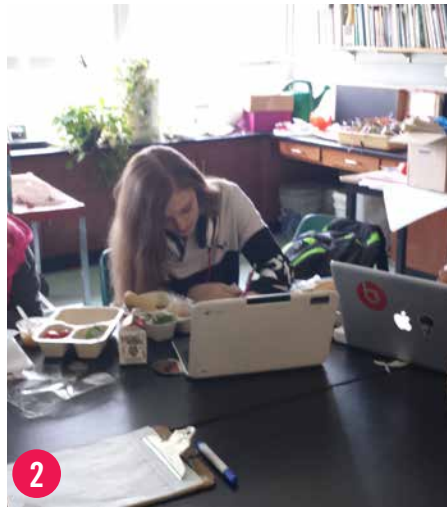
Middle School Happenings

1. Ghamaril and Cheley enjoy an afternoon of tennis.
2. Jania's patch quilt is almost done!
3. Kempo Ju-jitsu has been well received this year!
4. Learning English is fun with Ms. Schneider!
5. JiuJitsu Grappling Tournament
6. Powerlifting with Mr. Kernoff
7. Tul visits one of the stations during the MedTrek Celebration

Thank You Staff!

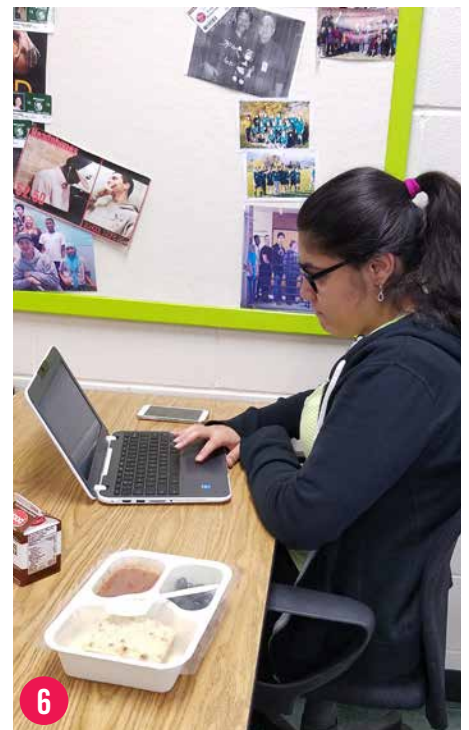
Throughout this school year, we are so fortunate to have had many committed staff supporting afterschool enrichment and academic programs. We would like to thank the following groups whose behind the scenes work helps afterschool-programming run smoothly:

- **The Abbey**...for making hundreds of meals everyday for students attending afterschool classes.
- **The Academic Coaches and attendance coordinators, Nancy Keller, Mag Thomas and Petie Gamache**...for all their hard work this year providing valuable support in preparation for and during afterschool programming.
- **The Administrative Assistants**.... who help facilitate important information to our students and parents. Their resourcefulness is appreciated very much.
- A special thank you to **Cathy Bray** for all the photocopying you provide and **Betsey Dubuc**, for the countless scans that you send me at a moment's notice!
- **The 21c Advisory Board**...for your ongoing support and expertise.
- **The Central Office staff** ...for processing room requests, payroll, purchase orders and more!
- **The Liaisons**...for their ongoing support in communicating with parents, translating forms, completing applications. Your responsiveness is so appreciated!



High School Happenings

1. Abdimajid and Sujana hard at work in the school garden
2. Kayle, Breanna and Kyla attend Science Core Support with Mr. Crowley.
3. Shaun attends Academic support with Ms. Hackett
4. VYCC students work together in the school garden
5. Shennelle works on Business of Board Games project
6. Tabarik receives a healthy meal while she attends Technology Core Support with Ms. Poquette



- **The Maintenance and Custodial staff** ... that gets all the rooms ready for the next day and is always willing to lend a hand when needed.
- **The nurses**... for being available during the program and anytime we have a question.
- **The Parents**... for supporting your children's interest in afterschool classes.
- **The Public Safety committee**...for continuing to make afterschool safety a priority.
- **The Students**...for taking responsibility for their learning. They inspire us every day!
- **The Teachers**... who share their classroom with us for enrichment activities at the end of the day. Some of the teachers may not be able to teach afterschool but their willingness to open up their classroom at 3 pm keeps the students in their natural environment and helps make an easy transition to afterschool activities.
- **The Teachers and I.A's**... that fill in at a moments notice when another teacher has to be out unexpectedly and help support the afterschool classes.
- **The Technology Department and Sarah Martin**...for helping to compile data needed for federal reporting.

Thank you to our partners:

- **King Street Center, Vicky Smith**...for helping to facilitate connections with Jake Agna, Tennis Pro at the Edge in South Burlington to provide tennis for students on Friday afternoons.
- **Laughing River Yoga, Stacie Lesneski**...for providing yoga classes to our JFK students throughout the school year.
- **Martial Way, Dave Quinlan**...for bringing the JiuJitsu program to Winooski and making it possible for all students to attend the Vermont Open Grappling tournaments throughout the school year.
- **Sara Holbrook Community Center, Leisa Pollander**...for partnering with us to provide summer programs for middle school students.
- **Sawmill Studios, Sachi and Stuart**...for engaging students in woodworking projects.
- **Starbase 2.0, Paige Montgomery**...for challenging our Winooski students each week and developing their programming skills.
- **The City of Winooski, Aphai Lambert-Harper**...who regularly brought students to Tennis at the Edge, and Elsie Goodrich and Amanda Perry, for their hard work in delivering the Tutoring program for Winooski students at the Winooski Public Library.
- **University of Vermont Extension /4-H Tech Wizards, Rose Garritano**...for sharing your STEM expertise with Winooski students.
- **University of Vermont Extension/4-H EFNEP, Susan Edwards**...for bringing the nutrition education program to JFK.
- **Vermont Student Assistance Corporation- Gear Up program, Heidi McLaughlin and William Danaher**...for supporting summer programs for middle school students.
- **Vermont Afterschool**...for piloting the MedTrek program at Winooski School District. MedTrek is a health science careers exploration program for Middle Schools at Winooski School District. Winooski School is excited to offer students this opportunity again next year!
- **Vermont Youth Orchestra Association, Rosina and Nic Cannizzaro, Mia Fritze and Tim Swanson**...for inspiring our students with their musical talents. They learned so much from you.
- **Winooski Coalition for a Safe and Peaceful Community, Rachel Swanson**...for bringing Above the Influence to Winooski Middle School.
- **Winooski Police Department, Chief of Police Rick Hebert and his staff**...for volunteering their time to bring mindfulness and fitness programs to JFK.



Thanks, Everyone!

Take a look at who has made a commitment to provide high quality learning opportunities for our 3rd-5th sessions (January-June) Please thank them for all their hard work.

Randy Argraves
 Jeremy Beauregard
 Sally Bissonette
 Katherine Blair
 Henry Bodkin
 Shannon Bundy
 Cathy Burbo
 Lindsey Cox
 Steve Crowley
 Barb Crandall
 Amadeus Dorfman
 Petie Gamache
 Stefanie Hamble
 Stephanie Hackett
 Nancy Keller
 Brett Kernoff
 Jennifer Lapointe
 Chris Magistrale
 Danielle Magowan
 Melissa Mason
 Kari Maughan
 Ryan McFarling
 Rebecca Mellon
 Aftaba Mezetovic
 Anja Mosehauer
 Claudine Nkurunziza
 Josh Neilson
 Karen O'Brien
 Courtney Poquette
 Amy Poulin
 Daniel Quigley
 Hilary Rivers
 Annie Schneider
 Amy Sherrer
 Tom Steele
 Sierra Thibodeau
 Mag Thomas

Elementary Enrichment, Recreation and Fun

1. JFK's favorite yoga poses
2. Building with blocks

June Update

By Sara Raabe - JFK Elementary School Principal

The school year is drawing to a close at JFK Elementary. We have a lot of activities happening during the last few weeks of school, including class/grade specific field trips. We do have two school wide dates:

1. June 9th is the All School Celebration (Rain Date June 12th)

2. June 16th is

- Move Up Day
- Kindergarten performance
- Last day of school - 11am dismissal

Even though the students leave on June 16th, the school building and staff are busy all summer. This summer, many JFK teachers are taking a four-day Project Based Learning course. Part of this work will be planning for the 17-18 school year and developing fantastic, integrated projects for students to engage in next school year.

The JFK Leadership Team will be attending a one week training the week of June 26th for the BEST institute. The team will work on a tier two (targeted) school wide system for our MTSSB system. The goals for the team during this week of work are to increase knowledge and fluency about the Targeted Level of PBIS, finalize systems needed at the Targeted Level, complete an inventory of the formal and informal targeted supports currently available, identify gaps, and prioritize practices for implementation, learn about Check-In, Check-Out and Teacher Check, Connect, and Expect and plan for implementation, and develop a foundational understanding of Functional Behavioral Assessment and Universal Screening and plan to integrate this into their Targeted Level of PBIS.

We have **Summer School** for four weeks this summer. Summer school will start July 5th. For the first week, summer school will meet Wednesday, Thursday, and Friday due to the 4th of July holiday. The following three weeks will run Monday - Thursday, 8am until noon. For incoming Kindergarten, the week of July 10th is open to all students, and the week of July 17th is a call back week. For all incoming 1st - 5th graders, the weeks of summer school will be the week of July 3rd (the 5th, 6th and 7th only that week), July 10th, the week of July 17th, and the week of July 24th.

As we wrap up the school year, I want to take this opportunity to thank the Winooski community. I have had an amazing second year as the principal at JFK. It is a wonderful school, with fantastic students, staff, and families. I hope that everyone has a wonderful, relaxing summer!



Casella Calendar Contest

By Lisa Goetz

Congratulations to 3rd grader Aaditya Pradhan for being one of 13 winners in the Casella 2018 Calendar Contest! This year there were 374 entries from the State of Vermont and his drawing was selected to be put in the 2018 calendar! He received a \$25.00 bank card and a framed copy of his drawing. We are very proud of Aaditya!



Arbor Day Celebration!

By Lisa Goetz

On Friday, May 5th, the children at JFK celebrated Arbor Day by planting a Flowering Crabapple tree. It was generously donated by Horsford's Nursery in Charlotte. We hope everyone will enjoy this beautiful tree for many, many years!



MIDDLE/HIGH SCHOOL HIGHLIGHTS

Youth Leadership Makes a Difference

By Leon Wheeler, Principal, WMHS

Last August eight high school students and one teacher from Winooski joined with other youth from around New England at the annual Youth Leadership Institute (YLI), sponsored by the Nellie Mae Education Foundation. During this, the 4th institute our students have participated in, our team chose as their year-long project to plan the morning activities during monthly early dismissals. Their goal was to build community, strengthen adult-student and student-student relationships, and increase student participation in decision-making.

Meeting weekly after school, and with regular feedback from their peers, the team transformed these days into meaningful, fun, and engaging experiences for students and staff alike. Throughout the year, youth voice and participation was invited, listened to, and acted on...and the resulting rich experiences on these days provided a glimpse of what can be...and is already happening here in Winooski!

Recently, students applied for this summer's Youth Leadership Institute, to continue developing leadership skills and work together to keep improving teaching, learning, and engagement in Winooski. I am inspired and encouraged by our many student leaders, and confident the seeds they're planting and feeding, already taking root, will blossom and grow.

Two leaders I want to especially recognize are seniors Rainbow Chen and Enns Horozovic. Both have been YLI members for several years. This August they've been asked to help facilitate the event for the hundreds of participants. Last

“Every day, more educators are showing that they value students by involving them in meaningful ways in school. These teachers and administrators say that it is not about ‘making students happy’ or allowing students to run the school. Their experience shows that when educators partner with students to improve learning, teaching and leadership in schools, school change is positive and effective.” – Adam Fletcher

September these two met with me and declared, “We want to make sure that what we do this year gets more students involved. We want to leave the high school a better place than it was when we started.” Wow! What an amazing and inspirational goal...and they've done it! Thank you both!

Be sure to mark your calendars for the pinnacle of our school year, the Class of 2017 Graduation: **Saturday, June 17th** at 1pm in the gymnasium. From pre-K through high school, all of our efforts and resources have built toward this day, when our seniors, having demonstrated college and career readiness, receive their Winooski diploma. If you can't attend, RETN is streaming it live so you can join us wherever you may be. Details are available on the WSD website at wsdschools.org.

Congratulations, Class of 2017! And to all, keep exploring and learning as you have a happy, safe, summer break.

STEM at the Statehouse

By Nancy Keller

As representatives of MedTrek, a Winooski School District CCLC afterschool program, Yatrika Dhamala and Alia Ross (and other students from across Vermont) traveled to Montpelier on March 16th for STEM (Science, Technology, Engineering and Mathematics) Day at the Statehouse. Students participated in a morning workshop that covered topics related to STEM Identity, STEM Equity, and Speaking “STEMish,” as well as participated



in a spaceship building challenge. In the afternoon, they, along with other student representatives of after school STEM programs, visited the State Capitol, where they were



officially recognized by the House of Representatives, and then met with their State Representatives at an Ice Cream Social to share their STEM projects and programs.

A special thank you to Winooski's State Representatives, Diana Gonzalez and Clem Bissonnette, for visiting with us and for supporting afterschool programming in our schools!

Winooski Middle School students, Alia Ross and Yatrika Dhamala, work together with MedTrek students from Johnson, Vermont on the spaceship challenge.

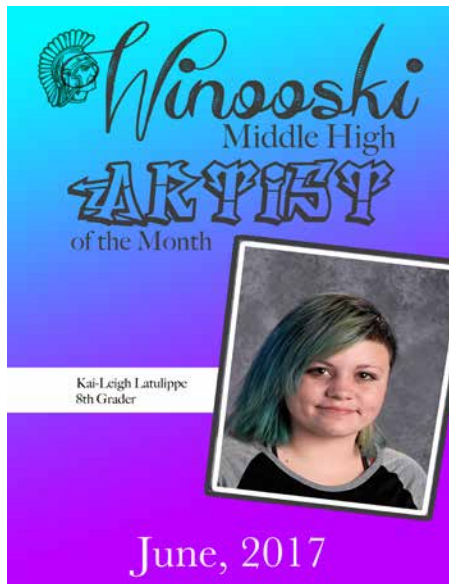
Yatrika Dhamala, Alia Ross and students from Johnson, Vermont show off their completed design challenge!

Athletic Banquet is June 11

By Lori Lambert

Winooski High School's 73rd Annual Athletic Banquet sponsored by the Winooski Boosters and the Athletic Department will be held this year on **Sunday, June 11th at 6 pm**. Dinner will take place in the cafeteria with the awards ceremony following in the Performing Arts Center. Freshman and Senior athletes' parents are asked to bring a cold dish to share. Sophomore and Junior athletes' parents are asked to bring a hot dish to share. Please be considerate and bring a dish so there is enough food to go around as there has been a shortage of food in the past. If you have any questions feel free to email at LoriLL68@gmail.com or call me at: 802-324-2019.

Reminder: Athletes should not wear shorts OR t-shirts to this event!



Artist of the Month

By Jessica Bruce, Fine Arts Teacher

Please join me in congratulating our Winooski Middle High School June, 2017 Artist of the Month, Kai-Leigh Latulippe! Kai has been a great help in the art room, and always goes above and beyond with her assignments. She models excellent artist behavior and a creative process that her classmates envy. She has shown her spirit and dedication in her work and it is something to be admired! Congrats, Kai-Leigh.

Graduation Calendar

June 1: Honors Dinner will take place from 5-7 pm at the Windjammer Restaurant in South Burlington.

June 16: Senior Lunch with Staff will take place from 11:30-12 pm in the cafeteria.

June 16: Rehearsal for Graduation will take place from 12:30 pm to 1:30 pm, or later if needed, in the gymnasium. We will go over the lineup and seating, practice marching, and answer questions about the ceremony. Please be prompt and ready to pay attention. The smoother the rehearsal goes, the fewer times we need to run through the exercise.

June 16: Caps and Gowns will be distributed at WHS in the gym lobby. Students need to bring their payment of \$20 and pick up their cap and gown from the Balfour representative starting at 12:30 pm. Please make checks payable to Balfour.

June 17: Graduation is at 1:00 pm in the gymnasium, but we expect all seniors to be at school by 12:00 pm. We will line up in the cafeteria and go over any last minute questions. The graduation ceremony usually lasts about 90 minutes. We ask people to observe the celebration by dressing formally (shirts and ties for the gentlemen, dresses or slacks for the ladies).

June 17: Project Graduation is a chaperoned, substance-free, all night party that is designed to keep our students safe as they celebrate their high school graduation. The celebration is being held at St. Michael's College from 8pm to 6 am. If any student leaves for any reason, they will not be allowed back in and their parents will be called. This celebration is absolutely FREE! For more information, contact Gina Callahan at 802-338-6099 or gjbc9199@hotmail.com.

Jiu-Jitsu Success

By Nancy Keller

Since February, twenty Winooski Middle/High School students met for weekly hour-long classes in the martial art, Brazilian Jiu-Jitsu (BJJ), taught by Sensei David Quinlan of Martial Way Self-Defense Center. Sixteen of these students chose to enter the Vermont Open Grappling Championships, a major BJJ tournament hosted by Sensei Quinlan and held at our school on Saturday, April 8th. Congratulations to the medal winners in Gi and No-Gi Competition!



Winooski Middle/High School's BJJ Competition Team

1st Place - Gi

Mohamed Yusuf
Ayoob Musanovic
Matt Ploof
Jamil McMillan

1st Place - No Gi

Ishmail McMillan
Camden Benoit

2nd Place - Gi

Brooklyn Todd
Ayshton-Landon Green
Ishmail McMillan
Rainbow Chen

2nd Place - No Gi

Jamil McMillan

3rd Place - Gi

Matthew Hayden
Camden Benoit

Is your middle or high school student interested in learning Brazilian Jiu-Jitsu? BJJ is a martial art that is not only a safe form of competition, but an excellent workout and a method of self-defense, perfect for students of all ages and abilities. Mark your calendars now for our next session for Winooski Middle/High School's Afterschool Jiu-Jitsu Club beginning in September 2017 and contact Suzanne Skaflestad, our CCLC Afterschool Director to sign up. We hope to see you on the mat!

COMMUNITY NEWS

City Council

By Brian Corrigan

As my heater comes on for what I secretly hope is the last time this season, I can't help but take a moment to appreciate the hard work of our public works department. Thank you to all of you that manage storm after storm, to allow our community to continue our pursuit of scholastics and commerce.

This time of year brings longer evenings and green thumb opportunities for all of us. No place to plant? Look into a plot in one of our community gardens. High schoolers not sure what to do with your summer? We're now taking applications for teen summer employment opportunities of all kinds.

Parents don't forget that since the pool is unfit for use, the city is pumping up the other opportunities for activities for our community members.

I would like suggest patience and understanding from all of us heading into this construction season. The potential for several projects slowing our lives can be frustrating for all of us. But if we spin the positive and plan accordingly, the development will bring us all an even more vibrant community to celebrate.

In closing, plenty of chances to enjoy our community and watch the growth first hand through concerts in the circle, farmers markets, jazz festival complements.

Have a great summer, see you around.



Your City Officials	Email addresses	Telephone
Mayor Seth Leonard	seleonard@winooskivt.org	802-777-3381
Councilor Brian Corrigan	bcorrigan@winooskivt.org	802-999-9270
Councilor Eric Covey	ecovey@winooskivt.org	802-825-8789
Councilor Nicole Mace	nmace@winooskivt.org	802-363-7777
Councilor Brian Sweeney	bsweeney@winooskivt.org	802-734-6902
City Manager Jessie Baker	jbaker@winooskivt.org	802-655-6410

Visit the city website at winooskivt.org or call 802-655-6410.

Keep up to date with announcements and news:



LIKE US ON FACEBOOK We are "City of Winooski - Government"
FOLLOW US ON TWITTER We are @winooskivt

Gardeners: Plant an extra row for the Food Shelf!

We would be most grateful if you could plant an extra row of veggies or think of us when you have a surplus. Favorite veggies include tomatoes, green beans, summer squash, zucchini, corn, potatoes, onions, carrots and beets. If you have fruit trees that provide more than you can use, please think of us. To arrange a drop off time at the Winooski Methodist Church please phone 310-8240. Thank you and happy gardening!

Police Report

By Scott D. McGivern, Lieutenant, Winooski Police Department

Summer is here. The police department will be using a motorcycle, bicycles, foot patrols, and community outreach events to help us be more visible and interactive with Winooski residents and patrons of the city. Please look for us while you are enjoying the weather.

As school is out it would be a good time to talk to your children about safety, both personal and around the house. Talk with your children about what they should do if they are home alone and a stranger comes to the door. Also, talk to them about what to do if they are approached by a stranger. If you are not clear on what to say or need help in formulating a plan, please feel free to call me at the department. If people have a plan it is easier for them to respond quickly and safely to an unsafe situation.

Also talk to your children about being aware of their surroundings. If something seems odd or suspicious they need to know what they can do. Make sure they are familiar with the 911 system. Also it is good to put the police department's phone number as a speed dial option in their telephones. (802) 655-0221

The Winooski Police Department hopes everyone in the Winooski School District has a safe and enjoyable summer.

Free Meals!

By Maura O'Neill

The Winooski Farmers Market is offering free meals to kids 18 and under every Sunday of the market season. Please stop by and enjoy the market, get a free meal for the kids, and have them take advantage of the POP Club, a food based activity.

Come out and double your SNAP benefits at our market tent. Get \$10 in Snap tokens and we will give you \$10 in Crop Cash to use at no cost to you.



Community Supper

By Sr Patricia E McKittrick, RN, Community Health Coordinator

St. Stephen's Church will sponsor a community supper (open to the Winooski community) on June 24th at 5:30pm. This will be an opportunity to get to know other members of our community. Door prizes and surprises... More details to follow - check Front Porch Forum as the date approaches.

Stay in Touch: Join Front Porch Forum!

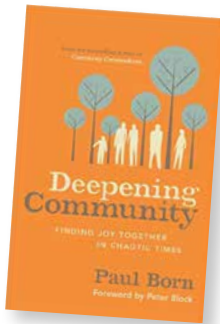
Front Porch Forum's mission is to help neighbors connect and foster community within the neighborhood.

Go to www.frontporchforum.com to sign up for this free community resource. You will get a daily email with postings from your neighbors, city, and school leaders with news, opinions, quotes, and more.

Book Review

By Sr. Patricia E. McKittrick

Deepening Community: Finding Joy Together in Chaotic Times was written by Paul Born. Seems like he wrote this book especially for our time!



Paul stresses the importance of building intentional communities. Look him up on YouTube.

Let's reflect together about what community is. Who is in my community? Who have I not had the opportunity to meet? How can I reach out to others? Do I have a sense of belonging? Do I welcome others? How can I do that more intentionally? Do I have a story to tell? Do others have stories to tell? How can we be mutually enriched? How do we care for each other? What dreams do I have for myself, my family, my community? Am I willing to invest in order to make my sense of community even stronger?

Each of the small activities happening in Winooski is meant to be an opportunity to meet someone new in my community, a means to journey together.

Mother Teresa says, "Never worry about numbers. Help one person at a time, and always start with the person nearest you."

"A little spark of kindness can put a colossal burst of sunshine into someone's day." ...Lori Deschene.

Please join us at a community event. Volunteer when you are able. Invite a neighbor to come with you. Thanks for your participation.

Want to be part of a team? Have ideas or comments? Contact me at 847-6534 or by email at pat.mckittrick@uvmhealth.org. I look forward to meeting or hearing from you!

Winooski Family Center Events

Free Field Trips Join the Winooski Family Center Staff for some summer fun. Play at Landry Park, visit the library, go blueberry picking or simply come every time. Field trips are from 11AM-1PM on the following Thursdays:

July 6th, 13th, 20 and 27th • August 10th, 17th and 24th.

Please call Martina if you have questions: 655 1422.



WCSPC June Update

By Jackie Hoy

Summer is here and it's time to enjoy the outdoors again...thank you, Winooski Above the Influence, for helping keep our community green!

June Community Dinner

Join the Winooski Coalition and HOPE Works on Wednesday, June 21st at 6 p.m. at the O'Brien Community Center for our next community dinner. As always, our community dinners are free and everyone is welcome!

Summer in Winooski

School is letting out and summer is here, which means longer days and more time in the sun. Summer in Winooski is a great time for kids to socialize with friends at one of Winooski's parks, go hiking on the river trails, play basketball, or enjoy the farmers' market.

Summer is also a great time to talk to kids about drug and alcohol use. Adolescents and full-time college students most often use substances for the first time during June or July, according to SAMHSA National Survey on Drug Use and Health. From ParentUP:

"Most parents are well aware of the risks of "hard" or "street" drugs—like heroin and cocaine. But it can be easy to dismiss the risks of more socially acceptable substances—like alcohol, marijuana, and prescription medications. It can also be easy to underestimate your influence to help your child make healthy and wise decisions about all substances."

As summer kicks off and the days continue to get warmer, remember that the #1 reason kids give for not drinking or using drugs is that they don't want to disappoint their parents. For more information, useful tips, and videos, check out parentupvt.org.

Awesome Opportunities for Students

The Winooski Coalition is looking for Winooski youth to join our team. Check out what we have available below to see if it's a good fit for you, and if so, please send us your application!

Youth Internships: Available for high school students. Be an ambassador for prevention in the school while gaining office and communication skills and helping with outreach work. The internship provides hands-on work for about 5 hours per week.

Youth Board Member: Are you a high school student interested in gaining public speaking skills? Do you enjoy community service? Apply for a great opportunity to form new relationships, gain experience, build leadership skills, and make a difference in the community.

Above the Influence: Above the Influence (ATI) is an after-school program for 5th to 8th graders. ATI educates and empowers youth to make healthy decisions. We'll be back in the school this coming fall, please check us out!

For more information or to apply, please email katenugent@wcspc.org.



Winooski Food Shelf Schedule for June

By Linda Howe, Winooski Food Shelf Coordinator

A big thank you to all who participated in the Postal Carrier Food Drive! We are back up to our larger number of folks using the pantry. We are currently supporting 70 families each month with pantry items and 60 families each month with fresh items on Saturdays.

Saturday, June 10th	9:30 a.m. to 11:30 am	Fresh fruit, veggies, bread, pastry and deli items
Wednesday, June 14th	2 p.m. to 4:30 p.m.	Pantry staples, meat eggs and fresh veggies
Saturday, June 24th	9:30 a.m. to 11:30 am	Fresh fruit, veggies, bread, pastry and deli items
Wednesday, June 28th	2 p.m. to 4:30 p.m.	Pantry staples, meat eggs and fresh veggies

Food Shelf policy: Winooski residents may access the pantry staples one Wednesday each month. Folks can come both Saturdays to stock up on bread, pastry and some fresh fruit and veggies. Hannaford's provides Saturday's food. New clients should bring proof of Winooski residency such as a utility bill.

Any Winooski resident in need is welcome. You might have just lost a job, become ill or injured and can't work, had a new baby or have large medical bills. We all have experienced sudden

life changes. The Food Shelf is here to help support you. For questions call 318-0460.

Where to find us: The Winooski Food Shelf is located in the United Methodist Church at the corner of West Allen and Follett Streets. There is a bus stop on that corner. We do not provide rides so please bring a wheeled cart or suitcase and some reusable bags to lug your food home.

Summer Camps!

By Alicia Finley, Parks & Rec. Manager

Winooski Parks & Rec, the Community Sailing Center and MetroRock are excited to announce our partnership for "Adventure into Summer" program from June 26-June 30. This program is for ages 8 to 15 years old. Children will have fun learning how to sail on keel boats rain or shine in Burlington. Afterwards, your children will love moving around and climbing at MetroRock in Essex. Please drop your child off at the O'Brien Community Center by 8:30am and pick them up by 3:30pm. Campers will be transported in the City bus. Summer is approaching! Make your summer plans today. Questions? Please call/e-mail the Parks & Rec Manager, Alicia Finley, at (802)777-1621/afinley@winooskivt.org. For more information about the program and to register visit www.winooskirec.com.



skills, embracing the beautiful summer in Vermont, and try an exciting sport! Registration is now open, click the link to sign up today https://www.winooskirec.com/info/activities/program_details.aspx?ProgramID=29875 or contact our Parks and Recreation Manager, Alicia Finley, at afinley@winooskivt.org or 802-777-1621.

British Soccer Camp:

The Winooski Rec. Department has teamed up with Challenger Sports to bring you the British Soccer Program August 14 to 18th for ages 3 to 16! Challenger's British Soccer Camp is the most popular camp in the USA and Canada. With an innovative curriculum that develops skills, speed and confidence in players of all ages and abilities, British Soccer Camps provide boys and girls with the rare opportunity to receive high-level soccer coaching from a team of international experts right in the heart of their own community. In addition to teaching new skills and improving game performance, each British Soccer Camp provides lessons in character development, cultural education and is the most fun your child can have learning the sport they love. For more information, contact Rich Lamoury: rlamoury@challengersports.com. Please note, Challenger Sports also offers an international coach hosting program. If your family would like to receive an \$80 rebate on this program, find out how you can register to host a coach.

<http://www.winooskivt.org/winooski-rec-british-soccer-registration-now-open/>

Beginner Sailing Camp:

Winooski Parks and Recreation and the Community Sailing Center of Burlington are happy to announce the Beginners Sailing Camp from August 7th-11th! The program runs rain or shine from 9:00am to 12:00pm, so be sure to dress prepared. This is a five-day introduction to sailing, Ages 8-10 and 11-15. Campers will learn the basics of rigging, points of sail, and sailing maneuvers in a safe and fun environment. U.S. Sailing certified instructors lead a variety of land and water-based activities with the goal of comfort and independence in our boats. Drop off & pick up located at the O'Brien Community Center. The Beginners Sailing Camp is a great opportunity to learn new

Girl Scouts — Troop 30187 Update

By Amy Lothrop

On Saturday May 6th, we participated in Green Up day. We cleaned up the area around the O'Brien Community Center. The girls cleared over 250lbs of trash in the rain. The Daisies (K-1) and Brownies (2-3) have been learning about the wonders of water. They have learned about how litter causes pollution when it gets into the bodies of water around us. We did experiments to remove pollution and discovered that it was really hard to do. Keeping our environment clean is a better way to prevent damage and reduce pollution. The girls were really surprised to learn that only 1% of all water on Earth is drinkable (97% is salt water and 2% is ice) even though 70% of Earth is covered in water. They also learned how much water a typical person in the US consumes for everyday activities such as how a 15 minute shower uses 35 gallons of water. It takes 24 gallons of water to make a single use water bottle! They pledged to use less water by taking shorter showers and drinking from a reusable water bottle.

The Juniors (4-5) and Cadettes (6-8) continued on their Agent of Change journey. They have been exploring their unique talents and how to use them to make positive changes to their world. Their final project has been to develop a board game that teaches something that they think younger children should know. The girls voted on their two favorite from ten games. The final choices were games about staying healthy and gardening. They will work to build a prototype and test it on the younger girls.

If you think that being a part of the adventure is for you or your daughter, do not hesitate to join us! It is never too late to help make the world a better place. Please contact Amy Snow Lothrop at AmyLothrop@comcast.net or (802) 373-7288. We are an active 40 girl strong all girls K-12 are welcome (adults too!).”



YouthBuild: Building Futures

By Alex Weinstein

YouthBuild is an alternative high school completion program that serves men and women ages 16-24. YouthBuild students have the opportunity to gain meaningful job skills training in construction and weatherization, engage in leadership development, and complete 675 hours of community service. While fulfilling their high school completion requirements, YouthBuild graduates earn industry recognized certificates, like PACT, OSHA-10, First Aid and CPR, and Work Keys. Students serve their community as part-time AmeriCorps members, and can qualify for an education award to use towards college or training programs.

What's going on now at YouthBuild?

Construction: YouthBuild students have been working to complete a renovation project in the Fort Ethan Allen community. Our crews cleaned and made repairs to the space, and are in the painting phase of the job. The improvements they have made are incredible!

AmeriCorps Service Learning: YouthBuild AmeriCorps members have completed some exciting service projects in the community recently. Our crews built 13 new garden beds at the Avant Community Garden, created a wash station for The Rock Point School's outdoor kitchen, and collaborated with Fletcher Free Library to fabricate mobile bike libraries.

If you or anyone you know is interested in applying for YouthBuild feel free to contact us at (802) 658-4143 ext 27 or e-mail aweinstein@resourcvt.org

Senior Center News

By Barb Pittido, Winooski Senior Programs Manager

Come grow with us! Our fiscal year begins July 1st, and along with that our 2017-18 Senior Center Membership begins as well!

Your donation of \$5.00 for a yearly membership is an investment in a mission to keep seniors active, connected and engaged in growing! We offer many programs for 55+ folks. We are a fun-loving group of seniors who are from all walks of life and all parts of the area. Our membership is open to everyone! We invite you to stop by and check us out!

A huge thank you goes out to the kind folks of Operation Bloom for the creation of a Pollinator garden at the Senior Center. We are grateful for our little City's partnerships. There are so many ways to grow together!

.....
"We don't grow older, we grow riper."
 — Pablo Picasso

COMING UP:

Do Drop In - Coffee & Discussion:

- June 5 - Memory Cafe Talk
- June 12 - Coffee with Liz Merryman, Realtor
- June 19 - Health & Humor with Sister Pat

Theme Day Lunches & BINGO!:

- June 8 - Western Shindig Theme
- July 13 - Teddy Bear Picnic Theme
- Aug 17 - Hawaiian Luau Theme
- Sept 21 - Pirate Day Theme

Special Senior Lunches:

- June 13 - Senior Advisory Lunch & Meeting
- June 27 - Senior Birthday Lunch
- July 11 - Senior Advisory Lunch & Meeting
- July 31 - Senior Birthday Lunch

SPECIAL EVENTS:

- June 20 - Volunteer Appreciation Dinner
- June 26 - Membership Kickoff Cafe
- June 28 - AARP Smart Driver Class

The Winooski Senior Center offers low cost community meals and many free ways to participate and learn. We offer van trips to grocery stores, the mall, the Food Shelf and the library.

Every Thursday we offer an Age Well Community Lunch for \$4.00 at 11:30am and BINGO! at 12:30pm.

Reservations for all meals are now required. Call the Center by NOON the day before the meal to make your reservation. Call 655-6425 for the menu.

Check out the Senior Center monthly calendar at: www.winooski.org/senior-programs/

The Winooski Senior Center... the most exciting place in Winooski! We are located at 123 Barlow Street. You can reach us by phone at 802-655-6425 or by email at seniorcenter@winooski.org.



HEALTH CORNER

Health Office News

By Liz Parris, RN BSN, Health Office Coordinator

What a busy year it has been!

As of 5/19/17, our health office has triaged approximately 15,891 student visits. This includes: about 100-150 student visits per day and 30-40 prescription medications administered daily. We have also sent numerous students to the dentist via SSTA transport and triaged hundreds of phone calls.

The health office wishes to extend a HUGE THANK YOU to the following people and businesses: Dr. Andrea Green, our medical liaison, Drs. Anna Zuckerman, Barb Frankowski, Erica Gibson Theresa Hetzler, and Michelle Dorwart for their advocacy at creating our School-Based Health Center. The School-Based Health Center Advisory Council, Sharonlee Trefry, State School Nurse Consultant, UVMMC-Pediatrics, VT Dental, SSTA, CHC, VDH, TLC nursing, UVMMC Diabetes Education team, St. Mike's Rescue, the district's medical emergency response team (MERT), UVM School of Nursing, Castleton University and other local pediatric offices. From the bottom of our hearts, thank you for helping us service the needs of the Winooski students throughout the year. We appreciate each one of you.

On another note... While you are soaking up the summer rays (with your sunscreen on, of course) by the poolside or lake over the next couple of months please take a minute to think about what your child will need before they return to school in the fall.

If your child is going to be a kindergartner then he/she will need an updated copy of immunization records. Please make sure they have had 5 doses of DTP/Dtap, 4 doses of IPV, 3 doses of Hepatitis B, 2 doses of MMR and 2 doses of Varicella. If they don't then please call your child's primary doctor to schedule an appointment for them.

If your child is entering the 7th grade then please make sure they have had their 2nd dose of Varicella and a tdap booster.

- Do you exempt your child from immunizations? If so then please make sure to stop by the health office before June 16th to fill out a form for next school year. Otherwise, they will be available with your school's administrative assistant over the summer. **Remember without updated immunizations, a renewed exemption form or a doctors note stating their next appointment they can't start school in the fall!**
- Does your child have asthma?** If so, then please get those asthma action plans completed over the summer and have an inhaler and/or spacer ready to bring in the first day of school.
- Does your child have an epi-pen?** If so, then please get updated doctor's orders for them and have the new orders and epi-pen ready to bring in on the first day of school.

We are excited to announce that the **School-Based Health Center will be opening September 2017**. If you would like to sign your student up for this program, please see one of the nurses.


We have enjoyed serving the health needs of your kids this school year and wish everyone a safe, happy and healthy summer vacation. See you in the fall!! — Liz and Katharine

Tooth Tutor Update

By Diane Polson, RDH, Tooth Tutor

Summer is coming and the warm weather too. Get outside and enjoy the fresh air. Just remember to eat healthy foods, avoid sugar and wear mouth guards for contact sports. But most importantly: FLOSS, Brush and keep those summer Dental Appointments. See everyone in September! Thank you.

ELEMENTARY SCHOOL MENUS — JUNE



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Sausage & Cheese Bagel Fresh Fruit Milk	Whole Grain Bagel w/ Cream Cheese Fresh Fruit Milk	Asst. Cold Cereal w/1/2 English Muffin Fresh Fruit Milk	Whole Grain Homemade Breakfast Round Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk



Mon., June 5	Tues., June 6	Wed., June 7	Thurs., June 8	Fri., June 9
Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked Fries	Taco Bar w/ Soft Shell Garden Fresh Salsa Southwest Rice Steamed Corn	Birthday Celebration Chef's Choice Pizzas Pepperoni, Cheese or Veggie Celery Sticks w/ Hummus Dip	Taste Test Event Creamy Macaroni & Cheese Homemade Cornbread Baked Beans	Pancakes w/ Local Maple Syrup Fresh Cut Sweet & White Home Fries Sausage Links Green Pepper Strips
Mon., June 12	Tues., June 13	Wed., June 14	Thurs., June 15	Fri., June 16
Meatball Sub Baked Beans Steamed Broccoli	Chicken Fajitas w/Sautéed Onions & Peppers Rice Pilaf Warm Black Beans	Cheesy Breadsticks w/Marinara Strawberry Spinach Salad Carrot Sticks w/Dip	Hot Turkey Sandwich Chef's Mashed Potato Steamed Peas	Last Day Of School Breakfast Only

Breakfast in the Classroom:

100% Juice or Fresh Fruit

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Prices

Community Eligibility Provision
Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75 Lunch \$3.50
Milk \$0.50

Pay for meals on-line
For free on-line service go to <https://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link



Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net

DAILY LUNCH OPTIONS

Entrée Options
Main Meal or Cabot Yogurt Meal or Deli Sandwich or Chef Salad

Offered with all Meals:
Fresh Fruit
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event Thursday June 8, 2017
Sautéed Radishes

Harvest of the Month June
Spinach

Local Products Used when available
Items in bold and italicized are Local Products

PLEASE NOTE: Lunch is available for all students on early dismissal days! Pick up yours at either door on your way out.

ALSO: Middle and High school menu information is available at www.abbeygroup.net/schoolmenus. You can also learn about options for managing your child's account at the website.

Newsletter of the Winooski School District

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WSD ENDS STATEMENT

All students will graduate from the Winooski School District (WSD) college and career ready at a cost supported by a majority of the Winooski community. WSD students will lead healthy, productive and successful lives and engage with their local and global community.

ABOUT OUR DISTRICT

The Winooski School District is a PreK through 12 system that is housed in one educational center. At press time, there were 410 students attending JFK Elementary (grades PreK-5), 161 attending Winooski Middle School (grades 6-8), and 234 attending Winooski High School (grades 9-12).

One of the most diverse school districts in the state of Vermont, Winooski's teachers and staff are highly involved in professional development programs that help increase student achievement, address the needs of a diverse student population, and allow students to thrive in an engaging environment with high expectations.

"District News!" is published by the Winooski School District, 60 Normand Street, Winooski, VT 05404. Anne Linton Elston, Editor. Phone: 802-655-0942. Email: aelston@wdschools.org